

23
08.10.2024 - 14:28

, 1500m

11 - 13

: FINA 2023

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R.T

11 - 13

1.			2012		1		17:56.67	600			
25m:	15.50	15.50	400m:	4:43.06	17.73	775m:	9:14.66	18.04	1150m:	13:46.64	18.38
50m:	32.14	16.64	425m:	5:00.73	17.67	800m:	9:32.74	18.08	1175m:	14:04.60	17.96
75m:	49.86	17.72	450m:	5:18.50	17.77	825m:	9:50.94	18.20	1200m:	14:22.43	17.83
100m:	1:07.59	17.73	475m:	5:36.36	17.86	850m:	10:08.66	17.72	1225m:	14:40.86	18.43
125m:	1:25.84	18.25	500m:	5:54.62	18.26	875m:	10:26.80	18.14	1250m:	14:58.67	17.81
150m:	1:43.26	17.42	525m:	6:13.08	18.46	900m:	10:44.90	18.10	1275m:	15:16.79	18.12
175m:	2:01.04	17.78	550m:	6:30.98	17.90	925m:	11:02.93	18.03	1300m:	15:34.91	18.12
200m:	2:19.00	17.96	575m:	6:49.54	18.56	950m:	11:21.25	18.32	1325m:	15:53.38	18.47
225m:	2:37.03	18.03	600m:	7:07.58	18.04	975m:	11:39.37	18.12	1350m:	16:12.03	18.65
250m:	2:55.01	17.98	625m:	7:25.63	18.05	1000m:	11:57.41	18.04	1375m:	16:29.83	17.80
275m:	3:13.13	18.12	650m:	7:43.80	18.17	1025m:	12:15.84	18.43	1400m:	16:48.50	18.67
300m:	3:31.22	18.09	675m:	8:03.02	19.22	1050m:	12:34.44	18.60	1425m:	17:06.13	17.63
325m:	3:49.15	17.93	700m:	8:20.93	17.91	1075m:	12:52.63	18.19	1450m:	17:23.83	17.70
350m:	4:07.12	17.97	725m:	8:38.99	18.06	1100m:	13:10.34	17.71	1475m:	17:40.51	16.68
375m:	4:25.33	18.21	750m:	8:56.62	17.63	1125m:	13:28.26	17.92	1500m:	17:56.67	16.16
2.			2012		1		18:00.48	593			
25m:	15.44	15.44	400m:	5:19.82	54.56	825m:	9:54.64		1200m:	15:03.21	54.12
50m:	32.08	16.64	425m:	5:01.49		850m:	10:49.68	55.04	1225m:	14:44.99	
75m:	49.66	17.58	475m:	5:38.03	36.54	875m:	10:31.06		1250m:	15:39.40	54.41
100m:	1:07.56	17.90	525m:	6:14.40	36.37	900m:	11:26.26	55.20	1275m:	15:21.63	
125m:	1:25.16	17.60	550m:	6:32.82	18.42	925m:	11:07.58		1300m:	16:15.31	53.68
150m:	1:43.08	17.92	575m:	6:50.98	18.16	950m:	12:02.49	54.91	1325m:	15:57.13	
175m:	2:01.16	18.08	600m:	7:09.47	18.49	975m:	11:44.33		1350m:	16:50.97	53.84
200m:	2:19.13	17.97	625m:	7:27.28	17.81	1000m:	12:38.78	54.45	1375m:	16:33.11	
225m:	2:36.95	17.82	650m:	7:45.80	18.52	1025m:	12:20.63		1400m:	17:26.68	53.57
250m:	2:55.15	18.20	675m:	8:04.13	18.33	1050m:	13:14.75	54.12	1425m:	17:08.80	
275m:	3:13.34	18.19	700m:	8:22.65	18.52	1075m:	12:56.72		1450m:	18:00.62	51.82
300m:	3:31.06	17.72	725m:	8:41.14	18.49	1100m:	13:51.24	54.52	1475m:	17:43.85	
325m:	3:49.18	18.12	750m:	9:36.52	55.38	1125m:	13:33.09		1500m:	18:00.48	16.63
350m:	4:43.37	54.19	775m:	9:17.83		1150m:	14:27.20	54.11			
375m:	4:25.26		800m:	10:12.86	55.03	1175m:	14:09.09				
3.			2012		1		18:39.99	1	533		
25m:	16.31	16.31	400m:	4:54.61	18.43	775m:	9:36.46	18.72	1150m:	14:18.67	18.65
50m:	34.07	17.76	425m:	5:13.57	18.96	800m:	9:55.01	18.55	1175m:	14:37.53	18.86
75m:	52.57	18.50	450m:	5:32.06	18.49	825m:	10:14.10	19.09	1200m:	14:56.35	18.82
100m:	1:11.29	18.72	475m:	5:50.99	18.93	850m:	10:32.70	18.60	1225m:	15:15.24	18.89
125m:	1:30.00	18.71	500m:	6:09.51	18.52	875m:	10:51.76	19.06	1250m:	15:34.15	18.91
150m:	1:48.36	18.36	525m:	6:28.50	18.99	900m:	11:10.50	18.74	1275m:	15:53.26	19.11
175m:	2:06.90	18.54	550m:	6:47.31	18.81	925m:	11:29.44	18.94	1300m:	16:11.86	18.60
200m:	2:25.68	18.78	575m:	7:06.33	19.02	950m:	11:48.14	18.70	1325m:	16:30.91	19.05
225m:	2:44.19	18.51	600m:	7:25.01	18.68	975m:	12:06.99	18.85	1350m:	16:49.60	18.69
250m:	3:02.63	18.44	625m:	7:43.76	18.75	1000m:	12:25.71	18.72	1375m:	17:08.57	18.97
275m:	3:21.46	18.83	650m:	8:02.53	18.77	1025m:	12:44.68	18.97	1400m:	17:27.32	18.75
300m:	3:40.16	18.70	675m:	8:21.38	18.85	1050m:	13:03.44	18.76	1425m:	17:46.25	18.93
325m:	3:58.94	18.78	700m:	8:40.07	18.69	1075m:	13:22.27	18.83	1450m:	18:04.67	18.42
350m:	4:17.44	18.50	725m:	8:59.16	19.09	1100m:	13:41.19	18.92	1475m:	18:23.29	18.62
375m:	4:36.18	18.74	750m:	9:17.74	18.58	1125m:	14:00.02	18.83	1500m:	18:39.99	16.70

