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Посвящённые Дню Победы в Великой Отечественной войне и памяти Заслуженного тренера РСФСР Ахметова А.Г.

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							%	PB
A-Fitness, .								5
								1
100m	, , 31.03.2010	39.	1:46.73	138	1:50.00	106%		1
50m	, , 01.01.2009	35.	36.59	167	35.00	91%		1
50m		18.	43.77	130	50.00	130%		-
50m	, , 11.04.2014	195.	1:04.64	30	55.00	72%		-
50m		137.	1:02.17	45	1:01.00	96%		-
50m	, , 02.02.2014	176.	55.98	46	50.00	80%		-
50m	, , 01.11.2014	183.	59.64	38	55.00	85%		1
50m		123.	59.67	51	1:01.00	105%		-
100m	, , 15.04.2013	107.	1:43.33	81	1:50.00	113%		2
100m		50.	2:04.33	87	2:05.00	101%		-
C , .								4
800m	, , 10.12.2009	41.	10:18.04	369	10:40.00	107%		2
100m		26.	1:10.36	343	1:11.04	102%		-
100m	, , 19.05.2014	16.	2:02.05	89	2:01.00	98%		-
100m		56.	1:42.93	165	1:37.00	89%		-
100m	, , 04.01.2009	21.	1:13.68	272	1:15.00	104%		2
100m		28.	1:10.67	339	1:11.00	101%		-
100m	, , 19.09.2012	68.	1:37.26	196	1:35.00	95%		-
Mychamps, .								5
50m	, , 07.11.2005	8.	28.81	504	27.80	93%		-
100m		29.	1:10.51	361	1:00.00	72%		-
100m		9.	1:19.70	479	1:16.00	91%		-
100m		16.	1:10.07	524	1:08.50	96%		-
50m	, , 07.03.2009	10.	31.38	390	30.80	96%		-
100m		23.	1:09.24	382	1:06.00	91%		-
100m		13.	1:30.03	332	1:28.00	96%		-
100m		10.	1:17.21	353	1:14.00	92%		-
100m		27.	1:17.14	393	1:15.00	95%		-
100m	, , 20.02.2011	13.	1:10.38	363	1:09.50	98%		2
800m		11.	10:55.69	390	11:10.00	104%		-
100m		18.	1:21.33	335	1:18.00	92%		-
200m		10.	2:51.64	357	2:55.00	104%		-
50m	, , 18.02.2010	4.	28.84	502	27.80	93%		-
100m		6.	1:01.65	541	1:00.00	95%		-
100m		6.	1:08.50	506	1:06.50	94%		-
100m		10.	1:11.26	498	1:08.50	92%		-
50m	, , 13.11.2013	20.	35.33	185	32.50	85%		-
100m		16.	1:17.04	197	1:13.00	90%		-
100m		11.	1:41.02	163	1:33.50	86%		-
100m		19.	1:39.74	109	1:23.50	70%		-
100m		18.	1:28.10	175	1:24.00	91%		-
50m	, , 28.06.2006	11.	25.21	511	24.20	92%		-
100m		15.	54.98	542	53.00	93%		-
100m		20.	1:02.82	482	1:01.00	94%		-

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100m		5.	1:07.65	582	1:07.20	99%	
50m	, , 06.10.2007	55.	29.81	309	29.90	101%	1
100m		26.	56.51	499	55.00	95%	
100m		3.	1:05.04	613	1:05.00	100%	
50m	, , 10.08.2007	4.	28.32	530	28.70	103%	1
100m		7.	1:00.89	562	1:00.25	98%	
100m		8.	1:08.83	553	1:07.90	97%	
200m		4.	2:28.12	556	2:25.00	96%	
50m	, , 01.04.2008	8.	24.96	526	25.90	108%	4
50m		3.	27.59	522	27.90	102%	
100m		3.	58.23	571	1:01.00	110%	
100m		14.	1:01.58	512	1:04.80	111%	
50m	, , 09.08.2007	25.	26.35	447	26.10	98%	1
100m		27.	56.68	495	57.70	104%	
50m	, , 10.08.2007	5.	28.67	511	28.90	102%	1
100m		14.	1:02.43	521	1:01.00	95%	
50m	, , 21.08.2008	47.	28.05	371	29.91	114%	3
100m		68.	1:00.63	404	1:01.80	104%	
800m		33.	9:35.57	457	9:36.00	100%	
50m	, , 25.05.2007	5.	28.67	511	29.60	107%	1
50m		5.	31.04	539	30.90	99%	
100m		6.	1:07.10	547	1:05.90	96%	
100m		14.	1:09.82	530	1:08.80	97%	
100m	, , 30.03.2006	52.	58.40	452	59.20	103%	2
100m		6.	1:00.87	483	1:01.00	100%	
50m	, , 11.05.2008	14.	25.64	486	26.40	106%	2
800m		18.	9:19.67	497	9:01.00	93%	
100m		14.	1:09.71	498	1:13.00	110%	
100m		2.	59.06	529	59.00	100%	
200m		7.	2:16.16	521	2:14.00	97%	
50m	, , 14.09.2007	3.	28.23	535	29.10	106%	1
100m		5.	1:00.55	571	59.90	98%	
100m		7.	1:07.71	532	1:05.90	95%	
100m		19.	1:10.80	508	1:07.10	90%	
100m	, , 14.05.2008	9.	1:01.13	523	1:01.00	100%	-
200m		5.	2:12.73	563	2:09.00	94%	
50m	, , 20.04.2007	22.	26.17	457	28.50	119%	1
100m		26.	1:13.65	422	1:13.00	98%	
50m	, , 18.05.2007	10.	29.17	485	29.60	103%	1
100m		3.	1:16.06	551	1:14.00	95%	
100m		5.	1:12.51	426	1:09.00	91%	
50m	, , 10.02.2007	20.	26.15	458	26.90	106%	2
100m		30.	56.78	492	59.20	109%	
100m		15.	1:06.08	391	1:05.00	97%	
100m	, , 01.06.2007	9.	1:01.49	485	1:03.00	105%	3
100m		18.	1:03.06	434	1:04.20	104%	
100m		27.	1:04.14	453	1:06.00	106%	
200m		27.	2:21.95	460	2:20.00	97%	
50m	, , 11.10.2007	1.	29.86	606	29.90	100%	3
100m		1.	1:03.00	661	1:03.90	103%	
100m		3.	1:06.33	618	1:06.80	101%	

