

22
27.10.2023 - 12:20

, 400m

: FINA 2022

/

R.T.

1.			2006		179		+0,80	4:39.91	590			
	25m:	12.92	12.92	125m:	1:19.28	18.73	225m:	2:34.42	20.10	325m:	3:52.16	16.30
	50m:	27.94	15.02	150m:	1:37.59	18.31	250m:	2:54.59	20.17	350m:	4:08.22	16.06
	75m:	43.99	16.05	175m:	1:56.01	18.42	275m:	3:15.02	20.43	375m:	4:24.44	16.22
	100m:	1:00.55	16.56	200m:	2:14.32	18.31	300m:	3:35.86	20.84	400m:	4:39.91	15.47
2.			2009 I				+0,81	4:50.93	525	1		
	25m:	13.88	13.88	125m:	1:27.75	19.99	225m:	2:43.98	19.45	325m:	4:01.54	16.98
	50m:	31.03	17.15	150m:	1:46.68	18.93	250m:	3:04.04	20.06	350m:	4:18.22	16.68
	75m:	49.09	18.06	175m:	2:05.55	18.87	275m:	3:24.02	19.98	375m:	4:35.26	17.04
	100m:	1:07.76	18.67	200m:	2:24.53	18.98	300m:	3:44.56	20.54	400m:	4:50.93	15.67
3.			2007 I				+0,68	4:57.90	489	1		
	25m:	14.14	14.14	125m:	1:27.26	19.00	225m:	2:44.30	21.26	325m:	4:06.75	18.01
	50m:	31.93	17.79	150m:	1:45.71	18.45	250m:	3:05.83	21.53	350m:	4:24.46	17.71
	75m:	49.74	17.81	175m:	2:04.76	19.05	275m:	3:27.12	21.29	375m:	4:42.25	17.79
	100m:	1:08.26	18.52	200m:	2:23.04	18.28	300m:	3:48.74	21.62	400m:	4:57.90	15.65
4.			2007 I		179		+0,75	4:59.51	481	1		
	25m:	13.91	13.91	125m:	2:03.38	57.17	225m:	3:31.87	1:09.59	325m:	4:43.55	50.16
	50m:	30.82	16.91	150m:	1:44.96		250m:	3:08.06		350m:	4:59.72	16.17
	75m:	48.49	17.67	175m:	2:45.53	1:00.57	275m:	4:10.47	1:02.41	400m:	4:59.51	
	100m:	1:06.21	17.72	200m:	2:22.28		300m:	3:53.39				
5.			2010 I		"	"	+0,72	5:00.97	474	1		
	25m:	14.86	14.86	125m:	1:29.76	20.63	225m:	2:49.94	22.01	325m:	4:12.00	16.62
	50m:	32.41	17.55	150m:	1:49.05	19.29	250m:	3:11.18	21.24	350m:	4:28.40	16.40
	75m:	50.59	18.18	175m:	2:08.91	19.86	275m:	3:33.62	22.44	375m:	4:45.21	16.81
	100m:	1:09.13	18.54	200m:	2:27.93	19.02	300m:	3:55.38	21.76	400m:	5:00.97	15.76
6.			2007 I		179		+0,73	5:01.54	472	1		
	25m:	13.65	13.65	125m:	1:27.51	21.11	225m:	2:47.86	21.88	325m:	4:10.09	17.41
	50m:	30.26	16.61	150m:	1:47.08	19.57	250m:	3:09.26	21.40	350m:	4:27.75	17.66
	75m:	47.86	17.60	175m:	2:06.71	19.63	275m:	3:31.16	21.90	375m:	4:45.29	17.54
	100m:	1:06.40	18.54	200m:	2:25.98	19.27	300m:	3:52.68	21.52	400m:	5:01.54	16.25
7.			2010 II				+0,76	5:03.02	465	1		
