

24
27.10.2023 - 13:03

, 1500m

: FINA 2022

R.T.

1.			2006					16:48.70	591			
	25m:	14.49	14.49	400m:	4:26.91	16.89	775m:	8:41.93	17.14	1150m:	12:55.62	17.15
	50m:	30.14	15.65	425m:	4:44.11	17.20	800m:	8:58.64	16.71	1175m:	13:12.61	16.99
	75m:	46.41	16.27	450m:	5:01.15	17.04	825m:	9:16.06	17.42	1200m:	13:29.37	16.76
	100m:	1:03.18	16.77	475m:	5:17.98	16.83	850m:	9:33.07	17.01	1225m:	13:46.19	16.82
	125m:	1:20.23	17.05	500m:	5:35.15	17.17	875m:	9:50.14	17.07	1250m:	14:03.21	17.02
	150m:	1:37.23	17.00	525m:	5:51.96	16.81	900m:	10:06.76	16.62	1275m:	14:19.99	16.78
	175m:	1:54.30	17.07	550m:	6:08.78	16.82	925m:	10:24.01	17.25	1300m:	14:36.83	16.84
	200m:	2:11.34	17.04	575m:	6:25.84	17.06	950m:	10:40.80	16.79	1325m:	14:53.64	16.81
	225m:	2:28.52	17.18	600m:	6:42.83	16.99	975m:	10:57.35	16.55	1350m:	15:10.34	16.70
	250m:	2:45.40	16.88	625m:	7:00.00	17.17	1000m:	11:13.93	16.58	1375m:	15:27.49	17.15
	275m:	3:02.13	16.73	650m:	7:16.79	16.79	1025m:	11:30.85	16.92	1400m:	15:43.93	16.44
	300m:	3:19.24	17.11	675m:	7:33.76	16.97	1050m:	11:47.82	16.97	1425m:	16:00.21	16.28
	325m:	3:36.24	17.00	700m:	7:50.76	17.00	1075m:	12:04.73	16.91	1450m:	16:16.92	16.71
	350m:	3:53.23	16.99	725m:	8:07.75	16.99	1100m:	12:21.61	16.88	1475m:	16:32.93	16.01
	375m:	4:10.02	16.79	750m:	8:24.79	17.04	1125m:	12:38.47	16.86	1500m:	16:48.70	15.77
2.			2008	I						17:06.91	560	
	25m:	15.49	15.49	350m:	3:59.58		675m:	10:36.35	2:00.15	1000m:	12:36.58	
	50m:	31.96	16.47	375m:	7:10.32	3:10.74	700m:	9:10.43		1050m:	13:10.99	34.41
	75m:	48.79	16.83	400m:	5:44.98		725m:	11:45.16	2:34.73	1100m:	13:45.15	34.16
	100m:	1:05.90	17.11	425m:	7:44.51	1:59.53	750m:	9:44.78		1150m:	14:19.49	34.34
	125m:	1:57.73	51.83	450m:	6:18.91		775m:	12:19.17	2:34.39	1200m:	14:53.47	33.98
	150m:	1:40.49		475m:	8:18.88	1:59.97	800m:	10:19.25		1250m:	15:27.13	33.66
	175m:	2:32.53	52.04	500m:	6:53.24		825m:	12:53.83	2:34.58	1300m:	16:01.31	34.18
	200m:	2:15.13		525m:	8:53.29	2:00.05	850m:	10:53.74		1325m:	16:18.22	16.91
	225m:	3:41.77	1:26.64	550m:	7:27.39		875m:	13:27.97	2:34.23	1350m:	16:35.56	17.34
	250m:	2:49.96		575m:	9:27.44	2:00.05	900m:	11:28.27		1375m:	16:51.69	16.13
	275m:	6:01.99	3:12.03	600m:	8:01.72		925m:	14:02.11	2:33.84	1400m:	17:07.03	15.34
	300m:	3:24.65		625m:	10:01.87	2:00.15	950m:	12:02.06		1450m:	17:52.45	45.42
	325m:	6:35.98	3:11.33	650m:	8:36.20		975m:	14:36.35	2:34.29	1500m:	17:06.91	
3.			2008							17:23.66	534	1
	25m:	14.95	14.95	400m:	4:29.22	17.11	775m:	8:51.55	17.53	1150m:	13:18.57	18.01
	50m:	31.38	16.43	425m:	4:46.34	17.12	800m:	9:09.39	17.84	1175m:	13:36.53	17.96
	75m:	48.04	16.66	450m:	5:03.69	17.35	825m:	9:27.11	17.72	1200m:	13:54.51	17.98
	100m:	1:05.12	17.08	475m:	5:20.86	17.17	850m:	9:44.81	17.70	1225m:	14:12.29	17.78
	125m:	1:22.14	17.02	500m:	5:38.21	17.35	875m:	10:02.59	17.78	1250m:	14:30.14	17.85
	150m:	1:39.25	17.11	525m:	5:55.63	17.42	900m:	10:20.09	17.50	1275m:	14:47.92	17.78
	175m:	1:56.04	16.79	550m:	6:12.92	17.29	925m:	10:37.85	17.76	1300m:	15:05.72	17.80
	200m:	2:12.87	16.83	575m:	6:30.21	17.29	950m:	10:55.67	17.82	1325m:	15:23.12	17.40
	225m:	2:29.71	16.84	600m:	6:47.85	17.64	975m:	11:13.16	17.49	1350m:	15:40.64	17.52
	250m:	2:46.81	17.10	625m:	7:05.31	17.46	1000m:	11:30.85	17.69	1375m:	15:58.10	17.46
	275m:	3:03.60	16.79	650m:	7:23.17	17.86	1025m:	11:48.59	17.74	1400m:	16:15.86	17.76
	300m:	3:20.85	17.25	675m:	7:40.68	17.51	1050m:	12:06.56	17.97	1425m:	16:33.48	17.62
	325m:	3:37.87	17.02	700m:	7:58.58	17.90	1075m:	12:24.46	17.90	1450m:	16:51.02	17.54
	350m:	3:55.15	17.28	725m:	8:16.47	17.89	1100m:	12:42.68	18.22	1475m:	17:07.93	16.91
	375m:	4:12.11	16.96	750m:	8:34.02	17.55	1125m:	13:00.56	17.88	1500m:	17:23.66	15.73
4.			2008	I						+0,50 17:28.31	527	1
	25m:	15.32	15.32	300m:	3:25.37	17.35	575m:	6:39.79	17.64	850m:	9:54.79	17.71
	50m:	31.36	16.04	325m:	3:43.34	17.97	600m:	6:57.60	17.81	875m:	10:12.36	17.57
	75m:	48.38	17.02	350m:	4:00.82	17.48	625m:	7:15.42	17.82	900m:	10:30.09	17.73
	100m:	1:05.17	16.79	375m:	4:18.87	18.05	650m:	7:32.87	17.45	925m:	10:47.82	17.73
	125m:	1:22.57	17.40	400m:	4:36.35	17.48	675m:	7:50.37	17.50	950m:	11:05.35	17.53
	150m:	1:39.91	17.34	425m:	4:53.85	17.50	700m:	8:08.11	17.74	975m:	11:22.83	17.48
	175m:	1:57.51	17.60	450m:	5:11.03	17.18	725m:	8:25.98	17.87	1000m:	11:40.92	18.09
	200m:	2:15.09	17.58	475m:	5:28.85	17.82	750m:	8:43.80	17.82	1025m:	11:58.55	17.63
	225m:	2:32.68	17.59	500m:	5:46.74	17.89	775m:	9:01.27	17.47	1050m:	12:16.09	17.54
	250m:	2:50.33	17.65	525m:	6:04.73	17.99	800m:	9:19.03	17.76	1075m:	12:33.38	17.29
	275m:	3:08.02	17.69	550m:	6:22.15	17.42	825m:	9:37.08	18.05	1100m:	12:50.83	17.45

