

2

1.	400	4:26.16	700	200	2:09.51	663	100	1:00.22	633	50	29.59	1363	2
												562	
2.	200	2:23.82	674	400	5:06.51	656	100	1:01.50	594			1330	2
3.	50	30.98	660	100	1:06.05	658	200	2:26.49	597	50	28.51	1318	2
	100	1:02.55	564									572	
4.	100	59.38	660	50	27.44	641	200	2:12.30	622	50	30.21	1301	2
												528	
5.	200	2:25.59	650	100	59.90	643	200	2:13.13	611	50	28.01	1293	2
												603	
6.	100	54.23	645	200	1:58.93	630	400	4:17.47	624	50	25.34	1275	2
												561	
7.	50	27.59	631	100	1:00.48	625	50	28.61	622	200	2:15.53	1256	2
												579	
8.	400	4:17.46	624	200	2:00.85	601	100	56.23	578	50	26.97	1225	2
												466	
9.	400	5:13.15	615	200	2:28.89	607	100	1:05.99	594	200	2:27.80	1222	2
												559	
10.	200	2:12.95	613	100	1:01.10	606	400	4:40.35	599	50	28.59	1219	2
												567	
11.	100	1:00.99	609	200	2:13.42	607	50	28.06	600	100	1:09.50	1216	2
	200	2:31.28	542									564	
12.	200	2:12.85	615	100	1:01.34	599	400	4:40.94	595	50	28.27	1214	2
												586	
	800	9:29.43	617	1500	18:12.99	597	400	4:42.54	585	200	2:16.21	1214	2
	100	1:04.01	527	50	29.70	506						570	
14.	400	4:18.57	616	800	8:57.81	594	1500	17:17.79	591	200	2:03.56	1210	2
	200	2:17.42	540	100	1:06.16	474						562	
15.	50	28.00	607	100	1:01.41	593	100	57.09	553	50	27.50	1200	2
	200	2:19.19	519	100	1:02.15	503						531	
16.	400	4:19.64	608	800	9:00.59	585	200	2:03.43	564	50	26.16	1193	2
												510	

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2024

17.	400	4:41.64	591	200	2:15.38	581	100	1:03.36	543	50	29.47	518	1172	2
18.	400	4:22.35	590	800	9:04.00	574	200	2:04.73	546	100	1:08.28	431	1164	2
19.	200	2:27.00	628	100	1:10.21	531	50	33.49	465				1159	2
20.	400	4:22.99	585	200	2:02.81	572	100	57.93	529	50	27.62	433	1157	2
21.	400	4:24.11	578	800	9:03.08	576	1500	17:29.90	571				1154	2
22.	50	32.06	595	100	1:09.88	555	100	1:07.97	543	50	30.46	515	1150	2
23.	100	1:01.86	584	200	2:16.92	561	50	28.77	556	400	5:02.04	479	1145	2
	50	32.44	427	200	2:57.22	324								
24.	100	55.85	590	200	2:04.35	551	50	25.68	539	400	4:33.46	521	1141	2
25.	200	2:31.20	580	200	2:48.82	557	50	28.80	555	50	35.89	544	1137	2
26.	400	4:51.19	587	100	57.24	548	200	2:20.01	539	400	4:34.81	513	1135	2
27.	100	56.27	577	200	2:04.01	556	50	26.45	494	100	1:19.30	369	1133	2
	200	2:31.25	579	100	1:07.55	554	400	5:26.97	540	200	2:31.13	523	1133	2
	100	1:04.38	518	50	30.92	493								
29.	200	2:29.55	597	100	1:10.04	535	50	32.65	502				1132	2
30.	1500	17:24.91	579	400	4:28.26	552	800	9:14.55	541	50	27.73	428	1131	2
31.	50	31.38	565	100	56.68	565	100	1:10.92	515				1130	2
								Mychamps						
32.	200	2:29.79	594	100	1:10.09	534	400	4:33.59	520	100	58.72	508	1128	2
	50	33.71	456											
33.	50	35.32	570	100	1:18.02	555	200	2:52.48	522				1125	2
34.	400	4:27.14	559	800	9:10.68	553	1500	17:43.66	549	200	2:08.76	497	1112	2
35.	100	1:02.73	560	400	4:50.04	541	50	29.22	531	200	2:19.56	530	1101	2

