

28		, 1500m		2010		2010		
20.09.2024								
: FINA 2023		/		R.T				
1.			2008	4		15:53.99	699	
25m:	14.10	14.10	400m: 4:12.54	15.86	775m: 8:12.30	15.98	1150m: 12:11.75	15.87
50m:	29.28	15.18	425m: 4:28.38	15.84	800m: 8:28.10	15.80	1175m: 12:27.75	16.00
75m:	44.96	15.68	450m: 4:44.22	15.84	825m: 8:44.10	16.00	1200m: 12:43.67	15.92
100m:	1:00.65	15.69	475m: 5:00.37	16.15	850m: 8:59.99	15.89	1225m: 12:59.66	15.99
125m:	1:16.61	15.96	500m: 5:16.57	16.20	875m: 9:16.05	16.06	1250m: 13:15.68	16.02
150m:	1:32.51	15.90	525m: 5:32.86	16.29	900m: 9:32.04	15.99	1275m: 13:31.72	16.04
175m:	1:48.48	15.97	550m: 5:48.83	15.97	925m: 9:48.14	16.10	1300m: 13:47.66	15.94
200m:	2:04.43	15.95	575m: 6:04.90	16.07	950m: 10:04.10	15.96	1325m: 14:03.58	15.92
225m:	2:20.33	15.90	600m: 6:20.74	15.84	975m: 10:20.19	16.09	1350m: 14:19.39	15.81
250m:	2:36.35	16.02	625m: 6:36.81	16.07	1000m: 10:36.26	16.07	1375m: 14:35.41	16.02
275m:	2:52.51	16.16	650m: 6:52.75	15.94	1025m: 10:52.18	15.92	1400m: 14:51.32	15.91
300m:	3:08.50	15.99	675m: 7:08.67	15.92	1050m: 11:08.13	15.95	1425m: 15:07.28	15.96
325m:	3:24.56	16.06	700m: 7:24.47	15.80	1075m: 11:24.17	16.04	1450m: 15:23.28	16.00
350m:	3:40.53	15.97	725m: 7:40.49	16.02	1100m: 11:39.88	15.71	1475m: 15:39.14	15.86
375m:	3:56.68	16.15	750m: 7:56.32	15.83	1125m: 11:55.88	16.00	1500m: 15:53.99	14.85
2.			2007	4		16:08.61	668	
25m:	14.37	14.37	400m: 4:13.82	18.86	775m: 8:18.74	16.13	1150m: 12:24.43	16.31
50m:	29.45	15.08	425m: 4:27.43	13.61	800m: 8:35.36	16.62	1175m: 12:40.41	15.98
75m:	45.02	15.57	450m: 4:46.19	18.76	825m: 8:51.73	16.37	1200m: 12:56.83	16.42
100m:	1:00.79	15.77	475m: 5:01.95	15.76	850m: 9:08.43	16.70	1225m: 13:12.63	15.80
125m:	1:17.20	16.41	500m: 5:18.56	16.61	875m: 9:24.77	16.34	1250m: 13:28.79	16.16
150m:	1:32.97	15.77	525m: 5:35.36	16.80	900m: 9:41.06	16.29	1275m: 13:45.05	16.26
175m:	1:48.87	15.90	550m: 5:51.53	16.17	925m: 9:57.25	16.19	1300m: 14:02.15	17.10
200m:	2:05.05	16.18	575m: 6:07.76	16.23	950m: 10:14.19	16.94	1325m: 14:17.96	15.81
225m:	2:20.98	15.93	600m: 6:25.06	17.30	975m: 10:30.45	16.26	1350m: 14:34.01	16.05
250m:	2:37.19	16.21	625m: 6:41.91	16.85	1000m: 10:46.89	16.44	1375m: 14:50.08	16.07
275m:	2:53.26	16.07	650m: 6:57.93	16.02	1025m: 11:03.00	16.11	1400m: 15:06.25	16.17
300m:	3:09.44	16.18	675m: 7:14.05	16.12	1050m: 11:19.50	16.50	1425m: 15:22.14	15.89
325m:	3:25.74	16.30	700m: 7:30.58	16.53	1075m: 11:36.01	16.51	1450m: 15:38.65	16.51
350m:	3:41.76	16.02	725m: 7:46.51	15.93	1100m: 11:51.94	15.93	1475m: 15:54.90	16.25
375m:	3:54.96	13.20	750m: 8:02.61	16.10	1125m: 12:08.12	16.18	1500m: 16:08.61	13.71
3.			2010	2		16:13.61	658	
25m:	13.97	13.97	400m: 4:16.55	16.47	775m: 8:23.28	16.45	1150m: 12:27.35	16.26
50m:	29.05	15.08	425m: 4:32.88	16.33	800m: 8:39.58	16.30	1175m: 12:43.59	16.24
75m:	44.87	15.82	450m: 4:49.24	16.36	825m: 8:56.09	16.51	1200m: 12:59.96	16.37
100m:	1:01.10	16.23	475m: 5:05.61	16.37	850m: 9:12.39	16.30	1225m: 13:16.28	16.32
125m:	1:17.31	16.21	500m: 5:21.93	16.32	875m: 9:28.58	16.19	1250m: 13:32.56	16.28
150m:	1:33.52	16.21	525m: 5:38.34	16.41	900m: 9:44.98	16.40	1275m: 13:48.70	16.14
175m:	1:49.70	16.18	550m: 5:54.81	16.47	925m: 10:01.31	16.33	1300m: 14:05.03	16.33
200m:	2:05.88	16.18	575m: 6:11.37	16.56	950m: 10:17.69	16.38	1325m: 14:21.28	16.25
225m:	2:22.19	16.31	600m: 6:27.85	16.48	975m: 10:33.95	16.26	1350m: 14:37.59	16.31
250m:	2:38.54	16.35	625m: 6:44.33	16.48	1000m: 10:50.16	16.21	1375m: 14:53.77	16.18
275m:	2:55.03	16.49	650m: 7:00.88	16.55	1025m: 11:06.29	16.13	1400m: 15:10.18	16.41
300m:	3:11.35	16.32	675m: 7:17.35	16.47	1050m: 11:22.42	16.13	1425m: 15:26.68	16.50
325m:	3:27.59	16.24	700m: 7:33.83	16.48	1075m: 11:38.62	16.20	1450m: 15:43.01	16.33
350m:	3:43.81	16.22	725m: 7:50.34	16.51	1100m: 11:54.86	16.24	1475m: 15:59.05	16.04
375m:	4:00.08	16.27	750m: 8:06.83	16.49	1125m: 12:11.09	16.23	1500m: 16:13.61	14.56