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R.T.

1125m:	13:08.56	17.73	1225m:	14:19.25	17.50	1325m:	15:29.24	17.09	1425m:	16:39.02	16.93
1150m:	13:26.31	17.75	1250m:	14:36.72	17.47	1350m:	15:46.81	17.57	1450m:	16:55.93	16.91
1175m:	13:44.10	17.79	1275m:	14:54.46	17.74	1375m:	16:04.42	17.61	1475m:	17:12.30	16.37
1200m:	14:01.75	17.65	1300m:	15:12.15	17.69	1400m:	16:22.09	17.67	1500m:	17:28.31	16.01

5.			2008	I	"	"	17:29.03	526	1			
	25m:	15.06	15.06	400m:	4:32.37	17.74	775m:	8:56.64	17.43	1150m:	13:22.78	17.74
	50m:	30.77	15.71	425m:	4:49.94	17.57	800m:	9:14.56	17.92	1175m:	13:40.48	17.70
	75m:	47.34	16.57	450m:	5:07.43	17.49	825m:	9:32.23	17.67	1200m:	13:58.55	18.07
	100m:	1:04.22	16.88	475m:	5:25.05	17.62	850m:	9:49.96	17.73	1225m:	14:15.90	17.35
	125m:	1:21.17	16.95	500m:	5:42.66	17.61	875m:	10:07.65	17.69	1250m:	14:33.47	17.57
	150m:	1:38.29	17.12	525m:	6:00.25	17.59	900m:	10:25.53	17.88	1275m:	14:51.10	17.63
	175m:	1:55.56	17.27	550m:	6:17.86	17.61	925m:	10:43.16	17.63	1300m:	15:09.36	18.26
	200m:	2:13.04	17.48	575m:	6:35.67	17.81	950m:	11:00.98	17.82	1325m:	15:26.90	17.54
	225m:	2:30.34	17.30	600m:	6:53.46	17.79	975m:	11:18.52	17.54	1350m:	15:44.83	17.93
	250m:	2:47.66	17.32	625m:	7:10.87	17.41	1000m:	11:36.55	18.03	1375m:	16:02.45	17.62
	275m:	3:05.04	17.38	650m:	7:28.67	17.80	1025m:	11:54.28	17.73	1400m:	16:20.18	17.73
	300m:	3:22.40	17.36	675m:	7:46.13	17.46	1050m:	12:12.01	17.73	1425m:	16:37.48	17.30
	325m:	3:39.74	17.34	700m:	8:03.97	17.84	1075m:	12:29.58	17.57	1450m:	16:55.26	17.78
	350m:	3:57.23	17.49	725m:	8:21.33	17.36	1100m:	12:47.38	17.80	1475m:	17:12.69	17.43
	375m:	4:14.63	17.40	750m:	8:39.21	17.88	1125m:	13:05.04	17.66	1500m:	17:29.03	16.34

6.			2008	I			17:30.38	524	1			
	25m:	14.64	14.64	400m:	4:29.85	17.43	775m:	8:53.36	17.91	1150m:	13:20.71	17.74
	50m:	30.12	15.48	425m:	4:47.37	17.52	800m:	9:11.00	17.64	1175m:	13:39.02	18.31
	75m:	46.05	15.93	450m:	5:05.18	17.81	825m:	9:28.57	17.57	1200m:	13:57.04	18.02
	100m:	1:02.37	16.32	475m:	5:22.66	17.48	850m:	9:46.39	17.82	1225m:	14:15.17	18.13
	125m:	1:19.02	16.65	500m:	5:40.17	17.51	875m:	10:04.24	17.85	1250m:	14:33.24	18.07
	150m:	1:36.09	17.07	525m:	5:57.72	17.55	900m:	10:21.82	17.58	1275m:	14:51.33	18.09
	175m:	1:53.01	16.92	550m:	6:14.94	17.22	925m:	10:39.72	17.90	1300m:	15:09.35	18.02
	200m:	2:10.20	17.19	575m:	6:32.43	17.49	950m:	10:57.41	17.69	1325m:	15:27.33	17.98
	225m:	2:27.57	17.37	600m:	6:49.93	17.50	975m:	11:15.13	17.72	1350m:	15:45.19	17.86
	250m:	2:45.05	17.48	625m:	7:07.64	17.71	1000m:	11:33.13	18.00	1375m:	16:03.41	18.22
	275m:	3:02.51	17.46	650m:	7:25.21	17.57	1025m:	11:51.42	18.29	1400m:	16:21.30	17.89
	300m:	3:19.85	17.34	675m:	7:42.99	17.78	1050m:	12:08.87	17.45	1425m:	16:38.99	17.69
	325m:	3:37.50	17.65	700m:	8:00.22	17.23	1075m:	12:27.19	18.32	1450m:	16:56.79	17.80
	350m:	3:54.86	17.36	725m:	8:17.90	17.68	1100m:	12:45.06	17.87	1475m:	17:13.69	16.90
	375m:	4:12.42	17.56	750m:	8:35.45	17.55	1125m:	13:02.97	17.91	1500m:	17:30.38	16.69

