

09-11 2023 .

21
10.02.2023 - 11:53

, 400m

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: FINA 2022

								R.T				
1.			2007		3				5:01.56	689		
	50m:	31.85	31.85	150m:	1:47.43	39.25	250m:	3:06.47	41.48	350m:	4:26.63	36.74
	100m:	1:08.18	36.33	200m:	2:24.99	37.56	300m:	3:49.89	43.42	400m:	5:01.56	34.93
2.			2010						5:10.06	633		
	50m:	32.49	32.49	150m:	1:50.30	40.60	250m:	3:14.39	45.01	350m:	4:36.01	36.61
	100m:	1:09.70	37.21	200m:	2:29.38	39.08	300m:	3:59.40	45.01	400m:	5:10.06	34.05
3.			2009		3				5:19.52	579		
	50m:	34.17	34.17	150m:	1:54.18	42.53	250m:	3:21.45	47.02	350m:	4:44.11	36.24
	100m:	1:11.65	37.48	200m:	2:34.43	40.25	300m:	4:07.87	46.42	400m:	5:19.52	35.41
4.			2008						5:26.55	542	1	
	50m:	31.52	31.52	150m:	1:51.79	42.30	250m:	3:21.46	47.86	350m:	4:48.30	38.51
	100m:	1:09.49	37.97	200m:	2:33.60	41.81	300m:	4:09.79	48.33	400m:	5:26.55	38.25
5.			2007	I	7			+0,75	5:28.00	535	1	
	50m:	34.31	34.31	150m:	1:55.70	42.49	250m:	3:25.76	48.22	350m:	4:51.49	38.34
	100m:	1:13.21	38.90	200m:	2:37.54	41.84	300m:	4:13.15	47.39	400m:	5:28.00	36.51
6.			2010		2				5:31.49	518	1	
	50m:	35.12	35.12	150m:	2:02.52	44.09	250m:	4:55.28	2:10.77	400m:	5:31.49	1:14.99
	100m:	1:18.43	43.31	200m:	2:44.51	41.99	300m:	4:16.50				
7.			2009					+0,76	5:31.60	518	1	
	50m:	35.13	35.13	150m:	1:57.59	40.48	250m:	3:24.61	45.38	350m:	4:51.72	40.98
	100m:	1:17.11	41.98	200m:	2:39.23	41.64	300m:	4:10.74	46.13	400m:	5:31.60	39.88
8.			2007	I				+0,86	5:33.16	511	1	
	50m:	34.33	34.33	150m:	1:56.10	43.48	250m:	3:27.55	49.64	350m:	4:56.04	38.22
	100m:	1:12.62	38.29	200m:	2:37.91	41.81	300m:	4:17.82	50.27	400m:	5:33.16	37.12
9.			2007						5:35.38	500	1	
	50m:	32.07	32.07	150m:	1:56.63	44.10	250m:	3:27.66	48.19	350m:	4:56.79	39.57
	100m:	1:12.53	40.46	200m:	2:39.47	42.84	300m:	4:17.22	49.56	400m:	5:35.38	38.59

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OMEGA ARES 21