

						%	PB
							11
							1
100m	, , 01.06.2011	30.	1:12.63	360	1:10.00	93%	
800m		49.	11:31.64	344	11:15.00	95%	
100m		14.	1:24.94	309	1:19.00	87%	
200m		60.	3:02.69	329	3:03.11	100%	
	, , 03.06.2010						2
100m		4.	59.03	500	58.90	100%	
800m		2.	9:19.52	527	9:22.00	101%	
100m		8.	1:09.87	402	1:06.10	89%	
200m		12.	2:27.98	457	2:29.00	101%	
	, , 17.03.2011						1
100m		4.	1:04.98	503	1:05.20	101%	
800m		5.	10:09.77	502	9:50.00	94%	
100m		2.	1:19.00	534	1:17.97	97%	
	, , 28.03.2011						1
100m		13.	1:07.52	449	1:05.90	95%	
800m		32.	11:00.40	395	10:40.00	94%	
100m		3.	1:17.21	411	1:15.90	97%	
200m		13.	2:46.54	434	2:50.00	104%	
	, , 15.08.2009						-
100m		61.	1:05.20	371	1:03.00	93%	
800m		44.	10:05.10	417	9:50.00	95%	
100m		28.	1:17.26	297	1:08.00	77%	
200m		65.	2:38.93	369	2:35.00	95%	
	, , 28.05.2012						2
100m		54.	1:16.12	313	1:13.20	92%	
800m		72.	11:59.68	305	12:00.00	100%	
100m		16.	1:33.51	322	1:36.85	107%	
	, , 21.12.2010						1
100m		88.	1:08.55	319	1:06.00	93%	
800m		106.	10:43.76	346	10:42.00	99%	
200m		128.	2:48.56	309	2:52.00	104%	
	, , 28.04.2009						-
100m		31.	1:02.94	412	1:00.00	91%	
800m		48.	10:09.20	408	10:00.00	97%	
100m		9.	1:17.12	401	1:11.13	85%	
200m		47.	2:37.04	382	2:35.00	97%	
	, , 09.09.2010						-
100m		43.	1:04.21	388	1:03.00	96%	
800m		61.	10:17.99	391	10:15.00	99%	
100m		18.	1:13.27	349	1:10.00	91%	
200m		76.	2:40.20	360	2:38.00	97%	
	, , 24.01.2011						1
100m		14.	1:07.70	445	1:06.20	96%	
800m		29.	11:00.26	395	10:27.77	90%	
200m		26.	2:52.00	394	2:55.20	104%	
	, , 24.07.2012						2
800m		104.	13:05.91	234	12:40.00	94%	
100m		31.	1:37.39	205	1:30.00	85%	
100m		20.	1:35.69	194	1:37.50	104%	
200m		85.	3:13.31	277	3:25.00	112%	
	, , 20.12.2009						-
800m		144.	11:09.82	307	10:46.00	93%	
100m		24.	1:22.02	333	1:18.00	90%	
200m		98.	2:43.76	337	2:41.00	97%	
	, , 04.01.2009						-
100m		66.	1:05.88	359	1:02.00	89%	
800m		173.	11:47.71	260	11:00.00	87%	
200m		140.	2:51.06	295	2:42.00	90%	
	, , 19.09.2012						-
800m		113.	15:02.29	155	14:14.60	90%	
100m		47.	1:46.54	218	1:42.00	92%	
200m		111.	3:47.39	170	3:40.00	94%	

100m	,	, 19.01.2011	30.	1:33.81	229	1:33.00	98%			-
100m			46.	1:45.68	223	1:43.30	96%			
100m	,	, 17.01.2010	127.	1:13.64	257	1:12.40	97%			-
100m			63.	1:41.51	175	1:30.00	79%			
100m	,	, 19.01.2009	110.	1:10.94	288	1:10.21	98%			1
100m			28.	1:23.62	314	1:25.35	104%			
100m	,	, 21.11.2011	61.	1:17.33	299	1:21.00	110%			2
100m			19.	1:34.50	312	1:37.00	105%			
100m	,	, 08.05.2009	136.	1:15.56	238	1:11.02	88%			-
100m			54.	1:29.75	190	1:21.50	82%			
100m	,	, 01.06.2010	140.	1:17.30	222	1:11.47	85%			1
100m			39.	1:27.47	274	1:28.46	102%			
100m	,	, 28.05.2010	113.	1:11.19	285	1:12.30	103%			2
100m			36.	1:21.09	257	1:23.00	105%			
100m	,	, 20.03.2009	112.	1:11.11	286	1:10.41	98%			-
100m			43.	1:22.71	242	1:21.00	96%			
100m	,	, 10.11.2010	125.	1:12.85	266	1:12.00	98%			-
100m			54.	1:32.47	232	1:29.50	94%			
100m	,	, 01.06.2009	122.	1:12.45	270	1:11.00	96%			-
100m			59.	1:35.63	210	1:28.00	85%			
100m	,	, 11.04.2009	94.	1:09.13	311	1:10.44	104%			2
100m			32.	1:18.20	287	1:21.00	107%			
100m	,	, 15.03.2012	16.	1:25.32	305	1:32.00	116%			2
100m			39.	1:40.73	258	1:41.00	101%			
100m	,	, 25.02.2011	24.	1:29.07	268	1:30.00	102%			2
100m			29.	1:37.45	284	1:38.00	101%			
100m	,	, 06.01.2009	141.	1:18.07	216	1:11.47	84%			-
100m			46.	1:29.17	259	1:28.50	99%			
100m	,	, 29.03.2010	138.	1:16.08	233	1:12.56	91%			-
100m			48.	1:23.72	234	1:23.00	98%			
100m	,	, 23.11.2009	40.	1:22.09	248	1:22.00	100%			-
100m			58.	1:34.24	219	1:30.00	91%			
100m	,	, 20.04.2011	78.	1:24.45	229	1:25.00	101%			1
100m			29.	1:33.10	234	1:33.00	100%			
100m	,	, 27.10.2011	19.	1:33.37	209	1:35.00	104%			1
										3
	,	, 20.02.2011								2
100m			37.	1:13.71	345	1:13.00	98%			
800m			55.	11:36.20	337	12:00.00	107%			
200m			51.	2:59.37	347	3:00.00	101%			
800m	,	, 08.08.2009	9.	9:34.34	487	9:00.00	88%			-
100m			2.	1:13.63	461	1:08.50	87%			
200m			4.	2:23.47	501	2:20.00	95%			
800m	,	, 31.07.2009	156.	11:28.20	283	12:00.00	109%			1
100m			32.	1:17.46	260	1:12.00	86%			
200m			160.	2:55.66	273	2:55.00	99%			
										-
100m	,	, 17.06.2010	39.	1:22.06	248	1:20.00	95%			-
100m			37.	1:24.81	198	1:20.00	89%			

