

2009 - 2010

1.	800	9:19.98	526	200	2:21.94	518	100	1:04.37	515	<b>1559</b>	<b>3</b>
2.	100	1:04.03	523	200	2:24.36	492	800	10:12.63	401	<b>1416</b>	<b>3</b>
3.	800	9:19.52	527	200	2:27.98	457	100	1:09.87	402	<b>1386</b>	<b>3</b>
4.	800	9:48.56	453	200	2:28.49	452	100	1:07.34	449	<b>1354</b>	<b>3</b>
5.	100	1:05.32	492	800	10:03.84	419	200	2:34.84	399	<b>1310</b>	<b>3</b>
6.	800	9:39.96	473	200	2:31.04	429	100	1:11.04	383	<b>1285</b>	<b>3</b>
7.	800	9:34.59	487	200	2:31.81	423	100	1:12.10	366	<b>1276</b>	<b>3</b>
8.	800	9:57.00	434	100	1:09.74	405	200	2:34.36	402	<b>1241</b>	<b>3</b>
9.	800	9:49.45	451	200	2:34.74	399	100	1:11.11	382	<b>1232</b>	<b>3</b>
10.	800	9:54.58	439	200	2:37.05	382	100	1:13.16	350	<b>1171</b>	<b>3</b>
11.	100	1:09.37	411	800	10:28.90	371	200	2:38.85	369	<b>1151</b>	<b>3</b>
12.	100	1:10.94	384	800	10:30.63	368	200	2:40.01	361	<b>1113</b>	<b>3</b>
13.	800	10:17.99	391	200	2:40.20	360	100	1:13.27	349	<b>1100</b>	<b>3</b>
14.	100	1:10.36	394	200	2:36.08	389	800	11:05.66	313	<b>1096</b>	<b>3</b>
15.	800	10:06.63	413	200	2:41.03	354	100	1:15.05	325	<b>1092</b>	<b>3</b>
16.	800	10:31.11	367	100	1:12.09	366	200	2:40.88	355	<b>1088</b>	<b>3</b>
17.	100	1:11.11	382	200	2:38.91	369	800	10:52.10	333	<b>1084</b>	<b>3</b>
18.	800	10:05.10	417	200	2:38.93	369	100	1:17.26	297	<b>1083</b>	<b>3</b>
19.	800	10:03.27	420	200	2:44.73	331	100	1:16.37	308	<b>1059</b>	<b>3</b>
20.	800	10:32.46	365	200	2:41.61	351	100	1:14.38	333	<b>1049</b>	<b>3</b>
21.	800	10:35.46	360	200	2:40.79	356	100	1:16.48	307	<b>1023</b>	<b>3</b>

22.	800	10:22.58	382	200	2:44.82	330	100	1:16.81	303	<b>1015</b>	3
23.	800	10:18.02	391	200	2:46.05	323	100	1-2 1:17.05	300	<b>1014</b>	3
24.	800	10:50.92	335	200	2:44.40	333	100	1:15.64	317	<b>985</b>	3
25.	800	10:25.02	378	200	2:48.35	310	100	1:17.41	296	<b>984</b>	3
26.	800	10:40.73	351	200	2:44.47	333	100	1-2 1:17.93	290	<b>974</b>	3
27.	800	10:54.14	330	200	2:50.59	298	100	1-2 1:19.18	276	<b>904</b>	3
28.	800	11:14.21	301	200	2:50.70	297	100	1:19.81	270	<b>868</b>	3
29.	800	11:00.75	320	200	2:53.67	282	100	1:20.66	261	<b>863</b>	3
30.	100	1:16.63	305	200	2:50.39	299	800	2-2 12:41.97	208	<b>812</b>	3
31.	800	11:32.25	278	200	2:58.54	260	100	1:23.15	238	<b>776</b>	3
32.	200	2:57.35	265	800	12:04.91	242	100	1:22.78	242	<b>749</b>	3
33.	800	11:41.91	267	100	1:21.94	249	200	3:06.45	228	<b>744</b>	3
34.	800	11:41.92	267	100	1:22.71	242	200	3:14.02	202	<b>711</b>	3
35.	200	3:07.54	224	100	1:25.02	223	800	12:28.95	219	<b>666</b>	3
36.	800	10:51.80	333	100	1:18.08	288	200	-	-	<b>621</b>	3
37.	800	12:17.38	230	100	1:26.90	209	200	3:24.66	172	<b>611</b>	3
38.	800	11:17.40	297	100	1:22.26	246	200	-	-	<b>543</b>	3
	800	11:18.24	296	100	1:22.19	247	200	-	-	<b>543</b>	3
40.	800	11:35.44	274	100	1:23.29	237	200	-	-	<b>511</b>	3
41.	800	11:33.22	277	100	1:23.90	232	200	-	-	<b>509</b>	3
42.	800	12:22.81	225	100	1:25.90	216	200	-	-	<b>441</b>	3
43.	100	1:25.62	218	800	12:48.34	203	200	-	-	<b>421</b>	3
44.	800	9:23.10	517	200	2:23.17	504		2		<b>1021</b>	2

