

22 , 400m 14 - 18
21.02.2025 - 12:43

: FINA 2024

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R.T.

14 - 15

1.	,		2010	I		3	+0,67	4:52.75	1	568		
	50m:	29.86	29.86	150m:	1:42.37	38.61	250m:	3:02.25	41.86	350m:	4:19.04	34.04
	100m:	1:03.76	33.90	200m:	2:20.39	38.02	300m:	3:45.00	42.75	400m:	4:52.75	33.71
2.	,		2010			1	+0,72	4:58.40	1	536		
	50m:	31.13	31.13	150m:	1:44.42	39.47	250m:	3:04.74	41.91	350m:	4:23.68	35.10
	100m:	1:04.95	33.82	200m:	2:22.83	38.41	300m:	3:48.58	43.84	400m:	4:58.40	34.72
3.	,		2010			1	+0,69	5:10.50	2	476		
	50m:	30.38	30.38	150m:	1:47.90	41.38	250m:	3:12.47	45.37	350m:	4:35.71	34.21
	100m:	1:06.52	36.14	200m:	2:27.10	39.20	300m:	4:01.50	49.03	400m:	5:10.50	34.79
4.	,		2010			2	+0,88	5:19.53	2	437		
	50m:	32.81	32.81	150m:	1:51.51	39.34	250m:	3:17.25	48.63	350m:	4:43.57	37.20
	100m:	1:12.17	39.36	200m:	2:28.62	37.11	300m:	4:06.37	49.12	400m:	5:19.53	35.96
5.	,		2011					5:29.97	2	396		
	50m:	33.28	33.28	150m:	1:57.53	45.35	250m:	3:25.51	44.12	350m:	4:50.81	40.18
	100m:	1:12.18	38.90	200m:	2:41.39	43.86	300m:	4:10.63	45.12	400m:	5:29.97	39.16

16 - 18

1.	,		2007	I		9	+0,70	5:16.93	2	447		
	50m:	33.04	33.04	150m:	1:53.23	41.62	250m:	3:19.16	44.49	350m:	4:41.69	38.41
	100m:	1:11.61	38.57	200m:	2:34.67	41.44	300m:	4:03.28	44.12	400m:	5:16.93	35.24

EXH

	,		2009			9	+0,73	5:05.58	1	499		
	50m:	30.99	30.99	150m:	1:46.94	39.45	250m:	3:11.03	46.02	350m:	4:31.69	34.39
	100m:	1:07.49	36.50	200m:	2:25.01	38.07	300m:	3:57.30	46.27	400m:	5:05.58	33.89