

40				, 400m				2007	
24.09.2022 - 12:49									
: FINA 2021									
/									
R.T.									
1.									
			<b>2003</b>		<b>1</b>		<b>+0,72</b>	<b>3:58.34</b>	<b>706</b>
25m:	12.92	12.92	125m: 1:11.86	14.88	225m: 2:12.46	15.25	325m: 3:14.00	15.21	
50m:	27.48	14.56	150m: 1:26.74	14.88	250m: 2:27.94	15.48	350m: 3:29.44	15.44	
75m:	42.22	14.74	175m: 1:41.88	15.14	275m: 2:43.32	15.38	375m: 3:44.61	15.17	
100m:	56.98	14.76	200m: 1:57.21	15.33	300m: 2:58.79	15.47	400m: 3:58.34	13.73	
2.			<b>2000</b>		<b>-</b>		<b>+0,73</b>	<b>3:58.63</b>	<b>703</b>
25m:	12.70	12.70	125m: 1:11.20	14.96	225m: 2:12.12	15.41	325m: 3:13.76	15.37	
50m:	26.92	14.22	150m: 1:26.28	15.08	250m: 2:27.51	15.39	350m: 3:29.10	15.34	
75m:	41.50	14.58	175m: 1:41.43	15.15	275m: 2:42.89	15.38	375m: 3:44.25	15.15	
100m:	56.24	14.74	200m: 1:56.71	15.28	300m: 2:58.39	15.50	400m: 3:58.63	14.38	
3.			<b>2006</b>		<b>2</b>		<b>+0,66</b>	<b>4:02.73</b>	<b>668</b>
25m:	13.03	13.03	125m: 1:13.73	15.09	225m: 2:15.05	15.42	325m: 3:17.01	15.53	
50m:	28.00	14.97	150m: 1:28.92	15.19	250m: 2:30.48	15.43	350m: 3:32.65	15.64	
75m:	43.33	15.33	175m: 1:44.26	15.34	275m: 2:46.00	15.52	375m: 3:47.94	15.29	
100m:	58.64	15.31	200m: 1:59.63	15.37	300m: 3:01.48	15.48	400m: 4:02.73	14.79	
4.			<b>2001</b>				<b>+0,61</b>	<b>4:08.32</b>	<b>624</b>
25m:	12.49	12.49	125m: 1:12.34	15.64	225m: 2:16.62	16.23	325m: 3:21.44	15.99	
50m:	26.65	14.16	150m: 1:28.42	16.08	250m: 2:32.87	16.25	350m: 3:37.61	16.17	
75m:	41.39	14.74	175m: 1:44.28	15.86	275m: 2:49.09	16.22	375m: 3:53.30	15.69	
100m:	56.70	15.31	200m: 2:00.39	16.11	300m: 3:05.45	16.36	400m: 4:08.32	15.02	
5.			<b>2007</b>		<b>4</b>		<b>+0,83</b>	<b>4:10.15</b>	<b>610</b>
25m:	13.64	13.64	125m: 1:14.65	15.79	225m: 2:18.61	16.08	325m: 3:23.35	15.94	
50m:	28.20	14.56	150m: 1:30.56	15.91	250m: 2:34.95	16.34	350m: 3:39.35	16.00	
75m:	43.45	15.25	175m: 1:46.48	15.92	275m: 2:51.11	16.16	375m: 3:54.89	15.54	
100m:	58.86	15.41	200m: 2:02.53	16.05	300m: 3:07.41	16.30	400m: 4:10.15	15.26	
6.			<b>2006</b>		<b>2</b>		<b>+0,71</b>	<b>4:10.86</b>	<b>605</b>
25m:	13.59	13.59	125m: 1:15.02	15.45	225m: 2:18.99	16.05	325m: 3:23.74	16.10	
50m:	28.91	15.32	150m: 1:30.93	15.91	250m: 2:35.11	16.12	350m: 3:40.03	16.29	
75m:	44.09	15.18	175m: 1:46.79	15.86	275m: 2:51.26	16.15	375m: 3:56.10	16.07	
100m:	59.57	15.48	200m: 2:02.94	16.15	300m: 3:07.64	16.38	400m: 4:10.86	14.76	
7.			<b>2007</b>		<b>4</b>		<b>+0,75</b>	<b>4:11.85</b>	<b>598 1</b>
25m:	13.41	13.41	125m: 1:15.97	16.14	225m: 2:21.07	16.35	325m: 3:25.34	15.70	