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2024

	28, , 1500m , 2010						R.T		
4.			2008		2		16:20.50		644
	25m:	14.57 14.57	400m:	4:17.03 16.31	775m:	8:23.13 16.40	1150m:	12:30.46 16.67	
	50m:	30.03 15.46	425m:	4:33.44 16.41	800m:	8:39.54 16.41	1175m:	12:47.00 16.54	
	75m:	45.88 15.85	450m:	4:50.03 16.59	825m:	8:56.05 16.51	1200m:	13:03.77 16.77	
	100m:	1:01.94 16.06	475m:	5:06.46 16.43	850m:	9:12.71 16.66	1225m:	13:20.54 16.77	
	125m:	1:17.87 15.93	500m:	5:23.02 16.56	875m:	9:29.15 16.44	1250m:	13:36.99 16.45	
	150m:	1:34.17 16.30	525m:	5:39.50 16.48	900m:	9:45.40 16.25	1275m:	13:54.02 17.03	
	175m:	1:50.73 16.56	550m:	5:55.60 16.10	925m:	10:01.91 16.51	1300m:	14:10.45 16.43	
	200m:	2:06.92 16.19	575m:	6:12.06 16.46	950m:	10:18.26 16.35	1325m:	14:26.87 16.42	
	225m:	2:23.36 16.44	600m:	6:28.47 16.41	975m:	10:34.63 16.37	1350m:	14:43.59 16.72	
	250m:	2:39.59 16.23	625m:	6:44.81 16.34	1000m:	10:51.07 16.44	1375m:	15:00.01 16.42	
	275m:	2:55.93 16.34	650m:	7:01.14 16.33	1025m:	11:07.62 16.55	1400m:	15:16.86 16.85	
	300m:	3:11.94 16.01	675m:	7:17.51 16.37	1050m:	11:24.33 16.71	1425m:	15:32.68 15.82	
	325m:	3:28.19 16.25	700m:	7:33.99 16.48	1075m:	11:40.66 16.33	1450m:	15:48.90 16.22	
	350m:	3:44.47 16.28	725m:	7:50.33 16.34	1100m:	11:57.00 16.34	1475m:	16:04.93 16.03	
	375m:	4:00.72 16.25	750m:	8:06.73 16.40	1125m:	12:13.79 16.79	1500m:	16:20.50 15.57	
5.			2010		1		16:41.59		604
	25m:	14.19 14.19	400m:	4:20.39 16.54	775m:	8:33.01 17.06	1150m:	12:46.73 17.05	
	50m:	29.57 15.38	425m:	4:37.31 16.92	800m:	8:49.97 16.96	1175m:	13:03.69 16.96	
	75m:	45.52 15.95	450m:	4:54.00 16.69	825m:	9:06.65 16.68	1200m:	13:20.81 17.12	
	100m:	1:01.80 16.28	475m:	5:10.84 16.84	850m:	9:23.67 17.02	1225m:	13:37.64 16.83	
	125m:	1:18.11 16.31	500m:	5:27.61 16.77	875m:	9:40.46 16.79	1250m:	13:54.57 16.93	
	150m:	1:34.56 16.45	525m:	5:44.42 16.81	900m:	9:57.61 17.15	1275m:	14:11.63 17.06	
	175m:	1:50.98 16.42	550m:	6:01.37 16.95	925m:	10:14.52 16.91	1300m:	14:28.78 17.15	
	200m:	2:07.43 16.45	575m:	6:18.24 16.87	950m:	10:31.48 16.96	1325m:	14:45.95 17.17	
	225m:	2:23.92 16.49	600m:	6:35.20 16.96	975m:	10:48.23 16.75	1350m:	15:03.05 17.10	
	250m:	2:40.61 16.69	625m:	6:52.03 16.83	1000m:	11:05.09 16.86	1375m:	15:19.67 16.62	
	275m:	2:57.27 16.66	650m:	7:08.77 16.74	1025m:	11:22.15 17.06	1400m:	15:36.75 17.08	
	300m:	3:13.84 16.57	675m:	7:25.47 16.70	1050m:	11:38.98 16.83	1425m:	15:53.76 17.01	
