



7, , 800m , (11-12)

												R.T.				
5.											2010 II	"	"	9:35.44	II	457
	25m:	16.24	16.24	225m:	2:38.78	17.47	425m:	5:03.55	17.88	625m:	7:29.20	18.06				
	50m:	33.71	17.47	250m:	2:56.61	17.83	450m:	5:21.92	18.37	650m:	7:47.60	18.40				
	75m:	51.53	17.82	275m:	3:14.60	17.99	475m:	5:40.29	18.37	675m:	8:05.81	18.21				
	100m:	1:09.19	17.66	300m:	3:32.76	18.16	500m:	5:58.61	18.32	700m:	8:24.30	18.49				
	125m:	1:27.27	18.08	325m:	3:50.85	18.09	525m:	6:16.84	18.23	725m:	8:42.41	18.11				
	150m:	1:45.48	18.21	350m:	4:09.02	18.17	550m:	6:34.90	18.06	750m:	9:00.37	17.96				
	175m:	2:03.41	17.93	375m:	4:27.45	18.43	575m:	6:53.19	18.29	775m:	9:17.78	17.41				
	200m:	2:21.31	17.90	400m:	4:45.67	18.22	600m:	7:11.14	17.95	800m:	9:35.44	17.66				
6.											2010 II	"	"	9:38.73	II	449
	25m:	16.29	16.29	225m:	2:40.14	17.73	425m:	5:06.35	18.24	625m:	7:32.09	17.76				
	50m:	33.73	17.44	250m:	2:58.28	18.14	450m:	5:24.87	18.52	650m:	7:50.57	18.48				
	75m:	51.43	17.70	275m:	3:16.59	18.31	475m:	5:42.71	17.84	675m:	8:08.67	18.10				
	100m:	1:09.50	18.07	300m:	3:35.01	18.42	500m:	6:01.07	18.36	700m:	8:27.09	18.42				
	125m:	1:27.62	18.12	325m:	3:53.21	18.20	525m:	6:19.18	18.11	725m:	8:45.46	18.37				
	150m:	1:45.96	18.34	350m:	4:11.44	18.23	550m:	6:37.40	18.22	750m:	9:03.99	18.53				
	175m:	2:04.05	18.09	375m:	4:29.78	18.34	575m:	6:55.64	18.24	775m:	9:21.45	17.46				
	200m:	2:22.41	18.36	400m:	4:48.11	18.33	600m:	7:14.33	18.69	800m:	9:38.73	17.28				
7.											2010 II	"	-1,	9:49.38	II	425
	25m:	16.20	16.20	225m:	2:40.54	18.34	425m:	5:09.98	18.71	625m:	7:39.87	18.66				
	50m:	32.99	16.79	250m:	2:59.23	18.69	450m:	5:29.35	19.37	650m:	7:58.66	18.79				
	75m:	50.64	17.65	275m:	3:17.71	18.48	475m:	5:47.79	18.44	675m:	8:17.32	18.66				
	100m:	1:08.50	17.86	300m:	3:36.35	18.64	500m:	6:06.82	19.03	700m:	8:36.03	18.71				
	125m:	1:26.78	18.28	325m:	3:55.07	18.72	525m:	6:24.93	18.11	725m:	8:54.88	18.85				
	150m:	1:45.33	18.55	350m:	4:13.58	18.51	550m:	6:43.72	18.79	750m:	9:15.87	20.99				
	175m:	2:03.76	18.43	375m:	4:32.19	18.61	575m:	7:02.59	18.87	775m:	9:32.03	16.16				
	200m:	2:22.20	18.44	400m:	4:51.27	19.08	600m:	7:21.21	18.62	800m:	9:49.38	17.35				
8.											2010 II	"	"-2,	9:52.87	II	418
	25m:	15.41	15.41	225m:	2:40.65	18.85	425m:	5:11.65	19.05	625m:	7:41.75	18.91				
	50m:	32.27	16.86	250m:	2:59.39	18.74	450m:	5:30.51	18.86	650m:	8:00.49	18.74				
	75m:	50.03	17.76	275m:	3:18.30	18.91	475m:	5:49.63	19.12	675m:	8:19.33	18.84				
	100m:	1:08.08	18.05	300m:	3:36.94	18.64	500m:	6:08.24	18.61	700m:	8:37.98	18.65				
