

34
24.02.2024 - 13:01

, 400m

14 - 15

: FINA 2023

		/		R.T.				
1.		2009	3	+0,73	4:17.46	624		
	50m: 28.17	28.17	150m: 1:32.77	33.08	250m: 2:39.82	33.85	350m: 3:46.50	32.99
	100m: 59.69	31.52	200m: 2:05.97	33.20	300m: 3:13.51	33.69	400m: 4:17.46	30.96
2.		2009	1	+0,75	4:17.47	624		
	50m: 28.39	28.39	150m: 1:33.50	33.05	250m: 2:41.14	33.75	350m: 3:47.72	32.86
	100m: 1:00.45	32.06	200m: 2:07.39	33.89	300m: 3:14.86	33.72	400m: 4:17.47	29.75
3.		2010		+0,80	4:18.57	616	1	
	50m: 28.22	28.22	150m: 1:32.65	32.72	250m: 2:40.03	34.01	350m: 3:47.33	33.12
	100m: 59.93	31.71	200m: 2:06.02	33.37	300m: 3:14.21	34.18	400m: 4:18.57	31.24
4.		2010	1	+0,65	4:19.64	608	1	
	50m: 28.76	28.76	150m: 1:35.03	33.94	250m: 2:41.78	33.32	350m: 3:49.22	33.71
	100m: 1:01.09	32.33	200m: 2:08.46	33.43	300m: 3:15.51	33.73	400m: 4:19.64	30.42
5.		2010	1	+0,84	4:22.35	590	1	
	50m: 30.05	30.05	150m: 1:37.02	33.69	250m: 2:44.34	33.34	350m: 3:51.81	33.79
	100m: 1:03.33	33.28	200m: 2:11.00	33.98	300m: 3:18.02	33.68	400m: 4:22.35	30.54
6.		2009	3	+0,70	4:22.99	585	1	
	50m: 29.49	29.49	150m: 1:34.44	33.22	250m: 2:41.36	33.84	350m: 3:48.98	33.94
	100m: 1:01.22	31.73	200m: 2:07.52	33.08	300m: 3:15.04	33.68	400m: 4:22.99	34.01
7.		2010	1	+0,66	4:24.11	578	1	
	50m: 28.73	28.73	150m: 1:34.77	33.44	250m: 2:42.73	34.00	350m: 3:51.34	34.27
	100m: 1:01.33	32.60	200m: 2:08.73	33.96	300m: 3:17.07	34.34	400m: 4:24.11	32.77
8.		2009	2	+0,71	4:26.72	561	1	
	50m: 30.32	30.32	150m: 1:37.61	34.13	250m: 2:45.18	34.09	350m: 3:53.97	34.63
	100m: 1:03.48	33.16	200m: 2:11.09	33.48	300m: 3:19.34	34.16	400m: 4:26.72	32.75
9.		2010	2		4:27.14	559	1	
	50m: 30.46	30.46	150m: 1:38.08	33.99	250m: 2:46.39	34.15	350m: 3:54.44	33.89
	100m: 1:04.09	33.63	200m: 2:12.24	34.16	300m: 3:20.55	34.16	400m: 4:27.14	32.70
10.		2009	1	+0,68	4:28.26	552	1	
	50m: 29.41	29.41	150m: 1:36.89	34.32	250m: 2:46.25	35.09	350m: 3:55.80	34.83
	100m: 1:02.57	33.16	200m: 2:11.16	34.27	300m: 3:20.97	34.72	400m: 4:28.26	32.46
11.		2010	1	+0,68	4:28.55	550	1	
	50m: 30.19	30.19	150m: 1:37.50	34.13	250m: 2:46.59	34.79	350m: 3:56.34	34.94
	100m: 1:03.37	33.18	200m: 2:11.80	34.30	300m: 3:21.40	34.81	400m: 4:28.55	32.21
12.		2010	1		4:29.40	545	1	
	50m: 30.05	30.05	150m: 1:36.86	33.74	250m: 2:45.47	34.39	350m: 3:55.38	35.00
	100m: 1:03.12	33.07	200m: 2:11.08	34.22	300m: 3:20.38	34.91	400m: 4:29.40	34.02
13.		2009	1		4:30.51	538	1	
	50m: 30.54	30.54	150m: 1:37.95	33.95	250m: 2:47.56	35.10	350m: 3:57.30	35.02
	100m: 1:04.00	33.46	200m: 2:12.46	34.51	300m: 3:22.28	34.72	400m: 4:30.51	33.21
14.		2010	2		4:32.61	526	1	
	50m: 31.63	31.63	150m: 1:40.94	35.21	250m: 2:50.94	34.92	350m: 3:59.68	33.91
	100m: 1:05.73	34.10	200m: 2:16.02	35.08	300m: 3:25.77	34.83	400m: 4:32.61	32.93
15.		2009		+0,45	4:33.46	521	1	
	50m: 30.00	30.00	150m: 1:38.17	34.58	250m: 2:48.34	35.34	350m: 3:59.53	35.66
	100m: 1:03.59	33.59	200m: 2:13.00	34.83	300m: 3:23.87	35.53	400m: 4:33.46	33.93
16.		2009	1		4:33.59	520	1	
	50m: 31.09	31.09	150m: 1:39.56	34.30	250m: 2:49.18	35.08	350m: 3:59.72	35.07
	100m: 1:05.26	34.17	200m: 2:14.10	34.54	300m: 3:24.65	35.47	400m: 4:33.59	33.87