	325m:	3:30.39 16.55	700m:	7:42.36 16.89	1075m:	11:55.85 16.87	1450m:	16:10.76 17.00	
	350m:	3:47.17 16.78	725m:	7:59.01 16.65	1100m:	12:13.10 17.25	1475m:	16:26.83 16.07	
	375m:	4:03.85 16.68	750m:	8:15.95 16.94	1125m:	12:29.68 16.58	1500m:	16:41.59 14.76	
6.			2008		4		16:45.58		597
7.			2006				16:46.18		596
	25m:	14.84 14.84	400m:	4:26.76 16.60	775m:	8:41.06 16.51	1150m:	12:53.55 16.92	
	50m:	30.88 16.04	425m:	4:43.78 17.02	800m:	8:57.52 16.46	1175m:	13:10.07 16.52	
	75m:	47.47 16.59	450m:	5:00.64 16.86	825m:	9:14.40 16.88	1200m:	13:26.91 16.84	
	100m:	1:04.61 17.14	475m:	5:17.35 16.71	850m:	9:31.47 17.07	1225m:	13:44.13 17.22	
	125m:	1:21.74 17.13	500m:	5:34.19 16.84	875m:	9:48.53 17.06	1250m:	14:01.03 16.90	
	150m:	1:38.57 16.83	525m:	5:51.25 17.06	900m:	10:05.68 17.15	1275m:	14:17.54 16.51	
	175m:	1:55.08 16.51	550m:	6:08.14 16.89	925m:	10:22.55 16.87	1300m:	14:33.82 16.28	
	200m:	2:11.91 16.83	575m:	6:25.23 17.09	950m:	10:39.22 16.67	1325m:	14:50.77 16.95	
	225m:	2:28.96 17.05	600m:	6:42.40 17.17	975m:	10:55.76 16.54	1350m:	15:07.71 16.94	
	250m:	2:45.78 16.82	625m:	6:59.37 16.97	1000m:	11:12.33 16.57	1375m:	15:24.56 16.85	
	275m:	3:02.83 17.05	650m:	7:16.34 16.97	1025m:	11:29.37 17.04	1400m:	15:41.21 16.65	
	300m:	3:19.81 16.98	675m:	7:33.59 17.25	1050m:	11:46.10 16.73	1425m:	15:57.35 16.14	
	325m:	3:36.70 16.89	700m:	7:50.38 16.79	1075m:	12:03.22 17.12	1450m:	16:13.97 16.62	
	350m:	3:53.43 16.73	725m:	8:07.44 17.06	1100m:	12:19.93 16.71	1475m:	16:30.54 16.57	
	375m:	4:10.16 16.73	750m:	8:24.55 17.11	1125m:	12:36.63 16.70	1500m:	16:46.18 15.64	
8.			2010		1		16:55.49		580
	25m:	14.79 14.79	275m:	3:03.33 16.90	525m:	5:52.81 17.02	775m:	8:42.70 16.77	
	50m:	31.07 16.28	300m:	3:20.35 17.02	550m:	6:10.21 17.40	800m:	8:59.83 17.13	
	75m:	47.77 16.70	325m:	3:37.26 16.91	575m:	6:26.98 16.77	825m:	9:16.83 17.00	
	100m:	1:04.43 16.66	350m:	3:54.25 16.99	600m:	6:44.00 17.02	850m:	9:34.13 17.30	
	125m:	1:21.59 17.16	375m:	4:10.93 16.68	625m:	7:00.82 16.82	875m:	9:50.93 16.80	
	150m:	1:38.78 17.19	400m:	4:27.82 16.89	650m:	7:17.92 17.10	900m:	10:08.03 17.10	
	175m:	1:55.61 16.83	425m:	4:44.70 16.88	675m:	7:34.83 16.91	925m:	10:24.95 16.92	
	200m:	2:12.52 16.91	450m:	5:01.70 17.00	700m:	7:52.04 17.21	950m:	10:42.09 17.14	
	225m:	2:29.38 16.86	475m:	5:18.57 16.87	725m:	8:08.79 16.75	975m:	10:58.98 16.89	
	250m:	2:46.43 17.05	500m:	5:35.79 17.22	750m:	8:25.93 17.14	1000m:	11:16.33 17.35	