	125m:	1:26.59	18.51	325m:	3:56.25	19.31	525m:	6:26.97	18.73	725m:	8:56.91	18.93				
	150m:	1:44.89	18.30	350m:	4:14.91	18.66	550m:	6:45.71	18.74	750m:	9:14.91	18.00				
	175m:	2:03.35	18.46	375m:	4:33.79	18.88	575m:	7:04.76	19.05	775m:	9:34.15	19.24				
	200m:	2:21.80	18.45	400m:	4:52.60	18.81	600m:	7:22.84	18.08	800m:	9:52.87	18.72				
9.											2010 II	"	-1,	9:54.76	II	414
	25m:	16.05	16.05	225m:	2:40.54	18.44	425m:	5:12.59	18.88	625m:	7:45.45	18.95				
	50m:	33.03	16.98	250m:	2:59.32	18.78	450m:	5:31.57	18.98	650m:	8:04.33	18.88				
	75m:	50.65	17.62	275m:	3:18.35	19.03	475m:	5:51.26	19.69	675m:	8:23.48	19.15				
	100m:	1:08.19	17.54	300m:	3:37.83	19.48	500m:	6:09.84	18.58	700m:	8:42.70	19.22				
	125m:	1:26.50	18.31	325m:	3:56.75	18.92	525m:	6:29.06	19.22	725m:	9:01.56	18.86				
	150m:	1:44.93	18.43	350m:	4:15.69	18.94	550m:	6:48.50	19.44	750m:	9:20.22	18.66				
	175m:	2:03.49	18.56	375m:	4:34.69	19.00	575m:	7:07.52	19.02	775m:	9:38.29	18.07				
	200m:	2:22.10	18.61	400m:	4:53.71	19.02	600m:	7:26.50	18.98	800m:	9:54.76	16.47				
10.											2010 II	"	-1,	9:55.53	II	412
	25m:	15.80	15.80	225m:	2:44.12	18.69	425m:	5:15.07	18.84	625m:	7:46.96	18.75				
	50m:	33.08	17.28	250m:	3:02.86	18.74	450m:	5:33.78	18.71	650m:	8:05.45	18.49				
	75m:	51.46	18.38	275m:	3:21.68	18.82	475m:	5:52.88	19.10	675m:	8:24.82	19.37				
	100m:	1:10.17	18.71	300m:	3:40.52	18.84	500m:	6:11.96	19.08	700m:	8:43.65	18.83				
	125m:	1:28.95	18.78	325m:	4:00.01	19.49	525m:	6:31.22	19.26	725m:	9:02.50	18.85				
	150m:	1:47.72	18.77	350m:	4:18.86	18.85	550m:	6:50.33	19.11	750m:	9:21.19	18.69				
	175m:	2:06.71	18.99	375m:	4:37.59	18.73	575m:	7:09.28	18.95	775m:	9:38.78	17.59				
	200m:	2:25.43	18.72	400m:	4:56.23	18.64	600m:	7:28.21	18.93	800m:	9:55.53	16.75				
11.											2010 II	"	"-7,	9:59.21	II	405
	25m:	15.43	15.43	225m:	2:48.37	19.04	425m:	5:23.32	18.47	625m:	7:53.97	17.93				
	50m:	33.22	17.79	250m:	3:07.40	19.03	450m:	5:42.56	19.24	650m:	8:12.48	18.51				
	75m:	52.35	19.13	275m:	3:26.84	19.44	475m:	6:01.62	19.06	675m:	8:30.80	18.32				
	100m:	1:11.27	18.92	300m:	3:46.65	19.81	500m:	6:20.87	19.25	700m:	8:49.40	18.60				
	125m:	1:30.75	19.48	325m:	4:06.13	19.48	525m:	6:40.13	19.26	725m:	9:07.44	18.04				
	150m:	1:50.18	19.43	350m:	4:25.75	19.62	550m:	6:58.96	18.83	750m:	9:25.56	18.12				
	175m:	2:09.60	19.42	375m:	4:45.24	19.49	575m:	7:17.29	18.33	775m:	9:42.72	17.16				
	200m:	2:29.33	19.73	400m:	5:04.85	19.61	600m:	7:36.04	18.75	800m:	9:59.21	16.49				