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200m		2.	2:52.67	255	2:49.00	96%	
	, 01.01.2013						1
100m		5.	1:15.25	297	1:13.00	94%	
100m		1.	1:23.59	278	1:40.00	143%	
100m		4.	1:23.30	312	1:20.00	92%	
200m		5.	3:02.38	298	2:55.00	92%	
	, 22.05.2013						3
100m		5.	1:37.49	261	1:37.00	99%	
100m		7.	1:36.16	182	1:42.00	113%	
100m		13.	1:29.58	251	1:30.00	101%	
200m		8.	3:12.52	253	3:20.00	108%	
	, 17.02.2014						1
50m		46.	38.38	144	36.00	88%	
800m		EXH	12:24.03	211	NT	-	
50m		15.	42.00	148	42.00	100%	
100m		20.	1:30.65	151	1:30.00	99%	
100m		25.	1:29.70	165	1:32.00	105%	
	, 27.03.2013						1
800m		EXH	12:26.58	209	NT	-	
100m		48.	1:44.82	98	1:35.00	82%	
100m		32.	1:49.85	127	1:49.00	98%	
100m		29.	1:47.49	87	1:45.00	95%	
100m		48.	1:34.90	140	1:35.00	100%	
	, 14.02.2013						4
50m		21.	39.37	197	48.00	149%	
100m		14.	1:41.36	232	1:42.00	101%	
100m		26.	1:33.50	220	1:36.00	105%	
200m		13.	3:24.27	212	3:25.00	101%	
	, 03.01.2013						3
50m		11.	34.74	195	34.00	96%	
100m		21.	1:18.81	184	1:20.00	103%	
100m		17.	1:27.21	180	1:30.00	107%	
200m		9.	3:15.21	177	3:25.00	110%	
	, 14.10.2013						1
50m		89.	42.13	109	39.00	86%	
100m		28.	1:49.12	130	1:50.00	102%	
100m		63.	1:39.64	120	1:30.00	82%	
	, 21.10.2013						3
50m		62.	39.68	131	50.00	159%	
100m		31.	1:36.76	124	1:33.00	92%	
100m		24.	1:46.24	140	1:49.00	105%	
100m		44.	1:34.27	142	1:35.00	102%	
	, 09.04.2013						3
50m		12.	34.78	194	35.00	101%	
100m		17.	1:17.49	193	1:16.00	96%	
800m		EXH	12:26.48	209	NT	-	
100m		23.	1:32.40	143	1:34.00	103%	
100m		20.	1:39.95	109	1:42.00	104%	
100m		22.	1:28.90	170	1:27.00	96%	
	, 09.05.2014						-
50m		182.	59.57	38	55.00	85%	
50m		135.	1:01.53	47	1:00.00	95%	
	, 13.10.2014						1
50m		73.	40.58	122	39.00	92%	
800m		EXH	14:26.82	133	NT	-	
50m		62.	48.80	94	47.00	93%	
100m		31.	1:49.47	128	1:50.00	101%	
	, 07.09.2012						3
100m		32.	1:11.10	250	1:10.00	97%	
100m		32.	1:22.55	193	1:30.00	119%	
100m		19.	1:19.21	240	1:24.00	112%	
200m		41.	2:58.31	232	3:05.00	108%	
	, 17.04.2013						4
100m		24.	1:29.15	179	1:29.00	100%	
50m		19.	46.78	157	48.00	105%	
100m		10.	1:49.40	124	2:10.00	141%	
100m		39.	1:36.88	198	1:38.00	102%	
200m		14.	3:25.12	209	3:26.00	101%	

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200m		8.	2:39.38	446	2:34.00	93%	
	, 01.01.2009						2
50m		2.	31.61	510	32.00	102%	
100m		3.	1:06.31	557	1:07.00	102%	
100m		3.	1:08.25	567	1:07.00	96%	
200m		2.	2:26.21	578	2:26.00	100%	
	, 01.01.2009						2
800m		5.	9:25.46	482	9:35.00	103%	
100m		13.	1:10.64	320	1:08.00	93%	
200m		21.	2:33.85	361	2:35.00	102%	
	, 01.01.2009						1
50m		7.	29.61	464	29.00	96%	
100m		1.	1:06.11	572	1:06.00	100%	
100m		2.	1:14.99	575	1:17.00	105%	
100m		5.	1:09.20	544	1:08.00	97%	
	, 01.01.2010						2
100m		27.	1:02.49	369	1:03.00	102%	
800m		35.	10:03.54	396	9:50.00	96%	
200m		20.	2:33.59	363	2:35.00	102%	
	, 01.01.2009						-
100m		3.	1:00.28	579	59.00	96%	
100m		9.	1:11.01	503	1:09.00	94%	
200m		7.	2:32.44	510	2:31.00	98%	
	, 01.01.2009						1
100m		6.	1:14.33	411	1:14.00	99%	
100m		33.	1:11.95	321	1:12.00	100%	
200m		29.	2:37.66	336	2:32.00	93%	
	, 01.01.2009						1
100m		29.	1:02.71	365	1:01.50	96%	
800m		10.	9:33.42	462	9:40.00	102%	
	, 01.01.2008						3
100m		66.	1:00.33	410	1:01.00	102%	
800m		25.	9:25.06	483	9:25.00	100%	
100m		70.	1:08.90	365	1:09.00	100%	
200m		35.	2:25.94	423	2:28.00	103%	
	, 01.01.2010						-
100m		6.	1:20.39	466	1:16.00	89%	
100m		4.	1:07.44	530	1:05.00	93%	
100m		7.	1:10.27	520	1:08.00	94%	
200m		3.	2:27.36	565	2:24.70	96%	
	, 01.01.2009						4
50m		9.	28.53	352	29.00	103%	
100m		24.	1:02.27	373	1:03.00	102%	
800m		24.	9:52.42	419	9:55.00	101%	
200m		15.	2:31.47	379	2:35.00	105%	
"	"-8, .						3
	, 01.01.2005						2
50m		1.	25.79	639	26.00	102%	
100m		1.	54.89	659	54.90	100%	
	, 01.01.2006						-
100m		2.	59.43	570	59.11	99%	
200m		1.	2:07.46	636	2:05.80	97%	
	, 01.01.2005						1
100m		2.	1:04.84	619	1:05.00	100%	
	, 01.01.2005						-
100m		16.	55.20	536	54.00	96%	
100m		9.	1:01.13	523	1:00.90	99%	
"	"-1, .						-
	, 01.01.2014						-
50m		91.	42.18	109	NT	-	
	, 01.01.2014						-
50m		131.	47.89	74	NT	-	
50m		94.	53.96	69	NT	-	

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50m	, , 01.01.2014	165.	53.06	54	NT	-	-
50m	, , 01.01.2014	190.	1:02.91	32	NT	-	-
50m	, , 01.01.2014	169.	53.74	52	NT	-	-
50m	, , 01.01.2014	128.	1:00.34	49	NT	-	-
50m	, , 01.01.2014	188.	1:01.70	34	NT	-	-
50m	, , 01.01.2014	145.	1:06.26	37	NT	-	-
50m	, , 01.01.2014	193.	1:03.09	32	NT	-	-
50m	, , 01.01.2014	101.	42.98	103	NT	-	-
50m	, , 01.01.2014	37.	45.53	116	NT	-	-
50m	, , 01.01.2014	196.	1:07.02	27	NT	-	-
50m	, , 01.01.2014	130.	1:00.84	48	NT	-	-
50m	, , 01.01.2014	147.	49.89	65	NT	-	-
50m	, , 01.01.2014	122.	58.90	53	NT	-	-
50m	, , 01.01.2014	72.	53.18	80	NT	-	-
50m	, , 01.01.2014	52.	1:01.68	68	NT	-	-
50m	, , 01.01.2014	141.	49.09	69	NT	-	-
50m	, , 01.01.2014	97.	54.64	67	NT	-	-
50m	, , 01.01.2014	128.	47.53	76	NT	-	-
50m	, , 01.01.2014	98.	54.69	67	NT	-	-
50m	, , 01.01.2014	138.	1:02.50	44	NT	-	-
50m	, , 01.01.2014	178.	56.64	45	NT	-	-
50m	, , 01.01.2014	142.	1:04.50	40	NT	-	-
50m	, , 01.01.2014	180.	58.16	41	NT	-	-
50m	, , 01.01.2014	119.	58.37	55	NT	-	-
50m	, , 01.01.2014	140.	49.01	69	NT	-	-
50m	, , 01.01.2014	72.	50.75	83	NT	-	-
50m	, , 01.01.2014	177.	56.62	45	NT	-	-
50m	, , 01.01.2014	124.	59.70	51	NT	-	-
50m	, , 01.01.2014	78.	58.25	60	NT	-	-
50m	, , 01.01.2014	50.	58.69	79	NT	-	-
50m	, , 01.01.2014	161.	52.35	57	NT	-	-
50m	, , 01.01.2014	114.	57.34	58	NT	-	-
50m	, , 01.01.2014	194.	1:03.49	32	NT	-	-
50m	, , 01.01.2014	189.	1:02.15	34	NT	-	-
50m	, , 01.01.2014	136.	1:01.86	46	NT	-	-
50m	, , 01.01.2014	200.	1:09.76	24	NT	-	-
50m	, , 01.01.2014	135.	48.75	70	NT	-	-
50m	, , 01.01.2014	99.	55.00	65	NT	-	-
50m	, , 01.01.2014	132.	48.03	73	NT	-	-
50m	, , 01.01.2014	105.	55.66	63	NT	-	-
50m	, , 01.01.2014	175.	55.79	47	NT	-	-

