

25
16.02.2024 - 12:34

, 1500m

2010

: FINA 2023

			/			R.T.						
1.			2010		2	+0,83	17:40.04	654				
	50m:	30.77	30.77	450m:	5:09.17	35.31	850m:	9:54.36	36.09	1250m:	14:42.75	36.37
	100m:	1:04.53	33.76	500m:	5:44.35	35.18	900m:	10:29.52	35.16	1300m:	15:18.94	36.19
	150m:	1:39.58	35.05	550m:	6:19.97	35.62	950m:	11:06.01	36.49	1350m:	15:55.50	36.56
	200m:	2:14.28	34.70	600m:	6:55.46	35.49	1000m:	11:41.46	35.45	1400m:	16:31.56	36.06
	250m:	2:49.39	35.11	650m:	7:30.94	35.48	1050m:	12:17.75	36.29	1450m:	17:06.06	34.50
	300m:	3:24.12	34.73	700m:	8:06.67	35.73	1100m:	12:53.62	35.87	1500m:	17:40.04	33.98
	350m:	3:59.40	35.28	750m:	8:42.64	35.97	1150m:	13:30.02	36.40			
	400m:	4:33.86	34.46	800m:	9:18.27	35.63	1200m:	14:06.38	36.36			
2.			2007		3	+0,80	17:51.19	634				
	50m:	31.59	31.59	450m:	5:15.44	36.00	850m:	10:03.36	36.07	1250m:	14:52.38	36.41
	100m:	1:05.95	34.36	500m:	5:51.26	35.82	900m:	10:39.33	35.97	1300m:	15:28.49	36.11
	150m:	1:41.44	35.49	550m:	6:27.33	36.07	950m:	11:15.47	36.14	1350m:	16:04.67	36.18
	200m:	2:17.17	35.73	600m:	7:03.04	35.71	1000m:	11:51.42	35.95	1400m:	16:41.11	36.44
	250m:	2:52.90	35.73	650m:	7:39.37	36.33	1050m:	12:27.59	36.17	1450m:	17:16.69	35.58
	300m:	3:28.35	35.45	700m:	8:15.18	35.81	1100m:	13:03.48	35.89	1500m:	17:51.19	34.50
	350m:	4:04.09	35.74	750m:	8:51.58	36.40	1150m:	13:40.00	36.52			
	400m:	4:39.44	35.35	800m:	9:27.29	35.71	1200m:	14:15.97	35.97			
3.			2008		4	+0,83	18:00.07	618				
	50m:	31.83	31.83	450m:	5:15.72	35.97	850m:	10:03.90	36.18	1250m:	14:57.41	37.12
	100m:	1:06.14	34.31	500m:	5:51.37	35.65	900m:	10:39.97	36.07	1300m:	15:33.99	36.58
	150m:	1:41.48	35.34	550m:	6:27.48	36.11	950m:	11:16.68	36.71	1350m:	16:11.30	37.31
	200m:	2:17.27	35.79	600m:	7:03.32	35.84	1000m:	11:52.99	36.31	1400m:	16:47.75	36.45
	250m:	2:53.06	35.79	650m:	7:39.75	36.43	1050m:	12:29.94	36.95	1450m:	17:24.51	36.76
	300m:	3:28.62	35.56	700m:	8:15.46	35.71	1100m:	13:06.69	36.75	1500m:	18:00.07	35.56
	350m:	4:04.37	35.75	750m:	8:51.85	36.39	1150m:	13:43.63	36.94			
