

19 -21

2024

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21.09.2024 - 12:15

, 400m

2010

: FINA 2023

		/				R.T						
1.	,	2008				4	+0,78 3:56.34				724	
	25m:	12.97	12.97	125m:	1:11.96	14.81	225m:	2:11.90	14.94	325m:	3:11.71	14.64
	50m:	27.52	14.55	150m:	1:26.66	14.70	250m:	2:26.96	15.06	350m:	3:26.80	15.09
	75m:	42.30	14.78	175m:	1:41.81	15.15	275m:	2:42.07	15.11	375m:	3:41.72	14.92
	100m:	57.15	14.85	200m:	1:56.96	15.15	300m:	2:57.07	15.00	400m:	3:56.34	14.62
2.	,	2002				3	+0,64 4:00.72				685	
	25m:	12.79	12.79	125m:	1:11.57	14.85	225m:	2:12.08	15.47	325m:	3:14.37	16.00
	50m:	27.06	14.27	150m:	1:26.26	14.69	250m:	2:27.25	15.17	350m:	3:29.95	15.58
	75m:	42.00	14.94	175m:	1:41.56	15.30	275m:	2:42.95	15.70	375m:	3:46.05	16.10
	100m:	56.72	14.72	200m:	1:56.61	15.05	300m:	2:58.37	15.42	400m:	4:00.72	14.67
3.	,	2008				4	+0,74 4:04.46				654	
	25m:	13.36	13.36	125m:	1:13.82	15.42	225m:	2:16.27	15.72	325m:	3:18.75	15.70
	50m:	28.13	14.77	150m:	1:29.36	15.54	250m:	2:31.83	15.56	350m:	3:34.44	15.69
	75m:	43.16	15.03	175m:	1:44.91	15.55	275m:	2:47.49	15.66	375m:	3:49.96	15.52
	100m:	58.40	15.24	200m:	2:00.55	15.64	300m:	3:03.05	15.56	400m:	4:04.46	14.50
4.	,	2008				4	+0,75 4:04.61				653	
	25m:	13.51	13.51	125m:	1:13.66	15.43	225m:	2:15.88	15.83	325m:	3:18.53	15.56
	50m:	28.12	14.61	150m:	1:29.05	15.39	250m:	2:31.74	15.86	350m:	3:34.29	15.76
	75m:	42.95	14.83	175m:	1:44.48	15.43	275m:	2:47.29	15.55	375m:	3:49.92	15.63
	100m:	58.23	15.28	200m:	2:00.05	15.57	300m:	3:02.97	15.68	400m:	4:04.61	14.69
5.	,	2009				3	+0,76 4:06.46				638	
	25m:	13.86	13.86	125m:	1:16.09	16.03	225m:	2:19.51	15.71	325m:	3:21.08	15.31
	50m:	28.93	15.07	150m:	1:32.02	15.93	250m:	2:35.10	15.59	350m:	3:36.33	15.25
	75m:	44.45	15.52	175m:	1:48.02	16.00	275m:	2:50.60	15.50	375m:	3:51.64	15.31