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		, 12.12.2014									2
50m			96.	42.46	107	45.00		112%			
50m			46.	46.72	107	49.00		110%			
		, 12.12.2014									2
50m			40.	42.33	158	58.00		188%			
50m			26.	49.39	133	1:02.00		158%			
		, 12.12.2013									2
50m			104.	43.55	99	45.00		107%			
50m			63.	48.93	93	59.00		145%			
		, 01.01.2014									-
50m			25.	36.30	171	NT		-			
100m			43.	1:24.61	148	NT		-			
50m			21.	42.56	142	NT		-			
		, 12.12.2014									1
50m			57.	39.25	135	38.00		94%			
100m			51.	1:26.34	140	1:26.00		99%			
50m			32.	44.47	124	47.00		112%			
		, 12.12.2014									1
50m			40.	37.76	152	36.85		95%			
100m			56.	1:27.14	136	1:28.00		102%			
50m			31.	44.31	126	42.00		90%			
		, 01.01.2014									2
50m			61.	47.99	109	56.00		136%			
50m			43.	56.16	91	1:03.00		126%			
		, 12.12.2014									1
50m			159.	51.62	59	49.00		90%			
50m			84.	52.87	74	59.00		125%			
		, 12.12.2008									1
100m			16.	1:03.01	507	1:02.20		97%			
800m			2.	9:28.76	598	9:52.00		108%			
		, 12.12.2014									2
50m			45.	38.28	146	39.00		104%			
50m			39.	45.87	113	43.00		88%			
100m			14.	1:35.28	126	1:39.00		108%			
		, 12.12.2013									-
50m			66.	39.91	128	38.00		91%			
100m			93.	1:36.43	100	1:25.00		78%			
50m			55.	48.29	97	43.00		79%			
		, 12.12.2014									3
50m			33.	37.02	161	41.00		123%			
50m			27.	43.38	134	44.00		103%			
100m			16.	1:44.12	149	1:47.00		106%			
		, 12.12.2014									-
50m			164.	52.87	55	47.00		79%			
50m			125.	59.96	50	55.00		84%			
		, 12.12.2014									-
50m			80.	41.28	116	39.00		89%			
100m			70.	1:30.73	120	1:26.00		90%			
50m			44.	46.48	109	44.00		90%			
		, 12.12.2014									1
50m			63.	39.80	129	46.00		134%			
50m			81.	52.71	74	51.00		94%			
100m			22.	1:45.96	141	1:42.00		93%			
		, 12.12.2014									2
50m			142.	49.37	68	59.00		143%			
50m			93.	53.94	69	1:03.00		136%			
		, 12.12.2013									2
50m			60.	47.84	110	59.00		152%			
50m			38.	51.62	117	1:03.00		149%			
		, 12.12.2014									2
50m			46.	43.64	145	47.00		116%			
50m			22.	48.55	141	51.00		110%			
100m			30.	1:55.68	156	1:45.50		83%			
		, 12.12.2014									2
50m			126.	46.70	80	1:00.00		165%			
50m			77.	51.86	78	1:10.00		182%			

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Посвящённые Дню Победы в Великой Отечественной войне и памяти Заслуженного тренера РСФСР Ахметова А.Г.



	, 27.09.2012								5
50m		48.	36.49	168	37.38			105%	
100m		73.	1:17.87	190	1:19.75			105%	
800m		37.	11:04.14	297	11:06.00			101%	
100m		29.	1:25.47	180	1:26.61			103%	
100m		87.	1:29.02	169	1:29.28			101%	
200m		51.	3:09.55	193	3:07.75			98%	
	, 05.01.2013								5
50m		3.	33.71	314	35.00			108%	
100m		3.	1:13.76	316	1:14.11			101%	
800m		1.	11:01.57	380	11:26.93			108%	
100m		17.	1:35.07	192	1:38.14			107%	
100m		3.	1:25.86	257	1:24.21			96%	
200m		7.	3:05.64	282	3:13.44			109%	
	, 26.03.2013								4
50m		53.	38.74	140	40.40			109%	
100m		48.	1:25.85	142	1:25.72			100%	
100m		36.	1:38.82	116	1:41.34			105%	
100m		34.	1:50.27	125	1:52.30			104%	
100m		16.	1:35.48	125	1:33.47			96%	
100m		41.	1:33.53	146	1:35.58			104%	
	, 26.03.2012								6
100m		41.	1:11.91	242	1:14.28			107%	
800m		27.	10:43.81	326	10:53.47			103%	
100m		7.	1:17.38	243	1:17.80			101%	
100m		13.	1:16.15	247	1:20.13			111%	
100m		24.	1:19.70	236	1:22.61			107%	
200m		21.	2:48.41	275	2:54.17			107%	
	, 10.05.2012								3
50m		36.	34.19	205	35.68			109%	
100m		61.	1:15.00	213	1:14.50			99%	
800m		35.	11:01.42	301	10:55.38			98%	
50m		23.	39.70	175	45.82			133%	
100m		77.	1:26.53	184	1:29.67			107%	
	, 28.03.2012								6
100m		19.	1:07.97	287	1:10.99			109%	
800m		10.	10:17.74	369	10:27.36			103%	
100m		18.	1:20.49	216	1:23.22			107%	
100m		25.	1:19.75	215	1:21.56			105%	
100m		30.	1:20.54	229	1:26.55			115%	
200m		30.	2:52.19	258	2:52.21			100%	
	, 30.04.2012								5
50m		7.	30.68	283	31.62			106%	
100m		24.	1:09.44	269	1:09.28			100%	
800m		21.	10:32.48	344	10:44.40			104%	
100m		23.	1:33.88	204	1:35.00			102%	
100m		7.	1:15.59	277	1:20.28			113%	
200m		11.	2:43.75	300	2:50.82			109%	
	, 30.12.2011								5
100m		12.	1:06.37	308	1:06.94			102%	
800m		2.	9:59.93	403	9:59.52			100%	
100m		4.	1:15.48	262	1:17.23			105%	
100m		7.	1:13.05	279	1:15.22			106%	
100m		6.	1:15.48	278	1:18.42			108%	
200m		8.	2:41.87	310	2:45.08			104%	
	, 08.03.2012								5
50m		32.	33.69	214	34.39			104%	
100m		52.	1:13.87	223	1:15.50			104%	
100m		30.	1:35.55	193	1:34.97			99%	
100m		30.	1:22.37	195	1:23.16			102%	
100m		54.	1:23.18	207	1:26.97			109%	
200m		38.	2:57.04	237	2:57.71			101%	
	, 17.05.2013								6
50m		5.	34.52	293	35.13			104%	
100m		6.	1:15.60	293	1:16.10			101%	
800m		3.	11:21.41	348	11:35.32			104%	
100m		5.	1:27.28	248	1:29.13			104%	
100m		9.	1:26.61	277	1:29.27			106%	
200m		6.	3:05.05	285	3:08.83			104%	

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Посвящённые Дню Победы в Великой Отечественной войне и памяти Заслуженного тренера РСФСР Ахметова А.Г.