200m	, 01.11.2010	138.	2:50.85	297	2:46.00	94%	-
800m		158.	11:33.22	277	11:18.00	96%	
100m	, 01.11.2010	49.	1:23.90	232	1:20.00	91%	-
100m		89.	1:08.59	318	1:05.00	90%	
800m		70.	10:25.02	378	10:10.00	95%	
100m		29.	1:17.41	296	1:15.00	94%	
200m	, 01.11.2010	126.	2:48.35	310	2:45.00	96%	-
800m		119.	10:51.80	333	10:45.00	98%	
100m		31.	1:18.08	288	1:18.00	100%	
100m		37.	1:26.73	282	1:24.00	94%	
							13
100m	, 26.06.2012	65.	1:17.82	293	1:20.14	106%	3
800m		82.	12:13.13	289	12:44.67	109%	
100m		44.	1:45.18	226	1:44.08	98%	
200m		92.	3:15.64	267	3:20.73	105%	
	, 10.09.2012						2
100m		66.	1:18.26	288	1:15.00	92%	
800m		46.	11:23.68	356	11:30.00	102%	
100m		22.	1:28.00	278	1:26.00	96%	
200m		70.	3:05.83	312	3:07.00	101%	
	, 22.04.2012						3
100m		69.	1:19.43	275	1:18.36	97%	
800m		53.	11:34.86	339	11:36.30	100%	
100m		17.	1:31.74	221	1:39.73	118%	
200m		79.	3:09.20	296	3:15.38	107%	
	, 18.06.2012						3
100m		51.	1:15.52	321	1:15.00	99%	
800m		39.	11:12.56	374	11:16.46	101%	
100m		20.	1:34.84	309	1:37.00	105%	
200m		62.	3:02.93	327	3:06.00	103%	
	, 01.11.2011						2
800m		67.	11:53.15	314	11:58.00	101%	
100m		12.	1:24.11	318	1:23.00	97%	
200m		38.	2:56.46	365	2:59.00	103%	
	, 13.03.2009						-
100m		24.	1:02.50	421	1:01.00	95%	
800m		19.	9:46.01	459	9:40.00	98%	
100m		16.	1:09.65	357	1:09.00	98%	
200m		32.	2:33.62	408	2:32.00	98%	
	, 01.01.2010						15
100m		118.	1:12.00	275	1:09.00	92%	1
100m		21.	1:15.47	319	1:14.00	96%	
200m		157.	2:54.83	277	3:02.00	108%	
	, 26.06.2009						2
100m		44.	1:04.33	386	1:04.00	99%	
800m		100.	10:41.39	350	10:55.00	104%	
200m		42.	2:35.12	396	2:39.00	105%	
	, 07.05.2010						2
800m		85.	10:35.46	360	10:40.00	101%	
100m		24.	1:16.48	307	1:14.00	94%	
200m		79.	2:40.79	356	2:41.00	100%	
	, 01.01.2010						2
800m		103.	10:43.20	347	10:45.00	101%	
200m		69.	2:39.30	366	2:42.00	103%	
	, 01.01.2009						-
100m		48.	1:04.49	383	1:03.00	95%	
800m		95.	10:39.34	353	10:15.00	93%	
200m		141.	2:51.26	294	2:38.00	85%	
	, 01.01.2009						-
100m		51.	1:04.66	380	1:04.00	98%	
800m		38.	10:03.00	421	10:00.00	99%	
200m		91.	2:42.38	346	2:37.00	93%	

	, 01.01.2010							1
800m		128.	10:58.64	323	10:40.00		94%	
100m		35.	1:24.94	300	1:26.00		103%	
200m		117.	2:47.08	317	2:42.00		94%	
	, 26.07.2009							-
800m		82.	10:32.46	365	9:55.00		89%	
100m		19.	1:14.38	333	1:10.00		89%	
200m		87.	2:41.61	351	2:35.00		92%	
	, 01.01.2009							-
800m		71.	10:25.86	376	10:10.00		95%	
100m		33.	1:24.25	307	1:21.00		92%	
200m		72.	2:39.77	363	2:38.00		98%	
	, 17.06.2009							-
800m		157.	11:32.25	278	11:10.00		94%	
100m		46.	1:23.15	238	1:17.00		86%	
200m		167.	2:58.54	260	2:50.00		91%	
	, 11.11.2010							2
800m		100.	10:41.39	350	11:00.00		106%	
100m		31.	1:23.93	311	1:21.00		93%	
200m		71.	2:39.42	365	2:40.00		101%	
	, 01.01.2010							2
800m		52.	10:11.09	404	10:25.00		105%	
100m		22.	1:12.48	317	1:10.00		93%	
200m		57.	2:38.52	371	2:40.00		102%	
	, 24.09.2010							2
800m		54.	10:12.36	402	10:20.00		103%	
100m		28.	1:16.37	271	1:17.00		102%	
200m		106.	2:44.71	331	2:44.00		99%	
	, 01.01.2010							-
100m		95.	1:09.30	309	1:06.00		91%	
800m		109.	10:46.03	342	10:40.00		98%	
200m		148.	2:53.19	285	2:46.00		92%	
	, 10.10.2010							1
100m		108.	1:10.80	289	1:12.00		103%	
800m		170.	11:44.33	264	11:40.00		99%	
200m		123.	2:48.13	311	2:44.00		95%	
	, 01.01.2009							-
800m		51.	10:10.16	406	10:10.00		100%	
100m		30.	1:23.86	312	1:20.00		91%	
200m		93.	2:42.61	344	2:41.00		98%	
	, 03.07.2009							30
100m		46.	1:04.44	384	1:07.50		110%	1
800m		96.	10:39.79	352	10:20.00		94%	
100m		15.	1:09.47	360	1:06.00		90%	
200m		88.	2:41.91	349	2:38.00		95%	
	, 03.01.2010							1
100m		45.	1:04.38	385	1:05.00		102%	
800m		75.	10:30.05	369	10:25.00		98%	
100m		9.	1:08.11	382	1:08.00		100%	
200m		67.	2:39.07	368	2:37.50		98%	
	, 29.05.2010							1
100m		99.	1:09.53	306	1:12.00		107%	
800m		134.	11:01.99	318	10:48.00		96%	
200m		145.	2:52.21	290	2:47.00		94%	
	, 20.02.2009							1
100m		98.	1:09.49	306	1:08.00		96%	
800m		139.	11:06.03	312	10:40.00		92%	
100m		19.	1:19.96	359	1:20.00		100%	
200m		74.	2:40.06	361	2:40.00		100%	
	, 29.09.2009							1
800m		137.	11:05.01	314	10:52.00		96%	
100m		57.	1:34.08	220	1:32.50		97%	
200m		143.	2:51.57	293	2:52.00		101%	
	, 08.03.2010							-
100m		69.	1:06.08	356	1:06.00		100%	
800m		45.	10:06.63	413	10:05.00		99%	
100m		20.	1:15.05	325	1:14.94		100%	
200m		83.	2:41.03	354	2:41.00		100%	
	, 29.03.2010							2
100m		124.	1:12.72	267	1:14.00		104%	
800m		150.	11:22.31	290	11:45.00		107%	
200m		177.	3:04.24	236	2:59.00		94%	