7, , 800m , (11-12)

										R.T.			
12.				2011 II	"	"-4						9:59.52	II 404
	25m:	16.04	16.04	225m:	2:44.93	18.88	425m:	5:17.08	18.97	625m:	7:49.79	18.77	
	50m:	33.29	17.25	250m:	3:04.28	19.35	450m:	5:36.17	19.09	650m:	8:08.86	19.07	
	75m:	51.49	18.20	275m:	3:23.03	18.75	475m:	5:55.45	19.28	675m:	8:27.74	18.88	
	100m:	1:10.29	18.80	300m:	3:42.13	19.10	500m:	6:14.58	19.13	700m:	8:46.68	18.94	
	125m:	1:29.09	18.80	325m:	4:00.93	18.80	525m:	6:33.55	18.97	725m:	9:05.43	18.75	
	150m:	1:48.06	18.97	350m:	4:19.98	19.05	550m:	6:52.79	19.24	750m:	9:24.10	18.67	
	175m:	2:06.85	18.79	375m:	4:38.92	18.94	575m:	7:11.77	18.98	775m:	9:42.19	18.09	
	200m:	2:26.05	19.20	400m:	4:58.11	19.19	600m:	7:31.02	19.25	800m:	9:59.52	17.33	
13.				2010 II	"	"-5						10:04.56	II 394
	25m:	15.86	15.86	225m:	2:41.85	18.96	425m:	5:15.20	19.34	625m:	7:50.97	19.42	
	50m:	32.75	16.89	250m:	3:01.04	19.19	450m:	5:34.54	19.34	650m:	8:10.40	19.43	
	75m:	50.33	17.58	275m:	3:19.87	18.83	475m:	5:54.13	19.59	675m:	8:29.88	19.48	
	100m:	1:08.37	18.04	300m:	3:38.87	19.00	500m:	6:13.45	19.32	700m:	8:49.13	19.25	
	125m:	1:26.82	18.45	325m:	3:58.21	19.34	525m:	6:33.20	19.75	725m:	9:08.80	19.67	
	150m:	1:45.41	18.59	350m:	4:17.23	19.02	550m:	6:52.78	19.58	750m:	9:27.97	19.17	
	175m:	2:04.21	18.80	375m:	4:36.34	19.11	575m:	7:12.23	19.45	775m:	9:46.86	18.89	
	200m:	2:22.89	18.68	400m:	4:55.86	19.52	600m:	7:31.55	19.32	800m:	10:04.56	17.70	
14.				2010 II	"	"-3"						10:08.46	II 387
	25m:	15.85	15.85	225m:	2:44.16	19.36	425m:	5:18.61	19.28	625m:	7:54.01	19.71	
	50m:	32.91	17.06	250m:	3:03.24	19.08	450m:	5:37.83	19.22	650m:	8:13.72	19.71	
	75m:	50.92	18.01	275m:	3:22.42	19.18	475m:	5:57.25	19.42	675m:	8:33.46	19.74	
	100m:	1:09.32	18.40	300m:	3:41.67	19.25	500m:	6:16.41	19.16	700m:	8:53.06	19.60	
	125m:	1:27.92	18.60	325m:	4:01.19	19.52	525m:	6:35.87	19.46	725m:	9:12.74	19.68	
	150m:	1:46.90	18.98	350m:	4:20.71	19.52	550m:	6:55.25	19.38	750m:	9:32.01	19.27	
	175m:	2:06.09	19.19	375m:	4:40.01	19.30	575m:	7:14.94	19.69	775m:	9:50.27	18.26	
	200m:	2:24.80	18.71	400m:	4:59.33	19.32	600m:	7:34.30	19.36	800m:	10:08.46	18.19	
15.				2010 II	"	"-3"						10:09.86	II 384
	25m:	15.14	15.14	225m:	2:39.02	19.06	425m:	5:14.07	19.66	625m:	7:52.95	19.97	
	50m:	31.72	16.58	250m:	2:58.07	19.05	450m:	5:34.11	20.04	650m:	8:12.86	19.91	
	75m:	48.95	17.23	275m:	3:16.98	18.91	475m:	5:53.62	19.51	675m:	8:32.38	19.52	
	100m:	1:06.64	17.69	300m:	3:36.12	19.14	500m:	6:13.34	19.72	700m:	8:52.41	20.03	
