



6
22.12.2022 - 11:27

, 800m

2010 - 2013

: FINA 2022

(9-10)

R.T.

1.			2012 II	"	"-4					10:07.85 I	490	
	25m:	16.42	16.42	225m:	2:49.27	19.43	425m:	5:23.39	19.04	625m:	7:54.66	18.49
	50m:	34.72	18.30	250m:	3:08.93	19.66	450m:	5:42.36	18.97	650m:	8:14.24	19.58
	75m:	53.69	18.97	275m:	3:28.26	19.33	475m:	6:01.26	18.90	675m:	8:33.36	19.12
	100m:	1:12.96	19.27	300m:	3:47.66	19.40	500m:	6:20.42	19.16	700m:	8:53.02	19.66
	125m:	1:32.11	19.15	325m:	4:07.00	19.34	525m:	6:39.15	18.73	725m:	9:12.48	19.46
	150m:	1:51.54	19.43	350m:	4:26.28	19.28	550m:	6:57.96	18.81	750m:	9:31.65	19.17
	175m:	2:10.49	18.95	375m:	4:45.58	19.30	575m:	7:16.96	19.00	775m:	9:49.74	18.09
	200m:	2:29.84	19.35	400m:	5:04.35	18.77	600m:	7:36.17	19.21	800m:	10:07.85	18.11
2.			2012 II	"	"-4					10:18.13 II	466	
	25m:	16.83	16.83	225m:	2:50.61	19.85	425m:	5:10.38	3.26	625m:	7:58.55	15.33
	50m:	34.75	17.92	250m:	3:10.21	19.60	450m:	5:46.43	36.05	650m:	8:22.58	24.03
	75m:	53.34	18.59	275m:	3:27.78	17.57	475m:	5:52.35	5.92	675m:	8:39.98	17.40
	100m:	1:12.66	19.32	300m:	3:49.47	21.69	500m:	6:25.35	33.00	700m:	9:01.21	21.23
	125m:	1:31.75	19.09	325m:	4:08.78	19.31	525m:	6:34.58	9.23	725m:	9:20.64	19.43
	150m:	1:51.90	20.15	350m:	4:28.27	19.49	550m:	7:03.91	29.33	750m:	10:18.80	58.16
	175m:	2:11.45	19.55	375m:	4:45.21	16.94	575m:	7:16.18	12.27	775m:	9:59.43	18.09
	200m:	2:30.76	19.31	400m:	5:07.12	21.91	600m:	7:43.22	27.04	800m:	10:18.13	18.70
3.			2012 II	"	"-4					10:48.77 II	403	
	25m:	16.97	16.97	225m:	2:56.99		425m:	5:23.89		625m:	8:18.88	
	50m:	1:14.99	58.02	250m:	3:58.00	1:01.01	450m:	6:42.48	1:18.59	650m:	9:28.09	1:09.21
	75m:	54.97		275m:	3:37.32		475m:	6:07.91		675m:	9:02.73	
	100m:	1:55.67	1:00.70	300m:	4:39.09	1:01.77	500m:	7:23.46	1:15.55	700m:	10:09.33	1:06.60
	125m:	1:35.31		325m:	4:18.48		525m:	6:51.58		725m:	9:46.65	
	150m:	2:36.65	1:01.34	350m:	5:19.91	1:01.43	550m:	8:04.57	1:12.99	750m:	10:48.96	1:02.31
	175m:	2:15.74		375m:	4:39.97		575m:	7:35.23		775m:	10:29.56	
	200m:	3:17.23	1:01.49	400m:	6:00.75	1:20.78	600m:	8:46.20	1:10.97	800m:	10:48.77	19.21
