

2009 - 2010

1.	800	9:23.10	517	200	2:23.17	504	100	1:14.46	445	<b>1466</b>	3
2.	200	2:23.47	501	800	9:34.34	487	100	1:13.63	461	<b>1449</b>	3
3.	800	9:35.65	484	200	2:25.42	481	100	1:13.74	458	<b>1423</b>	3
4.	200	2:22.34	513	100	1:13.65	460	800	9:50.50	448	<b>1421</b>	3
5.	100	1:13.54	462	200	2:28.28	454	800	9:51.01	447	<b>1363</b>	3
6.	200	2:24.81	487	800	9:57.70	432	100	1:17.72	391	<b>1310</b>	3
7.	800	9:55.70	437	100	1:15.37	429	200	2:32.50	417	<b>1283</b>	3
8.	800	9:43.50	465	200	2:31.81	423	100	1:18.26	383	<b>1271</b>	3
9.	200	2:27.60	460	100	1:16.84	405	800	10:19.66	388	<b>1253</b>	3
10.	200	2:29.04	447	800	9:52.18	445	100	1:20.21	356	<b>1248</b>	3
11.	800	10:09.20	408	100	1:17.12	401	200	2:37.04	382	<b>1191</b>	3
12.	800	10:08.47	410	200	2:34.79	399	100	1:19.06	372	<b>1181</b>	3
13.	200	2:32.54	417	100	1:16.10	417	800	10:47.90	339	<b>1173</b>	3
14.	200	2:28.50	452	100	1:18.81	375	800	10:45.52	343	<b>1170</b>	3
15.	200	2:35.32	395	100	1:19.61	364	800	10:34.25	362	<b>1121</b>	3
16.	800	9:58.00	432	200	2:37.27	380	100	1:24.45	305	<b>1117</b>	3
17.	200	2:37.19	381	800	10:32.27	365	100	1:19.85	361	<b>1107</b>	3
18.	100	1:18.50	380	200	2:40.76	356	800	10:38.95	354	<b>1090</b>	3
19.	800	10:24.84	378	200	2:37.64	378	100	1:22.74	324	<b>1080</b>	3
20.	100	1:18.93	374	800	10:41.10	350	200	2:43.05	341	<b>1065</b>	3
21.	800	10:10.16	406	200	2:42.61	344	100	1:23.86	312	<b>1062</b>	3

22.	800	10:25.86	376	200	2:39.77	363	100	1:24.25	307	<b>1046</b>	<b>3</b>
23.	800	10:30.02	369	200	2:41.09	354	100	1:23.80	312	<b>1035</b>	<b>3</b>
24.	200	2:40.06	361	100	1:19.96	359	800	11:06.03	312	<b>1032</b>	<b>3</b>
25.	200	2:39.42	365	800	10:41.39	350	100	1:23.93	311	<b>1026</b>	<b>3</b>
26.	100	1:19.30	369	200	2:44.00	335	800	11:04.54	314	<b>1018</b>	<b>3</b>
27.	800	10:25.01	378	200	2:40.99	355	100	1:27.79	271	<b>1004</b>	<b>3</b>
28.	800	10:09.66	407	200	2:44.93	330	100	1:28.93	261	<b>998</b>	<b>3</b>
29.	800	10:30.27	369	200	2:45.59	326	100	1:25.90	290	<b>985</b>	<b>3</b>
30.	200	2:43.76	337	100	1:22.02	333	800	11:09.82	307	<b>977</b>	<b>3</b>
31.	200	2:43.71	337	800	10:55.80	327	100	1:26.95	279	<b>943</b>	<b>3</b>
32.	800	10:58.64	323	200	2:47.08	317	100	1:24.94	300	<b>940</b>	<b>3</b>
33.	100	1:22.67	325	200	2:49.86	302	800	11:23.24	289	<b>916</b>	<b>3</b>
34.	200	2:44.94	330	800	11:01.64	319	100	1:28.87	262	<b>911</b>	<b>3</b>
35.	100	1:21.22	343	200	2:48.65	308	800	11:49.57	258	<b>909</b>	<b>3</b>
36.	800	10:57.70	324	200	2:47.98	312	100	1:32.44	232	<b>868</b>	<b>3</b>
37.	200	2:47.93	312	100	1:24.15	308	800	12:07.63	239	<b>859</b>	<b>3</b>
38.	800	10:58.61	323	200	2:54.15	280	100	1:32.10	235	<b>838</b>	<b>3</b>
39.	800	11:14.63	300	200	2:53.20	285	100	1:30.46	248	<b>833</b>	<b>3</b>
40.	800	11:05.01	314	200	2:51.57	293	100	1:34.08	220	<b>827</b>	<b>3</b>
41.	800	10:32.81	364	200	3:00.46	252	100	1:38.47	192	<b>808</b>	<b>3</b>
42.	800	11:22.74	290	200	2:56.22	270	100	1:30.58	247	<b>807</b>	<b>3</b>
43.	800	9:47.92	454	100	1:21.84	335	200	1-1	-	<b>789</b>	<b>3</b>
44.	800	11:47.16	261	200	2:59.59	255	100	1:29.98	252	<b>768</b>	<b>3</b>

