

38
22.02.2025 - 13:33

, 400m

14 - 18

: FINA 2024

								R.T.				
14 - 15												
1.			2010					+0,76	4:11.87		667	
	50m:	28.26	28.26	150m:	1:31.74	32.13	250m:	2:36.59	32.36	350m:	3:41.74	32.15
	100m:	59.61	31.35	200m:	2:04.23	32.49	300m:	3:09.59	33.00	400m:	4:11.87	30.13
2.			2010					+0,70	4:13.15		656	
	50m:	28.79	28.79	150m:	1:33.16	32.45	250m:	2:39.20	33.35	350m:	3:43.83	31.58
	100m:	1:00.71	31.92	200m:	2:05.85	32.69	300m:	3:12.25	33.05	400m:	4:13.15	29.32
3.			2011 I					+0,71	4:18.47	1	617	
	50m:	29.02	29.02	150m:	1:33.88	33.08	250m:	2:40.75	33.88	350m:	3:47.61	33.01
	100m:	1:00.80	31.78	200m:	2:06.87	32.99	300m:	3:14.60	33.85	400m:	4:18.47	30.86
4.			2010 I					+0,65	4:18.93	1	613	
	50m:	28.45	28.45	150m:	1:35.11	34.08	250m:	2:42.15	33.55	350m:	3:48.32	32.74
	100m:	1:01.03	32.58	200m:	2:08.60	33.49	300m:	3:15.58	33.43	400m:	4:18.93	30.61
5.			2010					+0,64	4:21.19	1	598	
	50m:	29.13	29.13	150m:	1:33.83	32.76	250m:	2:41.33	34.06	350m:	3:49.41	33.92
	100m:	1:01.07	31.94	200m:	2:07.27	33.44	300m:	3:15.49	34.16	400m:	4:21.19	31.78
6.			2010					+0,65	4:21.39	1	596	
	50m:	27.95	27.95	150m:	1:32.90	32.69	250m:	2:40.19		400m:	4:21.39	32.81
	100m:	1:00.21	32.26	200m:	2:06.87	32.99	350m:	3:48.58	1:08.39			
7.			2010					+0,59	4:23.16	1	584	
	50m:	29.51	29.51	150m:	1:35.20	33.43	250m:	2:42.77	33.99	350m:	3:50.05	33.49
	100m:	1:01.77	32.26	200m:	2:08.78	33.58	300m:	3:16.56	33.79	400m:	4:23.16	33.11
8.			2010 I					+0,69	4:23.98	1	579	
	50m:	29.36	29.36	150m:	1:35.52	33.37	250m:	2:43.34	33.91	350m:	3:51.28	34.15
	100m:	1:02.15	32.79	200m:	2:09.43	33.91	300m:	3:17.13	33.79	400m:	4:23.98	32.70
9.			2011 I					+0,81	4:24.27	1	577	
	50m:	28.87	28.87	150m:	1:35.57	34.11	250m:	2:43.22	34.79	350m:	3:52.05	34.21
	100m:	1:01.46	32.59	200m:	2:08.43	32.86	300m:	3:17.84	34.62	400m:	4:24.27	32.22
10.			2010					+0,84	4:24.56	1	575	
	50m:	30.01	30.01	150m:	1:36.56	33.65	250m:	2:44.70	34.09	350m:	3:52.52	33.48
	100m:	1:02.91	32.90	200m:	2:10.61	34.05	300m:	3:19.04	34.34	400m:	4:24.56	32.04
11.			2010						4:25.91	1	566	
	50m:	29.94	29.94	150m:	1:35.64	33.77	250m:	2:44.80	34.85	350m:	3:53.72	34.32
	100m:	1:01.87	31.93	200m:	2:09.95	34.31	300m:	3:19.40	34.60	400m:	4:25.91	32.19
