

					%	PB
-						
						6
50m	, , 2011 (13) ,	28.	34.64	290	32.00	85%
100m		31.	1:19.25	254	1:15.00	90%
200m		26.	2:53.58	256	2:44.00	89%
50m		19.	46.34	229	44.00	90%
100m		42.	1:33.79	218	1:28.00	88%
	, , 2011 (13) ,					3
50m		35.	31.34	266	30.00	92%
50m		4.	35.54	345	36.00	103%
100m		10.	1:21.37	313	1:21.00	99%
200m		6.	2:50.82	348	2:56.00	106%
100m		34.	1:17.84	253	1:20.00	106%
	, , 2012 (12) ,					-
50m		10.	31.08	272	30.00	93%
100m		26.	1:09.98	263	1:07.00	92%
200m		38.	2:37.01	253	2:27.00	88%
100m		16.	1:20.56	228	1:18.00	94%
200m		31.	2:57.73	234	2:53.00	95%
	, , 2012 (12) ,					-
50m		34.	35.45	183	33.00	87%
100m		38.	1:20.44	173	1:15.00	87%
200m		54.	3:04.61	155	2:50.00	85%
100m		25.	1:56.96	105	1:43.00	78%
100m		30.	1:33.85	144	1:32.00	96%
	, , 2012 (12) ,					-
50m		31.	34.04	207	34.00	100%
100m		36.	1:14.59	217	1:11.00	91%
200m		50.	2:49.84	200	2:33.00	81%
50m		24.	39.92	169	38.00	91%
100m		10.	1:28.08	165	1:20.00	82%
100m		29.	1:29.88	164	1:24.00	87%
	, , 2011 (13) ,					1
50m		30.	35.56	268	34.00	91%
100m		32.	1:21.41	235	1:17.00	89%
50m		18.	45.27	246	44.00	94%
100m		18.	1:39.68	244	1:37.00	95%
200m		14.	3:32.52	253	3:38.00	105%
	, , 2012 (12) ,					1
200m		48.	2:49.40	201	2:43.00	93%
50m		32.	41.16	155	38.00	85%
100m		11.	1:29.06	159	1:23.00	87%
50m		9.	41.64	215	43.00	107%
100m		20.	1:34.29	201	1:32.00	95%
	, , 2011 (13) ,					1
50m		25.	33.45	322	32.00	92%
100m		27.	1:14.75	303	1:13.00	95%
200m		23.	2:50.63	270	2:45.00	94%
50m		17.	39.50	261	39.00	97%
50m		9.	36.93	287	38.00	106%
100m		37.	1:27.42	270	1:26.00	97%
	, , 2011 (13) ,					-
50m		31.	39.27	199	33.47	73%
	, , 2011 (13) ,					-
100m		20.	1:31.70	219	1:29.00	94%
	, , 2012 (12) ,					19
50m		WDR		-	29.00	-
200m		WDR		-	2:32.00	-
100m		WDR		-	1:29.00	-
200m		WDR		-	3:30.00	-
	, , 2011 (13) ,					6
100m		29.	1:15.79	291	1:19.00	109%
200m		24.	2:50.68	269	2:57.00	108%
50m		18.	39.79	255	41.00	106%

	07 - 09	2024	11-13	11-13	
100m	13.	1:25.45	265	1:30.00	111%
100m	29.	1:25.34	290	1:29.00	109%
200m	15.	3:06.78	277	3:08.00	101%
, , 2011 (13), 2					
50m	27.	37.32	207	35.00	88%
50m	12.	38.84	265	38.00	96%
100m	14.	1:25.24	272	1:24.00	97%
200m	14.	3:04.30	277	3:08.78	105%
100m	41.	1:19.89	234	1:20.00	100%
200m	33.	2:59.45	228	2:55.00	95%
, , 2012 (12), 5					
50m	10.	38.62	279	41.00	113%
50m	6.	41.28	324	42.00	104%
100m	9.	1:29.11	342	1:27.50	96%
200m	6.	3:10.28	353	3:24.00	115%
100m	16.	1:23.43	310	1:25.00	104%
200m	15.	2:59.29	313	3:02.00	103%
, , 2013 (11), 1					
50m	26.	44.23	186	43.15	95%
50m	15.	48.21	203	42.00	76%
100m	18.	1:45.87	204	1:37.00	84%
100m	30.	1:34.48	213	1:32.00	95%
200m	25.	3:25.68	207	3:30.00	104%
, , 2011 (13), 1					
100m	37.	1:06.25	310	1:06.00	99%
200m	29.	2:22.25	340	2:19.00	95%
400m	15.	4:55.72	369	4:57.00	101%
800m	27.	10:59.82	303	10:45.00	96%
50m	19.	34.81	256	34.00	95%
100m	15.	1:15.14	266	1:13.00	94%
, , 2013 (11), 4					
50m	23.	35.02	280	36.00	106%
50m	20.	42.39	211	43.15	104%
50m	12.	45.87	236	42.00	84%
50m	8.	37.01	285	37.00	100%
100m	10.	1:31.59	205	1:37.00	112%
100m	16.	1:24.19	302	1:28.00	109%
, , 2013 (11), 4					
, , 2013 (11), 13					
200m	23.	3:01.33	225	3:10.37	110%
50m	17.	48.87	195	47.50	94%
100m	15.	1:41.11	234	1:40.20	98%
50m	13.	40.58	216	45.20	124%
100m	11.	1:33.52	193	1:42.40	120%
100m	29.	1:31.85	232	1:40.24	119%
, , 2012 (12), 5					
100m	39.	1:20.69	171	1:21.44	102%
200m	51.	2:58.11	173	2:53.34	95%
50m	29.	40.42	163	44.18	119%
100m	12.	1:31.79	145	1:36.24	110%
50m	12.	45.69	162	46.23	102%
100m	24.	1:43.03	154	1:45.50	105%
, , 2012 (12), 4					
100m	13.	1:08.02	286	1:10.46	107%
200m	20.	2:27.74	304	2:40.51	118%
400m	WDR	-	-	5:32.69	-
800m	WDR	-	-	11:17.10	-
100m	6.	1:18.72	223	1:23.72	113%
200m	21.	2:49.51	270	2:56.49	108%
, , 2012 (12), 10					
100m	20.	1:08.88	275	1:11.00	106%
200m	39.	2:37.52	251	2:35.00	97%
100m	5.	1:18.10	236	1:21.00	108%
, , 2012 (12), 3					
50m	4.	31.82	374	35.00	121%
100m	9.	1:10.65	359	1:15.07	113%
200m	15.	2:39.73	329	2:40.00	100%
, , 2011 (13), 3					
50m	18.	31.51	385	30.50	94%
100m	8.	1:05.34	454	1:05.85	102%
200m	4.	2:19.89	490	2:20.34	101%

		07 - 09	2024	11-13		11-13		
400m		7.	5:04.59	437	5:05.00		100%	
50m	, , 2013 (11),	18.	34.07	304	35.50		109%	2
100m		17.	1:13.47	319	1:16.00		107%	
200m		16.	2:45.73	294	2:43.50		97%	
								4
50m	, , 2013 (11),	27.	35.73	179	29.00		66%	-
200m		33.	2:58.02	173	2:38.50		79%	
200m		29.	3:23.25	156	3:05.00		83%	
50m	, , 2012 (12),	22.	35.03	280	31.50		81%	1
100m		17.	1:20.75	240	1:17.00		91%	
200m		28.	2:56.31	244	3:05.00		110%	
50m		11.	38.43	255	36.00		88%	
100m		10.	1:33.99	190	1:30.00		92%	
50m	, , 2012 (12),	24.	36.11	256	32.00		79%	3
100m		15.	1:18.53	262	1:19.00		101%	
200m		25.	2:51.77	264	2:54.10		103%	
50m		15.	40.11	249	40.00		99%	
100m		12.	1:26.66	254	1:31.00		110%	
100m	, , 2012 (12),	37.	1:15.49	209	1:10.00		86%	-
200m		49.	2:49.67	200	2:39.00		88%	
100m		28.	1:28.35	173	1:24.00		90%	
200m		39.	3:15.12	177	3:04.50		89%	
								13
50m	, , 2011 (13),	1.	25.37	501	24.50		93%	-
100m		1.	56.03	512	56.00	12.05.2024	100%	
200m		1.	2:04.01	514	2:02.00		97%	
50m		1.	29.54	419	29.00	07.03.2024	96%	
100m		4.	1:06.74	379	1:04.00		92%	
50m		WDR	-	-	28.00	07.03.2024	-	
100m		3.	1:05.73	421	1:03.00		92%	
50m	, , 2011 (13),	17.	28.98	336	28.00		93%	-
100m		18.	1:04.01	343	1:03.00		97%	
50m		6.	32.80	306	31.00		89%	
100m		6.	1:11.81	304	1:11.00		98%	
200m		4.	2:38.93	293	2:33.00		93%	
50m		11.	31.59	326	30.00		90%	
50m	, , 2011 (13),	29.	34.88	284	32.00		84%	1
100m		28.	1:14.82	302	1:13.00		95%	
200m		21.	2:42.65	311	2:42.00		99%	
100m		9.	1:27.28	237	1:21.00		86%	
100m		38.	1:27.56	268	1:28.00		101%	
200m		14.	3:06.43	279	3:05.00		98%	
50m	, , 2011 (13),	20.	32.45	352	34.32	12.10.2023	112%	3
100m		22.	1:12.12	338	1:10.00		94%	
200m		20.	2:38.23	338	2:38.00		100%	
50m		15.	39.00	271	38.00		95%	
100m		11.	1:23.10	288	1:30.00		117%	
100m		25.	1:22.86	317	1:23.50		102%	
100m	, , 2012 (12),	8.	1:06.38	308	1:04.00		93%	-
50m		9.	37.42	206	33.00		78%	
50m		1.	35.79	338	35.00		96%	
100m		2.	1:19.72	333	1:19.00		98%	
200m		3.	2:56.22	317	2:55.00		99%	
200m		15.	2:46.39	286	2:44.00		97%	
50m	, , 2012 (12),	8.	30.69	283	28.00		83%	2
100m		9.	1:06.68	304	1:05.00		95%	
200m		16.	2:24.79	323	2:25.00		100%	
400m		15.	5:13.33	310	5:00.00		92%	
50m		10.	37.43	206	32.00		73%	
100m		13.	1:18.54	247	1:20.00		104%	

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50m		10.	32.54	349	33.53	07.03.2024		106%		
100m		4.	1:09.07	385	1:10.00			103%		
200m		2.	2:30.80	391	2:35.00			106%		
50m		8.	37.99	293	38.00			100%		
100m		7.	1:19.52	358	1:24.00			112%		
50m		27.	32.63	235	29.00			79%		-
200m		25.	2:31.08	284	2:22.00			88%		
50m		8.	35.28	234	31.00			77%		
100m		8.	1:21.25	203	1:14.00			83%		
200m		5.	3:01.06	205	2:45.00			83%		
100m		17.	1:20.58	228	1:08.00			71%		
50m		16.	34.33	297	31.50			84%		1
100m		12.	1:13.94	313	1:17.00			108%		
200m		19.	2:47.44	285	2:40.00			91%		
50m		19.	42.06	216	38.00			82%		
100m		28.	1:28.36	261	1:27.00			97%		
200m		22.	3:12.79	252	3:10.00			97%		
50m		23.	29.70	312	29.00			95%		-
50m		9.	37.83	286	35.50			88%		
100m		13.	1:24.86	276	1:20.00			89%		
100m		23.	1:15.30	280	1:15.00			99%		
200m		23.	2:45.32	291	2:45.00			100%		
50m		24.	32.09	247	29.00			82%		-
100m		25.	1:09.76	265	1:08.00			95%		
200m		34.	2:35.66	260	2:23.00			84%		
50m		14.	37.62	203	34.00			82%		
100m		6.	1:20.67	215	1:15.00			86%		
200m		3.	2:48.24	247	2:39.00			89%		
200m		17.	2:43.07	309	2:37.00			93%		1
50m		9.	36.72	292	39.22	12.10.2023		114%		
100m		6.	1:21.69	289	1:18.00			91%		
200m		4.	3:09.70	250	2:55.00			85%		
100m		25.	1:26.37	280	1:20.00			86%		
200m		16.	3:00.85	305	2:59.00			98%		
50m		20.	34.88	284	39.00			125%		6
200m		24.	2:50.71	269	2:50.00			99%		2
100m		18.	1:24.84	295	1:29.00			110%		
200m		18.	3:08.23	271	3:08.00			100%		
50m		17.	46.02	234	44.00			91%		1
100m		14.	1:35.34	279	1:35.00			99%		
200m		14.	3:32.56	253	3:23.00			91%		
100m		32.	1:31.22	237	1:24.20			85%		
200m		21.	3:12.34	254	3:19.00			107%		
100m		57.	1:15.12	212	1:15.00			100%		1
200m		55.	2:56.49	178	2:38.00			80%		
100m		46.	1:22.30	214	1:20.00			94%		
200m		37.	3:02.40	217	3:03.00			101%		
100m		51.	1:11.66	245	1:11.00			98%		1
200m		48.	2:37.27	252	2:35.00			97%		
100m		19.	1:29.70	234	1:28.00			96%		
200m		29.	2:55.01	245	2:58.00			103%		
50m		21.	43.56	194	39.00			80%		-
50m		13.	43.75	272	43.00			97%		
100m		12.	1:34.01	291	1:33.00			98%		
200m		11.	3:26.33	277	3:20.00			94%		
50m		15.	42.53	188	40.00			88%		
100m		24.	1:26.31	280	1:22.30			91%		
200m		28.	3:19.07	229	3:09.00			90%		
50m		41.	33.30	221	36.00			117%		1
100m		58.	1:15.20	212	1:13.00			94%		

		07 - 09	2024	11-13	11-13	
200m		53.	2:51.23	195	2:38.00	85%
100m		45.	1:21.19	223	1:19.00	95%
	, 2011 (13),					
100m		23.	1:04.23	340	1:08.00	112%
100m		5.	1:11.45	309	1:20.00	125%
100m		18.	1:12.86	309	1:18.00	115%
200m		13.	2:39.57	324	2:51.57	116%
	, 2011 (13),				07.03.2024	
50m		14.	43.79	271	43.00	96%
100m		14.	1:34.65	285	1:39.00	109%
100m		29.	1:25.34	290	1:23.00	95%
200m		12.	3:01.39	303	3:12.00	112%
	, 2012 (12),					
50m		6.	34.81	243	33.05	90%
100m		19.	1:21.11	224	1:23.00	105%
200m		33.	3:00.18	225	3:04.00	104%
	, 2011 (13),					
100m		48.	1:08.85	276	1:10.00	103%
50m		19.	33.91	263	33.05	95%
100m		38.	1:18.80	244	1:19.00	101%
200m		28.	2:52.78	255	3:01.00	110%
	, 2012 (12),				07.03.2024	
100m		20.	1:41.87	229	1:41.50	99%
200m		29.	3:26.81	204	3:25.20	98%
	, 2011 (13),					
100m		59.	1:15.62	208	1:10.60	87%
100m		21.	1:23.73	192	1:21.10	94%
100m		44.	1:20.94	225	1:23.00	105%
200m		31.	2:56.91	237	3:03.50	108%
	, 2012 (12),				07.03.2024	
100m		21.	1:44.83	210	1:42.50	96%
100m		36.	1:41.31	173	1:35.00	88%
	, 2012 (12),					
100m		3.	1:05.08	327	1:08.00	109%
100m		5.	1:21.86	307	1:24.00	105%
100m		3.	1:12.41	315	1:17.00	113%
200m		10.	2:41.65	311	2:55.38	118%
	, 2011 (13),				07.03.2024	
100m		18.	1:21.48	208	1:21.10	99%
100m		42.	1:20.69	227	1:23.00	106%
200m		34.	2:59.61	227	3:04.00	105%
	, 2011 (13),					
100m		41.	1:31.43	236	1:34.00	106%
200m		18.	3:16.60	238	3:25.00	109%
	, 2011 (13),					
100m		14.	1:26.41	256	1:29.41	107%
200m		7.	3:05.50	263	3:16.00	112%
100m		34.	1:26.93	274	1:27.00	100%
200m		17.	3:09.43	266	3:12.05	103%
	, 2013 (11),					
100m		11.	1:34.70	194	1:22.00	75%
200m		26.	3:26.22	206	3:07.21	82%
	, 2011 (13),					
200m		7.	2:59.48	203	2:56.20	96%
100m		18.	1:29.40	236	1:28.00	97%
100m		53.	1:26.10	187	1:23.00	93%
200m		38.	3:03.53	213	3:04.00	101%
	, 2013 (11),					
100m		14.	1:40.89	236	1:29.00	78%
200m		22.	3:21.96	219	3:07.52	86%
	, 2012 (12),					
50m		10.	42.81	291	41.70	12.10.2023
100m		13.	1:34.20	290	1:33.85	12.10.2023
100m		23.	1:26.17	282	1:25.73	12.10.2023
	, 2011 (13),					
100m		19.	1:21.79	206	1:21.10	98%
200m		6.	2:56.30	215	2:56.20	100%
100m		43.	1:20.80	226	1:23.00	106%
200m		36.	3:01.93	218	3:04.00	102%