45.	100	,	1:28.45	265	200	2:59.01	258	800	12:05.28	242	<b>765</b>	3
46.	800	,	11:41.78	267	200	3:01.25	248	100	1:32.14	235	<b>750</b>	3
47.	800	,	11:38.79	270	200	3:02.39	244	100	1:33.68	223	<b>737</b>	3
48.	200	,	2:39.30	366	800	10:43.20	347	100		-	<b>713</b>	3
49.	800	,	11:54.66	253	200	3:05.91	230	100	1:33.03	228	<b>711</b>	3
50.	800	,	10:58.08	324	200	2:48.73	308	100		-	<b>632</b>	3
51.	800	,	10:51.80	333	100	1:26.73	282	200		-	<b>615</b>	3
52.	800	,	11:27.57	284	100	1:28.54	265	200	2-2	-	<b>549</b>	3
53.	100	,	1:28.00	270	800	12:09.53	238	200		-	<b>508</b>	3
54.	800	,	11:35.44	274	100	1:36.07	207	200		-	<b>481</b>	3
55.	800	,	9:19.98	526	200	2:21.94	518		1-1		<b>1044</b>	2
56.	800	,	9:19.52	527	200	2:27.98	457				<b>984</b>	2
57.	200	,	2:24.25	493	800	9:37.46	479		3-1		<b>972</b>	2
58.	800	,	9:16.92	535	200	2:31.02	430		2		<b>965</b>	2
59.	800	,	9:29.31	500	200	2:27.39	462				<b>962</b>	2
60.	800	,	9:31.90	494	200	2:27.70	459		2		<b>953</b>	2
61.	800	,	9:26.11	509	200	2:29.45	443				<b>952</b>	2
62.	800	,	9:29.39	500	200	2:28.81	449		2		<b>949</b>	2
63.	800	,	9:44.93	461	200	2:28.09	456		3-1		<b>917</b>	2
64.	800	,	9:34.59	487	200	2:31.81	423		1-1		<b>910</b>	2
65.	800	,	9:48.56	453	200	2:28.49	452		2		<b>905</b>	2
66.	800	,	9:39.96	473	200	2:31.04	429		1-1		<b>902</b>	2
67.	800	,	9:42.56	467	200	2:31.32	427		4		<b>894</b>	2

