

24  
08.10.2024 - 15:33

, 1500m

11 - 13

: FINA 2023

		/				R.T						
11 - 13												
1.			2011	1		2-1		17:32.47	1	520		
	25m:	15.24	15.24	400m:	4:38.91	17.89	775m:	9:04.81	17.38	1150m:	13:30.14	18.03
	50m:	31.98	16.74	425m:	4:56.50	17.59	800m:	9:22.29	17.48	1175m:	13:47.47	17.33
	75m:	49.14	17.16	450m:	5:14.01	17.51	825m:	9:39.77	17.48	1200m:	14:05.52	18.05
	100m:	1:06.82	17.68	475m:	5:31.79	17.78	850m:	9:57.92	18.15	1225m:	14:22.95	17.43
	125m:	1:24.54	17.72	500m:	5:49.36	17.57	875m:	10:15.32	17.40	1250m:	14:40.74	17.79
	150m:	1:42.16	17.62	525m:	6:06.92	17.56	900m:	10:33.27	17.95	1275m:	14:58.22	17.48
	175m:	1:59.79	17.63	550m:	6:24.73	17.81	925m:	10:50.98	17.71	1300m:	15:16.26	18.04
	200m:	2:17.40	17.61	575m:	6:42.73	18.00	950m:	11:08.81	17.83	1325m:	15:33.42	17.16
	225m:	2:35.26	17.86	600m:	7:00.28	17.55	975m:	11:26.08	17.27	1350m:	15:51.28	17.86
	250m:	2:53.24	17.98	625m:	7:18.19	17.91	1000m:	11:43.88	17.80	1375m:	16:08.79	17.51
	275m:	3:10.74	17.50	650m:	7:36.10	17.91	1025m:	12:01.60	17.72	1400m:	16:26.50	17.71
	300m:	3:28.38	17.64	675m:	7:53.97	17.87	1050m:	12:19.55	17.95	1425m:	16:43.55	17.05
	325m:	3:45.86	17.48	700m:	8:11.62	17.65	1075m:	12:37.17	17.62	1450m:	17:00.97	17.42
	350m:	4:03.36	17.50	725m:	8:29.45	17.83	1100m:	12:55.10	17.93	1475m:	17:16.50	15.53
	375m:	4:21.02	17.66	750m:	8:47.43	17.98	1125m:	13:12.11	17.01	1500m:	17:32.47	15.97
2.												
			2011	1				17:34.39	1	518		
	25m:	15.98	15.98	400m:	4:40.61	17.84	775m:	9:04.98	17.26	1150m:	13:30.05	17.80
	50m:	33.19	17.21	425m:	4:58.09	17.48	800m:	9:22.83	17.85	1175m:	13:47.48	17.43
	75m:	50.77	17.58	450m:	5:15.76	17.67	825m:	9:40.28	17.45	1200m:	14:05.54	18.06
	100m:	1:08.36	17.59	475m:	5:33.21	17.45	850m:	9:58.27	17.99	1225m:	14:22.92	17.38
	125m:	1:25.83	17.47	500m:	5:51.05	17.84	875m:	10:15.52	17.25	1250m:	14:40.84	17.92
	150m:	1:43.82	17.99	525m:	6:08.41	17.36	900m:	10:33.62	18.10	1275m:	14:58.22	17.38
	175m:	2:01.41	17.59	550m:	6:26.39	17.98	925m:	10:50.92	17.30	1300m:	15:16.27	18.05
	200m:	2:19.36	17.95	575m:	6:43.73	17.34	950m:	11:08.96	18.04	1325m:	15:33.51	17.24
	225m:	2:36.90	17.54	600m:	7:01.66	17.93	975m:	11:26.34	17.38	1350m:	15:51.45	17.94
	250m:	2:54.99	18.09	625m:	7:19.06	17.40	1000m:	11:44.56	18.22	1375m:	16:08.80	17.35
	275m:	3:12.34	17.35	650m:	7:36.89	17.83	1025m:	12:01.92	17.36	1400m:	16:26.52	17.72
	300m:	3:29.99	17.65	675m:	7:54.18	17.29	1050m:	12:19.85	17.93	1425m:	16:43.67	17.15
	325m:	3:47.36	17.37	700m:	8:12.12	17.94	1075m:	12:37.25	17.40	1450m:	17:01.40	17.73
	350m:	4:05.27	17.91	725m:	8:29.66	17.54	1100m:	12:55.07	17.82	1475m:	17:18.14	16.74
	375m:	4:22.77	17.50	750m:	8:47.72	18.06	1125m:	13:12.25	17.18	1500m:	17:34.39	16.25
3.												
			2011	1-1				17:53.24	1	491		
4.												
			2012	1				18:04.48	1	476		
	25m:	15.76	15.76	400m:	4:42.39	17.92	775m:	9:15.73	18.36	1150m:	13:50.94	18.55
	50m:	32.73	16.97	425m:	5:00.42	18.03	800m:	9:33.90	18.17	1175m:	14:09.29	18.35
	75m:	50.39	17.66	450m:	5:18.44	18.02	825m:	9:52.42	18.52	1200m:	14:27.64	18.35
	100m:	1:08.07	17.68	475m:	5:36.41	17.97	850m:	10:10.71	18.29	1225m:	14:46.13	18.49
	125m:	1:25.92	17.85	500m:	5:54.46	18.05	875m:	10:28.98	18.27	1250m:	15:04.45	18.32
	150m:	1:43.78	17.86	525m:	6:12.64	18.18	900m:	10:47.29	18.31	1275m:	15:23.01	18.56
	175m:	2:01.72	17.94	550m:	6:30.99	18.35	925m:	11:05.59	18.30	1300m:	15:41.55	18.54
	200m:	2:19.52	17.80	575m:	6:49.24	18.25	950m:	11:24.01	18.42	1325m:	15:59.30	17.75
	225m:	2:37.42	17.90	600m:	7:07.35	18.11	975m:	11:42.26	18.25	1350m:	16:17.61	18.31
	250m:	2:55.34	17.92	625m:	7:25.65	18.30	1000m:	12:00.54	18.28	1375m:	16:36.05	18.44
	275m:	3:13.27	17.93	650m:	7:44.01	18.36	1025m:	12:18.92	18.38	1400m:	16:54.51	18.46
	300m:	3:30.87	17.60	675m:	8:02.55	18.54	1050m:	12:37.21	18.29	1425m:	17:12.51	18.00
	325m:	3:48.73	17.86	700m:	8:20.65	18.10	1075m:	12:55.43	18.22	1450m:	17:30.58	18.07
	350m:	4:06.47	17.74	725m:	8:38.93	18.28	1100m:	13:13.90	18.47	1475m:	17:48.03	17.45
	375m:	4:24.47	18.00	750m:	8:57.37	18.44	1125m:	13:32.39	18.49	1500m:	18:04.48	16.45