45.	200	,	501	800	9:34.34	09 487		<b>988</b>	2
46.	200	,	493	800	9:37.46	09 479	3-1	<b>972</b>	2
47.	800	,	484	200	2:25.42	10 481	1-1	<b>965</b>	2
	800	,	535	200	2:31.02	10 430	2	<b>965</b>	2
49.	800	,	500	200	2:27.39	09 462		<b>962</b>	2
50.	200	,	513	800	9:50.50	09 448	1-1	<b>961</b>	2
51.	800	,	494	200	2:27.70	09 459	2	<b>953</b>	2
52.	800	,	509	200	2:29.45	09 443		<b>952</b>	2
53.	800	,	500	200	2:28.81	09 449	2	<b>949</b>	2
54.	200	,	487	800	9:57.70	09 432	1-1	<b>919</b>	2
55.	800	,	461	200	2:28.09	09 456	3-1	<b>917</b>	2
56.	200	,	454	800	9:51.01	09 447	3-1	<b>901</b>	2
57.	800	,	467	200	2:31.32	09 427	4	<b>894</b>	2
58.	200	,	447	800	9:52.18	10 445	3-1	<b>892</b>	2
59.	800	,	456	200	2:30.58	09 433	4	<b>889</b>	2
60.	800	,	465	200	2:31.81	09 423	4	<b>888</b>	2
61.	800	,	466	200	2:32.42	09 418	1-1	<b>884</b>	2
62.	800	,	473	200	2:34.15	09 404	1-1	<b>877</b>	2
63.	800	,	446	200	2:31.14	10 429	1-1	<b>875</b>	2
64.	800	,	459	200	2:33.62	09 408		<b>867</b>	2
65.	200	,	430	800	10:00.63	10 426	2	<b>856</b>	2
66.	800	,	437	200	2:32.50	09 417	3-1	<b>854</b>	2
67.	200	,	460	800	10:19.66	09 388	3-1	<b>848</b>	2

68.	800	9:54.05	440	200	2:33.87	406	09	.	1-1	<b>846</b>	2
69.	200	2:31.76	423	100	1:09.19	414	09		7	<b>837</b>	2
70.	800	9:48.75	452	200	2:39.35	366	10		3-2	<b>818</b>	2
71.	800	10:03.80	419	200	2:35.51	393	10		1-1	<b>812</b>	2
	800	9:58.00	432	200	2:37.27	380	10		3-2	<b>812</b>	2
73.	800	10:08.47	410	200	2:34.79	399	09	.	1-1	<b>809</b>	2
74.	800	9:52.28	444	200	2:40.29	359	09		1-1	<b>803</b>	2
75.	800	9:58.23	431	200	2:38.67	370	09		1-2	<b>801</b>	2
76.	200	2:28.50	452	800	10:45.52	343	10		1-2	<b>795</b>	2
77.	200	2:34.51	401	800	10:17.15	393	09	.	2-1	<b>794</b>	2
78.	800	10:09.20	408	200	2:37.04	382	09			<b>790</b>	2
	200	2:34.55	401	800	10:19.27	389	10	.	1-1	<b>790</b>	2
80.	800	10:11.09	404	200	2:38.52	371	10			<b>775</b>	2
81.	800	10:03.00	421	200	2:42.38	346	09			<b>767</b>	2
82.	800	10:13.75	399	200	2:39.11	367	10		1-2	<b>766</b>	2
	800	10:07.72	411	200	2:40.89	355	09			<b>766</b>	2
84.	800	10:03.96	419	200	2:42.36	346	09			<b>765</b>	2
85.	200	2:35.32	395	800	10:34.25	362	09			<b>757</b>	2
86.	800	10:24.84	378	200	2:37.64	378	09		4	<b>756</b>	2
	200	2:32.54	417	800	10:47.90	339	10			<b>756</b>	2
88.	800	10:03.43	420	200	2:44.29	334	10		3-2	<b>754</b>	2
89.	800	10:09.33	408	200	2:42.44	345	10	.	1-2	<b>753</b>	2
90.	800	10:17.30	392	200	2:40.12	360	09			<b>752</b>	2