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	400	,	561	1500	17:49.61	09 540	200	2:19.68	492	100	1:03.05	1101 482	2
37.	100	,	566	200	2:35.34	09 533	50	32.03	531	50	26.08	1099 515	2
	100	1:11.50	503	400	4:40.12	484							
38.	100	,	559	50	29.09	10 538	100	Mychamps 1:09.08	518	200	2:39.35	1097 495	2
39.	800	,	551	1500	18:46.67	10 545	200	3 2:34.77	541			1096	2
40.	50	,	556	100	1:03.58	10 537	50	1 33.34	529	50	31.98	1093 445	2
41.	800	,	554	1500	18:53.02	10 536	400	2 4:51.45	533	200	2:20.80	1090 516	2
	100	1:05.97	481	50	30.82	452							
42.	200	,	547	200	2:50.37	10 542	200	2 2:32.17	532	100	1:19.43	1089 526	2
	50	33.57	519	50	37.28	485							
43.	400	,	545	200	2:05.87	10 532	100	1 58.31	519	50	26.73	1077 478	2
44.	100	,	543	50	31.99	09 533	200	3 2:09.10	493			1076	2
	50	,	545	100	1:10.94	09 531	100	1:05.20	498	200	2:36.14	1076 493	2
	50	33.23	397										
46.	1500	,	552	200	2:06.54	10 523	200	2:31.66	424	50	28.66	1075 388	2
47.	1500	,	556	400	4:34.03	09 517	200	2:30.06	414	100	1:11.24	1073 379	2
	50	33.69	348										
48.	50	,	570	100	1:20.68	09 502	200	1 2:58.96	468	100	1:09.20	1072 417	2
	50	33.01	405										
49.	400	,	550	800	9:23.00	10 517	200	1 2:08.33	502	50	30.18	1067 401	2
50.	200	,	545	100	58.25	10 520	50	1 29.81	503	100	1:03.03	1065 482	2
	50	26.72	479	200	2:24.60	463							
51.	1500	,	538	800	10:01.25	09 524	200	2:20.75	517	400	4:55.78	1062 510	2
52.	1500	,	532	400	4:32.61	10 526	800	2 9:29.00	501	100	1:09.51	1058 409	2
	200	2:31.70	401	100	1:08.33	379							
53.	400	,	538	800	10:05.39	10 513	200	2:21.88	504	1500	19:34.00	1051 481	2

54.	100	, 1:03.97	528	50	29.38	522	50	31.44	469	200	2:25.89	464	1050	2
55.	50 50	, 33.01 31.72	545 456	100	1:09.79	502	100	1:12.87	490	200	2:38.06	475	1047	2
56.	100 200	, 1:11.41 2:35.89	520 495	50 400	33.56 5:01.88	519 480	100	1:04.42	517	200	2:21.11	513	1039	2
57.	400 800	, 4:33.65 9:27.41	520 505	100	1:04.23	518	100	2 58.67	509	200	2:07.85	507	1038	2
58.	400	, 4:30.51	538	200	2:09.18	492	800	1 9:40.21	473	50	27.82	424	1030	2
59.	200 100	, 2:36.43 1:22.10	524 476	50 200	33.90 2:42.76	504 435	50	36.83	503	400	5:37.57	491	1028	2
60.	50 200	, 28.78 2:39.38	559 346	100 400	1:06.67 6:25.85	463 252	100	1:03.12	409	50	28.23	406	1022	2
61.	200	, 2:20.86	515	400	4:56.60	506	100	1:05.29	496	800	10:12.42	496	1021	2
62.	50 100	, 29.57 1:25.38	512 423	50	36.80	504	100	4 1:05.56	490	200	2:26.06	462	1016	2
	400 50	, 4:53.03 35.51	525 438	1500	19:26.35	491	100	1 1:07.20	455	50	31.04	443	1016	2
64.	50	, 27.86	510	100	1:02.10	504	100	7 59.24	494	50	26.93	468	1014	2
65.	800	, 9:27.57	505	1500	18:13.63	505	400	3 4:39.46	488				1010	2
66.	100	, 1:11.29	507	200	2:38.38	502	50	1 32.66	501	100	59.24	494	1009	2
67.	100 50	, 1:02.01 28.56	507 474	400	4:36.99	501	200	1 2:10.14	481	800	9:38.44	477	1008	2
	1500 100	, 18:01.87 1:08.02	521 326	800	9:34.40	487	400	2 4:48.42	444	200	2:19.75	388	1008	2
69.	400	, 5:07.49	498	200	2:23.76	498	200	3 2:24.31	447	100	1:04.72	446	996	2
70.	800	, 9:30.59	497	1500	18:25.62	488	100	3 1:01.88	434	200	2:30.80	432	985	2