34,		, 400m		, 14 - 15		R.T.						
17.				2009	I	2	+0,82	4:33.65	520	1		
	50m:	30.27	30.27	150m:	1:39.47	34.74	250m:	2:49.17	34.89	350m:	3:59.18	34.78
	100m:	1:04.73	34.46	200m:	2:14.28	34.81	300m:	3:24.40	35.23	400m:	4:33.65	34.47
18.				2009	1		+0,83	4:34.03	517	2		
	50m:	30.47	30.47	150m:	1:39.43	34.97	250m:	2:49.74	35.10	350m:	3:59.85	35.02
	100m:	1:04.46	33.99	200m:	2:14.64	35.21	300m:	3:24.83	35.09	400m:	4:34.03	34.18
19.				2009		2	+0,83	4:34.81	513	2		
	50m:	29.92	29.92	150m:	1:39.16	35.77	250m:	2:49.95	34.54	350m:	4:00.25	33.81
	100m:	1:03.39	33.47	200m:	2:15.41	36.25	300m:	3:26.44	36.49	400m:	4:34.81	34.56
20.				2009	2	1		4:34.91	512	2		
	50m:	30.51	30.51	150m:	1:38.41	34.54	250m:	2:48.24	35.19	350m:	3:59.50	35.63
	100m:	1:03.87	33.36	200m:	2:13.05	34.64	300m:	3:23.87	35.63	400m:	4:34.91	35.41
21.				2010	1	1	+0,77	4:36.99	501	2		
	50m:	31.09	31.09	150m:	1:39.71	34.86	250m:	2:49.57	34.54	350m:	4:01.76	36.17
	100m:	1:04.85	33.76	200m:	2:15.03	35.32	300m:	3:25.59	36.02	400m:	4:36.99	35.23
22.				2009	II			4:39.14	490	2		
	50m:	30.61	30.61	150m:	1:40.76	35.52	250m:	2:53.14	36.31	350m:	4:05.11	35.53
	100m:	1:05.24	34.63	200m:	2:16.83	36.07	300m:	3:29.58	36.44	400m:	4:39.14	34.03
23.				2009	I	3	+0,68	4:39.46	488	2		
	50m:	30.29	30.29	150m:	1:39.32	35.00	250m:	2:51.44	35.92	350m:	4:04.01	36.31
	100m:	1:04.32	34.03	200m:	2:15.52	36.20	300m:	3:27.70	36.26	400m:	4:39.46	35.45
24.				2010	II	2	+0,67	4:40.11	484	2		
	50m:	30.73	30.73	150m:	1:42.06	36.20	250m:	2:54.31	36.06	350m:	4:06.02	35.95
	100m:	1:05.86	35.13	200m:	2:18.25	36.19	300m:	3:30.07	35.76	400m:	4:40.11	34.09
25.				2009		1	+0,71	4:40.12	484	2		
	50m:	30.54	30.54	150m:	1:38.52	34.55	250m:	2:50.68	36.53	350m:	4:04.82	37.14