4.			2012 II	"	"-4					11:20.68 II	349	
	25m:	18.90	18.90	225m:	3:09.27	21.38	425m:	6:01.20	21.05	625m:	8:53.20	21.48
	50m:	39.07	20.17	250m:	3:30.58	21.31	450m:	6:23.11	21.91	650m:	9:15.26	22.06
	75m:	1:00.08	21.01	275m:	3:52.18	21.60	475m:	6:44.74	21.63	675m:	9:36.69	21.43
	100m:	1:21.88	21.80	300m:	4:13.95	21.77	500m:	7:06.57	21.83	700m:	9:58.64	21.95
	125m:	1:43.36	21.48	325m:	4:34.85	20.90	525m:	7:27.28	20.71	725m:	10:20.59	21.95
	150m:	2:05.36	22.00	350m:	4:56.49	21.64	550m:	7:49.03	21.75	750m:	10:41.09	20.50
	175m:	2:26.58	21.22	375m:	5:18.56	22.07	575m:	8:10.85	21.82	775m:	11:00.25	19.16
	200m:	2:47.89	21.31	400m:	5:40.15	21.59	600m:	8:31.72	20.87	800m:	11:20.68	20.43
5.			2012 II	"	"-4					11:21.80 II	347	
	25m:	19.05	19.05	225m:	3:10.11	21.79	425m:	6:02.45	21.81	625m:	8:55.72	22.08
	50m:	39.57	20.52	250m:	3:31.49	21.38	450m:	6:24.19	21.74	650m:	9:17.69	21.97
	75m:	1:00.72	21.15	275m:	3:52.70	21.21	475m:	6:45.81	21.62	675m:	9:38.76	21.07
	100m:	1:22.15	21.43	300m:	4:14.46	21.76	500m:	7:07.32	21.51	700m:	10:00.10	21.34
	125m:	1:43.65	21.50	325m:	4:36.44	21.98	525m:	7:28.81	21.49	725m:	10:20.79	20.69
	150m:	2:05.05	21.40	350m:	4:57.46	21.02	550m:	7:50.35	21.54	750m:	10:41.52	20.73
	175m:	2:26.79	21.74	375m:	5:19.19	21.73	575m:	8:11.89	21.54	775m:	11:01.68	20.16
	200m:	2:48.32	21.53	400m:	5:40.64	21.45	600m:	8:33.64	21.75	800m:	11:21.80	20.12
6.			2013 II	"	"-4					11:31.56 II	332	
	50m:	37.46	37.46	250m:	3:33.58	44.12	450m:	6:29.80	44.09	650m:	9:23.96	44.10
	100m:	1:22.14	44.68	300m:	4:17.39	43.81	500m:	7:13.67	43.87	800m:	11:31.56	2:07.60
	150m:	2:05.36	43.22	350m:	5:01.49	44.10	550m:	7:56.05	42.38			
	200m:	2:49.46	44.10	400m:	5:45.71	44.22	600m:	8:39.86	43.81			
7.			2013 II	"	"-4					11:35.32 II	327	
	50m:	38.60	38.60	250m:	3:34.63	44.53	450m:	6:29.46	42.72	650m:	9:24.75	44.63
	100m:	1:22.00	43.40	300m:	4:18.36	43.73	500m:	7:13.63	44.17	700m:	10:09.63	44.88
	150m:	2:06.10	44.10	350m:	5:02.96	44.60	550m:	7:57.36	43.73	750m:	10:54.78	45.15
	200m:	2:50.10	44.00	400m:	5:46.74	43.78	600m:	8:40.12	42.76	800m:	11:35.32	40.54