	100	59.10	498	200	2:24.88	487	50	28.45	479	200	2:12.20	459	985	2
	50	34.59	422	50	33.43	356								
72.	100	58.94	502	50	33.18	478	50	27.25	451	200	2:52.44	389	980	2
	100	1:18.70	377											
73.	200	2:24.21	494	200	2:40.35	484	50	34.69	418				978	2
74.	400	5:09.69	488	800	9:34.56	487	200	2:24.83	487	50	34.25	434	975	2
	50	30.83	376											
	100	58.73	507	200	2:24.15	468							975	2
76.	200	2:36.85	517	50	33.71	456	200	2:32.33	419	100	-	-	973	2
77.	800	9:34.34	487	200	2:10.03	482	400	4:43.08	469	100	1:00.92	455	969	2
78.	200	2:23.51	501	100	1:00.37	467	200	2:12.46	456	50	28.25	405	968	2
	50	35.48	391											
79.	400	4:34.91	512	800	9:47.46	455	400	5:21.16	437	50	28.37	400	967	2
80.	50	33.04	484	100	59.80	481	100	1:13.76	458	200	2:43.80	454	965	2
	200	2:29.01	447											
81.	400	4:40.11	484	100	59.87	479	800	9:49.19	451	50	27.95	418	963	2
	100	1:07.34	395											
	1500	18:16.45	501	800	9:44.75	462	200	2:20.70	380				963	2
83.	400	4:39.14	490	800	9:40.87	471	100	1:00.88	456	200	2:15.04	430	961	2
	50	28.34	401	50	32.63	383								
	100	59.55	487	50	26.81	474	200	2:16.33	418	200	2:33.49	387	961	2
85.	200	2:56.65	486	100	1:22.41	471	50	38.39	444				957	2
86.	100	1:06.08	479	50	30.28	477	50	35.55	437	50	33.36	392	956	2
	100	59.91	478	50	26.74	478	50	29.23	442	400	5:56.80	319	956	2
	50	-	-											
88.	400	4:41.05	480	100	1:00.04	475	800	9:44.88	461	200	2:12.88	452	955	2
	200	2:28.67	450											

89.	100 50	, 59.32 27.34	492 447	1500 800	18:45.94 9:57.45	462 433	.	2 2:12.18	459	400	4:46.98	954 450	2
90.	200	, 2:25.51	480	800	9:40.49	472	.	4 30.69	461			952	2
91.	100	, 59.41	490	50	28.87	459	.	2 1:04.42	452	200	2:32.77	949 415	2
92.	400 100	, 5:09.58 1:06.31	488 414	200 50	2:22.87 30.64	460 383	.	1 9:58.67	430	200	2:32.19	948 420	2
93.	200 50	, 2:10.50 31.40	477 430	200	2:26.57	470	.	4 9:48.75	452	50	27.60	947 434	2
94.	200	, 2:39.99	487	100	1:13.89	456	.	4 34.38	430			943	2
95.	100	, 1:03.42	474	50	28.68	468	.	4 2:31.64	385			942	2
96.	400 1500	, 5:02.54 20:28.74	477 420	100	1:14.18	464	.	1 2:40.51	453	800	10:42.80	941 428	2
97.	400	, 5:38.60	486	200	2:44.22	452	.	1 2:39.59	444			938	2
	200 200	, 2:57.46 2:45.40	480 414	50 50	37.99 38.21	458 352	.	09 1:24.62	435	200	2:46.84	938 431	2
99.	1500	, 18:36.49	474	400	4:44.84	461	.	3 9:47.63	455			935	2
100.	100 100	, 1:03.64 1:00.83	469 457	200 50	2:27.05 29.14	465 446	.	1 5:15.10	463	800	9:45.16	934 461	2
101.	800 50	, 9:34.72 33.54	486 353	200	2:13.33	447	.	09 2:30.69	409	100	1:10.77	933 387	2
102.	100	, 59.95	477	200	2:28.21	455	.	3 1:07.12	454	50	31.95	932 408	2
103.	400	, 5:03.26	473	800	10:30.00	455	.	1 19:56.77	454			928	2
	200	, 2:42.46	467	200	2:37.58	461	.	2 1:12.35	450	100	1:19.00	928 384	2
105.	400 100	, 5:15.27 1:09.41	462 410	200 100	2:27.49 1:06.94	461 403	.	09 1:01.42	444	200	2:28.91	923 424	2
106.	200 50	, 2:26.09 34.02	462 370	400	5:06.22	460	.	1 10:34.00	447	100	1:08.21	922 435	2

