

11  
26.10.2023 - 12:32

, 800m

: FINA 2022

/

R.T.

1.			2010		"	"		<b>9:32.45</b>	587			
	50m:	32.44	32.44	250m:	2:55.19	36.00	450m:	5:19.85	36.41	650m:	7:45.30	36.62
	100m:	1:07.20	34.76	300m:	3:31.17	35.98	500m:	5:56.18	36.33	700m:	8:21.79	36.49
	150m:	1:43.10	35.90	350m:	4:07.44	36.27	550m:	6:32.28	36.10	750m:	8:57.97	36.18
	200m:	2:19.19	36.09	400m:	4:43.44	36.00	600m:	7:08.68	36.40	800m:	9:32.45	34.48
2.			2007					<b>9:41.95</b>	558	1		
	25m:	15.66	15.66	225m:	2:40.06	18.40	425m:	5:08.31	18.42	625m:	7:35.08	18.13
	50m:	32.60	16.94	250m:	2:58.45	18.39	450m:	5:26.99	18.68	650m:	7:53.46	18.38
	75m:	50.18	17.58	275m:	3:16.96	18.51	475m:	5:45.01	18.02	675m:	8:11.88	18.42
	100m:	1:08.11	17.93	300m:	3:35.60	18.64	500m:	6:03.54	18.53	700m:	8:30.27	18.39
	125m:	1:26.49	18.38	325m:	3:53.95	18.35	525m:	6:21.91	18.37	725m:	8:48.67	18.40
	150m:	1:45.00	18.51	350m:	4:12.77	18.82	550m:	6:40.20	18.29	750m:	9:07.18	18.51
	175m:	2:03.13	18.13	375m:	4:31.09	18.32	575m:	6:58.40	18.20	775m:	9:24.90	17.72
	200m:	2:21.66	18.53	400m:	4:49.89	18.80	600m:	7:16.95	18.55	800m:	9:41.95	17.05
3.			2009	I				<b>9:47.68</b>	542	1		
	25m:	16.10	16.10	225m:	2:39.91	18.28	425m:	5:07.66	18.41	625m:	7:37.10	18.70
	50m:	33.27	17.17	250m:	2:58.49	18.58	450m:	5:26.32	18.66	650m:	7:56.00	18.90
	75m:	50.82	17.55	275m:	3:16.60	18.11	475m:	5:45.05	18.73	675m:	8:14.57	18.57
	100m:	1:08.86	18.04	300m:	3:35.06	18.46	500m:	6:04.03	18.98	700m:	8:33.73	19.16
	125m:	1:26.94	18.08	325m:	3:53.42	18.36	525m:	6:22.53	18.50	725m:	8:52.62	18.89
	150m:	1:45.26	18.32	350m:	4:12.00	18.58	550m:	6:41.09	18.56	750m:	9:11.29	18.67
	175m:	2:03.40	18.14	375m:	4:30.41	18.41	575m:	6:59.65	18.56	775m:	9:29.99	18.70
	200m:	2:21.63	18.23	400m:	4:49.25	18.84	600m:	7:18.40	18.75	800m:	9:47.68	17.69
4.			2007					<b>9:50.07</b>	536	1		
	25m:	16.00	16.00	225m:	2:41.25	18.47	425m:	5:10.07	18.83	625m:	7:40.79	18.79
	50m:	33.26	17.26	250m:	2:59.68	18.43	450m:	5:29.00	18.93	650m:	7:59.61	18.82
	75m:	50.93	17.67	275m:	3:18.19	18.51	475m:	5:47.64	18.64	675m:	8:18.28	18.67
	100m:	1:09.23	18.30	300m:	3:36.74	18.55	500m:	6:06.66	19.02	700m:	8:37.29	19.01
	125m:	1:27.39	18.16	325m:	3:55.28	18.54	525m:	6:25.34	18.68	725m:	8:55.99	18.70
	150m:	1:45.83	18.44	350m:	4:14.13	18.85	550m:	6:44.22	18.88	750m:	9:14.68	18.69
