

21
08.10.2024 - 13:52

, 400m

11 - 13

: FINA 2023

								R.T				
11 - 13												
1.			2011	II				+0,69	5:26.67	1	498	
	25m:	15.65	15.65	125m:	1:36.42	20.34	225m:	3:01.85	22.43	325m:	4:30.68	19.65
	50m:	34.64	18.99	150m:	1:57.05	20.63	250m:	3:24.85	23.00	350m:	4:49.79	19.11
	75m:	54.53	19.89	175m:	2:18.51	21.46	275m:	3:47.96	23.11	375m:	5:08.93	19.14
	100m:	1:16.08	21.55	200m:	2:39.42	20.91	300m:	4:11.03	23.07	400m:	5:26.67	17.74
2.			2011				1-1		+0,73	5:31.38	1	477
	25m:	15.86	15.86	125m:	1:34.76	22.58	225m:	3:04.09	24.47	325m:	4:33.70	18.78
	50m:	32.61	16.75	150m:	1:56.39	21.63	250m:	3:26.61	22.52	350m:	4:53.22	19.52
	75m:	52.61	20.00	175m:	2:17.97	21.58	275m:	3:51.80	25.19	375m:	5:13.13	19.91
	100m:	1:12.18	19.57	200m:	2:39.62	21.65	300m:	4:14.92	23.12	400m:	5:31.38	18.25
3.			2013						+0,77	5:33.60	1	467
	25m:	16.13	16.13	125m:	1:37.00	21.73	225m:	3:04.10	23.83	325m:	4:36.34	19.99
	50m:	34.87	18.74	150m:	1:58.04	21.04	250m:	3:27.67	23.57	350m:	4:55.89	19.55
	75m:	54.72	19.85	175m:	2:19.53	21.49	275m:	3:51.75	24.08	375m:	5:15.25	19.36
	100m:	1:15.27	20.55	200m:	2:40.27	20.74	300m:	4:16.35	24.60	400m:	5:33.60	18.35
4.			2013				3-3		+0,69	5:36.31	1	456
	25m:	16.42	16.42	125m:	1:40.87		225m:	3:09.80		350m:	5:00.50	19.18
	50m:	37.40	20.98	150m:	2:45.81	1:04.94	275m:	3:58.35	48.55	375m:	5:18.94	18.44
	75m:	56.66	19.26	175m:	2:24.47		300m:	4:23.00	24.65	400m:	5:36.31	17.37
	100m:	2:02.76	1:06.10	200m:	3:35.00	1:10.53	325m:	4:41.32	18.32			
5.			2011				2-1		+0,76	5:36.44	1	455
	25m:	15.81	15.81	125m:	1:38.82	21.21	225m:	3:06.17	24.21	325m:	4:38.52	20.24
	50m:	34.89	19.08	150m:	1:59.57	20.75	250m:	3:30.04	23.87	350m:	4:57.91	19.39
	75m:	54.92	20.03	175m:	2:20.77	21.20	275m:	3:54.17	24.13	375m:	5:17.46	19.55
	100m:	1:17.61	22.69	200m:	2:41.96	21.19	300m:	4:18.28	24.11	400m:	5:36.44	18.98
6.			2011				2-1		+0,80	5:39.75	2	442
	25m:	16.21	16.21	125m:	1:40.97	22.19	225m:	3:07.70		375m:	5:19.98	40.63
	50m:	36.46	20.25	150m:	2:44.55	1:03.58	275m:	3:55.11	47.41	400m:	5:39.75	19.77
	75m:	56.95	20.49	175m:	2:23.53		300m:	4:19.76	24.65			
	100m:	1:18.78	21.83	200m:	3:31.38	1:07.85	325m:	4:39.35	19.59			
7.			2011				1-1		+0,73	5:45.42	2	421
	25m:	15.47	15.47	125m:	1:38.68	22.48	225m:	3:07.86	24.50	325m:	4:43.38	20.63
	50m:	34.61	19.14	150m:	2:00.42	21.74	250m:	3:32.34	24.48	350m:	5:05.22	21.84
	75m:	54.55	19.94	175m:	2:22.08	21.66	275m:	3:57.65	25.31	375m:	5:25.63	20.41
	100m:	1:16.20	21.65	200m:	2:43.36	21.28	300m:	4:22.75	25.10	400m:	5:45.42	19.79
8.			2012	III			3-2		+0,78	5:50.26	2	404
	25m:	17.14	17.14	125m:	1:45.96	23.43	250m:	3:42.48	24.59	350m:	5:11.69	19.54
	50m:	37.57	20.43	175m:	2:31.29	45.33	275m:	4:07.78	25.30	375m:	5:31.77	20.08
	75m:	1:00.88	23.31	200m:	2:53.03	21.74	300m:	4:32.34	24.56	400m:	5:50.26	18.49
	100m:	1:22.53	21.65	225m:	3:17.89	24.86	325m:	4:52.15	19.81			
9.			2012						+0,76	5:54.00	2	391
	25m:	15.92	15.92	125m:	1:43.78	22.95	225m:	3:15.56	24.97	325m:	4:54.19	19.94
	50m:	35.38	19.46	150m:	2:05.56	21.78	250m:	3:42.44	26.88	350m:	5:14.13	19.94
	75m:	57.60	22.22	175m:	2:28.28	22.72	275m:	4:07.22	24.78	375m:	5:34.91	20.78
	100m:	1:20.83	23.23	200m:	2:50.59	22.31	300m:	4:34.25	27.03	400m:	5:54.00	19.09
10.			2012	II			3-2		+0,76	5:55.39	2	386
	25m:	17.85	17.85	150m:	2:10.38	22.41	250m:	3:46.63	25.20	350m:	5:17.79	20.04
	50m:	39.49	21.64	175m:	2:32.94	22.56	275m:	4:12.16	25.53	375m:	5:37.52	19.73
	75m:	1:02.89	23.40	200m:	2:56.09	23.15	300m:	4:38.77	26.61	400m:	5:55.39	17.87
	125m:	1:47.97	45.08	225m:	3:21.43	25.34	325m:	4:57.75	18.98			