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		07 - 09	2024	11-13	11-13		
	, 2011 (13),					3	
100m		25.	1:13.76	316	1:16.80	12.10.2023	108%
100m		15.	1:26.87	252	1:27.00		100%
100m		12.	1:33.30	298	1:40.00		115%
100m		31.	1:25.37	290	1:23.00		95%
	, 2011 (13),					3	
100m		30.	1:17.74	270	1:19.00		103%
100m		28.	1:24.61	297	1:26.62		105%
200m		16.	3:07.90	272	3:11.88		104%
	, 2011 (13),					-	
100m		17.	1:30.92	220	1:30.00		98%
100m		40.	1:29.90	248	1:27.00		94%
200m		20.	3:19.97	226	3:14.36	12.10.2023	94%
	, 2011 (13),					4	
100m		12.	1:23.36	285	1:25.83	12.10.2023	106%
200m		8.	3:06.32	260	3:16.00		111%
100m		21.	1:21.74	330	1:28.00		116%
200m		13.	3:02.93	295	3:18.12	07.03.2024	117%
	, 2013 (11),					5	
100m		4.	1:18.85	337	1:24.23		114%
200m		4.	2:54.26	317	3:17.00		128%
50m		3.	41.24	325	41.03		99%
200m		6.	3:17.02	318	3:40.00		125%
100m		5.	1:25.53	252	1:29.00		108%
200m		18.	3:02.64	297	3:20.00		120%
	, 2012 (12),					9	
100m		30.	1:11.57	245	1:11.50		100%
200m		33.	2:35.59	260	2:38.50		104%
50m		11.	36.52	211	39.50		117%
100m		10.	1:25.17	176	1:19.50		87%
100m		23.	1:23.17	208	1:19.50		91%
200m		28.	2:55.83	242	2:53.50		97%
	, 2012 (12),					3	
50m		1.	28.05	371	28.00		100%
100m		WDR		-	1:01.50		-
200m		3.	2:18.19	371	2:19.00		101%
50m		1.	32.10	326	32.00		99%
100m		1.	1:08.81	346	1:10.00		103%
200m		1.	2:29.36	353	2:29.00		100%
100m		2.	1:10.81	337	1:11.50		102%
	, 2013 (11),					2	
100m		26.	1:17.53	272	1:16.00		96%
200m		18.	2:47.41	286	2:42.50		94%
50m		11.	39.07	269	39.50		102%
50m		15.	42.63	187	40.50		90%
100m		23.	1:28.93	256	1:30.00		102%
	, 2013 (11),					2	
50m		1.	36.66	463	36.50		99%
100m		1.	1:20.56	463	1:20.60		100%
200m		1.	2:54.29	460	2:53.50		99%
100m		2.	1:13.59	452	1:14.20		102%
	, 2011 (13),					4	
100m		27.	1:04.69	333	1:04.00		98%
200m		24.	2:20.61	352	2:21.00		101%
800m		20.	10:23.56	359	10:09.60	07.03.2024	96%
200m		19.	2:42.96	304	2:44.00		101%
	, 2011 (13),					2	
100m		28.	1:04.74	332	1:04.00		98%
200m		17.	2:18.26	371	2:21.00		104%
800m		13.	10:01.45	400	10:06.21	07.03.2024	102%
1						99	
	, 2012 (12),					-	
100m		32.	1:11.63	245	1:09.68		95%
400m		16.	5:17.43	298	5:11.23		96%
800m		20.	10:51.52	315	10:24.13		92%
200m		22.	2:50.12	267	2:46.67		96%

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100m				15.	1:13.16	324	1:11.42		95%		-
											6
100m				10.	1:11.37	349	1:11.50		100%		
200m				10.	2:37.03	346	2:40.00		104%		
400m				3.	5:40.72	312	5:45.00		103%		
800m				4.	11:39.74	317	11:45.00		102%		
100m				8.	1:30.16	215	1:35.00		111%		
200m				18.	3:02.64	297	3:10.00		108%		
											4
200m				6.	2:20.43	354	2:21.03		101%		
400m				5.	4:52.31	382	4:54.00		101%		
800m				5.	10:01.49	400	9:57.51		99%		
1500m				5.	19:07.07	402	19:23.87		103%		
200m				3.	2:42.50	284	2:37.51		94%		
200m				5.	2:39.41	325	2:41.50		103%		
											5
100m				19.	1:08.85	276	1:07.70		97%		
200m				4.	2:19.09	364	2:27.17		112%		
400m				2.	4:49.13	395	5:00.00		108%		
800m				7.	10:04.38	394	10:04.60		100%		
1500m				3.	18:38.12	434	19:19.89		108%		
200m				18.	2:46.83	283	2:56.05		111%		
											2
400m				10.	5:04.40	339	5:06.11		101%		
800m				13.	10:25.84	355	10:10.39		95%		
200m				4.	2:52.73	236	3:00.00		109%		
200m				19.	2:46.88	283	2:43.11		96%		
											5
200m				9.	2:13.74	410	2:15.45		103%		
400m				3.	4:30.84	481	4:37.69		105%		
800m				1.	9:15.87	507	9:18.05		101%		
1500m				2.	17:34.39	518	17:54.37		104%		
200m				5.	2:32.13	346	2:32.57		101%		
200m				9.	2:33.77	362	2:32.77		99%		
											6
100m				9.	1:11.22	351	1:11.89		102%		
200m				4.	2:31.00	389	2:33.82		104%		
800m				1.	10:23.14	449	10:34.16		104%		
1500m				1.	19:55.13	438	20:02.98		101%		
100m				8.	1:32.79	303	1:33.53		102%		
200m				4.	2:50.18	367	2:54.84		106%		
											-
200m				15.	2:24.74	323	2:20.89		95%		
											3
100m				4.	1:07.50	412	1:07.28		99%		
200m				6.	2:23.03	458	2:26.68		105%		
400m				6.	5:05.11	435	5:05.00		100%		
800m				7.	10:17.87	461	10:22.85		102%		
1500m				9.	20:04.55	428	19:48.26		97%		
200m				4.	2:42.44	422	2:49.63		109%		
											6
100m				2.	1:02.95	361	1:05.43		108%		
200m				2.	2:13.85	409	2:17.16		105%		
400m				1.	4:36.88	450	4:50.00		110%		
800m				1.	9:26.45	479	9:41.05		105%		
1500m				1.	18:04.48	476	18:37.32		106%		
200m				2.	2:35.88	347	2:41.23		107%		
											6
100m				33.	1:12.20	239	1:12.45		101%		
800m				15.	10:30.88	347	10:42.07		104%		
1500m				9.	20:04.33	347	20:12.54		101%		
100m				10.	1:27.30	253	1:29.05		104%		
200m				6.	2:58.83	303	3:02.50		104%		
200m				20.	2:47.04	282	2:51.77	07.03.2024	106%		
											4
200m				10.	2:30.52	393	2:28.76		98%		
800m				10.	10:31.67	431	10:33.93		101%		
1500m				10.	20:24.11	408	19:49.46		94%		
100m				10.	1:22.28	296	1:22.75		101%		
200m				6.	2:54.12	318	2:54.57		101%		
200m				11.	2:49.03	374	2:55.45		108%		

							6
100m	3.	1:04.76	467	1:05.10		101%	
800m	3.	9:47.66	536	9:59.53		104%	
1500m	3.	18:39.99	533	18:47.30		101%	
100m	1.	1:19.87	475	1:20.00		100%	
200m	1.	2:52.24	476	2:55.63		104%	
200m	3.	2:38.75	452	2:39.68		101%	
							6
50m	2.	28.47	522	28.85	05.12.2023	103%	
100m	2.	1:00.72	566	1:00.77		100%	
200m	2.	2:09.22	622	2:09.75		101%	
400m	2.	4:33.28	606	4:37.33	05.12.2023	103%	
800m	1.	9:20.20	618	9:27.00		102%	
1500m	2.	18:00.48	593	18:32.56	12.10.2023	106%	
							3
200m	4.	2:14.33	553	2:14.45		100%	
400m	3.	4:38.59	572	4:36.06		98%	
800m	2.	9:23.38	608	9:23.37		100%	
1500m	1.	17:56.67	600	18:20.78		105%	
200m	1.	2:30.29	504	2:33.37		104%	
200m	1.	2:36.13	475	2:34.93		98%	
							3
50m	6.	30.44	290	29.83		96%	
100m	12.	1:07.89	288	1:08.89		103%	
200m	18.	2:27.26	307	2:27.21		100%	
800m	14.	10:28.24	351	10:30.37		101%	
1500m	10.	20:04.49	347	19:39.80		96%	
200m	11.	2:42.18	308	2:46.89		106%	
							1
100m	8.	1:10.33	364	1:09.79		98%	
800m	6.	10:14.43	469	10:24.59		103%	
1500m	7.	19:38.29	457	19:35.35		100%	
100m	8.	1:28.78	346	1:28.78		100%	
200m	5.	3:07.33	370	3:05.00		98%	
200m	8.	2:46.74	390	2:46.54		100%	
							3
100m	21.	1:15.50	209	1:18.23		107%	
50m	8.	38.68	177	40.59		110%	
200m	19.	3:05.75	205	3:10.10		105%	
							6
100m	30.	1:05.27	324	1:07.57		107%	
200m	21.	2:19.63	360	2:26.58		110%	
800m	14.	10:02.63	398	10:16.22		105%	
1500m	7.	18:44.45	427	19:15.20		106%	
100m	13.	1:14.43	273	1:15.26		102%	
200m	18.	2:42.57	306	2:44.83	07.03.2024	103%	
							6
200m	8.	2:26.89	309	2:32.50		108%	
800m	4.	10:22.22	361	10:28.85		102%	
1500m	1.	19:43.48	366	19:59.90		103%	
100m	8.	1:19.00	228	1:24.00		113%	
200m	5.	2:43.20	271	2:51.50		110%	
200m	3.	2:43.94	299	2:52.77		111%	
							5
200m	5.	2:22.87	460	2:24.75		103%	
400m	5.	4:58.45	465	5:04.84		104%	
800m	9.	10:23.79	448	10:20.67		99%	
1500m	6.	19:32.10	465	19:45.21		102%	
200m	3.	2:47.67	363	2:59.98		115%	
200m	9.	2:47.07	388	2:47.12		100%	
							5
100m	42.	1:07.43	294	1:08.20		102%	
200m	37.	2:25.49	318	2:29.63		106%	
400m	16.	5:03.98	340	5:10.34		104%	
800m	19.	10:20.48	364	10:20.97		100%	
1500m	10.	19:44.70	365	19:39.53		99%	
200m	25.	2:48.27	276	2:53.14		106%	
							3
200m	32.	2:35.33	261	2:36.64		102%	
800m	23.	11:00.81	302	11:00.00		100%	
1500m	12.	21:24.19	286	21:42.22		103%	
100m	15.	1:30.94	224	1:30.64		99%	
100m	14.	1:19.09	241	1:21.23		105%	

								-
100m	10.	1:07.70	290	1:06.11			95%	-
200m	8.	2:21.86	343	2:19.30			96%	
400m	4.	4:50.06	391	4:50.00			100%	
800m	4.	10:01.05	401	9:42.18			94%	
1500m	2.	18:36.23	436	18:33.97			100%	
								1
200m	10.	2:22.41	339	2:20.92			98%	
400m	11.	5:06.19	333	4:52.22			91%	
800m	8.	10:11.11	382	10:08.66			99%	
1500m	8.	19:35.43	374	19:12.32			96%	
200m	1.	2:39.55	300	2:39.91			100%	
200m	13.	2:43.18	303	2:41.47			98%	
								4
100m	4.	1:07.50	412	1:06.68			98%	
200m	7.	2:23.95	449	2:24.99			101%	
800m	8.	10:19.33	458	10:33.95			105%	
1500m	8.	19:45.08	450	19:58.17			102%	
100m	6.	1:27.01	368	1:26.59			99%	
200m	6.	2:45.78	397	2:47.61			102%	
								11
50m	18.	29.04	334	28.50			96%	4
100m	22.	1:04.22	340	1:05.07			103%	
200m	35.	2:23.63	331	2:25.00			102%	
800m	25.	10:40.34	332	11:11.25	07.03.2024		110%	
100m	12.	1:24.38	281	1:25.36			102%	
200m	13.	2:58.65	304	2:50.00			91%	
								-
50m	12.	28.81	342	28.39			97%	
100m	16.	1:03.59	350	1:02.53			97%	
200m	28.	2:22.22	341	2:19.00			96%	
800m	21.	10:26.83	353	10:22.20	07.03.2024		99%	
50m	25.	36.22	227	35.00			93%	
								3
100m	29.	1:05.03	327	1:05.45	07.03.2024		101%	
200m	22.	2:19.67	360	2:12.00			89%	
400m	12.	4:51.62	385	4:40.00			92%	
800m	12.	10:01.44	400	10:04.92	07.03.2024		101%	
50m	10.	33.59	285	31.50			88%	
100m	7.	1:12.31	298	1:14.77	07.03.2024		107%	
								1
50m	43.	34.26	203	38.00			123%	
100m	55.	1:14.54	217	1:12.98			96%	
200m	51.	2:41.81	231	2:41.01			99%	
50m	33.	42.15	144	38.00			81%	
100m	22.	1:30.58	151	1:28.31			95%	
								3
100m	24.	1:04.49	336	1:04.90			101%	
200m	25.	2:20.64	352	2:19.00			98%	
400m	13.	4:52.20	383	4:40.00			92%	
50m	13.	32.06	312	30.39			90%	
100m	12.	1:11.72	295	1:14.42	07.03.2024		108%	
200m	6.	2:43.03	281	2:47.30			105%	
								28
50m	22.	29.38	323	28.00			91%	-
100m	31.	1:05.38	322	1:04.00			96%	
200m	38.	2:25.59	317	2:23.00			96%	
100m	21.	1:14.54	288	1:13.00			96%	
								2
100m	6.	1:04.61	470	1:05.30	12.10.2023		102%	
200m	9.	2:21.34	475	2:18.38			96%	
400m	6.	5:01.94	449	4:47.00			90%	
100m	1.	1:09.95	461	1:10.38			101%	
100m	4.	1:12.04	482	1:10.15			95%	
200m	3.	2:35.92	477	2:29.99			93%	
								3
50m	27.	30.10	300	31.00			106%	
100m	40.	1:07.02	299	1:05.00			94%	
400m	17.	5:04.29	339	5:09.00			103%	
800m	22.	10:27.78	352	9:58.00			91%	

