

2

1.	50 50	, 24.51 23.86	750 673	100 50	51.89 27.19	738 670	50	29.06	712	100	55.58	704	1488	2
2.	100	, 51.70	747	50	24.70	732	50	23.26	726	50	27.39	656	1479	2
3.	50 200	, 32.09 2:41.11	761 641	50 50	26.47 31.44	715 631	100	58.59	687	100	1:12.65	687	1476	2
4.	100	, 51.72	746	50	24.85	719	100	55.28	715	50	23.40	713	1465	2
5.	50	, 26.21	736	50	32.79	713	50	28.43	634	100	1:06.71	575	1449	2
6.	50	, 30.18	714	100	1:04.53	705	50	27.75	682	100	59.19	666	1419	2
7.	400	, 4:04.75	726	200	1:55.26	693	800	8:34.58	678				1419	2
8.	200	, 2:21.28	711	100	1:02.57	697	200	2:17.76	691				1408	2
9.	200 100	, 2:07.00 1:04.87	723 674	50 200	29.52 2:08.24	679 643	400	4:37.34	679	50	27.11	676	1402	2
10.	200	, 2:21.46	708	400	5:01.56	689	50	34.23	627	800	9:27.01	625	1397	2
11.	100	, 58.32	697	50	30.47	694	50	27.13	664				1391	2
12.	100 200	, 58.53 2:00.86	695 601	100	52.97	694	50	24.15	649	50	27.73	632	1389	2
13.	400	, 4:08.49	694	200	1:55.83	682	100	53.39	678				1376	2
14.	200	, 1:55.62	686	400	4:09.49	686	100	53.51	673				1372	2
15.	200	, 2:07.91	689	100	59.01	672	50	28.30	585	400	4:42.64	585	1361	2
16.	200	, 2:19.56	690	100	1:05.77	666	50	31.21	646				1356	2
17.	100	, 58.98	679	100	56.40	674	200	2:10.70	663				1353	2

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18.	200	2:08.40	681	400	4:30.73	666	800	9:28.20	621			1347	2
19.	100	58.76	681	50	27.15	662	200	2:11.02	641			1343	2
20.	100	53.55	672	100	56.70	663	200	1:58.54	637	50	24.45	1335	2
	100	1:00.70	623	200	-	-						625	
21.	200	1:56.50	671	400	4:12.38	663	200	2:09.21	629			1334	2
22.	400	4:12.41	662	400	4:40.47	657	200	2:13.81	585			1319	2
23.	50	23.76	681	200	1:58.95	630	200	2:09.39	626			1311	2
	50	25.10	698	100	55.20	613	50	24.67	608	100	58.83	1311	2
												593	
25.	1500	16:39.83	661	400	4:14.69	645	800	8:45.33	637	200	2:01.17	1306	2
	100	56.48	572									596	
26.	50	25.47	668	50	24.30	637						1305	2
	400	4:11.94	666	800	8:44.88	639	200	1:58.44	638	100	54.70	1305	2
												630	
28.	400	4:12.46	662	800	8:44.07	642						1304	2
29.	100	53.12	688	200	2:00.11	612	100	1:02.13	581	50	25.12	1300	2
												576	
30.	400	4:32.64	652	800	9:20.79	646	1500	17:49.74	637			1298	2
31.	50	24.09	653	100	54.51	637	50	26.22	612			1290	2
	1500	16:40.94	658	800	8:46.69	632	400	4:20.19	605	200	2:04.47	1290	2
												550	
33.	100	53.77	664	50	24.50	621	200	1:59.75	617	50	30.38	1285	2
												393	
34.	50	33.80	651	100	1:14.71	632	200	2:42.86	621	50	30.52	1283	2
	50	27.40	655	100	1:00.54	628	100	55.12	616			1283	2
36.	50	30.79	672	100	1:07.78	608	100	1:01.39	597	200	2:15.16	1280	2
	50	28.57	568	200	2:29.37	563						584	

