

4  
25.03.2025 - 11:32

, 400m

2012 - 2013

: FINA 2024

		/				R.T.					
2013											
1.	,	2013		2	+0,78	4:41.62		477			
50m:	31.18	31.18	150m:	1:42.66	36.19	250m:	2:55.32	36.81	350m:	4:07.51	36.03
100m:	1:06.47	35.29	200m:	2:18.51	35.85	300m:	3:31.48	36.16	400m:	4:41.62	34.11
2.	,	2013		2	+0,78	4:50.11		436			
50m:	33.47	33.47	150m:	1:47.28	37.42	250m:	3:01.66	37.34	350m:	4:15.16	36.82
100m:	1:09.86	36.39	200m:	2:24.32	37.04	300m:	3:38.34	36.68	400m:	4:50.11	34.95
3.	,	2013		2	+0,77	4:52.61		425			
50m:	32.47	32.47	150m:	1:45.72	37.41	250m:	3:01.97	38.21	350m:	4:17.43	37.63
100m:	1:08.31	35.84	200m:	2:23.76	38.04	300m:	3:39.80	37.83	400m:	4:52.61	35.18
4.	,	2013		2	+0,78	4:55.18		414			
50m:	32.63	32.63	150m:	1:45.99	37.49	250m:	3:01.37	37.71	350m:	4:17.70	37.88
100m:	1:08.50	35.87	200m:	2:23.66	37.67	300m:	3:39.82	38.45	400m:	4:55.18	37.48
5.	,	2013		2	+0,79	4:57.40		405			
50m:	31.43	31.43	150m:	1:46.35	38.56	250m:	3:03.50	38.48	350m:	4:20.58	37.96
100m:	1:07.79	36.36	200m:	2:25.02	38.67	300m:	3:42.62	39.12	400m:	4:57.40	36.82
6.	,	2013		2	+0,67	4:57.80		403			
50m:	32.15	32.15	150m:	1:45.53	37.68	250m:	3:02.97	38.83	350m:	4:20.76	38.70
100m:	1:07.85	35.70	200m:	2:24.14	38.61	300m:	3:42.06	39.09	400m:	4:57.80	37.04
7.	,	2013		2	+0,64	4:58.75		399			
50m:	32.66	32.66	150m:	1:47.38	38.04	250m:	3:05.21	39.14	350m:	4:22.60	38.62
100m:	1:09.34	36.68	200m:	2:26.07	38.69	300m:	3:43.98	38.77	400m:	4:58.75	36.15
8.	,	2013		2	+0,75	4:59.73		395			
50m:	33.18	33.18	150m:	1:49.88	39.15	250m:	3:08.99	39.59	350m:	4:24.48	37.04
100m:	1:10.73	37.55	200m:	2:29.40	39.52	300m:	3:47.44	38.45	400m:	4:59.73	35.25
9.	,	2013		2	+0,76	5:00.99		390			
50m:	34.27	34.27	150m:	1:51.08	38.65	250m:	3:08.72	38.86	350m:	4:24.56	37.86
100m:	1:12.43	38.16	200m:	2:29.86	38.78	300m:	3:46.70	37.98	400m:	5:00.99	36.43
10.	,	2013		2	+0,78	5:01.09		390			
50m:	32.86	32.86	150m:	1:48.65	38.62	250m:	3:06.96	39.05	350m:	4:25.31	38.79
100m:	1:10.03	37.17	200m:	2:27.91	39.26	300m:	3:46.52	39.56	400m:	5:01.09	35.78
11.	,	2013		2	+0,75	5:03.38		381			
50m:	34.64	34.64	150m:	1:52.65	39.39	250m:	3:09.92	38.18	350m:	4:26.73	37.58
100m:	1:13.26	38.62	200m:	2:31.74	39.09	300m:	3:49.15	39.23	400m:	5:03.38	36.65
12.	,	2013		2	+0,74	5:03.77		380			
50m:	33.87	33.87	150m:	1:51.82	39.25	250m:	3:10.51	39.77	350m:	4:27.75	38.41
100m:	1:12.57	38.70	200m:	2:30.74	38.92	300m:	3:49.34	38.83	400m:	5:03.77	36.02
13.	,	2013		2	+0,87	5:03.95		379			
50m:	33.25	33.25	150m:	1:49.55	39.08	250m:	3:08.82	39.96	350m:	4:27.28	38.20
100m:	1:10.47	37.22	200m:	2:28.86	39.31	300m:	3:49.08	40.26	400m:	5:03.95	36.67
14.	,	2013		2	+0,76	5:14.49		342			
50m:	34.49	34.49	150m:	1:53.98	40.42	250m:	3:15.55	40.71	350m:	4:36.03	39.59
100m:	1:13.56	39.07	200m:	2:34.84	40.86	300m:	3:56.44	40.89	400m:	5:14.49	38.46
15.	,	2013		2	+0,72	5:14.88		341			
50m:	33.57	33.57	150m:	1:52.95	40.53	250m:	3:15.08	41.44	350m:	4:36.52	40.22
100m:	1:12.42	38.85	200m:	2:33.64	40.69	300m:	3:56.30	41.22	400m:	5:14.88	38.36