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21, , 400m		, 11 - 13				R.T			
11.	,	2013	3-3	+0,75	6:12.23	2		336	
25m:	18.07 18.07	125m:	1:53.13 24.72	225m:	3:28.45 26.38	325m:	5:09.67 21.93		
50m:	40.21 22.14	150m:	2:16.42 23.29	250m:	3:54.75 26.30	350m:	5:31.26 21.59		
75m:	1:03.74 23.53	175m:	2:38.93 22.51	275m:	4:21.18 26.43	375m:	5:52.34 21.08		
100m:	1:28.41 24.67	200m:	3:02.07 23.14	300m:	4:47.74 26.56	400m:	6:12.23 19.89		
11									
1.	,	2013	3-3	+0,77	5:33.60	1		467	
25m:	16.13 16.13	125m:	1:37.00 21.73	225m:	3:04.10 23.83	325m:	4:36.34 19.99		
50m:	34.87 18.74	150m:	1:58.04 21.04	250m:	3:27.67 23.57	350m:	4:55.89 19.55		
75m:	54.72 19.85	175m:	2:19.53 21.49	275m:	3:51.75 24.08	375m:	5:15.25 19.36		
100m:	1:15.27 20.55	200m:	2:40.27 20.74	300m:	4:16.35 24.60	400m:	5:33.60 18.35		
2.	,	2013	3-3	+0,69	5:36.31	1		456	
25m:	16.42 16.42	125m:	1:40.87 21.73	225m:	3:09.80 23.83	350m:	5:00.50 19.18		
50m:	37.40 20.98	150m:	2:45.81 1:04.94	275m:	3:58.35 48.55	375m:	5:18.94 18.44		
75m:	56.66 19.26	175m:	2:24.47 1:10.53	300m:	4:23.00 24.65	400m:	5:36.31 17.37		
100m:	2:02.76 1:06.10	200m:	3:35.00 1:10.53	325m:	4:41.32 18.32				
3.	,	2013	3-3	+0,75	6:12.23	2		336	
25m:	18.07 18.07	125m:	1:53.13 24.72	225m:	3:28.45 26.38	325m:	5:09.67 21.93		
50m:	40.21 22.14	150m:	2:16.42 23.29	250m:	3:54.75 26.30	350m:	5:31.26 21.59		
75m:	1:03.74 23.53	175m:	2:38.93 22.51	275m:	4:21.18 26.43	375m:	5:52.34 21.08		
100m:	1:28.41 24.67	200m:	3:02.07 23.14	300m:	4:47.74 26.56	400m:	6:12.23 19.89		
12									
1.	,	2012 III	3-2	+0,78	5:50.26	2		404	
25m:	17.14 17.14	125m:	1:45.96 23.43	250m:	3:42.48 24.59	350m:	5:11.69 19.54		
50m:	37.57 20.43	175m:	2:31.29 45.33	275m:	4:07.78 25.30	375m:	5:31.77 20.08		
75m:	1:00.88 23.31	200m:	2:53.03 21.74	300m:	4:32.34 24.56	400m:	5:50.26 18.49		
100m:	1:22.53 21.65	225m:	3:17.89 24.86	325m:	4:52.15 19.81				
2.	,	2012	3-2	+0,76	5:54.00	2		391	
25m:	15.92 15.92	125m:	1:43.78 22.95	225m:	3:15.56 24.97	325m:	4:54.19 19.94		
50m:	35.38 19.46	150m:	2:05.56 21.78	250m:	3:42.44 26.88	350m:	5:14.13 19.94		
75m:	57.60 22.22	175m:	2:28.28 22.72	275m:	4:07.22 24.78	375m:	5:34.91 20.78		
100m:	1:20.83 23.23	200m:	2:50.59 22.31	300m:	4:34.25 27.03	400m:	5:54.00 19.09		
3.	,	2012 II	3-2	+0,76	5:55.39	2		386	
25m:	17.85 17.85	150m:	2:10.38 22.41	250m:	3:46.63 25.20	350m:	5:17.79 20.04		
50m:	39.49 21.64	175m:	2:32.94 22.56	275m:	4:12.16 25.53	375m:	5:37.52 19.73		
75m:	1:02.89 23.40	200m:	2:56.09 23.15	300m:	4:38.77 26.61	400m:	5:55.39 17.87		
125m:	1:47.97 45.08	225m:	3:21.43 25.34	325m:	4:57.75 18.98				
13									
1.	,	2011 II	3-2	+0,69	5:26.67	1		498	
25m:	15.65 15.65	125m:	1:36.42 20.34	225m:	3:01.85 22.43	325m:	4:30.68 19.65		
50m:	34.64 18.99	150m:	1:57.05 20.63	250m:	3:24.85 23.00	350m:	4:49.79 19.11		
75m:	54.53 19.89	175m:	2:18.51 21.46	275m:	3:47.96 23.11	375m:	5:08.93 19.14		
100m:	1:16.08 21.55	200m:	2:39.42 20.91	300m:	4:11.03 23.07	400m:	5:26.67 17.74		
2.	,	2011	1-1	+0,73	5:31.38	1		477	
25m:	15.86 15.86	125m:	1:34.76 22.58	225m:	3:04.09 24.47	325m:	4:33.70 18.78		
50m:	32.61 16.75	150m:	1:56.39 21.63	250m:	3:26.61 22.52	350m:	4:53.22 19.52		
75m:	52.61 20.00	175m:	2:17.97 21.58	275m:	3:51.80 25.19	375m:	5:13.13 19.91		
100m:	1:12.18 19.57	200m:	2:39.62 21.65	300m:	4:14.92 23.12	400m:	5:31.38 18.25		

