

23 , 400m 2009
23.09.2022 - 11:48

: FINA 2021

								R.T.				
1.	,	2009						+0,82	5:11.01	577		
	25m:	15.02	15.02	125m:	1:29.64	19.54	225m:	2:50.18	22.06	325m:	4:17.62	18.57
	50m:	33.09	18.07	150m:	1:48.64	19.00	250m:	3:12.41	22.23	350m:	4:35.85	18.23
	75m:	51.17	18.08	175m:	2:08.44	19.80	275m:	3:35.46	23.05	375m:	4:54.14	18.29
	100m:	1:10.10	18.93	200m:	2:28.12	19.68	300m:	3:59.05	23.59	400m:	5:11.01	16.87
2.	,	2009		I			3		+0,75	5:14.51	558	
	25m:	15.52	15.52	125m:	1:35.36	21.07	225m:	2:58.98	24.42	325m:	4:23.56	17.26
	50m:	34.33	18.81	150m:	1:55.36	20.00	250m:	3:21.02	22.04	350m:	4:40.73	17.17
	75m:	54.12	19.79	175m:	2:15.03	19.67	275m:	3:45.11	24.09	375m:	4:57.77	17.04
	100m:	1:14.29	20.17	200m:	2:34.56	19.53	300m:	4:06.30	21.19	400m:	5:14.51	16.74
3.	,	2007						+0,68	5:18.69	536	1	
	25m:	14.74	14.74	125m:	1:31.85	21.47	225m:	2:55.02	22.20	325m:	4:23.43	17.83
	50m:	31.81	17.07	150m:	1:52.19	20.34	250m:	3:19.07	24.05	350m:	4:42.27	18.84
	75m:	50.30	18.49	175m:	2:12.49	20.30	275m:	3:41.32	22.25	375m:	5:01.32	19.05
	100m:	1:10.38	20.08	200m:	2:32.82	20.33	300m:	4:05.60	24.28	400m:	5:18.69	17.37
4.	,	2006				6		+0,76	5:19.46	532	1	
	25m:	15.19	15.19	125m:	1:34.47	21.19	225m:	2:58.93	22.64	325m:	4:26.15	18.66
	50m:	33.78	18.59	150m:	1:54.84	20.37	250m:	3:21.58	22.65	350m:	4:44.40	18.25
	75m:	53.37	19.59	175m:	2:15.60	20.76	275m:	3:44.65	23.07	375m:	5:02.54	18.14
	100m:	1:13.28	19.91	200m:	2:36.29	20.69	300m:	4:07.49	22.84	400m:	5:19.46	16.92
5.	,	2004							5:22.39	518	1	
	25m:	15.28	15.28	125m:	1:33.79	21.99	225m:	2:59.76	22.49	325m:	4:27.50	19.05
	50m:	33.55	18.27	150m:	1:55.08	21.29	250m:	3:22.22	22.46	350m:	4:45.89	18.39
	75m:	52.33	18.78	175m:	2:16.34	21.26	275m:	3:45.16	22.94	375m:	5:04.32	18.43
	100m:	1:11.80	19.47	200m:	2:37.27	20.93	300m:	4:08.45	23.29	400m:	5:22.39	18.07
6.	,	2007		I			4		+0,85	5:27.50	494	1
	25m:	15.46	15.46	125m:	1:34.56	21.68	225m:	3:00.47	24.79	325m:	4:33.29	18.58
	50m:	33.52	18.06	150m:	1:54.93	20.37	250m:	3:24.89	24.42	350m:	4:51.61	18.32
	75m:	52.84	19.32	175m:	2:15.49	20.56	275m:	3:49.62	24.73	375m:	5:10.01	18.40
	100m:	1:12.88	20.04	200m:	2:35.68	20.19	300m:	4:14.71	25.09	400m:	5:27.50	17.49
7.	,	2008		I			4		+0,87	5:39.07	445	1
	25m:	16.28	16.28	125m:	1:37.07	21.70	225m:	3:04.84	24.47	325m:	4:40.47	19.45
	50m:	35.02	18.74	150m:	1:57.92	20.85	250m:	3:29.74	24.90	350m:	5:00.44	19.97
	75m:	55.09	20.07	175m:	2:18.91	20.99	275m:	3:56.05	26.31	375m:	5:20.11	19.67
	100m:	1:15.37	20.28	200m:	2:40.37	21.46	300m:	4:21.02	24.97	400m:	5:39.07	18.96
DNS	,	2007				2						
DNS	,	2008										