50m:	28.44	15.03	150m: 1:32.21	16.24	250m: 2:37.17	16.10	350m: 3:41.06	15.72	
75m:	44.01	15.57	175m: 1:48.42	16.21	275m: 2:53.40	16.23	375m: 3:56.96	15.90	
100m:	59.83	15.82	200m: 2:04.72	16.30	300m: 3:09.64	16.24	400m: 4:11.85	14.89	
8.			<b>2007</b>		<b>4</b>		<b>+0,73</b>	<b>4:12.21</b>	<b>596 1</b>
25m:	13.95	13.95	125m: 1:15.74	15.88	225m: 2:20.17	15.79	325m: 3:25.05	15.83	
50m:	28.73	14.78	150m: 1:31.80	16.06	250m: 2:36.51	16.34	350m: 3:41.38	16.33	
75m:	44.03	15.30	175m: 1:48.07	16.27	275m: 2:52.76	16.25	375m: 3:57.13	15.75	
100m:	59.86	15.83	200m: 2:04.38	16.31	300m: 3:09.22	16.46	400m: 4:12.21	15.08	
9.			<b>2007</b>		<b>4</b>		<b>+0,81</b>	<b>4:13.56</b>	<b>586 1</b>
25m:	13.58	13.58	125m: 1:16.20	15.88	225m: 2:21.19	16.17	325m: 3:26.23	16.16	
50m:	28.56	14.98	150m: 1:32.26	16.06	250m: 2:37.56	16.37	350m: 3:42.34	16.11	
75m:	44.29	15.73	175m: 1:48.69	16.43	275m: 2:53.80	16.24	375m: 3:58.33	15.99	
100m:	1:00.32	16.03	200m: 2:05.02	16.33	300m: 3:10.07	16.27	400m: 4:13.56	15.23	
10.			<b>2001</b>	<b>1</b>			<b>+0,69</b>	<b>4:15.62</b>	<b>572 1</b>
25m:	12.74	12.74	125m: 1:14.34	15.88	225m: 2:19.87	16.49	325m: 3:26.49	16.78	
50m:	27.50	14.76	150m: 1:30.54	16.20	250m: 2:36.34	16.47	350m: 3:43.35	16.86	
75m:	42.70	15.20	175m: 1:46.89	16.35	275m: 2:53.00	16.66	375m: 3:59.74	16.39	
100m:	58.46	15.76	200m: 2:03.38	16.49	300m: 3:09.71	16.71	400m: 4:15.62	15.88	

40,	, 400m	, 2007										
11.			/						R.T.			
			2007		3				+0,71	<b>4:17.18</b>	562	1
25m:	13.29	13.29	125m:	1:15.41	15.53	225m:	2:21.06	16.44	325m:	3:27.12	16.45	
50m:	28.31	15.02	150m:	1:31.75	16.34	250m:	2:37.69	16.63	350m:	3:43.71	16.59	
75m:	43.91	15.60	175m:	1:48.05	16.30	275m:	2:53.67	15.98	375m:	4:01.04	17.33	
100m:	59.88	15.97	200m:	2:04.62	16.57	300m:	3:10.67	17.00	400m:	4:17.18	16.14	
12.			2007						+0,73	<b>4:18.48</b>	553	1
25m:	3:30.16	3:30.16	150m:	1:34.66	32.85	300m:	3:13.53	33.16				
50m:	29.53		200m:	2:07.75	33.09	350m:	3:46.89	33.36				
100m:	1:01.81	32.28	250m:	2:40.37	32.62	400m:	4:18.48	31.59				
13.			2003						+0,81	<b>4:18.78</b>	551	1
25m:	13.63	13.63	125m:	1:17.43	16.42	225m:	2:24.12	16.87	325m:	3:31.02	16.60	
50m:	28.93	15.30	150m:	1:34.01	16.58	250m:	2:41.16	17.04	350m:	3:47.67	16.65	
75m:	44.84	15.91	175m:	1:50.64	16.63	275m:	2:57.63	16.47	375m:	4:03.74	16.07	
100m:	1:01.01	16.17	200m:	2:07.25	16.61	300m:	3:14.42	16.79	400m:	4:18.78	15.04	
14.			2007						+0,73	<b>4:19.75</b>	545	1
25m:	13.53	13.53	125m:	1:17.06	16.43	225m:	2:23.17	16.57	325m:	3:29.99	16.65	
50m:	28.67	15.14	150m:	1:33.50	16.44	250m:	2:39.89	16.72	350m:	3:46.90	16.91	