	, 14.02.2012								6
50m		17.	32.34	242	34.68			115%	
100m		23.	1:09.43	269	1:13.83			113%	
800m		13.	10:20.01	365	10:32.44			104%	
100m		6.	1:17.14	245	1:18.74			104%	
100m		14.	1:17.35	258	1:21.55			111%	
200m		20.	2:48.16	277	2:55.67			109%	
	, 26.06.2012								4
50m		14.	35.15	277	35.50			102%	
100m		32.	1:17.51	272	1:17.10			99%	
800m		22.	11:45.22	314	11:45.00			100%	
100m		20.	1:29.94	227	1:32.00			105%	
100m		48.	1:27.52	269	1:30.64			107%	
200m		25.	3:12.20	254	3:15.64			104%	
	, 31.08.2012								6
50m		25.	32.99	228	35.92			119%	
100m		29.	1:10.83	253	1:13.95			109%	
800m		25.	10:36.16	338	10:51.55			105%	
100m		19.	1:32.21	215	1:34.38			105%	
100m		45.	1:22.19	215	1:24.58			106%	
200m		40.	2:57.65	235	3:00.56			103%	
	, 08.11.2012								4
100m		74.	1:18.00	189	1:19.96			105%	
800m		36.	11:02.00	300	11:06.00			101%	
100m		27.	1:34.35	201	1:34.15			100%	
100m		38.	1:28.55	157	1:26.67			96%	
100m		56.	1:23.54	205	1:26.33			107%	
200m		44.	2:59.24	228	3:02.64			104%	
	, 19.04.2013								4
50m		50.	38.65	141	42.28			120%	
100m		55.	1:27.10	136	1:33.07			114%	
100m		49.	1:44.88	97	1:44.48			99%	
100m		13.	1:42.47	157	1:44.13			103%	
100m		40.	1:33.29	147	1:37.30			109%	
	, 24.04.2012								5
50m		4.	31.09	401	31.16			100%	
100m		7.	1:08.02	403	1:09.24			104%	
800m		5.	10:16.19	470	10:34.48			106%	
100m		9.	1:27.14	366	1:26.10			98%	
100m		12.	1:18.21	377	1:19.05			102%	
200m		6.	2:44.52	406	2:45.95			102%	
	, 21.05.2012								4
50m		1.	29.61	464	31.25			111%	
100m		1.	1:03.38	498	1:05.37			106%	
800m		1.	9:39.23	566	9:55.21			106%	
100m		12.	1:30.61	325	1:30.00			99%	
200m		4.	2:42.91	418	2:45.35			103%	
	, 27.05.2012								2
100m		9.	1:08.50	394	1:08.30			99%	
800m		3.	10:04.89	497	10:03.31			99%	
100m		4.	1:17.04	361	1:18.27			103%	
100m		8.	1:17.70	346	1:17.15			99%	
100m		14.	1:18.30	375	1:22.56			111%	
200m		7.	2:45.43	399	2:44.54			99%	
	, 27.09.2012								6
50m		4.	29.83	308	31.63			112%	
100m		44.	1:12.36	237	1:12.63			101%	
800m		33.	10:56.13	308	11:06.00			103%	
50m		7.	36.34	228	38.00			109%	
100m		23.	1:19.58	237	1:22.20			107%	
200m		29.	2:51.37	261	2:54.67			104%	
	, 01.06.2011								4
50m		4.	29.83	308	31.02			108%	
100m		5.	1:04.27	339	1:06.05			106%	
800m		3.	10:00.43	402	10:18.31			106%	
100m		14.	1:19.37	225	1:18.75			98%	
100m		18.	1:18.96	243	1:23.81			113%	
200m		25.	2:50.30	266	2:49.28			99%	

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Посвящённые Дню Победы в Великой Отечественной войне и памяти Заслуженного тренера РСФСР Ахметова А.Г.



	, 01.06.2011									6
100m		10.	1:05.80	316	1:09.16				110%	
800m		4.	10:09.82	384	10:24.24				105%	
100m		20.	1:21.66	207	1:21.70				100%	
100m		11.	1:15.85	249	1:17.38				104%	
100m		27.	1:19.98	233	1:26.30				116%	
200m		28.	2:51.08	263	2:54.29				104%	
	, 27.01.2012									4
100m		56.	1:14.26	220	1:16.04				105%	
800m		43.	11:15.14	283	11:06.00				97%	
100m		7.	1:29.15	238	1:29.66				101%	
100m		29.	1:22.13	196	1:24.50				106%	
100m		38.	1:21.48	221	1:21.80				101%	
200m		32.	2:53.00	254	2:52.53				99%	
	, 01.11.2012									4
100m		29.	1:16.16	287	1:17.62				104%	
800m		12.	10:57.09	388	11:00.34				101%	
100m		21.	1:34.83	284	1:33.60				97%	
100m		18.	1:33.83	196	1:33.00				98%	
100m		23.	1:23.25	312	1:27.85				111%	
200m		14.	2:57.28	324	2:57.77				101%	
	, 13.06.2013									2
50m		64.	39.84	129	39.91				100%	
100m		36.	1:23.50	154	1:21.04				94%	
50m		41.	46.20	111	45.47				97%	
100m		39.	1:40.22	112	1:39.78				99%	
100m		15.	1:35.46	125	1:27.18				83%	
100m		39.	1:33.10	148	1:36.19				107%	
	, 15.10.2011									2
50m		14.	32.14	246	32.20				100%	
100m		35.	1:11.30	248	1:09.96				96%	
800m		23.	10:33.76	342	10:30.10				99%	
100m		17.	1:20.10	219	1:18.74				97%	
100m		34.	1:20.90	226	1:21.97				103%	
200m		34.	2:54.07	249	2:49.90				95%	
	, 09.06.2013									5
100m		14.	1:27.94	165	1:36.95				122%	
100m		4.	1:35.75	192	1:42.65				115%	
100m		8.	1:31.21	143	1:40.55				122%	
100m		12.	1:25.90	188	1:28.56				106%	
200m		5.	3:00.21	225	3:02.63				103%	
	, 09.06.2013									-
800m		2.	11:10.14	289	11:06.00				99%	
	, 22.04.2012									3
100m		31.	1:17.29	274	1:18.75				104%	
800m		15.	11:27.00	339	11:34.86				102%	
100m		24.	1:33.84	200	1:33.48				99%	
100m		17.	1:31.94	209	1:31.74				100%	
100m		51.	1:28.49	260	1:31.33				107%	
200m		26.	3:13.78	248	3:09.20				95%	
	, 15.11.2011									1
50m		16.	32.33	242	32.14				99%	
100m		43.	1:11.97	241	1:12.64				102%	
50m		18.	39.13	183	37.15				90%	
100m		37.	1:27.40	163	1:25.00				95%	
100m		71.	1:25.22	193	1:24.99				99%	
200m		50.	3:08.01	198	2:59.85				92%	
	, 02.01.2012									3
100m		55.	1:14.23	220	1:14.73				101%	
800m		40.	11:08.25	292	11:06.00				99%	
100m		20.	1:32.27	215	1:33.99				104%	
100m		40.	1:30.85	145	1:23.16				84%	
100m		64.	1:24.22	200	1:24.49				101%	
200m		46.	3:01.59	220	2:54.81				93%	
	, 03.08.2012									6
100m		28.	1:10.82	253	1:13.34				107%	
800m		14.	10:22.11	362	10:52.64				110%	
100m		10.	1:29.47	235	1:30.41				102%	
100m		26.	1:20.85	206	1:31.18				127%	
100m		26.	1:19.77	235	1:21.41				104%	
200m		19.	2:48.00	277	2:50.17				103%	