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OMEGA ARES 21

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2024

28, , 1500m , 2010

				R.T							
1025m:	11:33.53	17.20	1150m:	12:59.29	17.27	1275m:	14:25.07	17.16	1400m:	15:50.86	17.22
1050m:	11:50.84	17.31	1175m:	13:16.46	17.17	1300m:	14:42.25	17.18	1425m:	16:07.44	16.58
1075m:	12:07.83	16.99	1200m:	13:33.49	17.03	1325m:	14:59.30	17.05	1450m:	16:24.29	16.85
1100m:	12:25.08	17.25	1225m:	13:50.66	17.17	1350m:	15:16.47	17.17	1475m:	16:40.42	16.13
1125m:	12:42.02	16.94	1250m:	14:07.91	17.25	1375m:	15:33.64	17.17	1500m:	16:55.49	15.07

9. , 2008 **16:56.44** 578

25m:	14.89	14.89	400m:	4:24.06	17.23	775m:	8:38.58	17.21	1150m:	12:57.28	17.30
50m:	30.77	15.88	425m:	4:40.95	16.89	800m:	8:55.61	17.03	1175m:	13:14.38	17.10
75m:	46.96	16.19	450m:	4:57.96	17.01	825m:	9:12.69	17.08	1200m:	13:31.70	17.32
100m:	1:03.24	16.28	475m:	5:14.70	16.74	850m:	9:29.85	17.16	1225m:	13:48.95	17.25
125m:	1:19.70	16.46	500m:	5:31.67	16.97	875m:	9:47.28	17.43	1250m:	14:06.26	17.31
150m:	1:36.18	16.48	525m:	5:48.81	17.14	900m:	10:04.62	17.34	1275m:	14:23.50	17.24
175m:	1:52.94	16.76	550m:	6:05.74	16.93	925m:	10:21.79	17.17	1300m:	14:40.61	17.11
200m:	2:09.51	16.57	575m:	6:22.67	16.93	950m:	10:38.85	17.06	1325m:	14:58.02	17.41
225m:	2:26.10	16.59	600m:	6:39.61	16.94	975m:	10:56.07	17.22	1350m:	15:15.47	17.45
250m:	2:42.85	16.75	625m:	6:56.62	17.01	1000m:	11:13.32	17.25	1375m:	15:32.73	17.26
275m:	2:59.40	16.55	650m:	7:13.43	16.81	1025m:	11:30.81	17.49	1400m:	15:50.08	17.35
300m:	3:16.19	16.79	675m:	7:30.47	17.04	1050m:	11:48.07	17.26	1425m:	16:07.22	17.14
325m:	3:32.93	16.74	700m:	7:47.35	16.88	1075m:	12:05.41	17.34	1450m:	16:24.07	16.85
350m:	3:50.00	17.07	725m:	8:04.37	17.02	1100m:	12:22.65	17.24	1475m:	16:40.59	16.52
375m:	4:06.83	16.83	750m:	8:21.37	17.00	1125m:	12:39.98	17.33	1500m:	16:56.44	15.85