12.			2011 I					+0,89	4:26.67	1	562	
	50m:	30.58	30.58	150m:	1:37.03	33.99	250m:	2:46.04	35.06	350m:	3:54.40	34.02
	100m:	1:03.04	32.46	200m:	2:10.98	33.95	300m:	3:20.38	34.34	400m:	4:26.67	32.27
13.			2010					+0,70	4:29.97	1	541	
	50m:	29.39	29.39	150m:	1:35.58	33.84	250m:	2:45.27	34.86	350m:	3:55.73	35.25
	100m:	1:01.74	32.35	200m:	2:10.41	34.83	300m:	3:20.48	35.21	400m:	4:29.97	34.24
14.			2010					+0,67	4:30.81	1	536	
	50m:	30.70	30.70	150m:	1:38.46	34.48	250m:	2:47.09	34.95	350m:	3:56.84	35.19
	100m:	1:03.98	33.28	200m:	2:12.14	33.68	300m:	3:21.65	34.56	400m:	4:30.81	33.97
15.			2011					+0,79	4:31.05	2	535	
	50m:	29.63	29.63	150m:	1:36.84	34.24	250m:	2:46.49	35.34	350m:	3:57.64	35.39
	100m:	1:02.60	32.97	200m:	2:11.15	34.31	300m:	3:22.25	35.76	400m:	4:31.05	33.41
16.			2011					+0,73	4:34.20	2	516	
	50m:	29.95	29.95	150m:	1:38.06	34.71	250m:	2:48.55	35.48	350m:	3:59.93	35.87
	100m:	1:03.35	33.40	200m:	2:13.07	35.01	300m:	3:24.06	35.51	400m:	4:34.20	34.27

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, 20. - 22.2.2025

38,		, 400m		, 14 - 15		/		R.T.				
17.			2010		2	+0,78	4:34.83	2	513			
	50m:	30.34	30.34	150m:	1:39.94	35.44	250m:	2:51.34	35.89	350m:	4:02.25	35.44
	100m:	1:04.50	34.16	200m:	2:15.45	35.51	300m:	3:26.81	35.47	400m:	4:34.83	32.58
18.			2010 I		3	+0,82	4:35.85	2	507			
	50m:	29.97	29.97	150m:	1:37.89	34.70	250m:	2:49.02	35.58	350m:	4:01.14	35.68
	100m:	1:03.19	33.22	200m:	2:13.44	35.55	300m:	3:25.46	36.44	400m:	4:35.85	34.71
19.			2010		1	+0,70	4:35.86	2	507			
	50m:	30.20	30.20	150m:	1:38.29	34.62	250m:	2:49.13	35.64	350m:	4:01.38	35.82
	100m:	1:03.67	33.47	200m:	2:13.49	35.20	300m:	3:25.56	36.43	400m:	4:35.86	34.48
20.			2011		1	+0,72	4:36.06	2	506			
	50m:	30.62	30.62	150m:	1:39.01	34.43	250m:	2:51.00	36.14	350m:	4:02.46	35.32
	100m:	1:04.58	33.96	200m:	2:14.86	35.85	300m:	3:27.14	36.14	400m:	4:36.06	33.60
21.			2011		2	+0,71	4:37.39	2	499			
	50m:	31.08	31.08	150m:	1:41.19	35.79	250m:	2:52.89	35.87	350m:	4:03.82	35.04
	100m:	1:05.40	34.32	200m:	2:17.02	35.83	300m:	3:28.78	35.89	400m:	4:37.39	33.57
22.			2011		1	+0,67	4:37.77	2	497			
	50m:	31.61	31.61	150m:	1:41.87	35.43	250m:	2:52.96	35.31	350m:	4:04.01	35.16
	100m:	1:06.44	34.83	200m:	2:17.65	35.78	300m:	3:28.85	35.89	400m:	4:37.77	33.76