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	, 18.06.2012								6
100m		21.	1:12.42	334	1:15.52			109%	
800m		10.	10:42.36	415	11:12.56			110%	
100m		14.	1:31.90	312	1:34.84			107%	
100m		13.	1:26.59	250	1:33.73			117%	
100m		21.	1:22.39	322	1:30.49			121%	
200m		11.	2:52.48	352	2:59.67			109%	
	, 12.03.2012								4
50m		45.	35.79	178	36.52			104%	
100m		77.	1:20.72	171	1:20.61			100%	
100m		40.	1:35.43	129	1:35.47			100%	
100m		44.	1:40.82	106	1:45.06			109%	
100m		96.	1:30.53	161	1:31.18			101%	
	, 05.03.2012								4
100m		33.	1:11.19	249	1:11.69			101%	
800m		32.	10:55.59	309	10:40.23			95%	
100m		21.	1:32.90	210	1:35.00			105%	
100m		23.	1:19.29	218	1:17.04			94%	
100m		36.	1:21.19	223	1:21.80			102%	
200m		27.	2:50.88	264	2:52.06			101%	
"	"-6,								44
	, 11.12.2011								4
50m		19.	32.72	233	34.00			108%	
50m		24.	39.95	172	42.00			111%	
100m		15.	1:31.00	224	1:32.00			102%	
100m		66.	1:24.36	199	1:30.00			114%	
	, 11.11.2011								3
50m		10.	31.31	266	31.50			101%	
100m		20.	1:09.00	274	1:07.00			94%	
50m		9.	36.84	219	37.00			101%	
100m		22.	1:19.57	237	1:25.00			114%	
	, 11.11.2011								4
100m		4.	1:05.03	461	1:04.50			98%	
100m		7.	1:25.56	387	1:27.00			103%	
100m		1.	1:10.81	458	1:12.00			103%	
100m		1.	1:13.76	449	1:14.50			102%	
200m		1.	2:37.74	461	2:39.00			102%	
	, 01.11.2011								3
50m		3.	29.72	312	29.90			101%	
100m		6.	1:04.55	335	1:02.50			94%	
50m		13.	37.17	213	38.00			105%	
100m		25.	1:19.72	236	1:25.00			114%	
	, 01.11.2011								4
800m		26.	10:40.51	331	10:59.00			106%	
100m		4.	1:25.07	274	1:28.00			107%	
100m		8.	1:16.24	270	1:18.00			105%	
200m		9.	2:43.35	302	2:45.00			102%	
	, 01.11.2010								4
50m		28.	32.38	241	32.54			101%	
50m		13.	36.61	223	37.00			102%	
100m		27.	1:20.14	219	1:22.00			105%	
100m		91.	1:21.17	223	1:25.00			110%	
	, 01.11.2011								3
50m		6.	30.38	292	29.90			97%	
100m		9.	1:05.70	317	1:02.50			90%	
800m		6.	10:10.61	382	10:14.00			101%	
50m		4.	34.94	257	37.00			112%	
100m		8.	1:16.24	270	1:19.00			107%	
	, 01.11.2010								3
50m		10.	34.31	271	35.50			107%	
100m		55.	1:15.25	280	1:19.00			110%	
200m		34.	2:41.59	312	2:45.00			104%	
	, 01.11.2011								2
800m		18.	10:29.01	350	11:06.00			112%	
50m		6.	35.92	236	35.50			98%	
100m		10.	1:18.02	237	1:18.00			100%	
100m		16.	1:17.88	253	1:18.00			100%	

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100m			62.	1:47.29	146	1:47.00	99%	-
100m	, 03.01.2013		27.	1:45.65	92	1:40.00	90%	-
100m			45.	1:34.39	142	1:30.00	91%	
100m	, 05.12.2014		62.	1:28.07	131	1:27.00	98%	1
50m			34.	44.63	123	43.00	93%	
100m			30.	1:50.69	80	1:58.00	114%	
100m			68.	1:41.99	112	1:39.00	94%	
100m	, 31.03.2013		21.	35.59	181	35.00	97%	2
50m			15.	42.00	148	46.00	120%	
100m			9.	1:40.57	166	1:53.10	126%	
100m	, 14.03.2013		27.	40.63	179	41.00	102%	3
50m			33.	1:32.70	159	1:35.00	105%	
50m			18.	45.99	165	49.50	116%	
50m	, 30.07.2013		15.	38.16	216	39.00	104%	2
100m			23.	1:29.03	179	1:29.00	100%	
100m			15.	1:42.48	225	1:45.00	105%	
100m			40.	1:37.33	195	1:35.00	95%	
100m	, 14.06.2012		30.	33.57	216	31.00	85%	1
50m			66.	1:16.16	204	1:15.00	97%	
50m			20.	39.22	181	40.00	104%	
100m			79.	1:27.26	180	1:26.00	97%	
50m	, 24.01.2013		15.	35.01	190	35.00	100%	2
100m			13.	1:16.42	202	1:18.00	104%	
100m			25.	1:33.79	136	1:35.00	103%	
100m			26.	1:30.00	164	1:29.00	98%	
50m	, 14.07.2008		21.	33.23	328	31.00	87%	-
100m			30.	1:14.80	303	1:13.00	95%	
50m			7.	42.11	216	38.00	81%	
100m			46.	1:28.66	258	1:24.00	90%	
50m	, 19.10.2008		24.	35.71	264	33.00	85%	-
100m			47.	1:29.10	255	1:26.00	93%	
100m	, 05.11.2009		18.	1:41.96	228	1:41.00	98%	1
100m			53.	1:37.45	194	1:40.00	105%	
200m			19.	3:38.91	172	3:35.00	96%	
50m	, 23.02.2011		12.	34.13	303	34.50	102%	3
100m			33.	1:17.54	272	1:17.00	99%	
50m			9.	40.56	241	42.00	107%	
100m			21.	1:30.88	220	1:34.00	107%	
50m	, 30.10.2009		19.	30.51	288	30.00	97%	2
100m			55.	1:07.40	294	1:08.00	102%	
50m			11.	34.97	256	35.00	100%	
100m			72.	1:18.05	251	1:15.00	92%	
50m	, 02.10.2012		20.	39.04	202	36.00	85%	1
100m			44.	1:28.60	182	1:24.00	90%	
50m			10.	43.95	190	44.00	100%	
100m			60.	1:32.62	227	1:30.00	94%	
"	"							10
100m	, 16.11.2012		33.	1:36.94	185	1:33.00	92%	-
100m			81.	1:27.51	178	1:27.00	99%	
50m	, 21.02.2011		19.	39.15	182	39.00	99%	-
100m			31.	1:27.04	171	1:26.00	98%	

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100m		3.	1:22.11	325	1:23.90	104%	
200m		1.	2:56.31	330	2:53.00	96%	
"	"						1
	, 08.07.2011						-
100m		24.	1:23.29	312	1:17.00	85%	
	, 07.10.2008						-
100m		19.	1:36.37	270	1:31.00	89%	
	, 01.12.2010						-
100m		64.	1:16.84	263	1:15.00	95%	
	, 16.10.2012						-
100m		52.	1:28.92	256	1:26.00	94%	
	, 21.04.2014						1
50m		12.	41.07	158	37.00	81%	
100m		37.	1:31.80	154	1:32.00	100%	
	, 05.11.2009						-
100m		14.	1:30.28	329	1:30.00	99%	
	, 09.10.2013						-
100m		10.	1:25.64	190	1:23.00	94%	
	, 03.05.2007						-
100m		81.	1:05.09	326	1:00.00	85%	
100m		73.	1:09.13	362	1:07.00	94%	
	, 05.07.2010						-
100m		29.	1:17.71	384	1:15.00	93%	
	, 29.08.2008						-
50m		46.	27.98	374	25.00	80%	
100m		76.	1:02.46	369	1:00.00	92%	
	, 15.10.2008						-
50m		20.	32.77	342	32.00	95%	
"	"						14
	, 14.03.2011						1
50m		1.	27.89	377	28.00	101%	
100m		2.	1:02.41	370	1:01.00	96%	
	, 22.06.2011						2
50m		8.	30.77	281	32.00	108%	
50m		5.	35.41	247	36.50	106%	
100m		5.	1:16.93	247	1:16.00	98%	
	, 10.04.2012						1
100m		32.	1:36.80	186	1:37.00	100%	
100m		91.	1:29.46	167	1:26.00	92%	
	, 07.04.2012						-
50m		22.	32.90	230	32.00	95%	
100m		42.	1:11.94	242	1:11.00	97%	
	, 22.12.2013						-
50m		6.	34.62	290	34.00	96%	
100m		8.	1:17.18	275	1:16.00	97%	
50m		3.	39.81	255	39.00	96%	
100m		7.	1:29.87	227	1:28.00	96%	
	, 12.02.2007						1
100m		22.	55.94	515	57.00	104%	
	, 12.10.2007						-
100m		37.	1:16.12	409	1:13.00	92%	
	, 03.10.2007						-
100m		8.	1:01.03	558	1:00.00	97%	
	, 11.01.2006						1
100m		8.	1:07.01	561	1:08.00	103%	
100m		3.	1:00.08	551	1:00.00	100%	
	, 25.09.2005						-
100m		10.	54.23	565	53.70	98%	
	, 22.06.2005						3
50m		1.	23.38	641	24.00	105%	
100m		1.	50.57	697	51.50	104%	
100m		1.	57.78	585	1:00.00	108%	