		07 - 09	2024	11-13		11-13		
1500m		11.	19:57.10	354	20:35.00		106%	1
50m	, , 2011 (13) ,	16.	31.05	402	30.20		95%	
200m		15.	2:29.74	399	2:30.00		100%	
50m		7.	35.63	355	34.77	12.10.2023	95%	
100m		6.	1:16.66	367	1:13.00		91%	
200m		5.	2:39.23	416	2:37.00		97%	4
50m	, , 2011 (13) ,	5.	27.06	413	27.30		102%	
100m		5.	58.21	457	59.50	12.05.2024	104%	
200m		4.	2:07.20	476	2:20.00		121%	
200m		WDR	-	-	2:30.00		-	
50m		4.	29.97	382	30.20		102%	4
50m	, , 2011 (13) ,	2.	26.26	452	27.20		107%	
100m		2.	56.64	496	57.20		102%	
100m		2.	1:05.10	433	1:05.00		100%	
200m		1.	2:18.85	492	2:26.00		111%	
400m		1.	4:54.77	505	5:16.00		115%	
200m	, , 2011 (13) ,	19.	2:18.92	365	2:20.00		102%	2
400m		14.	4:55.38	371	4:40.00		90%	
800m		18.	10:16.42	372	10:10.26	07.03.2024	98%	
100m		7.	1:19.65	334	1:22.36	07.03.2024	107%	
200m		9.	2:52.49	338	2:50.00		97%	
100m		15.	1:12.54	313	1:12.00		99%	
200m	, , 2011 (13) ,	36.	2:24.97	322	2:15.00		87%	-
800m		11.	9:59.56	404	9:35.00		92%	
100m		6.	1:08.97	332	1:06.00		92%	
200m		15.	2:40.38	319	2:35.00		93%	
50m	, , 2011 (13) ,	14.	31.03	403	31.00		100%	3
50m		3.	36.17	482	37.30		106%	
100m		2.	1:17.29	525	1:17.00		99%	
200m		3.	2:46.21	530	2:50.00		105%	
100m		7.	1:13.75	449	1:14.10		101%	
50m	, , 2011 (13) ,	1.	31.38	468	32.30		106%	2
200m		1.	2:37.28	439	2:33.00		95%	
200m		4.	2:37.12	466	2:34.00		96%	
400m		2.	5:31.38	477	5:32.00		100%	
50m	, , 2011 (13) ,	29.	30.27	295	31.00		105%	4
100m		25.	1:04.61	334	1:04.00		98%	
400m		5.	4:37.11	449	4:50.00		110%	
800m		5.	9:42.65	440	9:45.00		101%	
1500m		3.	17:53.24	491	20:10.00		127%	
50m	, , 2011 (13) ,	10.	30.22	436	31.10		106%	1
50m		7.	39.20	379	38.00		94%	
100m		7.	1:26.20	378	1:18.20		82%	
100m		8.	1:13.98	445	1:13.00		97%	
400m		5.	5:45.42	421	5:36.00		95%	
200m	, , 2011 (13) ,	5.	2:45.11	261	2:41.10		95%	2
50m		10.	31.53	328	32.13	07.03.2024	104%	
100m		10.	1:11.39	299	1:13.21	07.03.2024	105%	
200m		7.	2:51.76	240	2:50.00		98%	
1-3								21
50m	, , 2013 (11) ,	11.	32.68	345	33.10		103%	3
100m		13.	1:12.31	335	1:14.00		105%	
200m		12.	2:38.17	339	2:36.00		97%	
100m		6.	1:23.42	284	1:31.00		119%	
50m	, , 2013 (11) ,	15.	33.06	226	34.20		107%	3
100m		12.	1:12.44	237	1:11.00		96%	
200m		15.	2:34.16	267	2:37.00		104%	
50m		14.	37.74	201	39.00		107%	
100m		13.	1:25.13	193	1:22.00		93%	

								3
50m		9.	32.38	355	33.00			104%
200m		13.	2:40.42	325	2:32.00			90%
100m		6.	1:19.29	362	1:20.00			102%
200m		3.	2:49.60	370	2:54.00			105%
								3
100m		7.	1:10.98	354	1:13.00			106%
50m		4.	35.58	321	35.00			97%
100m		3.	1:19.03	319	1:22.00			108%
100m		8.	1:19.56	358	1:19.00			99%
200m		5.	2:50.45	365	2:53.00			103%
								4
50m		28.	36.54	167	37.06	09.02.2024		103%
100m		26.	1:22.44	160	1:12.00			76%
50m		27.	41.96	146	45.00			115%
100m		8.	1:35.94	191	1:40.15	09.02.2024		109%
200m		10.	3:24.88	201	3:15.00			91%
100m		16.	1:25.56	191	1:27.00			103%
								1
50m		17.	33.25	222	33.00			99%
100m		18.	1:14.59	217	1:12.00			93%
200m		26.	2:49.31	202	2:45.00			95%
100m		19.	1:29.53	157	1:28.00			97%
100m		14.	1:25.17	193	1:26.20			102%
								4
50m		2.	29.96	304	32.00			114%
200m		2.	2:23.19	334	2:26.00			104%
50m		2.	33.56	285	32.00			91%
100m		1.	1:12.64	294	1:16.50			111%
200m		1.	2:35.76	311	2:46.00			114%
								2
								119
								3
100m		22.	1:34.52	200	1:45.00			123%
200m		27.	2:49.33	271	2:50.00			101%
400m		4.	6:01.45	274	6:20.00			111%
								1
50m		30.	33.98	208	33.00			94%
200m		44.	2:42.95	226	2:45.00			103%
200m		40.	3:15.30	176	3:10.00			95%
								3
200m		9.	2:36.33	351	2:45.00			111%
50m		12.	39.77	255	40.00			101%
100m		10.	1:34.83	284	1:50.00			135%
200m		15.	3:01.20	304	2:55.00			93%
								1
200m		30.	2:51.30	195	2:35.00			82%
50m		15.	37.84	199	38.00			101%
100m		10.	1:20.80	214	1:20.00			98%
200m		10.	2:51.83	232	2:50.00			98%
								3
50m		21.	31.97	250	32.00			100%
200m		29.	2:34.34	266	2:40.00			107%
50m		18.	38.83	184	40.00			106%
200m		34.	3:00.44	224	2:54.58	07.03.2024		94%
								3
50m		6.	31.39	389	32.00			104%
200m		3.	2:30.83	391	2:40.00			113%
50m		6.	37.38	308	37.00			98%
200m		7.	2:53.42	346	2:55.00			102%
								5
100m		1.	58.98	618	1:01.00			107%
200m		1.	2:06.02	670	2:07.80			103%
400m		1.	4:22.97	680	4:26.00			102%
100m		1.	1:06.86	553	1:09.00			107%
200m		1.	2:21.73	591	2:28.00			109%
								-
50m		31.	41.05	156	40.00			95%
200m		13.	3:19.12	219	3:15.00			96%
								1
50m		20.	46.50	227	46.00			98%
100m		16.	1:37.83	259	1:38.00			100%
200m		10.	3:25.71	279	3:25.00			99%
100m		26.	1:27.06	273	1:26.00			98%

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200m		17.	3:07.79	273	3:06.00	98%
200m	, 2012 (12),	42.	2:40.98	235	2:40.00	99%
50m		19.	38.87	184	39.00	101%
100m		23.	1:36.59	187	1:38.00	103%
200m		30.	2:57.20	236	2:55.00	98%
100m	, 2011 (13),	4.	57.77	467	1:01.00	111%
200m		3.	2:06.09	489	2:11.00	108%
400m		1.	4:23.23	524	4:30.00	105%
50m		2.	27.99	469	29.20	109%
100m		1.	1:01.24	474	1:02.00	102%
200m		1.	2:16.43	480	2:24.00	111%
50m	, 2012 (12),	2.	38.42	402	39.00	103%
100m		3.	1:22.23	436	1:24.00	104%
200m		2.	2:54.62	457	2:55.00	100%
100m		2.	1:15.54	418	1:18.00	107%
200m		2.	2:38.10	457	2:40.00	102%
50m	, 2012 (12),	15.	34.29	299	34.00	98%
200m		20.	2:47.54	285	2:45.00	97%
50m		20.	43.10	201	45.00	109%
200m		23.	3:13.13	251	3:12.93	100%
100m	, 2013 (11),	5.	1:09.61	376	1:09.00	98%
200m		5.	2:31.99	382	2:35.00	104%
50m		3.	35.33	365	38.00	116%
100m		3.	1:18.07	347	1:18.50	101%
200m		2.	2:49.67	344	2:56.65	108%
50m		6.	35.92	312	36.00	100%
100m	, 2011 (13),	36.	1:06.22	310	1:06.00	99%
800m		7.	9:50.13	424	9:55.00	102%
100m		9.	1:20.94	318	1:22.00	103%
200m		10.	2:54.18	328	2:56.00	102%
200m		11.	2:38.18	332	2:37.00	99%
50m	, 2013 (11),	28.	37.66	225	35.00	86%
200m		24.	3:02.38	221	2:50.00	87%
50m		25.	43.64	193	45.00	106%
200m		21.	3:21.23	222	3:15.00	94%
50m	, 2013 (11),	16.	33.92	308	34.00	100%
50m		6.	42.78	291	45.00	111%
100m		9.	1:34.06	291	1:38.00	109%
200m		8.	3:19.37	307	3:18.00	99%
100m		14.	1:23.82	306	1:22.00	96%
50m	, 2013 (11),	8.	32.30	357	32.70	102%
100m		14.	1:12.58	331	1:12.00	98%
200m		14.	2:41.28	319	2:46.00	106%
100m		10.	1:30.69	221	1:27.00	92%
100m	, 2012 (12),	16.	1:31.09	223	1:30.00	98%
200m		16.	2:46.51	285	2:45.00	98%
400m		3.	5:54.48	290	6:05.00	106%
100m	, 2013 (11),	17.	1:14.45	218	1:12.00	94%
200m		20.	2:39.31	242	2:37.00	97%
400m		4.	5:33.11	258	5:16.00	90%
100m		21.	1:28.85	170	1:22.00	85%
50m	, 2013 (11),	2.	29.52	468	30.10	104%
100m		2.	1:06.60	429	1:05.00	95%
200m		1.	2:30.28	395	2:24.00	92%
100m		4.	1:17.70	384	1:17.00	98%
200m		2.	2:48.81	376	2:48.50	100%
800m	, 2011 (13),	3.	9:42.13	441	9:55.00	104%
100m		4.	1:17.93	356	1:16.00	95%
200m		11.	2:54.25	327	2:46.00	91%
100m		12.	1:11.18	331	1:15.00	111%
200m		6.	2:30.71	384	2:33.00	103%

							2
100m		15.	1:12.90	232	1:12.00		98%
200m		13.	2:34.01	268	2:47.00		118%
50m		12.	37.18	210	40.00		116%
100m		15.	1:23.36	194	1:21.00		94%
100m		11.	1:37.82	180	1:35.00		94%
100m		10.	1:24.19	200	1:20.80		92%
							2
200m		29.	2:49.91	200	2:50.00		100%
50m		28.	43.35	132	45.00		108%
100m		10.	1:37.14	184	1:37.00		100%
200m		23.	3:11.44	187	3:10.00		99%
							2
50m		32.	34.55	198	34.00		97%
200m		45.	2:44.04	222	2:45.00		101%
50m		27.	40.26	165	42.00		109%
							2
100m		11.	1:27.59	251	1:30.00		106%
200m		14.	2:44.32	296	2:43.00		98%
400m		2.	5:53.67	292	6:05.00		107%
							4
50m		6.	27.25	404	27.50		102%
200m		6.	2:10.47	441	2:09.00		98%
100m		4.	1:04.85	399	1:05.50		102%
200m		3.	2:24.33	405	2:20.00		94%
100m		8.	1:09.10	362	1:11.00		106%
200m		4.	2:28.65	401	2:30.00		102%
							2
50m		16.	48.67	198	47.00		93%
100m		12.	1:39.88	243	1:31.00		83%
200m		10.	3:31.20	258	3:37.00		106%
100m		32.	1:35.20	209	1:29.00		87%
200m		24.	3:23.55	214	3:28.00		104%
							4
100m		4.	1:05.17	325	1:07.00		106%
50m		3.	31.77	320	32.50		105%
100m		2.	1:10.10	316	1:10.00		100%
100m		5.	1:13.53	301	1:15.00		104%
200m		3.	2:36.20	345	2:38.00		102%
							4
50m		10.	37.54	304	38.00		102%
100m		7.	1:19.98	323	1:21.00		103%
100m		19.	1:19.91	353	1:20.00		100%
200m		9.	2:49.94	368	2:53.00		104%
							-
50m		18.	34.79	286	34.00		96%
200m		20.	2:47.54	285	2:45.00		97%
							2
50m		14.	38.57	280	40.00		108%
100m		8.	1:20.97	311	1:20.00		98%
200m		6.	2:52.76	326	2:51.93	03.05.2024	99%
50m		15.	43.80	271	45.00		106%
100m		16.	1:36.22	272	1:29.00		86%
200m		12.	3:19.87	305	3:15.00		95%
							1
50m		11.	31.10	272	32.00		106%
200m		14.	3:23.56	205	3:15.00		92%
200m		37.	3:04.87	208	2:55.00		90%
							-
50m		24.	35.54	182	34.00		92%
200m		34.	3:00.76	166	2:50.00		88%
50m		30.	45.38	115	45.00		98%
							4
50m		21.	39.41	176	43.00		119%
100m		17.	1:31.16	222	1:33.00		104%
200m		10.	3:14.63	235	3:18.00		103%
200m		32.	2:59.41	228	3:05.00		106%
							1
50m		4.	28.83	503	28.00		94%
100m		1.	1:01.85	536	1:02.00		100%
200m		1.	2:11.24	593	2:09.00		97%
400m		1.	4:37.48	579	4:34.00		98%
100m		3.	1:11.08	502	1:11.00		100%