	100m:	1:00.06	15.61	200m:	2:03.80	15.78	300m:	3:05.77	15.17	400m:	4:06.46	14.82
6.	,	2007					+0,64 4:07.57				630	
	25m:	12.74	12.74	125m:	1:12.31	15.57	225m:	2:15.70	15.96	325m:	3:19.66	15.92
	50m:	26.96	14.22	150m:	1:27.92	15.61	250m:	2:31.59	15.89	350m:	3:35.74	16.08
	75m:	41.77	14.81	175m:	1:43.66	15.74	275m:	2:47.51	15.92	375m:	3:51.82	16.08
	100m:	56.74	14.97	200m:	1:59.74	16.08	300m:	3:03.74	16.23	400m:	4:07.57	15.75
7.	,	1999					+0,65 4:08.12				625	
	25m:	12.77	12.77	125m:	1:12.93	15.33	225m:	2:15.76	15.62	325m:	3:19.02	15.95
	50m:	27.34	14.57	150m:	1:28.78	15.85	250m:	2:31.47	15.71	350m:	3:35.28	16.26
	75m:	42.39	15.05	175m:	1:44.41	15.63	275m:	2:47.17	15.70	375m:	3:51.87	16.59
	100m:	57.60	15.21	200m:	2:00.14	15.73	300m:	3:03.07	15.90	400m:	4:08.12	16.25
8.	,	2010					+0,77 4:09.09 1				618	
	25m:	13.03	13.03	125m:	1:13.69	15.35	225m:	2:17.72	16.11	325m:	3:22.17	16.04
	50m:	27.60	14.57	150m:	1:29.69	16.00	250m:	2:33.78	16.06	350m:	3:38.37	16.20
	75m:	42.97	15.37	175m:	1:45.69	16.00	275m:	2:49.92	16.14	375m:	3:54.15	15.78
	100m:	58.34	15.37	200m:	2:01.61	15.92	300m:	3:06.13	16.21	400m:	4:09.09	14.94
9.	,	2007				4	+0,63 4:09.34 1				616	
	25m:	13.27	13.27	125m:	1:13.88	15.60	225m:	2:17.97	15.76	325m:	3:22.54	16.12
	50m:	27.76	14.49	150m:	1:29.89	16.01	250m:	2:34.22	16.25	350m:	3:38.23	15.69
	75m:	42.88	15.12	175m:	1:46.21	16.32	275m:	2:50.22	16.00	375m:	3:54.32	16.09
	100m:	58.28	15.40	200m:	2:02.21	16.00	300m:	3:06.42	16.20	400m:	4:09.34	15.02
10.	,	2000					+0,70 4:10.07 1				611	
	25m:	12.77	12.77	125m:	1:12.99	15.39	225m:	2:16.17	16.08	325m:	3:21.12	16.47
	50m:	27.28	14.51	150m:	1:28.53	15.54	250m:	2:32.30	16.13	350m:	3:37.62	16.50
	75m:	42.38	15.10	175m:	1:44.28	15.75	275m:	2:48.62	16.32	375m:	3:54.09	16.47
	100m:	57.60	15.22	200m:	2:00.09	15.81	300m:	3:04.65	16.03	400m:	4:10.07	15.98