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, 22-23 2022 .

OMEGA ARES 21



6, , 800m

(11-12)

1.			2010	"	"				9:18.69	631		
	25m:	15.41	15.41	225m:	2:34.31	17.33	425m:	4:55.58	17.77	625m:	7:17.10	17.64
	50m:	32.01	16.60	250m:	2:52.11	17.80	450m:	5:13.19	17.61	650m:	7:34.95	17.85
	75m:	49.12	17.11	275m:	3:09.49	17.38	475m:	5:30.44	17.25	675m:	7:53.00	18.05
	100m:	1:06.40	17.28	300m:	3:27.20	17.71	500m:	5:47.76	17.32	700m:	8:10.39	17.39
	125m:	1:23.78	17.38	325m:	3:44.49	17.29	525m:	6:05.85	18.09	725m:	8:28.04	17.65
	150m:	1:41.40	17.62	350m:	4:02.38	17.89	550m:	6:23.67	17.82	750m:	8:45.74	17.70
	175m:	1:59.08	17.68	375m:	4:19.99	17.61	575m:	6:41.61	17.94	775m:	9:02.96	17.22
	200m:	2:16.98	17.90	400m:	4:37.81	17.82	600m:	6:59.46	17.85	800m:	9:18.69	15.73
2.			2010 I	"	"				9:40.26	I	563	
	25m:	15.64	15.64	225m:	2:38.09	18.17	425m:	5:04.98	18.22	625m:	7:32.36	18.32
	50m:	32.93	17.29	250m:	2:56.48	18.39	450m:	5:23.51	18.53	650m:	7:51.15	18.79
	75m:	49.96	17.03	275m:	3:14.66	18.18	475m:	5:41.90	18.39	675m:	8:09.53	18.38
	100m:	1:07.90	17.94	300m:	3:33.12	18.46	500m:	6:00.41	18.51	700m:	8:28.23	18.70
	125m:	1:25.47	17.57	325m:	3:51.24	18.12	525m:	6:18.75	18.34	725m:	8:46.35	18.12
	150m:	1:43.63	18.16	350m:	4:09.88	18.64	550m:	6:37.33	18.58	750m:	9:04.99	18.64
	175m:	2:01.68	18.05	375m:	4:28.27	18.39	575m:	6:55.56	18.23	775m:	9:22.87	17.88
	200m:	2:19.92	18.24	400m:	4:46.76	18.49	600m:	7:14.04	18.48	800m:	9:40.26	17.39
3.			2010 I	"	"-5				9:48.99	I	539	
	25m:	15.67	15.67	225m:	2:40.00	18.71	425m:	5:09.52	18.99	625m:	7:39.75	18.82
	50m:	32.20	16.53	250m:	2:58.42	18.42	450m:	5:27.97	18.45	650m:	7:58.58	18.83
	75m:	49.81	17.61	275m:	3:17.06	18.64	475m:	5:46.83	18.86	675m:	8:17.40	18.82
	100m:	1:07.74	17.93	300m:	3:35.61	18.55	500m:	6:05.57	18.74	700m:	8:36.27	18.87
	125m:	1:26.07	18.33	325m:	3:54.49	18.88	525m:	6:24.68	19.11	725m:	8:54.77	18.50
	150m:	1:44.38	18.31	350m:	4:13.51	19.02	550m:	6:43.24	18.56	750m:	9:13.51	18.74
	175m:	2:02.83	18.45	375m:	4:32.12	18.61	575m:	7:02.05	18.81	775m:	9:31.74	18.23
	200m:	2:21.29	18.46	400m:	4:50.53	18.41	600m:	7:20.93	18.88	800m:	9:48.99	17.25
4.			2011 I	"	"-3, .				10:05.39	I	496	
	25m:	16.11	16.11	225m:	2:44.79	18.93	425m:	5:18.49	19.46	625m:	7:52.61	19.02