	, 2011 (13),								5
200m		39.	2:26.68	310	2:30.00			105%	
800m		26.	10:50.58	316	11:00.00			103%	
50m		17.	34.55	262	36.00			109%	
100m		14.	1:14.48	273	1:15.50			103%	
200m		WDR		-	2:40.00			-	
200m		20.	2:43.75	300	2:50.00			108%	
	, 2012 (12),								2
50m		30.	40.84	158	45.00			121%	
100m		22.	1:35.93	191	1:40.52	09.02.2024		110%	
200m		15.	3:26.52	196	3:20.00			94%	
200m		38.	3:12.35	185	3:05.00			93%	
	, 2011 (13),								3
100m		53.	1:13.61	226	1:16.00			107%	
200m		50.	2:40.24	238	2:39.00			98%	
800m		28.	11:03.18	298	10:45.00			95%	
50m		29.	39.53	174	42.00			113%	
100m		20.	1:22.84	198	1:23.48	03.05.2024		102%	
100m		25.	1:39.99	168	1:39.00			98%	
	, 2013 (11),								4
50m		8.	31.79	255	33.00			108%	
200m		16.	2:35.82	259	2:40.00			105%	
50m		10.	36.74	217	38.00			107%	
200m		12.	2:55.27	244	3:00.00			105%	
	, 2012 (12),								2
50m		22.	32.02	249	32.00			100%	
200m		24.	2:30.92	285	2:37.00			108%	
50m		11.	37.58	203	37.00			97%	
200m		27.	2:55.65	243	3:00.00			105%	
	, 2011 (13),								1
200m		46.	2:35.89	259	2:47.00			115%	
50m		31.	40.30	165	40.00			99%	
200m		32.	2:57.92	233	2:55.00			97%	
	, 2011 (13),								5
50m		5.	35.74	340	38.00			113%	
100m		5.	1:18.90	343	1:20.00			103%	
200m		3.	2:47.93	366	2:51.00			104%	
100m		17.	1:12.81	310	1:16.00			109%	
200m		12.	2:38.42	331	2:44.00			107%	
	, 2012 (12),								3
200m		11.	2:23.61	331	2:29.00			108%	
50m		16.	38.10	195	36.00			89%	
100m		7.	1:22.39	302	1:25.00			106%	
200m		8.	2:41.20	314	2:45.00			105%	
	, 2012 (12),								3
50m		6.	32.31	357	33.00			104%	
200m		13.	2:35.91	354	2:40.00			105%	
50m		12.	39.33	264	39.00			98%	
200m		12.	2:54.97	337	2:55.00			100%	
	, 2012 (12),								1
50m		16.	31.48	262	31.00			97%	
200m		30.	2:34.71	264	2:35.00			100%	
50m		22.	39.72	172	38.00			92%	
200m		35.	3:01.55	220	2:55.00			93%	
	, 2012 (12),								2
200m		28.	2:33.01	273	2:38.00			107%	
50m		17.	38.55	188	43.00			124%	
100m		14.	1:30.17	230	1:30.00			100%	
200m		25.	2:53.42	252	2:53.00			100%	
	, 2012 (12),								1
50m		33.	35.16	188	33.00			88%	
200m		47.	2:46.82	211	2:45.00			98%	
200m		36.	3:03.38	213	3:05.00			102%	
	, 2012 (12),								2
200m		27.	2:53.88	255	2:50.00			96%	
50m		19.	46.42	228	49.00			111%	
200m		13.	3:32.14	255	3:25.00			93%	
100m		29.	1:29.42	252	1:25.00			90%	
200m		20.	3:10.70	260	3:15.00			105%	
	, 2013 (11),								2
50m		14.	32.86	230	34.00			107%	
200m		25.	2:49.29	202	2:45.00			95%	
50m		29.	43.61	130	45.00			106%	
200m		27.	3:16.18	174	3:10.00			94%	

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	, 2011 (13),					3
50m		25.	29.90	306	29.00	94%
100m		13.	1:03.04	359	1:04.00	103%
200m		16.	2:17.67	376	2:20.00	103%
50m		12.	33.99	275	34.00	100%
100m		16.	1:15.86	258	1:14.00	95%
100m		23.	1:15.30	280	1:14.00	97%
	, 2011 (13),					4
100m		38.	1:06.58	305	1:06.00	98%
200m		20.	2:19.16	364	2:16.00	96%
400m		8.	4:47.06	404	4:55.00	106%
800m		15.	10:03.09	397	10:05.00	101%
1500m		4.	18:31.23	442	19:25.00	110%
200m		16.	2:41.52	312	2:44.00	103%
	, 2011 (13),					2
50m		13.	28.82	342	29.00	101%
100m		21.	1:04.17	341	1:03.00	96%
200m		14.	2:16.36	386	2:15.00	98%
400m		10.	4:48.73	397	4:40.00	94%
800m		8.	9:50.28	423	9:40.00	97%
1500m		5.	18:35.37	437	18:40.00	101%
	, 2011 (13),					6
50m		8.	27.98	374	29.00	107%
100m		8.	59.75	422	1:01.00	104%
200m		10.	2:13.93	408	2:15.00	102%
50m		11.	33.93	276	34.00	100%
100m		11.	1:10.92	335	1:12.00	103%
200m		8.	2:32.26	373	2:38.00	108%
	, 2011 (13),					3
50m		4.	26.73	429	26.00	95%
100m		3.	57.62	471	56.00	94%
200m		2.	2:06.00	490	2:05.00	98%
400m		2.	4:28.15	495	4:39.00	108%
100m		4.	1:06.29	410	1:08.00	105%
400m		3.	5:13.89	418	5:30.00	111%
	, 2011 (13),					-
50m		7.	29.73	458	27.00	82%
100m		9.	1:05.62	449	1:01.00	86%
200m		10.	2:21.87	470	2:14.00	89%
50m		5.	33.51	385	32.00	91%
100m		5.	1:17.46	339	1:13.00	89%
100m		10.	1:14.87	429	1:12.00	92%
	, 2011 (13),					4
100m		44.	1:07.47	293	1:09.00	105%
200m		40.	2:27.85	303	2:31.00	104%
50m		26.	36.26	226	35.00	93%
50m		16.	33.04	285	32.00	94%
100m		29.	1:16.57	266	1:18.00	104%
200m		17.	2:41.98	310	3:02.00	126%
	, 2012 (12),					3
200m		13.	2:24.11	327	2:19.00	93%
400m		6.	4:57.04	364	4:58.00	101%
800m		12.	10:25.68	355	10:40.00	105%
50m		6.	37.83	286	37.00	96%
100m		8.	1:22.47	301	1:22.00	99%
200m		7.	3:00.83	293	3:04.00	104%
	, 2011 (13),					5
50m		19.	29.18	329	28.50	95%
200m		23.	2:20.30	355	2:25.00	107%
50m		3.	29.23	411	30.00	105%
100m		3.	1:04.65	403	1:06.00	104%
200m		2.	2:24.06	408	2:33.00	113%
100m		9.	1:09.24	360	1:13.00	111%
	, 2011 (13),					-
50m		6.	34.51	391	32.00	86%
100m		5.	1:14.25	404	1:08.00	84%
200m		3.	2:36.25	441	2:25.00	86%
50m		20.	46.37	229	40.00	74%
50m		8.	36.31	302	33.00	83%
100m		7.	1:18.53	326	1:14.00	89%
	, 2011 (13),					-
200m		WDR		-	2:28.00	-
400m		WDR		-	5:10.00	-

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200m		WDR	-	2:54.00	-		
200m	, 2011 (13),	8.	2:13.03	416	2:10.00		95%
400m		6.	4:37.51	447	4:37.00		100%
800m		10.	9:57.77	408	9:50.00		97%
50m		4.	31.23	354	30.00		92%
100m		3.	1:06.62	381	1:08.00		104%
200m		1.	2:23.69	397	2:21.00		96%
800m	, 2011 (13),	9.	9:56.22	411	9:45.00		96%
1500m		8.	18:44.46	427	18:40.00		99%
50m		8.	37.24	300	37.62	07.03.2024	102%
100m		6.	1:19.35	338	1:18.00		97%
200m		8.	2:51.99	341	2:38.00		84%
50m		14.	32.31	305	33.00		104%
50m	, 2011 (13),	22.	35.66	238	35.00		96%
50m		6.	36.24	326	36.00		99%
100m		8.	1:20.35	325	1:20.00		99%
200m		12.	2:56.38	316	2:50.00		93%
100m		20.	1:14.20	292	1:14.00		99%
100m	, 2011 (13),	4.	1:04.06	482	1:05.00		103%
200m		3.	2:17.49	516	2:18.00		101%
400m		3.	4:47.28	521	4:40.00		95%
1500m		2.	18:51.26	517	18:15.00		94%
100m		4.	1:13.83	410	1:15.00		103%
200m		2.	2:35.98	443	2:24.00		85%
50m	, 2011 (13),	10.	28.61	349	27.00		89%
800m		16.	10:03.11	397	9:55.00		97%
50m		20.	35.15	248	33.00		88%
50m		2.	34.20	388	34.00		99%
100m		11.	1:21.44	312	1:17.00		89%
200m		4.	2:49.01	359	2:38.00		87%
50m	, 2011 (13),	8.	30.01	446	29.00		93%
100m		11.	1:05.96	442	1:05.00		97%
200m		14.	2:28.11	413	2:30.00		103%
1500m		5.	21:04.44	370	20:20.00		93%
100m		17.	1:18.42	374	1:19.00		101%
200m		10.	2:50.61	364	2:51.00		100%
50m	, 2011 (13),	30.	30.41	291	30.00		97%
100m		47.	1:08.70	278	1:10.00		104%
200m		43.	2:28.78	297	2:27.00		98%
50m		15.	32.82	291	32.00		95%
100m		18.	1:19.10	220	1:15.00		90%
100m		37.	1:18.45	247	1:20.00		104%
200m	, 2011 (13),	2.	2:16.68	525	2:16.00		99%
400m		2.	4:46.63	525	4:43.00		97%
800m		1.	9:54.24	518	9:50.00		99%
1500m		1.	18:40.39	532	18:30.00		98%
50m		4.	32.43	424	32.00		97%
200m		5.	2:47.69	362	2:28.00		78%
50m	, 2011 (13),	9.	28.51	353	29.00		103%
100m		14.	1:03.37	354	1:02.00		96%
50m		18.	34.77	257	36.00		107%
100m		7.	1:09.59	323	1:10.00		101%
100m		13.	1:11.33	329	1:13.00		105%
200m		10.	2:34.12	359	2:38.00		105%
50m	, 2011 (13),	24.	29.81	309	28.00		88%
100m		19.	1:04.12	341	1:04.00		100%
200m		26.	2:20.94	350	2:19.00		97%
50m		7.	36.97	307	35.00		90%
50m		8.	31.15	340	31.00		99%
100m		11.	1:11.41	299	1:09.00		93%
200m	, 2011 (13),	15.	2:16.80	383	2:10.00		90%
50m		3.	29.80	408	30.00		101%
100m		1.	1:05.60	399	1:06.00		101%
50m		5.	30.35	368	29.00		91%

		07 - 09	2024	11-13	11-13	
100m		5.	1:06.37	409	1:09.00	108%
3-2						53
	, 2012 (12),					3
800m		14.	11:12.10	358	10:39.00	90%
50m		7.	37.86	296	38.00	101%
100m		8.	1:18.89	336	1:25.00	116%
50m		5.	40.77	336	40.00	96%
100m		4.	1:25.88	382	1:27.00	103%
200m		3.	3:00.28	415	3:00.00	100%
50m	, 2012 (12),	2.	28.06	370	29.00	107%
800m		10.	10:16.12	372	10:10.00	98%
50m		2.	30.49	362	33.00	117%
100m		3.	1:10.82	307	1:12.00	103%
50m	, 2012 (12),	7.	32.60	347	31.00	90%
200m		12.	2:31.17	388	2:30.00	98%
800m		12.	10:41.43	412	10:50.00	103%
50m		6.	36.67	326	36.00	96%
100m		4.	1:16.33	371	1:20.00	110%
100m		12.	1:21.00	339	1:20.00	98%
50m	, 2012 (12),	3.	35.90	347	36.00	101%
100m		4.	1:16.33	371	1:20.00	110%
200m		3.	2:40.81	404	2:44.00	104%
50m		10.	36.80	290	36.00	96%
100m		7.	1:21.77	288	1:23.00	103%
100m		8.	1:19.57	358	1:19.00	99%
50m	, 2012 (12),	1.	38.19	409	37.00	94%
100m		2.	1:21.94	440	1:20.00	95%
50m		2.	33.23	394	31.00	87%
100m		4.	1:19.13	318	1:14.00	87%
100m		3.	1:16.06	410	1:16.00	100%
50m	, 2012 (12),	1.	27.93	553	27.00	93%
200m		3.	2:12.46	577	2:13.00	101%
400m		4.	4:45.53	531	4:40.00	96%
800m		4.	9:55.68	514	9:40.00	95%
1500m		4.	18:48.08	521	18:35.00	98%
100m		1.	1:09.46	538	1:09.00	99%
50m	, 2012 (12),	5.	30.36	292	31.00	104%
100m		6.	1:05.35	323	1:06.59	104%
200m		9.	2:22.16	341	2:26.00	105%
400m		7.	5:02.21	346	5:10.00	105%
50m		2.	35.14	249	37.00	111%
100m		9.	1:17.00	262	1:18.00	103%
50m	, 2012 (12),	17.	31.51	261	32.00	103%
100m		18.	1:08.79	276	1:10.00	104%
200m		19.	2:27.68	304	2:28.00	100%
50m		11.	37.58	203	39.00	108%
100m		21.	1:34.63	199	1:27.00	85%
100m		18.	1:20.89	226	1:20.00	98%
50m	, 2012 (12),	5.	36.55	329	36.00	97%
100m		7.	1:18.81	337	1:23.00	111%
50m		5.	34.19	362	34.00	99%
100m		5.	1:20.96	297	1:18.00	93%
100m		10.	1:20.39	347	1:18.00	94%
50m	, 2012 (12),	3.	30.98	405	28.00	82%
100m		7.	1:09.76	373	1:06.00	90%
200m		9.	2:28.78	407	2:20.00	89%
400m		7.	5:14.23	398	5:09.00	97%
800m		13.	10:55.71	385	11:00.00	101%
50m	, 2012 (12),	13.	31.33	266	31.00	98%
200m		14.	2:24.35	326	2:26.00	102%
400m		8.	5:04.04	340	5:09.00	103%
800m		17.	10:36.25	338	10:30.00	98%
50m		4.	33.91	263	34.00	101%

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		07 - 09	2024	11-13	11-13	
100m			8. 1:16.89	263	1:17.00	100%
50m	, , 2012 (12) ,		3. 33.51	385	36.00	115%
100m			1. 1:14.50	381	1:16.00	104%
200m			2. 2:44.47	384	2:55.00	113%
100m			6. 1:17.64	385	1:23.00	114%
200m			5. 2:45.41	399	2:56.97	114%
400m			1. 5:50.26	404	5:55.00	103%
800m	, , 2012 (12) ,		9. 10:14.01	376	10:45.00	110%
50m			3. 36.51	319	37.00	103%
100m			6. 1:21.95	306	1:24.00	105%
200m			5. 2:58.03	307	3:00.00	102%
200m			12. 2:42.48	307	2:45.00	103%
200m	, , 2012 (12) ,		5. 2:19.24	363	2:15.00	94%
400m			3. 4:49.45	394	4:45.00	97%
800m			2. 9:48.70	427	9:45.00	99%
1500m			6. 19:26.48	382	18:45.00	93%
50m			2. 35.87	336	36.00	101%
100m			1. 1:18.75	345	1:18.00	98%
200m	, , 2012 (12) ,		22. 2:28.22	301	2:28.00	100%
400m			13. 5:07.79	327	5:10.00	101%
800m			16. 10:34.76	340	10:35.00	100%
50m			3. 35.62	239	37.00	108%
100m			12. 1:28.48	243	1:29.00	101%
800m	, , 2012 (12) ,		18. 10:39.70	333	10:55.00	105%
50m			13. 37.60	203	37.00	97%
100m			2. 1:16.90	248	1:16.00	98%
50m			10. 35.92	222	39.00	118%
100m			9. 1:21.98	197	1:28.00	115%
800m	, , 2012 (12) ,		11. 10:41.02	413	10:45.00	101%
50m			11. 38.69	277	40.00	107%
100m			11. 1:22.42	295	1:24.00	104%
200m			10. 2:47.41	385	2:59.00	114%
400m			3. 5:55.39	386	6:15.00	111%
3-3						54
100m	, , 2013 (11) ,		4. 1:07.48	293	1:05.00	93%
200m			5. 2:25.52	318	2:25.00	99%
400m			2. 5:04.15	339	5:00.00	97%
50m			4. 34.01	274	35.00	106%
100m			5. 1:14.69	270	1:12.00	93%
100m			1. 1:15.70	275	1:16.00	101%
50m	, , 2013 (11) ,		18. 33.48	218	35.00	109%
100m			14. 1:12.59	235	1:15.00	107%
200m			12. 2:32.81	274	2:37.00	106%
50m			26. 41.79	148	41.00	96%
100m			12. 1:25.03	194	1:23.00	95%
200m			15. 3:00.46	224	2:56.00	95%
100m	, , 2013 (11) ,		25. 1:20.13	175	1:18.00	95%
200m			31. 2:51.86	193	2:53.00	101%
200m			15. 3:12.12	166	3:10.00	98%
100m			9. 1:36.44	188	1:36.00	99%
200m			8. 3:22.78	208	3:29.00	106%
200m			21. 3:09.38	193	3:08.00	99%
100m	, , 2013 (11) ,		6. 1:09.15	272	1:08.00	97%
200m			10. 2:28.00	302	2:30.00	103%
100m			1. 1:26.01	265	1:28.00	105%
100m			8. 1:18.37	226	1:21.00	107%
100m			5. 1:19.73	236	1:20.00	101%
200m			5. 2:47.53	280	2:45.00	97%
50m	, , 2013 (11) ,		23. 35.42	184	32.00	82%
50m			22. 40.62	161	35.00	74%
50m			9. 45.19	168	43.00	91%
200m			11. 3:25.96	198	3:17.00	91%