23, , 1500m , 11 - 13

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4.			2011	I	3-1		18:40.39	1	532			
	25m:	15.61	15.61	400m:	4:53.10	18.92	775m:	9:36.20	18.93	1150m:	14:18.75	19.00
	50m:	32.94	17.33	425m:	5:11.78	18.68	800m:	9:55.68	19.48	1175m:	14:37.19	18.44
	75m:	50.73	17.79	450m:	5:30.61	18.83	825m:	10:14.72	19.04	1200m:	14:55.98	18.79
	100m:	1:09.12	18.39	475m:	5:49.09	18.48	850m:	10:34.19	19.47	1225m:	15:14.53	18.55
	125m:	1:27.22	18.10	500m:	6:08.00	18.91	875m:	10:53.49	19.30	1250m:	15:33.30	18.77
	150m:	1:45.72	18.50	525m:	6:26.89	18.89	900m:	11:12.30	18.81	1275m:	15:51.99	18.69
	175m:	2:03.95	18.23	550m:	6:45.99	19.10	925m:	11:30.71	18.41	1300m:	16:10.81	18.82
	200m:	2:22.69	18.74	575m:	7:05.00	19.01	950m:	11:49.32	18.61	1325m:	16:29.56	18.75
	225m:	2:41.22	18.53	600m:	7:23.54	18.54	975m:	12:08.27	18.95	1350m:	16:48.64	19.08
	250m:	2:59.98	18.76	625m:	7:42.39	18.85	1000m:	12:27.13	18.86	1375m:	17:07.40	18.76
	275m:	3:18.66	18.68	650m:	8:01.07	18.68	1025m:	12:45.34	18.21	1400m:	17:26.57	19.17
	300m:	3:37.73	19.07	675m:	8:20.02	18.95	1050m:	13:03.83	18.49	1425m:	17:46.00	19.43
	325m:	3:56.34	18.61	700m:	8:39.43	19.41	1075m:	13:22.18	18.35	1450m:	18:05.00	19.00
	350m:	4:15.26	18.92	725m:	8:58.08	18.65	1100m:	13:40.88	18.70	1475m:	18:23.38	18.38
	375m:	4:34.18	18.92	750m:	9:17.27	19.19	1125m:	13:59.75	18.87	1500m:	18:40.39	17.01