	25m:	14.47	14.47	125m:	1:27.38	19.36	225m:	2:46.03	19.88	325m:	4:09.74	
	50m:	32.06	17.59	150m:	1:46.55	19.17	250m:	3:07.81	21.78	350m:	5:05.40	55.66
	75m:	48.54	16.48	175m:	2:06.04	19.49	275m:	3:29.59	21.78	375m:	4:45.78	
	100m:	1:08.02	19.48	200m:	2:26.15	20.11	300m:	4:27.79	58.20	400m:	5:03.02	17.24
8.			2008				+0,81	5:04.67	457	1		
	25m:	14.41	14.41	125m:	1:31.95	20.39	225m:	2:51.05	20.55	325m:	4:14.76	17.52
	50m:	32.11	17.70	150m:	1:51.20	19.25	250m:	3:12.91	21.86	350m:	4:31.60	16.84
	75m:	50.97	18.86	175m:	2:10.52	19.32	275m:	3:34.85	21.94	375m:	4:48.55	16.95
	100m:	1:11.56	20.59	200m:	2:30.50	19.98	300m:	3:57.24	22.39	400m:	5:04.67	16.12
9.			2010 II				+0,75	5:05.03	456	2		
	25m:	14.46	14.46	125m:	1:29.54	20.07	225m:	2:49.50	21.54	325m:	4:13.78	17.35
	50m:	32.09	17.63	150m:	1:49.44	19.90	250m:	3:11.60	22.10	350m:	4:31.01	17.23
	75m:	50.54	18.45	175m:	2:08.87	19.43	275m:	3:33.67	22.07	375m:	4:48.22	17.21
	100m:	1:09.47	18.93	200m:	2:27.96	19.09	300m:	3:56.43	22.76	400m:	5:05.03	16.81
10.			2009 I				+0,70	5:05.47	454	2		
	25m:	14.74	14.74	125m:	1:30.51	19.84	225m:	2:49.82	22.01	325m:	4:14.06	16.94
	50m:	32.60	17.86	150m:	1:49.47	18.96	250m:	3:11.89	22.07	350m:	4:31.30	17.24
	75m:	51.44	18.84	175m:	2:08.68	19.21	275m:	3:34.25	22.36	375m:	4:48.56	17.26
	100m:	1:10.67	19.23	200m:	2:27.81	19.13	300m:	3:57.12	22.87	400m:	5:05.47	16.91

22, , 400m										R.T.		
11.				2010	I			+0,68	5:07.72	444	2	
	25m:	14.80	14.80	125m:	1:32.61	19.16	225m:	2:54.41	22.12	325m:	4:18.90	16.12
	50m:	34.04	19.24	150m:	1:52.10	19.49	250m:	3:16.94	22.53	350m:	4:35.53	16.63
	75m:	52.23	18.19	175m:	2:11.88	19.78	275m:	3:39.33	22.39	375m:	4:52.07	16.54
	100m:	1:13.45	21.22	200m:	2:32.29	20.41	300m:	4:02.78	23.45	400m:	5:07.72	15.65
12.				2010	I		" "	+0,75	5:14.76	415	2	
	25m:	15.65	15.65	125m:	1:34.44	20.08	225m:	2:56.72	22.19	325m:	4:23.65	17.13
	50m:	35.13	19.48	150m:	1:54.25	19.81	250m:	3:20.41	23.69	350m:	4:41.13	17.48
	75m:	53.33	18.20	175m:	2:13.89	19.64	275m:	3:42.51	22.10	375m:	4:58.37	17.24
	100m:	1:14.36	21.03	200m:	2:34.53	20.64	300m:	4:06.52	24.01	400m:	5:14.76	16.39
13.				2011				+0,85	5:16.77	407	2	
	25m:	15.28	15.28	125m:	1:33.77	21.67	225m:	2:57.71	23.30	325m:	4:24.30	17.58