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100m	22.	1:28.91	170	1:25.00	91%	
200m	24.	3:12.35	185	2:56.00	84%	3
, 2013 (11),						
50m	8.	43.50	188	45.00	107%	
100m	6.	1:34.17	202	1:33.00	98%	
200m	4.	3:19.75	217	3:20.00	100%	
100m	17.	1:27.02	181	1:28.00	102%	2
, 2013 (11),						
50m	5.	31.14	271	29.00	87%	
100m	8.	1:09.55	267	1:03.00	82%	
200m	7.	2:25.96	315	2:21.00	93%	
800m	5.	10:29.17	350	10:58.00	109%	
50m	11.	37.12	211	35.00	89%	
200m	8.	2:50.71	264	2:55.00	105%	5
, 2013 (11),						
100m	11.	1:12.17	239	1:14.00	105%	
800m	6.	10:49.14	318	10:58.00	103%	
50m	18.	38.53	188	39.00	102%	
50m	6.	35.76	225	36.00	101%	
100m	6.	1:17.48	234	1:20.00	107%	
200m	13.	2:57.15	237	2:52.00	94%	-
, 2013 (11),						
50m	1.	29.94	305	28.00	87%	
100m	1.	1:05.66	318	1:03.00	92%	
200m	1.	2:20.94	350	2:20.00	99%	
800m	1.	10:08.70	386	9:52.00	95%	
100m	1.	1:13.63	273	1:12.00	96%	
200m	2.	2:43.29	302	2:42.00	98%	-
, 2013 (11),						
100m	24.	1:18.53	186	1:14.00	89%	
200m	28.	2:49.85	200	2:40.00	89%	
50m	19.	38.66	187	35.00	82%	
100m	14.	1:22.93	197	1:17.00	86%	
200m	12.	2:55.61	217	2:50.00	94%	
200m	22.	3:11.39	187	2:50.00	79%	1
, 2013 (11),						
50m	24.	41.52	151	39.00	88%	
50m	7.	43.44	189	40.00	85%	
100m	7.	1:34.78	198	1:35.00	100%	
200m	5.	3:19.94	217	3:18.00	98%	
100m	11.	1:24.38	199	1:23.00	97%	
200m	18.	3:03.88	211	3:00.00	96%	4
, 2013 (11),						
50m	7.	31.46	263	32.00	103%	
200m	14.	2:34.12	268	2:35.00	101%	
50m	8.	36.28	226	37.00	104%	
100m	7.	1:18.95	229	1:20.00	103%	
200m	9.	2:50.12	239	2:50.00	100%	
50m	3.	41.16	222	40.00	94%	3
, 2013 (11),						
50m	1.	40.56	232	40.00	97%	
100m	3.	1:31.18	222	1:29.00	95%	
200m	3.	3:12.43	243	3:17.00	105%	
50m	3.	33.75	267	34.00	101%	
100m	4.	1:16.94	239	1:17.00	100%	
100m	7.	1:21.37	222	1:20.00	97%	-
, 2013 (11),						
50m	8.	36.28	226	35.00	93%	
100m	6.	1:18.90	229	1:13.00	86%	
200m	7.	2:49.11	243	2:46.00	96%	
50m	6.	42.30	205	42.00	99%	
200m	2.	3:10.74	250	3:10.00	99%	
200m	9.	2:51.00	263	2:46.00	94%	1
, 2013 (11),						
100m	23.	1:17.45	194	1:15.00	94%	
200m	27.	2:49.68	200	2:45.00	95%	
50m	7.	38.05	186	45.00	140%	
100m	12.	1:30.96	144	1:25.00	87%	
100m	20.	1:28.81	170	1:27.00	96%	3
, 2013 (11),						
50m	22.	35.29	186	35.00	98%	
100m	22.	1:17.28	195	1:15.00	94%	
200m	23.	2:45.32	217	2:42.00	96%	
50m	31.	45.67	113	47.00	106%	
50m	13.	49.34	129	53.00	115%	

		07 - 09	2024	11-13		11-13		
50m		9.	42.28	136	47.00		124%	
200m	, , 2013 (11),	19.	2:39.27	242	2:30.00		89%	2
100m		12.	1:21.24	210	1:27.00		115%	
200m		8.	2:50.09	239	2:42.00		91%	
100m		10.	1:21.44	201	1:19.00		94%	
100m		9.	1:23.90	202	1:20.00		91%	
200m		11.	2:52.72	255	2:55.00		103%	
800m	, , 2013 (11),	2.	11:06.85	366	10:30.00		89%	-
50m		4.	41.70	314	37.00		79%	
100m		5.	1:30.03	332	1:26.00		91%	
200m		2.	3:08.40	364	3:01.00		92%	
200m		6.	2:51.69	357	2:50.00		98%	
50m	, , 2013 (11),	30.	39.15	200	38.00		94%	2
100m		32.	1:31.25	166	1:30.00		97%	
200m		26.	3:10.09	195	3:10.00		100%	
50m		24.	43.37	197	44.00		103%	
50m		13.	46.49	227	52.00		125%	
400m	, , 2013 (11),	1.	5:14.85	396	5:00.00		91%	3
100m		2.	1:26.17	379	1:27.00		102%	
100m		2.	1:12.15	420	1:13.00		102%	
200m		1.	2:38.70	428	2:36.00		97%	
400m		2.	5:36.31	456	5:40.00		102%	
100m	, , 2013 (11),	25.	1:17.49	272	1:19.00		104%	1
100m		9.	1:26.28	257	1:23.00		93%	
100m		7.	1:27.75	233	1:26.00		96%	
100m		19.	1:24.50	299	1:22.00		94%	
200m		16.	3:01.59	302	3:01.00		99%	
100m	, , 2013 (11),	9.	1:09.69	266	1:07.00		92%	2
200m		11.	2:28.28	300	2:27.00		98%	
50m		5.	34.93	241	36.00		106%	
100m		5.	1:16.97	239	1:16.00		97%	
200m		2.	2:52.75	236	2:45.00		91%	
200m		7.	2:49.47	270	2:50.00		101%	
50m	, , 2013 (11),	25.	35.60	181	35.00		97%	1
100m		20.	1:15.38	210	1:10.00		86%	
200m		21.	2:43.08	226	2:45.00		102%	
50m		23.	41.46	151	36.00		75%	
50m		11.	46.32	156	43.00		86%	
100m		14.	1:41.20	162	1:35.00		88%	
100m	, , 2013 (11),	8.	1:10.99	354	1:15.00		112%	6
200m		7.	2:36.17	352	2:45.00		112%	
800m		3.	11:13.02	356	11:34.00		106%	
100m		3.	1:28.60	348	1:31.00		105%	
200m		4.	3:11.36	347	3:16.00		105%	
200m		8.	2:53.54	346	3:07.00		116%	
100m	, , 2013 (11),	11.	1:11.97	340	1:14.00		106%	3
400m		2.	5:23.90	364	5:15.00		95%	
50m		4.	35.68	354	35.00		96%	
100m		2.	1:17.94	349	1:19.00		103%	
200m		3.	2:52.93	325	2:53.00		100%	
50m	, , 2013 (11),	13.	39.85	254	39.00		96%	1
100m		7.	1:24.14	277	1:23.00		97%	
200m		2.	3:11.23	244	3:07.00		96%	
200m		11.	2:57.96	321	2:55.00		97%	
400m		3.	6:12.23	336	6:50.00		121%	
4								69
50m	, , 2013 (11),	20.	34.49	293	35.50		106%	3
800m		WDR		-	11:49.00	07.03.2024	-	
1500m		WDR		-	22:38.00		-	
100m		21.	1:24.94	294	1:28.00		107%	
200m		10.	2:57.41	324	3:01.93	07.03.2024	105%	

	07 - 09	2024	11-13	11-13	
, , 2013 (11) ,					2
800m	7.	11:52.30	241	11:04.50	87%
50m	16.	37.92	198	37.00	95%
100m	11.	1:21.05	212	1:22.31	103%
200m	13.	2:55.80	216	2:50.00	94%
200m	9.	3:23.52	205	3:20.00	97%
200m	16.	3:00.79	222	3:06.28	106%
, , 2012 (12) ,				07.03.2024	5
50m	9.	30.96	276	33.15	09.02.2024
100m	14.	1:08.09	285	1:08.00	115%
200m	17.	2:25.27	320	2:27.00	100%
400m	9.	5:04.28	339	5:16.43	03.05.2024
50m	4.	36.15	228	37.00	102%
100m	20.	1:21.13	224	1:23.00	108%
, , 2011 (13) ,					2
50m	26.	30.06	301	29.67	07.03.2024
50m	24.	36.04	230	35.00	97%
50m	14.	40.07	241	42.55	07.03.2024
50m	12.	31.73	322	30.83	09.02.2024
100m	17.	1:18.41	226	1:10.66	09.02.2024
100m	32.	1:17.61	256	1:19.00	81%
, , 2012 (12) ,					3
50m	11.	33.52	320	37.00	104%
100m	14.	1:15.46	295	1:18.72	07.03.2024
200m	18.	2:45.50	296	2:43.00	109%
50m	14.	39.61	259	42.00	97%
100m	20.	1:25.04	293	1:23.00	112%
, , 2012 (12) ,					6
100m	1.	1:00.16	414	1:01.00	106%
200m	1.	2:13.67	410	2:16.00	103%
50m	1.	29.92	384	30.00	104%
100m	1.	1:07.37	356	1:09.00	101%
100m	1.	1:10.04	348	1:14.00	105%
200m	1.	2:27.54	410	2:32.00	112%
, , 2012 (12) ,					3
100m	31.	1:11.59	245	1:12.83	07.03.2024
200m	12.	3:18.44	222	3:28.00	103%
50m	7.	34.87	242	37.00	110%
100m	7.	1:18.84	222	1:17.56	113%
100m	21.	1:21.58	220	1:19.00	97%
200m	23.	2:51.49	261	2:50.00	94%
, , 2013 (11) ,					4
800m	3.	10:21.19	363	10:30.92	98%
1500m	2.	19:44.70	365	20:25.00	103%
200m	6.	2:43.72	268	2:43.00	107%
100m	2.	1:26.70	259	1:26.00	99%
200m	1.	3:06.56	267	3:13.74	03.05.2024
200m	4.	2:44.03	298	2:45.29	98%
, , 2013 (11) ,					3
800m	WDR	-	-	12:00.82	-
1500m	WDR	-	-	23:33.00	-
50m	9.	38.14	290	37.68	98%
100m	5.	1:18.93	336	1:20.25	103%
200m	1.	2:47.92	355	2:52.40	105%
200m	14.	3:01.13	304	3:08.20	108%
, , 2011 (13) ,					2
100m	23.	1:12.61	331	1:12.00	98%
50m	13.	38.35	285	39.21	12.10.2023
100m	9.	1:21.68	303	1:24.99	12.10.2023
, , 2012 (12) ,					3
50m	3.	29.93	305	31.74	03.05.2024
100m	15.	1:08.17	284	1:10.00	112%
200m	55.	3:10.56	141	2:34.00	105%
100m	7.	1:16.29	269	1:21.00	65%
, , 2013 (11) ,					-
800m	WDR	-	-	11:10.44	-
50m	12.	47.26	147	42.00	79%
100m	13.	1:40.78	165	1:34.30	88%
200m	12.	3:31.61	183	3:28.30	97%
200m	28.	3:20.28	164	3:14.90	95%
, , 2011 (13) ,					5
100m	11.	1:02.16	375	1:02.03	100%
200m	11.	2:14.99	398	2:22.27	03.11.2023
400m	7.	4:39.99	435	5:00.00	111%
800m	6.	9:44.77	436	10:00.00	115%

	07 - 09	2024	11-13	11-13	
1500m	6.	18:38.35	434	20:00.00	115%
200m	7.	2:31.41	379	2:32.00	101%
, , 2012 (12),					
50m	23.	32.06	248	33.00	106%
200m	40.	2:39.11	243	2:48.00	111%
50m	7.	36.55	221	37.00	102%
100m	7.	1:20.82	213	1:19.00	96%
, , 2013 (11),					
200m	32.	2:53.35	188	2:50.00	96%
50m	21.	39.45	176	40.30	104%
100m	17.	1:26.42	174	1:28.04	104%
200m	14.	2:59.85	202	3:00.91	101%
200m	20.	3:07.84	198	3:17.73	111%
, , 2013 (11),					
50m	1.	33.31	292	35.50	114%
100m	4.	1:14.56	272	1:16.46	105%
200m	3.	2:37.43	302	2:42.38	106%
50m	1.	32.77	292	34.50	111%
400m	1.	5:53.20	293	5:45.50	96%
, , 2011 (13),					
50m	7.	27.41	397	28.50	108%
100m	6.	58.82	443	59.50	102%
200m	5.	2:09.02	456	2:08.00	98%
400m	4.	4:31.44	478	4:33.22	101%
100m	7.	1:08.36	374	1:09.00	102%
400m	2.	5:08.43	441	5:30.00	114%
, , 2013 (11),					
800m	WDR	-	-	13:20.00	-
100m	WDR	-	-	1:30.94	-
200m	WDR	-	-	3:10.66	-
400m	WDR	-	-	6:05.20	-
, , 2013 (11),					
50m	16.	33.15	224	35.00	111%
100m	16.	1:13.37	228	1:13.08	99%
200m	17.	2:36.45	256	2:40.88	106%
800m	WDR	-	-	11:03.13	-
1500m	WDR	-	-	23:30.00	-
200m	17.	3:03.04	214	3:12.00	110%
, , 2011 (13),					
100m	33.	1:05.80	316	1:05.95	100%
50m	9.	33.48	288	35.00	109%
100m	25.	1:15.51	277	1:18.00	107%
, , 2012 (12),					
50m	7.	30.64	284	31.30	104%
100m	11.	1:07.78	289	1:08.00	101%
50m	6.	36.48	222	37.00	103%
100m	5.	1:17.12	237	1:20.00	108%
100m	12.	1:17.85	253	1:18.00	100%
200m	17.	2:46.60	284	2:53.00	108%
, , 2013 (11),					
50m	29.	38.34	213	36.00	88%
100m	31.	1:28.10	185	1:19.00	80%
50m	18.	42.09	215	40.00	90%
100m	12.	1:36.41	184	1:26.00	80%
200m	5.	3:27.06	189	3:10.00	84%
, , 2012 (12),					
50m	23.	39.84	170	36.60	84%
50m	10.	42.38	204	40.50	91%
100m	19.	1:31.92	217	1:32.29	101%
100m	25.	1:23.76	203	1:21.00	94%
, , 2011 (13),					
100m	45.	1:07.74	290	1:04.00	89%
100m	36.	1:18.03	251	1:09.00	78%
, , 2012 (12),					
50m	4.	39.77	363	38.90	96%
100m	10.	1:29.17	342	1:28.00	97%
, , 2012 (12),					
50m	12.	43.74	272	43.00	97%
100m	15.	1:35.88	275	1:34.00	96%
200m	9.	3:19.18	308	3:16.00	97%