	175m:	2:04.20	18.37	375m:	4:32.59	18.46	575m:	7:02.92	18.70	775m:	9:32.68	18.00
	200m:	2:22.78	18.58	400m:	4:51.24	18.65	600m:	7:22.00	19.08	800m:	9:50.07	17.39
5.			2010					<b>9:52.08</b>	530	1		
	25m:	15.92	15.92	225m:	2:41.35	18.37	425m:	5:11.63	18.53	625m:	7:42.96	18.61
	50m:	33.21	17.29	250m:	3:00.27	18.92	450m:	5:30.94	19.31	650m:	8:02.38	19.42
	75m:	50.76	17.55	275m:	3:18.92	18.65	475m:	5:49.80	18.86	675m:	8:21.11	18.73
	100m:	1:08.82	18.06	300m:	3:37.70	18.78	500m:	6:08.97	19.17	700m:	8:40.10	18.99
	125m:	1:27.26	18.44	325m:	3:56.54	18.84	525m:	6:27.77	18.80	725m:	8:58.78	18.68
	150m:	1:45.63	18.37	350m:	4:15.48	18.94	550m:	6:46.53	18.76	750m:	9:17.52	18.74
	175m:	2:04.15	18.52	375m:	4:34.05	18.57	575m:	7:05.22	18.69	775m:	9:34.44	16.92
	200m:	2:22.98	18.83	400m:	4:53.10	19.05	600m:	7:24.35	19.13	800m:	9:52.08	17.64
6.			2010	I				<b>9:56.23</b>	519	1		
	25m:	16.28	16.28	225m:	2:42.97	18.73	425m:	5:13.63	18.57	625m:	7:45.39	18.92
	50m:	33.14	16.86	250m:	3:01.92	18.95	450m:	5:32.64	19.01	650m:	8:04.32	18.93
	75m:	51.03	17.89	275m:	3:20.62	18.70	475m:	5:51.46	18.82	675m:	8:23.20	18.88
	100m:	1:09.28	18.25	300m:	3:39.60	18.98	500m:	6:10.14	18.68	700m:	8:42.18	18.98
	125m:	1:27.85	18.57	325m:	3:58.05	18.45	525m:	6:28.98	18.84	725m:	9:00.92	18.74
	150m:	1:46.91	19.06	350m:	4:17.07	19.02	550m:	6:48.26	19.28	750m:	9:20.31	19.39
	175m:	2:05.80	18.89	375m:	4:35.61	18.54	575m:	7:07.29	19.03	775m:	9:38.50	18.19
	200m:	2:24.24	18.44	400m:	4:55.06	19.45	600m:	7:26.47	19.18	800m:	9:56.23	17.73

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R.T.

7.			2011	1				<b>10:14.01</b>	475	1		
	25m:	16.39	16.39	225m:	2:49.62	19.44	425m:	5:24.78	19.31	625m:	8:00.50	19.46
	50m:	34.24	17.85	250m:	3:08.79	19.17	450m:	5:44.48	19.70	650m:	8:20.23	19.73
	75m:	53.49	19.25	275m:	3:28.43	19.64	475m:	6:03.66	19.18	675m:	8:39.92	19.69
	100m:	1:12.94	19.45	300m:	3:48.02	19.59	500m:	6:23.00	19.34	700m:	8:59.23	19.31
	125m:	1:32.00	19.06	325m:	4:07.36	19.34	525m:	6:43.14	20.14	725m:	9:18.63	19.40
	150m:	1:51.59	19.59	350m:	4:26.00	18.64	550m:	7:02.48	19.34	750m:	9:38.01	19.38
	175m:	2:11.36	19.77	375m:	4:45.71	19.71	575m:	7:21.27	18.79	775m:	9:56.14	18.13
	200m:	2:30.18	18.82	400m:	5:05.47	19.76	600m:	7:41.04	19.77	800m:	10:14.01	17.87
8.			2012	II				<b>10:23.37</b>	454	2		
	50m:	34.01	34.01	250m:	3:09.67	39.60	450m:	5:49.90	39.99	650m:	8:29.48	39.42