68.	200	,	492	800	10:12.63	09 401			<b>893</b>	2
69.	800	,	456	200	2:30.58	09 433	4		<b>889</b>	2
70.	800	,	466	200	2:32.42	09 418	.	1-1	<b>884</b>	2
71.	800	,	473	200	2:34.15	09 404	.	1-1	<b>877</b>	2
72.	800	,	446	200	2:31.14	10 429		1-1	<b>875</b>	2
73.	800	,	459	200	2:33.62	09 408			<b>867</b>	2
74.	200	,	430	800	10:00.63	10 426		2	<b>856</b>	2
75.	800	,	451	200	2:34.74	09 399		1-1	<b>850</b>	2
76.	800	,	440	200	2:33.87	09 406	.	1-1	<b>846</b>	2
77.	800	,	434	200	2:34.36	10 402	.	2-1	<b>836</b>	2
78.	800	,	439	200	2:37.05	10 382		2	<b>821</b>	2
79.	800	,	452	200	2:39.35	10 366		3-2	<b>818</b>	2
	800	,	419	200	2:34.84	09 399		3-1	<b>818</b>	2
81.	800	,	419	200	2:35.51	10 393		1-1	<b>812</b>	2
82.	800	,	444	200	2:40.29	09 359		1-1	<b>803</b>	2
83.	800	,	431	200	2:38.67	09 370		1-2	<b>801</b>	2
84.	200	,	401	800	10:17.15	09 393	.	2-1	<b>794</b>	2
85.	200	,	401	800	10:19.27	10 389	.	1-1	<b>790</b>	2
86.	800	,	417	200	2:38.93	09 369			<b>786</b>	2
87.	800	,	404	200	2:38.52	10 371			<b>775</b>	2
88.	800	,	421	200	2:42.38	09 346			<b>767</b>	2
	800	,	413	200	2:41.03	10 354			<b>767</b>	2
90.	800	,	399	200	2:39.11	10 367		1-2	<b>766</b>	2

	800	,	10:07.72	411	200	2:40.89	355	09			766	2
92.	800	,	10:03.96	419	200	2:42.36	346	09			765	2
93.	800	,	10:03.43	420	200	2:44.29	334	10		3-2	754	2
94.	800	,	10:09.33	408	200	2:42.44	345	10	.	1-2	753	2
95.	800	,	10:17.30	392	200	2:40.12	360	09			752	2
96.	800	,	10:17.99	391	200	2:40.20	360	10			751	2
	800	,	10:03.27	420	200	2:44.73	331	10	.	2-1	751	2
	200	,	2:34.73	399	800	10:39.81	352	09	.	2-1	751	2
99.	800	,	10:11.24	404	200	2:42.61	344	09			748	2
100.	200	,	2:35.12	396	800	10:41.39	350	09			746	2
	200	,	2:37.98	375	800	10:28.77	371	09		1-2	746	2
102.	800	,	10:28.90	371	200	2:38.85	369	09			740	2
103.	800	,	10:30.05	369	200	2:39.07	368	10			737	2
104.	800	,	10:12.36	402	200	2:44.71	331	10			733	2
105.	200	,	2:37.63	378	800	10:38.56	354	09			732	2
	200	,	2:38.01	375	800	10:37.03	357	09	.	2-1	732	2
107.	800	,	10:15.65	396	200	2:44.08	335	09			731	2
108.	200	,	2:38.74	370	800	10:35.60	359	10		4	729	2
	800	,	10:30.63	368	200	2:40.01	361	09			729	2
110.	200	,	2:36.52	386	800	10:47.46	340	09		4	726	2
	800	,	10:19.42	388	200	2:43.62	338	09	.	2-1	726	2
112.	200	,	2:38.71	370	800	10:39.02	354	09	.	1-2	724	2
113.	800	,	10:31.11	367	200	2:40.88	355	10	.	2-1	722	2