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2024

50m				26.	40.01	168	38.00		90%		-
100m				9.	1:26.09	176	1:22.00		91%		
100m				27.	1:24.23	200	1:22.00		95%		
50m				1.	32.66	415	32.00		96%		-
100m				5.	1:17.59	386	1:16.00		96%		
400m				2.	5:54.00	391	5:50.00		98%		
50m				11.	43.44	278	39.00		81%		1
100m				10.	1:29.47	338	1:28.60		98%		
200m				10.	3:14.12	333	3:07.68		93%		
100m				20.	1:21.47	333	1:24.00		106%		
50m				18.	31.76	255	30.00		89%		-
100m				21.	1:09.23	271	1:07.00		94%		
100m				10.	1:17.51	257	1:17.00		99%		
50m				1.	34.61	388	36.00		108%		1
100m				2.	1:13.15	422	1:11.00		94%		
200m				2.	2:39.96	411	2:35.00		94%		
100m				41.	1:07.14	297	1:07.00		100%		1
50m				23.	35.77	236	36.00		101%		
100m				15.	1:25.63	269	1:25.00		99%		
100m				22.	1:15.03	283	1:15.00		100%		
50m				10.	42.74	292	40.25		89%		1
100m				13.	1:33.94	292	1:30.00		92%		
200m				11.	3:17.97	314	3:18.24		100%		
100m				35.	1:27.02	273	1:24.00		93%		
50m				13.	28.82	342	28.00		94%		-
100m				35.	1:06.08	312	1:04.00		94%		
50m				7.	33.23	294	32.00		93%		
100m				10.	1:13.17	288	1:10.00		92%		
100m				16.	1:12.75	310	1:09.00		90%		
50m				23.	32.58	348	31.00		91%		-
100m				20.	1:10.25	365	1:10.00		99%		
50m				7.	35.00	337	34.00		94%		
100m				23.	1:22.25	324	1:19.00		92%		
50m				9.	42.49	297	39.00		84%		-
100m				11.	1:33.07	300	1:30.00		94%		
200m				8.	3:16.68	320	3:15.00		98%		
100m				17.	1:24.70	296	1:23.05		96%		
50m				10.	45.01	250	42.00		87%		1
100m				11.	1:37.05	265	1:35.00		96%		
100m				28.	1:30.77	241	1:33.00		105%		
50m				7.	31.97	368	33.00		107%		1
100m				16.	1:13.30	322	1:12.00		96%		
50m				2.	34.62	349	34.00		96%		
100m				4.	1:21.46	292	1:20.00		96%		
100m				13.	1:23.62	308	1:21.00		94%		
50m				13.	34.09	272	35.50		108%		2
100m				12.	1:13.99	278	1:18.00		111%		
100m				30.	1:16.60	266	1:16.00		98%		
											11
50m				4.	33.74	377	33.00		96%		-
100m				2.	1:16.31	355	1:14.40		95%		
100m				4.	1:17.06	394	1:16.00		97%		
50m				9.	39.95	358	42.10		111%		1
100m				9.	1:28.92	344	1:25.60		93%		
200m				8.	3:05.76	380	3:03.00		97%		
100m				22.	1:21.98	327	1:20.00		95%		

200m		25.	2:53.13	258	2:50.00			96%	-
100m		17.	1:38.93	250	1:36.00			94%	
100m		32.	1:25.86	285	1:24.00			96%	
200m		19.	3:19.26	228	3:10.00			91%	
200m		41.	2:28.23	301	2:29.00			101%	3
100m		31.	1:17.41	258	1:20.00			107%	
200m		24.	2:46.23	286	2:50.00			105%	
50m		26.	32.61	236	30.30			86%	1
200m		43.	2:41.26	233	2:40.40			99%	
100m		22.	1:23.11	208	1:24.50			103%	
200m		47.	2:36.95	253	2:37.00			100%	3
100m		17.	1:15.87	258	1:21.20			115%	
100m		39.	1:18.89	243	1:22.20			109%	
50m		3.	38.99	385	41.50			113%	2
100m		5.	1:25.93	382	1:25.50			99%	
200m		4.	3:04.03	391	3:00.30			96%	
100m		7.	1:19.37	360	1:20.30			102%	
100m		19.	1:24.87	295	1:20.20			89%	-
200m		19.	3:09.70	265	3:03.00			93%	
200m		16.	2:31.14	388	2:24.40			91%	1
50m		6.	38.92	387	40.00			106%	
100m		5.	1:23.32	419	1:23.30			100%	
200m		7.	3:00.29	415	2:58.20			98%	
100m		15.	1:17.54	387	1:16.60			98%	
50m		17.	31.15	398	30.00			93%	8
100m		19.	1:09.11	384	1:07.00			94%	-
50m		10.	37.08	284	36.24	09.02.2024		96%	
100m		8.	1:25.01	257	1:20.00			89%	
100m		18.	1:18.47	373	1:15.00			91%	
50m		13.	33.80	312	34.36	09.02.2024		103%	2
50m		16.	40.27	246	38.00			89%	
50m		11.	42.82	290	42.99	09.02.2024		101%	
200m		7.	3:12.80	340	3:10.00			97%	
50m		12.	38.66	250	35.00			82%	
100m		13.	1:22.32	323	1:22.00			99%	
50m		28.	32.68	234	33.00			102%	4
100m		29.	1:10.57	256	1:13.00			107%	
200m		31.	2:35.09	263	2:40.00			106%	
50m		15.	37.92	198	36.00			90%	
100m		8.	1:21.02	212	1:22.00			102%	
50m		6.	31.30	267	30.00			92%	2
50m		4.	34.06	260	33.00			94%	
100m		9.	1:19.70	215	1:24.00			111%	
200m		3.	2:58.22	215	3:05.00			108%	
50m		5.	31.04	403	31.00			100%	19
100m		6.	1:10.02	369	1:12.00			106%	3
200m		11.	2:37.75	341	2:45.00			109%	
50m		5.	36.17	340	34.00			88%	
100m		1.	1:17.75	351	1:18.00			101%	
100m		5.	1:18.57	372	1:17.00			96%	
50m		22.	34.83	285	35.00			101%	2
100m		27.	1:17.73	270	1:24.00			117%	
50m		27.	44.25	185	41.00			86%	
50m		12.	38.76	248	38.00			96%	
100m		25.	1:29.55	251	1:29.00			99%	

										3
50m		19.	34.83	285	35.00				101%	
50m		18.	41.44	226	42.00				103%	
50m		21.	47.25	216	45.00				91%	
100m		22.	1:45.66	205	1:45.00				99%	
100m		33.	1:31.64	234	1:33.00				103%	
										1
50m		12.	37.18	210	35.00				89%	
100m		13.	1:21.37	209	1:19.00				94%	
200m		11.	2:54.47	221	2:51.00				96%	
50m		5.	42.12	207	44.00				109%	
100m		5.	1:32.70	212	1:30.00				94%	
200m		6.	3:20.46	215	3:19.00				99%	
										-
50m		11.	30.43	427	28.50				88%	
100m		13.	1:06.00	441	1:02.50				90%	
200m		8.	2:21.27	476	2:18.00				95%	
400m		5.	5:00.54	455	4:50.00				93%	
										1
50m		13.	39.51	251	39.00				97%	
100m		16.	1:27.07	255	1:28.00				102%	
200m		16.	3:12.30	243	3:05.00				93%	
100m		40.	1:19.27	240	1:18.00				97%	
										1
50m		20.	31.90	252	30.00				88%	
100m		24.	1:09.72	266	1:14.00				113%	
										4
50m		1.	28.48	521	29.00				104%	
100m		2.	1:02.77	513	1:03.00				101%	
50m		3.	33.12	443	33.00				99%	
100m		1.	1:10.27	476	1:13.00				108%	
100m		2.	1:10.78	445	1:09.00				95%	
200m		2.	2:40.31	415	2:45.00				106%	
										-
50m		31.	30.47	289	29.00				91%	
50m		14.	34.17	270	32.00				88%	
100m		9.	1:12.57	295	1:09.00				90%	
100m		27.	1:15.81	274	1:12.00				90%	
										1
100m		34.	1:12.25	239	1:10.00				94%	
200m		41.	2:40.57	237	2:39.00				98%	
50m		20.	39.17	179	35.00				80%	
50m		9.	35.56	228	37.00				108%	
100m		24.	1:23.18	207	1:23.00				100%	
										-
100m		16.	1:14.38	265	1:10.00				89%	
100m		19.	1:13.91	296	1:12.50				96%	
200m		22.	2:44.55	295	2:36.00				90%	
										3
50m		29.	33.42	219	34.00				104%	
200m		46.	2:44.65	219	2:49.00				105%	
50m		24.	39.92	169	35.00				77%	
50m		11.	45.58	164	46.00				102%	
										5
										-
50m		14.	31.03	403	30.80				99%	
100m		17.	1:07.53	412	1:06.86				98%	
50m		9.	37.24	311	37.00				99%	
50m		6.	33.71	378	33.54				99%	
100m		6.	1:18.04	332	1:18.00				100%	
100m		16.	1:17.85	382	1:17.00				98%	
										5
50m		1.	28.34	529	29.05	12.06.2024			105%	
100m		1.	1:02.63	516	1:04.72	12.06.2024			107%	
50m		1.	33.25	437	34.98	12.06.2024			111%	
50m		1.	29.30	576	30.00	12.06.2024			105%	
100m		1.	1:08.77	485	1:07.53				96%	
100m		1.	1:12.79	467	1:16.21				110%	

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50m		2.	28.63	513	28.07	05.12.2023		96%	-
50m		1.	32.86	453	32.85	12.10.2023		100%	
50m		4.	36.33	476	34.20	05.12.2023		89%	
100m		4.	1:18.48	501	1:14.37	05.12.2023		90%	
200m		2.	2:44.12	551	2:43.49	12.10.2023		99%	
100m		1.	1:08.79	554	1:07.54	05.12.2023		96%	
	2-1								32
50m		11.	28.79	343	27.00			88%	1
100m		12.	1:02.41	370	1:02.00			99%	
200m		13.	2:15.85	391	2:10.00			92%	
400m		9.	4:48.10	399	4:38.00			93%	
800m		4.	9:42.36	441	9:24.00			94%	
1500m		9.	18:44.48	427	18:45.00			100%	
100m		7.	59.12	436	58.00			96%	
200m		7.	2:11.48	431	2:05.00			90%	
50m		2.	29.59	417	29.25			98%	
100m		2.	1:06.04	391	1:03.50			92%	
200m		3.	2:26.61	418	2:23.50			96%	
50m		42.	33.82	211	32.00			90%	2
100m		50.	1:11.33	248	1:10.00			96%	
200m		44.	2:30.41	288	2:35.00			106%	
400m		18.	5:11.52	316	5:20.00			106%	
100m		56.	1:27.44	179	1:25.00			94%	
200m		WDR		-	2:55.00			-	
100m		16.	1:07.38	414	1:05.00			93%	4
50m		4.	33.77	418	34.00			101%	
100m		3.	1:13.55	415	1:13.00			99%	
200m		4.	2:36.45	439	2:40.00			105%	
200m		6.	2:40.55	437	2:42.00			102%	
400m		3.	5:36.44	455	5:45.00			105%	
100m		10.	1:05.85	444	1:04.00			94%	
200m		11.	2:23.93	450	2:18.00			92%	
400m		9.	5:06.00	431	5:00.00			96%	
100m		8.	1:26.33	376	1:21.00			88%	
100m		13.	1:16.36	405	1:14.00			94%	
100m		56.	1:14.95	214	1:13.00			95%	1
800m		WDR		-	10:50.00			-	
1500m		WDR		-	20:37.00			-	
50m		28.	39.13	180	36.00			85%	
100m		21.	1:33.04	209	1:32.00			98%	
100m		47.	1:22.38	214	1:28.00			114%	
200m		35.	3:01.30	221	2:50.00			88%	
200m		12.	2:23.96	449	2:20.00			95%	
400m		8.	5:05.59	433	5:00.00			96%	
50m		3.	32.26	431	31.00			92%	
100m		4.	1:12.62	412	1:09.00			90%	
200m		4.	2:45.36	378	2:30.00			82%	
100m		14.	1:16.61	401	1:14.00			93%	
50m		38.	32.94	229	32.50			97%	1
100m		52.	1:11.92	242	1:09.00			92%	
200m		42.	2:28.76	298	2:35.00			109%	
800m		24.	10:34.01	342	10:30.00			99%	
1500m		12.	20:44.44	315	20:30.00			98%	
100m		48.	1:23.07	208	1:23.00			100%	
200m		30.	2:55.03	245	2:47.00			91%	
1500m		11.	20:43.74	315	19:30.00			88%	1
50m		7.	40.03	242	39.00			95%	
100m		9.	1:23.90	286	1:25.00			103%	
200m		4.	2:56.66	314	2:55.00			98%	
200m		9.	2:41.48	312	2:38.00			96%	
1500m		3.	19:19.20	480	20:03.00			108%	1
50m		8.	39.80	362	37.00			86%	

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100m	6.	1:25.49	388	1:20.00	88%	
200m	6.	2:59.82	419	2:50.00	89%	
100m	11.	1:15.26	423	1:15.00	99%	
200m	8.	2:44.53	406	2:42.00	97%	
, , 2011 (13),						
200m	1.	2:34.40	471	2:40.00	107%	1
50m	1.	27.56	491	27.00	96%	
100m	2.	1:02.40	448	1:00.00	92%	
200m	4.	2:24.40	405	2:17.00	90%	
100m	1.	1:05.00	435	1:04.00	97%	
200m	2.	2:19.21	488	2:19.00	100%	
, , 2011 (13),						
50m	5.	28.87	501	28.00	94%	
100m	3.	1:03.02	506	1:01.00	94%	
200m	6.	2:20.76	481	2:16.00	93%	
50m	2.	32.11	437	31.00	93%	
100m	12.	1:15.85	413	1:14.00	95%	
, , 2011 (13),						
50m	32.	30.49	289	31.00	103%	4
100m	43.	1:07.45	293	1:08.00	102%	
200m	32.	2:22.87	336	2:25.00	103%	
50m	21.	35.61	239	34.00	91%	
100m	33.	1:17.81	254	1:23.00	114%	
, , 2011 (13),						
50m	36.	31.41	264	31.00	97%	3
100m	39.	1:06.66	304	1:08.00	104%	
200m	27.	2:22.05	342	2:25.00	104%	
800m	23.	10:30.23	348	10:30.00	100%	
100m	15.	1:14.10	268	1:08.00	84%	
100m	WDR	-	-	1:14.50	-	
200m	21.	2:43.81	299	2:47.00	104%	
400m	WDR	-	-	5:35.00	-	
, , 2011 (13),						
50m	16.	28.92	338	27.00	87%	1
100m	10.	1:01.79	382	59.00	91%	
800m	2.	9:18.00	501	9:00.00	94%	
1500m	1.	17:32.47	520	17:35.00	100%	
200m	7.	2:51.84	341	2:45.00	92%	
200m	5.	2:29.39	395	2:25.00	94%	
, , 2011 (13),						
50m	12.	30.59	421	30.70	101%	4
100m	14.	1:06.75	426	1:05.00	95%	
200m	5.	2:59.02	424	2:51.00	91%	
100m	9.	1:14.08	443	1:14.50	101%	
200m	5.	2:39.68	444	2:40.50	101%	
400m	4.	5:39.75	442	5:45.00	103%	
, , 2012 (12),						
800m	WDR	-	-	11:50.00	-	2
50m	8.	42.27	302	41.00	94%	
100m	7.	1:27.15	366	1:33.00	114%	
100m	8.	1:23.54	270	1:15.00	81%	
100m	15.	1:23.19	313	1:20.00	92%	
200m	14.	2:58.13	320	3:00.00	102%	
400m	WDR	-	-	6:30.00	-	
, , 2011 (13),						
50m	1.	34.04	578	36.58	115%	4
100m	1.	1:15.10	572	1:15.80	102%	
200m	1.	2:42.61	566	2:45.00	103%	
100m	2.	1:09.39	540	1:11.00	105%	
200m	1.	2:31.66	518	2:30.00	98%	
, , 2011 (13),						
50m	20.	29.22	328	28.50	95%	1
100m	32.	1:05.63	318	1:05.00	98%	
200m	33.	2:23.12	334	2:22.00	98%	
800m	WDR	-	-	10:30.00	-	
100m	26.	1:15.55	277	1:10.00	86%	
200m	26.	2:48.97	273	2:50.00	101%	
, , 2012 (12),						
100m	6.	1:07.67	409	1:07.00	98%	1
200m	8.	2:24.91	441	2:20.00	93%	
800m	5.	10:12.19	474	10:00.00	96%	
1500m	5.	19:26.77	471	20:00.00	106%	
50m	3.	35.90	347	35.00	95%	
100m	6.	1:17.48	355	1:15.00	94%	
200m	7.	2:45.99	395	2:45.00	99%	