7.			2009	I			17:42.46	506	1			
	25m:	14.98	14.98	400m:	4:37.77	17.88	775m:	9:04.25	17.75	1150m:	13:32.87	17.90
	50m:	31.09	16.11	425m:	4:55.41	17.64	800m:	9:22.00	17.75	1175m:	13:50.83	17.96
	75m:	47.96	16.87	450m:	5:13.22	17.81	825m:	9:39.84	17.84	1200m:	14:08.88	18.05
	100m:	1:05.10	17.14	475m:	5:30.95	17.73	850m:	9:57.73	17.89	1225m:	14:27.08	18.20
	125m:	1:22.76	17.66	500m:	5:48.68	17.73	875m:	10:15.66	17.93	1250m:	14:45.27	18.19
	150m:	1:40.23	17.47	525m:	6:06.50	17.82	900m:	10:33.52	17.86	1275m:	15:03.08	17.81
	175m:	1:58.12	17.89	550m:	6:24.15	17.65	925m:	10:51.40	17.88	1300m:	15:21.07	17.99
	200m:	2:15.75	17.63	575m:	6:41.89	17.74	950m:	11:09.33	17.93	1325m:	15:39.10	18.03
	225m:	2:33.39	17.64	600m:	6:59.74	17.85	975m:	11:27.19	17.86	1350m:	15:57.02	17.92
	250m:	2:51.00	17.61	625m:	7:17.45	17.71	1000m:	11:45.25	18.06	1375m:	16:14.81	17.79
	275m:	3:08.90	17.90	650m:	7:35.26	17.81	1025m:	12:03.12	17.87	1400m:	16:32.92	18.11
	300m:	3:26.58	17.68	675m:	7:52.83	17.57	1050m:	12:21.00	17.88	1425m:	16:50.68	17.76
	325m:	3:44.36	17.78	700m:	8:10.87	18.04	1075m:	12:38.91	17.91	1450m:	17:08.39	17.71
	350m:	4:02.08	17.72	725m:	8:28.70	17.83	1100m:	12:57.06	18.15	1475m:	17:25.91	17.52
	375m:	4:19.89	17.81	750m:	8:46.50	17.80	1125m:	13:14.97	17.91	1500m:	17:42.46	16.55

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R.T.