	50m:	33.86	18.58	150m:	1:54.24	20.47	250m:	3:20.60	22.89	350m:	4:42.09	17.79
	75m:	53.68	19.82	175m:	2:14.58	20.34	275m:	3:43.58	22.98	375m:	5:00.02	17.93
	100m:	1:12.10	18.42	200m:	2:34.41	19.83	300m:	4:06.72	23.14	400m:	5:16.77	16.75
14.				2011	II			+0,78	5:21.97	387	2	
	25m:	15.43	15.43	125m:	1:34.29	20.68	225m:	2:57.39	24.65	325m:	4:27.16	18.76
	50m:	33.52	18.09	150m:	1:53.59	19.30	250m:	3:20.88	23.49	350m:	4:45.28	18.12
	75m:	53.25	19.73	175m:	2:13.50	19.91	275m:	3:44.84	23.96	375m:	5:04.22	18.94
	100m:	1:13.61	20.36	200m:	2:32.74	19.24	300m:	4:08.40	23.56	400m:	5:21.97	17.75
15.				2006	II		179	+0,74	5:27.06	370	2	
	25m:	14.94	14.94	125m:	1:32.56	21.75	225m:	2:58.64	24.60	325m:	4:30.61	19.69
	50m:	32.88	17.94	150m:	1:53.31	20.75	250m:	3:22.40	23.76	350m:	4:49.62	19.01
	75m:	51.59	18.71	175m:	2:13.95	20.64	275m:	3:46.51	24.11	375m:	5:08.10	18.48
	100m:	1:10.81	19.22	200m:	2:34.04	20.09	300m:	4:10.92	24.41	400m:	5:27.06	18.96
16.				2011	II			+0,74	5:31.87	354	2	
	25m:	15.63	15.63	125m:	1:37.21	19.10	225m:	3:04.55	25.06	325m:	4:37.67	18.52
	50m:	35.33	19.70	150m:	1:57.54	20.33	250m:	3:30.21	25.66	350m:	4:55.93	18.26
	75m:	55.53	20.20	175m:	2:18.16	20.62	275m:	3:54.31	24.10	375m:	5:14.56	18.63
	100m:	1:18.11	22.58	200m:	2:39.49	21.33	300m:	4:19.15	24.84	400m:	5:31.87	17.31
17.				2011	II			+0,77	5:37.39	337	2	
	25m:	16.07	16.07	125m:	1:40.12	22.01	225m:	3:08.47	25.15	325m:	4:42.08	17.94
	50m:	35.35	19.28	150m:	2:00.66	20.54	250m:	3:34.42	25.95	350m:	5:00.57	18.49
	75m:	57.04	21.69	175m:	2:22.09	21.43	275m:	3:59.06	24.64	375m:	5:19.37	18.80
	100m:	1:18.11	21.07	200m:	2:43.32	21.23	300m:	4:24.14	25.08	400m:	5:37.39	18.02
18.				2012	III			+0,69	5:42.25	322	2	
	25m:	16.37	16.37	125m:	1:43.62	22.14	225m:	3:10.50	24.12	325m:	4:46.03	19.14
	50m:	38.07	21.70	150m:	2:04.61	20.99	250m:	3:35.86	25.36	350m:	5:05.00	18.97
	75m:	59.29	21.22	175m:	2:24.81	20.20	275m:	4:01.73	25.87	375m:	5:24.20	19.20
	100m:	1:21.48	22.19	200m:	2:46.38	21.57	300m:	4:26.89	25.16	400m:	5:42.25	18.05
19.				2011	II			+0,87	5:52.64	295	3	
	25m:	17.24	17.24	125m:	1:45.87	24.13	225m:	3:19.86	25.18	325m:	4:55.02	20.14
	50m:	37.96	20.72	150m:	2:08.75	22.88	250m:	3:43.87	24.01	350m:	5:14.98	19.96