5.			2012	II	3-2		18:48.08	1	521			
	25m:	16.10	16.10	400m:	4:55.46	19.11	775m:	9:40.39	18.84	1150m:	14:25.52	19.04
	50m:	33.46	17.36	425m:	5:14.58	19.12	800m:	9:59.55	19.16	1175m:	14:44.21	18.69
	75m:	51.82	18.36	450m:	5:33.76	19.18	825m:	10:18.49	18.94	1200m:	15:02.99	18.78
	100m:	1:10.63	18.81	475m:	5:52.90	19.14	850m:	10:37.37	18.88	1225m:	15:21.86	18.87
	125m:	1:29.19	18.56	500m:	6:12.11	19.21	875m:	10:56.20	18.83	1250m:	15:40.86	19.00
	150m:	1:48.04	18.85	525m:	6:31.12	19.01	900m:	11:15.52	19.32	1275m:	15:59.79	18.93
	175m:	2:06.41	18.37	550m:	6:50.34	19.22	925m:	11:34.43	18.91	1300m:	16:18.77	18.98
	200m:	2:24.88	18.47	575m:	7:09.22	18.88	950m:	11:53.65	19.22	1325m:	16:38.11	19.34
	225m:	2:44.05	19.17	600m:	7:28.10	18.88	975m:	12:12.33	18.68	1350m:	16:57.32	19.21
	250m:	3:02.77	18.72	625m:	7:46.90	18.80	1000m:	12:31.51	19.18	1375m:	17:16.14	18.82
	275m:	3:21.42	18.65	650m:	8:05.64	18.74	1025m:	12:50.37	18.86	1400m:	17:34.99	18.85
	300m:	3:40.23	18.81	675m:	8:24.56	18.92	1050m:	13:09.59	19.22	1425m:	17:53.42	18.43
	325m:	3:58.98	18.75	700m:	8:43.43	18.87	1075m:	13:28.60	19.01	1450m:	18:12.05	18.63
	350m:	4:17.65	18.67	725m:	9:02.47	19.04	1100m:	13:47.63	19.03	1475m:	18:29.57	17.52
	375m:	4:36.35	18.70	750m:	9:21.55	19.08	1125m:	14:06.48	18.85	1500m:	18:48.08	18.51

6.			2011		3-1		18:51.26	1	517			
	25m:	15.37	15.37	400m:	4:48.00	18.66	775m:	9:32.77	19.15	1150m:	14:20.07	19.27
	50m:	32.02	16.65	425m:	5:06.87	18.87	800m:	9:51.98	19.21	1175m:	14:39.16	19.09
	75m:	49.17	17.15	450m:	5:25.85	18.98	825m:	10:11.32	19.34	1200m:	14:58.67	19.51
	100m:	1:07.09	17.92	475m:	5:44.76	18.91	850m:	10:30.71	19.39	1225m:	15:18.09	19.42
	125m:	1:25.10	18.01	500m:	6:03.74	18.98	875m:	10:50.54	19.83	1250m:	15:37.27	19.18
	150m:	1:43.15	18.05	525m:	6:22.63	18.89	900m:	11:09.89	19.35	1275m:	15:56.65	19.38
	175m:	2:01.09	17.94	550m:	6:41.74	19.11	925m:	11:28.36	18.47	1300m:	16:16.14	19.49
	200m:	2:19.32	18.23	575m:	7:00.28	18.54	950m:	11:47.28	18.92	1325m:	16:35.69	19.55
	225m:	2:37.91	18.59	600m:	7:19.63	19.35	975m:	12:06.13	18.85	1350m:	16:55.38	19.69
	250m:	2:56.30	18.39	625m:	7:38.82	19.19	1000m:	12:25.60	19.47	1375m:	17:15.26	19.88
	275m:	3:14.81	18.51	650m:	7:58.00	19.18	1025m:	12:44.70	19.10	1400m:	17:35.21	19.95
	300m:	3:33.74	18.93	675m:	8:16.46	18.46	1050m:	13:03.65	18.95	1425m:	17:54.88	19.67
	325m:	3:52.32	18.58	700m:	8:35.44	18.98	1075m:	13:22.66	19.01	1450m:	18:14.29	19.41
	350m:	4:11.11	18.79	725m:	8:54.42	18.98	1100m:	13:41.88	19.22	1475m:	18:33.53	19.24
	375m:	4:29.34	18.23	750m:	9:13.62	19.20	1125m:	14:00.80	18.92	1500m:	18:51.26	17.73