23.			2010		2	+0,86	4:37.81	2	497			
	50m:	31.91	31.91	150m:	1:42.21	35.81	250m:	2:53.08	35.41	350m:	4:03.99	35.11
	100m:	1:06.40	34.49	200m:	2:17.67	35.46	300m:	3:28.88	35.80	400m:	4:37.81	33.82
24.			2011		2	+0,75	4:38.10	2	495			
	50m:	30.68	30.68	150m:	1:40.13	35.26	250m:	2:52.22	35.83	350m:	4:04.12	35.69
	100m:	1:04.87	34.19	200m:	2:16.39	36.26	300m:	3:28.43	36.21	400m:	4:38.10	33.98
25.			2010		3	+0,76	4:38.41	2	493			
	50m:	31.12	31.12	150m:	1:41.00	35.60	250m:	2:52.95	35.46	350m:	4:04.14	35.68
	100m:	1:05.40	34.28	200m:	2:17.49	36.49	300m:	3:28.46	35.51	400m:	4:38.41	34.27
26.			2010		1	+0,72	4:38.66	2	492			
	50m:	31.75	31.75	150m:	1:42.35		250m:	2:53.89		350m:	4:04.74	
	100m:	2:18.72	1:46.97	200m:	3:29.48	1:47.13	300m:	4:38.98	1:45.09	400m:	4:38.66	33.92
27.			2010		1	+0,78	4:39.64	2	487			
	50m:	31.07	31.07	150m:	1:40.68	35.27	250m:	2:53.26	36.73	350m:	4:05.34	36.03
	100m:	1:05.41	34.34	200m:	2:16.53	35.85	300m:	3:29.31	36.05	400m:	4:39.64	34.30
28.			2010			+0,75	4:39.80	2	486			
	50m:	29.55	29.55	150m:	1:39.54	36.20	250m:	2:52.41	36.26	350m:	4:04.89	36.04
	100m:	1:03.34	33.79	200m:	2:16.15	36.61	300m:	3:28.85	36.44	400m:	4:39.80	34.91
29.			2011		2	+0,68	4:42.18	2	474			
	50m:	31.76	31.76	150m:	1:43.43	36.60	250m:	2:56.75	35.99	350m:	4:08.38	35.92
	100m:	1:06.83	35.07	200m:	2:20.76	37.33	300m:	3:32.46	35.71	400m:	4:42.18	33.80
30.			2011		3	+0,78	4:45.60	2	457			
	50m:	30.94	30.94	150m:	1:43.25	36.28	250m:	2:56.06	36.50	350m:	4:09.89	36.98
	100m:	1:06.97	36.03	200m:	2:19.56	36.31	300m:	3:32.91	36.85	400m:	4:45.60	35.71
31.			2011		2	+0,72	4:47.81	2	447			
	50m:	31.59	31.59	150m:	1:43.84	36.80	250m:	2:58.38	37.64	350m:	4:12.22	36.90
	100m:	1:07.04	35.45	200m:	2:20.74	36.90	300m:	3:35.32	36.94	400m:	4:47.81	35.59
32.			2010 II		3	+0,71	4:47.84	2	446			
	50m:	31.51	31.51	150m:	1:43.59	36.70	250m:	2:57.39	37.11	350m:	4:11.81	36.83
	100m:	1:06.89	35.38	200m:	2:20.28	36.69	300m:	3:34.98	37.59	400m:	4:47.84	36.03
33.			2010		2	+0,91	4:48.27	2	444			
	50m:	32.31	32.31	150m:	1:45.14	37.40	250m:	2:59.73	37.62	350m:	4:13.98	36.57
	100m:	1:07.74	35.43	200m:	2:22.11	36.97	300m:	3:37.41	37.68	400m:	4:48.27	34.29

, 20. - 22.2.2025

38,		, 400m		, 14 - 15		/		R.T.				