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OMEGA ARES 21

40,		, 400m		, 2010				R.T				
11.				2010		2		+0,64	4:10.24	1	610	
	25m:	13.31	13.31	125m:	1:15.63	16.27	225m:	2:20.14	15.84	325m:	3:23.93	15.92
	50m:	27.96	14.65	150m:	1:31.83	16.20	250m:	2:35.96	15.82	350m:	3:40.11	16.18
	75m:	43.57	15.61	175m:	1:48.12	16.29	275m:	2:51.91	15.95	375m:	3:55.90	15.79
	100m:	59.36	15.79	200m:	2:04.30	16.18	300m:	3:08.01	16.10	400m:	4:10.24	14.34
12.				2008				+0,67	4:10.66	1	607	
	25m:	13.29	13.29	125m:	1:15.54	15.77	225m:	2:19.05	15.87	325m:	3:23.29	16.07
	50m:	28.60	15.31	150m:	1:31.35	15.81	250m:	2:35.06	16.01	350m:	3:39.47	16.18
	75m:	44.11	15.51	175m:	1:47.22	15.87	275m:	2:51.18	16.12	375m:	3:55.69	16.22
	100m:	59.77	15.66	200m:	2:03.18	15.96	300m:	3:07.22	16.04	400m:	4:10.66	14.97
13.				2009		3		+0,67	4:11.73	1	599	
	25m:	12.93	12.93	125m:	1:15.01	16.30	225m:	2:20.27	16.33	325m:	3:24.54	16.04
	50m:	27.75	14.82	150m:	1:31.16	16.15	250m:	2:36.46	16.19	350m:	3:40.63	16.09
	75m:	42.99	15.24	175m:	1:47.53	16.37	275m:	2:52.46	16.00	375m:	3:56.33	15.70
	100m:	58.71	15.72	200m:	2:03.94	16.41	300m:	3:08.50	16.04	400m:	4:11.73	15.40
14.				2006				+0,66	4:11.79	1	599	
	25m:	13.45	13.45	125m:	1:15.63	16.03	225m:	2:19.81	16.23	325m:	3:24.04	15.99
	50m:	28.89	15.44	150m:	1:31.80	16.17	250m:	2:35.93	16.12	350m:	3:40.23	16.19
	75m:	44.09	15.20	175m:	1:47.62	15.82	275m:	2:51.95	16.02	375m:	3:56.11	15.88
	100m:	59.60	15.51	200m:	2:03.58	15.96	300m:	3:08.05	16.10	400m:	4:11.79	15.68
15.				2010		1		+0,63	4:13.10	1	589	
	25m:	13.44	13.44	125m:	1:15.77	16.01	225m:	2:20.58	16.07	325m:	3:25.56	16.15
	50m:	28.50	15.06	150m:	1:32.03	16.26	250m:	2:36.99	16.41	350m:	3:41.88	16.32
	75m:	43.79	15.29	175m:	1:48.29	16.26	275m:	2:52.99	16.00	375m:	3:58.06	16.18