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37.	400	4:12.17	664	200	1:59.92	615	800	8:56.44	598			1279	2	
38.	200	2:11.91	645	400	4:43.97	633	200	2:10.63	628	100	54.82	626	1278	2
39.	100	54.06	653	50	24.46	624	200	2:04.93	544				1277	2
40.	100	59.95	641	200	2:26.93	632	50	31.60	622	100	1:07.32	621	1273	2
	200	2:13.34	608	200	2:25.89	604								
41.	400	4:34.72	637	400	5:10.06	633	800	9:38.29	589				1270	2
42.	50	31.38	635	100	1:00.22	633	50	27.80	617	100	1:08.93	578	1268	2
43.	200	2:41.23	640	200	2:27.57	624	100	1:03.45	541				1264	2
44.	50	30.19	635	100	54.84	625	50	25.22	569	50	26.89	568	1260	2
	50	29.28	537	100	1:01.95	508								
45.	200	2:11.77	630	100	1:14.87	628	50	34.38	618	100	1:01.52	593	1258	2
	50	28.28	586											
46.	100	1:00.38	633	50	27.91	620	200	2:15.92	558	100	1:00.44	547	1253	2
47.	200	2:11.10	640	200	2:23.47	612	100	1:05.65	603	200	2:31.31	579	1252	2
48.	100	53.79	663	200	2:01.93	585	50	25.12	576	400	4:24.43	576	1248	2
49.	50	27.82	626	100	1:00.76	621	50	25.56	547				1247	2
50.	100	54.58	634	50	24.65	610	200	2:00.33	609	200	2:14.92	603	1244	2
51.	100	1:00.03	639	50	27.99	604	50	32.03	597	100	1:11.94	509	1243	2
52.	200	2:22.91	643	50	28.07	599	100	1:08.17	598	200	2:15.69	577	1242	2
53.	200	2:25.70	648	100	1:07.69	593	100	56.16	582	50	31.24	573	1241	2
54.	50	34.25	626	100	1:15.44	614	200	2:45.62	590				1240	2

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55.	200	,	2:27.81	621	100	1:06.88	615	50	31.07	582			1236	2
	200	,	2:12.32	622	400	4:38.10	614	100	1:01.63	590	50	28.51	1236	2
	800		9:44.54	570									572	
57.	100	,	1:07.35	620	50	31.72	615	200	2:27.26	587	400	4:43.76	1235	2
	200		2:17.79	551									578	
58.	100	,	54.49	638	100	58.74	596	50	26.75	577	50	25.15	1234	2
	200		2:17.62	520									574	
59.	100	,	1:00.80	620	50	28.02	612	100	56.25	580			1232	2
60.	200	,	2:12.13	625	100	1:01.08	606	400	4:41.65	591	50	28.21	1231	2
	400		5:19.52	579									590	
61.	100	,	55.18	614	200	2:14.08	614	200	2:00.92	600	50	25.58	1228	2
	50		29.74	512									546	
62.	100	,	1:00.42	626	50	28.05	600						1226	2
63.	200	,	2:12.28	623	400	4:40.10	601	800	9:38.97	587	100	1:02.17	1224	2
	1500		19:38.86	476	100	1:15.19	446						575	
64.	200	,	2:28.28	615	50	30.62	608	100	1:07.83	589			1223	2
65.	200	,	2:10.30	613	200	2:14.71	606	100	58.55	602	50	27.26	1219	2
	50		29.80	509									545	
	50	,	25.57	660	50	28.89	559	100	1:00.82	537	100	1:06.42	1219	2
													475	
67.	800	,	9:29.01	618	1500	18:13.16	597	400	4:41.02	595	200	2:15.33	1215	2
68.	50	,	31.76	613	100	1:08.06	601	200	2:29.31	563			1214	2
69.	400	,	4:47.09	612	200	2:11.28	600	200	2:15.62	593			1212	2
70.	50	,	25.75	646	100	59.80	565						1211	2
71.	400	,	4:17.48	624	800	9:00.19	586	200	2:02.52	577			1210	2
72.	50	,	26.06	624	100	56.11	584	50	25.38	559	50	31.55	1208	2
	50		30.04	497	100	1:03.27	477						556	
73.	400	,	4:19.45	610	1500	17:15.50	595	800	9:06.22	567			1205	2

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74.	400	4:46.39	617	200	2:16.24	585	50	32.56	506			1202	2	
75.	100	55.15	615	50	24.98	586	200	2:02.79	573			1201	2	
	50	31.62	621	100	1:08.86	580	200	2:31.57	538			1201	2	
77.	1500	17:12.24	600	400	4:20.91	600	800	9:10.57	553	100	1:00.00	477	1200	2
78.	200	2:28.30	615	100	1:08.02	584	50	31.14	578	100	57.64	539	1199	2
79.	50	26.29	607	50	24.91	591	50	28.98	553	50	31.75	545	1198	2
80.	50	28.04	601	100	1:01.42	596	50	29.46	570	100	1:07.68	550	1197	2
81.	800	9:35.07	599	1500	18:13.32	596	400	4:48.06	553				1195	2
82.	100	1:01.52	598	50	28.36	591	100	57.50	542	200	2:17.85	535	1189	2
	200	2:06.28	526	200	2:25.81	477								
83.	800	9:31.43	610	1500	18:24.58	578							1188	2
84.	100	55.27	611	50	25.12	576	200	2:06.89	519				1187	2
85.	200	2:13.98	599	100	1:01.78	586	50	28.41	578				1185	2
86.	200	2:44.63	601	100	1:16.86	580	50	36.40	521				1181	2
87.	50	28.03	602	100	1:02.06	578	50	31.31	475				1180	2
88.	50	28.19	591	50	34.98	587	100	1:03.47	540	200	2:20.35	521	1178	2
	50	30.40	518											
89.	200	2:14.57	591	400	4:42.44	586	100	1:02.04	579	800	9:45.31	568	1177	2
90.	200	2:16.05	588	50	30.98	587	100	1:01.99	585	200	2:06.16	528	1175	2
91.	100	56.05	586	200	2:01.94	585	400	4:23.18	584	50	27.24	546	1171	2
	200	2:27.22	425											