8.			2007					17:47.96	498	1		
	25m:	15.38	15.38	400m:	4:45.52	18.22	850m:	10:15.86	18.22	1200m:	14:21.53	17.86
	50m:	32.29	16.91	450m:	5:22.24	36.72	875m:	10:34.39	18.53	1225m:	15:13.66	52.13
	75m:	49.72	17.43	475m:	6:17.93	55.69	900m:	10:53.13	18.74	1250m:	14:56.21	
	100m:	1:07.51	17.79	500m:	5:59.38		925m:	11:11.07	17.94	1275m:	15:48.19	51.98
	125m:	2:01.96	54.45	550m:	6:36.19	36.81	950m:	11:29.97	18.90	1300m:	16:05.63	17.44
	150m:	1:43.58		600m:	7:13.09	36.90	975m:	11:47.72	17.75	1325m:	16:23.10	17.47
	175m:	2:38.05	54.47	625m:	8:08.31	55.22	1000m:	12:04.80	17.08	1350m:	16:41.04	17.94
	200m:	2:20.00		650m:	7:50.19		1025m:	12:21.52	16.72	1400m:	17:15.02	33.98
	225m:	3:14.22	54.22	675m:	8:44.78	54.59	1050m:	12:38.74	17.22	1425m:	17:31.40	16.38
	250m:	2:56.01		700m:	8:26.67		1075m:	12:55.55	16.81	1450m:	17:47.99	16.59
	300m:	3:32.73	36.72	725m:	9:21.59	54.92	1100m:	13:12.66	17.11	1500m:	17:47.96	
	325m:	4:27.80	55.07	750m:	9:03.43		1125m:	13:29.69	17.03			
	350m:	4:09.42		800m:	9:39.42	35.99	1150m:	13:46.76	17.07			
	375m:	5:03.55	54.13	825m:	9:57.64	18.22	1175m:	14:03.67	16.91			
9.			2007					17:52.80	491	1		
	25m:	15.21	15.21	400m:	4:36.14	17.59	775m:	9:07.12	18.08	1150m:	13:42.39	18.36
	50m:	31.47	16.26	425m:	4:53.58	17.44	800m:	9:25.10	17.98	1175m:	14:01.26	18.87
	75m:	48.09	16.62	450m:	5:11.31	17.73	825m:	9:43.48	18.38	1200m:	14:20.11	18.85
	100m:	1:04.94	16.85	475m:	5:29.13	17.82	850m:	10:02.18	18.70	1225m:	14:38.17	18.06
	125m:	1:22.02	17.08	500m:	5:47.42	18.29	875m:	10:20.62	18.44	1250m:	14:56.61	18.44
	150m:	1:39.38	17.36	525m:	6:05.60	18.18	900m:	10:39.39	18.77	1275m:	15:14.44	17.83
	175m:	1:57.06	17.68	550m:	6:23.53	17.93	925m:	10:57.53	18.14	1300m:	15:32.53	18.09
	200m:	2:15.13	18.07	575m:	6:41.61	18.08	950m:	11:15.74	18.21	1325m:	15:50.93	18.40
	225m:	2:32.51	17.38	600m:	6:59.59	17.98	975m:	11:33.93	18.19	1350m:	16:09.11	18.18
	250m:	2:50.24	17.73	625m:	7:17.55	17.96	1000m:	11:52.60	18.67	1375m:	16:27.40	18.29
	275m:	3:07.63	17.39	650m:	7:35.69	18.14	1025m:	12:11.24	18.64	1400m:	16:45.60	18.20
	300m:	3:25.30	17.67	675m:	7:53.95	18.26	1050m:	12:29.66	18.42	1425m:	17:03.25	17.65
	325m:	3:42.88	17.58	700m:	8:12.08	18.13	1075m:	12:47.63	17.97	1450m:	17:21.27	18.02
	350m:	4:00.88	18.00	725m:	8:30.22	18.14	1100m:	13:05.80	18.17	1475m:	17:38.57	17.30
	375m:	4:18.55	17.67	750m:	8:49.04	18.82	1125m:	13:24.03	18.23	1500m:	17:52.80	14.23
10.			2008				I	18:01.26	480	1		
	25m:	14.70	14.70	400m:	4:42.14	18.33	775m:	9:14.27	18.00	1150m:	13:47.90	18.49
	50m:	30.89	16.19	425m:	5:00.24	18.10	800m:	9:32.54	18.27	1175m:	14:06.05	18.15
	75m:	47.81	16.92	450m:	5:18.48	18.24	825m:	9:50.59	18.05	1200m:	14:24.27	18.22
	100m:	1:04.97	17.16	475m:	5:36.67	18.19	850m:	10:08.72	18.13	1225m:	14:42.64	18.37
	125m:	1:22.35	17.38	500m:	5:55.06	18.39	875m:	10:26.89	18.17	1250m:	15:00.73	18.09
	150m:	1:40.13	17.78	525m:	6:13.59	18.53	900m:	10:45.23	18.34	1275m:	15:18.84	18.11
	175m:	1:58.12	17.99	550m:	6:31.80	18.21	925m:	11:03.35	18.12	1300m:	15:37.06	18.22
	200m:	2:16.29	18.17	575m:	6:50.04	18.24	950m:	11:21.89	18.54	1325m:	15:55.18	18.12
	225m:	2:34.39	18.10	600m:	7:08.05	18.01	975m:	11:39.96	18.07	1350m:	16:13.39	18.21
	250m:	2:53.10	18.71	625m:	7:25.94	17.89	1000m:	11:58.12	18.16	1375m:	16:31.80	18.41
	275m:	3:11.27	18.17	650m:	7:43.87	17.93	1025m:	12:16.54	18.42	1400m:	16:49.68	17.88
	300m:	3:29.31	18.04	675m:	8:01.92	18.05	1050m:	12:34.79	18.25	1425m:	17:07.94	18.26
	325m:	3:47.49	18.18	700m:	8:20.06	18.14	1075m:	12:53.07	18.28	1450m:	17:26.12	18.18
	350m:	4:05.76	18.27	725m:	8:37.95	17.89	1100m:	13:11.32	18.25	1475m:	17:44.01	17.89
	375m:	4:23.81	18.05	750m:	8:56.27	18.32	1125m:	13:29.41	18.09	1500m:	18:01.26	17.25
11.			2009				I	18:02.49	478	1		
	25m:	15.60	15.60	400m:	4:42.77	18.22	775m:	9:15.15	18.15	1150m:	13:48.67	18.27
	50m:	32.05	16.45	425m:	5:00.96	18.19	800m:	9:33.29	18.14	1175m:	14:06.86	18.19
	75m:	49.16	17.11	450m:	5:19.26	18.30	825m:	9:51.18	17.89	1200m:	14:25.18	18.32
	100m:	1:06.41	17.25	475m:	5:37.49	18.23	850m:	10:09.48	18.30	1225m:	14:43.57	18.39
	125m:	1:23.92	17.51	500m:	5:55.83	18.34	875m:	10:27.69	18.21	1250m:	15:01.91	18.34
	150m:	1:41.59	17.67	525m:	6:14.11	18.28	900m:	10:46.10	18.41	1275m:	15:20.25	18.34
	175m:	1:59.71	18.12	550m:	6:32.36	18.25	925m:	11:04.49	18.39	1300m:	15:38.57	18.32
	200m:	2:17.51	17.80	575m:	6:50.45	18.09	950m:	11:22.78	18.29	1325m:	15:56.86	18.29
	225m:	2:35.37	17.86	600m:	7:08.55	18.10	975m:	11:41.04	18.26	1350m:	16:15.48	18.62
	250m:	2:53.27	17.90	625m:	7:26.69	18.14	1000m:	11:59.37	18.33	1375m:	16:33.62	18.14
	275m:	3:11.53	18.26	650m:	7:44.69	18.00	1025m:	12:17.35	17.98	1400m:	16:51.84	18.22
	300m:	3:29.83	18.30	675m:	8:02.84	18.15	1050m:	12:35.61	18.26	1425m:	17:10.12	18.28
	325m:	3:47.87	18.04	700m:	8:20.84	18.00	1075m:	12:53.69	18.08	1450m:	17:28.42	18.30
	350m:	4:06.20	18.33	725m:	8:39.06	18.22	1100m:	13:12.34	18.65	1475m:	17:46.00	17.58
	375m:	4:24.55	18.35	750m:	8:57.00	17.94	1125m:	13:30.40	18.06	1500m:	18:02.49	16.49

.13

25

OMEGA ARES 21

24, , 1500m

R.T.

