

21  
14.10.2022 - 12:29

, 400m

11 - 13

: FINA 2021

								R.T.				
1.			2010	1				+0,80	<b>5:15.51</b>	552		
	25m:	15.07	15.07	125m:	1:32.56	20.63	225m:	2:54.35	21.99	325m:	4:20.66	18.32
	50m:	33.64	18.57	150m:	1:52.58	20.02	250m:	3:16.34	21.99	350m:	4:39.68	19.02
	75m:	51.28	17.64	175m:	2:12.72	20.14	275m:	3:38.42	22.08	375m:	4:58.76	19.08
	100m:	1:11.93	20.65	200m:	2:32.36	19.64	300m:	4:02.34	23.92	400m:	5:15.51	16.75
2.			2010				1	+0,99	<b>6:02.85</b>	363	2	
	25m:	18.09	18.09	125m:	1:55.61	23.58	225m:	3:28.02	25.73	325m:	5:03.42	20.12
	50m:	40.71	22.62	150m:	2:17.78	22.17	250m:	3:52.68	24.66	350m:	5:23.75	20.33
	75m:	1:05.31	24.60	175m:	2:40.71	22.93	275m:	4:18.12	25.44	375m:	5:44.03	20.28
	100m:	1:32.03	26.72	200m:	3:02.29	21.58	300m:	4:43.30	25.18	400m:	6:02.85	18.82
3.			2011	II			3	+0,80	<b>6:04.70</b>	357	2	
	25m:	17.61	17.61	125m:	1:52.58	23.43	225m:	3:25.45	27.15	325m:	5:04.67	20.52
	50m:	40.09	22.48	150m:	2:14.49	21.91	250m:	3:50.89	25.44	350m:	5:24.79	20.12
	75m:	1:04.25	24.16	175m:	2:36.58	22.09	275m:	4:18.41	27.52	375m:	5:45.08	20.29
	100m:	1:29.15	24.90	200m:	2:58.30	21.72	300m:	4:44.15	25.74	400m:	6:04.70	19.62
4.			2010	2				+0,81	<b>6:11.12</b>	339	2	
	25m:	18.33	18.33	125m:	1:53.77	23.27	225m:	4:19.50	26.74	350m:	6:11.22	41.77
	50m:	41.42	23.09	150m:	3:02.10	1:08.33	250m:	4:46.06	26.56	400m:	6:11.12	
	75m:	1:05.22	23.80	175m:	3:27.46	25.36	275m:	5:07.62	21.56			
	100m:	1:30.50	25.28	200m:	3:52.76	25.30	300m:	5:29.45	21.83			
5.			2011	III			3	+0,75	<b>6:31.21</b>	289	3	
	25m:	19.24	19.24	125m:	1:59.44	22.88	225m:	3:37.32	26.41	325m:	5:23.23	20.30
	50m:	42.47	23.23	150m:	2:23.15	23.71	250m:	4:07.02	29.70	350m:	5:46.34	23.11
	75m:	1:07.91	25.44	175m:	2:46.35	23.20	275m:	4:33.46	26.44	375m:	6:08.99	22.65
	100m:	1:36.56	28.65	200m:	3:10.91	24.56	300m:	5:02.93	29.47	400m:	6:31.21	22.22
EXH			2009	1				+0,75	<b>5:39.37</b>	444	1	
	25m:	15.86	15.86	125m:	1:40.50	23.33	225m:	3:10.22	24.82	325m:	4:41.53	20.19
	50m:	35.14	19.28	150m:	2:02.04	21.54	250m:	3:32.94	22.72	350m:	5:39.44	57.91
	75m:	57.24	22.10	175m:	2:23.85	21.81	275m:	3:57.11	24.17	375m:	5:20.70	
	100m:	1:17.17	19.93	200m:	2:45.40	21.55	300m:	4:21.34	24.23	400m:	5:39.37	18.67
EXH			2009	II			2	+0,90	<b>5:43.80</b>	427	2	
	25m:	17.42	17.42	125m:	1:46.99	22.56	225m:	3:15.61	22.93	325m:	4:46.13	20.75
	50m:	39.00	21.58	150m:	2:08.64	21.65	250m:	3:38.79	23.18	350m:	5:05.15	19.02
	75m:	1:01.31	22.31	175m:	2:30.59	21.95	275m:	4:02.22	23.43	375m:	5:24.91	19.76
	100m:	1:24.43	23.12	200m:	2:52.68	22.09	300m:	4:25.38	23.16	400m:	5:43.80	18.89
EXH			2009	II				+0,87	<b>6:19.16</b>	318	2	
	25m:	18.17	18.17	125m:	1:55.87	23.42	225m:	4:21.16	25.56	325m:	5:57.37	23.22
	50m:	40.60	22.43	150m:	3:05.13	1:09.26	250m:	4:47.13	25.97	350m:	6:19.40	22.03
	75m:	1:05.90	25.30	175m:	3:30.39	25.26	275m:	5:10.71	23.58	400m:	6:19.16	
	100m:	1:32.45	26.55	200m:	3:55.60	25.21	300m:	5:34.15	23.44			