34.	,			2011		1		+0,60	4:48.54 2	443		
	50m:	32.50	32.50	150m:	1:45.48	36.74	250m:	2:59.43	36.86	350m:	4:13.78	37.02
	100m:	1:08.74	36.24	200m:	2:22.57	37.09	300m:	3:36.76	37.33	400m:	4:48.54	34.76
35.	,			2010				+0,71	4:49.46 2	439		
	50m:	31.43	31.43	150m:	1:43.95	37.25	250m:	2:58.58	37.10	350m:	4:13.04	37.00
	100m:	1:06.70	35.27	200m:	2:21.48	37.53	300m:	3:36.04	37.46	400m:	4:49.46	36.42
36.	,			2011		2		+0,61	4:52.81 2	424		
	50m:	31.69	31.69	150m:	1:45.22	37.41	250m:	3:00.41	37.95	350m:	4:15.76	37.60
	100m:	1:07.81	36.12	200m:	2:22.46	37.24	300m:	3:38.16	37.75	400m:	4:52.81	37.05
37.	,			2011		2		+0,66	4:53.08 2	423		
	50m:	33.01	33.01	150m:	1:46.89	37.49	250m:	3:01.90	37.40	350m:	4:17.29	37.55
	100m:	1:09.40	36.39	200m:	2:24.50	37.61	300m:	3:39.74	37.84	400m:	4:53.08	35.79
38.	,			2010		2		+0,79	4:54.07 2	419		
	50m:	31.86	31.86	150m:	1:45.93	38.18	250m:	3:02.76	38.30	350m:	4:18.34	36.95
	100m:	1:07.75	35.89	200m:	2:24.46	38.53	300m:	3:41.39	38.63	400m:	4:54.07	35.73
39.	,			2011					4:56.53 2	408		
	50m:	30.83	30.83	150m:	1:45.45	38.27	250m:	3:02.42	38.21	350m:	4:19.68	38.59
	100m:	1:07.18	36.35	200m:	2:24.21	38.76	300m:	3:41.09	38.67	400m:	4:56.53	36.85
40.	,			2011		1		+0,67	4:57.34 2	405		
	50m:	32.39	32.39	150m:	1:47.16	37.86	250m:	3:04.30	38.72	350m:	4:20.50	38.05
	100m:	1:09.30	36.91	200m:	2:25.58	38.42	300m:	3:42.45	38.15	400m:	4:57.34	36.84
41.	,			2011				+0,66	4:58.61 2	400		
	50m:	32.91	32.91	150m:	1:47.89	38.10	250m:	3:04.27	38.50	350m:	4:21.57	38.58
	100m:	1:09.79	36.88	200m:	2:25.77	37.88	300m:	3:42.99	38.72	400m:	4:58.61	37.04
42.	,			2011		1			4:59.86 2	395		
	50m:	34.06	34.06	150m:	1:49.70	38.42	250m:	3:06.89	38.53	350m:	4:23.34	38.04
	100m:	1:11.28	37.22	200m:	2:28.36	38.66	300m:	3:45.30	38.41	400m:	4:59.86	36.52
43.	,			2010		2		+0,83	5:00.58 2	392		
	50m:	32.19	32.19	150m:	1:46.85	38.46	250m:	3:04.80	39.03	350m:	4:22.76	39.61
	100m:	1:08.39	36.20	200m:	2:25.77	38.92	300m:	3:43.15	38.35	400m:	5:00.58	37.82
44.	,			2010 II		2		+0,81	5:02.50 2	385		
	50m:	32.56	32.56	150m:	1:46.36	37.44	250m:	3:02.76	38.78	350m:	4:23.45	40.98
	100m:	1:08.92	36.36	200m:	2:23.98	37.62	300m:	3:42.47	39.71	400m:	5:02.50	39.05
45.	,			2011		2		+0,72	5:02.98 2	383		
	50m:	34.25	34.25	150m:	1:51.02	38.75	250m:	3:08.51	38.56	350m:	4:25.91	38.49