	100m:	1:11.47	37.46	300m:	3:49.60	39.93	500m:	6:30.35	40.45	700m:	9:08.63	39.15
	150m:	1:50.48	39.01	350m:	4:29.73	40.13	550m:	7:10.12	39.77	750m:	9:47.64	39.01
	200m:	2:30.07	39.59	400m:	5:09.91	40.18	600m:	7:50.06	39.94	800m:	10:23.37	35.73
9.			2012	II			" "	<b>10:23.89</b>	453	2		
	25m:	17.33	17.33	225m:	2:56.40	20.30	425m:	5:34.35	19.58	625m:	8:10.40	18.26
	50m:	36.32	18.99	250m:	3:15.04	18.64	450m:	5:53.79	19.44	650m:	8:30.28	19.88
	75m:	56.50	20.18	275m:	3:35.10	20.06	475m:	6:13.64	19.85	675m:	8:49.68	19.40
	100m:	1:16.93	20.43	300m:	3:55.45	20.35	500m:	6:33.31	19.67	700m:	9:09.40	19.72
	125m:	1:36.30	19.37	325m:	4:15.07	19.62	525m:	6:52.84	19.53	725m:	9:28.81	19.41
	150m:	1:56.59	20.29	350m:	4:34.87	19.80	550m:	7:12.51	19.67	750m:	9:48.31	19.50
	175m:	2:16.18	19.59	375m:	4:55.25	20.38	575m:	7:31.90	19.39	775m:	10:06.44	18.13
	200m:	2:36.10	19.92	400m:	5:14.77	19.52	600m:	7:52.14	20.24	800m:	10:23.89	17.45
10.			2008	II				<b>10:44.64</b>	411	2		
	25m:	17.03	17.03	225m:	2:55.78	19.60	425m:	5:39.00	20.41	625m:	8:24.72	20.71
	50m:	35.68	18.65	250m:	3:15.90	20.12	450m:	5:59.06	20.06	650m:	8:45.15	20.43
	75m:	55.26	19.58	275m:	3:36.46	20.56	475m:	6:20.28	21.22	675m:	9:06.33	21.18
	100m:	1:15.16	19.90	300m:	3:57.06	20.60	500m:	6:41.24	20.96	700m:	9:26.66	20.33
	125m:	1:34.84	19.68	325m:	4:16.70	19.64	525m:	7:01.79	20.55	725m:	9:46.53	19.87
	150m:	1:55.03	20.19	350m:	4:37.38	20.68	550m:	7:22.70	20.91	750m:	10:06.77	20.24
	175m:	2:15.40	20.37	375m:	4:57.99	20.61	575m:	7:43.10	20.40	775m:	10:26.33	19.56
	200m:	2:36.18	20.78	400m:	5:18.59	20.60	600m:	8:04.01	20.91	800m:	10:44.64	18.31
11.			2011	II				<b>10:57.97</b>	386	2		
	25m:	17.06	17.06	225m:	2:58.33	21.25	425m:	5:47.96	21.34	625m:	8:36.50	21.39
	50m:	35.38	18.32	250m:	3:19.32	20.99	450m:	6:09.01	21.05	650m:	8:57.63	21.13
	75m:	54.78	19.40	275m:	3:40.60	21.28	475m:	6:30.16	21.15	675m:	9:18.71	21.08
	100m:	1:14.89	20.11	300m:	4:01.83	21.23	500m:	6:51.39	21.23	700m:	9:39.03	20.32
	125m:	1:35.36	20.47	325m:	4:23.06	21.23	525m:	7:12.30	20.91	725m:	9:59.43	20.40
	150m:	1:55.65	20.29	350m:	4:44.07	21.01	550m:	7:33.31	21.01	750m:	10:19.84	20.41
	175m:	2:16.59	20.94	375m:	5:05.69	21.62	575m:	7:54.71	21.40	775m:	10:39.50	19.66
	200m:	2:37.08	20.49	400m:	5:26.62	20.93	600m:	8:15.11	20.40	800m:	10:57.97	18.47