	75m:	1:00.14	22.18	175m:	2:31.16	22.41	275m:	4:09.47	25.60	375m:	5:33.89	18.91
	100m:	1:21.74	21.60	200m:	2:54.68	23.52	300m:	4:34.88	25.41	400m:	5:52.64	18.75
20.				2011	II		" "	+0,78	5:58.51	280	3	
	25m:	17.43	17.43	125m:	1:47.06	21.44	225m:	3:18.55	26.14	325m:	4:57.95	19.69
	50m:	38.90	21.47	150m:	2:08.89	21.83	250m:	3:45.09	26.54	350m:	5:18.28	20.33
	75m:	1:01.33	22.43	175m:	2:30.94	22.05	275m:	4:11.40	26.31	375m:	5:38.84	20.56
	100m:	1:25.62	24.29	200m:	2:52.41	21.47	300m:	4:38.26	26.86	400m:	5:58.51	19.67
DNS				2009	II							

22,		, 400m										
2007												
1.			2009 I				+0,81	4:50.93	525	1		
	25m:	13.88	13.88	125m:	1:27.75	19.99	225m:	2:43.98	19.45	325m:	4:01.54	16.98
	50m:	31.03	17.15	150m:	1:46.68	18.93	250m:	3:04.04	20.06	350m:	4:18.22	16.68
	75m:	49.09	18.06	175m:	2:05.55	18.87	275m:	3:24.02	19.98	375m:	4:35.26	17.04
	100m:	1:07.76	18.67	200m:	2:24.53	18.98	300m:	3:44.56	20.54	400m:	4:50.93	15.67
2.			2007 I				+0,68	4:57.90	489	1		
	25m:	14.14	14.14	125m:	1:27.26	19.00	225m:	2:44.30	21.26	325m:	4:06.75	18.01
	50m:	31.93	17.79	150m:	1:45.71	18.45	250m:	3:05.83	21.53	350m:	4:24.46	17.71
	75m:	49.74	17.81	175m:	2:04.76	19.05	275m:	3:27.12	21.29	375m:	4:42.25	17.79
	100m:	1:08.26	18.52	200m:	2:23.04	18.28	300m:	3:48.74	21.62	400m:	4:57.90	15.65
3.			2007 I		179		+0,75	4:59.51	481	1		
	25m:	13.91	13.91	125m:	2:03.38	57.17	225m:	3:31.87	1:09.59	325m:	4:43.55	50.16
	50m:	30.82	16.91	150m:	1:44.96		250m:	3:08.06		350m:	4:59.72	16.17
	75m:	48.49	17.67	175m:	2:45.53	1:00.57	275m:	4:10.47	1:02.41	400m:	4:59.51	
	100m:	1:06.21	17.72	200m:	2:22.28		300m:	3:53.39				
4.			2010 I		"		+0,72	5:00.97	474	1		
	25m:	14.86	14.86	125m:	1:29.76	20.63	225m:	2:49.94	22.01	325m:	4:12.00	16.62
	50m:	32.41	17.55	150m:	1:49.05	19.29	250m:	3:11.18	21.24	350m:	4:28.40	16.40
	75m:	50.59	18.18	175m:	2:08.91	19.86	275m:	3:33.62	22.44	375m:	4:45.21	16.81
	100m:	1:09.13	18.54	200m:	2:27.93	19.02	300m:	3:55.38	21.76	400m:	5:00.97	15.76
5.			2007 I		179		+0,73	5:01.54	472	1		
	25m:	13.65	13.65	125m:	1:27.51	21.11	225m:	2:47.86	21.88	325m:	4:10.09	17.41
	50m:	30.26	16.61	150m:	1:47.08	19.57	250m:	3:09.26	21.40	350m:	4:27.75	17.66
	75m:	47.86	17.60	175m:	2:06.71	19.63	275m:	3:31.16	21.90	375m:	4:45.29	17.54
