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25.03.2025 - 10:44

, 400m

2012 - 2013

: FINA 2024

		/				R.T.			
2013									
1.	,	2013	I	2	+0,90	<b>4:59.09</b>			487
	50m: 33.84	33.84	150m: 1:49.67	38.51	250m: 3:06.65	38.54	350m: 4:23.50	38.66	
	100m: 1:11.16	37.32	200m: 2:28.11	38.44	300m: 3:44.84	38.19	400m: 4:59.09	35.59	
2.	,	2013	I	2	+0,59	<b>5:00.51</b>			480
	50m: 33.73	33.73	150m: 1:50.51	38.99	250m: 3:08.08	38.64	350m: 4:24.69	38.33	
	100m: 1:11.52	37.79	200m: 2:29.44	38.93	300m: 3:46.36	38.28	400m: 5:00.51	35.82	
3.	,	2013	II	2	+0,97	<b>5:08.47</b>			444
	50m: 35.01	35.01	150m: 1:51.91	38.82	250m: 3:11.15	39.82	350m: 4:30.10	39.15	
	100m: 1:13.09	38.08	200m: 2:31.33	39.42	300m: 3:50.95	39.80	400m: 5:08.47	38.37	
4.	,	2013	II	2	+0,77	<b>5:11.10</b>			433
	50m: 33.17	33.17	150m: 1:50.54	39.83	250m: 3:12.20	41.13	350m: 4:33.06	40.23	
	100m: 1:10.71	37.54	200m: 2:31.07	40.53	300m: 3:52.83	40.63	400m: 5:11.10	38.04	
5.	,	2013	II	2	+0,90	<b>5:11.14</b>			432
	50m: 34.20	34.20	150m: 1:50.01	38.99	250m: 3:09.93	40.54	350m: 4:31.05	40.77	
	100m: 1:11.02	36.82	200m: 2:29.39	39.38	300m: 3:50.28	40.35	400m: 5:11.14	40.09	
6.	,	2013	II	2	+0,88	<b>5:11.34</b>			432
	50m: 33.63	33.63	150m: 1:51.57	39.83	250m: 3:12.24	40.50	350m: 4:32.67	40.03	
	100m: 1:11.74	38.11	200m: 2:31.74	40.17	300m: 3:52.64	40.40	400m: 5:11.34	38.67	
7.	,	2013	II	2	+0,92	<b>5:12.03</b>			429
	50m: 33.38	33.38	150m: 1:50.05	39.37	250m: 3:09.62		350m: 4:31.75		
	100m: 1:10.68	37.30	200m: 3:51.03	2:00.98	300m: 5:12.03	2:02.41	400m: 5:12.03	40.28	
8.	,	2013	II	2		<b>5:14.54</b>			419
	50m: 35.27	35.27	150m: 3:15.20	2:01.31	250m: 4:35.90	2:01.77	400m: 5:14.54	1:18.86	
	100m: 1:13.89	38.62	200m: 2:34.13		300m: 3:55.68				
9.	,	2013	II	2	+0,76	<b>5:15.30</b>			416
	50m: 34.61	34.61	150m: 1:55.44	40.27	250m: 3:15.93	41.02	350m: 4:36.20	40.39	
	100m: 1:15.17	40.56	200m: 2:34.91	39.47	300m: 3:55.81	39.88	400m: 5:15.30	39.10	
10.	,	2013	II	2	+0,71	<b>5:16.00</b>			413
	50m: 34.31	34.31	150m: 1:53.54	39.95	250m: 3:15.54	41.14	350m: 4:37.10	40.53	
	100m: 1:13.59	39.28	200m: 2:34.40	40.86	300m: 3:56.57	41.03	400m: 5:16.00	38.90	
11.	,	2013	II	2	+0,84	<b>5:21.63</b>			391
	50m: 34.04	34.04	150m: 1:55.22	41.93	250m: 3:17.92	41.20	350m: 4:41.81	41.64	
	100m: 1:13.29	39.25	200m: 2:36.72	41.50	300m: 4:00.17	42.25	400m: 5:21.63	39.82	
12.	,	2013	II		+0,81	<b>5:23.04</b>			386
	50m: 35.76	35.76	150m: 1:59.91	42.14	250m: 3:22.66	41.23	350m: 4:43.93	40.59	
	100m: 1:17.77	42.01	200m: 2:41.43	41.52	300m: 4:03.34	40.68	400m: 5:23.04	39.11	
13.	,	2013	II	2	+0,69	<b>5:23.10</b>			386
	50m: 35.31	35.31	150m: 1:58.40	42.13	250m: 3:22.40	41.68	350m: 4:44.47	39.91	
	100m: 1:16.27	40.96	200m: 2:40.72	42.32	300m: 4:04.56	42.16	400m: 5:23.10	38.63	
14.	,	2013	II		+0,85	<b>5:23.74</b>			384
	50m: 36.41	36.41	150m: 2:00.21	42.96	250m: 3:22.41	41.68	350m: 4:45.34	40.45	
	100m: 1:17.25	40.84	200m: 2:40.73	40.52	300m: 4:04.89	42.48	400m: 5:23.74	38.40	
15.	,	2013	II	2	+0,66	<b>5:24.23</b>			382
	50m: 35.62	35.62	150m: 1:57.53	41.48	250m: 3:21.26	42.15	350m: 4:44.10	41.47	
	100m: 1:16.05	40.43	200m: 2:39.11	41.58	300m: 4:02.63	41.37	400m: 5:24.23	40.13	