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OMEGA ARES 21

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4,		, 400m				2013				R.T.		
16.												338
	50m:	35.02	35.02	150m:	1:56.09	41.01	250m:	3:16.16	40.18	350m:	4:37.18	40.55
	100m:	1:15.08	40.06	200m:	2:35.98	39.89	300m:	3:56.63	40.47	400m:	5:15.87	38.69
17.												337
	50m:	36.53	36.53	150m:	1:55.87	39.93	250m:	3:17.27	41.01	350m:	4:37.89	40.01
	100m:	1:15.94	39.41	200m:	2:36.26	40.39	300m:	3:57.88	40.61	400m:	5:16.10	38.21
18.												335
	50m:	34.28	34.28	150m:	1:53.85	40.54	250m:	3:16.05	41.69	350m:	4:38.75	41.39
	100m:	1:13.31	39.03	200m:	2:34.36	40.51	300m:	3:57.36	41.31	400m:	5:16.61	37.86
19.												316
	50m:	35.00	35.00	150m:	1:55.81	40.91	250m:	3:19.50	42.13	350m:	4:43.27	41.77
	100m:	1:14.90	39.90	200m:	2:37.37	41.56	300m:	4:01.50	42.00	400m:	5:22.94	39.67
20.												315
	50m:	36.09	36.09	150m:	1:57.93	41.66	250m:	3:21.51	41.90	350m:	4:44.38	40.89
	100m:	1:16.27	40.18	200m:	2:39.61	41.68	300m:	4:03.49	41.98	400m:	5:23.18	38.80
21.												315
	50m:	34.76	34.76	150m:	1:54.82	40.85	250m:	3:18.23	42.02	350m:	4:42.46	42.00
	100m:	1:13.97	39.21	200m:	2:36.21	41.39	300m:	4:00.46	42.23	400m:	5:23.26	40.80
22.												306
	50m:	36.41	36.41	150m:	1:59.51	41.81	250m:	3:24.37	42.65	350m:	4:48.02	40.83
	100m:	1:17.70	41.29	200m:	2:41.72	42.21	300m:	4:07.19	42.82	400m:	5:26.37	38.35
23.												294
	50m:	35.85	35.85	150m:	2:01.08	43.33	250m:	3:26.57	42.61	350m:	4:50.74	41.25
	100m:	1:17.75	41.90	200m:	2:43.96	42.88	300m:	4:09.49	42.92	400m:	5:30.77	40.03
24.												288
	50m:	37.27	37.27	150m:	2:00.96	42.53	250m:	3:26.15	42.96	350m:	4:52.31	43.77
	100m:	1:18.43	41.16	200m:	2:43.19	42.23	300m:	4:08.54	42.39	400m:	5:32.89	40.58
25.												287
	50m:	39.01	39.01	150m:	2:04.94	42.98	250m:	3:30.70	42.98	350m:	4:55.32	41.58
	100m:	1:21.96	42.95	200m:	2:47.72	42.78	300m:	4:13.74	43.04	400m:	5:33.33	38.01
26.												285
	50m:	38.49	38.49	150m:	2:01.88	41.98	250m:	3:27.47	43.28	350m:	4:52.53	42.10
	100m:	1:19.90	41.41	200m:	2:44.19	42.31	300m:	4:10.43	42.96	400m:	5:34.03	41.50
27.												285
	50m:	37.86	37.86	150m:	2:04.21	43.78	250m:	3:30.48	43.00	350m:	4:54.66	41.58
	100m:	1:20.43	42.57	200m:	2:47.48	43.27	300m:	4:13.08	42.60	400m:	5:34.08	39.42
28.												284
	50m:	36.86	36.86	150m:	2:00.93	42.77	250m:	3:25.67	43.02	350m:	4:52.78	43.34
	100m:	1:18.16	41.30	200m:	2:42.65	41.72	300m:	4:09.44	43.77	400m:	5:34.46	41.68
29.												270
	50m:	37.12	37.12	150m:	2:03.58	44.48	300m:	4:14.56	43.12	400m:	5:40.30	43.40
	100m:	1:19.10	41.98	250m:	3:31.44	1:27.86	350m:	4:56.90	42.34			
30.												270
	50m:	36.81	36.81	150m:	2:01.36	42.99	250m:	3:30.10	45.15	350m:	4:59.35	44.58
	100m:	1:18.37	41.56	200m:	2:44.95	43.59	300m:	4:14.77	44.67	400m:	5:40.46	41.11
31.												256
	50m:	37.01	37.01	150m:	2:04.11	43.16	250m:	3:32.50	44.66	350m:	5:02.57	45.17
	100m:	1:20.95	43.94	200m:	2:47.84	43.73	300m:	4:17.40	44.90	400m:	5:46.38	43.81