	100m:	1:12.27	38.02	200m:	2:29.95	38.93	300m:	3:47.42	38.91	400m:	5:02.98	37.07
46.	,			2011		2		+0,78	5:05.37 2	374		
	50m:	34.92	34.92	250m:	3:09.97	1:18.32	350m:	4:28.02	38.44			
	150m:	1:51.65	1:16.73	300m:	3:49.58	39.61	400m:	5:05.37	37.35			
47.	,			2011		1		+0,72	5:09.57 3	359		
	50m:	34.06	34.06	150m:	1:51.67	39.51	250m:	3:10.96	40.15	350m:	4:30.38	40.09
	100m:	1:12.16	38.10	200m:	2:30.81	39.14	300m:	3:50.29	39.33	400m:	5:09.57	39.19
48.	,			2011		1		+0,77	5:11.48 3	352		
	50m:	33.36	33.36	150m:	1:51.58	40.20	250m:	3:11.85	40.36	350m:	4:32.72	40.70
	100m:	1:11.38	38.02	200m:	2:31.49	39.91	300m:	3:52.02	40.17	400m:	5:11.48	38.76
49.	,			2011		2		+0,67	5:23.85 3	313		
	50m:	33.35	33.35	150m:	1:51.53	40.93	250m:	3:16.40	43.18	350m:	4:41.71	42.85
	100m:	1:10.60	37.25	200m:	2:33.22	41.69	300m:	3:58.86	42.46	400m:	5:23.85	42.14
50.	,			2011		2		+0,66	5:24.16 3	312		
	50m:	33.77	33.77	150m:	1:55.00	41.60	250m:	3:19.13	43.20	350m:	4:44.52	42.63
	100m:	1:13.40	39.63	200m:	2:35.93	40.93	300m:	4:01.89	42.76	400m:	5:24.16	39.64

38,		, 400m									
16 - 18											
1.			2008		2	+0,72	4:03.32				739
	50m:	28.36	28.36	150m: 1:31.90	32.27	250m: 2:33.95	30.78	350m: 3:34.38	29.55		
	100m:	59.63	31.27	200m: 2:03.17	31.27	300m: 3:04.83	30.88	400m: 4:03.32	28.94		
2.			2009		3	+0,74	4:10.99				674
	50m:	26.93	26.93	150m: 1:30.96	32.51	250m: 2:36.45	32.77	350m: 3:40.79	31.84		
	100m:	58.45	31.52	200m: 2:03.68	32.72	300m: 3:08.95	32.50	400m: 4:10.99	30.20		
3.			2007		2	+0,71	4:11.46				670
	50m:	28.33	28.33	150m: 1:32.21	32.40	250m: 2:36.68	32.43	350m: 3:41.62	32.65		
	100m:	59.81	31.48	200m: 2:04.25	32.04	300m: 3:08.97	32.29	400m: 4:11.46	29.84		
4.			2008		2	+0,75	4:11.55				669
	50m:	28.41	28.41	150m: 1:31.53	31.97	250m: 2:36.15	32.51	350m: 3:41.09	32.51		
	100m:	59.56	31.15	200m: 2:03.64	32.11	300m: 3:08.58	32.43	400m: 4:11.55	30.46		
5.			2009		2	+0,67	4:17.04	1			627
	50m:	28.52	28.52	150m: 1:33.20	32.34	250m: 2:39.69	33.36	350m: 3:46.50	32.57		
	100m:	1:00.86	32.34	200m: 2:06.33	33.13	300m: 3:13.93	34.24	400m: 4:17.04	30.54		
6.			2008		1	+0,72	4:17.56	1			623
	50m:	28.49	28.49	150m: 1:33.20	32.78	250m: 2:38.71	33.11	350m: 3:44.98	32.98		
	100m:	1:00.42	31.93	200m: 2:05.60	32.40	300m: 3:12.00	33.29	400m: 4:17.56	32.58		