	100m:	59.76	15.97	200m:	2:04.51	16.22	300m:	3:09.41	16.42	400m:	4:13.10	15.04
16.				2008	I	1		+0,81	4:14.14	1	582	
	25m:	13.51	13.51	125m:	1:17.78	16.22	225m:	2:23.11	15.99	325m:	3:26.93	15.86
	50m:	29.20	15.69	150m:	1:34.34	16.56	250m:	2:39.13	16.02	350m:	3:42.80	15.87
	75m:	45.19	15.99	175m:	1:50.83	16.49	275m:	2:55.10	15.97	375m:	3:58.93	16.13
	100m:	1:01.56	16.37	200m:	2:07.12	16.29	300m:	3:11.07	15.97	400m:	4:14.14	15.21
17.				2008	I	4		+0,72	4:16.02	1	569	
	25m:	13.62	13.62	125m:	1:16.92	16.24	225m:	2:22.42	16.11	325m:	3:28.01	16.52
	50m:	28.96	15.34	150m:	1:33.53	16.61	250m:	2:38.64	16.22	350m:	3:44.41	16.40
	75m:	44.73	15.77	175m:	1:49.92	16.39	275m:	2:54.93	16.29	375m:	4:00.95	16.54
	100m:	1:00.68	15.95	200m:	2:06.31	16.39	300m:	3:11.49	16.56	400m:	4:16.02	15.07
18.				2010	I	2		+0,69	4:16.42	1	567	
	25m:	14.11	14.11	125m:	1:18.05	16.26	225m:	2:23.66	16.40	325m:	3:29.21	16.32
	50m:	29.94	15.83	150m:	1:34.41	16.36	250m:	2:39.88	16.22	350m:	3:45.14	15.93
	75m:	45.75	15.81	175m:	1:50.81	16.40	275m:	2:56.50	16.62	375m:	4:01.18	16.04
	100m:	1:01.79	16.04	200m:	2:07.26	16.45	300m:	3:12.89	16.39	400m:	4:16.42	15.24
19.				2010	I			+0,66	4:16.45	1	566	
	25m:	13.77	13.77	125m:	1:18.27	16.42	225m:	2:24.34	16.28	325m:	3:29.71	16.01
	50m:	29.44	15.67	150m:	1:35.02	16.75	250m:	2:41.01	16.67	350m:	3:45.91	16.20
	75m:	45.73	16.29	175m:	1:51.58	16.56	275m:	2:57.39	16.38	375m:	4:01.27	15.36
	100m:	1:01.85	16.12	200m:	2:08.06	16.48	300m:	3:13.70	16.31	400m:	4:16.45	15.18
20.				2008		1		+0,73	4:16.65	1	565	
	25m:	14.00	14.00	125m:	1:18.16	16.47	225m:	2:23.70	16.08	325m:	3:28.79	15.51
	50m:	29.50	15.50	150m:	1:34.59	16.43	250m:	2:40.23	16.53	350m:	3:44.76	15.97
	75m:	45.39	15.89	175m:	1:51.03	16.44	275m:	2:56.67	16.44	375m:	4:00.89	16.13
	100m:	1:01.69	16.30	200m:	2:07.62	16.59	300m:	3:13.28	16.61	400m:	4:16.65	15.76