	125m:	1:24.46	17.82	325m:	3:55.38	19.26	525m:	6:33.35	20.01	725m:	9:11.96	19.55	
	150m:	1:42.67	18.21	350m:	4:14.67	19.29	550m:	6:53.08	19.73	750m:	9:31.62	19.66	
	175m:	2:01.11	18.44	375m:	4:34.36	19.69	575m:	7:13.18	20.10	775m:	9:50.94	19.32	
	200m:	2:19.96	18.85	400m:	4:54.41	20.05	600m:	7:32.98	19.80	800m:	10:09.86	18.92	
16.				2011 II	"	"-7"						10:13.73	II 377
	25m:	16.46	16.46	225m:	2:51.25	19.37	425m:	5:27.59	19.79	625m:	8:02.75	19.23	
	50m:	34.44	17.98	250m:	3:10.66	19.41	450m:	5:47.02	19.43	650m:	8:21.97	19.22	
	75m:	53.72	19.28	275m:	3:30.40	19.74	475m:	6:06.31	19.29	675m:	8:41.45	19.48	
	100m:	1:13.42	19.70	300m:	3:50.25	19.85	500m:	6:25.43	19.12	700m:	9:00.62	19.17	
	125m:	1:33.05	19.63	325m:	4:09.89	19.64	525m:	6:45.02	19.59	725m:	9:19.94	19.32	
	150m:	1:52.39	19.34	350m:	4:29.03	19.14	550m:	7:04.59	19.57	750m:	9:41.25	21.31	
	175m:	2:12.18	19.79	375m:	4:48.70	19.67	575m:	7:24.01	19.42	775m:	9:57.28	16.03	
	200m:	2:31.88	19.70	400m:	5:07.80	19.10	600m:	7:43.52	19.51	800m:	10:13.73	16.45	
17.				2011 II	29,							10:13.74	II 377
	25m:	17.09	17.09	225m:	2:53.08	19.24	425m:	5:27.28	19.56	625m:	8:03.06	19.13	
	50m:	35.88	18.79	250m:	3:12.04	18.96	450m:	5:46.40	19.12	650m:	8:22.32	19.26	
	75m:	55.32	19.44	275m:	3:31.48	19.44	475m:	6:05.49	19.09	675m:	8:41.55	19.23	
	100m:	1:14.72	19.40	300m:	3:50.40	18.92	500m:	6:24.99	19.50	700m:	9:00.80	19.25	
	125m:	1:35.06	20.34	325m:	4:09.94	19.54	525m:	6:44.74	19.75	725m:	9:19.77	18.97	
	150m:	1:54.75	19.69	350m:	4:28.89	18.95	550m:	7:04.37	19.63	750m:	9:39.14	19.37	
	175m:	2:14.64	19.89	375m:	4:48.32	19.43	575m:	7:24.15	19.78	775m:	9:56.34	17.20	
	200m:	2:33.84	19.20	400m:	5:07.72	19.40	600m:	7:43.93	19.78	800m:	10:13.74	17.40	
18.				2010 II	"	"-7"						10:14.49	II 375
	25m:	16.61	16.61	225m:	2:50.61	19.30	425m:	5:26.43	19.64	625m:	8:01.69	19.16	
	50m:	34.84	18.23	250m:	3:10.37	19.76	450m:	5:46.37	19.94	650m:	8:21.26	19.57	
	75m:	53.70	18.86	275m:	3:29.96	19.59	475m:	6:05.58	19.21	675m:	8:40.23	18.97	
	100m:	1:13.16	19.46	300m:	3:49.50	19.54	500m:	6:25.17	19.59	700m:	8:59.52	19.29	
	125m:	1:32.56	19.40	325m:	4:08.66	19.16	525m:	6:44.20	19.03	725m:	9:19.70	20.18	
	150m:	1:52.24	19.68	350m:	4:28.22	19.56	550m:	7:03.96	19.76	750m:	9:38.78	19.08	
	175m:	2:11.77	19.53	375m:	4:47.40	19.18	575m:	7:23.34	19.38	775m:	9:57.11	18.33	
	200m:	2:31.31	19.54	400m:	5:06.79	19.39	600m:	7:42.53	19.19	800m:	10:14.49	17.38	