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	1425m: 17:45.15	19.12	1450m: 18:03.95	18.80	1475m: 18:20.97	17.02	1500m: 18:38.12	17.15	
9.			2011		4		<b>18:38.35</b>	2	434
10.			2011		1		<b>18:44.45</b>	2	427
	25m: 16.16	16.16	400m: 4:54.68	18.92	775m: 9:39.15	18.65	1150m: 14:23.80	19.13	
	50m: 33.48	17.32	425m: 5:13.09	18.41	800m: 9:57.80	18.65	1175m: 14:42.24	18.44	
	75m: 51.66	18.18	450m: 5:32.09	19.00	825m: 10:17.06	19.26	1200m: 15:00.98	18.74	
	100m: 1:10.29	18.63	475m: 5:50.63	18.54	850m: 10:36.66	19.60	1225m: 15:19.28	18.30	
	125m: 1:29.04	18.75	500m: 6:09.59	18.96	875m: 10:55.60	18.94	1250m: 15:38.18	18.90	
	150m: 1:47.23	18.19	525m: 6:28.83	19.24	900m: 11:14.06	18.46	1275m: 15:57.27	19.09	
	175m: 2:05.72	18.49	550m: 6:47.95	19.12	925m: 11:32.77	18.71	1300m: 16:16.38	19.11	
	200m: 2:24.40	18.68	575m: 7:06.95	19.00	950m: 11:52.00	19.23	1325m: 16:34.86	18.48	
	225m: 2:43.13	18.73	600m: 7:26.41	19.46	975m: 12:11.19	19.19	1350m: 16:53.77	18.91	
	250m: 3:01.74	18.61	625m: 7:45.37	18.96	1000m: 12:30.40	19.21	1375m: 17:12.74	18.97	
	275m: 3:20.39	18.65	650m: 8:04.57	19.20	1025m: 12:48.91	18.51	1400m: 17:31.99	19.25	
	300m: 3:39.42	19.03	675m: 8:23.48	18.91	1050m: 13:07.80	18.89	1425m: 17:50.97	18.98	
	325m: 3:57.87	18.45	700m: 8:42.15	18.67	1075m: 13:26.80	19.00	1450m: 18:09.32	18.35	
	350m: 4:16.77	18.90	725m: 9:00.94	18.79	1100m: 13:45.56	18.76	1475m: 18:27.24	17.92	
	375m: 4:35.76	18.99	750m: 9:20.50	19.56	1125m: 14:04.67	19.11	1500m: 18:44.45	17.21	
11.			2011		3-1		<b>18:44.46</b>	2	427
	25m: 15.99	15.99	500m: 8:01.46	2:12.33	925m: 11:29.34	38.05	1225m: 15:16.89	38.02	
	75m: 50.64	34.65	525m: 6:25.96		975m: 12:06.86	37.52	1275m: 15:55.00	38.11	
	125m: 1:27.14	36.50	550m: 8:39.34	2:13.38	1000m: 12:25.84	18.98	1300m: 16:14.27	19.27	
	175m: 2:04.04	36.90	575m: 7:04.39		1025m: 12:43.10	17.26	1325m: 16:33.22	18.95	
	225m: 2:41.35	37.31	625m: 7:42.40	38.01	1050m: 13:02.20	19.10	1350m: 16:52.49	19.27	
	275m: 3:18.67	37.32	675m: 8:20.37	37.97	1075m: 13:21.67	19.47	1375m: 17:11.63	19.14	
	325m: 3:56.06	37.39	725m: 8:58.02	37.65	1100m: 13:40.87	19.20	1400m: 18:44.64	1:33.01	
	375m: 4:33.67	37.61	775m: 9:35.86	37.84	1125m: 14:00.17	19.30	1425m: 17:49.19		
	425m: 5:11.33	37.66	825m: 10:13.39	37.53	1150m: 14:19.36	19.19	1475m: 18:26.73	37.54	
	475m: 5:49.13	37.80	875m: 10:51.29	37.90	1175m: 14:38.87	19.51	1500m: 18:44.46	17.73	
12.			2011	2	2-1		<b>18:44.48</b>	2	427
	25m: 16.30	16.30	400m: 4:58.40	18.93	775m: 9:40.67	18.61	1150m: 14:22.82	18.77	