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92.	100 200	1:06.19 2:34.65	588 542	50 200	29.25 2:35.45	582 481	50	35.78	549	400	5:26.55	542	1170	2
93.	50	30.98	587	200	2:30.98	582	100	1:08.32	577				1169	2
94.	200	2:44.21	605	100	1:17.65	563	50	35.76	550				1168	2
	50	30.59	610	100	56.96	558	100	1:09.82	540	200	2:40.87	481	1168	2
96.	50	26.43	598	100	59.67	569							1167	2
	200 50	2:01.76 26.24	587 506	100	56.25	580	400	4:24.81	573	800	9:05.76	568	1167	2
98.	50	30.86	594	100	1:08.50	572	200	2:35.09	537	100	58.67	511	1166	2
	50	28.23	589	50	29.34	577	100	1:03.29	545				1166	2
100.	100	1:01.92	582	50	28.34	582	400	4:43.87	577	200	2:16.19	570	1164	2
	50 50	30.79 25.80	598 532	100	56.70	566	100	1:09.52	547	50	27.26	545	1164	2
102.	50	28.35	582	100	1:01.97	581	50	32.82	555	100	1:11.35	522	1163	2
	50 100	28.47	584 -	100	56.28	579	50	25.21	570	200		-	1163	2
	100 50	1:01.65 27.51	594 530	50	28.72	569	100	56.97	558	200	2:17.63	537	1163	2
105.	100	54.98	621	200	2:05.29	539	50	26.13	512				1160	2
	100	55.94	589	50	25.19	571	50	27.48	532	100	1:04.43	452	1160	2
107.	50	31.05	583	200	2:31.85	572	100	1:08.70	567	100	59.00	502	1155	2
108.	200	2:14.77	589	400	4:45.90	565	800	9:58.22	532				1154	2
109.	400	4:52.68	578	200	2:17.29	572	200	2:22.47	469				1150	2

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110.	200 100	2:15.69 1:11.70	577 514	50	32.49	572	50	28.76	557	100	1:02.99	553	1149	2
111.	400	4:20.67	601	200	2:15.37	547	200	2:04.79	546				1148	2
112.	200	2:31.51	576	100	1:07.01	567	100	1:02.70	560				1143	2
113.	50	31.70	616	50	36.29	526	100	1:11.29	523				1142	2
114.	100	56.26	579	200	2:03.65	561	50	26.62	484	200	2:27.09	465	1140	2
	200	2:16.24	570	400	4:45.18	570	800	9:48.37	559				1140	2
116.	100 800	1:01.92 10:28.73	582 458	200 1500	2:17.29 20:22.17	557 427	50	29.29	527	400	4:58.77	495	1139	2
117.	800	9:41.35	579	1500	18:37.02	559	400	4:52.11	530				1138	2
	50 50	31.20 27.73	575 517	100	1:08.88	563	100	57.11	554	200	2:35.43	534	1138	2
119.	400	4:44.92	571	200	2:16.57	566	100	1:04.20	522	50	30.25	479	1137	2
120.	50	32.13	592	100	1:03.32	544	100	1:10.79	534				1136	2
	400 100	4:53.38 59.30	574 495	800	9:07.64	562	200	2:19.58	544	200	2:05.95	531	1136	2
122.	200	2:13.27	573	400	4:55.91	559	100	1:00.03	558	200	2:18.55	557	1132	2
123.	100	56.27	579	400	4:28.23	552	200	2:04.50	549	200	2:26.76	443	1131	2
124.	50	35.22	575	200	2:49.09	554	100	1:18.43	546				1129	2
125.	400 800	4:46.01 10:26.02	565 464	200	2:16.89	562	100	1:04.40	517	50	30.71	503	1127	2
	200 1500	2:03.25 17:54.19	566 533	100 50	56.87 27.03	561 462	400	4:28.24	552	800	9:15.80	538	1127	2
127.	200	2:31.44	577	200	2:49.64	549	100	1:19.09	533	100	1:06.22	476	1126	2