7, , 800m , (11-12)

										R.T.			
19.				2010 II	"	"						10:17.47	II 370
	25m:	14.97	14.97	225m:	2:45.34	19.86	425m:	5:23.28	19.13	625m:	8:01.73	19.27	
	50m:	31.97	17.00	250m:	3:05.46	20.12	450m:	5:43.68	20.40	650m:	8:22.33	20.60	
	75m:	49.62	17.65	275m:	3:24.96	19.50	475m:	6:03.23	19.55	675m:	8:42.02	19.69	
	100m:	1:08.28	18.66	300m:	3:45.12	20.16	500m:	6:23.10	19.87	700m:	9:01.70	19.68	
	125m:	1:27.78	19.50	325m:	4:04.64	19.52	525m:	6:43.24	20.14	725m:	9:20.49	18.79	
	150m:	1:46.64	18.86	350m:	4:24.90	20.26	550m:	7:03.83	20.59	750m:	9:40.57	20.08	
	175m:	2:05.93	19.29	375m:	4:44.31	19.41	575m:	7:22.98	19.15	775m:	9:59.57	19.00	
	200m:	2:25.48	19.55	400m:	5:04.15	19.84	600m:	7:42.46	19.48	800m:	10:17.47	17.90	
20.				2010 II	"	"						10:17.67	II 369
21.				2011 II	"	"-4						10:18.31	II 368
22.				2011 II	"	"-5						10:18.69	II 368
	25m:	17.00	17.00	225m:	2:48.86	19.07	425m:	5:25.77	19.53	625m:	8:04.16	19.78	
	50m:	35.16	18.16	250m:	3:08.27	19.41	450m:	5:45.81	20.04	650m:	8:23.98	19.82	
	75m:	53.70	18.54	275m:	3:28.05	19.78	475m:	6:05.23	19.42	675m:	8:43.29	19.31	
	100m:	1:12.64	18.94	300m:	3:47.77	19.72	500m:	6:25.14	19.91	700m:	9:02.89	19.60	
	125m:	1:31.74	19.10	325m:	4:06.93	19.16	525m:	6:45.31	20.17	725m:	9:22.33	19.44	
	150m:	1:51.21	19.47	350m:	4:26.64	19.71	550m:	7:04.89	19.58	750m:	9:41.67	19.34	
	175m:	2:10.47	19.26	375m:	4:46.35	19.71	575m:	7:24.82	19.93	775m:	10:00.82	19.15	
	200m:	2:29.79	19.32	400m:	5:06.24	19.89	600m:	7:44.38	19.56	800m:	10:18.69	17.87	
23.				2011 II	"	"-3						10:22.12	II 362
	25m:	16.31	16.31	225m:	2:49.29	19.33	425m:	5:24.98	19.00	625m:	8:03.18	18.99	
	50m:	34.29	17.98	250m:	3:08.55	19.26	450m:	5:45.19	20.21	650m:	8:23.32	20.14	
	75m:	53.04	18.75	275m:	3:27.97	19.42	475m:	6:04.99	19.80	675m:	8:42.86	19.54	
	100m:	1:12.01	18.97	300m:	3:47.38	19.41	500m:	6:25.07	20.08	700m:	9:03.07	20.21	
	125m:	1:31.53	19.52	325m:	4:07.11	19.73	525m:	6:44.62	19.55	725m:	9:22.09	19.02	
	150m:	1:50.84	19.31	350m:	4:26.84	19.73	550m:	7:04.56	19.94	750m:	9:43.43	21.34	
	175m:	2:10.22	19.38	375m:	4:46.14	19.30	575m:	7:23.79	19.23	775m:	10:00.29	16.86	
	200m:	2:29.96	19.74	400m:	5:05.98	19.84	600m:	7:44.19	20.40	800m:	10:22.12	21.83	