200m			43.	2:35.32	395	2:36.00	101%	
800m	,	, 20.11.2009	153.	11:23.24	289	10:50.00	91%	-
100m			26.	1:22.67	325	1:19.00	91%	
200m			133.	2:49.86	302	2:43.00	92%	
100m	,	, 22.12.2009	83.	1:08.14	325	1:07.50	98%	2
800m			104.	10:43.40	346	10:50.00	102%	
200m			115.	2:46.80	319	2:50.00	104%	
800m	,	, 01.01.2010	126.	10:58.08	324	11:20.00	107%	2
200m			130.	2:48.73	308	2:50.00	102%	
800m	,	, 04.04.2012	97.	12:48.04	251	13:00.00	103%	2
100m			36.	1:39.15	270	1:36.00	94%	
200m			95.	3:17.26	261	3:20.00	103%	
800m	,	, 01.01.2010	146.	11:14.21	301	11:20.00	102%	1
100m			34.	1:19.81	270	1:14.00	86%	
200m			136.	2:50.70	297	2:50.00	99%	
800m	,	, 22.02.2012	105.	13:15.22	226	13:30.00	104%	1
100m			34.	1:38.86	272	1:37.00	96%	
200m			105.	3:25.69	230	3:25.00	99%	
100m	,	, 01.01.2010	91.	1:08.72	317	1:10.00	104%	2
800m			159.	11:35.18	275	11:20.00	96%	
200m			147.	2:53.18	285	2:55.00	102%	
100m	,	, 01.01.2010	117.	1:11.76	278	1:10.00	95%	-
800m			141.	11:07.34	310	10:50.00	95%	
200m			162.	2:56.34	270	2:56.00	100%	
100m	,	, 17.08.2009	68.	1:05.92	359	1:05.00	97%	1
800m			57.	10:15.65	396	10:38.00	107%	
200m			101.	2:44.08	335	2:35.00	89%	
100m	,	, 10.07.2009	42.	1:04.17	389	1:00.00	87%	-
800m			46.	10:07.72	411	9:38.00	90%	
200m			81.	2:40.89	355	2:33.00	90%	
100m	,	, 01.01.2010	126.	1:13.43	259	1:11.00	93%	1
800m			165.	11:40.96	268	11:20.00	94%	
200m			166.	2:57.82	263	2:58.00	100%	
100m	,	, 01.01.2010	123.	1:12.60	268	1:09.00	90%	-
800m			143.	11:08.94	308	10:40.00	92%	
200m			150.	2:53.47	283	2:50.00	96%	
800m	,	, 05.07.2012	77.	12:03.91	300	11:50.00	96%	-
100m			21.	1:38.33	179	1:29.00	82%	
200m			81.	3:10.11	291	3:08.00	98%	
800m	,	, 01.01.2010	152.	11:22.74	290	11:00.00	93%	1
100m			50.	1:30.58	247	1:33.00	105%	
200m			161.	2:56.22	270	2:56.00	100%	
100m	,	, 01.01.2010	121.	1:12.13	274	1:09.00	92%	2
800m			130.	10:59.93	321	11:15.00	105%	
200m			125.	2:48.26	311	2:50.00	102%	
100m	,	, 06.02.2010	92.	1:09.01	313	1:06.00	91%	4
800m			161.	11:35.86	274	11:50.00	104%	1
200m			118.	2:47.22	316	2:43.00	95%	
100m	,	, 24.04.2010	116.	1:11.71	279	1:12.00	101%	1
800m			154.	11:26.39	285	11:20.00	98%	
200m			153.	2:53.85	281	2:51.00	97%	
100m	,	, 28.11.2010	90.	1:08.68	317	1:07.00	95%	2
800m			112.	10:47.72	340	10:49.00	100%	
200m			120.	2:47.51	315	2:50.00	103%	

