

37  
05.04.2025 - 10:57

, 400m

14

: AQUA 2025

		/		R.T.								
1.	,	2007		3		+0,75 4:33.20		639				
	50m:	31.15	31.15	150m:	1:39.41	34.71	250m:	2:49.17	35.00	350m:	3:59.56	35.35
	100m:	1:04.70	33.55	200m:	2:14.17	34.76	300m:	3:24.21	35.04	400m:	4:33.20	33.64
2.	,	2009		3		+0,71 4:37.71		608				
	50m:	31.22	31.22	150m:	1:39.64	34.65	250m:	2:50.46	35.48	350m:	4:02.56	36.02
	100m:	1:04.99	33.77	200m:	2:14.98	35.34	300m:	3:26.54	36.08	400m:	4:37.71	35.15
3.	,	2008		4		+0,74 4:40.59		590				
	50m:	31.25	31.25	150m:	1:40.12	34.76	250m:	2:51.66	36.05	350m:	4:04.79	36.85
	100m:	1:05.36	34.11	200m:	2:15.61	35.49	300m:	3:27.94	36.28	400m:	4:40.59	35.80
4.	,	2008		4		+0,56 4:45.69 I		559				
	50m:	31.78	31.78	150m:	1:42.75	36.35	250m:	2:55.95	36.63	350m:	4:09.82	36.78
	100m:	1:06.40	34.62	200m:	2:19.32	36.57	300m:	3:33.04	37.09	400m:	4:45.69	35.87
5.	,	2009		4		+0,67 4:52.66 I		520				
	50m:	32.41	32.41	150m:	1:46.13	37.42	250m:	3:01.54	37.30	350m:	4:16.60	37.18
	100m:	1:08.71	36.30	200m:	2:24.24	38.11	300m:	3:39.42	37.88	400m:	4:52.66	36.06
6.	,	2011 I		4		+0,68 5:01.94 II		473				
	50m:	33.13	33.13	150m:	1:48.51	38.58	250m:	3:05.80	39.14	350m:	4:24.31	39.34
	100m:	1:09.93	36.80	200m:	2:26.66	38.15	300m:	3:44.97	39.17	400m:	5:01.94	37.63
7.	,	2010 I		4		+0,70 5:06.71 II		451				
	50m:	34.86	34.86	150m:	1:52.09	39.04	250m:	3:10.77	39.25	350m:	4:29.54	39.32
	100m:	1:13.05	38.19	200m:	2:31.52	39.43	300m:	3:50.22	39.45	400m:	5:06.71	37.17
8.	,	2008 I		4		+0,59 5:10.99 II		433				
	50m:	34.50	34.50	150m:	1:51.68	39.24	250m:	3:12.04	40.91	350m:	4:33.08	40.08
	100m:	1:12.44	37.94	200m:	2:31.13	39.45	300m:	3:53.00	40.96	400m:	5:10.99	37.91
9.	,	2011 I		2		+0,84 5:14.59 II		418				
	50m:	33.79	33.79	150m:	1:52.05	40.03	250m:	3:15.15	42.03	350m:	4:35.83	40.09
	100m:	1:12.02	38.23	200m:	2:33.12	41.07	300m:	3:55.74	40.59	400m:	5:14.59	38.76
10.	,	2011		2		+0,71 5:15.04 II		417				
	50m:	36.57	36.57	150m:	1:57.20	40.45	250m:	3:16.60	39.43	350m:	4:36.51	39.56
	100m:	1:16.75	40.18	200m:	2:37.17	39.97	300m:	3:56.95	40.35	400m:	5:15.04	38.53
11.	,	2009		2		5:21.69 II		391				
	50m:	36.57	36.57	150m:	1:57.20	41.00	250m:	3:19.79	41.80	350m:	4:42.60	41.13
	100m:	1:16.20	39.63	200m:	2:37.99	40.79	300m:	4:01.47	41.68	400m:	5:21.69	39.09
DNS	,	2011										