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200m			3.	2:53.76	251	2:58.00	105%	
800m	, , 23.05.2008		12.	9:05.76	536	9:08.00	101%	1
50m	, , 24.04.2013		8.	35.76	263	36.50	104%	4
50m			2.	38.83	275	39.00	101%	
100m			2.	1:22.32	296	1:26.00	109%	
100m			17.	1:30.00	247	1:31.50	103%	
50m	, , 29.05.2014		108.	44.10	95	45.00	104%	1
100m			104.	1:41.12	87	1:38.00	94%	
100m	, , 11.08.2014		29.	1:35.91	127	1:48.00	127%	2
100m			43.	1:55.84	108	2:03.00	113%	
100m	, , 03.11.2011		15.	1:25.46	264	1:26.30	102%	1
100m			46.	1:27.18	272	1:27.00	100%	
100m	, , 25.08.2007		10.	1:07.18	557	1:07.00	99%	-
100m			5.	1:00.39	543	1:00.00	99%	
50m	, , 16.09.2009		4.	27.73	384	26.00	88%	-
100m			16.	1:08.32	375	1:06.50	95%	
100m	, , 09.06.2012		36.	1:11.52	246	1:12.00	101%	2
100m			27.	1:19.98	233	1:22.00	105%	
100m	, , 17.09.2012		37.	1:20.72	241	1:22.00	103%	1
50m	, , 23.01.2013		70.	40.34	124	41.50	106%	2
100m			71.	1:30.83	120	1:32.50	104%	
50m			33.	44.53	124	44.50	100%	
100m			43.	1:41.28	108	1:40.00	97%	
100m	, , 06.05.2011		26.	1:14.36	308	1:14.00	99%	2
100m			8.	1:19.99	323	1:22.00	105%	
100m			17.	1:21.17	337	1:25.30	110%	
100m	, , 07.05.2012		75.	1:26.06	187	1:27.30	103%	1
100m	, , 17.04.2014		47.	1:44.50	111	1:50.00	111%	1
100m			36.	1:46.47	137	1:43.00	94%	
100m	, ,		10.	1:01.62	482	1:01.50	100%	-
100m			9.	1:01.54	468	1:00.00	95%	
100m			8.	1:00.75	533	1:00.00	98%	
50m	, , 08.02.2013		17.	35.15	188	38.00	117%	2
100m			16.	1:29.11	159	1:31.00	104%	
100m			5.	1:36.31	189	1:33.00	93%	
100m	, , 30.11.2013		46.	1:25.14	146	1:29.50	111%	2
100m			34.	1:37.55	121	1:38.50	102%	
100m	, , 23.03.2011		1.	1:10.18	315	1:12.00	105%	2
200m			3.	2:36.97	340	2:39.00	103%	
100m	, , 15.02.2012		59.	1:32.16	230	1:29.30	94%	-
50m	, , 14.03.2006		16.	25.80	477	26.00	102%	2
100m			35.	57.38	477	58.50	104%	
100m			32.	1:16.35	379	1:14.00	94%	
100m			61.	1:07.17	394	1:04.00	91%	
50m	, , 11.04.2012		15.	38.19	196	43.00	127%	2
100m			50.	1:22.59	212	1:27.00	111%	

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	, 08.04.2014									1
100m		65.	1:29.17	127	1:28.00				97%	
800m		8.	14:29.24	132	14:50.00				105%	
100m		71.	1:45.57	101	1:32.00				76%	
	, 03.01.2010									3
100m		17.	1:01.42	389	1:03.00				105%	
100m		10.	1:06.97	363	1:06.00				97%	
100m		32.	1:11.78	323	1:13.50				105%	
200m		17.	2:31.73	377	2:36.00				106%	
	, 29.05.2010									1
100m		64.	1:09.13	272	1:10.00				103%	
800m		50.	10:49.42	318	10:45.00				99%	
100m		67.	1:17.29	259	1:17.00				99%	
	, 26.10.2013									2
50m		13.	36.79	242	37.00				101%	
100m		13.	1:19.96	248	1:21.00				103%	
100m		30.	1:35.44	207	1:31.50				92%	
200m		16.	3:31.58	191	3:25.00				94%	
	, 30.11.2013									-
50m		48.	43.84	143	42.00				92%	
100m		40.	1:39.08	130	1:35.00				92%	
100m		67.	1:53.61	123	1:42.00				81%	
	, 29.01.2013									2
50m		85.	41.64	113	42.00				102%	
100m		79.	1:32.61	113	1:37.00				110%	
100m		75.	1:50.20	89	1:42.00				86%	
	, 13.06.2010									1
50m		9.	31.12	400	31.00				99%	
100m		16.	1:06.09	439	1:07.00				103%	
100m		30.	1:17.77	383	1:16.00				95%	
	, 24.09.2014									-
100m		37.	1:51.83	120	1:51.00				99%	
100m		72.	1:45.68	101	1:45.00				99%	
200m		12.	3:47.83	111	3:45.00				98%	
	, 05.09.2013									2
50m		71.	40.43	123	45.00				124%	
100m		73.	1:31.04	119	1:41.00				123%	
100m		70.	1:45.13	102	1:45.00				100%	
	, 29.09.2009									2
50m		29.	32.49	238	34.00				110%	
100m		33.	1:31.76	218	1:32.00				101%	
100m		90.	1:21.14	224	1:15.00				85%	
200m		51.	2:53.19	253	2:51.00				97%	
	, 20.08.2013									2
100m		24.	1:21.54	166	1:21.00				99%	
800m		4.	12:46.28	193	14:10.00				123%	
100m		33.	1:50.09	126	1:51.00				102%	
100m		33.	1:31.13	158	1:31.00				100%	
	, 20.03.2014									3
100m		45.	1:42.59	117	1:52.00				119%	
100m		14.	1:53.28	111	2:05.00				122%	
100m		66.	1:51.61	129	1:52.00				101%	
	, 18.11.2013									1
100m		31.	1:22.93	158	1:21.00				95%	
800m		5.	13:30.12	163	14:00.00				108%	
100m		53.	1:37.21	130	1:30.50				87%	
	, 19.04.2013									1
50m		37.	41.90	163	39.00				87%	
100m		19.	1:47.28	196	1:58.00				121%	
100m		58.	1:44.41	158	1:42.00				95%	
200m		17.	3:42.95	163	3:35.00				93%	
	, 29.03.2010									1
50m		32.	33.73	213	35.00				108%	
100m		32.	1:26.54	174	1:19.00				83%	
100m		101.	1:24.14	200	1:21.00				93%	
200m		58.	3:03.54	213	2:58.00				94%	
	, 17.01.2010									3
100m		62.	1:08.91	275	1:10.00				103%	
800m		48.	10:39.85	332	10:45.00				102%	

