

09-11 2023 .

38
11.02.2023 - 12:40

, 400m

15

: FINA 2022

								R.T				
1.			1997		4			4:04.75	726			
	50m:	28.43	28.43	150m:	1:30.05	30.93	250m:	2:32.22	31.46	350m:	3:35.00	31.39
	100m:	59.12	30.69	200m:	2:00.76	30.71	300m:	3:03.61	31.39	400m:	4:04.75	29.75
2.			2000		-			4:08.49	694			
	50m:	28.54	28.54	150m:	1:31.58	31.79	250m:	2:35.20	31.97	350m:	3:38.18	31.42
	100m:	59.79	31.25	200m:	2:03.23	31.65	300m:	3:06.76	31.56	400m:	4:08.49	30.31
3.			2006		2			+0,64 4:09.49	686			
	50m:	28.97	28.97	150m:	1:32.96	32.08	250m:	2:37.09	32.24	350m:	3:40.24	31.14
	100m:	1:00.88	31.91	200m:	2:04.85	31.89	300m:	3:09.10	32.01	400m:	4:09.49	29.25
4.			2008		4			+0,74 4:11.94	666			
	50m:	28.85	28.85	150m:	1:33.53	32.36	250m:	2:37.65	31.99	350m:	3:41.45	31.45
	100m:	1:01.17	32.32	200m:	2:05.66	32.13	300m:	3:10.00	32.35	400m:	4:11.94	30.49
5.			2004		2			4:12.17	664			
	50m:	29.20	29.20	150m:	1:33.20	31.99	250m:	2:36.70	31.83	350m:	3:40.55	32.23
	100m:	1:01.21	32.01	200m:	2:04.87	31.67	300m:	3:08.32	31.62	400m:	4:12.17	31.62
6.			2006		3			+0,66 4:12.38	663			
	50m:	28.65	28.65	150m:	1:32.18	32.10	250m:	2:36.80	32.44	350m:	3:41.68	32.25
	100m:	1:00.08	31.43	200m:	2:04.36	32.18	300m:	3:09.43	32.63	400m:	4:12.38	30.70
7.			2006		4			4:12.41	662			
	50m:	27.75	27.75	150m:	1:31.24	32.20	250m:	2:36.91	32.94	350m:	3:42.62	32.73
	100m:	59.04	31.29	200m:	2:03.97	32.73	300m:	3:09.89	32.98	400m:	4:12.41	29.79
8.			2003		1			4:12.46	662			
	50m:	28.91	28.91	150m:	1:32.48	32.04	250m:	2:37.09	32.35	350m:	3:42.31	32.60
	100m:	1:00.44	31.53	200m:	2:04.74	32.26	300m:	3:09.71	32.62	400m:	4:12.46	30.15
9.			2006		2			+0,69 4:14.69	645			
	50m:	28.89	28.89	150m:	1:32.63	31.90	250m:	2:37.57	32.65	350m:	3:43.38	32.74
	100m:	1:00.73	31.84	200m:	2:04.92	32.29	300m:	3:10.64	33.07	400m:	4:14.69	31.31
10.			2007		4			+0,87 4:17.48	624			
	50m:	29.38	29.38	150m:	1:34.03	32.93	250m:	2:39.97	33.31	350m:	3:46.22	33.10
	100m:	1:01.10	31.72	200m:	2:06.66	32.63	300m:	3:13.12	33.15	400m:	4:17.48	31.26
11.			2007					4:19.45	610	1		
	50m:	1:33.98	1:33.98	150m:	2:40.01	1:38.96	250m:	3:47.09	1:40.39	400m:	4:19.45	1:06.16
	100m:	1:01.05		200m:	2:06.70		300m:	3:13.29				
12.			2008		4			+0,60 4:20.19	605	1		
	50m:	29.34	29.34	150m:	1:34.16	32.91	250m:	2:41.20	33.83	350m:	3:48.54	33.82
	100m:	1:01.25	31.91	200m:	2:07.37	33.21	300m:	3:14.72	33.52	400m:	4:20.19	31.65
13.			2006		7			4:20.67	601	1		
	100m:	1:01.93	1:01.93	200m:	2:06.79	1:04.86	300m:	3:14.07	1:07.28	400m:	4:20.67	1:06.60
14.			2008		4			4:20.91	600	1		
	50m:	29.27	29.27	150m:	1:35.05	33.53	250m:	2:42.70	33.99	350m:	3:49.98	33.11
	100m:	1:01.52	32.25	200m:	2:08.71	33.66	300m:	3:16.87	34.17	400m:	4:20.91	30.93
15.			2007					4:23.18	584	1		
	50m:	28.76	28.76	150m:	1:35.23	34.04	250m:	2:43.71	34.14	350m:	3:50.86	33.11
	100m:	1:01.19	32.43	200m:	2:09.57	34.34	300m:	3:17.75	34.04	400m:	4:23.18	32.32
16.			2001	1				4:24.43	576	1		
	50m:	29.49	29.49	150m:	1:36.69	33.83	250m:	2:44.55	33.89	350m:	3:51.45	33.51
	100m:	1:02.86	33.37	200m:	2:10.66	33.97	300m:	3:17.94	33.39	400m:	4:24.43	32.98