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4, , 400m				2013							
						R.T.					
32.			2013 II			+0,89	<b>5:47.15 I</b>			254	
50m:	37.52	37.52	150m:	2:05.39	44.98	250m:	3:35.40	44.51	350m:	5:04.99	44.69
100m:	1:20.41	42.89	200m:	2:50.89	45.50	300m:	4:20.30	44.90	400m:	5:47.15	42.16
33.			2013 III			2	+0,76	<b>5:48.95 I</b>		250	
50m:	36.96	36.96	150m:	2:05.53	45.89	250m:	3:37.98	46.89	350m:	5:09.39	45.45
100m:	1:19.64	42.68	200m:	2:51.09	45.56	300m:	4:23.94	45.96	400m:	5:48.95	39.56
34.			2013 III			2		<b>5:51.30 I</b>		245	
50m:	36.96	36.96	150m:	2:05.81	45.14	250m:	3:36.84	45.88	350m:	5:08.50	46.53
100m:	1:20.67	43.71	200m:	2:50.96	45.15	300m:	4:21.97	45.13	400m:	5:51.30	42.80
35.			2013 III				+0,83	<b>5:51.69 I</b>		245	
50m:	36.29	36.29	250m:	3:34.68	1:30.55	350m:	5:08.82	46.83			
150m:	2:04.13	1:27.84	300m:	4:21.99	47.31	400m:	5:51.69	42.87			
36.			2013 III				+0,75	<b>5:58.55 I</b>		231	
50m:	37.26	37.26	150m:	2:08.07	46.06	250m:	3:40.98	46.87	350m:	5:14.09	46.57
100m:	1:22.01	44.75	200m:	2:54.11	46.04	300m:	4:27.52	46.54	400m:	5:58.55	44.46
37.			2013 III			2	+0,80	<b>5:59.81 I</b>		228	
50m:	38.52	38.52	150m:	2:07.09	47.21	250m:	3:41.50	47.42	350m:	5:16.19	47.46
100m:	1:19.88	41.36	200m:	2:54.08	46.99	300m:	4:28.73	47.23	400m:	5:59.81	43.62
38.			2013 III				+0,80	<b>6:03.98 I</b>		221	
50m:	37.65	37.65	150m:	2:08.46	46.16	250m:	3:43.59	48.47	350m:	5:18.38	47.76
100m:	1:22.30	44.65	200m:	2:55.12	46.66	300m:	4:30.62	47.03	400m:	6:03.98	45.60
39.			2013 III			2		<b>6:13.29 I</b>		204	
50m:	37.90	37.90	150m:	2:10.83	48.36	250m:	3:49.41	49.02	350m:	5:28.10	48.61
100m:	1:22.47	44.57	200m:	3:00.39	49.56	300m:	4:39.49	50.08	400m:	6:13.29	45.19
40.			2013 III			2		<b>6:14.38 I</b>		203	
50m:	37.01	37.01	150m:	2:07.94	46.98	250m:	3:47.52	50.53	350m:	5:27.32	49.95
100m:	1:20.96	43.95	200m:	2:56.99	49.05	300m:	4:37.37	49.85	400m:	6:14.38	47.06
41.			2013 III			2	+0,79	<b>6:56.42</b>		147	
50m:	41.92	41.92	150m:	2:26.00	52.64	250m:	4:15.56	55.02	400m:	6:56.42	1:45.87
100m:	1:33.36	51.44	200m:	3:20.54	54.54	300m:	5:10.55	54.99			
DNS			2013 III			2					
2012											
1.			2012 II			1	+0,69	<b>4:41.06 II</b>		480	
50m:	30.91	30.91	150m:	1:42.35	36.51	250m:	2:55.65	36.78	350m:	4:08.22	35.93
100m:	1:05.84	34.93	200m:	2:18.87	36.52	300m:	3:32.29	36.64	400m:	4:41.06	32.84
2.			2012 II				1	<b>4:45.28 II</b>		459	
50m:	32.21	32.21	150m:	1:44.82	36.58	250m:	2:57.93	36.78	350m:	4:10.91	36.44
100m:	1:08.24	36.03	200m:	2:21.15	36.33	300m:	3:34.47	36.54	400m:	4:45.28	34.37
3.			2012 II			1	+0,76	<b>4:45.58 II</b>		457	
50m:	32.62	32.62	150m:	1:45.30	36.67	250m:	2:58.73	36.99	350m:	4:11.31	35.70
100m:	1:08.63	36.01	200m:	2:21.74	36.44	300m:	3:35.61	36.88	400m:	4:45.58	34.27
4.			2012 II			1	+0,75	<b>4:45.73 II</b>		456	
50m:	32.04	32.04	150m:	1:42.99	35.81	250m:	2:57.36	37.64	350m:	4:11.16	35.98
100m:	1:07.18	35.14	200m:	2:19.72	36.73	300m:	3:35.18	37.82	400m:	4:45.73	34.57
5.			2012 II				+0,69	<b>4:50.07 II</b>		436	
50m:	32.13	32.13	150m:	1:45.01	37.12	250m:	3:00.43	37.84	350m:	4:15.90	37.45
100m:	1:07.89	35.76	200m:	2:22.59	37.58	300m:	3:38.45	38.02	400m:	4:50.07	34.17