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3,		, 400m				2013						
								R.T.				
16.				2013	II			2	<b>5:28.07</b>	II	369	
	50m:	36.64	36.64	150m:	2:00.27	42.67	250m:	3:23.95	41.77	350m:	4:48.18	41.93
	100m:	1:17.60	40.96	200m:	2:42.18	41.91	300m:	4:06.25	42.30	400m:	5:28.07	39.89
17.				2013	II			+0,88	2	<b>5:30.45</b>	II	361
	50m:	36.31	36.31	150m:	2:01.07	43.15	250m:	3:26.89	43.09	350m:	4:50.93	41.92
	100m:	1:17.92	41.61	200m:	2:43.80	42.73	300m:	4:09.01	42.12	400m:	5:30.45	39.52
18.				2013	II			+0,79		<b>5:38.63</b>	II	335
	50m:	38.83	38.83	150m:	2:03.92	43.00	300m:	4:13.88	44.04	400m:	5:38.63	41.81
	100m:	1:20.92	42.09	250m:	3:29.84	1:25.92	350m:	4:56.82	42.94			
19.				2013	II			2		<b>5:43.40</b>	III	322
	50m:	36.81	36.81	150m:	2:00.67	43.49	250m:	3:30.39	45.80	350m:	5:01.13	45.26
	100m:	1:17.18	40.37	200m:	2:44.59	43.92	300m:	4:15.87	45.48	400m:	5:43.40	42.27
20.				2013	II			2	+0,84	<b>5:51.92</b>	III	299
	50m:	36.09	36.09	150m:	2:04.36	46.00	250m:	3:34.96	44.13	350m:	5:08.89	46.60
	100m:	1:18.36	42.27	200m:	2:50.83	46.47	300m:	4:22.29	47.33	400m:	5:51.92	43.03
21.				2013	III				+0,90	<b>5:52.04</b>	III	298
	50m:	38.42	38.42	150m:	2:09.18	45.63	250m:	3:39.96	45.35	350m:	5:10.64	44.42
	100m:	1:23.55	45.13	200m:	2:54.61	45.43	300m:	4:26.22	46.26	400m:	5:52.04	41.40
22.				2013	II				+0,81	<b>6:01.98</b>	III	274
	50m:	39.72	39.72	150m:	2:11.53	46.43	250m:	3:44.28	46.20	350m:	5:17.78	46.61
	100m:	1:25.10	45.38	200m:	2:58.08	46.55	300m:	4:31.17	46.89	400m:	6:01.98	44.20
23.				2013	II			2		<b>6:04.04</b>	III	270
	50m:	38.40	38.40	150m:	2:10.63	47.03	250m:	3:47.15	49.17	350m:	5:21.60	47.35
	100m:	1:23.60	45.20	200m:	2:57.98	47.35	300m:	4:34.25	47.10	400m:	6:04.04	42.44
24.				2013	III			2		<b>6:19.35</b>	III	238
	50m:	42.31	42.31	150m:	2:18.05	49.00	250m:	3:56.92	49.32	350m:	5:34.39	48.49
	100m:	1:29.05	46.74	200m:	3:07.60	49.55	300m:	4:45.90	48.98	400m:	6:19.35	44.96
25.				2013	III			2	+0,79	<b>6:24.15</b>	I	230
	50m:	38.36	38.36	150m:	2:14.38	49.62	250m:	3:55.58	51.13	400m:	6:24.15	47.30
	100m:	1:24.76	46.40	200m:	3:04.45	50.07	350m:	5:36.85	1:41.27			
26.				2013	III			2	+0,80	<b>6:29.38</b>	I	220
	50m:	39.56	39.56	150m:	2:17.00	50.02	250m:	4:00.98	52.22	350m:	5:43.28	51.19
	100m:	1:26.98	47.42	200m:	3:08.76	51.76	300m:	4:52.09	51.11	400m:	6:29.38	46.10
27.				2013	III			2	+0,74	<b>6:38.74</b>	I	205
	50m:	39.20	39.20	150m:	2:17.08	50.60	250m:	4:01.30	52.56	350m:	5:48.95	54.12
	100m:	1:26.48	47.28	200m:	3:08.74	51.66	300m:	4:54.83	53.53	400m:	6:38.74	49.79
28.				2013	III			2	+0,90	<b>6:42.98</b>	I	199
	50m:	42.11	42.11	150m:	2:25.91	53.76	250m:	4:12.05	53.57	350m:	5:56.39	51.87
	100m:	1:32.15	50.04	200m:	3:18.48	52.57	300m:	5:04.52	52.47	400m:	6:42.98	46.59
DNS				2013	II			2				
2012												
1.				2012	I			1		<b>4:54.34</b>	I	511
	50m:	33.00	33.00	150m:	1:47.73	38.19	250m:	3:02.78	37.69	350m:	4:18.21	37.88
	100m:	1:09.54	36.54	200m:	2:25.09	37.36	300m:	3:40.33	37.55	400m:	4:54.34	36.13
2.				2012	I			1	+0,88	<b>4:58.00</b>	I	492
	50m:	33.66	33.66	150m:	1:48.73	38.19	250m:	3:05.60	38.41	350m:	4:21.87	38.08
	100m:	1:10.54	36.88	200m:	2:27.19	38.46	300m:	3:43.79	38.19	400m:	4:58.00	36.13