	400m:	4:39.75	35.38	800m:	9:27.72	35.87	1200m:	14:20.29	36.66			
4.			2008			+0,87	18:28.66	572				
	50m:	33.67	33.67	450m:	5:31.91	37.36	850m:	10:29.39	36.50	1250m:	15:25.79	37.12
	100m:	1:09.50	35.83	500m:	6:09.02	37.11	900m:	11:05.89	36.50	1300m:	16:02.75	36.96
	150m:	1:47.41	37.91	550m:	6:46.20	37.18	950m:	11:42.90	37.01	1350m:	16:39.90	37.15
	200m:	2:24.51	37.10	600m:	7:23.46	37.26	1000m:	12:20.06	37.16	1400m:	17:17.21	37.31
	250m:	3:02.21	37.70	650m:	8:00.76	37.30	1050m:	12:57.04	36.98	1450m:	17:54.50	37.29
	300m:	3:39.73	37.52	700m:	8:38.18	37.42	1100m:	13:34.17	37.13	1500m:	18:28.66	34.16
	350m:	4:17.54	37.81	750m:	9:15.67	37.49	1150m:	14:11.26	37.09			
	400m:	4:54.55	37.01	800m:	9:52.89	37.22	1200m:	14:48.67	37.41			
5.			2006				18:43.00	550				
	50m:	33.30	33.30	450m:	5:30.07	37.83	850m:	10:30.00	37.42	1250m:	15:34.29	38.45
	100m:	1:09.80	36.50	500m:	6:07.52	37.45	900m:	11:07.34	37.34	1300m:	16:12.47	38.18
	150m:	1:46.54	36.74	550m:	6:45.09	37.57	950m:	11:45.25	37.91	1350m:	16:50.92	38.45
	200m:	2:23.46	36.92	600m:	7:22.46	37.37	1000m:	12:23.56	38.31	1400m:	17:28.97	38.05
	250m:	3:00.40	36.94	650m:	8:00.07	37.61	1050m:	13:01.93	38.37	1450m:	18:06.05	37.08
	300m:	3:37.46	37.06	700m:	8:37.55	37.48	1100m:	13:40.06	38.13	1500m:	18:43.00	36.95
	350m:	4:14.81	37.35	750m:	9:15.04	37.49	1150m:	14:17.87	37.81			
	400m:	4:52.24	37.43	800m:	9:52.58	37.54	1200m:	14:55.84	37.97			
6.			2009	I		+0,73	19:00.47	525 1				
	50m:	33.25	33.25	450m:	5:37.13	38.30	850m:	10:41.88	38.33	1250m:	15:51.17	38.73
	100m:	1:10.29	37.04	500m:	6:15.10	37.97	900m:	11:20.46	38.58	1300m:	16:29.75	38.58
	150m:	1:48.71	38.42	550m:	6:53.37	38.27	950m:	11:59.02	38.56	1350m:	17:08.16	38.41
	200m:	2:26.68	37.97	600m:	7:31.27	37.90	1000m:	12:37.33	38.31	1400m:	17:46.41	38.25
	250m:	3:04.65	37.97	650m:	8:09.19	37.92	1050m:	13:16.03	38.70	1450m:	18:24.31	37.90
	300m:	3:42.68	38.03	700m:	8:47.20	38.01	1100m:	13:54.93	38.90	1500m:	19:00.47	36.16
	350m:	4:20.93	38.25	750m:	9:25.33	38.13	1150m:	14:34.04	39.11			
	400m:	4:58.83	37.90	800m:	10:03.55	38.22	1200m:	15:12.44	38.40			