7.			2011	2	2-1		19:19.20	1	480
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8.			2012	1	2-1		19:26.77	1	471
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9.			2012		1		19:32.10	1	465
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	25m:	17.09	17.09	325m:	4:12.64	19.97	625m:	8:09.30	20.33	925m:	12:04.89	19.82
	50m:	35.80	18.71	350m:	4:32.39	19.75	650m:	8:28.93	19.63	950m:	12:24.48	19.59
	75m:	55.23	19.43	375m:	4:52.16	19.77	675m:	8:48.53	19.60	975m:	12:43.91	19.43
	100m:	1:14.81	19.58	400m:	5:11.56	19.40	700m:	9:08.01	19.48	1000m:	13:03.69	19.78
	125m:	1:34.73	19.92	425m:	5:30.90	19.34	725m:	9:27.54	19.53	1025m:	13:22.99	19.30
	150m:	1:54.42	19.69	450m:	5:50.46	19.56	750m:	9:47.31	19.77	1050m:	13:42.55	19.56
	175m:	2:14.34	19.92	475m:	6:10.51	20.05	775m:	10:06.64	19.33	1075m:	14:01.97	19.42
	200m:	2:33.48	19.14	500m:	6:30.36	19.85	800m:	10:26.32	19.68	1100m:	14:21.17	19.20
	225m:	2:53.59	20.11	525m:	6:49.96	19.60	825m:	10:45.81	19.49	1125m:	14:40.63	19.46
	250m:	3:13.52	19.93	550m:	7:09.62	19.66	850m:	11:05.83	20.02	1150m:	15:00.47	19.84
	275m:	3:33.09	19.57	575m:	7:29.04	19.42	875m:	11:25.48	19.65	1175m:	15:19.90	19.43
	300m:	3:52.67	19.58	600m:	7:48.97	19.93	900m:	11:45.07	19.59	1200m:	15:39.55	19.65