	100m:	1:03.97	33.43	200m:	2:14.15	35.63	300m:	3:27.68	37.00	400m:	4:40.12	35.30
26.				2009	I	1	+0,67	4:41.05	480	2		
	50m:	31.82	31.82	150m:	1:41.47	35.20	250m:	2:53.47	36.50	350m:	4:06.69	36.37
	100m:	1:06.27	34.45	200m:	2:16.97	35.50	300m:	3:30.32	36.85	400m:	4:41.05	34.36
27.				2009	I	2		4:43.08	469	2		
	50m:	31.22	31.22	150m:	1:43.51	35.78	250m:	2:31.05	10.99	350m:	3:30.86	0.15
	100m:	1:07.73	36.51	200m:	2:20.06	36.55	300m:	3:30.71	59.66	400m:	4:43.08	1:12.22
28.				2009	II	3	+0,64	4:44.84	461	2		
	50m:	31.41	31.41	150m:	1:42.03	35.95	250m:	2:55.93	37.35	350m:	4:10.00	36.78
	100m:	1:06.08	34.67	200m:	2:18.58	36.55	300m:	3:33.22	37.29	400m:	4:44.84	34.84
29.				2010	I	1	+0,80	4:45.03	460	2		
	50m:	32.20	32.20	150m:	1:44.18	36.62	250m:	2:57.16	36.54	350m:	4:09.73	36.42
	100m:	1:07.56	35.36	200m:	2:20.62	36.44	300m:	3:33.31	36.15	400m:	4:45.03	35.30
30.				2010	2		+0,81	4:46.01	455	2		
	50m:	31.47	31.47	150m:	1:42.42	36.18	250m:	2:56.13	37.10	350m:	4:10.20	37.11
	100m:	1:06.24	34.77	200m:	2:19.03	36.61	300m:	3:33.09	36.96	400m:	4:46.01	35.81
31.				2009	I	2		4:46.98	450	2		
	50m:	30.49	30.49	150m:	1:42.13	36.61	250m:	2:56.63	37.34	350m:	4:11.25	37.15
	100m:	1:05.52	35.03	200m:	2:19.29	37.16	300m:	3:34.10	37.47	400m:	4:46.98	35.73
32.				2010	2			4:47.70	447	2		
	50m:	31.88	31.88	150m:	1:43.66	36.89	250m:	2:57.86	37.29	350m:	4:12.12	37.26
	100m:	1:06.77	34.89	200m:	2:20.57	36.91	300m:	3:34.86	37.00	400m:	4:47.70	35.58
33.				2010	I	2		4:48.42	444	2		
	50m:	33.78	33.78	150m:	1:46.18	36.65	250m:	2:59.33	36.71	350m:	4:12.87	36.51
	100m:	1:09.53	35.75	200m:	2:22.62	36.44	300m:	3:36.36	37.03	400m:	4:48.42	35.55