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100m	82.	1:19.43	238	1:17.00	94%	
200m	44.	2:49.24	271	2:52.00	103%	2
, , 11.07.2013						
50m	102.	43.18	101	45.00	109%	
100m	52.	2:15.72	67	2:15.00	99%	
100m	77.	1:56.10	76	2:00.00	107%	
, , 30.05.2010						
50m	25.	31.83	254	32.00	101%	3
100m	29.	1:27.26	254	1:31.00	109%	
100m	74.	1:18.14	250	1:16.50	96%	
200m	40.	2:45.75	289	2:49.00	104%	
, , 02.12.2013						
100m	60.	1:27.93	132	1:42.00	135%	2
100m	18.	1:39.36	111	1:51.00	125%	
, , 20.08.2014						
50m	122.	46.07	83	47.00	104%	2
100m	106.	1:41.80	85	1:48.00	113%	
100m	78.	1:56.37	75	1:55.00	98%	
, , 07.01.2014						
50m	87.	41.76	112	43.00	106%	2
100m	80.	1:33.16	111	1:41.00	118%	
800m	9.	14:46.70	125	14:45.00	100%	
, , 23.10.2013						
50m	110.	44.38	93	41.00	85%	1
100m	47.	2:01.38	94	2:10.00	115%	
, , 25.08.2010						
100m	78.	1:13.63	225	1:14.00	101%	3
800m	54.	11:08.13	292	11:20.00	104%	
100m	102.	1:25.67	190	1:21.00	89%	
200m	56.	2:59.17	229	3:05.00	107%	
" " , , 05.12.2012						
100m	34.	1:48.03	192	1:52.00	107%	14
100m	72.	1:42.08	169	1:38.00	92%	1
, , 05.08.2013						
100m	27.	1:21.93	163	1:23.00	103%	1
, , 14.07.2014						
50m	54.	45.53	127	45.00	98%	-
100m	51.	1:48.45	99	1:45.00	94%	-
, , 13.08.2013						
100m	32.	1:44.04	146	1:42.00	96%	-
100m	11.	1:51.17	118	1:49.00	96%	-
, , 13.11.2013						
100m	58.	1:27.79	133	1:32.00	110%	1
, , 20.08.2013						
100m	12.	1:19.82	249	1:44.50	171%	2
100m	23.	1:32.22	230	1:36.00	108%	
, , 01.01.2014						
50m	42.	46.35	110	44.00	90%	-
100m	73.	1:46.73	98	1:42.00	91%	-
, , 06.07.2014						
100m	23.	1:51.20	176	1:50.00	98%	-
100m	63.	1:47.36	145	1:38.00	83%	-
, , 03.11.2013						
50m	22.	39.70	192	39.00	97%	-
100m	27.	1:30.08	173	1:29.00	98%	-
100m	45.	1:39.09	185	1:35.60	93%	-
, , 17.12.2014						
100m	42.	1:55.19	108	1:55.00	100%	-
, , 31.03.2013						
100m	29.	1:22.22	162	1:21.00	97%	-
100m	58.	1:37.90	127	1:30.00	85%	-
, , 05.09.2014						
50m	9.	42.57	209	41.50	95%	2
100m	16.	1:34.89	193	1:36.00	102%	
100m	29.	1:35.05	210	1:36.00	102%	

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100m			14.	1:29.61	250	1:30.00	101%	
	,	, 21.02.2014						-
50m			65.	49.29	91	45.00	83%	
100m			54.	1:49.63	85	1:45.00	92%	
	,	, 10.08.2013						-
50m			23.	40.15	186	40.00	99%	
50m			30.	49.90	129	43.00	74%	
100m			29.	1:43.03	151	1:40.00	94%	
	,	, 25.02.2008						5
100m			62.	59.77	422	1:03.00	111%	
800m			28.	9:29.57	471	9:40.00	104%	
100m			26.	1:06.97	363	1:09.00	106%	
100m			69.	1:08.81	367	1:10.00	103%	
200m			40.	2:30.19	388	2:35.00	107%	
	,	, 02.02.2014						2
50m			45.	43.23	149	44.00	104%	
100m			41.	1:40.54	124	1:42.00	103%	
	,	, 27.09.2009						1
50m			8.	38.21	289	36.00	89%	
100m			10.	1:24.34	404	1:25.00	102%	
100m			19.	1:14.81	431	1:13.00	95%	
	,	, 21.01.2012						-
800m			41.	11:09.95	289	11:03.00	98%	
100m			8.	1:17.84	239	1:17.00	98%	
100m			17.	1:18.30	249	1:17.80	99%	
200m			18.	2:47.99	277	2:46.00	98%	
	,	, 28.01.2014						-
100m			57.	1:51.03	82	1:48.00	95%	
100m			76.	1:50.25	89	1:50.00	100%	
	,	, 04.07.2010						3
50m			21.	30.89	277	31.00	101%	
100m			56.	1:07.76	289	1:08.00	101%	
800m			49.	10:43.62	327	11:06.00	107%	
50m			14.	36.74	221	35.00	91%	
	,	, 25.02.2011						1
50m			2.	36.24	339	36.00	99%	
100m			4.	1:24.33	404	1:24.00	99%	
100m			9.	1:17.34	390	1:18.00	102%	
	,	, 12.06.2013						3
50m			4.	34.43	295	35.00	103%	
100m			11.	1:19.64	251	1:26.00	117%	
50m			12.	43.38	197	42.00	94%	
100m			16.	1:29.93	248	1:34.20	110%	
	,	, 09.04.2014						-
50m			48.	47.11	104	43.00	83%	
100m			42.	1:40.81	110	1:40.00	98%	
100m			24.	1:42.56	101	1:40.00	95%	
100m			69.	1:43.83	106	1:42.00	97%	
	,	, 14.05.2014						2
50m			49.	43.95	142	44.00	100%	
100m			38.	1:38.95	130	1:40.00	102%	
100m			52.	2:05.90	121	1:58.00	88%	
100m			60.	1:45.58	153	1:42.00	93%	
	,	, 22.07.2011						2
100m			6.	1:07.86	406	1:10.00	106%	
50m			4.	37.30	310	36.00	93%	
100m			3.	1:11.77	440	1:12.00	101%	
	,	, 05.11.2013						2
50m			20.	39.30	198	36.00	84%	
100m			20.	1:27.81	187	1:26.00	96%	
100m			17.	1:46.55	200	1:50.00	107%	
100m			38.	1:36.66	199	1:40.00	107%	
	,	, 20.08.2011						1
50m			20.	32.74	233	31.00	90%	
100m			54.	1:14.13	221	1:11.00	92%	
100m			70.	1:25.10	194	1:35.00	125%	
	,	, 30.01.2013						1
50m			61.	39.52	132	37.00	88%	
100m			57.	1:27.72	133	1:26.00	96%	

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100m		51.	1:35.69	136	1:40.00	109%	
50m	, , 17.03.2010	15.	29.55	317	29.00	96%	1
100m		51.	1:05.78	316	1:05.00	98%	
800m		40.	10:13.23	378	10:20.00	102%	
100m	, , 10.09.2014	46.	1:44.06	112	1:40.00	92%	1
100m		13.	1:52.16	115	1:54.00	103%	
50m	, , 19.01.2014	38.	42.00	162	40.00	91%	2
100m		30.	1:43.60	148	1:45.00	103%	
100m		32.	1:55.86	155	1:57.00	102%	
100m	, , 03.03.2008	73.	1:01.97	378	1:02.00	100%	3
800m		22.	9:21.45	492	9:40.00	107%	
100m		74.	1:09.65	354	1:11.00	104%	
100m	, , 26.01.2012	25.	1:09.74	265	1:10.00	101%	2
800m		24.	10:35.07	340	10:50.00	105%	
100m		33.	1:23.91	184	1:18.00	86%	
50m	, , 31.08.2013	84.	41.55	114	40.00	93%	-
100m		82.	1:33.32	110	1:28.00	89%	
50m		53.	48.11	98	44.00	84%	
50m	, , 28.08.2013	33.	50.87	122	45.00	78%	-
100m		27.	1:53.92	164	1:48.00	90%	
100m		59.	1:45.51	153	1:40.00	90%	
100m	, , 27.01.2012	63.	1:15.81	206	1:15.00	98%	1
100m		13.	1:30.29	229	1:33.00	106%	
100m		61.	1:24.01	201	1:20.00	91%	
50m	, , 29.05.2013	52.	44.60	135	39.00	76%	-
50m		23.	48.65	140	45.00	86%	
100m		35.	1:46.42	137	1:42.00	92%	
50m	, , 18.07.2013	16.	38.26	215	37.00	94%	-
100m		19.	1:26.17	198	1:25.00	97%	
100m		31.	1:35.78	205	1:30.00	88%	
50m	, , 28.02.2013	58.	39.30	134	35.00	79%	2
50m		8.	39.84	173	38.00	91%	
100m		6.	1:26.54	174	1:28.00	103%	
100m		27.	1:30.05	163	1:32.00	104%	
100m	, , 23.02.2012	33.	1:27.97	165	1:22.00	87%	1
100m		25.	1:33.90	204	1:34.00	100%	
100m		73.	1:25.26	193	1:22.00	92%	
50m	, , 08.08.2014	68.	49.90	97	48.00	93%	1
100m		39.	2:00.06	140	2:05.00	108%	
100m	, , 01.03.2013	15.	1:16.92	198	1:20.00	108%	1
100m		14.	1:43.30	153	1:40.00	94%	
100m		15.	1:26.99	181	1:25.00	95%	
50m	, , 28.09.2013	6.	42.23	214	40.00	90%	-
100m		15.	1:34.21	197	1:33.00	97%	
100m		35.	1:36.57	200	1:35.00	97%	
100m	, , 18.12.2006	33.	1:16.74	373	1:16.00	98%	2
100m		23.	1:05.44	389	1:07.00	105%	
100m		52.	1:05.93	417	1:09.00	110%	
200m		24.	2:21.53	464	2:20.00	98%	
100m	, , 31.05.2012	51.	1:13.28	229	1:10.00	91%	-
100m		22.	1:33.02	209	1:33.00	100%	
100m		35.	1:25.40	175	1:20.00	88%	