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23, , 1500m		, 11 - 13				R.T					
1225m:	15:59.04	19.49	1300m:	16:57.63	19.35	1375m:	17:56.24	19.34	1450m:	18:54.84	19.35
1250m:	16:18.57	19.53	1325m:	17:17.20	19.57	1400m:	18:15.97	19.73	1475m:	19:14.03	19.19
1275m:	16:38.28	19.71	1350m:	17:36.90	19.70	1425m:	18:35.49	19.52	1500m:	19:32.10	18.07
10.			2012			1			19:38.29	1	457
25m:	17.26	17.26	375m:	4:50.46	38.87	775m:	10:05.11	38.90	1175m:	15:22.24	38.90
50m:	1:54.40	1:37.14	425m:	5:30.84	40.38	825m:	10:45.24	40.13	1225m:	16:02.53	40.29
75m:	55.59		475m:	6:10.31	39.47	875m:	11:24.17	38.93	1275m:	16:42.81	40.28
125m:	1:34.93	39.34	525m:	6:49.43	39.12	925m:	12:03.87	39.70	1325m:	17:22.06	39.25
175m:	2:14.11	39.18	575m:	7:28.74	39.31	975m:	12:43.61	39.74	1375m:	18:01.78	39.72
225m:	2:52.95	38.84	625m:	8:07.75	39.01	1025m:	13:23.00	39.39	1425m:	18:41.36	39.58
275m:	3:32.09	39.14	675m:	8:47.16	39.41	1075m:	14:03.51	40.51	1475m:	19:19.16	37.80
325m:	4:11.59	39.50	725m:	9:26.21	39.05	1125m:	14:43.34	39.83	1500m:	19:38.29	19.13
11.			2012			1			19:45.08	1	450
12.			2013			1			19:55.13	1	438
13.			2012			1			20:04.55	2	428
14.			2011						20:18.81	2	413
15.			2012			1			20:24.11	2	408
16.			2011	II		3-1			21:04.44	2	370
17.			2012						21:05.94	2	369
18.			2011			2-2			21:35.35	2	344
DNS			2013			1					
11											
1.			2013			1			19:55.13	1	438
DNS			2013			1					
12											
1.			2012			1			17:56.67		600
25m:	15.50	15.50	400m:	4:43.06	17.73	775m:	9:14.66	18.04	1150m:	13:46.64	18.38
50m:	32.14	16.64	425m:	5:00.73	17.67	800m:	9:32.74	18.08	1175m:	14:04.60	17.96
75m:	49.86	17.72	450m:	5:18.50	17.77	825m:	9:50.94	18.20	1200m:	14:22.43	17.83
100m:	1:07.59	17.73	475m:	5:36.36	17.86	850m:	10:08.66	17.72	1225m:	14:40.86	18.43
125m:	1:25.84	18.25	500m:	5:54.62	18.26	875m:	10:26.80	18.14	1250m:	14:58.67	17.81
150m:	1:43.26	17.42	525m:	6:13.08	18.46	900m:	10:44.90	18.10	1275m:	15:16.79	18.12
175m:	2:01.04	17.78	550m:	6:30.98	17.90	925m:	11:02.93	18.03	1300m:	15:34.91	18.12
200m:	2:19.00	17.96	575m:	6:49.54	18.56	950m:	11:21.25	18.32	1325m:	15:53.38	18.47
225m:	2:37.03	18.03	600m:	7:07.58	18.04	975m:	11:39.37	18.12	1350m:	16:12.03	18.65
250m:	2:55.01	17.98	625m:	7:25.63	18.05	1000m:	11:57.41	18.04	1375m:	16:29.83	17.80
275m:	3:13.13	18.12	650m:	7:43.80	18.17	1025m:	12:15.84	18.43	1400m:	16:48.50	18.67
300m:	3:31.22	18.09	675m:	8:03.02	19.22	1050m:	12:34.44	18.60	1425m:	17:06.13	17.63
325m:	3:49.15	17.93	700m:	8:20.93	17.91	1075m:	12:52.63	18.19	1450m:	17:23.83	17.70
350m:	4:07.12	17.97	725m:	8:38.99	18.06	1100m:	13:10.34	17.71	1475m:	17:40.51	16.68
375m:	4:25.33	18.21	750m:	8:56.62	17.63	1125m:	13:28.26	17.92	1500m:	17:56.67	16.16
2.			2012			1			18:00.48		593
25m:	15.44	15.44	375m:	4:25.26		775m:	9:17.83		1125m:	13:33.09	
50m:	32.08	16.64	400m:	5:19.82	54.56	800m:	10:12.86	55.03	1150m:	14:27.20	54.11
75m:	49.66	17.58	425m:	5:01.49		825m:	9:54.64		1175m:	14:09.09	
100m:	1:07.56	17.90	475m:	5:38.03	36.54	850m:	10:49.68	55.04	1200m:	15:03.21	54.12
125m:	1:25.16	17.60	525m:	6:14.40	36.37	875m:	10:31.06		1225m:	14:44.99	
150m:	1:43.08	17.92	550m:	6:32.82	18.42	900m:	11:26.26	55.20	1250m:	15:39.40	54.41
175m:	2:01.16	18.08	575m:	6:50.98	18.16	925m:	11:07.58		1275m:	15:21.63	
200m:	2:19.13	17.97	600m:	7:09.47	18.49	950m:	12:02.49	54.91	1300m:	16:15.31	53.68
225m:	2:36.95	17.82	625m:	7:27.28	17.81	975m:	11:44.33		1325m:	15:57.13	
250m:	2:55.15	18.20	650m:	7:45.80	18.52	1000m:	12:38.78	54.45	1350m:	16:50.97	53.84
275m:	3:13.34	18.19	675m:	8:04.13	18.33	1025m:	12:20.63		1375m:	16:33.11	
300m:	3:31.06	17.72	700m:	8:22.65	18.52	1050m:	13:14.75	54.12	1400m:	17:26.68	53.57
325m:	3:49.18	18.12	725m:	8:41.14	18.49	1075m:	12:56.72		1425m:	17:08.80	
350m:	4:43.37	54.19	750m:	9:36.52	55.38	1100m:	13:51.24	54.52	1450m:	18:00.62	51.82

