	07 - 09	2024	
07.03.2024	, 200m		11 - 13
1 24			
1 , 2 , 3 , 4 ,	11 12 11 11 .	2-1 2-1 1	2:37.00 2:35.50 2:33.40 2:32.00
5 , 6 , 7 ,	11 11 11 .	1 1 2-1	2:33.00 2:34.00 2:36.00
8 , 224_	11		2:37.00
1 , 2 , 3 , 4 ,	11 . 11 11 12	2-1 1 1	2:39.00 2:38.80 2:38.00 2:38.00
5 , 6 , 7 ,	12 11 11 11 .	1 1 1 6	2:38.00 2:38.70 2:39.00 2:40.00
3 24			
1 , , , , , , , , , , , , , , , , , , ,	11 12 11 . 11 11 11 . 11 .	3-1 1 1 2-1 3-1 2-1 2-1 3-1	2:42.00 2:42.00 2:41.23 2:40.00 2:41.00 2:42.00 2:42.00 2:42.00
4 24	11	3-1	2.42.00
1 , , , , , , , , , , , , , , , , , , ,	11 11 . 11 . 11 . 11 . 11 . 11	3-1 2-1 1 2-2 1 2-1 1	2:44.00 2:44.00 2:43.56 2:43.00 2:43.00 2:44.00 2:44.00 2:45.00

. , . .13 50 OMEGA ARES 21

	07 - 09	2024	11-13
	07 00	2024	
2, , 200m			
_, ,			
5 24			
1 ,	11 .	1	2:47.00
2 3 ,	12		2:46.20
3 ,	11		2:45.00
4 ,	13	3-1	2:45.00
5 ,	12	3-1	2:45.00
6 ,	11 .	2-1	2:46.00
7 8 ,	12 . 12	2-1 2-1	2:47.00 2:47.00
0 ,	12	2-1	2.47.00
6 24			
1	11		2:50.00
2	11 .	2-2	2:50.00
3 ,	11		2:48.00
4 ,	13 .		2:47.50
5 , 6 ,	12	2-1	2:48.00
6 ,	12	3-1	2:50.00
7 ,	11 .	2-2	2:50.00
8 ,	12 .	2-2	2:50.00
7 24			
	11	2-1	2:53.00
2	11	2 1	2:52.00
3 ,	11		2:52.00
4 ,	11		2:50.00
5 ,	12 .	2-2	2:52.00
6 ,	13	2-2	2:52.00
7 ,	13		2:52.00
8 ,	11		2:53.00
8 24			
1	12		2:55.00
	11		2:55.00
2 3 ,	12		2:54.00
4 ,	13	5	2:53.50
5 ,	11	3-1	2:54.00
6 ,	11	4	2:55.00
7 ,	11	3-2	2:55.00
8 ,	13	2-2	2:55.00
9 24			
1 ,	11		2:57.00
2 , , , ,	13	3-2	2:56.00
3 ,	12 .		2:56.00
4 ,	11 .		2:55.33
5 ,	11 .	1	2:56.00
6 7 ,	11 12		2:56.00 2:56.99
Ι ,			2:57.00
8 ,	13		

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				11-13	
		07 - 09	2024		
2,	, 200m				
10 24					
1	,	12			2:58.00
2 3		12	2.4		2:58.00
3 4 ,	,	11	2-1		2:58.00 2:57.20
		13 12 .			2.57.20 2:57.37
5 , 6 , 7 ,		12 .			2:58.00
7 ,		11 .			2:58.00
8 ,		12			2:58.50
11 24					
1 ,		13			3:00.00
2 3		13 .	2-2		3:00.00
3	j	11			2:59.85
4 , 5 ,		13 11			2:58.76 2:59.00
6	,	11 .	2-2		3:00.00
7 ,	,	12	3-2		3:00.00
8 ,		11 .	1		3:00.00
12 24					
1 ,		12	0.0		3:03.00
2 3 ,	,	12 12	3-2		3:00.00 3:00.00
1		13 .	2-3		3:00.00
5,		12	3-2		3:00.00
6	,	12			3:00.00
7 ,		11			3:03.00
8 ,		12 .			3:04.00
13 24					
1		12			3:05.00
2 ,	,	12	3-2		3:05.00
3 ,		13	3-2		3:05.00
4 ,		11			3:04.00
5 ,		13			3:05.00
6 7 ,	,	12	3-2		3:05.00
ρ		12 12 .	2-3		3:05.00 3:05.00
ο ,		14 .	20		5.05.00
14 24					
1 ,		13 .			3:07.44
2	,	11			3:07.00
3 ,		13	0.0		3:06.00
4 , 5 ,		12	2-2		3:05.00
5 , 6 ,		11 11			3:05.40 3:06.00
7 ,		13 .	2-2		3:07.00
8 ,		11			3:08.89

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		07 - 09	2024	4	11-13	
2,	, 200m					
15 24						
2 , , , , , , , , , , , , , , , , , , ,	,	12 11 11 12 12 11 13	2-2	1		3:09.14 3:09.00 3:09.00 3:09.00 3:09.07 3:10.00 3:10.00
16 24  1 , 2 , 3 , 5 , 6 , 7 , 8 ,	,	11 11 12 13 . 13 13 11	2-3	1		3:12.00 3:10.80 3:10.00 3:10.00 3:10.00 3:11.00 3:12.00
17 24  1 , 2 , 3 , 4 , 5 , 6 , 7 , 8 ,	,	12 13 . 13 11 12 13 13 12	2-3 4 4	1		3:14.00 3:13.00 3:12.00 3:12.00 3:12.00 3:13.00 3:14.00
18 24  1 , 2 , 3 , 4 , 5 , 6 , 7 , 8 ,	,	13 . 13 . 12 . 12 . 13 . 13 . 11 .	2-3 2-2			3:15.00 3:15.00 3:15.00 3:14.40 3:14.50 3:15.00 3:15.00
19 24 1 , 2 , 3 , 5 , 6 , 7 , 8	,	13 13 13 13 13 13 13				3:17.00 3:16.00 3:15.03 3:15.00 3:15.00 3:15.52 3:17.00 3:18.50

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					11-13	
		07 - 09	2024	4		
2,	, 200m					
00 04						
20 24						
1 ,		11				3:20.00
2 ,		13	2-2			3:20.00
3 ,		11		1		3:20.00
4 ,		12	4			3:19.00
5 ,		11		1		3:19.30
6 ,		12				3:20.00
7		13				3:20.00
Q		12				3:20.00
Ο ,						0.20.00
21 24						
		40				0.00.45
1	,	12				3:20.15
2 ,		12				3:20.00
3 ,		13 .	2-3			3:20.00
4 ,		13				3:20.00
5 ,		13	4			3:20.00
6 ,		13	2-2			3:20.00
7,		13				3:20.10
8 ,		11				3:22.29
<u>22 24</u>						
1		12				3:25.00
		12				
2 3 ,	,			4		3:25.00
		11	0.0	1		3:25.00
4 ,		12	2-2			3:25.00
5 ,		12				3:25.00
6 ,		11				3:25.00
7 ,		11				3:25.00
8 ,		13				3:25.67
23 24						
1 ,		13				3:29.90
		11				3:28.00
2 , 3 ,		12				3:28.00
Λ		12				3:26.00
5		13				3:27.00
6 ,		13				3:28.00
7		12		1		3:29.00
8 ,			2.2	1		
8 ,		13	2-2			3:30.00
24 24						
2424						
2 ,		12				3:40.00
3 ,		11				3:40.00
4 ,		11				3:30.00
5 ,		13				3:36.00
6 ,		13				3:40.00
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