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128.	100	56.09	584	200	2:05.19	540	50	25.92	524	50	27.98	504	1124	2
129.	400	4:26.64	562	800	9:07.92	561	200	2:06.11	529	100	58.35	519	1123	2
	50	31.07	582	200	2:34.72	541	100	1:10.20	531				1123	2
	100	55.76	595	50	25.86	528	100	1:02.28	500	50	28.29	487	1123	2
132.	100	1:02.53	565	50	28.76	557	200	2:21.37	510				1122	2
133.	50	32.63	565	200	2:29.95	556	100	1:10.79	534	400	5:31.60	518	1121	2
	400	5:11.50	437											
	100	56.76	564	200	2:18.49	557	50	32.25	520	50	26.03	518	1121	2
	100	1:02.17	503	50		-								
135.	200	2:16.95	561	50	32.76	558	100	1:09.77	558	200	2:31.57	538	1119	2
	100	56.73	565	200	2:04.18	554	50	25.74	536				1119	2
137.	200	2:16.68	564	100	1:02.95	554	200	2:38.27	506				1118	2
138.	800	9:45.41	567	1500	18:43.12	550	400	4:52.68	527	200	2:34.48	490	1117	2
139.	50	25.31	563	50	28.98	553							1116	2
140.	100	56.68	566	50	25.56	547	100	1:07.57	451				1113	2
141.	100	55.67	598	50	26.09	514	50	28.51	476	50	33.44	467	1112	2
	50	30.98	453											
142.	200	2:16.77	563	400	4:49.93	542	200	2:32.87	525				1105	2
143.	100	56.40	575	50	25.85	529	50	28.41	481	200	2:14.25	438	1104	2
	50	32.51	571	100	1:10.83	533	50	30.42	517	100	1:04.90	505	1104	2
	100	1:11.86	460											
145.	100	57.02	556	100	1:00.43	547	50	27.32	541	400	4:33.51	520	1103	2
	100	56.94	559	50	25.61	544							1103	2

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147.	200	2:15.45	564	100	1:03.76	537	50	30.11	493	200	2:09.39	489	1101	2
	50	32.67	563	200	2:31.63	538	100	1:10.62	538				1101	2
149.	400	4:27.24	558	1500	17:50.74	538							1096	2
	400	4:26.21	564	800	9:17.90	532	200	2:06.47	524	50	27.93	419	1096	2
	50	32.66	563	100	1:10.82	533	100	1:04.38	518				1096	2
152.	100	57.19	551	50	25.61	544	200	2:12.24	458	50	31.97	412	1095	2
153.	100	1:03.04	551	50	29.02	542	200	2:19.77	528	50	31.75	455	1093	2
	50	35.89	424	50	39.24	416								
154.	200	2:18.17	546	100	1:03.31	544	50	29.35	524	50	30.96	491	1090	2
155.	100	1:03.38	547	100	57.54	541	200	2:21.64	521	50	29.82	508	1088	2
	400	5:14.29	467	200	2:27.69	435								
156.	100	1:03.34	544	200	2:34.64	542	400	5:35.38	500	200	2:38.69	469	1086	2
	200	2:18.43	543	400	4:49.80	543	800	10:05.22	513	100	1:05.27	497	1086	2
	50	29.88	497											
158.	1500	17:46.15	545	400	4:30.71	537	100	59.68	485	50	29.84	415	1082	2
	200	2:18.16	546	100	1:03.65	536	200	2:37.53	513	800	10:16.66	485	1082	2
	400	4:29.11	546	200	2:05.54	536	800	9:26.42	508				1082	2
161.	100	56.26	579	100	1:02.22	502	200	2:23.83	497	50	28.18	493	1081	2
	200	2:10.40	478	50	34.28	433								
162.	100	1:00.22	553	200	2:21.13	527	200	2:17.17	526				1080	2
163.	100	56.48	572	50	27.94	506	100	1:02.18	502	50	27.21	453	1078	2
	50	35.77	549	100	1:19.26	529	100	1:16.55	380				1078	2