23, , 1500m , 12

R.T

1475m: 17:43.85 1500m: 18:00.48 16.63

3. 2012 1 18:39.99 1 533

25m:	16.31	16.31	400m:	4:54.61	18.43	775m:	9:36.46	18.72	1150m:	14:18.67	18.65
50m:	34.07	17.76	425m:	5:13.57	18.96	800m:	9:55.01	18.55	1175m:	14:37.53	18.86
75m:	52.57	18.50	450m:	5:32.06	18.49	825m:	10:14.10	19.09	1200m:	14:56.35	18.82
100m:	1:11.29	18.72	475m:	5:50.99	18.93	850m:	10:32.70	18.60	1225m:	15:15.24	18.89
125m:	1:30.00	18.71	500m:	6:09.51	18.52	875m:	10:51.76	19.06	1250m:	15:34.15	18.91
150m:	1:48.36	18.36	525m:	6:28.50	18.99	900m:	11:10.50	18.74	1275m:	15:53.26	19.11
175m:	2:06.90	18.54	550m:	6:47.31	18.81	925m:	11:29.44	18.94	1300m:	16:11.86	18.60
200m:	2:25.68	18.78	575m:	7:06.33	19.02	950m:	11:48.14	18.70	1325m:	16:30.91	19.05
225m:	2:44.19	18.51	600m:	7:25.01	18.68	975m:	12:06.99	18.85	1350m:	16:49.60	18.69
250m:	3:02.63	18.44	625m:	7:43.76	18.75	1000m:	12:25.71	18.72	1375m:	17:08.57	18.97
275m:	3:21.46	18.83	650m:	8:02.53	18.77	1025m:	12:44.68	18.97	1400m:	17:27.32	18.75
300m:	3:40.16	18.70	675m:	8:21.38	18.85	1050m:	13:03.44	18.76	1425m:	17:46.25	18.93
325m:	3:58.94	18.78	700m:	8:40.07	18.69	1075m:	13:22.27	18.83	1450m:	18:04.67	18.42
350m:	4:17.44	18.50	725m:	8:59.16	19.09	1100m:	13:41.19	18.92	1475m:	18:23.29	18.62
375m:	4:36.18	18.74	750m:	9:17.74	18.58	1125m:	14:00.02	18.83	1500m:	18:39.99	16.70

4. 2012 II 3-2 18:48.08 1 521

25m:	16.10	16.10	400m:	4:55.46	19.11	775m:	9:40.39	18.84	1150m:	14:25.52	19.04
50m:	33.46	17.36	425m:	5:14.58	19.12	800m:	9:59.55	19.16	1175m:	14:44.21	18.69
75m:	51.82	18.36	450m:	5:33.76	19.18	825m:	10:18.49	18.94	1200m:	15:02.99	18.78
100m:	1:10.63	18.81	475m:	5:52.90	19.14	850m:	10:37.37	18.88	1225m:	15:21.86	18.87
125m:	1:29.19	18.56	500m:	6:12.11	19.21	875m:	10:56.20	18.83	1250m:	15:40.86	19.00
150m:	1:48.04	18.85	525m:	6:31.12	19.01	900m:	11:15.52	19.32	1275m:	15:59.79	18.93
175m:	2:06.41	18.37	550m:	6:50.34	19.22	925m:	11:34.43	18.91	1300m:	16:18.77	18.98
200m:	2:24.88	18.47	575m:	7:09.22	18.88	950m:	11:53.65	19.22	1325m:	16:38.11	19.34
225m:	2:44.05	19.17	600m:	7:28.10	18.88	975m:	12:12.33	18.68	1350m:	16:57.32	19.21
250m:	3:02.77	18.72	625m:	7:46.90	18.80	1000m:	12:31.51	19.18	1375m:	17:16.14	18.82
275m:	3:21.42	18.65	650m:	8:05.64	18.74	1025m:	12:50.37	18.86	1400m:	17:34.99	18.85
300m:	3:40.23	18.81	675m:	8:24.56	18.92	1050m:	13:09.59	19.22	1425m:	17:53.42	18.43
325m:	3:58.98	18.75	700m:	8:43.43	18.87	1075m:	13:28.60	19.01	1450m:	18:12.05	18.63
350m:	4:17.65	18.67	725m:	9:02.47	19.04	1100m:	13:47.63	19.03	1475m:	18:29.57	17.52
375m:	4:36.35	18.70	750m:	9:21.55	19.08	1125m:	14:06.48	18.85	1500m:	18:48.08	18.51