	50m:	32.96	16.85	250m:	3:04.06	19.27	450m:	5:37.98	19.49	650m:	8:11.98	19.37
	75m:	50.85	17.89	275m:	3:23.00	18.94	475m:	5:57.08	19.10	675m:	8:30.81	18.83
	100m:	1:09.45	18.60	300m:	3:42.25	19.25	500m:	6:16.40	19.32	700m:	8:49.87	19.06
	125m:	1:28.27	18.82	325m:	4:01.78	19.53	525m:	6:35.89	19.49	725m:	9:09.55	19.68
	150m:	1:47.60	19.33	350m:	4:21.18	19.40	550m:	6:54.90	19.01	750m:	9:28.58	19.03
	175m:	2:06.59	18.99	375m:	4:40.16	18.98	575m:	7:14.23	19.33	775m:	9:47.47	18.89
	200m:	2:25.86	19.27	400m:	4:59.03	18.87	600m:	7:33.59	19.36	800m:	10:05.39	17.92
5.			2011 II	"	"-5				10:09.25	I	487	
	25m:	16.62	16.62	225m:	2:46.83	18.85	425m:	5:22.20	19.14	625m:	7:56.08	19.55
	50m:	34.51	17.89	250m:	3:06.43	19.60	450m:	5:41.73	19.53	650m:	8:15.44	19.36
	75m:	52.67	18.16	275m:	3:26.03	19.60	475m:	6:00.75	19.02	675m:	8:34.60	19.16
	100m:	1:11.37	18.70	300m:	3:45.57	19.54	500m:	6:20.09	19.34	700m:	8:54.48	19.88
	125m:	1:30.18	18.81	325m:	4:05.01	19.44	525m:	6:38.93	18.84	725m:	9:13.03	18.55
	150m:	1:49.83	19.65	350m:	4:24.51	19.50	550m:	6:58.60	19.67	750m:	9:32.94	19.91
	175m:	2:08.67	18.84	375m:	4:43.54	19.03	575m:	7:17.43	18.83	775m:	9:51.26	18.32
	200m:	2:27.98	19.31	400m:	5:03.06	19.52	600m:	7:36.53	19.10	800m:	10:09.25	17.99
6.			2010 I	"	"-1, .				10:12.32	I	479	
	25m:	16.40	16.40	225m:	2:47.19	18.98	425m:	5:22.02	19.02	625m:	7:57.90	19.55
	50m:	33.88	17.48	250m:	3:06.40	19.21	450m:	5:41.54	19.52	650m:	8:17.96	20.06
	75m:	52.31	18.43	275m:	3:25.25	18.85	475m:	6:00.64	19.10	675m:	8:37.26	19.30
	100m:	1:11.58	19.27	300m:	3:45.26	20.01	500m:	6:20.46	19.82	700m:	8:56.87	19.61
	125m:	1:30.33	18.75	325m:	4:04.41	19.15	525m:	6:39.83	19.37	725m:	9:15.69	18.82
	150m:	1:49.75	19.42	350m:	4:23.91	19.50	550m:	6:59.21	19.38	750m:	9:35.04	19.35
	175m:	2:09.22	19.47	375m:	4:43.09	19.18	575m:	7:18.69	19.48	775m:	9:53.89	18.85
	200m:	2:28.21	18.99	400m:	5:03.00	19.91	600m:	7:38.35	19.66	800m:	10:12.32	18.43
7.			2010 II	"	"				10:14.04	I	475	
	50m:	32.89	32.89	250m:	3:07.95	29.60	450m:	5:43.85	39.37	650m:	8:20.29	38.65
	100m:	1:10.20	37.31	300m:	3:46.89	38.94	500m:	6:23.70	39.85	700m:	8:59.45	39.16
	150m:	1:54.52	44.32	350m:	4:25.54	38.65	550m:	7:02.01	38.31	750m:	9:39.23	39.78
	200m:	2:38.35	43.83	400m:	5:04.48	38.94	600m:	7:41.64	39.63	800m:	10:14.04	34.81