7.			2009		2	+0,69	4:17.74	1			622
	50m:	28.68	28.68	150m: 1:33.55	32.56	250m: 2:39.55	32.92	350m: 3:45.77	32.78		
	100m:	1:00.99	32.31	200m: 2:06.63	33.08	300m: 3:12.99	33.44	400m: 4:17.74	31.97		
8.			2008		1	+0,77	4:17.90	1			621
	50m:	29.26	29.26	150m: 1:34.69	32.81	250m: 2:41.78	33.44	350m: 3:47.14	32.16		
	100m:	1:01.88	32.62	200m: 2:08.34	33.65	300m: 3:14.98	33.20	400m: 4:17.90	30.76		
9.			2009		2	+0,70	4:19.18	1			612
	50m:	28.55	28.55	150m: 1:34.15	33.26	250m: 2:41.05	33.45	350m: 3:46.93	32.65		
	100m:	1:00.89	32.34	200m: 2:07.60	33.45	300m: 3:14.28	33.23	400m: 4:19.18	32.25		
10.			2008		1	+0,65	4:19.64	1			608
	50m:	29.12	29.12	150m: 1:34.31	32.95	250m: 2:41.33	33.85	350m: 3:48.01	32.78		
	100m:	1:01.36	32.24	200m: 2:07.48	33.17	300m: 3:15.23	33.90	400m: 4:19.64	31.63		
11.			2008		1	+0,86	4:20.82	1			600
	50m:	28.66	28.66	150m: 1:34.12	33.29	250m: 2:40.58	33.41	400m: 4:20.82	1:05.84		
	100m:	1:00.83	32.17	200m: 2:07.17	33.05	300m: 3:14.98	34.40				
12.			2008		2	+0,74	4:21.44	1			596
	50m:	29.49	29.49	150m: 1:36.20	33.94	250m: 2:42.83	33.45	350m: 3:49.80	33.80		
	100m:	1:02.26	32.77	200m: 2:09.38	33.18	300m: 3:16.00	33.17	400m: 4:21.44	31.64		
13.			2008	I	1	+0,70	4:22.14	1			591
	50m:	28.69	28.69	150m: 1:33.66	33.73	250m: 2:40.89	33.62	350m: 3:49.35	34.05		
	100m:	59.93	31.24	200m: 2:07.27	33.61	300m: 3:15.30	34.41	400m: 4:22.14	32.79		
14.			2009		1	+0,72	4:25.78	1			567
	50m:	28.86	28.86	150m: 1:34.87	33.29	250m: 2:43.02	34.47	350m: 3:52.40	34.76		
	100m:	1:01.58	32.72	200m: 2:08.55	33.68	300m: 3:17.64	34.62	400m: 4:25.78	33.38		
15.			2007		3	+0,44	4:26.92	1			560
	50m:	29.42	29.42	150m: 1:35.19	33.57	250m: 2:43.68	34.57	350m: 3:52.77	34.64		
	100m:	1:01.62	32.20	200m: 2:09.11	33.92	300m: 3:18.13	34.45	400m: 4:26.92	34.15		
16.			2008		2	+0,75	4:27.16	1			558
	50m:	29.92	29.92	150m: 1:35.59	33.56	250m: 2:43.80	34.13	350m: 3:53.44			
	100m:	1:02.03	32.11	200m: 2:09.67	34.08	300m: 4:27.16	1:43.36	400m: 4:27.16	33.72		
17.			2009	I	1	+0,77	4:29.37	1			545
	50m:	30.06	30.06	150m: 1:37.26	34.31	250m: 2:46.81	34.82	350m: 3:56.46	35.05		
	100m:	1:02.95	32.89	200m: 2:11.99	34.73	300m: 3:21.41	34.60	400m: 4:29.37	32.91		

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38,		, 400m		, 16 - 18		R.T.						