12.			2012	II				<b>10:59.29</b>	384	2		
	25m:	18.20	18.20	225m:	3:02.92	21.07	425m:	5:50.63	21.12	625m:	8:36.05	20.45
	50m:	37.91	19.71	250m:	3:23.79	20.87	450m:	6:11.37	20.74	650m:	8:56.75	20.70
	75m:	58.11	20.20	275m:	3:44.04	20.25	475m:	6:31.64	20.27	675m:	9:17.78	21.03
	100m:	1:18.26	20.15	300m:	4:05.24	21.20	500m:	6:52.95	21.31	700m:	9:38.55	20.77
	125m:	1:39.16	20.90	325m:	4:26.07	20.83	525m:	7:13.33	20.38	725m:	9:58.88	20.33
	150m:	1:59.82	20.66	350m:	4:47.57	21.50	550m:	7:34.24	20.91	750m:	10:19.82	20.94
	175m:	2:20.87	21.05	375m:	5:08.25	20.68	575m:	7:54.24	20.00	775m:	10:40.42	20.60
	200m:	2:41.85	20.98	400m:	5:29.51	21.26	600m:	8:15.60	21.36	800m:	10:59.29	18.87
13.			2012	II				<b>11:13.96</b>	359	2		
	25m:	17.72	17.72	225m:	3:04.68	21.35	425m:	5:55.78	21.35	625m:	8:47.79	22.20
	50m:	37.15	19.43	250m:	3:25.95	21.27	450m:	6:16.61	20.83	650m:	9:09.75	21.96
	75m:	57.74	20.59	275m:	3:47.16	21.21	475m:	6:38.52	21.91	675m:	9:31.56	21.81
	100m:	1:18.20	20.46	300m:	4:08.38	21.22	500m:	7:00.41	21.89	700m:	9:52.74	21.18
	125m:	1:39.39	21.19	325m:	4:30.06	21.68	525m:	7:21.99	21.58	725m:	10:13.94	21.20
	150m:	2:00.60	21.21	350m:	4:51.94	21.88	550m:	7:42.66	20.67	750m:	10:34.27	20.33
	175m:	2:21.88	21.28	375m:	5:12.83	20.89	575m:	8:04.59	21.93	775m:	10:54.83	20.56
	200m:	2:43.33	21.45	400m:	5:34.43	21.60	600m:	8:25.59	21.00	800m:	11:13.96	19.13

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R.T.

14.			2012	II				<b>11:14.12</b>	359	2		
	25m:	17.69	17.69	225m:	3:03.95	21.46	425m:	5:55.27	21.22	625m:	8:47.87	21.87
	50m:	37.39	19.70	250m:	3:25.81	21.86	450m:	6:16.56	21.29	650m:	9:09.79	21.92
	75m:	57.26	19.87	275m:	3:47.32	21.51	475m:	6:38.26	21.70	675m:	9:31.33	21.54
	100m:	1:17.61	20.35	300m:	4:08.34	21.02	500m:	7:00.12	21.86	700m:	9:52.83	21.50
	125m:	1:38.67	21.06	325m:	4:29.89	21.55	525m:	7:22.23	22.11	725m:	10:14.07	21.24
	150m:	1:59.81	21.14	350m:	4:51.60	21.71	550m:	7:43.27	21.04	750m:	10:34.87	20.80
	175m:	2:21.35	21.54	375m:	5:12.85	21.25	575m:	8:04.81	21.54	775m:	10:55.05	20.18
	200m:	2:42.49	21.14	400m:	5:34.05	21.20	600m:	8:26.00	21.19	800m:	11:14.12	19.07
15.			2012	II				<b>11:18.12</b>	353	2		
	25m:	18.22	18.22	225m:	3:48.77	1:04.74	425m:	6:41.46	1:04.84	625m:	9:34.21	1:04.90
	50m:	37.40	19.18	250m:	3:27.17		450m:	6:19.60		650m:	9:12.59	