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OMEGA ARES 21



6, , 800m , (11-12)

				/						R.T.	
8.				2011 II	"	"-5				10:15.03	II 473
	25m:	16.42	16.42	225m:	2:49.63	19.53	425m:	5:24.37	19.03	625m:	8:00.86 18.66
	50m:	34.29	17.87	250m:	3:09.19	19.56	450m:	5:44.43	20.06	650m:	8:20.79 19.93
	75m:	52.65	18.36	275m:	3:28.58	19.39	475m:	6:03.67	19.24	675m:	8:39.70 18.91
	100m:	1:12.19	19.54	300m:	3:48.01	19.43	500m:	6:23.81	20.14	700m:	8:59.66 19.96
	125m:	1:31.40	19.21	325m:	4:07.24	19.23	525m:	6:42.87	19.06	725m:	9:18.91 19.25
	150m:	1:51.19	19.79	350m:	4:26.97	19.73	550m:	7:03.52	20.65	750m:	9:38.62 19.71
	175m:	2:10.54	19.35	375m:	4:45.89	18.92	575m:	7:22.98	19.46	775m:	9:56.52 17.90
	200m:	2:30.10	19.56	400m:	5:05.34	19.45	600m:	7:42.20	19.22	800m:	10:15.03 18.51
9.				2011 II	"	"-7,				10:22.73	II 456
	25m:	16.27	16.27	225m:	2:50.31	19.63	425m:	5:27.65	19.76	625m:	8:06.32 19.61
	50m:	33.92	17.65	250m:	3:09.78	19.47	450m:	5:47.72	20.07	650m:	8:26.28 19.96
	75m:	53.07	19.15	275m:	3:29.74	19.96	475m:	6:07.47	19.75	675m:	8:45.90 19.62
	100m:	1:12.38	19.31	300m:	3:49.47	19.73	500m:	6:27.79	20.32	700m:	9:06.40 20.50
	125m:	1:32.01	19.63	325m:	4:08.71	19.24	525m:	6:47.22	19.43	725m:	9:27.00 20.60
	150m:	1:51.59	19.58	350m:	4:28.21	19.50	550m:	7:07.41	20.19	750m:	9:46.16 19.16
	175m:	2:11.36	19.77	375m:	4:47.97	19.76	575m:	7:26.66	19.25	775m:	10:04.82 18.66
	200m:	2:30.68	19.32	400m:	5:07.89	19.92	600m:	7:46.71	20.05	800m:	10:22.73 17.91
10.				2010 I	"	"				10:23.04	II 455
	25m:	15.93	15.93	225m:	2:49.75	20.11	425m:	5:29.98	20.05	625m:	8:09.68 20.56
	50m:	33.78	17.85	250m:	3:09.73	19.98	450m:	5:50.14	20.16	650m:	8:29.32 19.64
	75m:	52.56	18.78	275m:	3:29.83	20.10	475m:	6:10.15	20.01	675m:	8:49.49 20.17
	100m:	1:11.12	18.56	300m:	3:50.25	20.42	500m:	6:30.07	19.92	700m:	9:09.17 19.68
	125m:	1:31.08	19.96	325m:	4:10.31	20.06	525m:	6:49.90	19.83	725m:	9:28.70 19.53
	150m:	1:50.72	19.64	350m:	4:29.78	19.47	550m:	7:09.38	19.48	750m:	9:47.91 19.21
	175m:	2:10.73	20.01	375m:	4:49.96	20.18	575m:	7:29.48	20.10	775m:	10:05.92 18.01
	200m:	2:29.64	18.91	400m:	5:09.93	19.97	600m:	7:49.12	19.64	800m:	10:23.04 17.12
11.				2011 II		179,				10:42.54	II 415
	25m:	16.33	16.33	225m:	2:56.35	21.18	425m:	5:40.56	21.00	625m:	8:24.21 20.95