10. , 2009 **16:58.82** 574

25m:	15.00	15.00	400m:	4:28.78	16.84	775m:	8:43.32	16.88	1150m:	13:00.85	17.43
50m:	31.36	16.36	425m:	4:45.76	16.98	800m:	9:00.52	17.20	1175m:	13:17.92	17.07
75m:	48.35	16.99	450m:	5:02.78	17.02	825m:	9:17.43	16.91	1200m:	13:35.25	17.33
100m:	1:05.51	17.16	475m:	5:19.71	16.93	850m:	9:34.59	17.16	1225m:	13:52.54	17.29
125m:	1:22.48	16.97	500m:	5:36.65	16.94	875m:	9:51.56	16.97	1250m:	14:09.83	17.29
150m:	1:39.53	17.05	525m:	5:53.59	16.94	900m:	10:08.82	17.26	1275m:	14:26.96	17.13
175m:	1:56.34	16.81	550m:	6:10.44	16.85	925m:	10:25.65	16.83	1300m:	14:44.27	17.31
200m:	2:13.22	16.88	575m:	6:27.24	16.80	950m:	10:42.88	17.23	1325m:	15:01.38	17.11
225m:	2:30.21	16.99	600m:	6:44.22	16.98	975m:	10:59.93	17.05	1350m:	15:18.53	17.15
250m:	2:47.22	17.01	625m:	7:01.16	16.94	1000m:	11:17.20	17.27	1375m:	15:35.82	17.29
275m:	3:04.21	16.99	650m:	7:18.32	17.16	1025m:	11:34.22	17.02	1400m:	15:53.04	17.22
300m:	3:21.16	16.95	675m:	7:35.16	16.84	1050m:	11:51.73	17.51	1425m:	16:09.87	16.83
325m:	3:38.14	16.98	700m:	7:52.25	17.09	1075m:	12:08.77	17.04	1450m:	16:26.67	16.80
350m:	3:54.97	16.83	725m:	8:09.26	17.01	1100m:	12:26.14	17.37	1475m:	16:42.90	16.23
375m:	4:11.94	16.97	750m:	8:26.44	17.18	1125m:	12:43.42	17.28	1500m:	16:58.82	15.92

11. , 2009 **17:00.47** 571

25m:	14.56	14.56	400m:	4:28.03	17.25	775m:	8:45.56	17.54	1150m:	13:02.08	17.41
50m:	30.35	15.79	425m:	4:44.95	16.92	800m:	9:02.54	16.98	1175m:	13:19.06	16.98
75m:	46.88	16.53	450m:	5:02.08	17.13	825m:	9:19.59	17.05	1200m:	13:36.69	17.63
100m:	1:03.42	16.54	475m:	5:19.42	17.34	850m:	9:36.40	16.81	1225m:	13:53.97	17.28
125m:	1:20.39	16.97	500m:	5:36.30	16.88	875m:	9:53.43	17.03	1250m:	14:11.08	17.11
150m:	1:37.50	17.11	525m:	5:53.35	17.05	900m:	10:10.83	17.40	1275m:	14:28.43	17.35
175m:	1:54.35	16.85	550m:	6:10.75	17.40	925m:	10:27.51	16.68	1300m:	14:45.46	17.03
200m:	2:11.51	17.16	575m:	6:28.04	17.29	950m:	10:44.64	17.13	1325m:	15:03.14	17.68
225m:	2:28.49	16.98	600m:	6:45.47	17.43	975m:	11:02.10	17.46	1350m:	15:20.58	17.44
250m:	2:45.66	17.17	625m:	7:02.37	16.90	1000m:	11:19.34	17.24	1375m:	15:37.41	16.83
275m:	3:02.68	17.02	650m:	7:19.69	17.32	1025m:	11:35.98	16.64	1400m:	15:54.35	16.94
300m:	3:19.66	16.98	675m:	7:36.48	16.79	1050m:	11:53.24	17.26	1425m:	16:11.63	17.28
325m:	3:36.78	17.12	700m:	7:53.63	17.15	1075m:	12:10.27	17.03	1450m:	16:28.30	16.67
350m:	3:53.81	17.03	725m:	8:10.96	17.33	1100m:	12:27.26	16.99	1475m:	16:44.64	16.34
375m:	4:10.78	16.97	750m:	8:28.02	17.06	1125m:	12:44.67	17.41	1500m:	17:00.47	15.83