12.			2009	I	"	"	18:05.24	475	1			
	25m:	15.73	15.73	400m:	4:41.02	18.42	775m:	9:15.08	18.08	1150m:	13:49.99	17.85
	50m:	32.18	16.45	425m:	4:59.14	18.12	800m:	9:33.46	18.38	1175m:	14:08.39	18.40
	75m:	48.95	16.77	450m:	5:17.30	18.16	825m:	9:51.32	17.86	1200m:	14:26.84	18.45
	100m:	1:06.25	17.30	475m:	5:35.37	18.07	850m:	10:09.63	18.31	1225m:	14:45.36	18.52
	125m:	1:23.44	17.19	500m:	5:53.95	18.58	875m:	10:28.02	18.39	1250m:	15:04.01	18.65
	150m:	1:41.06	17.62	525m:	6:11.87	17.92	900m:	10:46.23	18.21	1275m:	15:22.63	18.62
	175m:	1:58.72	17.66	550m:	6:30.38	18.51	925m:	11:04.38	18.15	1300m:	15:41.37	18.74
	200m:	2:16.83	18.11	575m:	6:48.81	18.43	950m:	11:22.89	18.51	1325m:	15:59.50	18.13
	225m:	2:34.46	17.63	600m:	7:07.62	18.81	975m:	11:41.70	18.81	1350m:	16:17.97	18.47
	250m:	2:52.39	17.93	625m:	7:25.66	18.04	1000m:	12:00.25	18.55	1375m:	16:36.16	18.19
	275m:	3:10.16	17.77	650m:	7:44.03	18.37	1025m:	12:18.63	18.38	1400m:	16:54.46	18.30
	300m:	3:28.32	18.16	675m:	8:02.08	18.05	1050m:	12:37.07	18.44	1425m:	17:12.11	17.65
	325m:	3:46.47	18.15	700m:	8:20.84	18.76	1075m:	12:55.44	18.37	1450m:	17:30.16	18.05
	350m:	4:04.49	18.02	725m:	8:38.97	18.13	1100m:	13:14.11	18.67	1475m:	17:48.04	17.88
	375m:	4:22.60	18.11	750m:	8:57.00	18.03	1125m:	13:32.14	18.03	1500m:	18:05.24	17.20
13.			2008	I			18:08.58	470	1			
	25m:	15.16	15.16	400m:	4:38.52	17.98	775m:	9:14.26	18.45	1150m:	13:51.54	18.61
	50m:	31.50	16.34	425m:	4:56.86	18.34	800m:	9:32.65	18.39	1175m:	14:09.74	18.20
	75m:	47.93	16.43	450m:	5:15.12	18.26	825m:	9:51.07	18.42	1200m:	14:27.91	18.17
	100m:	1:05.21	17.28	475m:	5:33.23	18.11	850m:	10:09.59	18.52	1225m:	14:46.46	18.55
	125m:	1:22.29	17.08	500m:	5:51.51	18.28	875m:	10:27.93	18.34	1250m:	15:05.46	19.00
	150m:	1:39.53	17.24	525m:	6:10.26	18.75	900m:	10:46.32	18.39	1275m:	15:23.73	18.27
	175m:	1:57.18	17.65	550m:	6:28.55	18.29	925m:	11:04.69	18.37	1300m:	15:42.24	18.51
	200m:	2:14.83	17.65	575m:	6:47.01	18.46	950m:	11:23.44	18.75	1325m:	16:00.46	18.22
	225m:	2:32.47	17.64	600m:	7:05.23	18.22	975m:	11:41.82	18.38	1350m:	16:19.27	18.81
	250m:	2:50.40	17.93	625m:	7:23.63	18.40	1000m:	12:00.19	18.37	1375m:	16:37.83	18.56
	275m:	3:08.46	18.06	650m:	7:42.01	18.38	1025m:	12:18.45	18.26	1400m:	16:56.46	18.63
	300m:	3:26.56	18.10	675m:	8:00.57	18.56	1050m:	12:37.41	18.96	1425m:	17:14.67	18.21
	325m:	3:44.33	17.77	700m:	8:18.90	18.33	1075m:	12:55.66	18.25	1450m:	17:32.81	18.14
	350m:	4:02.41	18.08	725m:	8:37.25	18.35	1100m:	13:14.10	18.44	1475m:	17:51.02	18.21
	375m:	4:20.54	18.13	750m:	8:55.81	18.56	1125m:	13:32.93	18.83	1500m:	18:08.58	17.56
14.			2008	II			18:14.34	463	1			
15.			2010	2			18:18.36	458	2			
16.			2011	II	"	"	18:19.56	456	2			
17.			2011	II	"	"	18:20.99	455	2			
18.			2010	II	"	"	18:35.13	438	2			
19.			2007	I			18:43.05	428	2			
20.			2010	II			18:43.06	428	2			
21.			2009	II	"	"	18:44.31	427	2			
22.			2010	II	"	"	18:46.21	425	2			
23.			2011	II			18:53.64	416	2			
24.			2010	II	"	"	18:54.01	416	2			
25.			2011	II			18:59.80	410	2			
26.			2010	2			19:04.59	405	2			
27.			2011	2			19:16.32	392	2			
28.			2010	2			19:18.65	390	2			
29.			2011	2			19:22.02	387	2			
30.			2010	II			19:27.12	382	2			
31.			2010	II			19:35.24	374	2			
32.			2008	II			19:35.37	374	2			
33.			2010	II			19:36.42	373	2			
34.			2011	II			19:40.87	368	2			
35.			2011	2			19:45.89	364	2			
36.			2011	2			19:48.00	362	2			
37.			2012	II			19:49.14	361	2			
38.			2011	2			20:03.70	348	2			

24, , 1500m

R.T.

39.	,	2012	III					20:22.06	332	2
40.	,	2011	II					20:28.68	327	2
41.	,	2010	II		"	"		21:28.90	283	3
DNS	,	2011	2							
DNS	,	2010	I							
DNS	,	2012	III							
DNS	,	2010	II							
DNS	,	2010	I							

2007

1.	,	2008	I					17:06.91	560
25m:	15.49	15.49	350m:	3:59.58	675m:	10:36.35	2:00.15	1000m:	12:36.58
50m:	31.96	16.47	375m:	7:10.32	3:10.74	700m:	9:10.43	1050m:	13:10.99
75m:	48.79	16.83	400m:	5:44.98		725m:	11:45.16	1100m:	13:45.15
100m:	1:05.90	17.11	425m:	7:44.51	1:59.53	750m:	9:44.78	1150m:	14:19.49
125m:	1:57.73	51.83	450m:	6:18.91		775m:	12:19.17	1200m:	14:53.47
150m:	1:40.49		475m:	8:18.88	1:59.97	800m:	10:19.25	1250m:	15:27.13
175m:	2:32.53	52.04	500m:	6:53.24		825m:	12:53.83	1300m:	16:01.31
200m:	2:15.13		525m:	8:53.29	2:00.05	850m:	10:53.74	1325m:	16:18.22
225m:	3:41.77	1:26.64	550m:	7:27.39		875m:	13:27.97	1350m:	16:35.56
250m:	2:49.96		575m:	9:27.44	2:00.05	900m:	11:28.27	1375m:	16:51.69
275m:	6:01.99	3:12.03	600m:	8:01.72		925m:	14:02.11	1400m:	17:07.03
300m:	3:24.65		625m:	10:01.87	2:00.15	950m:	12:02.06	1450m:	17:52.45
325m:	6:35.98	3:11.33	650m:	8:36.20		975m:	14:36.35	1500m:	17:06.91