	50m:	34.28	17.95	250m:	3:15.61	19.26	450m:	6:00.35	19.79	650m:	8:44.84 20.63
	75m:	53.30	19.02	275m:	3:36.07	20.46	475m:	6:20.66	20.31	675m:	9:04.77 19.93
	100m:	1:13.56	20.26	300m:	3:56.92	20.85	500m:	6:40.89	20.23	700m:	9:25.05 20.28
	125m:	1:33.79	20.23	325m:	4:17.83	20.91	525m:	7:02.19	21.30	725m:	9:45.61 20.56
	150m:	1:53.58	19.79	350m:	4:38.36	20.53	550m:	7:23.91	21.72	750m:	10:05.46 19.85
	175m:	2:14.87	21.29	375m:	4:58.90	20.54	575m:	7:42.65	18.74	775m:	10:25.40 19.94
	200m:	2:35.17	20.30	400m:	5:19.56	20.66	600m:	8:03.26	20.61	800m:	10:42.54 17.14
12.				2011 II		,				10:43.44	II 413
	25m:	16.06	16.06	225m:	2:48.43	13.16	425m:	5:24.26	5.51	625m:	8:01.16
	50m:	34.25	18.19	250m:	3:15.22	26.79	450m:	5:59.42	35.16	650m:	8:43.65 42.49
	75m:	51.30	17.05	275m:	3:27.37	12.15	475m:	6:03.93	4.51	675m:	8:22.91
	100m:	1:13.53	22.23	300m:	3:56.61	29.24	500m:	6:40.52	36.59	700m:	9:24.36 1:01.45
	125m:	1:29.93	16.40	325m:	4:06.37	9.76	525m:	6:42.78	2.26	725m:	9:04.25
	150m:	1:54.52	24.59	350m:	4:37.72	31.35	550m:	7:21.67	38.89	750m:	10:05.07 1:00.82
	175m:	2:09.08	14.56	375m:	4:45.16	7.44	575m:	7:22.40	0.73	775m:	9:45.01
	200m:	2:35.27	26.19	400m:	5:18.75	33.59	600m:	8:02.42	40.02	800m:	10:43.44 58.43
13.				2011 II	"	"-2",				11:02.75	II 378
	50m:	37.45	37.45	250m:	3:24.23	42.78	450m:	6:13.23	41.71	650m:	9:00.67 41.25
	100m:	1:18.36	40.91	300m:	4:06.70	42.47	500m:	6:55.21	41.98	700m:	9:42.77 42.10
	150m:	1:59.98	41.62	350m:	4:49.08	42.38	550m:	7:37.14	41.93	800m:	11:02.75 1:19.98
	200m:	2:41.45	41.47	400m:	5:31.52	42.44	600m:	8:19.42	42.28		
14.				2011 II	"	"				11:09.02	II 367
	25m:	17.00	17.00	225m:	3:03.21	21.31	425m:	5:55.25	21.58	625m:	8:02.75
	50m:	36.35	19.35	250m:	3:25.12	21.91	450m:	6:16.59	21.34	650m:	9:05.92 1:03.17
	75m:	56.52	20.17	275m:	3:46.73	21.61	475m:	6:37.34	20.75	675m:	8:26.13
	100m:	1:17.44	20.92	300m:	4:08.38	21.65	500m:	6:58.52	21.18	700m:	9:48.34 1:22.21
	125m:	1:38.30	20.86	325m:	4:29.58	21.20	525m:	7:19.63	21.11	725m:	9:11.91
	150m:	1:59.36	21.06	350m:	4:50.99	21.41	550m:	7:41.26	21.63	750m:	11:09.23 1:57.32
	175m:	2:20.54	21.18	375m:	5:12.43	21.44	575m:	7:42.07	0.81	775m:	9:57.48
	200m:	2:41.90	21.36	400m:	5:33.67	21.24	600m:	8:23.95	41.88	800m:	11:09.02 1:11.54