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OMEGA ARES 21

	38,	, 400m	, 15					R.T				
17.			2007		3		+0,66	4:24.81	573	1		
	50m:	28.89	28.89	150m:	1:34.61	33.16	250m:	2:42.95	34.31	350m:	3:51.85	34.68
	100m:	1:01.45	32.56	200m:	2:08.64	34.03	300m:	3:17.17	34.22	400m:	4:24.81	32.96
18.			2008	I		1		+0,75	4:26.21	564	1	
	50m:	30.84	30.84	150m:	1:38.14	33.91	250m:	2:46.34	33.82	350m:	3:54.33	33.78
	100m:	1:04.23	33.39	200m:	2:12.52	34.38	300m:	3:20.55	34.21	400m:	4:26.21	31.88
19.			2007					+0,55	4:26.64	562	1	
	50m:	29.20	29.20	150m:	1:36.24	33.97	250m:	2:44.77	34.58	350m:	3:53.38	34.20
	100m:	1:02.27	33.07	200m:	2:10.19	33.95	300m:	3:19.18	34.41	400m:	4:26.64	33.26
20.			2008	I		1		+0,68	4:27.24	558	1	
	50m:	29.81	29.81	150m:	1:37.47	33.99	250m:	2:46.30	34.49	350m:	3:54.89	33.84
	100m:	1:03.48	33.67	200m:	2:11.81	34.34	300m:	3:21.05	34.75	400m:	4:27.24	32.35
21.			2006					+0,72	4:28.23	552	1	
	50m:	28.70	28.70	150m:	1:35.06	34.14	250m:	2:44.32	35.02	350m:	3:55.25	35.55
	100m:	1:00.92	32.22	200m:	2:09.30	34.24	300m:	3:19.70	35.38	400m:	4:28.23	32.98
22.			2007			3			4:28.24	552	1	
	50m:	30.45	30.45	150m:	1:39.17	34.97	250m:	2:49.13	34.67	350m:	3:57.29	33.60
	100m:	1:04.20	33.75	200m:	2:14.46	35.29	300m:	3:23.69	34.56	400m:	4:28.24	30.95
23.			2005	I		7			4:29.11	546	1	
	50m:	29.46	29.46	150m:	1:36.54	34.22	250m:	2:46.12	34.61	350m:	3:55.94	34.68
	100m:	1:02.32	32.86	200m:	2:11.51	34.97	300m:	3:21.26	35.14	400m:	4:29.11	33.17
24.			2008	I					4:30.71	537	1	
	50m:	30.43	30.43	150m:	1:38.57	34.80	250m:	2:47.89	34.96	350m:	3:58.29	35.18