24.				2011 II	"	"-7						10:22.91	II 360
25.				2011 II	"	"-4						10:24.24	II 358
	25m:	17.19	17.19	225m:	2:55.37	19.87	425m:	5:33.94	19.98	625m:	8:10.88	19.86	
	50m:	36.84	19.65	250m:	3:15.35	19.98	450m:	5:53.40	19.46	650m:	8:30.36	19.48	
	75m:	56.30	19.46	275m:	3:35.20	19.85	475m:	6:12.99	19.59	675m:	8:50.05	19.69	
	100m:	1:16.08	19.78	300m:	3:55.28	20.08	500m:	6:32.40	19.41	700m:	9:09.48	19.43	
	125m:	1:35.71	19.63	325m:	4:14.86	19.58	525m:	6:52.02	19.62	725m:	9:28.52	19.04	
	150m:	1:55.62	19.91	350m:	4:34.34	19.48	550m:	7:11.38	19.36	750m:	9:48.16	19.64	
	175m:	2:15.83	20.21	375m:	4:53.77	19.43	575m:	7:30.95	19.57	775m:	10:06.35	18.19	
	200m:	2:35.50	19.67	400m:	5:13.96	20.19	600m:	7:51.02	20.07	800m:	10:24.24	17.89	
26.				2011 II	"	"-3						10:24.73	II 357
	25m:	16.59	16.59	225m:	2:47.43	17.23	425m:	5:24.13	16.07	625m:	8:02.00	14.53	
	50m:	34.32	17.73	250m:	3:09.16	21.73	450m:	5:48.17	24.04	650m:	8:27.80	25.80	
	75m:	52.87	18.55	275m:	3:28.97	19.81	475m:	6:03.49	15.32	675m:	8:41.89	14.09	
	100m:	1:12.27	19.40	300m:	3:48.91	19.94	500m:	6:27.59	24.10	700m:	9:07.39	25.50	
	125m:	1:30.47	18.20	325m:	4:08.70	19.79	525m:	6:42.65	15.06	725m:	9:21.52	14.13	
	150m:	1:50.69	20.22	350m:	4:28.70	20.00	550m:	7:07.91	25.26	750m:	9:46.99	25.47	
	175m:	2:08.63	17.94	375m:	4:48.12	19.42	575m:	7:22.00	14.09	775m:	9:59.43	12.44	
	200m:	2:30.20	21.57	400m:	5:08.06	19.94	600m:	7:47.47	25.47	800m:	10:24.73	25.30	
27.				2011 II	"	"-4						10:27.54	II 352
	25m:	16.27	16.27	225m:	2:51.13	20.13	425m:	5:29.88	19.57	625m:	8:09.68	19.48	
	50m:	33.99	17.72	250m:	3:11.01	19.88	450m:	5:49.74	19.86	650m:	8:29.85	20.17	
	75m:	53.37	19.38	275m:	3:30.77	19.76	475m:	6:09.47	19.73	675m:	8:49.84	19.99	
	100m:	1:12.78	19.41	300m:	3:50.42	19.65	500m:	6:29.75	20.28	700m:	9:09.91	20.07	
	125m:	1:32.25	19.47	325m:	4:10.21	19.79	525m:	6:49.56	19.81	725m:	9:30.31	20.40	
	150m:	1:52.01	19.76	350m:	4:29.77	19.56	550m:	7:09.92	20.36	750m:	9:49.74	19.43	
	175m:	2:11.40	19.39	375m:	4:49.96	20.19	575m:	7:30.34	20.42	775m:	10:08.81	19.07	
	200m:	2:31.00	19.60	400m:	5:10.31	20.35	600m:	7:50.20	19.86	800m:	10:27.54	18.73	
28.				2011 II	"	"-7						10:29.90	II 348