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40, , 400m , 2010

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21.			2008	4	+0,66	4:17.64	1	559				
	25m:	13.87	13.87	125m:	1:17.28	16.12	225m:	2:22.52	16.51	325m:	3:28.57	16.62
	50m:	29.19	15.32	150m:	1:33.49	16.21	250m:	2:38.90	16.38	350m:	3:45.18	16.61
	75m:	45.01	15.82	175m:	1:49.77	16.28	275m:	2:55.49	16.59	375m:	4:01.83	16.65
	100m:	1:01.16	16.15	200m:	2:06.01	16.24	300m:	3:11.95	16.46	400m:	4:17.64	15.81
22.			2010	1	+0,81	4:18.04	1	556				
	25m:	14.01	14.01	125m:	1:18.00	16.43	225m:	2:24.37	16.60	325m:	3:30.75	16.65
	50m:	29.20	15.19	150m:	1:34.57	16.57	250m:	2:40.86	16.49	350m:	3:47.04	16.29
	75m:	45.11	15.91	175m:	1:51.27	16.70	275m:	2:57.37	16.51	375m:	4:03.23	16.19
	100m:	1:01.57	16.46	200m:	2:07.77	16.50	300m:	3:14.10	16.73	400m:	4:18.04	14.81
23.			2010	I	+0,70	4:18.27	1	555				
	25m:	13.38	13.38	125m:	1:17.97	16.38	225m:	2:23.87	16.57	325m:	3:30.29	16.56
	50m:	29.22	15.84	150m:	1:34.41	16.44	250m:	2:40.25	16.38	350m:	3:46.49	16.20
	75m:	45.30	16.08	175m:	1:50.83	16.42	275m:	2:57.02	16.77	375m:	4:02.83	16.34
	100m:	1:01.59	16.29	200m:	2:07.30	16.47	300m:	3:13.73	16.71	400m:	4:18.27	15.44
24.			2008		+0,65	4:20.89	1	538				
	25m:	13.87	13.87	125m:	1:18.17	16.39	225m:	2:24.85	16.77	325m:	3:32.16	16.81
	50m:	29.47	15.60	150m:	1:34.72	16.55	250m:	2:41.67	16.82	350m:	3:48.79	16.63
	75m:	45.49	16.02	175m:	1:51.27	16.55	275m:	2:58.48	16.81	375m:	4:05.46	16.67
	100m:	1:01.78	16.29	200m:	2:08.08	16.81	300m:	3:15.35	16.87	400m:	4:20.89	15.43
25.			2009		+0,69	4:21.53	1	534				
	25m:	13.68	13.68	125m:	1:17.14	16.58	225m:	2:24.09	16.70	325m:	3:31.47	16.99
	50m:	28.93	15.25	150m:	1:33.65	16.51	250m:	2:40.99	16.90	350m:	3:48.25	16.78
	75m:	44.75	15.82	175m:	1:50.70	17.05	275m:	2:57.53	16.54	375m:	4:05.17	16.92
	100m:	1:00.56	15.81	200m:	2:07.39	16.69	300m:	3:14.48	16.95	400m:	4:21.53	16.36
26.			2009		+0,68	4:21.79	1	532				
	25m:	14.05	14.05	125m:	1:18.48	16.58	225m:	2:25.39	16.53	325m:	3:31.95	16.54
	50m:	29.59	15.54	150m:	1:35.17	16.69	250m:	2:41.99	16.60	350m:	3:48.93	16.98
	75m:	45.50	15.91	175m:	1:51.96	16.79	275m:	2:58.70	16.71	375m:	4:05.43	16.50
	100m:	1:01.90	16.40	200m:	2:08.86	16.90	300m:	3:15.41	16.71	400m:	4:21.79	16.36
27.			2010	2	+0,60	4:22.07	1	531				
	25m:	13.64	13.64	125m:	1:19.60	17.09	225m:	2:26.75	16.72	325m:	3:33.05	16.60
	50m:	29.32	15.68	150m:	1:36.31	16.71	250m:	2:43.28	16.53	350m:	3:49.44	16.39
	75m:	45.79	16.47	175m:	1:53.19	16.88	275m:	2:59.86	16.58	375m:	4:06.10	16.66
	100m:	1:02.51	16.72	200m:	2:10.03	16.84	300m:	3:16.45	16.59	400m:	4:22.07	15.97
28.			2009		+0,76	4:22.30	1	529				
	25m:	14.11	14.11	125m:	1:19.29	16.45	225m:	2:26.18	16.75	325m:	3:33.11	16.67
	50m:	29.85	15.74	150m:	1:35.89	16.60	250m:	2:42.91	16.73	350m:	3:49.91	16.80
	75m:	46.34	16.49	175m:	1:52.69	16.80	275m:	2:59.60	16.69	375m:	4:06.34	16.43
	100m:	1:02.84	16.50	200m:	2:09.43	16.74	300m:	3:16.44	16.84	400m:	4:22.30	15.96
29.			2008	I	+0,65	4:22.57	1	528				
	25m:	14.50	14.50	125m:	1:18.95	15.93	225m:	2:24.14	16.54	325m:	3:30.13	16.47
	50m:	30.75	16.25	150m:	1:35.09	16.14	250m:	2:40.76	16.62	350m:	3:46.07	15.94
	75m:	47.36	16.61	175m:	1:51.44	16.35	275m:	2:57.34	16.58	375m:	4:06.45	20.38
	100m:	1:03.02	15.66	200m:	2:07.60	16.16	300m:	3:13.66	16.32	400m:	4:22.57	16.12
30.			2009		+0,72	4:22.93	1	526				
	25m:	14.04	14.04	125m:	1:18.43	16.67	225m:	2:26.06	17.11	325m:	3:34.12	16.95
	50m:	29.50	15.46	150m:	1:35.17	16.74	250m:	2:42.98	16.92	350m:	3:51.15	17.03
	75m:	45.55	16.05	175m:	1:52.12	16.95	275m:	3:00.17	17.19	375m:	4:07.56	16.41
	100m:	1:01.76	16.21	200m:	2:08.95	16.83	300m:	3:17.17	17.00	400m:	4:22.93	15.37