12. , 2008 **17:05.12** 563

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13.			2008				17:07.77	1	559			
	25m:	15.09	15.09	400m:	4:32.38	17.37	775m:	8:52.39	17.32	1150m:	13:10.59	17.15
	50m:	31.31	16.22	425m:	4:49.59	17.21	800m:	9:09.81	17.42	1175m:	13:27.82	17.23
	75m:	47.78	16.47	450m:	5:06.74	17.15	825m:	9:27.11	17.30	1200m:	13:45.12	17.30
	100m:	1:04.77	16.99	475m:	5:24.37	17.63	850m:	9:44.35	17.24	1225m:	14:02.21	17.09
	125m:	1:21.84	17.07	500m:	5:41.80	17.43	875m:	10:01.66	17.31	1250m:	14:19.54	17.33
	150m:	1:39.14	17.30	525m:	5:59.26	17.46	900m:	10:18.89	17.23	1275m:	14:36.38	16.84
	175m:	1:56.36	17.22	550m:	6:16.68	17.42	925m:	10:35.98	17.09	1300m:	14:53.17	16.79
	200m:	2:13.64	17.28	575m:	6:34.07	17.39	950m:	10:53.05	17.07	1325m:	15:10.21	17.04
	225m:	2:30.74	17.10	600m:	6:51.43	17.36	975m:	11:10.33	17.28	1350m:	15:27.25	17.04
	250m:	2:48.03	17.29	625m:	7:08.66	17.23	1000m:	11:27.60	17.27	1375m:	15:44.50	17.25
	275m:	3:05.38	17.35	650m:	7:26.12	17.46	1025m:	11:44.67	17.07	1400m:	16:01.70	17.20
	300m:	3:22.92	17.54	675m:	7:43.33	17.21	1050m:	12:01.88	17.21	1425m:	16:18.94	17.24
	325m:	3:40.18	17.26	700m:	8:00.76	17.43	1075m:	12:19.02	17.14	1450m:	16:35.74	16.80
	350m:	3:57.71	17.53	725m:	8:18.11	17.35	1100m:	12:36.30	17.28	1475m:	16:52.18	16.44
	375m:	4:15.01	17.30	750m:	8:35.07	16.96	1125m:	12:53.44	17.14	1500m:	17:07.77	15.59
14.			2009							17:12.55	1	551
15.			2010							17:13.56	1	550
	25m:	14.96	14.96	400m:	4:29.94	17.00	775m:	8:51.20	17.76	1150m:	13:13.03	17.59
	50m:	30.74	15.78	425m:	4:47.13	17.19	800m:	9:08.57	17.37	1175m:	13:30.44	17.41
	75m:	47.14	16.40	450m:	5:04.53	17.40	825m:	9:25.86	17.29	1200m:	13:47.83	17.39
	100m:	1:04.05	16.91	475m:	5:21.85	17.32	850m:	9:43.33	17.47	1225m:	14:05.66	17.83
	125m:	1:20.99	16.94	500m:	5:39.13	17.28	875m:	10:00.74	17.41	1250m:	14:23.00	17.34
	150m:	1:37.95	16.96	525m:	5:56.53	17.40	900m:	10:17.94	17.20	1275m:	14:40.81	17.81
	175m:	1:54.99	17.04	550m:	6:13.90	17.37	925m:	10:35.37	17.43	1300m:	14:58.48	17.67
	200m:	2:12.12	17.13	575m:	6:31.35	17.45	950m:	10:52.92	17.55	1325m:	15:16.22	17.74
	225m:	2:29.19	17.07	600m:	6:48.68	17.33	975m:	11:10.59	17.67	1350m:	15:33.72	17.50
	250m:	2:46.59	17.40	625m:	7:06.26	17.58	1000m:	11:28.00	17.41	1375m:	15:51.37	17.65
	275m:	3:04.05	17.46	650m:	7:23.53	17.27	1025m:	11:45.64	17.64	1400m:	16:08.95	17.58
	300m:	3:21.09	17.04	675m:	7:41.18	17.65	1050m:	12:03.08	17.44	1425m:	16:26.42	17.47