2.	,	2008						17:23.66	534	1
25m:	14.95	14.95	400m:	4:29.22	17.11	775m:	8:51.55	17.53	1150m:	13:18.57
50m:	31.38	16.43	425m:	4:46.34	17.12	800m:	9:09.39	17.84	1175m:	13:36.53
75m:	48.04	16.66	450m:	5:03.69	17.35	825m:	9:27.11	17.72	1200m:	13:54.51
100m:	1:05.12	17.08	475m:	5:20.86	17.17	850m:	9:44.81	17.70	1225m:	14:12.29
125m:	1:22.14	17.02	500m:	5:38.21	17.35	875m:	10:02.59	17.78	1250m:	14:30.14
150m:	1:39.25	17.11	525m:	5:55.63	17.42	900m:	10:20.09	17.50	1275m:	14:47.92
175m:	1:56.04	16.79	550m:	6:12.92	17.29	925m:	10:37.85	17.76	1300m:	15:05.72
200m:	2:12.87	16.83	575m:	6:30.21	17.29	950m:	10:55.67	17.82	1325m:	15:23.12
225m:	2:29.71	16.84	600m:	6:47.85	17.64	975m:	11:13.16	17.49	1350m:	15:40.64
250m:	2:46.81	17.10	625m:	7:05.31	17.46	1000m:	11:30.85	17.69	1375m:	15:58.10
275m:	3:03.60	16.79	650m:	7:23.17	17.86	1025m:	11:48.59	17.74	1400m:	16:15.86
300m:	3:20.85	17.25	675m:	7:40.68	17.51	1050m:	12:06.56	17.97	1425m:	16:33.48
325m:	3:37.87	17.02	700m:	7:58.58	17.90	1075m:	12:24.46	17.90	1450m:	16:51.02
350m:	3:55.15	17.28	725m:	8:16.47	17.89	1100m:	12:42.68	18.22	1475m:	17:07.93
375m:	4:12.11	16.96	750m:	8:34.02	17.55	1125m:	13:00.56	17.88	1500m:	17:23.66

3.	,	2008	I					+0,50 17:28.31	527	1
25m:	15.32	15.32	400m:	4:36.35	17.48	775m:	9:01.27	17.47	1150m:	13:26.31
50m:	31.36	16.04	425m:	4:53.85	17.50	800m:	9:19.03	17.76	1175m:	13:44.10
75m:	48.38	17.02	450m:	5:11.03	17.18	825m:	9:37.08	18.05	1200m:	14:01.75
100m:	1:05.17	16.79	475m:	5:28.85	17.82	850m:	9:54.79	17.71	1225m:	14:19.25
125m:	1:22.57	17.40	500m:	5:46.74	17.89	875m:	10:12.36	17.57	1250m:	14:36.72
150m:	1:39.91	17.34	525m:	6:04.73	17.99	900m:	10:30.09	17.73	1275m:	14:54.46
175m:	1:57.51	17.60	550m:	6:22.15	17.42	925m:	10:47.82	17.73	1300m:	15:12.15
200m:	2:15.09	17.58	575m:	6:39.79	17.64	950m:	11:05.35	17.53	1325m:	15:29.24
225m:	2:32.68	17.59	600m:	6:57.60	17.81	975m:	11:22.83	17.48	1350m:	15:46.81
250m:	2:50.33	17.65	625m:	7:15.42	17.82	1000m:	11:40.92	18.09	1375m:	16:04.42
275m:	3:08.02	17.69	650m:	7:32.87	17.45	1025m:	11:58.55	17.63	1400m:	16:22.09
300m:	3:25.37	17.35	675m:	7:50.37	17.50	1050m:	12:16.09	17.54	1425m:	16:39.02
325m:	3:43.34	17.97	700m:	8:08.11	17.74	1075m:	12:33.38	17.29	1450m:	16:55.93
350m:	4:00.82	17.48	725m:	8:25.98	17.87	1100m:	12:50.83	17.45	1475m:	17:12.30
375m:	4:18.87	18.05	750m:	8:43.80	17.82	1125m:	13:08.56	17.73	1500m:	17:28.31