	100m:	1:06.40	18.54	200m:	2:25.98	19.27	300m:	3:52.68	21.52	400m:	5:01.54	16.25
6.			2010 II				+0,76	5:03.02	465	1		
	25m:	14.47	14.47	125m:	1:27.38	19.36	225m:	2:46.03	19.88	325m:	4:09.74	
	50m:	32.06	17.59	150m:	1:46.55	19.17	250m:	3:07.81	21.78	350m:	5:05.40	55.66
	75m:	48.54	16.48	175m:	2:06.04	19.49	275m:	3:29.59	21.78	375m:	4:45.78	
	100m:	1:08.02	19.48	200m:	2:26.15	20.11	300m:	4:27.79	58.20	400m:	5:03.02	17.24
7.			2008				+0,81	5:04.67	457	1		
	25m:	14.41	14.41	125m:	1:31.95	20.39	225m:	2:51.05	20.55	325m:	4:14.76	17.52
	50m:	32.11	17.70	150m:	1:51.20	19.25	250m:	3:12.91	21.86	350m:	4:31.60	16.84
	75m:	50.97	18.86	175m:	2:10.52	19.32	275m:	3:34.85	21.94	375m:	4:48.55	16.95
	100m:	1:11.56	20.59	200m:	2:30.50	19.98	300m:	3:57.24	22.39	400m:	5:04.67	16.12
8.			2010 II				+0,75	5:05.03	456	2		
	25m:	14.46	14.46	125m:	1:29.54	20.07	225m:	2:49.50	21.54	325m:	4:13.78	17.35
	50m:	32.09	17.63	150m:	1:49.44	19.90	250m:	3:11.60	22.10	350m:	4:31.01	17.23
	75m:	50.54	18.45	175m:	2:08.87	19.43	275m:	3:33.67	22.07	375m:	4:48.22	17.21
	100m:	1:09.47	18.93	200m:	2:27.96	19.09	300m:	3:56.43	22.76	400m:	5:05.03	16.81
9.			2009 I				+0,70	5:05.47	454	2		
	25m:	14.74	14.74	125m:	1:30.51	19.84	225m:	2:49.82	22.01	325m:	4:14.06	16.94
	50m:	32.60	17.86	150m:	1:49.47	18.96	250m:	3:11.89	22.07	350m:	4:31.30	17.24
	75m:	51.44	18.84	175m:	2:08.68	19.21	275m:	3:34.25	22.36	375m:	4:48.56	17.26
	100m:	1:10.67	19.23	200m:	2:27.81	19.13	300m:	3:57.12	22.87	400m:	5:05.47	16.91
10.			2010 I				+0,68	5:07.72	444	2		
	25m:	14.80	14.80	125m:	1:32.61	19.16	225m:	2:54.41	22.12	325m:	4:18.90	16.12
	50m:	34.04	19.24	150m:	1:52.10	19.49	250m:	3:16.94	22.53	350m:	4:35.53	16.63
	75m:	52.23	18.19	175m:	2:11.88	19.78	275m:	3:39.33	22.39	375m:	4:52.07	16.54
	100m:	1:13.45	21.22	200m:	2:32.29	20.41	300m:	4:02.78	23.45	400m:	5:07.72	15.65
11.			2010 I		"		+0,75	5:14.76	415	2		
	25m:	15.65	15.65	125m:	1:34.44	20.08	225m:	2:56.72	22.19	325m:	4:23.65	17.13
	50m:	35.13	19.48	150m:	1:54.25	19.81	250m:	3:20.41	23.69	350m:	4:41.13	17.48
	75m:	53.33	18.20	175m:	2:13.89	19.64	275m:	3:42.51	22.10	375m:	4:58.37	17.24
	100m:	1:14.36	21.03	200m:	2:34.53	20.64	300m:	4:06.52	24.01	400m:	5:14.76	16.39

22,		, 400m				, 2007				R.T.	