	325m:	3:38.27	17.18	700m:	7:58.54	17.36	1075m:	12:20.56	17.48	1450m:	16:43.56	17.14
	350m:	3:55.60	17.33	725m:	8:16.03	17.49	1100m:	12:37.86	17.30	1475m:	16:58.82	15.26
	375m:	4:12.94	17.34	750m:	8:33.44	17.41	1125m:	12:55.44	17.58	1500m:	17:13.56	14.74
16.			2008							17:15.27	1	547
	25m:	14.81	14.81	400m:	4:26.99	17.12	775m:	8:49.19	17.49	1150m:	13:12.32	17.57
	50m:	30.54	15.73	425m:	4:44.26	17.27	800m:	9:06.41	17.22	1175m:	13:30.03	17.71
	75m:	46.49	15.95	450m:	5:01.65	17.39	825m:	9:24.20	17.79	1200m:	13:47.44	17.41
	100m:	1:02.69	16.20	475m:	5:19.11	17.46	850m:	9:41.59	17.39	1225m:	14:05.16	17.72
	125m:	1:19.27	16.58	500m:	5:36.57	17.46	875m:	9:59.14	17.55	1250m:	14:22.77	17.61
	150m:	1:36.00	16.73	525m:	5:54.15	17.58	900m:	10:16.69	17.55	1275m:	14:40.40	17.63
	175m:	1:53.11	17.11	550m:	6:11.39	17.24	925m:	10:34.37	17.68	1300m:	14:58.02	17.62
	200m:	2:10.09	16.98	575m:	6:28.87	17.48	950m:	10:52.02	17.65	1325m:	15:15.72	17.70
	225m:	2:27.13	17.04	600m:	6:46.20	17.33	975m:	11:09.75	17.73	1350m:	15:33.37	17.65
	250m:	2:44.07	16.94	625m:	7:03.79	17.59	1000m:	11:27.11	17.36	1375m:	15:51.38	18.01
	275m:	3:01.15	17.08	650m:	7:21.33	17.54	1025m:	11:44.92	17.81	1400m:	16:09.10	17.72
	300m:	3:18.28	17.13	675m:	7:39.05	17.72	1050m:	12:02.43	17.51	1425m:	16:26.70	17.60
	325m:	3:35.48	17.20	700m:	7:56.36	17.31	1075m:	12:19.80	17.37	1450m:	16:43.51	16.81
	350m:	3:52.62	17.14	725m:	8:14.18	17.82	1100m:	12:37.22	17.42	1475m:	16:59.88	16.37
	375m:	4:09.87	17.25	750m:	8:31.70	17.52	1125m:	12:54.75	17.53	1500m:	17:15.27	15.39
17.			2010							17:15.98	1	546
	25m:	14.72	14.72	275m:	3:03.28	16.92	525m:	5:54.73	17.36	775m:	8:47.97	17.39
	50m:	30.61	15.89	300m:	3:20.43	17.15	550m:	6:12.04	17.31	800m:	9:05.59	17.62
	75m:	47.27	16.66	325m:	3:37.64	17.21	575m:	6:29.40	17.36	825m:	9:23.03	17.44
	100m:	1:03.93	16.66	350m:	3:54.58	16.94	600m:	6:46.54	17.14	850m:	9:40.57	17.54
	125m:	1:20.96	17.03	375m:	4:11.61	17.03	625m:	7:04.04	17.50	875m:	9:58.07	17.50
	150m:	1:37.90	16.94	400m:	4:28.79	17.18	650m:	7:21.32	17.28	900m:	10:15.60	17.53
	175m:	1:55.00	17.10	425m:	4:45.84	17.05	675m:	7:38.52	17.20	925m:	10:33.07	17.47
	200m:	2:12.21	17.21	450m:	5:02.97	17.13	700m:	7:55.83	17.31	950m:	10:50.75	17.68
	225m:	2:29.30	17.09	475m:	5:20.08	17.11	725m:	8:13.04	17.21	975m:	11:08.36	17.61
	250m:	2:46.36	17.06	500m:	5:37.37	17.29	750m:	8:30.58	17.54	1000m:	11:25.93	17.57