	50m: 33.83	17.53	425m: 5:17.45	19.05	800m: 9:59.85	19.18	1175m: 14:42.58	19.76	
	75m: 52.36	18.53	450m: 5:36.32	18.87	825m: 10:19.52	19.67	1200m: 15:01.39	18.81	
	100m: 1:11.31	18.95	475m: 5:54.98	18.66	850m: 10:38.63	19.11	1225m: 15:20.22	18.83	
	125m: 1:30.02	18.71	500m: 6:13.45	18.47	875m: 10:57.42	18.79	1250m: 15:38.67	18.45	
	150m: 1:49.06	19.04	525m: 6:31.84	18.39	900m: 11:15.74	18.32	1275m: 15:57.91	19.24	
	175m: 2:08.20	19.14	550m: 6:50.33	18.49	925m: 11:34.40	18.66	1300m: 16:17.31	19.40	
	200m: 2:26.67	18.47	575m: 7:09.06	18.73	950m: 11:53.69	19.29	1325m: 16:36.19	18.88	
	225m: 2:44.91	18.24	600m: 7:27.92	18.86	975m: 12:12.93	19.24	1350m: 16:55.60	19.41	
	250m: 3:03.27	18.36	625m: 7:47.24	19.32	1000m: 12:31.76	18.83	1375m: 17:14.53	18.93	
	275m: 3:22.04	18.77	650m: 8:06.25	19.01	1025m: 12:50.06	18.30	1400m: 17:33.34	18.81	
	300m: 3:41.32	19.28	675m: 8:25.09	18.84	1050m: 13:08.48	18.42	1425m: 17:51.89	18.55	
	325m: 4:00.74	19.42	700m: 8:44.09	19.00	1075m: 13:26.82	18.34	1450m: 18:10.77	18.88	
	350m: 4:20.27	19.53	725m: 9:02.76	18.67	1100m: 13:45.05	18.23	1475m: 18:28.14	17.37	
	375m: 4:39.47	19.20	750m: 9:22.06	19.30	1125m: 14:04.05	19.00	1500m: 18:44.48	16.34	
13.			2012		2-2		<b>18:52.70</b>	2	417
	25m: 16.24	16.24	400m: 4:58.34	19.52	775m: 9:39.41	17.74	1150m: 14:25.82	19.42	
	50m: 33.67	17.43	425m: 5:16.97	18.63	800m: 9:58.53	19.12	1175m: 14:45.06	19.24	
	75m: 52.03	18.36	450m: 5:36.05	19.08	825m: 10:18.17	19.64	1200m: 15:04.03	18.97	
	100m: 1:10.96	18.93	475m: 5:54.95	18.90	850m: 10:37.27	19.10	1225m: 15:23.12	19.09	
	125m: 1:29.74	18.78	500m: 6:13.85	18.90	875m: 10:56.44	19.17	1250m: 15:42.42	19.30	
	150m: 1:48.49	18.75	525m: 6:31.96	18.11	900m: 11:15.48	19.04	1275m: 16:02.16	19.74	
	175m: 2:07.65	19.16	550m: 6:50.73	18.77	925m: 11:34.19	18.71	1300m: 16:21.61	19.45	
	200m: 2:26.72	19.07	575m: 7:09.38	18.65	950m: 11:53.13	18.94	1325m: 16:40.85	19.24	
	225m: 2:45.18	18.46	600m: 7:28.38	19.00	975m: 12:12.21	19.08	1350m: 17:00.60	19.75	
	250m: 3:03.77	18.59	625m: 7:47.15	18.77	1000m: 12:31.29	19.08	1375m: 17:20.37	19.77	
	275m: 3:22.32	18.55	650m: 8:06.09	18.94	1025m: 12:50.11	18.82	1400m: 17:39.85	19.48	
	300m: 3:41.77	19.45	675m: 8:25.22	19.13	1050m: 13:08.73	18.62	1425m: 17:59.08	19.23	
	325m: 4:00.62	18.85	700m: 8:44.19	18.97	1075m: 13:27.81	19.08	1450m: 18:16.43	17.35	
	350m: 4:19.88	19.26	725m: 9:02.69	18.50	1100m: 13:47.05	19.24	1475m: 18:34.49	18.06	
	375m: 4:38.82	18.94	750m: 9:21.67	18.98	1125m: 14:06.40	19.35	1500m: 18:52.70	18.21	