91.	200	2:34.73	, 399	800	10:39.81	352	.	2-1	<b>751</b>	2
92.	800	10:10.16	, 406	200	2:42.61	344			<b>750</b>	2
93.	800	10:11.24	, 404	200	2:42.61	344			<b>748</b>	2
94.	200	2:35.12	, 396	800	10:41.39	350			<b>746</b>	2
	200	2:37.98	, 375	800	10:28.77	371		1-2	<b>746</b>	2
	200	2:37.19	, 381	800	10:32.27	365		1-2	<b>746</b>	2
97.	800	10:25.86	, 376	200	2:39.77	363			<b>739</b>	2
98.	800	10:09.66	, 407	200	2:44.93	330	.	1-2	<b>737</b>	2
	800	10:30.05	, 369	200	2:39.07	368			<b>737</b>	2
100.	800	10:12.36	, 402	200	2:44.71	331			<b>733</b>	2
	800	10:25.01	, 378	200	2:40.99	355			<b>733</b>	2
102.	200	2:37.63	, 378	800	10:38.56	354			<b>732</b>	2
	200	2:38.01	, 375	800	10:37.03	357	.	2-1	<b>732</b>	2
104.	800	10:15.65	, 396	200	2:44.08	335			<b>731</b>	2
105.	200	2:38.74	, 370	800	10:35.60	359		4	<b>729</b>	2
106.	200	2:36.52	, 386	800	10:47.46	340		4	<b>726</b>	2
	800	10:19.42	, 388	200	2:43.62	338	.	2-1	<b>726</b>	2
108.	200	2:38.71	, 370	800	10:39.02	354	.	1-2	<b>724</b>	2
109.	800	10:30.02	, 369	200	2:41.09	354	.	1-2	<b>723</b>	2
110.	200	2:38.02	, 375	800	10:44.11	345		2	<b>720</b>	2
111.	800	10:30.88	, 368	200	2:41.54	351	.	2-1	<b>719</b>	2
112.	200	2:39.42	, 365	800	10:41.39	350			<b>715</b>	2
113.	800	10:15.94	, 395	200	2:46.78	319		3-2	<b>714</b>	2

114.	200	,	2:39.30	366	800	10:43.20	347	10			<b>713</b>	2
115.	200	,	2:38.67	370	800	10:46.68	341	09		1-2	<b>711</b>	2
116.	200	,	2:40.76	356	800	10:38.95	354	09			<b>710</b>	2
117.	800	,	10:18.36	390	200	2:47.01	318	10	.	1-2	<b>708</b>	2
118.	800	,	10:36.06	359	200	2:42.09	347	09			<b>706</b>	2
119.	200	,	2:37.44	379	800	10:58.86	323	10		4	<b>702</b>	2
120.	800	,	10:39.79	352	200	2:41.91	349	09			<b>701</b>	2
121.	800	,	10:30.27	369	200	2:45.59	326	10			<b>695</b>	2
122.	800	,	10:41.10	350	200	2:43.05	341	10			<b>691</b>	2
123.	200	,	2:40.06	361	800	11:06.03	312	09			<b>673</b>	2
124.	200	,	2:43.87	336	800	10:51.03	334	10		3-2	<b>670</b>	2
	800	,	10:38.09	355	200	2:47.49	315	09	.	2-2	<b>670</b>	2
126.	800	,	10:43.40	346	200	2:46.80	319	09			<b>665</b>	2
	800	,	10:43.42	346	200	2:46.72	319	09	.	2-2	<b>665</b>	2
128.	200	,	2:43.71	337	800	10:55.80	327	09	.	2-2	<b>664</b>	2
129.	800	,	10:31.67	366	200	2:50.89	296	10		3-2	<b>662</b>	2
130.	800	,	10:43.76	346	200	2:48.56	309	10			<b>655</b>	2
	800	,	10:47.72	340	200	2:47.51	315	10			<b>655</b>	2
132.	800	,	10:43.19	347	200	2:49.68	303	10	.	1-2	<b>650</b>	2
	800	,	10:35.76	359	200	2:52.02	291	10	.		<b>650</b>	2
134.	200	,	2:44.00	335	800	11:04.54	314	09		1-2	<b>649</b>	2
	200	,	2:44.94	330	800	11:01.64	319	10		3-2	<b>649</b>	2
136.	800	,	10:39.34	353	200	2:51.26	294	09			<b>647</b>	2