114.	200	,	2:38.02	375	800	10:44.11	345	10	2	<b>720</b>	2
115.	800	,	10:30.88	368	200	2:41.54	351	09	2-1	<b>719</b>	2
116.	800	,	10:35.46	360	200	2:40.79	356	10		<b>716</b>	2
	800	,	10:32.46	365	200	2:41.61	351	09		<b>716</b>	2
118.	800	,	10:18.02	391	200	2:46.05	323	10	1-2	<b>714</b>	2
	800	,	10:15.94	395	200	2:46.78	319	10	3-2	<b>714</b>	2
120.	800	,	10:22.58	382	200	2:44.82	330	10		<b>712</b>	2
121.	200	,	2:38.67	370	800	10:46.68	341	09	1-2	<b>711</b>	2
122.	800	,	10:18.36	390	200	2:47.01	318	10	1-2	<b>708</b>	2
123.	800	,	10:36.06	359	200	2:42.09	347	09		<b>706</b>	2
124.	200	,	2:37.44	379	800	10:58.86	323	10	4	<b>702</b>	2
	200	,	2:38.91	369	800	10:52.10	333	09		<b>702</b>	2
	200	,	2:36.08	389	800	11:05.66	313	10	3-1	<b>702</b>	2
127.	800	,	10:39.79	352	200	2:41.91	349	09		<b>701</b>	2
128.	800	,	10:25.02	378	200	2:48.35	310	10		<b>688</b>	2
129.	800	,	10:40.73	351	200	2:44.47	333	09	1-2	<b>684</b>	2
130.	200	,	2:43.87	336	800	10:51.03	334	10	3-2	<b>670</b>	2
	800	,	10:38.09	355	200	2:47.49	315	09	2-2	<b>670</b>	2
132.	800	,	10:50.92	335	200	2:44.40	333	09		<b>668</b>	2
133.	800	,	10:43.40	346	200	2:46.80	319	09		<b>665</b>	2
	800	,	10:43.42	346	200	2:46.72	319	09	2-2	<b>665</b>	2
135.	800	,	10:31.67	366	200	2:50.89	296	10	3-2	<b>662</b>	2
136.	800	,	10:43.76	346	200	2:48.56	309	10		<b>655</b>	2

	800	10:47.72	340	200	2:47.51	315			<b>655</b>	2
138.	800	10:43.19	347	200	2:49.68	303	.	1-2	<b>650</b>	2
	800	10:35.76	359	200	2:52.02	291	.		<b>650</b>	2
140.	100	1:21.13	344	200	2:49.45	304		3-2	<b>648</b>	2
141.	800	10:39.34	353	200	2:51.26	294			<b>647</b>	2
142.	200	2:44.29	334	800	11:06.44	312		4	<b>646</b>	2
	800	10:50.00	336	200	2:48.39	310			<b>646</b>	2
144.	800	10:37.70	356	200	2:54.73	277			<b>633</b>	2
145.	800	10:59.93	321	200	2:48.26	311			<b>632</b>	2
	800	10:50.96	335	200	2:50.72	297	.	2-2	<b>632</b>	2
147.	800	10:54.14	330	200	2:50.59	298	.	1-2	<b>628</b>	2
148.	800	10:46.03	342	200	2:53.19	285			<b>627</b>	2
149.	800	10:54.78	329	200	2:51.46	293	.		<b>622</b>	2
150.	200	2:48.25	311	800	11:07.92	310	.	2-2	<b>621</b>	2
151.	800	11:01.99	318	200	2:52.21	290			<b>608</b>	2
152.	800	11:02.55	317	200	2:52.27	289			<b>606</b>	2
153.	800	11:00.75	320	200	2:53.67	282			<b>602</b>	2
154.	800	10:56.56	326	200	2:55.39	274	.		<b>600</b>	2
155.	800	11:14.21	301	200	2:50.70	297			<b>598</b>	2
156.	800	10:47.96	339	200	2:59.09	257	.		<b>596</b>	2
157.	800	11:08.94	308	200	2:53.47	283			<b>591</b>	2
158.	200	2:47.22	316	800	11:35.86	274			<b>590</b>	2
159.	800	11:01.13	319	200	2:57.71	263			<b>582</b>	2

