|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| № п/п | Спортивная дисциплина | Единица измерения | МСМК | | МС | | КМС | | Спортивные разряды | | | | | | Юношеские спортивные разряды | | | | | |
| I | | II | | III | | I | | II | | III | |
| М | Ж | М | Ж | М | Ж | М | Ж | М | Ж | М | Ж | М | Ж | М | Ж | М | Ж |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| **Бассейн 50 метров** | | | | | | | | | | | | | | | | | | | | |
| 1 | Вольный стиль 50 м | мин, с | **21,99** | **24,78** | **23,30** | **26,60** | **24,60** | **28,20** | **26,00** | **30,00** | **28,00** | **32,50** | **31,50** | **37,00** | **39,00** | **44,50** | **46,50** | **52,50** | **55,00** | **1:02,00** |
| 2 | Вольный стиль 100 м | мин, с | **48,35** | **53,90** | **52,30** | **58,20** | **55,30** | **1.01,60** | **58,50** | **1.05,50** | **1.03,50** | **1.11,50** | **1.11,50** | **1.21,00** | **1.28,00** | **1.37,00** | **1.44,50** | **1.55,00** | **2.03,50** | **2.15,50** |
| 3 | Вольный стиль 200 м | мин, с | **1:46,72** | **1:57,28** | **1:53,80** | **2:07,20** | **2:00,30** | **2.14,70** | **2.07,50** | **2.23,50** | **2.18,50** | **2.34,00** | **2.36,00** | **2.57,00** | **3.11,50** | **3.32,50** | **3.47,50** | **4.12,00** | **4.28,00** | **4.57,00** |
| 4 | Вольный стиль 400 м | мин, с | **3:47,43** | **4:07,26** | **4:05,50** | **4:26,30** | **4.19,50** | **4.41,90** | **4.35,00** | **5.00,00** | **4.59,00** | **5.26,50** | **5.36,50** | **6.10,50** | **6.54,00** | **7.25,00** | **8.11,00** | **8.47,50** | **9.38,50** | **10.21,50** |
| 5 | Вольный стиль 800 м | мин, с | **7:58,29** | **8:28,12** | **8:24,50** | **9:10,00** | **8.53,10** | **9.38,00** | **9.26,00** | **10.15,00** | **10.14,00** | **11.09,50** | **11.31,00** | **12.29,50** | **14.11,00** | **15.12,50** | **16.48,50** | **18.02,00** | **19.48,50** | **21.14,50** |
| 6 | Вольный стиль 1500 м | мин, с | **15:02,33** | **16:26,08** | **16:11,80** | **17:16,70** | **17.07,00** | **18.17,50** | **18.10,50** | **19.27,50** | **19.42,50** | **21.11,00** | **22.11,00** | **24.10,00** | **27.19,50** | **29.02,00** | **32.23,50** | **34.25,50** | **38.10,00** | **40.33,50** |
| 7 | На спине  50 м | мин, с | **25,19** | **28,20** | **26,80** | **30,30** | **28,30** | **32,10** | **30,00** | **34,00** | **32,50** | **37,00** | **36,50** | **42,00** | **45,00** | **50,50** | **53,50** | **1.00,00** | **1.03,00** | **1.11,00** |
| 8 | На спине  100 м | мин, с | **53,77** | **59,96** | **57,90** | **1:04,80** | **1.01,10** | **1.08,60** | **1.05,00** | **1.13,00** | **1.10,50** | **1.19,50** | **1.19,50** | **1.31,00** | **1.37,50** | **1.49,00** | **1.55,50** | **2.09,50** | **2.16,00** | **2.32,50** |
| 9 | На спине  200 м | мин, с | **1:57,19** | **2:09,31** | **2:04,90** | **2:19,00** | **2.12,00** | **2.27,10** | **2.20,00** | **2.36,50** | **2.32,00** | **2.50,50** | **2.51,00** | **3.14,50** | **3.30,50** | **3.53,50** | **4.09,50** | **4.36,50** | **4.54,00** | **5.26,00** |
| 10 | Брасс  50 м | мин, с | **27,61** | **31,26** | **29,00** | **33,10** | **30,60** | **35,00** | **32,50** | **37,00** | **35,00** | **40,50** | **39,50** | **46,00** | **48,50** | **55,00** | **57,50** | **1.05,50** | **1.08,00** | **1.17,00** |
| 11 | Брасс  100 м | мин, с | **59,94** | **1:07,07** | **1:03,50** | **1:12,20** | **1.07,00** | **1.16,50** | **1.11,00** | **1.27,00** | **1.17,50** | **1.28,50** | **1.27,50** | **1.40,50** | **1.47,50** | **2.00,50** | **2.07,00** | **2.23,00** | **2.30,00** | **2.48,50** |
| 12 | Брасс  200 м | мин, с | **2:10,10** | **2:24,69** | **2:20,70** | **2:36,40** | **2.28,70** | **2.45,90** | **2.38,00** | **2.56,50** | **2.51,50** | **3.12,00** | **3.13,50** | **3.38,00** | **3.38,50** | **4.21,50** | **4.42,50** | **5.10,00** | **5.33,00** | **6.05,50** |
| 13 | Баттерфляй  50 м | мин, с | **23,70** | **26,20** | **24,80** | **27,50** | **26,20** | **29,10** | **27,50** | **31,00** | **30,50** | **33,50** | **34,00** | **38,00** | **42,00** | **45,50** | **50,00** | **54,50** | **59,00** | **1.04,00** |
| 14 | Баттерфляй 100 м | мин, с | **51,91** | **58,03** | **55,20** | **1:02,50** | **58,40** | **1.06,10** | **1.02,00** | **1.10,50** | **1.07,50** | **1.16,50** | **1.16,50** | **1.27,00** | **1.33,50** | **1.44,00** | **1.51,00** | **2.07,50** | **2.11,00** | **2.25,50** |
| 15 | Баттерфляй 200 м | мин, с | **1:56,45** | **2:08,58** | **2:03,50** | **2:17,20** | **2.10,60** | **2.25,20** | **2.18,50** | **2.34,50** | **2.30,50** | **2.48,00** | **2.50,50** | **3.11,00** | **3.29,50** | **3.49,00** | **4.08,50** | **4.31,50** | **4.53,00** | **5.20,00** |
| 16 | Комплексное плавание  200 м | мин, с | **1:59,43** | **2:11,88** | **2:07,20** | **2:22,00** | **2.14,40** | **2.30,40** | **2.22,50** | **2.40,00** | **2.35,00** | **2.54,00** | **2.54,50** | **3.18,00** | **3.34,50** | **3.57,50** | **4.14,00** | **4.41,00** | **4.59,50** | **5.31,50** |
| 17 | Комплексное плавание  400 м | мин, с | **4:14,98** | **4:38,66** | **4:32,10** | **5:00,00** | **4.47,50** | **5.17,60** | **5.05,50** | **5.37,50** | **5.31,00** | **6.08,00** | **6.11,00** | **6.57,50** | **7.38,50** | **8.21,50** | **9.04,50** | **9.54,00** | **10.41,00** | **11.40,50** |