22-23 декабря

Республиканские соревнования

посвященные 100-летию
спортивного плавания

Казань 2022 г.

ПО ПЛАВАНИЮ

в Республике Татарстан

на призы Деда Мороза

ГБУ РСШОР по водным видам спорта "Акватика"

7, , 800m , (11-12)

										R.T.		
29.			2010 II	"	"-5					10:31.12	II	346
	25m:	16.75	16.75	225m:	2:51.04	19.74	425m:	5:30.79	20.15	625m:	8:14.00	20.57
	50m:	34.96	18.21	250m:	3:10.84	19.80	450m:	5:50.56	19.77	650m:	8:33.63	19.63
	75m:	53.80	18.84	275m:	3:30.78	19.94	475m:	6:11.21	20.65	675m:	8:54.51	20.88
	100m:	1:12.81	19.01	300m:	3:50.21	19.43	500m:	6:31.31	20.10	700m:	9:14.52	20.01
	125m:	1:32.67	19.86	325m:	4:09.86	19.65	525m:	6:52.09	20.78	725m:	9:34.90	20.38
	150m:	1:52.04	19.37	350m:	4:29.93	20.07	550m:	7:12.78	20.69	750m:	9:54.85	19.95
	175m:	2:11.78	19.74	375m:	4:50.67	20.74	575m:	7:33.44	20.66	775m:	10:13.88	19.03
	200m:	2:31.30	19.52	400m:	5:10.64	19.97	600m:	7:53.43	19.99	800m:	10:31.12	17.24
30.			2010 II	"	"-5					10:35.29	II	340
31.			2011 II	"	"-2"					10:36.38	II	338
32.			2010 II	"	"-7"					10:37.98	II	335
33.			2011 II	"	"-7"					10:38.30	II	335
34.			2011 II	"	"-7"					10:39.36	II	333
35.			2011 II	"	"-4					10:40.37	II	332
36.			2011 II		-3"					10:42.85	II	328
	25m:	16.10	16.10	225m:	2:50.70	20.03	425m:	5:34.73	20.80	625m:	8:17.77	18.30
	50m:	33.99	17.89	250m:	3:10.80	20.10	450m:	5:55.32	20.59	650m:	8:40.63	22.86
	75m:	52.72	18.73	275m:	3:31.00	20.20	475m:	6:15.93	20.61	675m:	8:58.43	17.80
	100m:	1:12.04	19.32	300m:	3:51.59	20.59	500m:	6:36.70	20.77	700m:	9:21.66	23.23
	125m:	1:31.55	19.51	325m:	4:11.80	20.21	525m:	6:56.46	19.76	725m:	9:38.90	17.24
	150m:	1:51.24	19.69	350m:	4:32.40	20.60	550m:	7:18.21	21.75	750m:	10:03.31	24.41
	175m:	2:10.95	19.71	375m:	4:53.09	20.69	575m:	7:37.04	18.83	775m:	10:19.00	15.69
	200m:	2:30.67	19.72	400m:	5:13.93	20.84	600m:	7:59.47	22.43	800m:	10:42.85	23.85
37.			2011 II	"	"-7"					10:43.41	II	327
38.			2011 II	"	"-2"					10:44.09	II	326
39.			2011 II		-3"					10:44.30	II	325
	25m:	17.20	17.20	225m:	2:54.10	20.06	425m:	5:37.61	20.59	625m:	8:23.39	20.99
	50m:	35.56	18.36	250m:	3:14.59	20.49	450m:	5:58.82	21.21	650m:	8:43.64	20.25
	75m:	54.87	19.31	275m:	3:34.32	19.73	475m:	6:19.25	20.43	675m:	9:04.41	20.77