	75m:	57.67	20.27	275m:	4:31.86	1:04.69	475m:	7:25.36	1:05.76	675m:	10:16.97	1:04.38
	100m:	1:18.68	21.01	300m:	4:10.01		500m:	7:03.58		700m:	9:55.87	
	125m:	2:23.17	1:04.49	325m:	5:15.39	1:05.38	525m:	8:08.15	1:04.57	725m:	10:58.47	1:02.60
	150m:	2:01.64		350m:	4:53.26		550m:	7:46.88		750m:	10:38.36	
	175m:	3:05.56	1:03.92	375m:	5:58.35	1:05.09	575m:	8:50.99	1:04.11	800m:	11:18.12	39.76
	200m:	2:44.03		400m:	5:36.62		600m:	8:29.31				
16.			2013	II				<b>11:40.37</b>	320	2		
	25m:	18.11	18.11	225m:	3:13.82	22.85	475m:	6:58.96	1:08.32	675m:	9:57.72	21.99
	50m:	39.16	21.05	250m:	4:20.33	1:06.51	500m:	6:35.72		700m:	10:19.40	21.68
	75m:	59.65	20.49	275m:	3:57.89		525m:	7:42.95	1:07.23	725m:	10:41.27	21.87
	100m:	1:21.43	21.78	325m:	4:43.42	45.53	550m:	8:05.35	22.40	750m:	11:01.78	20.51
	125m:	1:43.81	22.38	375m:	5:28.14	44.72	575m:	8:28.67	23.32	775m:	11:21.49	19.71
	150m:	2:06.50	22.69	400m:	5:05.59		600m:	8:50.71	22.04	800m:	11:40.37	18.88
	175m:	2:29.40	22.90	425m:	6:12.36	1:06.77	625m:	9:14.64	23.93			
	200m:	2:50.97	21.57	450m:	5:50.64		650m:	9:35.73	21.09			

2009

1.			2010		"	"		<b>9:32.45</b>	587			
	50m:	32.44	32.44	250m:	2:55.19	36.00	450m:	5:19.85	36.41	650m:	7:45.30	36.62
	100m:	1:07.20	34.76	300m:	3:31.17	35.98	500m:	5:56.18	36.33	700m:	8:21.79	36.49
	150m:	1:43.10	35.90	350m:	4:07.44	36.27	550m:	6:32.28	36.10	750m:	8:57.97	36.18
	200m:	2:19.19	36.09	400m:	4:43.44	36.00	600m:	7:08.68	36.40	800m:	9:32.45	34.48
2.			2009	I				<b>9:47.68</b>	542	1		
	25m:	16.10	16.10	225m:	2:39.91	18.28	425m:	5:07.66	18.41	625m:	7:37.10	18.70
	50m:	33.27	17.17	250m:	2:58.49	18.58	450m:	5:26.32	18.66	650m:	7:56.00	18.90
	75m:	50.82	17.55	275m:	3:16.60	18.11	475m:	5:45.05	18.73	675m:	8:14.57	18.57
	100m:	1:08.86	18.04	300m:	3:35.06	18.46	500m:	6:04.03	18.98	700m:	8:33.73	19.16
	125m:	1:26.94	18.08	325m:	3:53.42	18.36	525m:	6:22.53	18.50	725m:	8:52.62	18.89
	150m:	1:45.26	18.32	350m:	4:12.00	18.58	550m:	6:41.09	18.56	750m:	9:11.29	18.67
	175m:	2:03.40	18.14	375m:	4:30.41	18.41	575m:	6:59.65	18.56	775m:	9:29.99	18.70
	200m:	2:21.63	18.23	400m:	4:49.25	18.84	600m:	7:18.40	18.75	800m:	9:47.68	17.69
3.			2010					<b>9:52.08</b>	530	1		
	25m:	15.92	15.92	225m:	2:41.35	18.37	425m:	5:11.63	18.53	625m:	7:42.96	18.61
	50m:	33.21	17.29	250m:	3:00.27	18.92	450m:	5:30.94	19.31	650m:	8:02.38	19.42
	75m:	50.76	17.55	275m:	3:18.92	18.65	475m:	5:49.80	18.86	675m:	8:21.11	18.73