18.			2009		2	+0,75	4:29.83	1	542			
	50m:	29.23	29.23	150m:	1:37.24	34.91	250m:	2:47.01	35.17	350m:	3:56.73	34.84
	100m:	1:02.33	33.10	200m:	2:11.84	34.60	300m:	3:21.89	34.88	400m:	4:29.83	33.10
19.			2008		3	+0,68	4:31.92	2	530			
	50m:	30.52	30.52	150m:	1:37.70	34.40	250m:	2:46.15	34.91	350m:	3:57.31	35.96
	100m:	1:03.30	32.78	200m:	2:11.24	33.54	300m:	3:21.35	35.20	400m:	4:31.92	34.61
20.			2009		1	+0,81	4:33.90	2	518			
	50m:	30.42	30.42	150m:	1:39.20	34.72	250m:	2:49.35	35.25	350m:	3:59.96	35.39
	100m:	1:04.48	34.06	200m:	2:14.10	34.90	300m:	3:24.57	35.22	400m:	4:33.90	33.94
21.			2009		1	+0,74	4:36.83	2	502			
	50m:	30.03	30.03	150m:	1:39.50	35.60	250m:	2:50.79	35.66	350m:	4:02.52	35.88
	100m:	1:03.90	33.87	200m:	2:15.13	35.63	300m:	3:26.64	35.85	400m:	4:36.83	34.31
22.			2009		1	+0,79	4:38.75	2	492			
	50m:	29.01	29.01	150m:	1:36.68	34.59	250m:	2:49.14	36.88	350m:	4:03.36	36.78
	100m:	1:02.09	33.08	200m:	2:12.26	35.58	300m:	3:26.58	37.44	400m:	4:38.75	35.39
23.			2009		1	+0,79	4:39.69	2	487			
	50m:	30.90	30.90	150m:	1:41.13	35.90	250m:	2:53.95	36.64	350m:	4:06.38	36.38
	100m:	1:05.23	34.33	200m:	2:17.31	36.18	300m:	3:30.00	36.05	400m:	4:39.69	33.31
24.			2008		3	+0,74	4:40.20	2	484			
	50m:	29.99	29.99	150m:	1:41.68	36.54	250m:	2:53.95	36.27	350m:	4:06.85	36.26
	100m:	1:05.14	35.15	200m:	2:17.68	36.00	300m:	3:30.59	36.64	400m:	4:40.20	33.35
25.			2007			+0,76	4:44.49	2	462			
	50m:	32.36	32.36	150m:	1:45.32	36.94	250m:	2:59.76	37.16	350m:	4:11.89	35.42
	100m:	1:08.38	36.02	200m:	2:22.60	37.28	300m:	3:36.47	36.71	400m:	4:44.49	32.60
26.			2009	I	1	+0,70	4:52.84	2	424			
	50m:	33.39	33.39	150m:	1:47.56	37.64	250m:	3:02.82	36.85	400m:	4:52.84	1:12.03
	100m:	1:09.92	36.53	200m:	2:25.97	38.41	300m:	3:40.81	37.99			
27.			2007		1	+0,78	4:53.72	2	420			
	50m:	30.89	30.89	150m:	1:44.97	37.83	250m:	3:01.41	38.90	350m:	4:16.99	37.22
	100m:	1:07.14	36.25	200m:	2:22.51	37.54	300m:	3:39.77	38.36	400m:	4:53.72	36.73
28.			2009		1	+0,82	4:57.41	2	405			
	50m:	33.32	33.32	150m:	3:04.47	1:54.32	250m:	4:21.13	1:54.76	400m:	4:57.41	1:14.68
	100m:	1:10.15	36.83	200m:	2:26.37		300m:	3:42.73				
EXH			2009		9	+0,58	4:25.30	1	570			
	50m:	29.82	29.82	150m:	1:35.65	33.64	250m:	2:44.58		400m:	4:25.30	32.15
	100m:	1:02.01	32.19	200m:	4:25.26	2:49.61	350m:	3:53.15	1:08.57			