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OMEGA ARES 21

40, , 400m , 2010								R.T				
31.			2010		4		+0,70	4:22.99	1	525		
	25m:	13.82	13.82	125m:	1:18.70	16.71	225m:	2:25.79	16.82	325m:	3:33.40	16.88
	50m:	29.31	15.49	150m:	1:35.35	16.65	250m:	2:42.59	16.80	350m:	3:50.34	16.94
	75m:	45.55	16.24	175m:	1:52.13	16.78	275m:	2:59.53	16.94	375m:	4:07.06	16.72
	100m:	1:01.99	16.44	200m:	2:08.97	16.84	300m:	3:16.52	16.99	400m:	4:22.99	15.93
32.			2009		2		+0,78	4:23.27	1	524		
	25m:	13.82	13.82	125m:	1:19.56	16.72	225m:	2:26.86	16.84	325m:	3:33.69	16.18
	50m:	29.68	15.86	150m:	1:36.33	16.77	250m:	2:43.79	16.93	350m:	3:50.55	16.86
	75m:	46.02	16.34	175m:	1:53.03	16.70	275m:	3:00.69	16.90	375m:	4:06.97	16.42
	100m:	1:02.84	16.82	200m:	2:10.02	16.99	300m:	3:17.51	16.82	400m:	4:23.27	16.30
33.			2008		4		+0,78	4:23.56	1	522		
	25m:	13.96	13.96	125m:	1:19.13	16.87	225m:	2:26.67	16.61	325m:	3:34.09	16.83
	50m:	29.41	15.45	150m:	1:36.05	16.92	250m:	2:43.44	16.77	350m:	3:50.77	16.68
	75m:	45.76	16.35	175m:	1:53.23	17.18	275m:	3:00.49	17.05	375m:	4:07.45	16.68
	100m:	1:02.26	16.50	200m:	2:10.06	16.83	300m:	3:17.26	16.77	400m:	4:23.56	16.11
34.			2008	I	3		+0,59	4:23.63	1	521		
	25m:	13.85	13.85	125m:	1:17.89	16.41	225m:	2:25.88	16.79	325m:	3:32.84	17.20
	50m:	29.54	15.69	150m:	1:34.61	16.72	250m:	2:42.23	16.35	350m:	3:50.18	17.34
	75m:	45.47	15.93	175m:	1:51.68	17.07	275m:	2:58.85	16.62	375m:	4:07.61	17.43
	100m:	1:01.48	16.01	200m:	2:09.09	17.41	300m:	3:15.64	16.79	400m:	4:23.63	16.02
35.			2009	I			+0,73	4:23.79	1	520		
	25m:	14.13	14.13	125m:	1:18.66	16.45	225m:	2:25.41	17.05	325m:	3:33.57	17.18
	50m:	29.81	15.68	150m:	1:35.17	16.51	250m:	2:42.23	16.82	350m:	3:50.92	17.35
	75m:	45.93	16.12	175m:	1:51.81	16.64	275m:	2:59.34	17.11	375m:	4:08.10	17.18
	100m:	1:02.21	16.28	200m:	2:08.36	16.55	300m:	3:16.39	17.05	400m:	4:23.79	15.69
36.			2008	I			+0,79	4:24.05	1	519		
	25m:	13.59	13.59	125m:	1:18.34	16.78	225m:	2:26.30	17.44	325m:	3:34.09	16.66
	50m:	28.87	15.28	150m:	1:34.99	16.65	250m:	2:43.29	16.99	350m:	3:51.68	17.59
	75m:	45.23	16.36	175m:	1:51.74	16.75	275m:	3:00.92	17.63	375m:	4:08.73	17.05
	100m:	1:01.56	16.33	200m:	2:08.86	17.12	300m:	3:17.43	16.51	400m:	4:24.05	15.32
37.			2008				+0,68	4:25.04	2	513		
	25m:	13.43	13.43	125m:	1:17.65	16.76	225m:	2:25.62	17.07	325m:	3:34.74	17.26
	50m:	28.83	15.40	150m:	1:34.50	16.85	250m:	2:42.88	17.26	350m:	3:52.12	17.38
	75m:	44.62	15.79	175m:	1:51.57	17.07	275m:	3:00.08	17.20	375m:	4:09.27	17.15
	100m:	1:00.89	16.27	200m:	2:08.55	16.98	300m:	3:17.48	17.40	400m:	4:25.04	15.77
38.			2010				+0,75	4:27.04	2	502		
	25m:	14.63	14.63	125m:	1:20.95	17.00	225m:	2:29.44	17.18	325m:	3:37.96	16.95
	50m:	30.67	16.04	150m:	1:38.07	17.12	250m:	2:46.76	17.32	350m:	3:54.74	16.78
	75m:	47.21	16.54	175m:	1:55.25	17.18	275m:	3:04.00	17.24	375m:	4:11.41	16.67
	100m:	1:03.95	16.74	200m:	2:12.26	17.01	300m:	3:21.01	17.01	400m:	4:27.04	15.63
39.			2010				+0,71	4:27.16	2	501		
	25m:	13.38	13.38	125m:	1:17.21	16.90	225m:	2:26.02	17.30	325m:	3:35.04	17.31
	50m:	28.51	15.13	150m:	1:34.21	17.00	250m:	2:43.04	17.02	350m:	3:52.76	17.72
	75m:	43.97	15.46	175m:	1:51.33	17.12	275m:	3:00.25	17.21	375m:	4:10.34	17.58
	100m:	1:00.31	16.34	200m:	2:08.72	17.39	300m:	3:17.73	17.48	400m:	4:27.16	16.82
40.			2007				+0,67	4:27.55	2	499		
	25m:	13.68	13.68	125m:	1:19.17	16.76	225m:	2:27.53	17.18	325m:	3:36.83	17.07
	50m:	29.23	15.55	150m:	1:36.08	16.91	250m:	2:45.08	17.55	350m:	3:54.14	17.31
	75m:	45.53	16.30	175m:	1:53.21	17.13	275m:	3:02.68	17.60	375m:	4:11.27	17.13
	100m:	1:02.41	16.88	200m:	2:10.35	17.14	300m:	3:19.76	17.08	400m:	4:27.55	16.28