137.	200	2:44.29	334	800	11:06.44	312	10	4	646	2
	800	10:50.00	336	200	2:48.39	310	10		646	2
139.	200	2:43.76	337	800	11:09.82	307	09		644	2
140.	800	10:58.64	323	200	2:47.08	317	10		640	2
141.	800	10:57.70	324	200	2:47.98	312	10	.	636	2
142.	800	10:37.70	356	200	2:54.73	277	10		633	2
143.	800	10:59.93	321	200	2:48.26	311	10		632	2
	800	10:58.08	324	200	2:48.73	308	10		632	2
	800	10:50.96	335	200	2:50.72	297	09	2-2	632	2
146.	800	10:46.03	342	200	2:53.19	285	10		627	2
147.	800	10:54.78	329	200	2:51.46	293	10	.	622	2
148.	200	2:48.25	311	800	11:07.92	310	09	2-2	621	2
149.	800	10:32.81	364	200	3:00.46	252	10		616	2
150.	800	11:01.99	318	200	2:52.21	290	10		608	2
151.	800	11:05.01	314	200	2:51.57	293	09		607	2
152.	800	11:02.55	317	200	2:52.27	289	10		606	2
153.	800	10:58.61	323	200	2:54.15	280	10		603	2
154.	800	10:56.56	326	200	2:55.39	274	09	.	600	2
155.	100	1:15.47	319	200	2:54.83	277	10		596	2
	800	10:47.96	339	200	2:59.09	257	10	.	596	2
157.	200	2:49.86	302	800	11:23.24	289	09		591	2
	800	11:08.94	308	200	2:53.47	283	10		591	2
159.	200	2:47.22	316	800	11:35.86	274	10		590	2

160.	800	,	11:14.63	300	200	2:53.20	285	09		585	2	
161.	800	,	11:01.13	319	200	2:57.71	263	09		582	2	
162.	800	,	11:07.34	310	200	2:56.34	270	10		580	2	
163.	200	,	2:48.13	311	800	11:44.33	264	10		575	2	
164.	800	,	11:26.39	285	200	2:53.85	281	10		566	2	
	800	,	11:22.48	290	200	2:55.02	276	10		566	2	
	200	,	2:48.65	308	800	11:49.57	258	09		566	2	
167.	200	,	2:53.18	285	800	11:35.18	275	10		560	2	
	800	,	11:22.74	290	200	2:56.22	270	10		560	2	
169.	800	,	11:28.20	283	200	2:55.66	273	09		556	2	
170.	200	,	2:51.06	295	800	11:47.71	260	09		555	2	
171.	200	,	2:47.93	312	800	12:07.63	239	10	.	2-2	551	2
172.	200	,	2:50.85	297	100	1:22.06	248	10		545	2	
173.	200	,	2:54.53	278	800	11:43.26	265	10		543	2	
174.	800	,	11:13.34	302	200	3:03.53	239	10		541	2	
175.	800	,	11:39.52	269	200	2:56.56	269	10	.	6	538	2
176.	200	,	2:53.57	283	100	1:21.38	254	10	.	7	537	2
177.	800	,	11:40.96	268	200	2:57.82	263	10		531	2	
178.	800	,	11:22.31	290	200	3:04.24	236	10		526	2	
179.	800	,	11:46.63	261	200	2:59.26	257	09	.	518	2	
180.	800	,	11:47.16	261	200	2:59.59	255	09	.	516	2	
181.	800	,	11:41.78	267	200	3:01.25	248	10	.	515	2	
182.	800	,	11:38.79	270	200	3:02.39	244	09	.	514	2	

183.	200	2:59.41	256	800	11:54.41	253	09	.		509	2
184.	200	2:59.01	258	800	12:05.28	242	09			500	2
	800	11:37.05	272	200	3:06.57	228	10			500	2
186.	800	11:54.20	253	200	3:05.09	233	09	.		486	2
187.	800	11:54.66	253	200	3:05.91	230	10			483	2
188.	800	11:50.27	257	200	3:11.77	210	10			467	2
189.	800	9:47.92	454	200		-	10	.	1-1	454	2
190.	200	3:15.60	197	800	13:20.65	180	10			377	2
191.	200	2:41.19	353	100		-	09			353	2
192.	800	11:27.57	284	200		-	09	.	2-2	284	2
193.	800	11:48.90	259	200		-	10			259	2
194.	800	12:04.23	243	200		-	10			243	2
195.	800	12:09.53	238	200		-	09	.		238	2
196.	800	12:52.22	200	200		-	09			200	2
197.	100	1:10.95	384				09			384	1
198.	200	2:38.84	369				10		7	369	1
199.	200	2:39.04	368				09		7	368	1
200.	200	2:49.45	304				10		3-2	304	1
201.	100	1:18.20	287				09			287	1
202.	100	1:21.09	257				10			257	1
203.	100	1:22.09	248				09			248	1
204.	100	1:22.71	242				09			242	1
205.	100	1:23.72	234				10			234	1
206.							10		7	233	1

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OMEGA ARES 21

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200	3:05.08	233				
207.		,	09		190	1
100	1:29.75	190				