24, , 1500m		, 11 - 13				R.T		
14.		2012		1		<b>19:07.07</b>	2	402
	25m: 16.12	16.12	475m: 5:59.40	38.70	875m: 11:07.53	38.53	1275m: 16:16.49	39.00
	75m: 52.29	36.17	525m: 6:37.78	38.38	900m: 12:05.29	57.76	1325m: 16:55.07	38.58
	125m: 1:30.18	37.89	575m: 7:16.22	38.44	925m: 11:45.78		1375m: 17:33.35	38.28
	175m: 2:08.30	38.12	600m: 8:14.50	58.28	975m: 12:24.40	38.62	1425m: 18:11.56	38.21
	225m: 2:46.49	38.19	625m: 7:55.05		1025m: 13:02.72	38.32	1475m: 18:49.13	37.57
	275m: 3:25.11	38.62	675m: 8:33.56	38.51	1075m: 13:41.46	38.74	1500m: 19:07.07	17.94
	325m: 4:03.59	38.48	725m: 9:11.91	38.35	1125m: 14:20.78	39.32		
	375m: 4:42.29	38.70	775m: 9:50.46	38.55	1175m: 14:59.12	38.34		
	425m: 5:20.70	38.41	825m: 10:29.00	38.54	1225m: 15:37.49	38.37		
15.		2012		3-2		<b>19:26.48</b>	2	382
	25m: 16.51	16.51	400m: 5:04.54	19.46	775m: 10:00.24	20.45	1150m: 14:58.32	20.25
	50m: 34.26	17.75	425m: 5:24.21	19.67	800m: 10:19.83	19.59	1175m: 15:18.27	19.95
	75m: 52.72	18.46	450m: 5:43.75	19.54	825m: 10:39.79	19.96	1200m: 15:37.85	19.58
	100m: 1:11.74	19.02	475m: 6:03.28	19.53	850m: 10:59.75	19.96	1225m: 15:57.98	20.13
	125m: 1:30.90	19.16	500m: 6:23.19	19.91	875m: 11:19.65	19.90	1250m: 16:17.98	20.00
	150m: 1:49.91	19.01	525m: 6:42.90	19.71	900m: 11:39.68	20.03	1275m: 16:37.42	19.44
	175m: 2:09.26	19.35	550m: 7:02.58	19.68	925m: 11:59.81	20.13	1300m: 16:57.28	19.86
	200m: 2:28.87	19.61	575m: 7:21.88	19.30	950m: 12:19.46	19.65	1325m: 17:16.78	19.50
	225m: 2:48.48	19.61	600m: 7:41.33	19.45	975m: 12:39.13	19.67	1350m: 17:36.37	19.59
	250m: 3:07.80	19.32	625m: 8:00.73	19.40	1000m: 12:58.28	19.15	1375m: 17:55.76	19.39
	275m: 3:27.18	19.38	650m: 8:20.49	19.76	1025m: 13:18.07	19.79	1400m: 18:15.12	19.36
	300m: 3:46.50	19.32	675m: 8:39.97	19.48	1050m: 13:37.76	19.69	1425m: 18:34.40	19.28
	325m: 4:05.92	19.42	700m: 8:59.97	20.00	1075m: 13:57.52	19.76	1450m: 18:53.17	18.77
	350m: 4:25.52	19.60	725m: 9:19.74	19.77	1100m: 14:17.70	20.18	1475m: 19:10.13	16.96
	375m: 4:45.08	19.56	750m: 9:39.79	20.05	1125m: 14:38.07	20.37	1500m: 19:26.48	16.35
16.		2012		2-2		<b>19:30.99</b>	2	378
17.		2012		1		<b>19:35.43</b>	2	374
	25m: 16.70	16.70	400m: 5:06.46	19.84	775m: 10:03.51	19.82	1150m: 15:00.01	19.87
	50m: 35.02	18.32	425m: 5:26.17	19.71	800m: 10:23.11	19.60	1175m: 15:19.63	19.62
	75m: 54.29	19.27	450m: 5:45.52	19.35	825m: 10:42.80	19.69	1200m: 15:39.00	19.37
	100m: 1:13.68	19.39	475m: 6:05.34	19.82	850m: 11:02.59	19.79	1225m: 15:58.79	19.79
	125m: 1:32.90	19.22	500m: 6:24.68	19.34	875m: 11:22.31	19.72	1250m: 16:18.24	19.45
	150m: 1:52.88	19.98	525m: 6:44.14	19.46	900m: 11:42.24	19.93	1275m: 16:38.01	19.77
	175m: 2:12.32	19.44	550m: 7:04.02	19.88	925m: 12:02.38	20.14	1300m: 16:58.26	20.25
	200m: 2:31.97	19.65	575m: 7:23.61	19.59	950m: 12:21.75	19.37	1325m: 17:18.39	20.13
	225m: 2:51.48	19.51	600m: 7:43.74	20.13	975m: 12:41.66	19.91	1350m: 17:38.11	19.72
	250m: 3:10.22	18.74	625m: 8:03.96	20.22	1000m: 13:01.11	19.45	1375m: 17:58.28	20.17
	275m: 3:29.46	19.24	650m: 8:24.18	20.22	1025m: 13:21.20	20.09	1400m: 18:18.67	20.39
	300m: 3:48.97	19.51	675m: 8:44.08	19.90	1050m: 13:41.21	20.01	1425m: 18:39.01	20.34
	325m: 4:08.37	19.40	700m: 9:03.96	19.88	1075m: 14:01.37	20.16	1450m: 18:57.83	18.82
	350m: 4:27.56	19.19	725m: 9:24.06	20.10	1100m: 14:20.66	19.29	1475m: 19:16.73	18.90
	375m: 4:46.62	19.06	750m: 9:43.69	19.63	1125m: 14:40.14	19.48	1500m: 19:35.43	18.70
18.		2013		1		<b>19:43.48</b>	2	366
19.		2013		4		<b>19:44.70</b>	2	365
		2011		1		<b>19:44.70</b>	2	365
21.		2011		1-1		<b>19:57.10</b>	2	354
22.		2012		1		<b>20:04.33</b>	2	347
23.		2012		1		<b>20:04.49</b>	2	347
24.		2012	2	2-1		<b>20:43.74</b>	3	315
25.		2011	2	2-1		<b>20:44.44</b>	3	315
26.		2012		1		<b>21:24.19</b>	3	286
DNS		2012		1				
DNS		2012		1				
DNS		2012		1				