34,		, 400m		, 14 - 15		R.T.						
34.				2010	II	6	+0,41	4:50.05	436	2		
	50m:	31.27	31.27	150m:	1:42.91	36.65	250m:	2:58.37	38.14	350m:	4:13.97	37.54
	100m:	1:06.26	34.99	200m:	2:20.23	37.32	300m:	3:36.43	38.06	400m:	4:50.05	36.08
35.				2010	II	3	+0,76	4:50.99	432	2		
	50m:	31.55	31.55	150m:	1:43.82	36.84	250m:	2:59.18	38.09	350m:	4:14.85	37.88
	100m:	1:06.98	35.43	200m:	2:21.09	37.27	300m:	3:36.97	37.79	400m:	4:50.99	36.14
36.				2010	2		+0,68	4:51.71	429	2		
	50m:	32.62	32.62	150m:	1:46.33	37.02	250m:	3:01.55	37.72	350m:	4:16.03	37.09
	100m:	1:09.31	36.69	200m:	2:23.83	37.50	300m:	3:38.94	37.39	400m:	4:51.71	35.68
37.				2009	II	2	+0,52	4:54.65	416	2		
	50m:	32.20	32.20	150m:	1:46.39	37.80	250m:	3:01.24	37.30	350m:	4:19.38	42.49
	100m:	1:08.59	36.39	200m:	2:23.94	37.55	300m:	3:36.89	35.65	400m:	4:54.65	35.27
38.				2009	II	2	+0,76	4:55.49	413	2		
	50m:	33.26	33.26	150m:	1:47.84	37.33	250m:	3:03.59	38.11	350m:	4:19.57	37.67
	100m:	1:10.51	37.25	200m:	2:25.48	37.64	300m:	3:41.90	38.31	400m:	4:55.49	35.92
39.				2010	2		+0,70	4:58.70	399	2		
	50m:	32.68	32.68	150m:	1:47.29	37.61	250m:	3:03.21	38.03	350m:	4:20.70	38.88
	100m:	1:09.68	37.00	200m:	2:25.18	37.89	300m:	3:41.82	38.61	400m:	4:58.70	38.00
40.				2010	II	2		5:00.81	391	2		
	50m:	33.25	33.25	150m:	1:47.84	37.89	250m:	3:04.54	38.34	350m:	4:22.94	39.10
	100m:	1:09.95	36.70	200m:	2:26.20	38.36	300m:	3:43.84	39.30	400m:	5:00.81	37.87
41.				2010	II	2		5:05.22	374	2		
	50m:	32.90	32.90	150m:	1:48.22	39.40	250m:	3:07.60	39.42	350m:	4:26.61	38.86
	100m:	1:08.82	35.92	200m:	2:28.18	39.96	300m:	3:47.75	40.15	400m:	5:05.22	38.61
42.				2009	II	2	+0,81	5:07.74	365	2		
	50m:	34.05	34.05	150m:	1:51.59	39.40	250m:	3:11.75	40.49	350m:	4:32.48	40.47
	100m:	1:12.19	38.14	200m:	2:31.26	39.67	300m:	3:52.01	40.26	400m:	5:07.74	35.26
43.				2009	II			5:11.05	354	3		
	50m:	33.47	33.47	150m:	1:51.09	39.67	250m:	3:11.66	40.38	400m:	5:11.05	1:18.96
	100m:	1:11.42	37.95	200m:	2:31.28	40.19	300m:	3:52.09	40.43			
44.				2009	2		+0,71	5:14.43	342	3		
	50m:	33.17	33.17	150m:	1:52.93	40.55	250m:	3:15.37	41.59	350m:	4:37.96	41.68
	100m:	1:12.38	39.21	200m:	2:33.78	40.85	300m:	3:56.28	40.91	400m:	5:14.43	36.47
45.				2010	II	6	+0,72	5:20.74	323	3		
	50m:	34.30	34.30	150m:	1:53.51	40.74	250m:	3:17.94	42.45	350m:	4:41.81	41.46
	100m:	1:12.77	38.47	200m:	2:35.49	41.98	300m:	4:00.35	42.41	400m:	5:20.74	38.93
46.				2010	II	4	+0,73	5:29.04	299	3		
	50m:	31.90	31.90	150m:	1:53.06	42.05	250m:	3:18.95	43.47	350m:	4:46.20	43.83
	100m:	1:11.01	39.11	200m:	2:35.48	42.42	300m:	4:02.37	43.42	400m:	5:29.04	42.84
47.				2009	III		+0,79	5:36.55	279	3		
	50m:	35.18	35.18	150m:	1:59.93	43.40	250m:	3:29.39	45.28	350m:	4:56.49	43.25
	100m:	1:16.53	41.35	200m:	2:44.11	44.18	300m:	4:13.24	43.85	400m:	5:36.55	40.06
48.				2009	III		+0,65	5:36.99	278	3		
	50m:	37.22	37.22	150m:	3:32.42	2:12.45	250m:	4:59.45	2:11.52	400m:	5:36.99	1:21.00
	100m:	1:19.97	42.75	200m:	2:47.93		300m:	4:15.99				
49.				2009			+0,68	5:37.37	277	3		
	50m:	35.34	35.34	150m:	1:59.49	42.62	250m:	3:26.95	43.99	350m:	4:53.87	44.18
	100m:	1:16.87	41.53	200m:	2:42.96	43.47	300m:	4:09.69	42.74	400m:	5:37.37	43.50
DNS				2010	I	3						