					10							922	2
	50	28.79	462	100	1:00.67	460	100	1:04.96	441	200	2:15.23	429	
	200	2:32.89	414	800	10:16.86	393							
						10		4				922	2
	50	28.65	469	100	1:00.98	453	50	27.26	451	50	34.62	421	
	100	1:08.04	383										
109.						09		2				920	2
	200	2:58.91	468	100	1:07.37	452	100	1:24.04	444	200	2:46.06	438	
	50	39.84	397										
						09		2				920	2
	800	9:34.19	488	100	1:01.95	432	200	2:30.71	432	200	2:15.46	426	
	50	28.63	389										
111.						10						919	2
	1500	18:42.45	467	800	9:48.70	452	400	4:47.70	447				
112.						09		2				913	2
	100	1:00.72	459	200	2:12.63	454	50	27.98	417	400	4:54.65	416	
113.						10		2				911	2
	1500	18:43.76	465	800	9:51.75	446	200	2:35.17	396	100	1:11.50	375	
	100	1:10.85	340	200		-							
114.						10		1				906	2
	400	4:45.03	460	800	9:51.74	446	200	2:15.97	422				
115.						09						902	2
	100	1:00.71	459	50	27.41	443	50	29.53	428	100	1:09.52	359	
116.						09		2				901	2
	100	1:00.93	454	200	2:13.31	447	200	2:30.26	436	50	35.45	392	
	100	1:18.03	387										
117.						09		3				894	2
	200	2:28.68	450	200	2:45.00	444	50	36.62	355				
						09		3				894	2
	100	1:06.76	461	200	2:27.88	433	50	31.45	428				
119.						09						893	2
	50	28.62	471	50	27.87	422	100	1:03.00	411	200	2:35.44	394	
	100	1:07.74	389										
120.						10						891	2
	50	30.95	447	100	1:07.77	444	50	35.74	430	100	1:16.54	422	
	200	2:31.82	412										
121.						10						888	2
	200	2:43.05	460	800	9:59.87	428	200	2:34.11	404	100	1:20.16	357	
122.						10		1				886	2
	800	9:48.94	452	100	1:01.86	434	100	1:05.73	425	50	30.11	404	
	50	28.78	383										
123.						09						885	2
	100	1:01.24	448	100	1:07.97	437	50	31.32	433	50	27.83	424	
124.						10						883	2
	400	4:46.01	455	1500	19:15.19	428	200	2:15.93	422	800	10:03.33	420	
	100	1:02.58	419	50	29.17	368							
125.						10		1				879	2
	200	2:45.56	442	200	2:28.79	437	100	1:09.52	411				

						09							879	2
	200	2:29.00	447	200	2:46.57	432	100	1:15.24	432	1500	19:46.11	396		
	800	10:17.89	391	200	2:55.75	247								
127.						10							875	2
	1500	19:06.83	438	800	9:55.63	437	400	4:51.71	429	200	2:20.06	386		
						10							875	2
	200	2:25.84	464	50	31.83	411	200	2:52.21	392	200	2:49.86	382		
						09							875	2
	200	2:45.42	441	50	34.26	434	100	1:15.07	434	100	1:04.37	385		
						09							875	2
	100	1:01.46	443	50	27.66	432	200	2:21.39	375	200	2:40.78	356		
	50	32.31	327											
131.						10							872	2
	100	1:01.57	440	200	2:14.92	432	800	10:08.20	410	200	2:38.35	373		
						10							871	2
132.	100	1:01.29	446	100	1:05.76	425	50	29.67	422	200	2:17.27	410		
	50	28.15	409											
						09							867	2
133.	50	29.41	434	100	1:01.93	433	50	34.85	412	100	1:07.11	400		
						09							866	2
134.	200	2:12.92	451	50	28.02	415	100	-						
						09							865	2
135.	100	1:08.25	434	50	31.33	431	200	2:29.60	430	100	1:17.93	400		
	50	37.18	382											
						10							864	2
136.	50	29.15	445	100	1:06.04	419	50	36.18	368					
						10							863	2
137.	400	4:50.99	432	1500	19:12.47	431	800	10:03.17	421	100	1:05.04	373		
						10							863	2
	100	1:08.05	438	50	31.48	425	50	40.55	377	50	38.28	350		
	100	1:33.20	325											
						09							862	2
139.	50	31.29	432	100	1:08.50	430	50	38.28	350	100	1:22.57	336		
						09							861	2
140.	100	1:01.78	436	50	29.60	425	50	28.15	409	100	1:06.62	408		
	200	2:35.24	396											
						09							860	2
141.	200	2:45.78	438	50	34.59	422	200	2:32.16	420	100	1:04.07	391		
	100	1:18.25	384											
						10							860	2
	50	35.57	436	100	1:16.45	424	100	1:09.29	415	200	2:50.73	403		
	200	2:47.03	402	200	2:33.99	394								
						10							858	2
143.	400	4:50.05	436	1500	19:20.96	422	800	10:05.53	416					