24, , 1500m

11	1.		2013	1	<b>19:43.48</b>	2	366
	2.		2013	4	<b>19:44.70</b>	2	365

12	1.		2012	1	<b>18:04.48</b>	1	476
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25m:	15.76	15.76	400m:	4:42.39	17.92	775m:	9:15.73	18.36	1150m:	13:50.94	18.55
50m:	32.73	16.97	425m:	5:00.42	18.03	800m:	9:33.90	18.17	1175m:	14:09.29	18.35
75m:	50.39	17.66	450m:	5:18.44	18.02	825m:	9:52.42	18.52	1200m:	14:27.64	18.35
100m:	1:08.07	17.68	475m:	5:36.41	17.97	850m:	10:10.71	18.29	1225m:	14:46.13	18.49
125m:	1:25.92	17.85	500m:	5:54.46	18.05	875m:	10:28.98	18.27	1250m:	15:04.45	18.32
150m:	1:43.78	17.86	525m:	6:12.64	18.18	900m:	10:47.29	18.31	1275m:	15:23.01	18.56
175m:	2:01.72	17.94	550m:	6:30.99	18.35	925m:	11:05.59	18.30	1300m:	15:41.55	18.54
200m:	2:19.52	17.80	575m:	6:49.24	18.25	950m:	11:24.01	18.42	1325m:	15:59.30	17.75
225m:	2:37.42	17.90	600m:	7:07.35	18.11	975m:	11:42.26	18.25	1350m:	16:17.61	18.31
250m:	2:55.34	17.92	625m:	7:25.65	18.30	1000m:	12:00.54	18.28	1375m:	16:36.05	18.44
275m:	3:13.27	17.93	650m:	7:44.01	18.36	1025m:	12:18.92	18.38	1400m:	16:54.51	18.46
300m:	3:30.87	17.60	675m:	8:02.55	18.54	1050m:	12:37.21	18.29	1425m:	17:12.51	18.00
325m:	3:48.73	17.86	700m:	8:20.65	18.10	1075m:	12:55.43	18.22	1450m:	17:30.58	18.07
350m:	4:06.47	17.74	725m:	8:38.93	18.28	1100m:	13:13.90	18.47	1475m:	17:48.03	17.45
375m:	4:24.47	18.00	750m:	8:57.37	18.44	1125m:	13:32.39	18.49	1500m:	18:04.48	16.45

2.			2012	1	<b>18:36.23</b>	2	436
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25m:	16.75	16.75	400m:	4:57.96	18.99	775m:	9:38.49	18.31	1150m:	14:16.88	18.82
50m:	34.62	17.87	425m:	5:16.69	18.73	800m:	9:56.87	18.38	1175m:	14:35.55	18.67
75m:	52.88	18.26	450m:	5:35.20	18.51	825m:	10:15.34	18.47	1200m:	14:54.23	18.68
100m:	1:11.85	18.97	475m:	5:54.20	19.00	850m:	10:33.94	18.60	1225m:	15:13.02	18.79
125m:	1:30.51	18.66	500m:	6:12.97	18.77	875m:	10:52.32	18.38	1250m:	15:31.72	18.70
150m:	1:49.16	18.65	525m:	6:32.09	19.12	900m:	11:10.97	18.65	1275m:	15:50.97	19.25
175m:	2:08.08	18.92	550m:	6:50.72	18.63	925m:	11:29.30	18.33	1300m:	16:09.75	18.78
200m:	2:26.34	18.26	575m:	7:09.91	19.19	950m:	11:47.77	18.47	1325m:	16:28.69	18.94
225m:	2:45.31	18.97	600m:	7:28.17	18.26	975m:	12:06.06	18.29	1350m:	16:47.20	18.51
250m:	3:04.41	19.10	625m:	7:46.84	18.67	1000m:	12:24.79	18.73	1375m:	17:05.92	18.72
275m:	3:23.12	18.71	650m:	8:05.21	18.37	1025m:	12:43.16	18.37	1400m:	17:24.45	18.53
300m:	3:42.26	19.14	675m:	8:23.70	18.49	1050m:	13:01.88	18.72	1425m:	17:43.18	18.73
325m:	4:00.98	18.72	700m:	8:42.27	18.57	1075m:	13:20.53	18.65	1450m:	18:01.62	18.44
350m:	4:19.80	18.82	725m:	9:01.15	18.88	1100m:	13:39.25	18.72	1475m:	18:19.16	17.54
375m:	4:38.97	19.17	750m:	9:20.18	19.03	1125m:	13:58.06	18.81	1500m:	18:36.23	17.07