	100m:	1:03.77	33.34	200m:	2:12.93	34.36	300m:	3:23.11	35.22	400m:	4:30.71	32.42
25.			2006	I					4:32.00	529	1	
	50m:	29.21	29.21	150m:	1:37.46	35.09	250m:	2:47.92	35.11	350m:	3:58.09	34.91
	100m:	1:02.37	33.16	200m:	2:12.81	35.35	300m:	3:23.18	35.26	400m:	4:32.00	33.91
26.			2005			6		+0,63	4:33.51	520	1	
	50m:	30.04	30.04	150m:	1:37.36	34.20	250m:	2:48.08	35.59	350m:	4:00.58	36.32
	100m:	1:03.16	33.12	200m:	2:12.49	35.13	300m:	3:24.26	36.18	400m:	4:33.51	32.93
27.			2008	I					4:33.94	518	1	
	50m:	29.83	29.83	150m:	1:38.31	34.89	250m:	2:48.31	35.21	350m:	4:00.02	35.87
	100m:	1:03.42	33.59	200m:	2:13.10	34.79	300m:	3:24.15	35.84	400m:	4:33.94	33.92
28.			2008	I				+0,88	4:34.25	516	2	
	50m:	30.55	30.55	150m:	1:39.79	35.14	250m:	2:50.28	34.94	350m:	4:00.48	35.31
	100m:	1:04.65	34.10	200m:	2:15.34	35.55	300m:	3:25.17	34.89	400m:	4:34.25	33.77
29.			2008	I				+0,66	4:36.47	504	2	
	50m:	30.44	30.44	150m:	1:40.36	35.46	250m:	2:51.47	35.71	350m:	4:02.51	35.37
	100m:	1:04.90	34.46	200m:	2:15.76	35.40	300m:	3:27.14	35.67	400m:	4:36.47	33.96
30.			2008	I				+0,57	4:36.54	503	2	
	50m:	30.97	30.97	150m:	1:41.50	35.93	250m:	2:52.28	35.88	350m:	4:03.04	35.52
	100m:	1:05.57	34.60	200m:	2:16.40	34.90	300m:	3:27.52	35.24	400m:	4:36.54	33.50
31.			2006	I					4:36.89	502	2	
	50m:	31.27	31.27	150m:	1:41.15	35.35	300m:	3:27.80	1:11.28			
	100m:	1:05.80	34.53	200m:	2:16.52	35.37	400m:	4:36.89	1:09.09			
32.			2007						4:37.08	501	2	
	50m:	29.84	29.84	150m:	1:38.70	35.41	250m:	2:50.23	35.88	350m:	4:02.32	35.35
	100m:	1:03.29	33.45	200m:	2:14.35	35.65	300m:	3:26.97	36.74	400m:	4:37.08	34.76