	100m:	1:08.82	18.06	300m:	3:37.70	18.78	500m:	6:08.97	19.17	700m:	8:40.10	18.99
	125m:	1:27.26	18.44	325m:	3:56.54	18.84	525m:	6:27.77	18.80	725m:	8:58.78	18.68
	150m:	1:45.63	18.37	350m:	4:15.48	18.94	550m:	6:46.53	18.76	750m:	9:17.52	18.74
	175m:	2:04.15	18.52	375m:	4:34.05	18.57	575m:	7:05.22	18.69	775m:	9:34.44	16.92
	200m:	2:22.98	18.83	400m:	4:53.10	19.05	600m:	7:24.35	19.13	800m:	9:52.08	17.64

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4.		2010	I		<b>9:56.23</b> 519 1
	25m: 16.28 16.28	225m: 2:42.97 18.73	425m: 5:13.63 18.57	625m: 7:45.39 18.92	
	50m: 33.14 16.86	250m: 3:01.92 18.95	450m: 5:32.64 19.01	650m: 8:04.32 18.93	
	75m: 51.03 17.89	275m: 3:20.62 18.70	475m: 5:51.46 18.82	675m: 8:23.20 18.88	
	100m: 1:09.28 18.25	300m: 3:39.60 18.98	500m: 6:10.14 18.68	700m: 8:42.18 18.98	
	125m: 1:27.85 18.57	325m: 3:58.05 18.45	525m: 6:28.98 18.84	725m: 9:00.92 18.74	
	150m: 1:46.91 19.06	350m: 4:17.07 19.02	550m: 6:48.26 19.28	750m: 9:20.31 19.39	
	175m: 2:05.80 18.89	375m: 4:35.61 18.54	575m: 7:07.29 19.03	775m: 9:38.50 18.19	
	200m: 2:24.24 18.44	400m: 4:55.06 19.45	600m: 7:26.47 19.18	800m: 9:56.23 17.73	
5.		2011	1		<b>10:14.01</b> 475 1
	25m: 16.39 16.39	225m: 2:49.62 19.44	425m: 5:24.78 19.31	625m: 8:00.50 19.46	
	50m: 34.24 17.85	250m: 3:08.79 19.17	450m: 5:44.48 19.70	650m: 8:20.23 19.73	
	75m: 53.49 19.25	275m: 3:28.43 19.64	475m: 6:03.66 19.18	675m: 8:39.92 19.69	
	100m: 1:12.94 19.45	300m: 3:48.02 19.59	500m: 6:23.00 19.34	700m: 8:59.23 19.31	
	125m: 1:32.00 19.06	325m: 4:07.36 19.34	525m: 6:43.14 20.14	725m: 9:18.63 19.40	
	150m: 1:51.59 19.59	350m: 4:26.00 18.64	550m: 7:02.48 19.34	750m: 9:38.01 19.38	
	175m: 2:11.36 19.77	375m: 4:45.71 19.71	575m: 7:21.27 18.79	775m: 9:56.14 18.13	
	200m: 2:30.18 18.82	400m: 5:05.47 19.76	600m: 7:41.04 19.77	800m: 10:14.01 17.87	
6.		2012	II		<b>10:23.37</b> 454 2
	50m: 34.01 34.01	250m: 3:09.67 39.60	450m: 5:49.90 39.99	650m: 8:29.48 39.42	
	100m: 1:11.47 37.46	300m: 3:49.60 39.93	500m: 6:30.35 40.45	700m: 9:08.63 39.15	
	150m: 1:50.48 39.01	350m: 4:29.73 40.13	550m: 7:10.12 39.77	750m: 9:47.64 39.01	
	200m: 2:30.07 39.59	400m: 5:09.91 40.18	600m: 7:50.06 39.94	800m: 10:23.37 35.73	
7.		2012	II	" "	<b>10:23.89</b> 453 2
	25m: 17.33 17.33	225m: 2:56.40 20.30	425m: 5:34.35 19.58	625m: 8:10.40 18.26	