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100m			60.	1:23.83	203	1:20.00	91%	-
50m	,	, 23.06.2011	16.	38.22	196	35.00	84%	-
100m			28.	1:25.06	183	1:21.00	91%	-
100m			95.	1:30.32	162	1:25.00	89%	-
50m	,	, 27.09.2010	24.	31.45	263	29.00	85%	-
100m			69.	1:10.05	262	1:06.00	89%	-
50m			16.	38.80	187	36.00	86%	-
100m			95.	1:22.27	214	1:16.00	85%	-
100m	,	, 23.07.2008	11.	1:09.44	538	1:09.00	99%	1
200m			3.	2:27.09	568	2:29.00	103%	-
50m	,	, 03.11.2013	67.	39.92	128	33.00	68%	-
100m			69.	1:30.38	122	1:23.00	84%	-
50m			29.	44.10	127	35.00	63%	-
100m	,	, 03.07.2010	3.	57.34	478	57.00	99%	-
100m			17.	1:20.54	323	1:16.00	89%	-
100m			11.	1:07.28	392	1:06.00	96%	-
50m	,	, 08.03.2014	32.	41.30	171	43.00	108%	1
100m			37.	1:38.56	132	1:35.00	93%	-
100m	,	, 07.05.2013	7.	1:14.27	220	1:18.00	110%	2
100m			5.	1:24.32	188	1:25.00	102%	-
100m			11.	1:25.75	189	1:24.00	96%	-
100m	,	, 10.08.2013	35.	1:38.03	119	1:35.00	94%	-
100m			55.	1:37.58	128	1:35.00	95%	-
50m	,	, 24.11.2014	25.	42.93	138	44.00	105%	2
100m			26.	1:34.19	135	1:37.00	106%	-
50m	,	, 23.05.2013	65.	39.88	129	36.00	81%	-
100m			92.	1:36.23	101	1:23.00	74%	-
50m			45.	46.67	107	42.00	81%	-
50m	,	, 01.12.2008	16.	30.45	427	31.00	104%	3
100m			25.	1:12.79	467	1:15.00	106%	-
200m			12.	2:37.88	459	2:40.00	103%	-
50m	,	, 22.11.2013	44.	38.17	147	40.00	110%	2
100m			30.	1:22.67	159	1:27.00	111%	-
50m	,	, 10.09.2014	68.	40.15	126	40.00	99%	1
100m			67.	1:29.79	124	1:33.00	107%	-
100m	,	, 21.01.2009	36.	1:03.85	346	1:03.00	97%	1
800m			42.	10:20.00	365	10:30.00	103%	-
100m			36.	1:12.37	315	1:12.00	99%	-
800m	,	, 11.09.2012	20.	11:38.06	323	11:46.00	102%	3
100m			28.	1:24.06	303	1:27.00	107%	-
200m			19.	2:59.36	313	3:00.00	101%	-
100m	,	, 03.01.2014	35.	1:51.27	122	1:45.00	89%	1
100m			66.	1:41.87	113	1:35.00	87%	-
200m			10.	3:38.72	125	3:40.00	101%	-
50m	,	, 08.10.2014	24.	40.17	185	40.00	99%	1
100m			25.	1:29.78	175	1:29.00	98%	-
100m			24.	1:39.25	169	1:40.00	102%	-
100m	,	, 17.10.2012	28.	1:36.56	269	1:30.00	87%	-
100m			14.	1:27.33	244	1:26.00	97%	-
100m			47.	1:27.41	270	1:27.00	99%	-

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	, 11.03.2012									
50m		52.	37.08	160	34.00		84%			
100m		64.	1:15.91	206	1:15.00		98%			
100m		31.	1:36.70	186	1:34.00		94%			
100m		86.	1:28.47	172	1:22.00		86%			
	, 14.12.2011									3
50m		6.	32.38	355	33.00		104%			
100m		17.	1:11.07	353	1:12.00		103%			
50m		5.	38.28	287	39.00		104%			
100m		36.	1:25.44	289	1:25.00		99%			
	, 07.07.2006									1
100m		64.	59.91	419	58.00		94%			
800m		17.	9:15.59	508	9:35.00		107%			
	, 20.09.2013									-
50m		34.	41.61	167	40.00		92%			
50m		27.	49.54	132	43.00		75%			
100m		33.	1:56.36	153	1:49.00		88%			
	, 19.08.2014									2
50m		17.	38.61	209	40.00		107%			
100m		17.	1:24.78	208	1:20.00		89%			
100m		18.	1:35.41	190	1:37.00		103%			
	, 07.04.2014									2
50m		62.	48.30	106	47.00		95%			
100m		44.	1:41.85	120	1:47.00		110%			
100m		24.	1:52.27	171	1:50.00		96%			
100m		65.	1:50.08	135	1:55.00		109%			
	, 13.03.2008									2
800m		9.	9:02.08	547	9:13.00		104%			
100m		16.	1:07.01	375	1:06.00		97%			
100m		44.	1:05.50	425	1:07.00		105%			
200m		18.	2:20.16	478	2:20.00		100%			
	, 06.03.2014									2
100m		26.	1:39.68	166	1:41.00		103%			
100m		55.	1:42.53	167	1:46.00		107%			
	, 12.12.2014									1
50m		74.	54.40	74	55.00		102%			
100m		51.	2:05.52	122	2:05.00		99%			
	, 30.04.2012									3
100m		17.	1:07.83	288	1:09.00		103%			
800m		22.	10:33.58	342	10:50.00		105%			
100m		9.	1:18.01	237	1:17.00		97%			
100m		15.	1:16.39	244	1:18.00		104%			
	, 14.03.2012									3
800m		24.	11:46.15	312	11:50.00		101%			
100m		14.	1:25.13	268	1:28.00		107%			
100m		17.	1:33.24	299	1:34.00		102%			
100m		27.	1:23.85	306	1:23.00		98%			
	, 18.04.2014									1
100m		28.	1:30.64	170	1:30.00		99%			
100m		28.	1:41.63	157	1:38.00		93%			
100m		9.	1:41.62	155	1:45.00		107%			
100m		50.	1:41.10	174	1:40.00		98%			
	, 13.05.2014									2
50m		32.	36.74	165	36.80		100%			
100m		42.	1:24.17	151	1:22.00		95%			
50m		30.	44.28	126	42.00		90%			
100m		46.	1:34.74	140	1:35.00		101%			
	, 14.10.2009									1
100m		4.	1:16.98	531	1:16.00		97%			
100m		8.	1:10.90	506	1:09.00		95%			
200m		6.	2:29.35	543	2:30.00		101%			
	, 08.08.2011									-
100m		3.	1:23.00	424	1:23.00		100%			
100m		4.	1:14.58	435	1:14.00		98%			
200m		3.	2:39.04	449	2:39.00		100%			
	, 14.06.2010									1
100m		30.	1:11.08	353	1:10.00		97%			
100m		14.	1:19.46	329	1:20.00		101%			
100m		40.	1:22.22	324	1:20.00		95%			

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