38,		, 400m		, 15		R.T						
33.				2006	I			+0,69	4:37.17	500	2	
	50m:	29.24	29.24	150m:	1:39.20	36.45	250m:	2:51.72	36.01	350m:	4:04.26	37.18
	100m:	1:02.75	33.51	200m:	2:15.71	36.51	300m:	3:27.08	35.36	400m:	4:37.17	32.91
34.				2007	I			+0,68	4:38.87	491	2	
	50m:	30.53	30.53	150m:	1:40.07	36.06	250m:	2:51.86	35.97	350m:	4:03.69	36.42
	100m:	1:04.01	33.48	200m:	2:15.89	35.82	300m:	3:27.27	35.41	400m:	4:38.87	35.18
35.				2008	1				4:39.05	490	2	
	100m:	1:03.94	1:03.94	200m:	2:15.23	35.58	300m:	3:27.38	35.99	400m:	4:39.05	35.02
	150m:	1:39.65	35.71	250m:	2:51.39	36.16	350m:	4:04.03	36.65			
36.				2008	I		4	+0,74	4:39.15	489	2	
	50m:	30.98	30.98	150m:	1:40.75	35.47	250m:	2:52.54	36.36	350m:	4:04.14	35.47
	100m:	1:05.28	34.30	200m:	2:16.18	35.43	300m:	3:28.67	36.13	400m:	4:39.15	35.01
37.				2008	I		5		4:39.31	489	2	
	50m:	30.71	30.71	150m:	1:41.38	35.96	250m:	2:53.03	36.01	350m:	4:04.60	35.45
	100m:	1:05.42	34.71	200m:	2:17.02	35.64	300m:	3:29.15	36.12	400m:	4:39.31	34.71
38.				2006	I				4:40.21	484	2	
	50m:	31.96	31.96	150m:	1:42.49	35.80	250m:	2:53.95	35.96	350m:	4:04.96	35.61
	100m:	1:06.69	34.73	200m:	2:17.99	35.50	300m:	3:29.35	35.40	400m:	4:40.21	35.25
39.				2008	I		4	+0,60	4:40.26	484	2	
	50m:	30.69	30.69	150m:	1:40.37	35.83	250m:	2:52.92	36.52	350m:	4:05.45	36.26
	100m:	1:04.54	33.85	200m:	2:16.40	36.03	300m:	3:29.19	36.27	400m:	4:40.26	34.81
40.				2005			6	+0,74	4:40.47	483	2	
	50m:	32.08	32.08	150m:	1:42.13	35.34	250m:	2:52.68	34.90	350m:	4:03.80	36.30
	100m:	1:06.79	34.71	200m:	2:17.78	35.65	300m:	3:27.50	34.82	400m:	4:40.47	36.67
41.				2007					4:41.10	479	2	
	50m:	31.36	31.36	150m:	1:42.23	36.43	250m:	2:54.56	36.29	350m:	4:07.26	36.30
	100m:	1:05.80	34.44	200m:	2:18.27	36.04	300m:	3:30.96	36.40	400m:	4:41.10	33.84
42.				2008	I			+0,73	4:42.03	475	2	
	50m:	30.31	30.31	150m:	1:40.54	36.33	250m:	2:54.34	37.20	350m:	4:07.33	36.18
	100m:	1:04.21	33.90	200m:	2:17.14	36.60	300m:	3:31.15	36.81	400m:	4:42.03	34.70
43.				2007	I			+0,64	4:44.32	463	2	
	50m:	31.52	31.52	150m:	1:42.90	36.54	250m:	2:55.21	36.34	350m:	4:08.18	36.56
	100m:	1:06.36	34.84	200m:	2:18.87	35.97	300m:	3:31.62	36.41	400m:	4:44.32	36.14
44.				2008	I				4:52.44	426	2	
	100m:	1:07.07	1:07.07	200m:	2:22.14	1:15.07	300m:	3:38.69	1:16.55	400m:	4:52.44	1:13.75
45.				2006	I			+0,73	4:55.33	413	2	
	50m:	31.52	31.52	150m:	1:46.40	38.98	250m:	3:02.17	37.77	350m:	4:19.50	38.56
	100m:	1:07.42	35.90	200m:	2:24.40	38.00	300m:	3:40.94	38.77	400m:	4:55.33	35.83
46.				2006	I				4:56.87	407	2	
	50m:	31.58	31.58	150m:	1:44.09	36.88	250m:	3:00.36	38.56	350m:	4:18.68	39.03
	100m:	1:07.21	35.63	200m:	2:21.80	37.71	300m:	3:39.65	39.29	400m:	4:56.87	38.19
47.				2007	1				5:00.85	391	2	
	50m:	31.02	31.02	150m:	1:46.70	39.11	250m:	3:06.00	39.75	350m:	4:23.75	38.73
	100m:	1:07.59	36.57	200m:	2:26.25	39.55	300m:	3:45.02	39.02	400m:	5:00.85	37.10