	25,	, 1500m	, 2010				R.T.					
7.			2008				19:00.53	525 1				
	50m:	32.69	32.69	450m:	5:33.09	38.49	850m:	10:42.41	38.94	1250m:	15:51.24	38.51
	100m:	1:08.66	35.97	500m:	6:11.71	38.62	900m:	11:21.15	38.74	1300m:	16:30.23	38.99
	150m:	1:46.61	37.95	550m:	6:50.57	38.86	950m:	12:00.12	38.97	1350m:	17:08.38	38.15
	200m:	2:24.28	37.67	600m:	7:29.59	39.02	1000m:	12:38.69	38.57	1400m:	17:45.54	37.16
	250m:	3:01.66	37.38	650m:	8:08.19	38.60	1050m:	13:17.27	38.58	1450m:	18:23.28	37.74
	300m:	3:39.16	37.50	700m:	8:46.58	38.39	1100m:	13:55.76	38.49	1500m:	19:00.53	37.25
	350m:	4:16.67	37.51	750m:	9:24.79	38.21	1150m:	14:33.87	38.11			
	400m:	4:54.60	37.93	800m:	10:03.47	38.68	1200m:	15:12.73	38.86			
8.			2008				+0,74 19:00.88	525 1				
	50m:	33.17	33.17	450m:	5:35.58	38.69	850m:	10:42.15	38.44	1250m:	15:52.31	38.64
	100m:	1:09.54	36.37	500m:	6:13.85	38.27	900m:	11:21.06	38.91	1300m:	16:30.95	38.64
	150m:	1:47.21	37.67	550m:	6:51.63	37.78	950m:	12:00.09	39.03	1350m:	17:08.63	37.68
	200m:	2:25.12	37.91	600m:	7:29.78	38.15	1000m:	12:38.79	38.70	1400m:	17:44.80	36.17
	250m:	3:02.74	37.62	650m:	8:07.71	37.93	1050m:	13:17.41	38.62	1450m:	18:25.73	40.93
	300m:	3:40.84	38.10	700m:	8:46.24	38.53	1100m:	13:56.63	39.22	1500m:	19:00.88	35.15
	350m:	4:18.86	38.02	750m:	9:24.65	38.41	1150m:	14:34.85	38.22			
	400m:	4:56.89	38.03	800m:	10:03.71	39.06	1200m:	15:13.67	38.82			
9.			2010			4	+0,91 19:01.26	524 1				
	50m:	32.37	32.37	450m:	5:32.10	37.89	850m:	10:38.30	38.41	1250m:	15:49.21	38.85
	100m:	1:08.95	36.58	500m:	6:09.83	37.73	900m:	11:16.87	38.57	1300m:	16:28.47	39.26
	150m:	1:46.80	37.85	550m:	6:48.06	38.23	950m:	11:55.38	38.51	1350m:	17:07.52	39.05
	200m:	2:24.08	37.28	600m:	7:26.31	38.25	1000m:	12:34.43	39.05	1400m:	17:46.73	39.21
	250m:	3:01.36	37.28	650m:	8:04.49	38.18	1050m:	13:13.61	39.18	1450m:	18:24.82	38.09
	300m:	3:39.14	37.78	700m:	8:42.52	38.03	1100m:	13:52.14	38.53	1500m:	19:01.26	36.44
	350m:	4:16.60	37.46	750m:	9:21.09	38.57	1150m:	14:31.45	39.31			
	400m:	4:54.21	37.61	800m:	9:59.89	38.80	1200m:	15:10.36	38.91			
10.			2010			1	+0,72 19:15.57	505 1				
	50m:	32.90	32.90	450m:	5:37.01	38.92	850m:	10:47.10	39.28	1250m:	16:02.37	39.85
	100m:	1:09.65	36.75	500m:	6:15.28	38.27	900m:	11:26.03	38.93	1300m:	16:41.13	38.76
	150m:	1:47.54	37.89	550m:	6:53.89	38.61	950m:	12:05.46	39.43	1350m:	17:20.23	39.10
	200m:	2:25.20	37.66	600m:	7:32.13	38.24	1000m:	12:44.14	38.68	1400m:	17:59.57	39.34
	250m:	3:03.22	38.02	650m:	8:10.95	38.82	1050m:	13:24.57	40.43	1450m:	18:38.02	38.45
	300m:	3:41.25	38.03	700m:	8:49.60	38.65	1100m:	14:03.98	39.41	1500m:	19:15.57	37.55
	350m:	4:19.74	38.49	750m:	9:28.76	39.16	1150m:	14:42.96	38.98			
	400m:	4:58.09	38.35	800m:	10:07.82	39.06	1200m:	15:22.52	39.56			
11.			2008			1	19:37.95	477 1				
	50m:	34.08	34.08	450m:	5:43.85	39.63	850m:	11:01.53	40.04	1250m:	16:22.35	40.33
	100m:	1:11.91	37.83	500m:	6:22.52	38.67	900m:	11:41.71	40.18	1300m:	17:01.83	39.48
	150m:	1:50.12	38.21	550m:	7:02.63	40.11	950m:	12:22.00	40.29	1350m:	17:42.44	40.61
	200m:	2:28.52	38.40	600m:	7:41.96	39.33	1000m:	13:01.67	39.67	1400m:	18:23.02	40.58
	250m:	3:07.38	38.86	650m:	8:22.11	40.15	1050m:	13:41.45	39.78	1450m:	19:01.33	38.31
	300m:	3:45.93	38.55	700m:	9:01.66	39.55	1100m:	14:20.97	39.52	1500m:	19:37.95	36.62
	350m:	4:24.91	38.98	750m:	9:41.82	40.16	1150m:	15:01.51	40.54			
	400m:	5:04.22	39.31	800m:	10:21.49	39.67	1200m:	15:42.02	40.51			
EXH			2007			/	20:50.19	399 2				
	50m:	36.89	36.89	450m:	6:15.24	42.56	850m:	11:50.78	41.77	1250m:	17:24.03	41.96
	100m:	1:17.61	40.72	500m:	6:57.32	42.08	900m:	12:32.47	41.69	1300m:	18:06.03	42.00
	150m:	2:00.35	42.74	550m:	7:39.88	42.56	950m:	13:13.99	41.52	1350m:	18:48.68	42.65
	200m:	2:42.88	42.53	600m:	8:21.69	41.81	1000m:	13:55.58	41.59	1400m:	19:29.84	41.16
	250m:	3:25.51	42.63	650m:	9:03.54	41.85	1050m:	14:37.26	41.68	1450m:	20:10.94	41.10
	300m:	4:07.94	42.43	700m:	9:45.70	42.16	1100m:	15:18.66	41.40	1500m:	20:50.19	39.25
	350m:	4:50.58	42.64	750m:	10:27.40	41.70	1150m:	16:00.83	42.17			
	400m:	5:32.68	42.10	800m:	11:09.01	41.61	1200m:	16:42.07	41.24			