75m:	44.60	15.93	175m:	1:49.93	16.43	275m:	2:56.61	16.72	375m:	4:03.73	16.83	
100m:	1:00.63	16.03	200m:	2:06.60	16.67	300m:	3:13.34	16.73	400m:	4:19.75	16.02	
15.			2007						+0,88	<b>4:20.15</b>	543	1
25m:	13.69	13.69	125m:	1:18.87	16.64	225m:	2:26.15	16.35	325m:	3:32.45	16.33	
50m:	29.24	15.55	150m:	1:35.80	16.93	250m:	2:42.93	16.78	350m:	3:48.78	16.33	
75m:	45.70	16.46	175m:	1:52.65	16.85	275m:	2:59.40	16.47	375m:	4:04.76	15.98	
100m:	1:02.23	16.53	200m:	2:09.80	17.15	300m:	3:16.12	16.72	400m:	4:20.15	15.39	
16.			2006						+0,72	<b>4:25.18</b>	512	1
25m:	13.35	13.35	125m:	1:18.76	16.88	225m:	2:27.31	17.20	325m:	3:35.40	17.10	
50m:	28.85	15.50	150m:	1:35.90	17.14	250m:	2:44.03	16.72	350m:	3:52.37	16.97	
75m:	45.16	16.31	175m:	1:52.90	17.00	275m:	3:01.02	16.99	375m:	4:09.39	17.02	
100m:	1:01.88	16.72	200m:	2:10.11	17.21	300m:	3:18.30	17.28	400m:	4:25.18	15.79	
17.			2007	I					+0,82	<b>4:28.33</b>	494	2
25m:	13.53	13.53	125m:	1:17.57	16.65	225m:	2:26.10	17.08	325m:	3:36.79	17.46	
50m:	28.60	15.07	150m:	1:34.47	16.90	250m:	2:43.67	17.57	350m:	3:54.25	17.46	
75m:	44.47	15.87	175m:	1:51.59	17.12	275m:	3:01.50	17.83	375m:	4:11.48	17.23	
100m:	1:00.92	16.45	200m:	2:09.02	17.43	300m:	3:19.33	17.83	400m:	4:28.33	16.85	
18.			2006	I					+0,66	<b>4:28.59</b>	493	2
25m:	14.13	14.13	125m:	1:18.50	16.50	225m:	2:26.54	17.02	325m:	3:36.27	17.51	
50m:	29.78	15.65	150m:	1:34.89	16.39	250m:	2:43.33	16.79	350m:	3:54.32	18.05	
75m:	45.83	16.05	175m:	1:52.00	17.11	275m:	3:00.74	17.41	375m:	4:12.01	17.69	
100m:	1:02.00	16.17	200m:	2:09.52	17.52	300m:	3:18.76	18.02	400m:	4:28.59	16.58	
19.			2007	I					+0,75	<b>4:29.87</b>	486	2
25m:	13.84	13.84	125m:	1:20.64	17.37	225m:	2:30.18	17.11	325m:	3:39.52	17.34	
50m:	29.60	15.76	150m:	1:38.05	17.41	250m:	2:47.39	17.21	350m:	3:56.65	17.13	
75m:	46.39	16.79	175m:	1:55.19	17.14	275m:	3:04.66	17.27	375m:	4:13.43	16.78	
100m:	1:03.27	16.88	200m:	2:13.07	17.88	300m:	3:22.18	17.52	400m:	4:29.87	16.44	
20.			2007	I					+0,89	<b>4:34.58</b>	461	2
50m:	30.55	30.55	175m:	1:56.63	17.72	250m:	2:49.18	17.80	400m:	4:34.58	34.04	
100m:	1:04.38	33.83	200m:	2:13.88	17.25	300m:	3:25.18	36.00				
150m:	1:38.91	34.53	225m:	2:31.38	17.50	350m:	4:00.54	35.36				
21.			2006	1					+0,76	<b>4:34.92</b>	460	2
25m:	13.71	13.71	125m:	1:20.31	17.20	225m:	2:30.92	17.93	325m:	3:42.08	17.68	
50m:	29.55	15.84	150m:	1:37.67	17.36	250m:	2:48.85	17.93	350m:	4:00.07	17.99	
75m:	46.19	16.64	175m:	1:55.41	17.74	275m:	3:06.47	17.62	375m:	4:17.94	17.87	
100m:	1:03.11	16.92	200m:	2:12.99	17.58	300m:	3:24.40	17.93	400m:	4:34.92	16.98	

40,		, 400m		, 2007				R.T.				