	, 13.11.2010										
100m		115.	1:11.52	281	1:11.00		99%				
800m		169.	11:43.26	265	11:20.00		93%				
200m		155.	2:54.53	278	2:51.00		96%				
1-1											18
	, 01.01.2009										1
800m		34.	9:57.70	432	9:40.00		94%				
100m		10.	1:17.72	391	1:16.00		96%				
200m		7.	2:24.81	487	2:25.00		100%				
	, 01.01.2010										
100m		51.	1:04.66	380	1:03.00		95%				
800m		41.	10:03.80	419	9:42.00		93%				
100m		18.	1:10.70	342	1:09.00		95%				
200m		44.	2:35.51	393	2:30.00		93%				
	, 01.11.2011										1
100m		7.	1:06.73	465	1:06.00		98%				
800m		15.	10:38.02	438	10:30.00		98%				
100m		2.	1:14.56	411	1:15.00		101%				
200m		11.	2:45.51	442	2:40.00		93%				
	, 01.01.2009										1
100m		3.	58.32	518	57.00		96%				
800m		25.	9:50.50	448	9:28.00		93%				
100m		3.	1:13.65	460	1:12.00		96%				
200m		2.	2:22.34	513	2:23.00		101%				
	, 01.01.2009										
100m		32.	1:03.03	410	1:01.00		94%				
800m		29.	9:52.28	444	9:42.00		97%				
100m		17.	1:10.26	348	1:09.00		96%				
200m		77.	2:40.29	359	2:33.00		91%				
	, 11.11.2011										1
800m		23.	10:53.51	408	10:45.50		98%				
100m		6.	1:19.24	381	1:17.80		96%				
200m		18.	2:49.44	412	2:52.00		103%				
	, 01.01.2010										
100m		8.	59.93	478	58.00		94%				
800m		27.	9:51.68	446	9:40.00		96%				
200m		24.	2:31.14	429	2:30.00		98%				
	, 01.01.2009										
100m		55.	1:04.83	377	1:02.00		91%				
800m		24.	9:49.45	451	9:42.00		97%				
100m		13.	1:11.11	382	1:08.00		91%				
200m		39.	2:34.74	399	2:31.00		95%				
	, 24.04.2012										2
100m		18.	1:09.24	416	1:08.00		96%				
800m		13.	10:34.97	445	10:36.00		100%				
100m		7.	1:26.52	407	1:28.13		104%				
200m		16.	2:48.55	418	2:45.00		96%				
	, 11.11.2011										1
800m		24.	10:53.62	408	11:04.00		103%				
100m		6.	1:26.30	410	1:24.50		96%				
200m		29.	2:52.59	390	2:52.40		100%				
	, 21.05.2012										2
100m		6.	1:05.37	494	1:05.28		100%				
800m		2.	9:55.21	540	10:15.00		107%				
100m		7.	1:19.72	374	1:18.00		96%				
200m		10.	2:45.35	443	2:47.00		102%				
	, 27.05.2012										3
100m		17.	1:09.02	420	1:08.00		97%				
800m		4.	10:03.31	518	10:20.00		106%				
100m		6.	1:17.15	371	1:19.90		107%				
200m		8.	2:44.54	450	2:49.00		105%				
	, 01.11.2011										2
100m		9.	1:07.12	457	1:07.85		102%				
800m		9.	10:22.28	472	10:12.40		97%				
200m		15.	2:48.06	422	2:48.60		101%				
	, 01.11.2012										2
100m		63.	1:17.60	295	1:15.00		93%				
800m		31.	11:00.34	395	11:20.00		106%				
100m		17.	1:33.60	321	1:33.00		99%				
200m		42.	2:57.77	357	3:06.00		109%				
	, 01.01.2010										
100m		7.	59.76	482	57.80		94%				
800m		11.	9:35.65	484	9:25.00		96%				

100m		4.	1:13.74	458	1:13.00	98%	
200m		8.	2:25.42	481	2:24.00	98%	
	, , 01.01.2009						2
800m		3.	9:19.98	526	9:25.00	102%	
100m		2.	1:04.37	515	1:03.00	96%	
200m		1.	2:21.94	518	2:22.50	101%	
1-2							2
	, , 01.01.2010						1
800m		108.	10:45.52	343	10:30.00	95%	
100m		13.	1:18.81	375	1:17.00	95%	
200m		16.	2:28.50	452	2:29.00	101%	
	, , 01.01.2010						-
800m		62.	10:18.02	391	10:15.00	99%	
100m		27.	1:17.05	300	1:13.50	91%	
200m		112.	2:46.05	323	2:44.00	98%	
	, , 01.01.2009						-
800m		81.	10:32.27	365	10:05.00	92%	
100m		18.	1:19.85	361	1:17.00	93%	
200m		49.	2:37.19	381	2:33.00	95%	
	, , 01.01.2009						-
100m		58.	1:04.99	374	1:03.00	94%	
800m		36.	9:58.23	431	9:45.80	96%	
200m		58.	2:38.67	370	2:38.00	99%	
	, , 01.01.2009						-
800m		136.	11:04.54	314	10:10.00	84%	
100m		16.	1:19.30	369	1:17.00	94%	
200m		100.	2:44.00	335	2:34.00	88%	
	, , 01.01.2010						1
100m		49.	1:04.53	382	1:03.50	97%	
800m		56.	10:13.75	399	9:59.00	95%	
200m		68.	2:39.11	367	2:40.00	101%	
	, , 01.01.2009						-
100m		57.	1:04.91	376	1:03.00	94%	
800m		72.	10:28.77	371	9:45.00	87%	
200m		54.	2:37.98	375	2:36.00	98%	
	, , 01.01.2009						-
100m		53.	1:04.76	378	1:03.00	95%	
800m		110.	10:46.68	341	10:05.00	88%	
200m		58.	2:38.67	370	2:35.00	95%	
2							24
	, , 29.04.2009						-
100m		13.	1:00.71	459	59.85	97%	
800m		8.	9:31.90	494	9:22.00	97%	
200m		11.	2:27.70	459	2:25.50	97%	
	, , 23.10.2012						2
100m		12.	1:07.50	449	1:06.00	96%	
800m		3.	10:02.10	521	10:16.00	105%	
100m		9.	1:21.80	346	1:20.00	96%	
200m		6.	2:43.63	457	2:47.00	104%	
	, , 05.03.2012						1
800m		47.	11:30.32	346	11:45.00	104%	
100m		15.	1:33.12	326	1:32.00	98%	
	, , 27.01.2012						2
100m		5.	1:05.28	497	1:05.00	99%	
800m		1.	9:49.50	556	10:12.00	108%	
100m		1.	1:13.14	484	1:13.00	100%	
200m		2.	2:37.68	511	2:43.00	107%	
	, , 30.07.2009						-
100m		17.	1:01.46	443	1:01.00	99%	
800m		7.	9:29.39	500	9:24.00	98%	
100m		3.	1:06.85	404	1:06.00	97%	
200m		17.	2:28.81	449	2:28.00	99%	
	, , 26.03.2010						2
100m		12.	1:00.65	461	1:01.00	101%	
800m		1.	9:16.92	535	9:22.00	102%	
100m		7.	1:07.76	388	1:06.00	95%	
200m		22.	2:31.02	430	2:27.50	95%	
	, , 17.04.2010						3
100m		33.	1:03.20	407	1:03.50	101%	
800m		37.	10:00.63	426	9:45.00	95%	
100m		12.	1:08.79	371	1:08.80	100%	
200m		21.	2:30.99	430	2:36.50	107%	