	100m:	1:14.69	19.82	300m:	3:54.90	20.58	500m:	6:40.15	20.90	700m:	9:24.55	20.14
	125m:	1:34.40	19.71	325m:	4:15.59	20.69	525m:	7:00.54	20.39	725m:	9:45.49	20.94
	150m:	1:54.09	19.69	350m:	4:36.58	20.99	550m:	7:21.62	21.08	750m:	10:05.88	20.39
	175m:	2:13.91	19.82	375m:	4:56.51	19.93	575m:	7:41.72	20.10	775m:	10:25.96	20.08
	200m:	2:34.04	20.13	400m:	5:17.02	20.51	600m:	8:02.40	20.68	800m:	10:44.30	18.34
40.			2010 III	"	"-2"					10:45.15	II	324
41.			2010 II	"	"-3"					10:45.31	II	324
	25m:	17.77	17.77	225m:	2:58.68	20.44	425m:	5:42.56	20.58	625m:	8:25.51	20.11
	50m:	37.41	19.64	250m:	3:19.92	21.24	450m:	6:03.09	20.53	650m:	8:46.64	21.13
	75m:	57.38	19.97	275m:	3:39.73	19.81	475m:	6:22.77	19.68	675m:	9:07.08	20.44
	100m:	1:17.48	20.10	300m:	4:00.45	20.72	500m:	6:43.46	20.69	700m:	9:27.10	20.02
	125m:	1:37.20	19.72	325m:	4:21.07	20.62	525m:	7:03.69	20.23	725m:	9:46.93	19.83
	150m:	1:57.68	20.48	350m:	4:41.66	20.59	550m:	7:24.63	20.94	750m:	10:07.38	20.45
	175m:	2:18.26	20.58	375m:	5:01.80	20.14	575m:	7:44.97	20.34	775m:	10:26.17	18.79
	200m:	2:38.24	19.98	400m:	5:21.98	20.18	600m:	8:05.40	20.43	800m:	10:45.31	19.14
42.			2011 III	"	"-2"					10:45.40	II	324
43.			2010 II	"	"					10:47.72	II	320
44.			2011 II	"	"-7"					10:53.17	II	312
	25m:	16.88	16.88	225m:	2:56.12	17.07	425m:	5:35.75	10.59	625m:	8:12.64	2.35
	50m:	35.94	19.06	250m:	3:20.13	24.01	450m:	6:06.74	30.99	650m:	8:51.44	38.80
	75m:	55.61	19.67	275m:	3:36.19	16.06	475m:	6:15.17	8.43	675m:	8:52.12	0.68
	100m:	1:16.79	21.18	300m:	4:02.32	26.13	500m:	6:47.99	32.82	700m:	9:32.06	39.94
	125m:	1:36.01	19.22	325m:	4:16.13	13.81	525m:	6:54.15	6.16	725m:	9:30.63	
	150m:	1:57.75	21.74	350m:	4:43.76	27.63	550m:	7:29.48	35.33	750m:	10:53.30	1:22.67
	175m:	2:16.19	18.44	375m:	4:55.73	11.97	575m:	7:33.24	3.76	775m:	9:53.15	
	200m:	2:39.05	22.86	400m:	5:25.16	29.43	600m:	8:10.29	37.05	800m:	10:53.17	1:00.02
45.			2010 II		-1"					10:55.59	II	309
46.			2011 III	"	"-2"					10:56.48	II	308
47.			2011 II	"	"-2"					10:57.41	II	306
48.			2011 III		-3"					10:59.18	II	304
49.			2011 II	"	"-7"					10:59.49	II	303



7, , 800m , (11-12)

					R.T.		
50.	,	2011	II	"	-2", . .	11:08.62	III 291
51.	,	2010	II		, .	11:18.65	III 278
52.	,	2010	III		, .	12:08.35	III 225