3.			2012	1	<b>18:38.12</b>	2	434
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25m:	15.95	15.95	400m:	4:54.30	18.88	775m:	9:33.53	18.47	1150m:	14:16.43	18.86
50m:	33.66	17.71	425m:	5:12.76	18.46	800m:	9:52.44	18.91	1175m:	14:35.51	19.08
75m:	51.87	18.21	450m:	5:31.33	18.57	825m:	10:11.45	19.01	1200m:	14:55.05	19.54
100m:	1:10.16	18.29	475m:	5:49.44	18.11	850m:	10:30.30	18.85	1225m:	15:13.83	18.78
125m:	1:28.31	18.15	500m:	6:08.00	18.56	875m:	10:48.93	18.63	1250m:	15:32.93	19.10
150m:	1:46.51	18.20	525m:	6:26.46	18.46	900m:	11:07.65	18.72	1275m:	15:51.59	18.66
175m:	2:05.29	18.78	550m:	6:45.32	18.86	925m:	11:26.13	18.48	1300m:	16:10.64	19.05
200m:	2:24.06	18.77	575m:	7:03.45	18.13	950m:	11:44.95	18.82	1325m:	16:29.45	18.81
225m:	2:42.51	18.45	600m:	7:22.66	19.21	975m:	12:03.72	18.77	1350m:	16:48.39	18.94
250m:	3:01.51	19.00	625m:	7:41.41	18.75	1000m:	12:22.49	18.77	1375m:	17:07.08	18.69
275m:	3:20.31	18.80	650m:	8:00.30	18.89	1025m:	12:41.45	18.96	1400m:	17:26.03	18.95
300m:	3:39.35	19.04	675m:	8:18.85	18.55	1050m:	13:00.40	18.95	1425m:	17:45.15	19.12
325m:	3:57.95	18.60	700m:	8:37.43	18.58	1075m:	13:19.15	18.75	1450m:	18:03.95	18.80
350m:	4:16.51	18.56	725m:	8:56.08	18.65	1100m:	13:38.78	19.63	1475m:	18:20.97	17.02
375m:	4:35.42	18.91	750m:	9:15.06	18.98	1125m:	13:57.57	18.79	1500m:	18:38.12	17.15



		24,		, 1500m		, 12																	
																R.T							
10.	, ,							2012		1								<b>20:04.49</b>	2	347			
11.	, ,							2012	2											<b>20:43.74</b>	3	315	
12.	, ,							2012		1											<b>21:24.19</b>	3	286
DNS	, ,							2012		1													
DNS	, ,							2012		1													
DNS	, ,							2012		1													

13  
 1. 2011 1 2-1 **17:32.47** 1 520

25m:	15.24	15.24	400m:	4:38.91	17.89	775m:	9:04.81	17.38	1150m:	13:30.14	18.03
50m:	31.98	16.74	425m:	4:56.50	17.59	800m:	9:22.29	17.48	1175m:	13:47.47	17.33
75m:	49.14	17.16	450m:	5:14.01	17.51	825m:	9:39.77	17.48	1200m:	14:05.52	18.05
100m:	1:06.82	17.68	475m:	5:31.79	17.78	850m:	9:57.92	18.15	1225m:	14:22.95	17.43
125m:	1:24.54	17.72	500m:	5:49.36	17.57	875m:	10:15.32	17.40	1250m:	14:40.74	17.79
150m:	1:42.16	17.62	525m:	6:06.92	17.56	900m:	10:33.27	17.95	1275m:	14:58.22	17.48
175m:	1:59.79	17.63	550m:	6:24.73	17.81	925m:	10:50.98	17.71	1300m:	15:16.26	18.04
200m:	2:17.40	17.61	575m:	6:42.73	18.00	950m:	11:08.81	17.83	1325m:	15:33.42	17.16
225m:	2:35.26	17.86	600m:	7:00.28	17.55	975m:	11:26.08	17.27	1350m:	15:51.28	17.86
250m:	2:53.24	17.98	625m:	7:18.19	17.91	1000m:	11:43.88	17.80	1375m:	16:08.79	17.51
275m:	3:10.74	17.50	650m:	7:36.10	17.91	1025m:	12:01.60	17.72	1400m:	16:26.50	17.71
300m:	3:28.38	17.64	675m:	7:53.97	17.87	1050m:	12:19.55	17.95	1425m:	16:43.55	17.05
325m:	3:45.86	17.48	700m:	8:11.62	17.65	1075m:	12:37.17	17.62	1450m:	17:00.97	17.42
350m:	4:03.36	17.50	725m:	8:29.45	17.83	1100m:	12:55.10	17.93	1475m:	17:16.50	15.53
375m:	4:21.02	17.66	750m:	8:47.43	17.98	1125m:	13:12.11	17.01	1500m:	17:32.47	15.97

2. 2011 1 **17:34.39** 1 518

25m:	15.98	15.98	400m:	4:40.61	17.84	775m:	9:04.98	17.26	1150m:	13:30.05	17.80
50m:	33.19	17.21	425m:	4:58.09	17.48	800m:	9:22.83	17.85	1175m:	13:47.48	17.43
75m:	50.77	17.58	450m:	5:15.76	17.67	825m:	9:40.28	17.45	1200m:	14:05.54	18.06
100m:	1:08.36	17.59	475m:	5:33.21	17.45	850m:	9:58.27	17.99	1225m:	14:22.92	17.38
125m:	1:25.83	17.47	500m:	5:51.05	17.84	875m:	10:15.52	17.25	1250m:	14:40.84	17.92
150m:	1:43.82	17.99	525m:	6:08.41	17.36	900m:	10:33.62	18.10	1275m:	14:58.22	17.38
175m:	2:01.41	17.59	550m:	6:26.39	17.98	925m:	10:50.92	17.30	1300m:	15:16.27	18.05
200m:	2:19.36	17.95	575m:	6:43.73	17.34	950m:	11:08.96	18.04	1325m:	15:33.51	17.24
225m:	2:36.90	17.54	600m:	7:01.66	17.93	975m:	11:26.34	17.38	1350m:	15:51.45	17.94
250m:	2:54.99	18.09	625m:	7:19.06	17.40	1000m:	11:44.56	18.22	1375m:	16:08.80	17.35
275m:	3:12.34	17.35	650m:	7:36.89	17.83	1025m:	12:01.92	17.36	1400m:	16:26.52	17.72
300m:	3:29.99	17.65	675m:	7:54.18	17.29	1050m:	12:19.85	17.93	1425m:	16:43.67	17.15
325m:	3:47.36	17.37	700m:	8:12.12	17.94	1075m:	12:37.25	17.40	1450m:	17:01.40	17.73
350m:	4:05.27	17.91	725m:	8:29.66	17.54	1100m:	12:55.07	17.82	1475m:	17:18.14	16.74
375m:	4:22.77	17.50	750m:	8:47.72	18.06	1125m:	13:12.25	17.18	1500m:	17:34.39	16.25