22.				2007	1			+0,76	<b>4:36.06</b>	454 2		
	25m:	14.29	14.29	125m:	1:21.68	17.54	225m:	2:32.18	17.77	325m:	3:44.87	18.06
	50m:	30.20	15.91	150m:	1:39.13	17.45	250m:	2:50.24	18.06	350m:	4:02.97	18.10
	75m:	46.97	16.77	175m:	1:56.74	17.61	275m:	3:08.55	18.31	375m:	4:19.94	16.97
	100m:	1:04.14	17.17	200m:	2:14.41	17.67	300m:	3:26.81	18.26	400m:	4:36.06	16.12
23.				2006	I			+0,74	<b>4:36.26</b>	453 2		
	25m:	14.73	14.73	125m:	1:22.83	17.15	225m:	2:33.55	17.78	325m:	3:44.11	17.80
	50m:	31.53	16.80	150m:	1:40.34	17.51	250m:	2:51.15	17.60	350m:	4:01.92	17.81
	75m:	48.43	16.90	175m:	1:57.88	17.54	275m:	3:08.59	17.44	375m:	4:19.11	17.19
	100m:	1:05.68	17.25	200m:	2:15.77	17.89	300m:	3:26.31	17.72	400m:	4:36.26	17.15
24.				2007	I			+0,81	<b>4:46.50</b>	406 2		
	25m:	14.34	14.34	125m:	1:21.73	17.85	225m:	2:34.53	18.37	325m:	3:49.89	
	50m:	30.09	15.75	150m:	1:39.59	17.86	250m:	2:52.88	18.35	375m:	4:28.06	38.17
	75m:	46.78	16.69	175m:	1:58.16	18.57	275m:	3:12.29	19.41	400m:	4:46.50	18.44
	100m:	1:03.88	17.10	200m:	2:16.16	18.00	300m:	4:09.03	56.74			
25.				2007	1			+0,67	<b>4:51.48</b>	386 2		
	25m:	14.80	14.80	125m:	1:26.77	18.84	225m:	2:41.48	18.77	325m:	3:57.13	
	50m:	31.67	16.87	150m:	1:45.10	18.33	250m:	3:38.20	56.72	375m:	4:35.26	38.13
	75m:	49.61	17.94	175m:	2:04.18	19.08	275m:	3:19.28		400m:	4:51.48	16.22
	100m:	1:07.93	18.32	200m:	2:22.71	18.53	300m:	4:16.25	56.97			
26.				2007	I			+0,72	<b>4:51.53</b>	385 2		
	25m:	14.27	14.27	125m:	1:27.22	18.82	225m:	2:42.09	18.45	325m:	3:58.01	19.64
	50m:	31.59	17.32	150m:	1:46.08	18.86	250m:	3:00.50	18.41	350m:	4:17.40	19.39
	75m:	49.70	18.11	175m:	2:05.08	19.00	275m:	3:19.17	18.67	375m:	4:34.84	17.44
	100m:	1:08.40	18.70	200m:	2:23.64	18.56	300m:	3:38.37	19.20	400m:	4:51.53	16.69
DNS				1997								