	50m: 36.32 18.99	250m: 3:15.04 18.64	450m: 5:53.79 19.44	650m: 8:30.28 19.88	
	75m: 56.50 20.18	275m: 3:35.10 20.06	475m: 6:13.64 19.85	675m: 8:49.68 19.40	
	100m: 1:16.93 20.43	300m: 3:55.45 20.35	500m: 6:33.31 19.67	700m: 9:09.40 19.72	
	125m: 1:36.30 19.37	325m: 4:15.07 19.62	525m: 6:52.84 19.53	725m: 9:28.81 19.41	
	150m: 1:56.59 20.29	350m: 4:34.87 19.80	550m: 7:12.51 19.67	750m: 9:48.31 19.50	
	175m: 2:16.18 19.59	375m: 4:55.25 20.38	575m: 7:31.90 19.39	775m: 10:06.44 18.13	
	200m: 2:36.10 19.92	400m: 5:14.77 19.52	600m: 7:52.14 20.24	800m: 10:23.89 17.45	
8.		2011	II		<b>10:57.97</b> 386 2
	25m: 17.06 17.06	225m: 2:58.33 21.25	425m: 5:47.96 21.34	625m: 8:36.50 21.39	
	50m: 35.38 18.32	250m: 3:19.32 20.99	450m: 6:09.01 21.05	650m: 8:57.63 21.13	
	75m: 54.78 19.40	275m: 3:40.60 21.28	475m: 6:30.16 21.15	675m: 9:18.71 21.08	
	100m: 1:14.89 20.11	300m: 4:01.83 21.23	500m: 6:51.39 21.23	700m: 9:39.03 20.32	
	125m: 1:35.36 20.47	325m: 4:23.06 21.23	525m: 7:12.30 20.91	725m: 9:59.43 20.40	
	150m: 1:55.65 20.29	350m: 4:44.07 21.01	550m: 7:33.31 21.01	750m: 10:19.84 20.41	
	175m: 2:16.59 20.94	375m: 5:05.69 21.62	575m: 7:54.71 21.40	775m: 10:39.50 19.66	
	200m: 2:37.08 20.49	400m: 5:26.62 20.93	600m: 8:15.11 20.40	800m: 10:57.97 18.47	
9.		2012	II		<b>10:59.29</b> 384 2
	25m: 18.20 18.20	225m: 3:02.92 21.07	425m: 5:50.63 21.12	625m: 8:36.05 20.45	
	50m: 37.91 19.71	250m: 3:23.79 20.87	450m: 6:11.37 20.74	650m: 8:56.75 20.70	
	75m: 58.11 20.20	275m: 3:44.04 20.25	475m: 6:31.64 20.27	675m: 9:17.78 21.03	
	100m: 1:18.26 20.15	300m: 4:05.24 21.20	500m: 6:52.95 21.31	700m: 9:38.55 20.77	
	125m: 1:39.16 20.90	325m: 4:26.07 20.83	525m: 7:13.33 20.38	725m: 9:58.88 20.33	
	150m: 1:59.82 20.66	350m: 4:47.57 21.50	550m: 7:34.24 20.91	750m: 10:19.82 20.94	
	175m: 2:20.87 21.05	375m: 5:08.25 20.68	575m: 7:54.24 20.00	775m: 10:40.42 20.60	
	200m: 2:41.85 20.98	400m: 5:29.51 21.26	600m: 8:15.60 21.36	800m: 10:59.29 18.87	
10.		2012	II		<b>11:13.96</b> 359 2
	25m: 17.72 17.72	225m: 3:04.68 21.35	425m: 5:55.78 21.35	625m: 8:47.79 22.20	
	50m: 37.15 19.43	250m: 3:25.95 21.27	450m: 6:16.61 20.83	650m: 9:09.75 21.96	
	75m: 57.74 20.59	275m: 3:47.16 21.21	475m: 6:38.52 21.91	675m: 9:31.56 21.81	
	100m: 1:18.20 20.46	300m: 4:08.38 21.22	500m: 7:00.41 21.89	700m: 9:52.74 21.18	