22-23 декабря

Республиканские соревнования

посвященные 100-летию спортивного плавания

в Республике Татарстан

на призы Деда Мороза

Казань 2022 г.

ПО ПЛАВАНИЮ

ГБУ РСШОР по водным видам спорта "Акватика"



6, , 800m , (11-12)

				/						R.T.			
15.				2011	II	"	-2",					11:15.49	II 357
	25m:	17.42	17.42	300m:	4:11.31	21.57	500m:	7:02.62	21.17	700m:	9:53.68	21.18	
	75m:	56.60	39.18	325m:	4:33.18	21.87	525m:	7:24.18	21.56	725m:	10:15.04	21.36	
	125m:	1:39.74	43.14	350m:	4:54.46	21.28	550m:	7:45.89	21.71	750m:	10:35.60	20.56	
	175m:	2:22.69	42.95	375m:	5:15.61	21.15	575m:	8:07.82	21.93	775m:	10:56.05	20.45	
	200m:	2:44.44	21.75	400m:	5:36.78	21.17	600m:	8:28.65	20.83	800m:	11:15.49	19.44	
	225m:	3:06.32	21.88	425m:	5:58.38	21.60	625m:	8:49.55	20.90				
	250m:	3:27.87	21.55	450m:	6:19.63	21.25	650m:	9:10.86	21.31				
	275m:	3:49.74	21.87	475m:	6:41.45	21.82	675m:	9:32.50	21.64				
16.				2011	II		-3,					11:16.55	II 355
	25m:	17.00	17.00	225m:	3:02.83	21.78	425m:	5:53.80	21.24	625m:	8:47.94	21.78	
	50m:	34.97	17.97	250m:	3:24.08	21.25	450m:	6:15.63	21.83	650m:	9:09.85	21.91	
	75m:	56.05	21.08	275m:	3:44.71	20.63	475m:	6:37.03	21.40	675m:	9:31.68	21.83	
	100m:	1:16.71	20.66	300m:	4:06.70	21.99	500m:	6:59.26	22.23	700m:	9:53.03	21.35	
	125m:	1:38.28	21.57	325m:	4:28.19	21.49	525m:	7:21.33	22.07	725m:	10:14.58	21.55	
	150m:	1:59.31	21.03	350m:	4:49.44	21.25	550m:	7:43.00	21.67	750m:	10:35.87	21.29	
	175m:	2:19.93	20.62	375m:	5:10.50	21.06	575m:	8:04.68	21.68	775m:	10:56.83	20.96	
	200m:	2:41.05	21.12	400m:	5:32.56	22.06	600m:	8:26.16	21.48	800m:	11:16.55	19.72	
17.				2011	II	"	"					11:39.86	II 321
	25m:	18.60	18.60	225m:	3:11.77	21.78	425m:	6:10.82	22.14	625m:	9:10.36	23.34	
	50m:	38.81	20.21	250m:	3:34.97	23.20	450m:	6:32.86	22.04	650m:	9:31.86	21.50	
	75m:	1:00.43	21.62	275m:	3:58.19	23.22	475m:	6:55.41	22.55	675m:	9:53.62	21.76	
	100m:	1:22.17	21.74	300m:	4:19.55	21.36	500m:	7:17.58	22.17	700m:	10:16.33	22.71	
	125m:	1:43.83	21.66	325m:	4:41.75	22.20	525m:	7:40.14	22.56	725m:	10:38.30	21.97	
	150m:	2:05.94	22.11	350m:	5:03.91	22.16	550m:	8:02.66	22.52	750m:	10:59.08	20.78	
	175m:	2:27.98	22.04	375m:	5:26.02	22.11	575m:	8:24.14	21.48	775m:	11:19.37	20.29	
	200m:	2:49.99	22.01	400m:	5:48.68	22.66	600m:	8:47.02	22.88	800m:	11:39.86	20.49	
18.				2011	II	"	-2",					11:45.60	II 313
	50m:	37.61	37.61	250m:	3:33.86	44.28	450m:	6:33.95	45.65	650m:	9:34.02	44.69	
	100m:	1:20.55	42.94	300m:	4:18.42	44.56	500m:	7:19.48	45.53	700m:	10:20.36	46.34	
	150m:	2:04.27	43.72	350m:	5:03.42	45.00	550m:	8:03.45	43.97	800m:	11:45.60	1:25.24	
	200m:	2:49.58	45.31	400m:	5:48.30	44.88	600m:	8:49.33	45.88				