3. 2011 1-1 **17:53.24** 1 491

4. 2011 3-1 **18:31.23** 2 442

25m:	15.95	15.95	400m:	4:53.46	18.33	775m:	9:32.32	18.08	1150m:	14:12.14	18.65
50m:	33.68	17.73	425m:	5:12.01	18.55	800m:	9:50.95	18.63	1175m:	14:31.21	19.07
75m:	52.13	18.45	450m:	5:30.61	18.60	825m:	10:09.42	18.47	1200m:	14:49.54	18.33
100m:	1:10.79	18.66	475m:	5:49.02	18.41	850m:	10:28.05	18.63	1225m:	15:08.25	18.71
125m:	1:29.16	18.37	500m:	6:07.74	18.72	875m:	10:46.52	18.47	1250m:	15:26.61	18.36
150m:	1:48.00	18.84	525m:	6:26.49	18.75	900m:	11:05.48	18.96	1275m:	15:45.44	18.83
175m:	2:06.53	18.53	550m:	6:45.43	18.94	925m:	11:24.38	18.90	1300m:	16:04.30	18.86
200m:	2:24.97	18.44	575m:	7:03.81	18.38	950m:	11:42.71	18.33	1325m:	16:23.17	18.87
225m:	2:43.35	18.38	600m:	7:22.33	18.52	975m:	12:01.39	18.68	1350m:	16:41.87	18.70
250m:	3:01.89	18.54	625m:	7:40.72	18.39	1000m:	12:20.33	18.94	1375m:	17:00.56	18.69
275m:	3:20.61	18.72	650m:	7:59.49	18.77	1025m:	12:39.13	18.80	1400m:	17:19.25	18.69
300m:	3:39.40	18.79	675m:	8:18.27	18.78	1050m:	12:57.38	18.25	1425m:	17:38.03	18.78
325m:	3:58.07	18.67	700m:	8:36.73	18.46	1075m:	13:15.86	18.48	1450m:	17:56.31	18.28
350m:	4:16.62	18.55	725m:	8:55.62	18.89	1100m:	13:34.61	18.75	1475m:	18:14.21	17.90
375m:	4:35.13	18.51	750m:	9:14.24	18.62	1125m:	13:53.49	18.88	1500m:	18:31.23	17.02