	125m: 1:39.39 21.19	325m: 4:30.06 21.68	525m: 7:21.99 21.58	725m: 10:13.94 21.20	
	150m: 2:00.60 21.21	350m: 4:51.94 21.88	550m: 7:42.66 20.67	750m: 10:34.27 20.33	
	175m: 2:21.88 21.28	375m: 5:12.83 20.89	575m: 8:04.59 21.93	775m: 10:54.83 20.56	
	200m: 2:43.33 21.45	400m: 5:34.43 21.60	600m: 8:25.59 21.00	800m: 11:13.96 19.13	

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11.			2012	II				<b>11:14.12</b>	359	2		
	25m:	17.69	17.69	225m:	3:03.95	21.46	425m:	5:55.27	21.22	625m:	8:47.87	21.87
	50m:	37.39	19.70	250m:	3:25.81	21.86	450m:	6:16.56	21.29	650m:	9:09.79	21.92
	75m:	57.26	19.87	275m:	3:47.32	21.51	475m:	6:38.26	21.70	675m:	9:31.33	21.54
	100m:	1:17.61	20.35	300m:	4:08.34	21.02	500m:	7:00.12	21.86	700m:	9:52.83	21.50
	125m:	1:38.67	21.06	325m:	4:29.89	21.55	525m:	7:22.23	22.11	725m:	10:14.07	21.24
	150m:	1:59.81	21.14	350m:	4:51.60	21.71	550m:	7:43.27	21.04	750m:	10:34.87	20.80
	175m:	2:21.35	21.54	375m:	5:12.85	21.25	575m:	8:04.81	21.54	775m:	10:55.05	20.18
	200m:	2:42.49	21.14	400m:	5:34.05	21.20	600m:	8:26.00	21.19	800m:	11:14.12	19.07
12.			2012	II				<b>11:18.12</b>	353	2		
	25m:	18.22	18.22	225m:	3:48.77	1:04.74	425m:	6:41.46	1:04.84	625m:	9:34.21	1:04.90
	50m:	37.40	19.18	250m:	3:27.17		450m:	6:19.60		650m:	9:12.59	
	75m:	57.67	20.27	275m:	4:31.86	1:04.69	475m:	7:25.36	1:05.76	675m:	10:16.97	1:04.38
	100m:	1:18.68	21.01	300m:	4:10.01		500m:	7:03.58		700m:	9:55.87	
	125m:	2:23.17	1:04.49	325m:	5:15.39	1:05.38	525m:	8:08.15	1:04.57	725m:	10:58.47	1:02.60
	150m:	2:01.64		350m:	4:53.26		550m:	7:46.88		750m:	10:38.36	
	175m:	3:05.56	1:03.92	375m:	5:58.35	1:05.09	575m:	8:50.99	1:04.11	800m:	11:18.12	39.76
	200m:	2:44.03		400m:	5:36.62		600m:	8:29.31				
13.			2013	II				<b>11:40.37</b>	320	2		
	25m:	18.11	18.11	225m:	3:13.82	22.85	475m:	6:58.96	1:08.32	675m:	9:57.72	21.99
	50m:	39.16	21.05	250m:	4:20.33	1:06.51	500m:	6:35.72		700m:	10:19.40	21.68
	75m:	59.65	20.49	275m:	3:57.89		525m:	7:42.95	1:07.23	725m:	10:41.27	21.87
	100m:	1:21.43	21.78	325m:	4:43.42	45.53	550m:	8:05.35	22.40	750m:	11:01.78	20.51
	125m:	1:43.81	22.38	375m:	5:28.14	44.72	575m:	8:28.67	23.32	775m:	11:21.49	19.71
	150m:	2:06.50	22.69	400m:	5:05.59		600m:	8:50.71	22.04	800m:	11:40.37	18.88
	175m:	2:29.40	22.90	425m:	6:12.36	1:06.77	625m:	9:14.64	23.93			
	200m:	2:50.97	21.57	450m:	5:50.64		650m:	9:35.73	21.09			