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165.	50 200	, 35.81 2:21.70	547 506	100	1:19.36	527	. 100	1 1:04.41	517	200	2:37.39	514	1074	2
166.	200	, 2:17.71	552	200	2:33.25	521	100	7 1:13.16	484				1073	2
	100	, 57.11	554	200	2:06.86	519	. 50	1 26.11	513	200	2:26.07	475	1073	2
168.	50	, 33.05	544	100	1:11.09	527	200	8 2:34.78	506	50	33.80	377	1071	2
	100 400	, 1:03.68 5:10.02	539 486	200	2:20.61	532	50	07 29.67	516	200	2:19.99	511	1071	2
170.	50 100	, 27.41 1:06.43	536 412	100	57.82	534	50	06 26.22	507	50	31.06	449	1070	2
171.	800 200	, 9:16.28 2:08.72	536 497	1500 50	17:53.81 27.91	533 420	400	06 4:32.00	529	100	59.10	500	1069	2
172.	200	, 2:18.03	563	400	5:06.02	505		05					1068	2
173.	200	, 2:32.07	570	800	10:11.98	497	. 100	2 1:11.24	472				1067	2
174.	100 50	, 1:03.27 31.10	545 484	50 100	29.40 1:22.25	521 473	200	10 2:54.00	509	100	1:09.82	501	1066	2
175.	200	, 2:35.27	535	200	2:19.60	530	100	08 1:06.00	480	50	30.49	467	1065	2
176.	200 200	, 2:18.57 2:36.07	541 493	100 50	1:04.21 34.94	522 460	50	08 29.63	509	100	1:12.56	496	1063	2
177.	100	, 57.17	552	50	26.18	509	200	06 2:10.06	482				1061	2
	200	, 2:19.69	543	200	2:19.30	518	100	08 1:03.62	469				1061	2
179.	100	, 1:03.96	532	200	2:18.52	527	. 50	06 29.71	514				1059	2
	400	, 5:28.00	535	200	2:36.40	524	200	07 2:37.42	481				1059	2
	100 800	, 1:03.83 10:40.88	531 432	50	29.27	528	. 200	08 2:22.81	495	50	31.28	476	1059	2
182.	100 100	, 57.84 1:12.92	533 474	200	2:21.31	525	50	07 32.19	523	200	2:37.23	516	1058	2

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183.	100	1:03.32	544	200	2:21.19	512	400	5:02.60	477	800	10:32.78	449	1056	2
184.	100	1:03.92	529	50	29.32	526	200	2:26.52	458	50	38.90	427	1055	2
	100	1:14.49	413	100	1:28.95	374								
185.	50	25.81	531	100	58.22	523	50	27.79	514	50	30.04	497	1054	2
186.	200	2:06.13	528	100	58.13	525	200	2:26.30	473	50	34.26	434	1053	2
187.	100	57.27	549	50	28.00	503	50	26.31	501	100	1:04.26	455	1052	2
	200	2:35.01	538	400	5:04.26	514	100	1:12.76	477	50	33.43	467	1052	2
189.	800	9:53.19	545	200	2:21.84	505							1050	2
190.	100	1:03.74	533	200	2:20.84	516	50	29.76	503	400	5:02.61	477	1049	2
	50	35.86	545	100	1:20.58	504	200	2:54.75	502	50	34.31	486	1049	2
	200	2:42.26	469	100	1:07.89	441								
192.	100	57.73	536	50	29.74	512	100	1:04.81	512	50	28.19	493	1048	2
	100	1:02.91	485											
193.	100	57.28	549	50	26.38	498	50	28.49	477	100	1:03.60	470	1047	2
194.	200	2:33.94	549	50	32.74	497	100	1:12.04	492	50	29.12	447	1046	2
	100	1:02.02	432											
	100	1:09.98	536	50	32.47	510	100	1:00.65	462	200	2:13.71	443	1046	2
	50	32.05	530	200	2:37.16	516	100	1:12.08	491	800	9:47.94	454	1046	2
	50	36.14	532	100	1:20.03	514	200	3:00.91	453	50	32.72	416	1046	2
	100	1:09.80	406	100	1:16.30	384								
	200	2:18.59	526	200	2:21.71	520	100	1:04.49	519	50	30.05	496	1046	2
199.	100	1:10.48	525	50	32.26	520	100	58.63	512	200	2:38.72	501	1045	2

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200.						07							1042	2
	50	33.04	544	50	29.85	498	100	1:05.77	486	50	37.56	474		
	100	1:17.50	407											
201.						09							1041	2
	200	2:20.22	523	400	4:54.30	518	800	10:07.94	507					
						07							1041	2
	50	29.05	540	100	1:09.83	501	50	30.92	493	200	2:24.64	476		
	100													
203.						06		1					1037	2
	50	27.70	519	100	1:01.56	518	100	58.88	505	50	27.02	463		
	200	2:47.80	424											
204.						09		2					1036	2
	200	2:20.27	522	100	1:04.55	514	50	29.61	510	50	33.18	399		
						07							1036	2
	200	2:06.28	526	100	58.71	510	1500	18:13.68	505	400	4:38.87	491		
	50	29.48	431											
						08							1036	2
	1500	18:04.39	518	400	4:33.94	518	800	9:28.52	502	200	2:23.81	471		
207.						07		5					1035	2
	100	1:04.12	524	200	2:21.24	511	400	4:57.02	504	50	29.91	495		
208.						03							1033	2
	50	27.65	522	50	26.15	511	100	59.07	500	50	31.02	451		
	100	1:08.46	376											
209.						09							1030	2
	200	2:33.86	515	100	1:11.67	515	200	2:37.32	515	50	33.76	510		
	200	2:22.55	497											
						05		5					1030	2
	50	33.57	519	200	2:34.19	511	100	1:11.85	511					
211.						06		2					1029	2
	50	29.35	533	50	26.41	496	100	59.95	479					
212.						07		2					1028	2
	50	31.70	548	100	1:12.64	480	200	2:43.65	457					
						07							1028	2
	200	2:37.14	517	400	5:33.16	511	800	10:14.82	490					
214.						04		6					1026	2
	200	2:07.22	515	200	2:22.54	511	50	26.35	499	200	2:29.14	409		
						08							1026	2
	400	4:34.25	516	800	9:25.53	510	200	2:07.99	506	50	28.19	408		
216.						04							1025	2
	100	57.53	542	50	26.65	483	50	28.73	465	50	31.91	414		
217.						06		3					1024	2
	50	36.57	514	50	33.75	510	100	1:23.44	454					