24,		, 1500m		, 2007				R.T.				
4.				2008		"	"	17:29.03	526 1			
	25m:	15.06	15.06	400m:	4:32.37	17.74	775m:	8:56.64	17.43	1150m:	13:22.78	17.74
	50m:	30.77	15.71	425m:	4:49.94	17.57	800m:	9:14.56	17.92	1175m:	13:40.48	17.70
	75m:	47.34	16.57	450m:	5:07.43	17.49	825m:	9:32.23	17.67	1200m:	13:58.55	18.07
	100m:	1:04.22	16.88	475m:	5:25.05	17.62	850m:	9:49.96	17.73	1225m:	14:15.90	17.35
	125m:	1:21.17	16.95	500m:	5:42.66	17.61	875m:	10:07.65	17.69	1250m:	14:33.47	17.57
	150m:	1:38.29	17.12	525m:	6:00.25	17.59	900m:	10:25.53	17.88	1275m:	14:51.10	17.63
	175m:	1:55.56	17.27	550m:	6:17.86	17.61	925m:	10:43.16	17.63	1300m:	15:09.36	18.26
	200m:	2:13.04	17.48	575m:	6:35.67	17.81	950m:	11:00.98	17.82	1325m:	15:26.90	17.54
	225m:	2:30.34	17.30	600m:	6:53.46	17.79	975m:	11:18.52	17.54	1350m:	15:44.83	17.93
	250m:	2:47.66	17.32	625m:	7:10.87	17.41	1000m:	11:36.55	18.03	1375m:	16:02.45	17.62
	275m:	3:05.04	17.38	650m:	7:28.67	17.80	1025m:	11:54.28	17.73	1400m:	16:20.18	17.73
	300m:	3:22.40	17.36	675m:	7:46.13	17.46	1050m:	12:12.01	17.73	1425m:	16:37.48	17.30
	325m:	3:39.74	17.34	700m:	8:03.97	17.84	1075m:	12:29.58	17.57	1450m:	16:55.26	17.78
	350m:	3:57.23	17.49	725m:	8:21.33	17.36	1100m:	12:47.38	17.80	1475m:	17:12.69	17.43
	375m:	4:14.63	17.40	750m:	8:39.21	17.88	1125m:	13:05.04	17.66	1500m:	17:29.03	16.34
5.				2008				17:30.38	524 1			
	25m:	14.64	14.64	400m:	4:29.85	17.43	775m:	8:53.36	17.91	1150m:	13:20.71	17.74
	50m:	30.12	15.48	425m:	4:47.37	17.52	800m:	9:11.00	17.64	1175m:	13:39.02	18.31
	75m:	46.05	15.93	450m:	5:05.18	17.81	825m:	9:28.57	17.57	1200m:	13:57.04	18.02
	100m:	1:02.37	16.32	475m:	5:22.66	17.48	850m:	9:46.39	17.82	1225m:	14:15.17	18.13
	125m:	1:19.02	16.65	500m:	5:40.17	17.51	875m:	10:04.24	17.85	1250m:	14:33.24	18.07
	150m:	1:36.09	17.07	525m:	5:57.72	17.55	900m:	10:21.82	17.58	1275m:	14:51.33	18.09
	175m:	1:53.01	16.92	550m:	6:14.94	17.22	925m:	10:39.72	17.90	1300m:	15:09.35	18.02
	200m:	2:10.20	17.19	575m:	6:32.43	17.49	950m:	10:57.41	17.69	1325m:	15:27.33	17.98
	225m:	2:27.57	17.37	600m:	6:49.93	17.50	975m:	11:15.13	17.72	1350m:	15:45.19	17.86
	250m:	2:45.05	17.48	625m:	7:07.64	17.71	1000m:	11:33.13	18.00	1375m:	16:03.41	18.22
	275m:	3:02.51	17.46	650m:	7:25.21	17.57	1025m:	11:51.42	18.29	1400m:	16:21.30	17.89
	300m:	3:19.85	17.34	675m:	7:42.99	17.78	1050m:	12:08.87	17.45	1425m:	16:38.99	17.69
	325m:	3:37.50	17.65	700m:	8:00.22	17.23	1075m:	12:27.19	18.32	1450m:	16:56.79	17.80
	350m:	3:54.86	17.36	725m:	8:17.90	17.68	1100m:	12:45.06	17.87	1475m:	17:13.69	16.90
	375m:	4:12.42	17.56	750m:	8:35.45	17.55	1125m:	13:02.97	17.91	1500m:	17:30.38	16.69
6.				2009				17:42.46	506 1			
	25m:	14.98	14.98	400m:	4:37.77	17.88	775m:	9:04.25	17.75	1150m:	13:32.87	17.90
	50m:	31.09	16.11	425m:	4:55.41	17.64	800m:	9:22.00	17.75	1175m:	13:50.83	17.96
	75m:	47.96	16.87	450m:	5:13.22	17.81	825m:	9:39.84	17.84	1200m:	14:08.88	18.05
	100m:	1:05.10	17.14	475m:	5:30.95	17.73	850m:	9:57.73	17.89	1225m:	14:27.08	18.20
	125m:	1:22.76	17.66	500m:	5:48.68	17.73	875m:	10:15.66	17.93	1250m:	14:45.27	18.19
	150m:	1:40.23	17.47	525m:	6:06.50	17.82	900m:	10:33.52	17.86	1275m:	15:03.08	17.81
	175m:	1:58.12	17.89	550m:	6:24.15	17.65	925m:	10:51.40	17.88	1300m:	15:21.07	17.99
	200m:	2:15.75	17.63	575m:	6:41.89	17.74	950m:	11:09.33	17.93	1325m:	15:39.10	18.03
	225m:	2:33.39	17.64	600m:	6:59.74	17.85	975m:	11:27.19	17.86	1350m:	15:57.02	17.92
	250m:	2:51.00	17.61	625m:	7:17.45	17.71	1000m:	11:45.25	18.06	1375m:	16:14.81	17.79
	275m:	3:08.90	17.90	650m:	7:35.26	17.81	1025m:	12:03.12	17.87	1400m:	16:32.92	18.11
	300m:	3:26.58	17.68	675m:	7:52.83	17.57	1050m:	12:21.00	17.88	1425m:	16:50.68	17.76
	325m:	3:44.36	17.78	700m:	8:10.87	18.04	1075m:	12:38.91	17.91	1450m:	17:08.39	17.71
	350m:	4:02.08	17.72	725m:	8:28.70	17.83	1100m:	12:57.06	18.15	1475m:	17:25.91	17.52
	375m:	4:19.89	17.81	750m:	8:46.50	17.80	1125m:	13:14.97	17.91	1500m:	17:42.46	16.55
7.				2007				17:47.96	498 1			
	25m:	15.38	15.38	400m:	4:45.52		850m:	10:15.86	18.22	1200m:	14:21.53	17.86
	50m:	32.29	16.91	450m:	5:22.24	36.72	875m:	10:34.39	18.53	1225m:	15:13.66	52.13
	75m:	49.72	17.43	475m:	6:17.93	55.69	900m:	10:53.13	18.74	1250m:	14:56.21	
	100m:	1:07.51	17.79	500m:	5:59.38		925m:	11:11.07	17.94	1275m:	15:48.19	51.98
	125m:	2:01.96	54.45	550m:	6:36.19	36.81	950m:	11:29.97	18.90	1300m:	16:05.63	17.44
	150m:	1:43.58		600m:	7:13.09	36.90	975m:	11:47.72	17.75	1325m:	16:23.10	17.47
	175m:	2:38.05	54.47	625m:	8:08.31	55.22	1000m:	12:04.80	17.08	1350m:	16:41.04	17.94
	200m:	2:20.00		650m:	7:50.19		1025m:	12:21.52	16.72	1400m:	17:15.02	33.98
	225m:	3:14.22	54.22	675m:	8:44.78	54.59	1050m:	12:38.74	17.22	1425m:	17:31.40	16.38
	250m:	2:56.01		700m:	8:26.67		1075m:	12:55.55	16.81	1450m:	17:47.99	16.59
	300m:	3:32.73	36.72	725m:	9:21.59	54.92	1100m:	13:12.66	17.11	1500m:	17:47.96	
	325m:	4:27.80	55.07	750m:	9:03.43		1125m:	13:29.69	17.03			
	350m:	4:09.42		800m:	9:39.42	35.99	1150m:	13:46.76	17.07			
	375m:	5:03.55	54.13	825m:	9:57.64	18.22	1175m:	14:03.67	16.91			