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41.			2007				+0,77	4:27.63	2	498		
	25m:	13.86	13.86	125m:	1:17.14	16.45	225m:	2:25.55	17.21	325m:	3:35.46	17.51
	50m:	29.10	15.24	150m:	1:33.89	16.75	250m:	2:42.82	17.27	350m:	3:53.25	17.79
	75m:	44.61	15.51	175m:	1:51.01	17.12	275m:	3:00.34	17.52	375m:	4:10.72	17.47
	100m:	1:00.69	16.08	200m:	2:08.34	17.33	300m:	3:17.95	17.61	400m:	4:27.63	16.91
42.			2007			7	+0,72	4:28.45	2	494		
	25m:	14.49	14.49	125m:	1:20.67	16.89	225m:	2:28.65	17.05	325m:	3:36.46	17.09
	50m:	30.58	16.09	150m:	1:37.59	16.92	250m:	2:45.50	16.85	350m:	3:53.76	17.30
	75m:	47.08	16.50	175m:	1:54.61	17.02	275m:	3:02.40	16.90	375m:	4:11.22	17.46
	100m:	1:03.78	16.70	200m:	2:11.60	16.99	300m:	3:19.37	16.97	400m:	4:28.45	17.23
43.			2008				+0,63	4:29.00	2	491		
	25m:	13.59	13.59	125m:	1:18.44	16.90	225m:	2:27.87	17.45	325m:	3:38.73	17.63
	50m:	29.04	15.45	150m:	1:35.64	17.20	250m:	2:45.66	17.79	350m:	3:56.54	17.81
	75m:	45.18	16.14	175m:	1:52.88	17.24	275m:	3:03.38	17.72	375m:	4:13.38	16.84
	100m:	1:01.54	16.36	200m:	2:10.42	17.54	300m:	3:21.10	17.72	400m:	4:29.00	15.62
44.			2009				+0,73	4:29.78	2	486		
	25m:	13.81	13.81	125m:	1:18.57	16.84	225m:	2:26.80	17.28	325m:	3:37.53	17.93
	50m:	29.21	15.40	150m:	1:35.49	16.92	250m:	2:43.86	17.06	350m:	3:55.01	17.48
	75m:	45.21	16.00	175m:	1:52.45	16.96	275m:	3:01.59	17.73	375m:	4:12.95	17.94
	100m:	1:01.73	16.52	200m:	2:09.52	17.07	300m:	3:19.60	18.01	400m:	4:29.78	16.83
45.			2009			I	+0,55	4:30.37	2	483		
	25m:	14.54	14.54	125m:	1:21.23	17.02	225m:	2:31.03	16.94	325m:	3:39.93	16.55
	50m:	30.97	16.43	150m:	1:38.65	17.42	250m:	2:48.44	17.41	350m:	3:57.31	17.38
	75m:	47.32	16.35	175m:	1:56.21	17.56	275m:	3:06.17	17.73	375m:	4:14.66	17.35
	100m:	1:04.21	16.89	200m:	2:14.09	17.88	300m:	3:23.38	17.21	400m:	4:30.37	15.71
46.			2009				+0,68	4:33.01	2	469		
	25m:	13.99	13.99	125m:	1:21.04	17.18	225m:	2:30.51	17.62	325m:	3:41.41	17.66
	50m:	30.27	16.28	150m:	1:38.27	17.23	250m:	2:48.11	17.60	350m:	3:59.20	17.79
	75m:	46.97	16.70	175m:	1:55.62	17.35	275m:	3:05.92	17.81	375m:	4:16.37	17.17
	100m:	1:03.86	16.89	200m:	2:12.89	17.27	300m:	3:23.75	17.83	400m:	4:33.01	16.64
47.			2010				+0,75	4:35.16	2	458		
	25m:	14.71	14.71	125m:	1:22.77	17.69	225m:	2:32.77	17.42	325m:	3:42.95	17.41
	50m:	30.64	15.93	150m:	1:40.27	17.50	250m:	2:50.17	17.40	350m:	4:00.43	17.48
	75m:	47.82	17.18	175m:	1:58.15	17.88	275m:	3:07.94	17.77	375m:	4:17.99	17.56
	100m:	1:05.08	17.26	200m:	2:15.35	17.20	300m:	3:25.54	17.60	400m:	4:35.16	17.17
48.			2007			I	+0,65	4:36.10	2	454		
	25m:	14.01	14.01	125m:	1:19.28	16.66	225m:	2:28.58	17.38	325m:	3:41.80	18.49
	50m:	30.05	16.04	150m:	1:36.40	17.12	250m:	2:46.72	18.14	350m:	4:00.53	18.73
	75m:	46.20	16.15	175m:	1:53.59	17.19	275m:	3:04.61	17.89	375m:	4:18.65	18.12
	100m:	1:02.62	16.42	200m:	2:11.20	17.61	300m:	3:23.31	18.70	400m:	4:36.10	17.45
49.			2010			I	+0,82	4:36.59	2	451		
	25m:	15.17	15.17	125m:	1:22.76	17.26	225m:	2:32.75	17.63	325m:	3:43.94	17.56
	50m:	31.69	16.52	150m:	1:40.04	17.28	250m:	2:50.46	17.71	350m:	4:01.61	17.67
	75m:	48.36	16.67	175m:	1:57.65	17.61	275m:	3:08.58	18.12	375m:	4:19.64	18.03
	100m:	1:05.50	17.14	200m:	2:15.12	17.47	300m:	3:26.38	17.80	400m:	4:36.59	16.95
50.			2010				+0,65	4:36.82	2	450		
	25m:	14.32	14.32	125m:	1:21.22	17.08	225m:	2:31.98	17.59	325m:	3:44.21	18.36
	50m:	30.64	16.32	150m:	1:38.81	17.59	250m:	2:49.70	17.72	350m:	4:02.36	18.15
	75m:	47.06	16.42	175m:	1:56.61	17.80	275m:	3:07.77	18.07	375m:	4:20.46	18.10
	100m:	1:04.14	17.08	200m:	2:14.39	17.78	300m:	3:25.85	18.08	400m:	4:36.82	16.36