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	1500	18:00.64	523	800	9:29.25	501	200	2:27.26	463	50	30.38	326	1024	2
219.	200	2:07.40	513	50	29.79	509	100	1:05.54	495	400	4:40.47	483	1022	2
	200	2:23.07	478											
220.	1500	18:09.32	511	800	9:25.90	509	400	4:39.31	489				1020	2
221.	200	2:50.80	538	50	37.38	481	100	1:22.16	475				1019	2
222.	100	57.75	535	50	30.32	483	200	2:10.86	473	100	1:07.94	444	1018	2
223.	100	58.29	521	50	26.44	494	200	2:09.12	492	100	1:05.79	489	1015	2
	200	2:22.87	480											
224.	200	2:21.52	508	100	1:04.88	506	50	29.98	492				1014	2
225.	400	5:04.49	513	200	2:23.62	500	50	32.89	491	400	4:40.21	484	1013	2
226.	50	26.11	513	100	59.15	498	50	29.76	419				1011	2
227.	100	1:04.81	512	100	59.17	498	50	30.05	496				1010	2
	200	2:21.11	527	100	1:03.02	483	200	2:23.96	455				1010	2
229.	100	57.81	534	50	33.25	475	100	1:13.47	464	100	1:05.77	425	1009	2
230.	1500	18:13.96	504	400	4:37.08	501	800	9:33.10	490				1005	2
	400	5:31.49	518	50	37.24	487	100	1:21.53	486	200	2:40.22	456	1005	2
232.	50	36.83	503	100	1:20.70	501	50	34.06	497	200	2:56.98	483	1004	2
233.	100	1:01.91	509	200	2:24.17	494	200	2:22.38	470				1003	2
	100	58.55	514	100	1:02.74	489	200	2:26.45	471				1003	2
235.	50	33.92	503	50	29.91	495	100	1:16.08	430	200	2:45.72	412	998	2
	100	1:04.83	507	50	29.99	491	200	2:23.25	490	50	35.95	422	998	2
	100	1:16.71	420											

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237.		,				06						996	2
	400	4:37.17	500	50	28.12	496	100	1:04.33	454	200	2:13.62	444	
	200	2:25.77	438	50	34.36	430							
238.		,				06		2				994	2
	100	1:09.16	516	50	31.23	478	200	2:41.43	476	200	2:41.93	425	
		,				05						994	2
	200	2:22.29	500	400	4:59.04	494							
240.		,				06		8				992	2
	200	2:36.79	520	200	2:26.36	472	100	1:01.89	435	50	34.62	421	
		,				08						992	2
	200	2:23.84	497	1500	18:21.00	495	800	9:37.53	479	100	1:00.62	463	
242.		,				09						989	2
	50	33.76	510	100	1:13.42	479	100	1:07.24	454	50	32.61	420	
243.		,				05		8				987	2
	100	1:04.81	507	50	37.41	480	100	1:22.36	472	200	2:59.70	462	
	50	32.26	434										
244.		,				08						986	2
	1500	18:09.28	511	400	4:42.03	475							
245.		,				08						983	2
	1500	18:14.03	504	800	9:37.56	479	200	2:30.02	438	50	28.99	375	
		,				06						983	2
	400	4:36.89	502	50	26.67	481	200	2:10.74	474	100	1:00.43	467	
	800	9:50.33	449										
		,				09						983	2
	100	1:05.04	502	200	2:24.14	481	50	35.66	433	50	39.05	422	
	200	2:50.31	406	100	1:29.64	366							
		,				08						983	2
	400	4:36.47	504	100	1:03.17	479	50	29.21	443	50	27.45	442	
	200	2:26.31	433										
249.		,				08						982	2
	100	59.45	491	200	2:39.80	491	50	33.29	473	100	1:13.77	458	
250.		,				08						980	2
	1500	18:24.41	490	400	4:39.05	490	100	59.83	481				
		,				08		4				980	2
	800	9:32.99	491	400	4:39.15	489	200	2:11.34	468	100	1:00.61	463	
	50	29.72	420										
252.		,				08		7				979	2
	100	1:05.41	494	50	30.11	485	200	2:24.34	479				
		,				08						979	2
	800	10:13.14	494	400	5:00.82	485	1500	19:36.22	479	100	1:07.86	442	
		,				08		4				979	2
	1500	18:20.45	495	400	4:40.26	484	100	1:00.03	477				