5. 2012 1 2-1 19:26.77 1 471

6. 2012 1 19:32.10 1 465

25m:	17.09	17.09	400m:	5:11.56	19.40	775m:	10:06.64	19.33	1150m:	15:00.47	19.84
50m:	35.80	18.71	425m:	5:30.90	19.34	800m:	10:26.32	19.68	1175m:	15:19.90	19.43
75m:	55.23	19.43	450m:	5:50.46	19.56	825m:	10:45.81	19.49	1200m:	15:39.55	19.65
100m:	1:14.81	19.58	475m:	6:10.51	20.05	850m:	11:05.83	20.02	1225m:	15:59.04	19.49
125m:	1:34.73	19.92	500m:	6:30.36	19.85	875m:	11:25.48	19.65	1250m:	16:18.57	19.53
150m:	1:54.42	19.69	525m:	6:49.96	19.60	900m:	11:45.07	19.59	1275m:	16:38.28	19.71
175m:	2:14.34	19.92	550m:	7:09.62	19.66	925m:	12:04.89	19.82	1300m:	16:57.63	19.35
200m:	2:33.48	19.14	575m:	7:29.04	19.42	950m:	12:24.48	19.59	1325m:	17:17.20	19.57
225m:	2:53.59	20.11	600m:	7:48.97	19.93	975m:	12:43.91	19.43	1350m:	17:36.90	19.70
250m:	3:13.52	19.93	625m:	8:09.30	20.33	1000m:	13:03.69	19.78	1375m:	17:56.24	19.34
275m:	3:33.09	19.57	650m:	8:28.93	19.63	1025m:	13:22.99	19.30	1400m:	18:15.97	19.73
300m:	3:52.67	19.58	675m:	8:48.53	19.60	1050m:	13:42.55	19.56	1425m:	18:35.49	19.52
325m:	4:12.64	19.97	700m:	9:08.01	19.48	1075m:	14:01.97	19.42	1450m:	18:54.84	19.35
350m:	4:32.39	19.75	725m:	9:27.54	19.53	1100m:	14:21.17	19.20	1475m:	19:14.03	19.19
375m:	4:52.16	19.77	750m:	9:47.31	19.77	1125m:	14:40.63	19.46	1500m:	19:32.10	18.07

7. 2012 1 19:38.29 1 457

25m:	17.26	17.26	375m:	4:50.46	38.87	775m:	10:05.11	38.90	1175m:	15:22.24	38.90
50m:	1:54.40	1:37.14	425m:	5:30.84	40.38	825m:	10:45.24	40.13	1225m:	16:02.53	40.29
75m:	55.59		475m:	6:10.31	39.47	875m:	11:24.17	38.93	1275m:	16:42.81	40.28
125m:	1:34.93	39.34	525m:	6:49.43	39.12	925m:	12:03.87	39.70	1325m:	17:22.06	39.25
175m:	2:14.11	39.18	575m:	7:28.74	39.31	975m:	12:43.61	39.74	1375m:	18:01.78	39.72
225m:	2:52.95	38.84	625m:	8:07.75	39.01	1025m:	13:23.00	39.39	1425m:	18:41.36	39.58
275m:	3:32.09	39.14	675m:	8:47.16	39.41	1075m:	14:03.51	40.51	1475m:	19:19.16	37.80
325m:	4:11.59	39.50	725m:	9:26.21	39.05	1125m:	14:43.34	39.83	1500m:	19:38.29	19.13

8. 2012 1 19:45.08 1 450

23, , 1500m , 12

R.T

9.			2012		1		20:04.55	2	428
10.			2012		1		20:24.11	2	408
11.			2012				21:05.94	2	369