	, 01.01.2012								3
100m		19.	1:09.33	414	1:10.00			102%	
800m		27.	10:56.42	402	11:20.00			107%	
200m		28.	2:52.38	391	2:55.00			103%	
	, 20.02.2009								-
100m		2.	58.27	520	58.00			99%	
800m		12.	9:37.46	479	9:30.00			97%	
100m		1.	1:03.95	462	1:03.00			97%	
200m		5.	2:24.25	493	2:20.00			94%	
	, 01.01.2011								-
100m		53.	1:16.04	314	1:10.50			86%	
800m		48.	11:31.48	344	10:40.00			86%	
100m		5.	1:18.51	391	1:16.50			95%	
200m		47.	2:58.40	353	2:49.00			90%	
	, 01.01.2012								-
100m		39.	1:13.88	342	1:12.00			95%	
800m		90.	12:31.45	268	12:00.00			92%	
100m		26.	1:36.73	291	1:30.00			87%	
200m		53.	3:00.23	342	2:58.00			98%	
	, 01.01.2011								-
100m		32.	1:13.04	354	1:12.00			97%	
800m		30.	11:00.32	395	10:35.00			92%	
100m		18.	1:32.10	218	1:30.00			95%	
200m		52.	2:59.82	345	2:50.00			89%	
	, 01.01.2010								-
800m		28.	9:52.18	445	9:45.00			98%	
100m		20.	1:20.21	356	1:18.00			95%	
100m		4.	1:06.86	404	1:06.00			97%	
200m		18.	2:29.04	447	2:25.00			95%	
	, 18.09.2009								-
800m		42.	10:03.84	419	9:40.00			92%	
100m		3.	1:05.32	492	1:05.00			99%	
200m		41.	2:34.84	399	2:30.00			94%	
	, 01.01.2011								-
100m		33.	1:13.10	353	1:10.00			92%	
800m		56.	11:36.42	337	10:50.00			87%	
100m		25.	1:36.59	292	1:32.00			91%	
200m		49.	2:59.01	349	2:47.00			87%	
	, 01.01.2011								-
100m		8.	1:06.88	462	1:05.00			94%	
800m		6.	10:11.35	498	9:50.00			93%	
100m		3.	1:14.88	406	1:11.00			90%	
200m		7.	2:44.05	454	2:39.50			95%	
	, 18.09.2009								1
800m		66.	10:19.66	388	10:00.00			94%	
100m		8.	1:16.84	405	1:15.00			95%	
200m		10.	2:27.60	460	2:30.00			103%	
3-2									6
	, 01.01.2010								1
100m		65.	1:05.81	361	1:05.00			98%	
800m		35.	9:58.00	432	9:45.00			96%	
100m		34.	1:24.45	305	1:21.00			92%	
200m		50.	2:37.27	380	2:40.00			104%	
	, 01.01.2012								-
800m		78.	12:05.62	298	11:58.00			98%	
100m		18.	1:34.36	313	1:30.00			91%	
200m		82.	3:10.38	290	3:10.00			100%	
	, 01.01.2010								-
100m		66.	1:05.88	359	1:02.00			89%	
800m		118.	10:51.03	334	10:00.00			85%	
200m		99.	2:43.87	336	2:42.00			98%	
	, 01.01.2012								-
800m		85.	12:15.35	286	11:58.00			95%	
100m		13.	1:24.93	309	1:22.00			93%	
200m		73.	3:06.95	307	3:02.00			95%	
	, 01.01.2010								-
100m		21.	1:21.13	344	1:21.00			100%	
200m		131.	2:49.45	304	2:44.00			94%	
	, 01.01.2010								-
100m		60.	1:05.09	373	1:02.00			91%	
800m		23.	9:48.75	452	9:30.00			94%	
200m		70.	2:39.35	366	2:34.00			93%	

200m		63.	3:03.18	326	2:50.00	86%	2
100m	, 03.11.2011	73.	1:22.01	250	1:21.00	98%	
800m		93.	12:35.47	264	13:30.00	115%	
200m		94.	3:16.90	262	3:29.00	113%	
100m	, 16.09.2009	19.	1:01.77	436	1:01.00	98%	-
800m		111.	10:47.46	340	10:20.00	92%	
200m		46.	2:36.52	386	2:35.00	98%	
100m	, 17.09.2012	75.	1:22.33	247	1:21.00	97%	2
800m		96.	12:47.80	251	13:30.00	111%	
200m		98.	3:20.52	248	3:29.00	109%	
100m	, 06.05.2011	41.	1:13.99	341	1:13.00	97%	2
800m		57.	11:37.99	335	11:58.00	106%	
200m		33.	2:54.04	380	3:03.00	111%	
800m	, 09.03.2009	68.	10:24.84	378	9:50.00	89%	1
100m		27.	1:22.74	324	1:20.00	93%	
200m		53.	2:37.64	378	2:41.00	104%	
100m	, 06.06.2011	36.	1:13.52	347	1:13.20	99%	2
800m		63.	11:46.55	323	11:58.00	103%	
200m		37.	2:55.60	370	3:03.00	109%	
800m	, 07.10.2010	129.	10:58.86	323	11:00.00	100%	3
100m		11.	1:08.47	376	1:09.00	102%	
200m		51.	2:37.44	379	2:38.00	101%	
800m	, 13.05.2010	140.	11:06.44	312	10:25.00	88%	-
100m		25.	1:14.19	296	1:13.00	97%	
200m		102.	2:44.29	334	2:42.00	97%	
6							2
800m	, 10.10.2010	164.	11:39.52	269	11:17.00	94%	1
100m		35.	1:21.64	222	1:25.00	108%	
200m		163.	2:56.56	269	2:52.00	95%	
100m	, 30.05.2011	21.	1:10.05	402	1:08.00	94%	1
800m		33.	11:03.34	390	10:45.00	95%	
200m		14.	2:46.74	432	2:49.00	103%	
7							3
100m	, 30.10.2010	37.	1:21.38	254	1:17.00	90%	-
200m		151.	2:53.57	283	2:50.00	96%	
100m	, 23.07.2010	41.	1:04.11	390	1:04.00	100%	1
200m		62.	2:38.84	369	2:39.00	100%	
100m	, 27.05.2009	5.	1:09.19	414	1:08.00	97%	1
200m		26.	2:31.76	423	2:32.00	100%	
100m	, 15.12.2009	10.	1:08.14	382	1:10.00	106%	1
200m		66.	2:39.04	368	2:39.00	100%	
100m	, 21.10.2010	36.	1:22.06	218	1:17.00	88%	-
200m		178.	3:05.08	233	2:55.00	89%	
800m	, 16.07.2011	112.	14:45.78	163	14:31.00	97%	1
100m		45.	1:45.63	223	1:44.00	97%	-
200m		107.	3:28.21	222	3:24.25	96%	
100m	, 03.06.2011	77.	1:24.14	232	1:24.00	100%	1
800m		110.	13:35.89	209	13:19.00	96%	
200m		108.	3:28.52	221	3:32.00	103%	