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255.	50	,	33.96	501	100	1:13.51	04	477	100	1:17.59	5	365	50	35.52	978	325	2
256.	100	,	1:12.05	492	200	2:25.09	06	485	200	2:44.59	06	449	50	-	977	-	2
	100	,	58.82	507	50	26.88	04	470	200	2:17.84	9	405	200	2:35.10	977	397	2
	50	,	32.58	389	50	37.38	04	334									
258.	1500	,	18:19.95	496	400	4:41.10	07	479	200	2:23.40	07	475	100	1:00.29	975	471	2
	200	,	2:11.92	462	100	1:08.34	07	436									
	400	,	4:59.94	489	800	10:16.40	10	486	200	2:24.37	10	479	100	1:08.43	975	431	2
	50	,	31.65	418													
260.	50	,	34.11	494	100	1:06.10	07	478			5				972		2
261.	200	,	2:24.16	494	100	1:00.03	08	477	100	1:03.97	08	461	50	27.05	971	461	2
	50	,	34.41	428	50			-									
262.	200	,	2:55.60	495	50	37.59	08	473	100	1:24.00	7	444			968		2
263.	100	,	1:05.80	485	100	1:21.78	08	482	50	37.68	3	470	50	35.49	967	439	2
	100	,	1:16.76	419													
264.	50	,	28.44	480	200	2:25.63	07	479	100	1:03.77	07	466	50	34.53	959	424	2
	400	,	5:25.00	422	200	2:27.71	07	421									
265.	50	,	33.11	481	200	2:25.82	08	477	1500	18:35.51	08	476	200	2:28.93	958	424	2
266.	100	,	59.69	485	200	2:27.11	06	465	100	1:05.85	06	423			950		2
	100	,	1:00.00	477	50	28.57	06	473	50	31.58	06	428			950		2
268.	200	,	2:23.51	501	50	33.92	05	447	50	31.36	05	437			948		2
	100	,	59.94	479	50	28.65	06	469	50	27.28	06	450	200	2:14.85	948	432	2
270.	400	,	4:36.54	503	200	2:13.67	08	444	200	2:25.37	08	441	50	29.39	947	435	2
271.	200	,	2:56.66	486	100	1:23.06	07	460	50	37.97	5	459			946		2
	100	,	59.45	491	50	27.18	07	455	50	34.35	07	431	50	29.48	946	431	2
	50	,	34.64	324													

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273.		,				05						944	2
	50	33.07	483	200	2:43.19	461	100	1:15.66	424	800	10:05.66	415	
274.		,				08						943	2
	800	9:37.07	480	200	2:11.83	463	100	1:00.64	462	100	1:08.64	431	
275.		,				09						942	2
	400	5:02.81	476	800	10:25.04	466	1500	20:14.24	435	100	1:08.88	423	
	100	1:17.38	409	50	36.46	405							
276.		,				07						941	2
	50	28.45	479	100	1:00.67	462	50	33.94	446	50	27.68	431	
	100	1:05.74	425										
277.		,				05		9				940	2
	100	59.77	483	50	27.13	457	100	1:04.37	453	50	34.67	419	
	50	32.84	380	100	1:18.51	380							
278.		,				08						938	2
	400	5:11.21	481	800	9:46.73	457	200	2:31.15	429				
279.		,				05						937	2
	100	59.41	492	50	27.38	445	50	29.33	437	100	1:09.20	364	
	50	36.39	362	50	34.19	337							
		,				07						937	2
	50	34.59	474	100	1:14.25	463	200	2:40.10	457	200	2:45.21	444	
	200	2:28.27	442	50	40.83	369							
281.		,				07						935	2
	400	5:01.13	484	100	1:07.40	451	200	3:10.82	386				
		,				07						935	2
	50	33.28	474	100	1:13.61	461	200	2:44.97	446				
283.		,				07						933	2
	200	2:25.63	479	200	2:44.02	454	50	34.09	441				
284.		,				10						931	2
	100	1:06.58	468	200	2:43.01	463	100	1:24.30	440	200	3:03.51	434	
		,				08						931	2
	100	1:13.41	479	200	2:27.14	452	100	1:10.19	399				
286.		,				07						930	2
	100	1:06.74	468	200	2:24.72	462	200	2:12.70	454				
287.		,				06						928	2
	50	28.72	466	50	27.03	462	100	1:03.32	406	50	35.39	394	
	50	33.40	361	100	1:20.54	352							
288.		,				07						927	2
	100	1:00.13	474	50	27.21	453	50	33.87	449	50	29.31	438	
	100	1:06.12	418										
289.		,				08						926	2
	200	2:24.25	493	100	1:02.00	433	100	1:09.53	414				
		,				06		9				926	2
	50	30.36	481	100	1:07.90	445	100	1:02.47	423	50	28.41	398	
	200	2:37.93	355	100	1:14.99	286							