12.				/							
				2011						+0,85	5:16.77 407 2
	25m:	15.28	15.28	125m:	1:33.77	21.67	225m:	2:57.71	23.30	325m:	4:24.30 17.58
	50m:	33.86	18.58	150m:	1:54.24	20.47	250m:	3:20.60	22.89	350m:	4:42.09 17.79
	75m:	53.68	19.82	175m:	2:14.58	20.34	275m:	3:43.58	22.98	375m:	5:00.02 17.93
	100m:	1:12.10	18.42	200m:	2:34.41	19.83	300m:	4:06.72	23.14	400m:	5:16.77 16.75
13.				2011 II						+0,78	5:21.97 387 2
	25m:	15.43	15.43	125m:	1:34.29	20.68	225m:	2:57.39	24.65	325m:	4:27.16 18.76
	50m:	33.52	18.09	150m:	1:53.59	19.30	250m:	3:20.88	23.49	350m:	4:45.28 18.12
	75m:	53.25	19.73	175m:	2:13.50	19.91	275m:	3:44.84	23.96	375m:	5:04.22 18.94
	100m:	1:13.61	20.36	200m:	2:32.74	19.24	300m:	4:08.40	23.56	400m:	5:21.97 17.75
14.				2011 II						+0,74	5:31.87 354 2
	25m:	15.63	15.63	125m:	1:37.21	19.10	225m:	3:04.55	25.06	325m:	4:37.67 18.52
	50m:	35.33	19.70	150m:	1:57.54	20.33	250m:	3:30.21	25.66	350m:	4:55.93 18.26
	75m:	55.53	20.20	175m:	2:18.16	20.62	275m:	3:54.31	24.10	375m:	5:14.56 18.63
	100m:	1:18.11	22.58	200m:	2:39.49	21.33	300m:	4:19.15	24.84	400m:	5:31.87 17.31
15.				2011 II						+0,77	5:37.39 337 2
	25m:	16.07	16.07	125m:	1:40.12	22.01	225m:	3:08.47	25.15	325m:	4:42.08 17.94
	50m:	35.35	19.28	150m:	2:00.66	20.54	250m:	3:34.42	25.95	350m:	5:00.57 18.49
	75m:	57.04	21.69	175m:	2:22.09	21.43	275m:	3:59.06	24.64	375m:	5:19.37 18.80
	100m:	1:18.11	21.07	200m:	2:43.32	21.23	300m:	4:24.14	25.08	400m:	5:37.39 18.02
16.				2012 III						+0,69	5:42.25 322 2
	25m:	16.37	16.37	125m:	1:43.62	22.14	225m:	3:10.50	24.12	325m:	4:46.03 19.14
	50m:	38.07	21.70	150m:	2:04.61	20.99	250m:	3:35.86	25.36	350m:	5:05.00 18.97
	75m:	59.29	21.22	175m:	2:24.81	20.20	275m:	4:01.73	25.87	375m:	5:24.20 19.20
	100m:	1:21.48	22.19	200m:	2:46.38	21.57	300m:	4:26.89	25.16	400m:	5:42.25 18.05
17.				2011 II						+0,87	5:52.64 295 3
	25m:	17.24	17.24	125m:	1:45.87	24.13	225m:	3:19.86	25.18	325m:	4:55.02 20.14
	50m:	37.96	20.72	150m:	2:08.75	22.88	250m:	3:43.87	24.01	350m:	5:14.98 19.96
	75m:	1:00.14	22.18	175m:	2:31.16	22.41	275m:	4:09.47	25.60	375m:	5:33.89 18.91
	100m:	1:21.74	21.60	200m:	2:54.68	23.52	300m:	4:34.88	25.41	400m:	5:52.64 18.75
18.				2011 II			"	"		+0,78	5:58.51 280 3
	25m:	17.43	17.43	125m:	1:47.06	21.44	225m:	3:18.55	26.14	325m:	4:57.95 19.69
	50m:	38.90	21.47	150m:	2:08.89	21.83	250m:	3:45.09	26.54	350m:	5:18.28 20.33
	75m:	1:01.33	22.43	175m:	2:30.94	22.05	275m:	4:11.40	26.31	375m:	5:38.84 20.56
	100m:	1:25.62	24.29	200m:	2:52.41	21.47	300m:	4:38.26	26.86	400m:	5:58.51 19.67
DNS				2009 II							