160.	800	,	11:07.34	310	200	2:56.34	270	10		580	2
161.	200	,	2:48.13	311	800	11:44.33	264	10		575	2
162.	800	,	11:26.39	285	200	2:53.85	281	10		566	2
	800	,	11:22.48	290	200	2:55.02	276	10		566	2
164.	200	,	2:53.18	285	800	11:35.18	275	10		560	2
165.	800	,	11:28.20	283	200	2:55.66	273	09		556	2
166.	200	,	2:51.06	295	800	11:47.71	260	09		555	2
167.	200	,	2:54.53	278	800	11:43.26	265	10		543	2
168.	800	,	11:13.34	302	200	3:03.53	239	10		541	2
169.	800	,	11:39.52	269	200	2:56.56	269	10	6	538	2
	800	,	11:32.25	278	200	2:58.54	260	09		538	2
171.	800	,	11:40.96	268	200	2:57.82	263	10		531	2
172.	800	,	11:22.31	290	200	3:04.24	236	10		526	2
173.	800	,	11:46.63	261	200	2:59.26	257	09	.	518	2
174.	200	,	2:59.41	256	800	11:54.41	253	09	.	509	2
175.	200	,	2:57.35	265	800	12:04.91	242	09	.	507	2
	200	,	2:50.39	299	800	12:41.97	208	10	2-2	507	2
177.	800	,	11:37.05	272	200	3:06.57	228	10		500	2
178.	800	,	11:41.91	267	200	3:06.45	228	10		495	2
179.	800	,	11:54.20	253	200	3:05.09	233	09	.	486	2
180.	800	,	11:41.92	267	200	3:14.02	202	10		469	2
181.	800	,	11:50.27	257	200	3:11.77	210	10		467	2
182.	200	,	3:07.54	224	800	12:28.95	219	10		443	2

183.	800	,	12:17.38	230	200	3:24.66	172	10			<b>402</b>	2
184.	200	,	3:15.60	197	800	13:20.65	180	10			<b>377</b>	2
185.	800	,	11:17.40	297	200			09			<b>297</b>	2
186.	800	,	11:18.24	296	200			10			<b>296</b>	2
187.	800	,	11:33.22	277	200			10			<b>277</b>	2
188.	800	,	11:48.90	259	200			10			<b>259</b>	2
189.	800	,	12:04.23	243	200			10			<b>243</b>	2
190.	800	,	12:22.81	225	200			10			<b>225</b>	2
191.	800	,	12:48.34	203	200			10			<b>203</b>	2
192.	800	,	12:52.22	200	200			09			<b>200</b>	2
193.	200	,	2:31.76	423				09	7		<b>423</b>	1
194.	200	,	2:38.84	369				10	7		<b>369</b>	1
195.	200	,	2:39.04	368				09	7		<b>368</b>	1
196.	200	,	2:41.19	353				09			<b>353</b>	1
197.	100	,	1:22.29	330				09			<b>330</b>	1
198.	100	,	1:23.62	314				09			<b>314</b>	1
199.	200	,	2:50.85	297				10			<b>297</b>	1
200.	200	,	2:53.57	283				10	7		<b>283</b>	1
201.	200	,	2:54.83	277				10			<b>277</b>	1
202.	100	,	1:27.47	274				10			<b>274</b>	1
203.	100	,	1:29.17	259				09			<b>259</b>	1
204.	100	,	1:29.72	254				10			<b>254</b>	1
205.	200	,	3:05.08	233				10	7		<b>233</b>	1
206.		,						10			<b>232</b>	1

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	100	1:32.47	232				
207.		,		09		<b>219</b>	1
	100	1:34.24	219				
208.		,		09		<b>210</b>	1
	100	1:35.63	210				
209.		,		09		<b>200</b>	1
	100	1:37.15	200				
210.		,		10		<b>175</b>	1
	100	1:41.51	175				
211.		,		10		<b>132</b>	1
	100	1:51.46	132				
212.		,		10		<b>91</b>	1
	100	2:06.36	91				