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	3,	, 400m	,	2012									
19.			/				R.T.						
				2012 II			+0,84	<b>5:37.92</b>	II				337
	50m:	38.60	38.60	150m:	2:02.80	42.67	250m:	3:29.54	43.34	350m:	4:56.01	42.92	
	100m:	1:20.13	41.53	200m:	2:46.20	43.40	300m:	4:13.09	43.55	400m:	5:37.92	41.91	
20.				2012 II			1	+1,03	<b>5:42.04</b>	III			325
	50m:	37.57	37.57	150m:	2:03.82	43.96	250m:	3:32.16	44.53	350m:	5:00.70	43.62	
	100m:	1:19.86	42.29	200m:	2:47.63	43.81	300m:	4:17.08	44.92	400m:	5:42.04	41.34	
21.				2012 III			1	+0,83	<b>5:46.23</b>	III			314
	50m:	35.98	35.98	150m:	2:04.37	45.18	250m:	3:34.62	44.61	350m:	5:03.75	44.40	
	100m:	1:19.19	43.21	200m:	2:50.01	45.64	300m:	4:19.35	44.73	400m:	5:46.23	42.48	
22.				2012 III				+0,86	<b>5:46.65</b>	III			313
	50m:	37.93	37.93	150m:	2:06.82	44.23	250m:	3:35.91	43.82	350m:	5:03.25	43.75	
	100m:	1:22.59	44.66	200m:	2:52.09	45.27	300m:	4:19.50	43.59	400m:	5:46.65	43.40	
23.				2012 II			1	+0,79	<b>5:47.90</b>	III			309
	100m:	1:19.62	1:19.62	200m:	4:22.43	3:02.81	300m:	5:48.10	1:25.67	400m:	5:47.90		
24.				2012 III			1	+0,87	<b>6:05.10</b>	III			267
	50m:	37.78	37.78	150m:	2:10.95	48.02	250m:	3:49.23	49.47	350m:	5:23.83	45.91	
	100m:	1:22.93	45.15	200m:	2:59.76	48.81	300m:	4:37.92	48.69	400m:	6:05.10	41.27	
25.				2012 II			1	+0,85	<b>6:18.80</b>	III			239
	50m:	38.21	38.21	150m:	2:12.41	48.29	250m:	3:51.27	49.31	350m:	5:31.64	50.20	
	100m:	1:24.12	45.91	200m:	3:01.96	49.55	300m:	4:41.44	50.17	400m:	6:18.80	47.16	
26.				2012 III			1	+0,82	<b>6:21.48</b>	III			234
	50m:	38.64	38.64	150m:	2:13.56	48.15	250m:	3:52.79	50.26	350m:	5:33.99	50.67	
	100m:	1:25.41	46.77	200m:	3:02.53	48.97	300m:	4:43.32	50.53	400m:	6:21.48	47.49	