	, 27.01.2009										
100m		114.	1:11.33	283	1:11.00		99%				-
800m		190.	12:52.22	200	12:11.00		90%				
											1
	, 14.09.2012										-
100m		40.	1:41.24	254	1:40.00		98%				
	, 07.08.2009										-
100m		25.	1:22.29	330	1:21.50		98%				
100m		13.	1:09.06	367	1:09.00		100%				
	, 05.08.2011										1
100m		32.	1:38.41	276	1:41.00		105%				
	, 30.07.2011										-
100m		30.	1:37.61	283	1:35.00		95%				
	, 11.05.2012										-
100m		27.	1:30.43	256	1:24.00		86%				
	, 06.01.2011										-
100m		72.	1:21.02	259	1:19.00		95%				
	, 17.02.2011										-
100m		43.	1:44.42	231	1:40.00		92%				
	, 10.10.2009										-
100m		59.	1:05.01	374	1:03.00		94%				
100m		11.	1:10.95	384	1:08.00		92%				
	, 11.02.2010										-
100m		47.	1:29.72	254	1:28.00		96%				
											15
	, 21.03.2010										-
100m		128.	1:14.01	253	1:11.50		93%				
800m		179.	11:54.66	253	11:45.00		97%				
100m		55.	1:33.03	228	1:30.00		94%				
200m		180.	3:05.91	230	3:00.00		94%				
	, 25.07.2012										3
800m		74.	12:02.03	302	12:55.50		115%				
100m		9.	1:21.43	316	1:26.60		113%				
200m		46.	2:58.29	353	3:08.80		112%				
	, 07.04.2011										2
800m		109.	13:31.34	213	13:31.00		100%				
100m		35.	1:39.09	271	1:40.50		103%				
200m		104.	3:24.61	234	3:27.70		103%				
	, 14.10.2010										-
100m		142.	1:19.65	203	1:12.50		83%				
800m		187.	12:28.95	219	12:20.00		98%				
100m		50.	1:25.02	223	1:23.00		95%				
200m		183.	3:07.54	224	3:02.00		94%				
	, 27.09.2009										3
100m		77.	1:07.38	336	1:05.50		94%				
800m		60.	10:17.30	392	10:29.00		104%				
100m		23.	1:12.60	316	1:13.00		101%				
200m		75.	2:40.12	360	2:43.00		104%				
	, 04.07.2009										2
100m		62.	1:05.53	365	1:05.40		100%				
800m		120.	10:52.10	333	10:30.00		93%				
100m		13.	1:11.11	382	1:14.00		108%				
200m		64.	2:38.91	369	2:42.00		104%				
	, 18.08.2012										3
100m		82.	1:26.98	210	1:20.80		86%				
800m		102.	12:57.65	242	13:28.80		108%				
100m		38.	1:40.08	263	1:43.00		106%				
200m		99.	3:20.87	247	3:28.00		107%				
	, 05.10.2009										-
800m		148.	11:17.40	297	11:00.00		95%				
100m		42.	1:22.26	246	1:18.00		90%				
	, 28.06.2012										-
100m		83.	1:29.10	195	1:19.90		80%				
800m		107.	13:25.75	217	13:00.50		94%				
200m		103.	3:24.05	236	3:15.00		91%				
	, 22.11.2011										2
100m		52.	1:15.90	316	1:12.18		90%				
800m		64.	11:46.56	323	11:56.90		103%				
100m		12.	1:32.49	333	1:30.00		95%				
200m		45.	2:58.24	354	3:00.50		103%				

8
2

	, 10.09.2009					
800m		92.	10:38.56	354	10:20.00	94%
100m		20.	1:11.77	327	1:12.00	101%
200m		52.	2:37.63	378	2:42.00	106%

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	, 09.01.2010					
100m		143.	1:19.74	202	1:16.00	91%
800m		191.	13:20.65	180	13:00.00	95%
200m		186.	3:15.60	197	2:50.00	76%

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	, 08.12.2011					
100m		16.	1:08.14	437	1:07.00	97%
800m		20.	10:47.70	419	10:20.00	92%
200m		17.	2:49.23	413	2:42.00	92%

1

	, 11.05.2010					
800m		168.	11:41.92	267	12:05.00	107%
100m		43.	1:22.71	242	1:22.00	98%
200m		185.	3:14.02	202	3:10.00	96%

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	, 21.03.2010					
100m		111.	1:10.95	288	1:08.00	92%
800m		151.	11:22.48	290	10:30.00	85%
200m		158.	2:55.02	276	2:49.00	93%

1

	, 22.04.2011					
100m		2.	1:04.66	511	1:05.00	101%
800m		12.	10:33.78	447	10:20.00	96%
200m		4.	2:42.56	466	2:42.00	99%

2

	, 30.09.2009					
100m		82.	1:07.82	329	1:08.00	101%
800m		132.	11:01.13	319	11:00.00	100%
200m		165.	2:57.71	263	3:00.00	103%

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	, 04.04.2010					
800m		99.	10:41.10	350	10:20.00	94%
100m		14.	1:18.93	374	1:14.00	88%
200m		95.	2:43.05	341	2:43.00	100%

2

	, 23.10.2009					
800m		73.	10:28.90	371	10:30.00	100%
100m		6.	1:09.37	411	1:08.00	96%
200m		63.	2:38.85	369	2:42.30	104%

6

	, 22.06.2010					
100m		107.	1:10.74	290	1:11.00	101%
800m		122.	10:54.78	329	11:02.00	102%
100m		34.	1:21.25	225	1:23.00	104%
200m		142.	2:51.46	293	2:55.00	104%

-

	, 10.10.2010					
100m		133.	1:15.17	242	1:11.00	89%
800m		166.	11:41.78	267	11:00.00	88%
100m		52.	1:32.14	235	1:28.00	91%
200m		174.	3:01.25	248	2:56.00	94%