2-2								24
	, 2013 (11),							2
100m		27.	1:22.66	159	1:15.00		82%	
200m		24.	2:47.88	207	2:45.00		97%	
100m		18.	1:27.90	166	1:35.00		117%	
100m		12.	1:40.65	165	1:45.00		109%	
	, 2012 (12),							1
50m		4.	30.25	296	29.00		92%	
100m		5.	1:05.28	324	1:04.00		96%	
800m		6.	10:02.80	398	10:10.00		102%	
50m		8.	40.36	236	32.00		63%	
100m		4.	1:11.77	295	1:09.00		92%	
200m		2.	2:40.27	296	2:39.00		98%	
100m		6.	1:15.60	276	1:14.00		96%	
200m		7.	2:39.70	323	2:39.00		99%	
	, 2013 (11),							1
50m		19.	34.18	301	34.00		99%	
100m		23.	1:16.84	279	1:19.00		106%	
50m		21.	42.73	206	38.00		79%	
100m		26.	1:29.80	249	1:28.00		96%	
	, 2013 (11),							-
200m		16.	3:20.72	145	2:57.00		78%	
200m		13.	3:42.89	156	3:10.00		73%	
200m		25.	3:13.73	181	3:00.00		86%	
	, 2011 (13),							-
50m		24.	33.19	329	31.00		87%	
100m		21.	1:11.82	342	1:08.00		90%	
200m		17.	2:33.76	369	2:20.00		83%	
1500m		6.	21:35.35	344	20:40.00		92%	
100m		27.	1:24.00	304	1:18.00		86%	
200m		11.	2:51.43	359	2:45.00		93%	
	, 2013 (11),							2
50m		4.	30.96	406	30.00		94%	
100m		12.	1:12.07	338	1:10.00		94%	
200m		6.	2:35.60	356	2:40.00		106%	
50m		5.	35.61	320	33.00		86%	
100m		9.	1:21.53	332	1:24.00		106%	
	, 2012 (12),							3
50m		25.	32.42	240	33.00		104%	
200m		35.	2:36.04	258	2:45.00		112%	
50m		28.	40.38	164	37.00		84%	
100m		26.	1:23.85	203	1:20.20		91%	
200m		29.	2:55.89	242	2:59.00		104%	
	, 2013 (11),							-
100m		22.	1:15.59	293	1:13.00		93%	
50m		14.	40.10	249	37.00		85%	
50m		7.	37.00	286	35.00		89%	
100m		12.	1:23.57	309	1:22.00		96%	
200m		12.	2:59.24	314	2:57.00		98%	
	, 2013 (11),							-
50m		13.	32.83	231	32.50		98%	
100m		13.	1:12.50	236	1:10.00		93%	
100m		11.	1:29.76	150	1:20.00		79%	
200m		14.	2:57.97	233	2:55.00		97%	
	, 2011 (13),							1
50m		40.	33.18	224	30.00		82%	
200m		52.	2:46.11	214	2:30.00		82%	
100m		23.	1:35.34	194	1:28.00		85%	
100m		49.	1:23.47	205	1:24.00		101%	
	, 2011 (13),							-
100m		26.	1:04.62	334	1:01.00		89%	
200m		18.	2:18.82	366	2:18.00		99%	
400m		11.	4:50.36	390	4:45.00		96%	
800m		17.	10:04.23	395	9:40.00		92%	
100m		8.	1:10.39	312	1:08.00		93%	
	, 2012 (12),							2
100m		7.	1:05.82	316	1:04.00		95%	
200m		7.	2:20.76	351	2:16.00		93%	
800m		3.	9:57.23	409	9:45.00		96%	
1500m		4.	18:52.70	417	19:00.00		101%	
200m		4.	2:38.94	328	2:39.00		100%	

50m			7.	43.12	284	41.00		90%	-
100m			6.	1:30.69	325	1:28.80		96%	
200m			7.	3:19.02	309	3:03.00		85%	
50m			3.	35.24	331	33.00		88%	
100m			10.	1:23.06	314	1:22.00		97%	
100m			23.	1:09.54	268	1:08.00		96%	2
400m			12.	5:06.74	331	5:30.00		116%	
800m			11.	10:17.64	370	10:15.00		99%	
1500m			7.	19:30.99	378	20:00.00		105%	
100m			18.	1:31.35	221	1:25.00		87%	
200m			8.	3:04.21	277	3:00.00		95%	
50m			12.	33.24	328	33.00		99%	3
100m			18.	1:13.61	318	1:15.00		104%	
200m			7.	2:36.17	352	2:35.00		99%	
100m			15.	1:24.17	302	1:25.00		102%	
200m			9.	2:56.06	331	2:59.00		103%	
50m			8.	37.30	208	35.00		88%	-
100m			4.	1:17.54	242	1:15.00		94%	
200m			2.	2:45.89	258	2:42.00		95%	
100m			13.	1:29.48	235	1:25.00		90%	
200m			9.	3:10.57	250	3:00.00		89%	
100m			15.	1:20.02	233	1:15.00		88%	
50m			17.	33.98	307	33.00		94%	-
50m			7.	37.39	307	37.00		98%	
50m			10.	38.51	253	34.00		78%	
100m			20.	1:24.51	298	1:23.00		96%	
50m			34.	30.62	285	29.50		93%	3
50m			7.	33.23	294	33.50		102%	
100m			11.	1:13.33	286	1:17.00		110%	
200m			3.	2:38.78	294	2:50.00		115%	
50m			3.	30.05	301	30.00		100%	1
100m			3.	1:07.24	296	1:06.00		96%	
200m			4.	2:25.41	319	2:27.00		102%	
400m			3.	5:07.40	329	5:00.00		95%	
100m			3.	1:17.94	252	1:15.00		93%	
50m			9.	31.93	251	30.00		88%	-
100m			10.	1:11.23	249	1:09.00		94%	
200m			18.	2:37.42	251	2:30.00		91%	
50m			17.	38.00	196	38.00		100%	
100m			16.	1:25.03	183	1:17.00		82%	
100m			8.	1:22.90	210	1:18.00		89%	
50m			26.	35.69	265	35.00		96%	-
50m			5.	41.81	312	41.00		96%	
100m			7.	1:31.20	319	1:27.00		91%	
200m			3.	3:10.19	354	3:00.00		90%	
50m			20.	34.55	198	32.00		86%	-
50m			20.	39.31	177	34.00		75%	
50m			2.	40.58	232	38.00		88%	
100m			4.	1:31.74	218	1:21.00		78%	
200m			7.	3:22.03	210	3:00.00		79%	
100m			15.	1:25.20	193	1:15.00		77%	
50m			19.	31.72	377	30.00		89%	-
100m			15.	1:07.30	416	1:06.00		96%	
200m			13.	2:24.12	448	2:20.00		94%	
400m			10.	5:07.33	426	5:07.00		100%	
100m			35.	1:13.01	231	1:09.00		89%	1
200m			37.	2:36.54	255	2:25.00		86%	
800m			22.	10:57.24	307	10:30.00		92%	
200m			10.	3:14.63	235	3:15.00		100%	
200m			26.	2:55.47	243	2:55.00		99%	

	, 2012 (12),							1
100m		28.	1:10.55	256	1:08.00		93%	
200m		27.	2:31.66	281	2:20.00		85%	
400m		17.	5:19.66	292	5:30.00		107%	
800m		21.	10:53.74	312	10:50.00		99%	
50m		5.	36.23	227	34.00		88%	
100m		3.	1:17.40	243	1:16.00		96%	
	, 2013 (11),							-
50m		21.	34.52	293	33.30		93%	
100m		30.	1:20.50	243	1:18.00		94%	
200m		19.	2:48.93	278	2:43.00		93%	
50m		9.	44.55	258	42.00		89%	
50m		14.	40.89	211	37.00		82%	
	, 2013 (11),							1
100m		5.	1:07.55	292	1:07.00		98%	
50m		6.	35.82	235	32.80		84%	
100m		8.	1:19.00	228	1:15.00		90%	
50m		2.	33.29	278	32.60		96%	
100m		2.	1:14.77	260	1:15.00		101%	
	, 2012 (12),							-
50m		8.	32.70	344	32.00		96%	
100m		11.	1:11.49	347	1:10.00		96%	
50m		9.	38.36	285	37.00		93%	
50m		6.	34.74	345	32.00		85%	
100m		3.	1:18.18	330	1:12.00		85%	
100m		11.	1:20.84	341	1:17.00		91%	
200m		13.	2:55.85	332	2:49.00		92%	
	3							23
	, 2011 (13),							-
50m		10.	38.48	272	37.00		92%	
	, 2013 (11),							3
50m		2.	39.17	379	41.00		110%	
100m		4.	1:28.69	347	1:28.00		98%	
200m		5.	3:13.19	337	3:14.00		101%	
100m		11.	1:23.33	311	1:26.00		107%	
	, 2013 (11),							4
50m		13.	33.28	327	34.50		107%	
100m		19.	1:14.27	309	1:18.00		110%	
200m		15.	2:42.40	313	2:45.00		103%	
50m		19.	42.19	214	44.00		109%	
	, 2011 (13),							1
50m		7.	31.09	342	31.50		103%	
100m		9.	1:10.84	306	1:10.00		98%	
200m		8.	2:55.38	226	2:45.00		89%	
	, 2011 (13),							3
50m		15.	28.84	341	28.40		97%	
100m		16.	1:03.59	350	1:04.00		101%	
200m		31.	2:22.66	337	2:25.00		103%	
50m		16.	34.27	268	36.00		110%	
	, 2011 (13),							1
50m		28.	30.11	300	29.80		98%	
100m		34.	1:06.07	312	1:07.00		103%	
50m		17.	33.18	281	33.00		99%	
	, 2011 (13),							-
50m		44.	34.33	202	30.80		80%	
100m		60.	1:17.77	191	1:10.00		81%	
100m		55.	1:26.64	184	1:24.00		94%	
	, 2011 (13),							3
50m		2.	28.63	513	28.70		100%	
100m		5.	1:04.19	479	1:05.50		104%	
50m		5.	34.24	401	35.00		104%	
	, 2012 (12),							2
50m		10.	32.89	338	32.50		98%	
200m		14.	2:39.01	333	2:35.00		95%	
50m		7.	34.81	343	35.00		101%	
100m		14.	1:22.46	321	1:23.00		101%	
	, 2011 (13),							-
50m		13.	43.68	273	43.00		97%	
100m		19.	1:40.11	241	1:37.00		94%	
100m		44.	1:34.27	215	1:31.00		93%	

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						1
50m	, , 2011 (13),	33.	30.59	286	31.00	103%
200m		45.	2:32.09	278	2:30.00	97%
						2
50m	, , 2012 (12),	2.	35.50	359	34.80	96%
100m		3.	1:15.16	389	1:15.50	101%
200m		4.	2:41.61	398	2:48.00	108%
						3
100m	, , 2011 (13),	17.	1:27.30	253	1:28.00	102%
200m		15.	3:04.65	275	3:20.00	117%
100m		35.	1:17.93	252	1:22.00	111%
						57
						1
50m	, , 2013 (11),	25.	35.68	265	35.00	96%
100m		24.	1:16.85	279	1:23.00	117%
50m		22.	43.30	198	42.00	94%
100m		19.	1:50.13	181	1:43.00	87%
100m		31.	1:34.70	212	1:34.00	99%
						2
50m	, , 2013 (11),	4.	30.15	298	29.00	93%
100m		2.	1:06.42	307	1:05.00	96%
200m		3.	2:23.34	333	2:15.00	89%
50m		3.	33.88	277	33.00	95%
100m		2.	1:13.09	289	1:14.10	103%
200m		2.	2:36.65	306	2:39.00	103%
						4
50m	, , 2011 (13),	26.	33.85	310	36.00	113%
200m		27.	2:54.70	251	2:58.00	104%
50m		19.	42.40	211	44.00	108%
50m		16.	44.21	264	45.00	104%
50m		12.	42.30	191	40.00	89%
100m		39.	1:28.67	258	1:24.00	90%
						1
100m	, , 2011 (13),	46.	1:07.82	289	1:10.00	107%
50m		9.	31.52	328	30.00	91%
100m		13.	1:12.57	285	1:12.43	100%
						5
50m	, , 2012 (12),	23.	35.39	272	38.00	115%
100m		16.	1:20.74	241	1:30.00	124%
200m		30.	2:58.60	235	3:25.00	132%
50m		17.	40.28	246	37.00	84%
100m		34.	1:31.75	233	1:34.00	105%
200m		25.	3:17.60	234	3:28.00	111%
						3
50m	, , 2012 (12),	25.	36.99	238	37.00	100%
100m		20.	1:23.28	219	1:33.00	125%
50m		24.	45.19	174	42.00	86%
50m		22.	48.68	197	42.00	74%
100m		19.	1:41.69	230	1:43.00	103%
						3
50m	, , 2011 (13),	21.	32.52	350	34.00	109%
50m		16.	39.43	262	40.00	103%
100m		16.	1:26.98	251	1:32.00	112%
50m		12.	43.57	276	41.00	89%
200m		WDR	-	-	3:23.00	-
100m		33.	1:26.14	282	1:23.00	93%
						3
100m	, , 2013 (11),	29.	1:19.84	249	1:20.00	100%
200m		22.	2:59.37	232	2:35.00	75%
50m		17.	41.13	231	42.00	104%
100m		17.	1:41.62	231	1:51.00	119%
100m		27.	1:30.27	245	1:29.00	97%
200m		23.	3:22.06	219	3:20.00	98%
						4
50m	, , 2013 (11),	15.	33.63	316	34.00	102%
100m		20.	1:14.86	302	1:16.96	106%
50m		16.	40.41	243	41.00	103%
200m		9.	3:20.96	300	3:22.00	101%
100m		22.	1:26.86	275	1:24.00	94%
200m		20.	3:12.70	252	3:10.00	97%