24,	, 1500m	, 2007					R.T.	
1425m: 17:12.11	17.65	1450m: 17:30.16	18.05	1475m: 17:48.04	17.88	1500m: 18:05.24	17.20	
12.		2008 I				18:08.58	470 1	
25m: 15.16	15.16	400m: 4:38.52	17.98	775m: 9:14.26	18.45	1150m: 13:51.54	18.61	
50m: 31.50	16.34	425m: 4:56.86	18.34	800m: 9:32.65	18.39	1175m: 14:09.74	18.20	
75m: 47.93	16.43	450m: 5:15.12	18.26	825m: 9:51.07	18.42	1200m: 14:27.91	18.17	
100m: 1:05.21	17.28	475m: 5:33.23	18.11	850m: 10:09.59	18.52	1225m: 14:46.46	18.55	
125m: 1:22.29	17.08	500m: 5:51.51	18.28	875m: 10:27.93	18.34	1250m: 15:05.46	19.00	
150m: 1:39.53	17.24	525m: 6:10.26	18.75	900m: 10:46.32	18.39	1275m: 15:23.73	18.27	
175m: 1:57.18	17.65	550m: 6:28.55	18.29	925m: 11:04.69	18.37	1300m: 15:42.24	18.51	
200m: 2:14.83	17.65	575m: 6:47.01	18.46	950m: 11:23.44	18.75	1325m: 16:00.46	18.22	
225m: 2:32.47	17.64	600m: 7:05.23	18.22	975m: 11:41.82	18.38	1350m: 16:19.27	18.81	
250m: 2:50.40	17.93	625m: 7:23.63	18.40	1000m: 12:00.19	18.37	1375m: 16:37.83	18.56	
275m: 3:08.46	18.06	650m: 7:42.01	18.38	1025m: 12:18.45	18.26	1400m: 16:56.46	18.63	
300m: 3:26.56	18.10	675m: 8:00.57	18.56	1050m: 12:37.41	18.96	1425m: 17:14.67	18.21	
325m: 3:44.33	17.77	700m: 8:18.90	18.33	1075m: 12:55.66	18.25	1450m: 17:32.81	18.14	
350m: 4:02.41	18.08	725m: 8:37.25	18.35	1100m: 13:14.10	18.44	1475m: 17:51.02	18.21	
375m: 4:20.54	18.13	750m: 8:55.81	18.56	1125m: 13:32.93	18.83	1500m: 18:08.58	17.56	
13.		2008 II				18:14.34	463 1	
14.		2010 2				18:18.36	458 2	
15.		2011 II		" "		18:19.56	456 2	
16.		2011 II		" "		18:20.99	455 2	
17.		2010 II		" "		18:35.13	438 2	
18.		2007 I				18:43.05	428 2	
19.		2010 II				18:43.06	428 2	
20.		2009 II		" "		18:44.31	427 2	
21.		2010 II		" "		18:46.21	425 2	
22.		2011 II				18:53.64	416 2	
23.		2010 II		" "		18:54.01	416 2	
24.		2011 II				18:59.80	410 2	
25.		2010 2				19:04.59	405 2	
26.		2011 2				19:16.32	392 2	
27.		2010 2				19:18.65	390 2	
28.		2011 2				19:22.02	387 2	
29.		2010 II				19:27.12	382 2	
30.		2010 II				19:35.24	374 2	
31.		2008 II				19:35.37	374 2	
32.		2010 II				19:36.42	373 2	
33.		2011 II				19:40.87	368 2	
34.		2011 2				19:45.89	364 2	
35.		2011 2				19:48.00	362 2	
36.		2012 II				19:49.14	361 2	
37.		2011 2				20:03.70	348 2	
38.		2012 III				20:22.06	332 2	
39.		2011 II				20:28.68	327 2	
40.		2010 II		" "		21:28.90	283 3	
DNS		2011 2						
DNS		2010 I						
DNS		2012 III						
DNS		2010 II						
DNS		2010 I						

24, , 1500m

EXH			/					R.T.			
			2007			"	"		16:50.93	587	
25m:	14.31	14.31	400m:	4:25.65	16.94	775m:	8:39.67	17.02	1150m:	12:55.62	17.32
50m:	30.20	15.89	425m:	4:42.51	16.86	800m:	8:56.83	17.16	1175m:	13:12.66	17.04
75m:	46.50	16.30	450m:	4:59.38	16.87	825m:	9:13.54	16.71	1200m:	13:29.79	17.13
100m:	1:03.29	16.79	475m:	5:16.17	16.79	850m:	9:30.58	17.04	1225m:	13:46.91	17.12
125m:	1:20.10	16.81	500m:	5:33.14	16.97	875m:	9:47.48	16.90	1250m:	14:04.06	17.15
150m:	1:37.23	17.13	525m:	5:50.05	16.91	900m:	10:04.72	17.24	1275m:	14:21.11	17.05
175m:	1:54.04	16.81	550m:	6:07.18	17.13	925m:	10:21.74	17.02	1300m:	14:38.26	17.15
200m:	2:10.91	16.87	575m:	6:24.05	16.87	950m:	10:39.09	17.35	1325m:	14:54.98	16.72
225m:	2:27.44	16.53	600m:	6:41.00	16.95	975m:	10:55.81	16.72	1350m:	15:12.05	17.07
250m:	2:44.33	16.89	625m:	6:57.88	16.88	1000m:	11:13.00	17.19	1375m:	15:29.05	17.00
275m:	3:01.09	16.76	650m:	7:14.91	17.03	1025m:	11:29.82	16.82	1400m:	15:46.04	16.99
300m:	3:18.11	17.02	675m:	7:31.83	16.92	1050m:	11:46.93	17.11	1425m:	16:02.32	16.28
325m:	3:35.02	16.91	700m:	7:49.00	17.17	1075m:	12:03.81	16.88	1450m:	16:19.02	16.70
350m:	3:51.96	16.94	725m:	8:05.84	16.84	1100m:	12:21.19	17.38	1475m:	16:35.16	16.14
375m:	4:08.71	16.75	750m:	8:22.65	16.81	1125m:	12:38.30	17.11	1500m:	16:50.93	15.77