2

	, 02.06.2010					
800m		125.	10:57.70	324	11:00.00	101%
100m		53.	1:32.44	232	1:29.00	93%
100m		33.	1:20.33	233	1:17.00	92%
200m		122.	2:47.98	312	2:56.00	110%

21

	, 02.05.2012					
100m		80.	1:25.36	222	1:26.00	102%
800m		94.	12:38.58	261	12:36.00	99%
100m		42.	1:42.31	246	1:39.00	94%
200m		101.	3:21.61	244	3:18.00	96%

2

	, 01.07.2009					
100m		93.	1:09.10	311	1:10.46	104%
800m		124.	10:56.56	326	10:58.39	101%
200m		159.	2:55.39	274	2:52.11	96%

2

	, 04.07.2010					
100m		103.	1:10.06	299	1:12.00	106%
800m		149.	11:18.24	296	12:10.00	116%
100m		41.	1:22.19	247	1:20.00	95%

3

	, 15.07.2009					
100m		118.	1:12.00	275	1:12.41	101%
800m		171.	11:46.63	261	12:02.38	105%
200m		170.	2:59.26	257	3:03.21	104%

	, 28.06.2009								2
800m		181.	12:04.91	242	12:19.48			104%	
100m		45.	1:22.78	242	1:22.12			98%	
200m		164.	2:57.35	265	2:58.39			101%	
	, 17.03.2010								-
100m		86.	1:08.37	321	1:07.00			96%	
800m		87.	10:35.76	359	10:30.00			98%	
200m		144.	2:52.02	291	2:50.00			98%	
	, 10.09.2009								2
100m		105.	1:10.24	296	1:11.24			103%	
800m		178.	11:54.41	253	11:51.93			99%	
200m		171.	2:59.41	256	3:02.50			103%	
	, 15.07.2009								-
100m		132.	1:14.84	245	1:07.99			83%	
800m		177.	11:54.20	253	11:19.31			90%	
200m		179.	3:05.09	233	3:01.70			96%	
	, 27.09.2010								-
100m		84.	1:08.25	323	1:07.00			96%	
800m		114.	10:47.96	339	10:20.00			92%	
200m		169.	2:59.09	257	2:53.00			93%	
	, 11.09.2012								2
100m		70.	1:19.87	271	1:18.00			95%	
800m		73.	12:01.64	303	12:15.00			104%	
100m		26.	1:29.37	265	1:26.00			93%	
200m		69.	3:05.68	313	3:10.00			105%	
	, 17.10.2012								3
800m		83.	12:15.09	286	12:30.00			104%	
100m		31.	1:38.09	279	1:35.00			94%	
100m		15.	1:31.26	224	1:43.00			127%	
200m		68.	3:04.77	318	3:05.00			100%	
	, 03.01.2009								1
800m		184.	12:09.53	238	11:39.50			92%	
100m		41.	1:28.00	270	1:28.69			102%	
	, 12.01.2009								-
800m		163.	11:38.79	270	11:27.34			97%	
100m		56.	1:33.68	223	1:33.12			99%	
200m		175.	3:02.39	244	2:57.92			95%	
	, 13.06.2012								1
800m		70.	11:57.68	308	11:54.00			99%	
100m		41.	1:41.52	252	1:37.00			91%	
100m		12.	1:28.35	247	1:35.00			116%	
200m		71.	3:06.26	310	3:00.00			93%	
	, 02.12.2009								2
800m		172.	11:47.16	261	11:49.63			101%	
100m		48.	1:29.98	252	1:29.13			98%	
200m		172.	2:59.59	255	3:05.16			106%	
1-1									31
	, 28.05.2009								3
100m		23.	1:02.43	422	1:02.90			102%	
800m		13.	9:39.87	473	9:54.50			105%	
200m		34.	2:34.15	404	2:38.70			106%	
	, 12.07.2010								2
100m		18.	1:01.56	441	1:01.00			98%	
800m		14.	9:39.96	473	9:48.00			103%	
100m		12.	1:11.04	383	1:09.00			94%	
200m		23.	2:31.04	429	2:34.00			104%	
	, 11.10.2011								1
100m		26.	1:11.31	381	1:11.00			99%	
800m		38.	11:11.93	375	11:04.00			98%	
200m		32.	2:53.22	385	2:54.80			102%	
	, 05.10.2009								2
100m		30.	1:02.91	413	1:02.20			98%	
800m		16.	9:42.79	466	9:55.10			104%	
100m		2.	1:05.59	428	1:06.10			102%	
200m		29.	2:32.42	418	2:32.20			100%	
	, 22.07.2011								2
100m		50.	1:15.37	322	1:14.30			97%	
800m		40.	11:15.00	370	11:21.78			102%	
200m		54.	3:00.83	339	3:02.00			101%	
	, 25.01.2011								1
100m		34.	1:13.12	353	1:12.78			99%	
800m		16.	10:42.90	428	10:39.80			99%	
100m		11.	1:23.10	330	1:22.00			97%	