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291.	1500	19:49.20	463	400	5:05.97	461	200	2:26.41	459	800	10:32.87	449	924	2
		,				10								
292.	800	9:33.72	489	200	2:30.57	434	200	2:15.85	423	50	36.75	352	923	2
	100	1:20.62	351											
293.	50	34.90	462	200	2:26.33	460	100	1:14.37	460	200	2:40.84	451	922	2
	200	2:48.78	417											
	100	1:00.65	462	100	1:07.15	460	50	31.41	435				922	2
		,				07		7						
295.	400	4:44.32	463	800	9:46.71	457	200	2:14.12	439				920	2
		,				07								
	800	10:27.12	461	50	30.67	459	400	5:09.00	448	1500	20:07.70	442	920	2
		,				08								
	50	30.27	478	100	1:07.84	442	50	35.91	424	100	1:17.02	415	920	2
		,				10								
	100	1:03.47	472	200	2:24.70	448	50	29.34	437	50	34.38	430	920	2
	100	1:19.74	362											
299.	50	37.84	464	200	3:00.69	454	100	1:23.67	450	200	2:46.72	432	918	2
		,				08		2						
300.	200	2:41.44	476	200	2:28.38	441	800	10:37.16	440				917	2
		,				08								
301.	1500	18:44.45	464	800	9:48.91	452	200	2:32.07	421				916	2
		,				08								
302.	50	33.58	461	100	1:14.02	453	100	1:01.28	448	200	2:29.68	441	914	2
	200	2:47.89	423	50	32.32	399								
		,				08		9						
303.	200	2:24.46	491	100	1:15.87	421	50	36.57	357				912	2
		,				06								
304.	1500	18:35.41	476	200	2:27.66	435	200	2:31.00	430				911	2
		,				08								
	100	1:06.25	475	50	35.57	436	100	1:16.07	430				911	2
		,				08								
306.	100	1:23.37	455	200	2:44.74	448	50	38.34	446	100	1:07.71	445	903	2
		,				07								
307.	50	34.90	462	200	2:42.28	439	50	32.50	424	100	1:17.34	409	901	2
		,				10								
308.	100	1:01.07	453	400	5:19.36	445	200	2:29.73	441	400	4:52.44	426	898	2
		,				08								
	200	2:43.38	459	200	3:02.80	439	50	39.87	396				898	2
		,				08								

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310.	50 200	, 33.97 2:17.80	445 405	200	2:26.54	445	50	27.37	445	400	4:55.33	413	890	2
311.	200	2:26.70	456	50	31.51	423	100	1:08.95	421				879	2
312.	50	35.41	442	100	1:15.92	433	200	2:59.38	325				875	2
	50 100	35.11 1:22.49	453 304	100	1:16.54	422	200	2:48.27	393	50	33.68	381	875	2
314.	50	37.97	459	50	36.35	408							867	2
315.	100 400	1:07.31 5:49.57	457 339	50	32.12	406	200	2:34.07	405	200	2:32.95	391	863	2
	100	1:01.44	445	50	31.82	418	100	1:17.18	400				863	2
317.	200 200	2:45.63 2:32.21	441 408	50 100	39.07 1:17.33	421 369	100	1:09.07	419	50	31.64	418	862	2
318.	100 50	1:01.55 35.79	442 381	200 50	2:32.94 34.55	414 326	50	28.26	405	400	5:31.78	396	856	2
319.	400	5:13.61	428	800	10:47.30	420	100	1:09.26	416	1500	20:43.71	405	848	2
	50	34.12	439	200	2:49.89	409	100	1:17.77	391				848	2
321.	100	1:15.09	434	200	2:33.74	407							841	2
322.	50	27.39	444	100	1:04.03	393	200	2:28.09	326				837	2
323.	100	1:01.40	445	50	32.59	389	200	2:36.28	388	100	1:13.00	358	834	2
324.	100	1:02.60	420	200	2:17.85	405	400	5:00.85	391	50	29.60	352	825	2
325.	800	10:50.90	413	400	5:18.69	408	1500	21:01.97	388	100	1:33.64	321	821	2
326.	100 800	1:03.02 10:27.38	412 374	400	4:56.87	407	50	28.36	400	200	2:20.04	386	819	2
327.	50	34.69	418	100	1:18.20	384							802	2

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						10						802	2
	200	2:47.18	401	100	1:17.87	401	50	36.65	398	50	39.84	397	
	200	2:55.50	371	100	1:17.28	370							
329.						09	.	1				576	1
	100	1:02.13	576										
330.						07						435	1
	50	32.23	435										
331.						10						424	1
	200	2:42.03	424										