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1025m:	11:43.67	17.74	1150m:	13:11.59	17.65	1275m:	14:39.58	17.52	1400m:	16:08.00	17.79
1050m:	12:01.28	17.61	1175m:	13:29.12	17.53	1300m:	14:57.50	17.92	1425m:	16:25.49	17.49
1075m:	12:18.83	17.55	1200m:	13:46.79	17.67	1325m:	15:15.07	17.57	1450m:	16:43.17	17.68
1100m:	12:36.46	17.63	1225m:	14:04.27	17.48	1350m:	15:32.73	17.66	1475m:	17:00.15	16.98
1125m:	12:53.94	17.48	1250m:	14:22.06	17.79	1375m:	15:50.21	17.48	1500m:	17:15.98	15.83

18.			2009						17:22.99	1	535
19.			2010						17:31.00	1	523
20.			2010						17:31.18	1	522
21.			2009			2			17:39.38	1	510
22.			2009						17:51.74	1	493
23.			2008			3			17:51.81	1	493

25m:	15.41	15.41	400m:	4:36.43	18.00	775m:	9:08.90	18.41	1150m:	13:43.32	18.02
50m:	31.68	16.27	425m:	4:54.36	17.93	800m:	9:26.66	17.76	1175m:	14:01.76	18.44
75m:	48.40	16.72	450m:	5:12.90	18.54	825m:	9:43.82	17.16	1200m:	14:20.00	18.24
100m:	1:05.33	16.93	475m:	5:31.25	18.35	850m:	10:01.58	17.76	1225m:	14:38.94	18.94
125m:	1:22.34	17.01	500m:	5:48.76	17.51	875m:	10:19.88	18.30	1250m:	14:58.28	19.34
150m:	1:39.44	17.10	525m:	6:06.27	17.51	900m:	10:38.42	18.54	1275m:	15:17.24	18.96
175m:	1:56.42	16.98	550m:	6:24.36	18.09	925m:	10:56.77	18.35	1300m:	15:35.32	18.08
200m:	2:13.85	17.43	575m:	6:42.48	18.12	950m:	11:14.94	18.17	1325m:	15:53.08	17.76
225m:	2:31.18	17.33	600m:	7:01.19	18.71	975m:	11:33.78	18.84	1350m:	16:11.33	18.25
250m:	2:48.98	17.80	625m:	7:19.69	18.50	1000m:	11:53.03	19.25	1375m:	16:29.13	17.80
275m:	3:06.73	17.75	650m:	7:37.41	17.72	1025m:	12:11.39	18.36	1400m:	16:46.65	17.52
300m:	3:24.39	17.66	675m:	7:55.57	18.16	1050m:	12:29.49	18.10	1425m:	17:04.58	17.93
325m:	3:42.32	17.93	700m:	8:13.84	18.27	1075m:	12:48.36	18.87	1450m:	17:21.65	17.07
350m:	4:00.66	18.34	725m:	8:32.20	18.36	1100m:	13:06.68	18.32	1475m:	17:36.59	14.94
375m:	4:18.43	17.77	750m:	8:50.49	18.29	1125m:	13:25.30	18.62	1500m:	17:51.81	15.22

24.			2008			2			17:56.44	1	486
25.			2010						18:03.96	1	476
26.			2007			3			18:14.82	2	462
DNS			2009								

EXH			1999						15:48.30		712
25m:	14.09	14.09	400m:	4:13.35	16.11	775m:	8:11.27	15.80	1150m:	12:10.59	15.79
50m:	29.59	15.50	425m:	4:29.34	15.99	800m:	8:27.08	15.81	1175m:	12:26.41	15.82
75m:	45.12	15.53	450m:	4:45.11	15.77	825m:	8:43.12	16.04	1200m:	12:42.62	16.21
100m:	1:00.90	15.78	475m:	5:01.06	15.95	850m:	8:59.11	15.99	1225m:	12:58.30	15.68
125m:	1:16.73	15.83	500m:	5:16.87	15.81	875m:	9:15.19	16.08	1250m:	13:14.46	16.16
150m:	1:32.66	15.93	525m:	5:32.96	16.09	900m:	9:30.98	15.79	1275m:	13:30.44	15.98
175m:	1:48.36	15.70	550m:	5:48.93	15.97	925m:	9:46.98	16.00	1300m:	13:46.14	15.70
200m:	2:04.42	16.06	575m:	6:04.72	15.79	950m:	10:03.06	16.08	1325m:	14:01.50	15.36
225m:	2:20.37	15.95	600m:	6:20.58	15.86	975m:	10:19.22	16.16	1350m:	14:17.10	15.60
250m:	2:36.44	16.07	625m:	6:36.67	16.09	1000m:	10:35.33	16.11	1375m:	14:32.74	15.64
275m:	2:52.74	16.30	650m:	6:52.34	15.67	1025m:	10:51.25	15.92	1400m:	14:48.50	15.76
300m:	3:09.06	16.32	675m:	7:08.01	15.67	1050m:	11:07.20	15.95	1425m:	15:04.19	15.69
325m:	3:25.13	16.07	700m:	7:23.84	15.83	1075m:	11:23.06	15.86	1450m:	15:20.26	16.07
350m:	3:41.27	16.14	725m:	7:39.67	15.83	1100m:	11:38.97	15.91	1475m:	15:34.58	14.32
375m:	3:57.24	15.97	750m:	7:55.47	15.80	1125m:	11:54.80	15.83	1500m:	15:48.30	13.72