144.	100	1:01.70	438	200	2:16.31	419	50	28.49	395			857	2
	100	1:01.87	434	200	2:15.81	423	400	4:55.49	413	50	28.67	387	2
146.	100	1:01.32	446	50	28.14	410	200	2:21.43	375	400	5:07.74	365	2
147.	200	2:28.54	440	100	1:09.35	414	200	2:50.27	406	50	32.29	393	2
	50	34.17	438	200	2:48.64	416	100	1:17.95	388			854	2
149.	50	38.54	439	200	3:06.35	414	100	1:26.23	411	100	1:10.12	401	2
	200	2:53.38	384	50	38.83	335							
150.	50	27.28	450	100	1:03.49	402	50	35.76	382	50	32.66	382	2
	200	2:26.70	336	400	5:29.04	299							
151.	100	1:08.00	436	200	2:30.09	414	50	32.24	397			850	2
152.	200	2:15.65	425	100	1:02.33	424	800	10:06.90	413	50	28.47	396	2
153.	200	2:45.42	441	200	2:33.95	406	100	1:17.82	390	50	36.18	368	2
	200	2:38.07	354										
154.	800	9:54.81	439	200	2:17.69	406	100	1:03.52	401	50	28.86	380	2
	100	1:24.82	301										
155.	100	1:00.84	456	50	32.50	388	100	1:10.70	388			844	2
156.	50	29.69	422	100	1:02.49	421	100	1:07.67	390	100	1:21.46	340	2
157.	100	1:01.90	433	200	2:17.39	409	200	2:34.85	399	100	1:20.00	359	2
158.	50	35.51	438	100	1:17.80	402	50	33.32	394	200	2:49.44	385	2
159.	200	2:44.03	452	100	1:18.10	386	50	35.73	383			838	2
	800	9:58.35	431	200	2:17.58	407	200	2:36.88	383	100	1:12.30	363	2
161.	800	10:03.84	419	1500	19:24.32	418	100	1:04.09	390	50	29.28	364	2
	200	2:39.75	363	50	33.95	340							

162.	200 400	2:47.97 5:37.99	421 375	100 50	1:02.94	412 -	100	1:16.98	403	200	2:36.80	384	833	2
163.	200 100	2:31.28 1:11.63	416 376	800	10:50.70	413	1500	20:54.85	394	400	5:23.80	389	829	2
164.	200	2:32.50	417	800	10:10.41	406	200	2:52.59	388				823	2
	50	29.82	416	50	28.21	407	50	37.71	325	100	1:13.99	298	823	2
166.	800 50	10:05.41 29.48	416 356	200	2:17.73	406	100	1:03.43	403	1500	19:46.46	395	822	2
167.	100	1:02.24	426	50	30.33	395	50	28.83	381	100	1:10.81	340	821	2
168.	50	39.09	421	200	3:09.29	395	100		-				816	2
	200 100	2:49.10 1:19.75	413 362	1500 200	19:38.70 2:39.97	403 361	800	10:13.48	400	50	36.10	371	816	2
170.	100	1:02.82	415	50	28.38	399	200	2:21.91	371	100	1:14.96	326	814	2
171.	200	2:49.77	408	800	10:11.39	404	100	1:17.97	388				812	2
172.	50 200	34.80 2:43.69	414 319	200 100	2:51.56 1:17.27	395 297	100	1:17.69	392	50	34.35	328	809	2
173.	200	2:31.33	416	800	11:02.37	392	50	33.00	369				808	2
174.	50	34.99	407	200	2:50.92	400	100	1:19.27	369	200	2:39.20	367	807	2
175.	100 800	1:03.21 10:31.51	407 366	200 100	2:18.74 1:09.40	397 361	50	28.98	375	200	2:38.09	374	804	2
176.	200	2:30.74	432	50	36.13	370	100	1:09.05	367	100	1:20.41	353	802	2
177.	800	10:05.41	416	200	2:36.78	384	200	2:53.94	379	50	38.75	300	800	2
	200 100	2:50.11 1:19.71	405 363	50 50	28.49 35.67	395 293	50	36.06	372	100	1:05.22	370	800	2
	100	1:16.10	430	200	2:55.61	370			1				800	2
180.	100	1:03.51	401	50	28.45	397	200	2:21.20	376	100	1:12.40	362	798	2