4,		, 400m				2012							
												R.T.	
6.	,			2012			1	+0,78	<b>4:52.36</b>			426	
	50m:	32.19	32.19	150m:	1:46.28	37.66	300m:	3:40.30	37.65	400m:	4:52.36	34.50	
	100m:	1:08.62	36.43	250m:	3:02.65	1:16.37	350m:	4:17.86	37.56				
7.	,			2012			1	+0,64	<b>4:53.02</b>			423	
	50m:	32.44	32.44	150m:	1:45.77	37.40	250m:	3:02.07	37.93	350m:	4:17.16	37.89	
	100m:	1:08.37	35.93	200m:	2:24.14	38.37	300m:	3:39.27	37.20	400m:	4:53.02	35.86	
8.	,			2012			1	+0,90	<b>4:55.62</b>			412	
	50m:	32.56	32.56	150m:	1:47.25	37.79	250m:	3:03.33	37.95	350m:	4:19.55	38.10	
	100m:	1:09.46	36.90	200m:	2:25.38	38.13	300m:	3:41.45	38.12	400m:	4:55.62	36.07	
9.	,			2012			1	+0,79	<b>4:55.73</b>			412	
	50m:	33.32	33.32	150m:	1:47.91	37.44	250m:	3:03.87	37.65	350m:	4:19.34	37.48	
	100m:	1:10.47	37.15	200m:	2:26.22	38.31	300m:	3:41.86	37.99	400m:	4:55.73	36.39	
10.	,			2012			1	+0,64	<b>4:55.98</b>			411	
	50m:	34.10	34.10	150m:	1:49.96	37.70	250m:	3:04.71	36.77	350m:	4:19.89	37.32	
	100m:	1:12.26	38.16	200m:	2:27.94	37.98	300m:	3:42.57	37.86	400m:	4:55.98	36.09	
11.	,			2012			1	+0,68	<b>4:56.93</b>			407	
	50m:	32.63	32.63	150m:	1:48.42	38.61	250m:	3:07.11	38.54	350m:	4:21.45	35.27	
	100m:	1:09.81	37.18	200m:	2:28.57	40.15	300m:	3:46.18	39.07	400m:	4:56.93	35.48	
12.	,			2012				+0,73	<b>4:57.35</b>			405	
	50m:	34.68	34.68	150m:	1:50.44		250m:	3:06.94		350m:	4:22.04		
	100m:	2:28.75	1:54.07	200m:	3:44.81	1:54.37	300m:	4:57.45	1:50.51	400m:	4:57.35	35.31	
13.	,			2012			1	+0,85	<b>5:00.24</b>			393	
	50m:	32.81	32.81	150m:	1:48.75	38.83	250m:	3:07.56	39.23	350m:	4:23.78	37.23	