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40,		, 400m		, 2010		R.T					
51.											
25m:	14.89	14.89	125m:	1:25.45	18.26	225m:	2:38.67	18.38	325m:	3:51.34	17.97
50m:	31.97	17.08	150m:	1:43.52	18.07	250m:	2:56.87	18.20	350m:	4:09.43	18.09
75m:	49.37	17.40	175m:	2:01.93	18.41	275m:	3:15.08	18.21	375m:	4:26.44	17.01
100m:	1:07.19	17.82	200m:	2:20.29	18.36	300m:	3:33.37	18.29	400m:	4:42.32	15.88
52.											
25m:	13.83	13.83	125m:	1:21.86	17.94	225m:	2:33.78	18.02	325m:	3:48.21	18.86
50m:	29.65	15.82	150m:	1:39.54	17.68	250m:	2:52.19	18.41	350m:	4:07.07	18.86
75m:	46.45	16.80	175m:	1:57.76	18.22	275m:	3:10.76	18.57	375m:	4:26.02	18.95
100m:	1:03.92	17.47	200m:	2:15.76	18.00	300m:	3:29.35	18.59	400m:	4:43.69	17.67
53.											
25m:	15.06	15.06	125m:	1:23.66	17.51	225m:	2:34.81	17.91	325m:	3:49.29	18.84
50m:	31.86	16.80	150m:	1:41.20	17.54	250m:	2:53.05	18.24	350m:	4:08.16	18.87
75m:	48.92	17.06	175m:	1:59.01	17.81	275m:	3:11.81	18.76	375m:	4:27.04	18.88
100m:	1:06.15	17.23	200m:	2:16.90	17.89	300m:	3:30.45	18.64	400m:	4:44.69	17.65
DNS											
EXH											
25m:	12.34	12.34	125m:	1:10.12	14.70	225m:	2:09.26	14.87	325m:	3:08.11	14.50
50m:	26.45	14.11	150m:	1:24.93	14.81	250m:	2:24.25	14.99	350m:	3:22.59	14.48
75m:	40.82	14.37	175m:	1:39.71	14.78	275m:	2:38.94	14.69	375m:	3:37.18	14.59
100m:	55.42	14.60	200m:	1:54.39	14.68	300m:	2:53.61	14.67	400m:	3:51.39	14.21
EXH											
25m:	14.11	14.11	125m:	1:19.90	17.00	225m:	2:29.60	17.71	325m:	3:39.29	17.78
50m:	29.77	15.66	150m:	1:36.99	17.09	250m:	2:46.80	17.20	350m:	3:57.07	17.78
75m:	46.43	16.66	175m:	1:54.66	17.67	275m:	3:04.28	17.48	375m:	4:15.15	18.08
100m:	1:02.90	16.47	200m:	2:11.89	17.23	300m:	3:21.51	17.23	400m:	4:32.09	16.94