	, 2013 (11),						-
50m		29.	36.74	165	34.00		86%
50m		25.	41.58	150	41.00		97%
50m		10.	45.56	164	45.00		98%
100m		19.	1:28.25	174	1:26.00		95%
200m		26.	3:15.74	175	3:11.00		95%
	, 2012 (12),						3
50m		21.	34.98	281	35.00		100%
100m		18.	1:20.85	240	1:20.00		98%
200m		26.	2:53.33	257	3:01.00		109%
50m		23.	45.04	176	43.00		91%
100m		35.	1:33.02	224	1:33.00		100%
200m		26.	3:17.65	234	3:29.00		112%
	, 2012 (12),						2
50m		17.	34.64	290	36.00		108%
200m		23.	2:50.69	269	2:53.00		103%
50m		21.	43.56	194	43.00		97%
50m		18.	46.09	233	44.00		91%
100m		30.	1:29.46	252	1:26.00		92%
200m		24.	3:14.52	245	3:07.00		92%
	, 2012 (12),						-
200m		29.	2:57.38	240	2:40.00		81%
50m		13.	39.55	260	39.00		97%
50m		15.	45.14	248	43.00		91%
100m		18.	1:40.95	235	1:37.00		92%
50m		14.	41.03	209	39.00		90%
100m		27.	1:27.42	270	1:25.00		95%
	, 2012 (12),						4
100m		19.	1:22.30	227	1:32.00		125%
50m		13.	39.00	244	41.00		111%
100m		9.	1:30.18	215	1:45.00		136%
100m		31.	1:30.48	243	1:34.00		108%
200m		27.	3:18.22	232	3:06.00		88%
	, 2013 (11),						4
50m		27.	37.58	227	39.00		108%
200m		27.	3:12.56	187	3:00.00		87%
50m		23.	43.35	197	45.00		108%
50m		18.	50.74	174	52.00		105%
100m		34.	1:39.63	182	1:34.00		89%
200m		27.	3:29.43	197	3:40.00		110%
	, 2011 (13),						4
50m		20.	45.43	171	41.00		81%
50m		17.	44.92	251	46.00		105%
100m		15.	1:36.08	273	1:38.00		104%
200m		13.	3:31.46	257	3:58.00		127%
100m		43.	1:33.88	218	1:35.00		102%
	, 2012 (12),						1
50m		12.	33.79	312	33.00		95%
200m		22.	2:50.47	270	2:54.00		104%
50m		8.	38.15	289	37.00		94%
100m		9.	1:21.97	300	1:21.00		98%
200m		5.	2:53.83	320	2:53.00		99%
50m		14.	44.28	262	43.00		94%
	, 2013 (11),						2
200m		21.	2:58.90	234	2:54.00		95%
100m		8.	1:25.33	266	1:27.00		104%
50m		14.	46.90	221	48.00		105%
50m		16.	43.74	173	43.00		97%
100m		24.	1:29.50	251	1:28.00		97%
	, 2011 (13),						-
50m		27.	34.33	297	34.00		98%
100m		26.	1:13.83	315	1:11.00		92%
200m		22.	2:42.74	311	2:35.00		91%
50m		11.	37.58	303	36.00		92%
100m		10.	1:22.24	297	1:20.00		95%
100m		36.	1:27.31	271	1:21.00		86%
	, 2011 (13),						1
100m		18.	1:08.61	392	1:08.00		98%
50m		8.	36.74	324	38.00		107%
100m		11.	1:29.63	336	1:27.00		94%
200m		9.	3:11.06	349	3:07.00		96%
100m		26.	1:23.62	308	1:20.00		92%

	, , 2011 (13) ,								1
50m		15.	41.60	215	43.00			107%	
100m		WDR		-	1:39.00			-	
200m		WDR		-	3:50.00			-	
50m		WDR		-	39.00			-	
100m		51.	1:25.42	192	1:23.00			94%	
	, , 2011 (13) ,								1
50m		39.	33.16	224	31.00			87%	
100m		54.	1:14.37	219	1:13.00			96%	
200m		54.	2:52.39	191	2:42.00			88%	
50m		32.	40.55	162	40.00			97%	
50m		20.	38.76	176	40.00			107%	
100m		52.	1:25.76	189	1:25.00			98%	
	, , 2011 (13) ,								6
50m		37.	31.76	255	32.00			102%	
100m		49.	1:09.95	263	1:13.00			109%	
200m		49.	2:39.10	243	2:46.00			109%	
50m		30.	39.59	174	40.00			102%	
100m		50.	1:24.43	198	1:27.00			106%	
200m		39.	3:04.43	210	3:05.00			101%	
	, , 2011 (13) ,								1
50m		3.	26.55	437	26.30			98%	
100m		9.	59.87	420	57.00			91%	
200m		12.	2:15.01	398	2:06.00			87%	
50m		5.	31.79	336	30.00			89%	
100m		1.	1:13.70	421	1:14.00			101%	
100m		6.	1:07.71	385	1:05.00			92%	
	, , 2011 (13) ,								1
50m		22.	32.53	350	33.00			103%	
100m		24.	1:12.92	327	1:10.00			92%	
200m		19.	2:37.99	340	2:34.00			95%	
50m		12.	38.18	289	37.00			94%	
50m		11.	37.36	277	36.00			93%	
100m		24.	1:22.82	317	1:20.00			93%	
	, , 2012 (12) ,								22
50m		9.	32.72	344	32.70			100%	1
50m		7.	41.92	309	40.00			91%	
100m		9.	1:20.05	351	1:20.70			102%	
	, , 2013 (11) ,								4
50m		10.	38.99	271	40.00			105%	
50m		11.	45.70	239	45.00			97%	
50m		9.	38.08	262	38.00			100%	
100m		6.	1:26.18	246	1:35.28	07.03.2024		122%	
100m		18.	1:24.49	299	1:28.00			108%	
200m		13.	3:00.56	307	3:05.00			105%	
	, - , 2012 (12) ,								5
50m		5.	37.47	295	38.00			103%	
100m		3.	1:19.76	332	1:23.00			108%	
200m		1.	2:48.21	364	2:56.91	12.11.2023		111%	
100m		4.	1:13.49	301	1:14.00			101%	
200m		5.	2:39.41	325	2:38.00			98%	
400m		1.	5:37.03	338	5:50.00			108%	
	, , 2013 (11) ,								1
50m		26.	35.67	180	34.00			91%	
100m		18.	1:27.24	180	1:29.80			106%	
	, , 2013 (11) ,								2
200m		25.	3:07.14	204	3:20.00			114%	
50m		28.	48.38	142	43.00			79%	
50m		19.	52.47	158	50.00			91%	
100m		33.	1:39.52	183	1:40.00			101%	
200m		28.	3:34.52	183	3:23.00			90%	
	, , 2013 (11) ,								1
50m		15.	40.14	248	38.00			90%	
50m		8.	43.70	273	42.00			92%	
50m		11.	38.75	249	35.00			82%	
100m		9.	1:30.21	215	1:26.00			91%	
100m		17.	1:24.26	301	1:24.00			99%	
200m		17.	3:01.73	301	3:03.10			102%	
	, , 2012 (12) ,								4
200m		21.	2:28.21	301	2:23.00			93%	
400m		14.	5:10.56	319	5:15.00			103%	
800m		19.	10:50.93	316	10:11.05			88%	

		07 - 09	2024	11-13		11-13	
50m		4.	37.02	306	38.00	105%	
100m		4.	1:20.61	322	1:23.00	106%	
200m		2.	2:54.52	326	2:57.00	103%	
, , 2011 (13),							
50m		16.	43.04	194	38.50	80%	-
100m		24.	1:35.94	191	1:28.10	84%	
100m		54.	1:26.60	184	1:23.50	93%	
, , 2013 (11),							
50m		21.	35.07	189	34.00	94%	
100m		23.	1:32.49	151	1:29.80	94%	
, , 2011 (13),							
50m		3.	35.22	355	33.00	88%	
100m		3.	1:16.71	374	1:16.00	98%	
200m		5.	2:49.56	355	2:45.10	95%	
50m		6.	31.06	343	29.00	87%	
100m		5.	1:08.86	334	1:08.00	98%	
100m		10.	1:10.88	336	1:07.11	90%	
, , 2011 (13),							
50m		1.	33.94	397	33.00	95%	3
100m		2.	1:14.48	408	1:15.00	101%	
200m		2.	2:40.98	415	2:44.00	104%	
100m		14.	1:12.03	320	1:17.00	114%	
, , 2012 (12),							
50m		11.	31.10	272	30.00	93%	
100m		16.	1:08.48	280	1:09.00	102%	
200m		26.	2:31.56	281	2:30.00	98%	
100m		11.	1:17.73	254	1:12.00	86%	
200m		24.	2:51.70	260	2:40.00	87%	
, , 2011 (13),							
50m		2.	33.03	446	30.50	85%	2
100m		2.	1:10.59	470	1:08.52	94%	2
200m		1.	2:32.35	475	2:35.00	104%	
50m		5.	36.56	467	37.05	103%	
, , 2011 (13),							
200m		18.	2:35.75	355	2:28.50	91%	
400m		11.	5:30.75	342	5:10.35	88%	
800m		4.	11:10.57	360	10:50.50	94%	
, , 2011 (13),							
50m		2.	35.53	509	36.40	105%	9
100m		3.	1:17.42	522	1:17.00	99%	3
200m		4.	2:47.84	515	2:48.00	100%	
100m		6.	1:12.97	464	1:12.00	97%	
200m		7.	2:41.58	428	2:45.00	104%	
, , 2011 (13),							
50m		6.	29.56	466	29.25	98%	2
100m		3.	1:11.68	428	1:10.00	95%	
200m		3.	2:44.08	387	2:39.15	94%	
100m		5.	1:12.66	470	1:11.85	98%	
200m		2.	2:33.74	497	2:35.00	102%	
400m		1.	5:26.67	498	5:35.50	105%	
, , 2011 (13),							
50m		13.	30.92	407	30.25	96%	2
100m		12.	1:05.97	441	1:04.25	95%	
200m		7.	2:20.94	479	2:19.00	97%	
800m		3.	10:28.82	437	10:45.00	105%	
1500m		4.	20:18.81	413	21:15.50	110%	
, , 2012 (12),							
50m		14.	34.08	304	33.10	94%	2
100m		13.	1:14.19	310	1:12.85	96%	
200m		16.	2:42.64	312	2:48.10	107%	
50m		8.	36.34	301	39.25	117%	
100m		21.	1:25.43	289	1:24.85	99%	
, , 2013 (11),							
50m		19.	34.30	203	35.00	104%	7
100m		19.	1:15.01	213	1:15.00	100%	2
200m		22.	2:44.83	219	2:45.00	100%	
800m		WDR		-	11:40.00	-	

											2
50m		35.	37.79	151	37.00						96%
100m		41.	1:22.45	160	1:23.00						101%
200m		53.	2:59.82	168	3:00.00						100%
800m		WDR		-	12:40.00						-
1500m		WDR		-	23:30.00						-
100m		13.	1:36.20	126	1:30.00						88%
											2
50m		5.	32.22	360	33.00						105%
100m		10.	1:10.68	359	1:08.00						93%
200m		11.	2:31.05	389	2:30.00						99%
400m		8.	5:19.15	380	5:30.00						107%
800m		15.	11:30.57	330	10:45.00						87%
1500m		11.	21:05.94	369	20:30.00						94%
											1
50m		19.	31.77	255	33.00						108%
100m		27.	1:10.19	260	1:07.00						91%
200m		36.	2:36.11	257	2:30.00						92%
800m		WDR		-	11:30.00						-
1500m		WDR		-	21:00.00						-
											-
50m		36.	38.12	147	36.00						89%
100m		40.	1:22.24	162	1:20.00						95%
200m		52.	2:58.77	171	2:45.00						85%
400m		WDR		-	NT						-
800m		WDR		-	13:00.00						-
100m		11.	1:39.65	110	1:30.00						82%
											3
											3
50m		WDR		-	28:00.00						-
100m		15.	1:03.52	351	1:05.32	07.03.2024					106%
200m		34.	2:23.38	332	2:37.00						120%
100m		14.	1:13.58	273	1:18.00						112%
200m		WDR		-	3:02.00						-
											8
											1
50m		12.	32.31	242	30.90						91%
50m		4.	42.11	207	39.00						86%
100m		3.	1:16.84	240	1:18.00						103%
100m		4.	1:18.82	244	1:16.80						95%
200m		6.	2:47.90	278	2:40.37						91%
											-
50m		21.	29.30	325	28.73						96%
100m		20.	1:04.16	341	1:03.00						96%
200m		30.	2:22.55	338	2:19.00						95%
50m		18.	33.39	276	32.70						96%
100m		28.	1:15.93	273	1:14.50						96%
											1
50m		14.	34.17	270	33.50						96%
100m		8.	1:12.52	295	1:13.00						101%
200m		2.	2:33.67	324	2:33.20						99%
50m		11.	38.57	270	37.00						92%
200m		14.	2:39.58	324	2:36.00						96%
											1
200m		9.	2:27.40	306	2:25.00						97%
50m		5.	35.10	249	33.90						93%
100m		3.	1:14.47	273	1:14.90						101%
200m		4.	2:41.02	282	2:37.00						95%
100m		2.	1:15.71	275	1:15.00						98%
200m		1.	2:41.58	312	2:37.00						94%
											-
50m		14.	31.38	265	29.40						88%
100m		17.	1:08.69	278	1:04.70						89%
200m		12.	2:24.07	328	2:21.00						96%
50m		5.	34.24	256	33.10						93%
											-
50m		24.	35.10	278	34.30						95%
100m		28.	1:18.35	263	1:15.00						92%
200m		17.	2:46.70	289	2:41.00						93%
100m		13.	1:40.16	241	1:35.00						90%

	, 2013 (11),									
50m		14.	33.34	325	31.90		92%			
100m		21.	1:15.47	295	1:09.00		84%			
200m		20.	2:50.72	269	2:36.00		83%			
100m		16.	1:41.37	232	1:30.70		80%			
	, 2012 (12),									1
50m		15.	31.40	264	31.30		99%			
100m		22.	1:09.25	271	1:09.00		99%			
200m		23.	2:30.80	286	2:31.00		100%			
	, 2013 (11),									
50m		10.	32.03	249	30.40		90%			
100m		6.	1:09.15	272	1:06.50		92%			
200m		6.	2:25.90	315	2:24.00		97%			
400m		1.	4:57.38	363	4:54.00		98%			
800m		2.	10:15.30	374	10:09.25		98%			
50m		7.	35.90	233	34.10		90%			
	, 2012 (12),									1
50m		16.	45.19	247	45.60		102%			
100m		17.	1:38.35	254	1:35.00		93%			
200m		12.	3:27.49	272	3:15.00		88%			
100m		22.	1:26.11	282	1:22.00		91%			
	, 2011 (13),									
50m		9.	30.17	439	29.70		97%			
100m		7.	1:04.85	465	1:03.00		94%			
200m		5.	2:20.45	484	2:16.00		94%			
400m		4.	4:57.08	471	4:51.50		96%			
800m		2.	10:02.06	498	9:53.83		97%			
	, 2013 (11),									1
50m		11.	32.28	243	32.00		98%			
100m		7.	1:17.72	232	1:18.00		101%			
200m		1.	2:52.67	236	2:45.00		91%			
100m		6.	1:20.82	226	1:17.90		93%			
200m		10.	2:52.69	255	2:44.70		91%			
	, 2013 (11),									2
50m		3.	30.90	408	30.00		94%			
100m		3.	1:07.53	412	1:05.50		94%			
50m		2.	35.19	369	34.50		96%			
100m		3.	1:14.95	428	1:16.00		103%			
200m		1.	2:38.71	452	2:37.50		98%			
400m		1.	5:33.60	467	5:40.00		104%			