181.	400 800	, 4:58.70 10:37.12	399 357	1500 50	19:45.07 30.56	397 320	100	1:04.89	376	200	2:21.62	796 373	2	
182.	50 200	, 36.14 2:55.87	416 345	50 200	32.77 2:45.30	376 319	100	1:12.40	364	100	1:21.08	792 355	2	
183.	100	, 1:03.62	399	50	30.51	388	50	Mychamps 29.06		372	100	1:09.70	787 357	2
184.	100 50	, 1:03.51 33.83	401 344	200 50	2:36.77 40.68	384 259	50	28.88	379	200	2:21.56	785 374	2	
185.	50 50	, 32.04 39.79	403 311	100	1:11.43	379	200	3:01.85	333	200	2:45.74	782 316	2	
186.	50	, 36.57	401	100	1:19.30	380	200	3 2:53.34	360			781	2	
187.	100	, 1:03.30	405	50	28.99	375	200	2:23.29	360	400	5:14.43	780 342	2	
188.	800	, 10:11.75	403	400	5:38.21	374	200	2:43.05	341			777	2	
189.	200 100	, 2:32.78 1:12.16	393 365	50	30.65	383	100	1:08.16	381	50	33.09	776 367	2	
190.	400	, 5:00.81	391	800	10:22.75	382	100	2 1:05.58	364			773	2	
191.	100	, 1:03.62	399	50	29.08	371	200	3 2:25.16	346	50	33.64	770 290	2	
192.	100	, 1:04.36	385	50	28.82	381	200	2:26.17	339			766	2	
193.	100	, 1:03.34	404	200	2:23.56	358	100	2 1:14.73	329			762	2	
194.	50 200	, 32.07 3:10.72	402 289	100 200	1:12.73	359 -	50	39.25	324	200	2:49.46	761 296	2	
195.	100 100	, 1:10.60 1:21.74	392 347	200 200	2:38.00 2:57.72	365 334	200	2:56.60	364	50	37.84	757 362	2	
196.	100	, 1:10.30	397	200	2:38.86	359	400	2 5:34.78	352	50	36.03	756 311	2	
197.	100 100	, 1:04.66 1:18.01	380 289	50	29.02	374	200	2:27.43	331	50	34.85	754 314	2	
198.	400	, 5:05.22	374	200	2:21.59	373	100	2 1:05.51	366	200	2:40.70	747 356	2	

199.		,				09	.					745	2
	200	2:37.32	380	400	5:41.07	365	100	1:07.32	337	50	30.04	337	
	50	37.87	321										
		,				09	.					745	2
	50	29.03	373	100	1:05.11	372	200	2:23.00	362	200	2:41.53	351	
	200	2:46.84	301	50	35.54	296							
201.		,				10	.					742	2
	100	1:11.40	377	50	33.17	365	200	2:26.39	338	200			
202.		,				10	.	2				738	2
	50	32.82	375	100	1:12.44	363	200	2:41.51	342	50	44.11	293	
	100	1:42.90	242										
203.		,				10	.					737	2
	100	1:05.28	369	200	2:22.33	368	50	29.95	340	50	38.90	296	
	100	1:26.10	288										
204.		,				09	.	4				734	2
	200	2:22.14	369	100	1:05.52	365	50	30.13	334				
205.		,				10	.					733	2
	100	1:04.74	379	200	2:57.90	354	100	1:21.84	335	200	2:45.17	328	
	50	38.15	314										
206.		,				09	.	2				732	2
	50	29.17	368	100	1:05.62	364	200	2:26.86	335	50	34.10	278	
207.		,				10	.					731	2
	100	1:05.09	373	50	29.43	358	200	3:00.06	342	50	37.17	340	
	100	1:25.71	292										
208.		,				09	.					729	2
	200	2:36.20	367	200	2:39.82	362	200	2:25.61	343	100	1:14.31	334	
	100	1:09.47	306	50	35.57	296							
209.		,				10	.					727	2
	100	1:11.52	377	200	2:55.00	350	50	38.65	340	100	1:25.09	307	
	50	38.52	255										
210.		,				09	.					725	2
	200	2:21.99	370	1500	20:29.53	355	400	5:11.05	354	800	10:40.95	350	
	100	1:16.24	310										
211.		,				10	.	3				724	2
	200	2:37.40	379	1500	20:41.64	345	100	1:07.12	340				
		,				09	.					724	2
	200	2:37.74	367	100	1:12.85	357							
213.		,				10	.	2				722	2
	100	1:05.50	366	50	29.50	356	50	31.81	343	200	2:44.62	332	
	100	1:17.21	262										
214.		,				09	.					721	2
	200	2:55.51	369	50	36.72	352	50	29.83	344	50	34.07	337	
	200	2:42.83	324	100	1:15.47	319							
215.		,				09	.					720	2
	50	32.67	380	100	1:19.47	340	100	1:14.32	336				
		,				10	.					720	2
	800	10:31.00	367	100	1:06.29	353	200	2:24.71	350	50	31.24	299	