21, , 400m , 13

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3.	,	2011	.	2-1	+0,76	5:36.44	1	455			
25m:	15.81	15.81	125m:	1:38.82	21.21	225m:	3:06.17	24.21	325m:	4:38.52	20.24
50m:	34.89	19.08	150m:	1:59.57	20.75	250m:	3:30.04	23.87	350m:	4:57.91	19.39
75m:	54.92	20.03	175m:	2:20.77	21.20	275m:	3:54.17	24.13	375m:	5:17.46	19.55
100m:	1:17.61	22.69	200m:	2:41.96	21.19	300m:	4:18.28	24.11	400m:	5:36.44	18.98
4.	,	2011	.	2-1	+0,80	5:39.75	2	442			
25m:	16.21	16.21	125m:	1:40.97	22.19	225m:	3:07.70		375m:	5:19.98	40.63
50m:	36.46	20.25	150m:	2:44.55	1:03.58	275m:	3:55.11	47.41	400m:	5:39.75	19.77
75m:	56.95	20.49	175m:	2:23.53		300m:	4:19.76	24.65			
100m:	1:18.78	21.83	200m:	3:31.38	1:07.85	325m:	4:39.35	19.59			
5.	,	2011	.	1-1	+0,73	5:45.42	2	421			
25m:	15.47	15.47	125m:	1:38.68	22.48	225m:	3:07.86	24.50	325m:	4:43.38	20.63
50m:	34.61	19.14	150m:	2:00.42	21.74	250m:	3:32.34	24.48	350m:	5:05.22	21.84
75m:	54.55	19.94	175m:	2:22.08	21.66	275m:	3:57.65	25.31	375m:	5:25.63	20.41
100m:	1:16.20	21.65	200m:	2:43.36	21.28	300m:	4:22.75	25.10	400m:	5:45.42	19.79