	100m:	1:09.92	37.11	200m:	2:28.33	39.58	300m:	3:46.55	38.99	400m:	5:00.24	36.46	
14.	,			2012				+0,61	<b>5:01.92</b>			387	
	50m:	32.73	32.73	150m:	1:47.79	38.20	250m:	3:05.72	38.81	350m:	4:24.03	39.23	
	100m:	1:09.59	36.86	200m:	2:26.91	39.12	300m:	3:44.80	39.08	400m:	5:01.92	37.89	
15.	,			2012			1	+0,94	<b>5:03.29</b>			382	
	50m:	31.81	31.81	150m:	1:49.17	39.96	250m:	4:28.09	1:58.22	400m:	5:03.29	1:12.56	
	100m:	1:09.21	37.40	200m:	2:29.87	40.70	300m:	3:50.73					
16.	,			2012			1		<b>5:05.02</b>			375	
	50m:	31.93	31.93	150m:	1:47.92	39.17	250m:	3:06.99	39.71	350m:	4:26.45	40.10	
	100m:	1:08.75	36.82	200m:	2:27.28	39.36	300m:	3:46.35	39.36	400m:	5:05.02	38.57	
17.	,			2012				+0,90	<b>5:05.96</b>			372	
	50m:	34.09	34.09	150m:	1:53.72	40.55	250m:	3:12.96	40.04	350m:	4:29.94	36.80	
	100m:	1:13.17	39.08	200m:	2:32.92	39.20	300m:	3:53.14	40.18	400m:	5:05.96	36.02	
18.	,			2012			1	+0,68	<b>5:05.98</b>			372	
	50m:	33.14	33.14	150m:	1:49.94	39.52	250m:	3:10.68	40.38	350m:	4:30.28	39.10	
	100m:	1:10.42	37.28	200m:	2:30.30	40.36	300m:	3:51.18	40.50	400m:	5:05.98	35.70	
19.	,			2012			1	+0,79	<b>5:08.33</b>			363	
	50m:	33.26	33.26	200m:	2:30.72	1:19.94	400m:	5:08.33	1:17.95				
	100m:	1:10.78	37.52	300m:	3:50.38	1:19.66							
20.	,			2012				+0,55	<b>5:08.83</b>			361	
	50m:	35.16	35.16	150m:	1:53.67	39.62	250m:	3:11.54	39.26	350m:	4:30.61	39.79	
	100m:	1:14.05	38.89	200m:	2:32.28	38.61	300m:	3:50.82	39.28	400m:	5:08.83	38.22	
21.	,			2012				+0,78	<b>5:09.00</b>			361	
	50m:	32.52	32.52	150m:	1:49.26	39.30	250m:	3:09.21	40.03	350m:	4:29.62	39.77	
	100m:	1:09.96	37.44	200m:	2:29.18	39.92	300m:	3:49.85	40.64	400m:	5:09.00	39.38	