	100	,				09						665	2
	50	1:07.05	341	50	30.44	324	200	2:37.24	272	50	37.71	248	
		38.89	187										
237.	50	,				10						664	2
	200	30.16	333	100	1:07.71	331	1500	21:06.49	325	800	10:59.93	321	
		2:48.03	312	50	36.18	281							
238.	200	,				10		6				663	2
	100	2:43.89	336	200	2:42.36	327	100	1:15.04	325	50	34.79	316	
		1:16.59	269										
	800	,				10						663	2
		10:50.78	335	50	34.38	328	200	2:46.26	322				
240.	50	,				10						661	2
	100	42.01	339	200	3:22.63	322	200	3:06.43	309	50	39.15	242	
		1:32.87	213	200	-	-							
241.	100	,				10						654	2
	50	1:07.54	333	200	2:46.49	321	50	36.16	281	50	39.88	275	
		32.66	262	100	1:19.55	240							
242.	100	,				09						651	2
	200	1:06.63	347	50	35.24	304	100	1:17.04	300	200	2:47.73	297	
		2:33.52	293	400	5:36.55	279							
	50	,				09						651	2
		42.03	338	200	3:24.50	313	100	1:34.58	311				
244.	1500	,				10		6				649	2
		21:04.31	326	400	5:20.74	323	800	11:08.11	309				
	200	,				10						649	2
	200	2:42.29	327	100	1:15.23	322	50	35.32	302	100	1:11.54	281	
		2:36.86	274	50	32.97	255							
	100	,				10		7				649	2
		1:07.07	341	200	2:45.62	308							
247.	50	,				09						646	2
	100	30.13	334	100	1:09.07	312	50	39.70	279	200	2:39.89	259	
		-	-										
248.	50	,				10						641	2
		34.21	331	100	1:16.33	310	50	36.50	299	50	41.91	266	
249.	50	,				10						640	2
		30.26	329	50	34.98	311	100	1:16.41	307	800	11:16.11	299	
250.	50	,				09						639	2
	200	30.12	334	100	1:09.57	305	50	38.75	300	200	2:33.30	294	
		3:13.42	276	100	1:28.35	266							
251.	800	,				10						634	2
		10:58.18	324	200	2:30.57	310	100	1:10.67	291	50	32.66	262	
252.	50	,				10						630	2
		37.73	325	200	3:06.96	305	50	34.16	277	100	1:27.38	275	
253.	50	,				10						628	2
	200	34.63	320	100	1:09.36	308	50	38.69	301	100	1:16.98	301	
		3:12.50	280										
254.	100	,				10		2				621	2
		1:08.80	315	50	31.00	306	200	-	-				