13

1.			2011	I	3-1		18:40.39	1	532
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25m:	15.61	15.61	400m:	4:53.10	18.92	775m:	9:36.20	18.93	1150m:	14:18.75	19.00
50m:	32.94	17.33	425m:	5:11.78	18.68	800m:	9:55.68	19.48	1175m:	14:37.19	18.44
75m:	50.73	17.79	450m:	5:30.61	18.83	825m:	10:14.72	19.04	1200m:	14:55.98	18.79
100m:	1:09.12	18.39	475m:	5:49.09	18.48	850m:	10:34.19	19.47	1225m:	15:14.53	18.55
125m:	1:27.22	18.10	500m:	6:08.00	18.91	875m:	10:53.49	19.30	1250m:	15:33.30	18.77
150m:	1:45.72	18.50	525m:	6:26.89	18.89	900m:	11:12.30	18.81	1275m:	15:51.99	18.69
175m:	2:03.95	18.23	550m:	6:45.99	19.10	925m:	11:30.71	18.41	1300m:	16:10.81	18.82
200m:	2:22.69	18.74	575m:	7:05.00	19.01	950m:	11:49.32	18.61	1325m:	16:29.56	18.75
225m:	2:41.22	18.53	600m:	7:23.54	18.54	975m:	12:08.27	18.95	1350m:	16:48.64	19.08
250m:	2:59.98	18.76	625m:	7:42.39	18.85	1000m:	12:27.13	18.86	1375m:	17:07.40	18.76
275m:	3:18.66	18.68	650m:	8:01.07	18.68	1025m:	12:45.34	18.21	1400m:	17:26.57	19.17
300m:	3:37.73	19.07	675m:	8:20.02	18.95	1050m:	13:03.83	18.49	1425m:	17:46.00	19.43
325m:	3:56.34	18.61	700m:	8:39.43	19.41	1075m:	13:22.18	18.35	1450m:	18:05.00	19.00
350m:	4:15.26	18.92	725m:	8:58.08	18.65	1100m:	13:40.88	18.70	1475m:	18:23.38	18.38
375m:	4:34.18	18.92	750m:	9:17.27	19.19	1125m:	13:59.75	18.87	1500m:	18:40.39	17.01

2.			2011		3-1		18:51.26	1	517
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25m:	15.37	15.37	400m:	4:48.00	18.66	775m:	9:32.77	19.15	1150m:	14:20.07	19.27
50m:	32.02	16.65	425m:	5:06.87	18.87	800m:	9:51.98	19.21	1175m:	14:39.16	19.09
75m:	49.17	17.15	450m:	5:25.85	18.98	825m:	10:11.32	19.34	1200m:	14:58.67	19.51
100m:	1:07.09	17.92	475m:	5:44.76	18.91	850m:	10:30.71	19.39	1225m:	15:18.09	19.42
125m:	1:25.10	18.01	500m:	6:03.74	18.98	875m:	10:50.54	19.83	1250m:	15:37.27	19.18
150m:	1:43.15	18.05	525m:	6:22.63	18.89	900m:	11:09.89	19.35	1275m:	15:56.65	19.38
175m:	2:01.09	17.94	550m:	6:41.74	19.11	925m:	11:28.36	18.47	1300m:	16:16.14	19.49
200m:	2:19.32	18.23	575m:	7:00.28	18.54	950m:	11:47.28	18.92	1325m:	16:35.69	19.55
225m:	2:37.91	18.59	600m:	7:19.63	19.35	975m:	12:06.13	18.85	1350m:	16:55.38	19.69
250m:	2:56.30	18.39	625m:	7:38.82	19.19	1000m:	12:25.60	19.47	1375m:	17:15.26	19.88
275m:	3:14.81	18.51	650m:	7:58.00	19.18	1025m:	12:44.70	19.10	1400m:	17:35.21	19.95
300m:	3:33.74	18.93	675m:	8:16.46	18.46	1050m:	13:03.65	18.95	1425m:	17:54.88	19.67
325m:	3:52.32	18.58	700m:	8:35.44	18.98	1075m:	13:22.66	19.01	1450m:	18:14.29	19.41
350m:	4:11.11	18.79	725m:	8:54.42	18.98	1100m:	13:41.88	19.22	1475m:	18:33.53	19.24
375m:	4:29.34	18.23	750m:	9:13.62	19.20	1125m:	14:00.80	18.92	1500m:	18:51.26	17.73

3.			2011	2	2-1		19:19.20	1	480
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4.			2011				20:18.81	2	413
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5.			2011	II	3-1		21:04.44	2	370
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6.			2011		2-2		21:35.35	2	344
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