200m			20.	2:50.41	405	2:56.35	107%	1
800m	, , 13.04.2011		79.	12:06.31	297	11:49.60	95%	
100m			20.	1:27.28	285	1:29.50	105%	
200m			58.	3:02.13	332	3:02.00	100%	
800m	, , 24.08.2011		35.	11:10.80	377	11:03.08	98%	2
100m			3.	1:24.38	439	1:25.27	102%	
200m			19.	2:50.19	406	2:55.08	106%	
800m	, , 26.10.2009		47.	10:08.47	410	10:19.20	104%	2
100m			15.	1:19.06	372	1:19.00	100%	
200m			40.	2:34.79	399	2:35.00	100%	
100m	, , 18.05.2010		35.	1:03.50	401	1:02.00	95%	1
800m			10.	9:34.59	487	9:48.00	105%	
100m			16.	1:12.10	366	1:09.00	92%	
200m			27.	2:31.81	423	2:30.00	98%	
100m	, , 08.11.2010		74.	1:06.89	343	1:03.00	89%	1
800m			64.	10:19.27	389	10:33.00	104%	
100m			6.	1:07.25	397	1:06.00	96%	
200m			37.	2:34.55	401	2:34.00	99%	
100m	, , 25.10.2009		37.	1:03.86	395	1:08.80	116%	3
800m			30.	9:54.05	440	10:06.10	104%	
100m			8.	1:07.80	387	1:05.50	93%	
200m			33.	2:33.87	406	2:35.60	102%	
100m	, , 12.01.2011		1.	1:04.31	519	1:05.00	102%	2
800m			8.	10:16.42	486	10:15.00	100%	
100m			1.	1:18.24	550	1:18.00	99%	
200m			1.	2:32.66	563	2:36.00	104%	
100m	, , 06.06.2011		27.	1:11.37	380	1:13.28	105%	3
800m			26.	10:53.99	407	11:35.98	113%	
200m			25.	2:51.83	395	3:00.55	110%	
100m	, , 15.01.2010		20.	1:01.94	433	1:01.00	97%	2
800m			21.	9:47.92	454	10:06.00	106%	
100m			23.	1:21.84	335	1:22.00	100%	
800m	, , 27.09.2011		50.	11:33.70	341	11:55.70	106%	3
100m			15.	1:25.30	305	1:27.57	105%	
200m			40.	2:57.62	357	3:02.79	106%	
100m	1-2 , , 13.01.2010		120.	1:12.05	275	1:11.00	97%	25
800m			121.	10:54.14	330	11:02.00	102%	2
100m			33.	1:19.18	276	1:17.00	95%	
200m			135.	2:50.59	298	3:00.00	111%	
100m	, , 18.05.2010		85.	1:08.31	322	1:05.00	91%	1
800m			50.	10:09.66	407	10:10.00	100%	
100m			45.	1:28.93	261	1:24.00	89%	
200m			109.	2:44.93	330	2:40.50	95%	
100m	, , 23.06.2011		64.	1:17.61	295	1:17.38	99%	2
800m			42.	11:19.20	363	11:44.52	108%	
200m			55.	3:01.46	335	3:07.27	107%	
100m	, , 21.04.2009		21.	1:02.39	423	1:04.70	108%	3
800m			94.	10:39.02	354	10:58.30	106%	
200m			60.	2:38.71	370	2:46.40	110%	
800m	, , 05.06.2011		75.	12:02.72	301	12:00.28	99%	-
100m			27.	1:37.07	288	1:34.00	94%	
200m			80.	3:09.94	292	3:08.15	98%	
100m	, , 14.02.2012		67.	1:18.43	286	1:20.00	104%	3
800m			91.	12:33.13	266	13:08.96	110%	
200m			74.	3:07.48	304	3:15.66	109%	

	,	, 01.08.2010							3
100m			81.	1:07.70	331	1:08.00		101%	
800m			74.	10:30.02	369	10:40.00		103%	
100m			29.	1:23.80	312	1:22.00		96%	
200m			84.	2:41.09	354	2:45.00		105%	
	,	, 02.04.2010							1
100m			63.	1:05.63	363	1:04.00		95%	
800m			63.	10:18.36	390	10:15.00		99%	
100m			27.	1:15.10	285	1:14.00		97%	
200m			116.	2:47.01	318	2:48.00		101%	
	,	, 25.11.2009							1
100m			80.	1:07.68	331	1:05.50		94%	
800m			98.	10:40.73	351	10:40.00		100%	
100m			30.	1:17.93	290	1:17.40		99%	
200m			105.	2:44.47	333	2:48.50		105%	
	,	, 14.05.2010							2
100m			76.	1:07.23	338	1:07.00		99%	
800m			49.	10:09.33	408	10:35.00		109%	
100m			24.	1:13.16	308	1:13.00		100%	
200m			92.	2:42.44	345	2:46.00		104%	
	,	, 17.11.2012							4
100m			71.	1:20.16	268	1:21.18		103%	
800m			87.	12:19.89	281	13:10.06		114%	
100m			11.	1:26.85	260	1:30.00		107%	
200m			72.	3:06.73	308	3:14.01		108%	
	,	, 06.07.2010							3
100m			104.	1:10.15	298	1:10.00		100%	
800m			102.	10:43.19	347	10:50.00		102%	
100m			21.	1:11.82	326	1:14.00		106%	
200m			132.	2:49.68	303	2:50.00		100%	
2-1									11
	,	, 30.08.2011							-
100m			40.	1:13.89	342	1:12.00		95%	
800m			44.	11:23.19	357	11:00.00		93%	
100m			5.	1:17.06	373	1:15.00		95%	
200m			39.	2:56.63	364	2:55.00		98%	
	,	, 31.12.2010							1
100m			25.	1:02.53	420	1:03.00		102%	
800m			39.	10:03.27	420	9:55.00		97%	
100m			23.	1:16.37	308	1:12.00		89%	
200m			107.	2:44.73	331	2:42.00		97%	
	,	, 12.05.2009							-
100m			11.	1:00.56	463	1:00.00		98%	
800m			65.	10:19.42	388	9:50.00		91%	
200m			96.	2:43.62	338	2:38.00		93%	
	,	, 07.11.2011							1
100m			22.	1:10.72	390	1:10.00		98%	
800m			18.	10:44.73	425	10:45.00		100%	
100m			8.	1:19.29	342	1:15.00		89%	
200m			24.	2:51.76	395	2:45.00		92%	
	,	, 25.02.2011							1
100m			25.	1:11.03	385	1:10.00		97%	
800m			36.	11:11.25	376	11:00.00		97%	
100m			4.	1:25.75	418	1:27.00		103%	
200m			27.	2:52.17	393	2:49.00		96%	
	,	, 22.07.2011							-
100m			24.	1:11.00	386	1:08.00		92%	
800m			19.	10:46.04	422	10:35.00		97%	
100m			1.	1:14.22	417	1:12.00		94%	
200m			21.	2:50.69	403	2:48.00		97%	
	,	, 11.03.2010							-
800m			79.	10:31.11	367	10:15.00		95%	
100m			15.	1:12.09	366	1:11.00		97%	
200m			80.	2:40.88	355	2:39.00		98%	
	,	, 03.06.2009							1
100m			37.	1:03.86	395	1:01.76		94%	
800m			78.	10:30.88	368	10:32.99		101%	
200m			86.	2:41.54	351	2:40.08		98%	
	,	, 03.07.2010							-
100m			6.	59.28	493	58.60		98%	
800m			33.	9:57.00	434	9:44.00		96%	
100m			7.	1:09.74	405	1:06.00		90%	
200m			35.	2:34.36	402	2:33.00		98%	