	100	1:07.96	, 327	100	1:17.55	294	200	2:48.92	290	100	1:31.64	621 239	2
256.	50	30.91	, 309	100	1:09.36	308	200	2:39.70	260			617	2
257.	100 800	1:08.70 11:53.33	, 317 254	50	31.28	298	400	5:37.37	277	200	2:38.02	615 268	2
258.	100 100	1:08.01 1:23.80	, 327 233	200 200	2:34.46 3:02.88	287 229	200	2:57.48	265	50	37.60	614 250	2
259.	100	1:09.23	, 310	800	11:13.10	303	100	1:20.49	263			613	2
260.	800	11:06.17	, 312	200	2:52.19	290	200	2:37.22	273	100	1:30.84	602 245	2
261.	50 200	30.97 2:37.93	, 307 269	50 50	35.69 42.11	293 234	100	1:11.02	287	100	1:19.83	600 270	2
	200	3:06.85	, 306	50	33.46	294	100	1:26.91	280	50	41.11	600 251	2
263.	100 50	1:17.11 45.76	, 301 152	50	35.47	297	200	2:50.16	292	50	42.04	598 264	2
264.	100 200	1:17.02 3:32.68	, 302 278	50 50	40.57 38.31	294 259	50	44.10	293	100	1:36.51	596 293	2
	200	3:04.84	, 316	100	1:26.89	280						596	2
266.	100	1:16.40	, 310	200	2:51.60	285	100	1:41.69	250			595	2
	200 200	2:46.27 2:58.84	, 304 259	100	1:10.67	291	100	1:18.09	288	200	2:38.70	595 265	2
268.	200	3:27.97	, 298	100	1:36.18	296	50	44.89	278			594	2
	50	43.69	, 301	100	1:26.40	293	50	41.16	281			594	2
270.	100	1:17.49	, 297	200	3:09.23	296		1				593	2
271.	100 50	1:09.92 36.57	, 301 272	50	31.55	291	200	2:49.20	289	100	1:18.60	592 282	2
	800	11:05.98	, 312	200	2:35.86	280	100	1:13.05	263	50	33.44	592 244	2
273.	200	3:06.74	, 306	50	39.50	283	100	1:27.44	275			589	2

274.	50	38.94	295	200	3:10.41	289	200	3:06.70	227	100	1:17.97	217	584	2
275.	100	1:10.44	294	50	31.63	288	200	2:39.81	260	50	41.33	247	582	2
	50	38.52	233	100	1:25.93	216								
276.	50	31.12	303	100	1:11.94	276	200	2:37.98	269	50	40.57	261	579	2
	200	2:58.36	261	50	37.47	253								
	200	2:47.77	296	200	2:53.46	283	100	1:19.80	270	200	2:38.81	264	579	2
278.	50	40.18	302	100	1:28.23	276	50	-					578	2
279.	50	40.31	299	100	1:19.20	278	100	1:28.65	272				577	2
280.	100	1:36.10	297	50	44.94	277	200	3:34.55	271	200	3:22.74	240	574	2
								3						
281.	50	30.94	308	100	1:13.01	264	100	1:31.30	241				572	2
282.	50	40.55	294	100	1:28.33	275	200	3:12.11	264				569	2
283.	200	2:48.88	291	100	1:19.53	273	200	2:42.01	249	50	38.06	241	564	2
284.	50	30.96	308	100	1:13.98	254	50	37.66	206	50	44.38	199	562	2
	200	2:58.29	187											
285.	100	1:18.70	283	50	41.31	278	100	1:32.69	238				561	2
286.	200	2:34.16	289	100	1:12.74	267	50	33.18	250	100	1:33.13	227	556	2
								Mychamps						
287.	50	39.88	275	100	1:27.94	270	200	3:15.43	267	50	35.24	208	545	2
	50	41.21	190	100	1:25.10	166								
	200	3:13.93	273	100	1:12.26	272	200	3:02.24	244	50	41.55	243	545	2
	100	1:32.15	235	50	40.20	205								
289.	50	44.06	294	100	1:41.82	249							543	2
290.	200	3:13.84	274	100	1:29.11	260	100	1:14.65	247	200	3:11.47	211	534	2
	50	-	-											
291.	100	1:12.90	265	50	32.61	263	50	34.85	260	200	2:40.08	258	528	2

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292.						10						526	2
	50	44.40	287	100	1:43.32	239	200	3:47.08	229	50	44.71	219	
	50	42.13	177	100	1:39.67	139							
293.						10						523	2
	50	41.78	269	100	1:41.19	254	50	46.65	247				
294.						10						493	2
	100	1:40.84	257	50	38.26	236	100	1:30.50	186				
295.						10						449	2
	50	42.30	230	100	1:25.60	219	200	3:11.97	209	100	1:20.00	200	
296.						10						408	2
	50	35.23	209	100	1:20.23	199	50	41.87	181	100		-	
297.						10						367	2
	50	35.72	200	100	1:25.01	167	50	50.46	136	100	1:57.54	113	
298.						09						348	2
	50	40.97	192	100	1:35.93	156	50		-				
299.						09						302	2
	50	36.38	302	100		-							