24, 1500m , 13

R.T

5.			2011		3-1		<b>18:35.37</b> 2	437			
	25m:	15.60	400m:	4:48.46	18.82	775m:	9:29.88	18.67	1150m:	14:14.11	19.49
	50m:	32.66	425m:	5:06.54	18.08	800m:	9:48.95	19.07	1175m:	14:33.02	18.91
	75m:	50.45	450m:	5:25.26	18.72	825m:	10:07.15	18.20	1200m:	14:51.87	18.85
	100m:	1:08.26	475m:	5:43.94	18.68	850m:	10:26.09	18.94	1225m:	15:11.15	19.28
	125m:	1:26.25	500m:	6:03.02	19.08	875m:	10:45.42	19.33	1250m:	15:30.41	19.26
	150m:	1:44.49	525m:	6:21.82	18.80	900m:	11:04.78	19.36	1275m:	15:49.65	19.24
	175m:	2:02.58	550m:	6:40.50	18.68	925m:	11:23.09	18.31	1300m:	16:08.76	19.11
	200m:	2:20.69	575m:	6:59.01	18.51	950m:	11:41.48	18.39	1325m:	16:27.73	18.97
	225m:	2:38.65	600m:	7:18.14	19.13	975m:	12:00.21	18.73	1350m:	16:46.41	18.68
	250m:	2:56.91	625m:	7:36.56	18.42	1000m:	12:19.46	19.25	1375m:	17:04.80	18.39
	275m:	3:15.08	650m:	7:55.21	18.65	1025m:	12:37.98	18.52	1400m:	17:23.00	18.20
	300m:	3:33.62	675m:	8:14.20	18.99	1050m:	12:57.35	19.37	1425m:	17:41.60	18.60
	325m:	3:52.08	700m:	8:33.21	19.01	1075m:	13:16.37	19.02	1450m:	18:00.31	18.71
	350m:	4:11.17	725m:	8:51.83	18.62	1100m:	13:35.62	19.25	1475m:	18:18.26	17.95
	375m:	4:29.64	750m:	9:11.21	19.38	1125m:	13:54.62	19.00	1500m:	18:35.37	17.11
6.			2011		4		<b>18:38.35</b> 2	434			
7.			2011		1		<b>18:44.45</b> 2	427			
	25m:	16.16	400m:	4:54.68	18.92	775m:	9:39.15	18.65	1150m:	14:23.80	19.13
	50m:	33.48	425m:	5:13.09	18.41	800m:	9:57.80	18.65	1175m:	14:42.24	18.44
	75m:	51.66	450m:	5:32.09	19.00	825m:	10:17.06	19.26	1200m:	15:00.98	18.74
	100m:	1:10.29	475m:	5:50.63	18.54	850m:	10:36.66	19.60	1225m:	15:19.28	18.30
	125m:	1:29.04	500m:	6:09.59	18.96	875m:	10:55.60	18.94	1250m:	15:38.18	18.90
	150m:	1:47.23	525m:	6:28.83	19.24	900m:	11:14.06	18.46	1275m:	15:57.27	19.09
	175m:	2:05.72	550m:	6:47.95	19.12	925m:	11:32.77	18.71	1300m:	16:16.38	19.11
	200m:	2:24.40	575m:	7:06.95	19.00	950m:	11:52.00	19.23	1325m:	16:34.86	18.48
	225m:	2:43.13	600m:	7:26.41	19.46	975m:	12:11.19	19.19	1350m:	16:53.77	18.91
	250m:	3:01.74	625m:	7:45.37	18.96	1000m:	12:30.40	19.21	1375m:	17:12.74	18.97
	275m:	3:20.39	650m:	8:04.57	19.20	1025m:	12:48.91	18.51	1400m:	17:31.99	19.25
	300m:	3:39.42	675m:	8:23.48	18.91	1050m:	13:07.80	18.89	1425m:	17:50.97	18.98
	325m:	3:57.87	700m:	8:42.15	18.67	1075m:	13:26.80	19.00	1450m:	18:09.32	18.35
	350m:	4:16.77	725m:	9:00.94	18.79	1100m:	13:45.56	18.76	1475m:	18:27.24	17.92
	375m:	4:35.76	750m:	9:20.50	19.56	1125m:	14:04.67	19.11	1500m:	18:44.45	17.21
8.			2011		3-1		<b>18:44.46</b> 2	427			
	25m:	15.99	500m:	8:01.46	2:12.33	925m:	11:29.34	38.05	1225m:	15:16.89	38.02
	75m:	50.64	525m:	6:25.96		975m:	12:06.86	37.52	1275m:	15:55.00	38.11
	125m:	1:27.14	550m:	8:39.34	2:13.38	1000m:	12:25.84	18.98	1300m:	16:14.27	19.27
	175m:	2:04.04	575m:	7:04.39		1025m:	12:43.10	17.26	1325m:	16:33.22	18.95
	225m:	2:41.35	625m:	7:42.40	38.01	1050m:	13:02.20	19.10	1350m:	16:52.49	19.27
	275m:	3:18.67	675m:	8:20.37	37.97	1075m:	13:21.67	19.47	1375m:	17:11.63	19.14
	325m:	3:56.06	725m:	8:58.02	37.65	1100m:	13:40.87	19.20	1400m:	18:44.64	1:33.01
	375m:	4:33.67	775m:	9:35.86	37.84	1125m:	14:00.17	19.30	1425m:	17:49.19	
	425m:	5:11.33	825m:	10:13.39	37.53	1150m:	14:19.36	19.19	1475m:	18:26.73	37.54
	475m:	5:49.13	875m:	10:51.29	37.90	1175m:	14:38.87	19.51	1500m:	18:44.46	17.73
9.			2011	2		2-1		<b>18:44.48</b> 2	427		
	25m:	16.30	400m:	4:58.40	18.93	775m:	9:40.67	18.61	1150m:	14:22.82	18.77
	50m:	33.83	425m:	5:17.45	19.05	800m:	9:59.85	19.18	1175m:	14:42.58	19.76
	75m:	52.36	450m:	5:36.32	18.87	825m:	10:19.52	19.67	1200m:	15:01.39	18.81
	100m:	1:11.31	475m:	5:54.98	18.66	850m:	10:38.63	19.11	1225m:	15:20.22	18.83
	125m:	1:30.02	500m:	6:13.45	18.47	875m:	10:57.42	18.79	1250m:	15:38.67	18.45
	150m:	1:49.06	525m:	6:31.84	18.39	900m:	11:15.74	18.32	1275m:	15:57.91	19.24
	175m:	2:08.20	550m:	6:50.33	18.49	925m:	11:34.40	18.66	1300m:	16:17.31	19.40
	200m:	2:26.67	575m:	7:09.06	18.73	950m:	11:53.69	19.29	1325m:	16:36.19	18.88
	225m:	2:44.91	600m:	7:27.92	18.86	975m:	12:12.93	19.24	1350m:	16:55.60	19.41
	250m:	3:03.27	625m:	7:47.24	19.32	1000m:	12:31.76	18.83	1375m:	17:14.53	18.93
	275m:	3:22.04	650m:	8:06.25	19.01	1025m:	12:50.06	18.30	1400m:	17:33.34	18.81
	300m:	3:41.32	675m:	8:25.09	18.84	1050m:	13:08.48	18.42	1425m:	17:51.89	18.55
	325m:	4:00.74	700m:	8:44.09	19.00	1075m:	13:26.82	18.34	1450m:	18:10.77	18.88
	350m:	4:20.27	725m:	9:02.76	18.67	1100m:	13:45.05	18.23	1475m:	18:28.14	17.37
	375m:	4:39.47	750m:	9:22.06	19.30	1125m:	14:04.05	19.00	1500m:	18:44.48	16.34
10.			2011		1		<b>19:44.70</b> 2	365			

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OMEGA ARES 21



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11.	,	2011			1-1	<b>19:57.10</b>	2	354
12.	,	2011	2	.	2-1	<b>20:44.44</b>	3	315