



11-12

мая 2023г.

СОРЕВНОВАНИЯ  
ПО ПЛАВАНИЮ

г.КАЗАНЬ

Посвящённые Дню Победы в Великой Отечественной войне и памяти Заслуженного тренера РСФСР Ахметова А.Г.



28, , 200m , (9 -10 )

R.T

16.				2013	III	"	"	+0,90	<b>3:31.58</b>	I	191	
	25m:	22.21	22.21	75m:	1:16.85	26.56	125m:	2:16.22	31.16	175m:	3:09.81	21.48
	50m:	50.29	28.08	100m:	1:45.06	28.21	150m:	2:48.33	32.11	200m:	3:31.58	21.77
17.				2013	1	"	"		<b>3:42.95</b>	I	163	
	25m:	24.99	24.99	75m:	1:21.55	28.04	125m:	2:20.76	29.38	175m:	3:17.20	25.37
	50m:	53.51	28.52	100m:	1:51.38	29.83	150m:	2:51.83	31.07	200m:	3:42.95	25.75
(11 -12 )												
1.				2011	II	"	"-6,	+0,87	<b>2:37.74</b>	I	461	
	25m:	14.84	14.84	75m:	54.34	21.53	125m:	1:39.35	24.17	175m:	2:21.30	18.81
	50m:	32.81	17.97	100m:	1:15.18	20.84	150m:	2:02.49	23.14	200m:	2:37.74	16.44
2.				2011	I	"	"	+0,99	<b>2:37.96</b>	I	459	
	25m:	16.55	16.55	75m:	56.78	21.44	125m:	1:40.13	22.68	175m:	2:21.63	18.26
	50m:	35.34	18.79	100m:	1:17.45	20.67	150m:	2:03.37	23.24	200m:	2:37.96	16.33
3.				2011	I	"	"	+0,58	<b>2:39.04</b>	I	449	
	25m:	16.36	16.36	75m:	57.08	20.70	125m:	1:39.99	21.82	175m:	2:21.69	18.73
	50m:	36.38	20.02	100m:	1:18.17	21.09	150m:	2:02.96	22.97	200m:	2:39.04	17.35
4.				2012	I	"	"-5,	+0,80	<b>2:42.91</b>	II	418	
	25m:	16.89	16.89	75m:	59.10	22.56	125m:	1:44.80	24.80	175m:	2:26.47	17.90
	50m:	36.54	19.65	100m:	1:20.00	20.90	150m:	2:08.57	23.77	200m:	2:42.91	16.44
5.				2011	II	"	"	+0,86	<b>2:43.38</b>	II	414	
	25m:	16.31	16.31	75m:	58.19	22.22	125m:	1:42.99	23.91	175m:	2:26.19	19.72
	50m:	35.97	19.66	100m:	1:19.08	20.89	150m:	2:06.47	23.48	200m:	2:43.38	17.19
6.				2012	II	"	"-5,	+0,86	<b>2:44.52</b>	II	406	
	25m:	17.49	17.49	75m:	1:00.43	22.24	125m:	1:45.09	23.53	175m:	2:26.76	18.81
	50m:	38.19	20.70	100m:	1:21.56	21.13	150m:	2:07.95	22.86	200m:	2:44.52	17.76
7.				2012	I	"	"-5,	+0,58	<b>2:45.43</b>	II	399	
	25m:	16.49	16.49	75m:	57.61	21.19	125m:	1:43.76	25.66	175m:	2:27.67	19.11
	50m:	36.42	19.93	100m:	1:18.10	20.49	150m:	2:08.56	24.80	200m:	2:45.43	17.76
8.				2011	II	"	"	+0,87	<b>2:45.63</b>	II	398	
	25m:	17.59	17.59	75m:	1:00.56	21.69	125m:	1:45.00	23.33	175m:	2:27.80	19.44
	50m:	38.87	21.28	100m:	1:21.67	21.11	150m:	2:08.36	23.36	200m:	2:45.63	17.83
9.				2012	II	"	"	+0,82	<b>2:49.62</b>	II	370	
	25m:	16.70	16.70	75m:	59.05	22.99	125m:	1:45.87	25.36	175m:	2:30.78	20.08
	50m:	36.06	19.36	100m:	1:20.51	21.46	150m:	2:10.70	24.83	200m:	2:49.62	18.84
10.				2011	II	Mychamps,	"	+0,80	<b>2:51.64</b>	II	357	
	25m:	17.36	17.36	75m:	1:01.23	22.27	125m:	1:47.34	24.95	175m:	2:33.00	19.25
	50m:	38.96	21.60	100m:	1:22.39	21.16	150m:	2:13.75	26.41	200m:	2:51.64	18.64
11.				2012	II	"	"-5,	+0,69	<b>2:52.48</b>	II	352	
	25m:	17.93	17.93	75m:	1:02.31	23.29	125m:	1:49.09	24.16	175m:	2:33.56	20.00
	50m:	39.02	21.09	100m:	1:24.93	22.62	150m:	2:13.56	24.47	200m:	2:52.48	18.92
12.				2011	II	"	"	+0,84	<b>2:54.31</b>	II	341	
	25m:	18.86	18.86	75m:	1:05.75	21.95	125m:	1:51.81	25.88	175m:	2:36.28	18.88
	50m:	43.80	24.94	100m:	1:25.93	20.18	150m:	2:17.40	25.59	200m:	2:54.31	18.03
13.				2011	II	"	"	+0,68	<b>2:54.95</b>	II	337	
	25m:	17.23	17.23	75m:	1:00.56	23.12	125m:	1:49.11	26.73	175m:	2:36.27	20.43
	50m:	37.44	20.21	100m:	1:22.38	21.82	150m:	2:15.84	26.73	200m:	2:54.95	18.68

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		, 200m				(11-12 )						
				/				R.T				
14.				2012	II	"	"-5,		<b>2:57.28</b>	II	324	
	25m:	20.08	20.08	75m:	1:05.56	23.96	125m:	1:52.58	24.46	175m:	2:38.05	19.43
	50m:	41.60	21.52	100m:	1:28.12	22.56	150m:	2:18.62	26.04	200m:	2:57.28	19.23
15.				2012	II	"	"	+0,59	<b>2:57.77</b>	II	322	
	25m:	18.21	18.21	75m:	1:06.01	24.74	125m:	1:53.48	24.57	175m:	2:39.14	20.31
	50m:	41.27	23.06	100m:	1:28.91	22.90	150m:	2:18.83	25.35	200m:	2:57.77	18.63
16.				2011	III	"	"	+0,76	<b>2:58.13</b>	II	320	
	25m:	17.93	17.93	75m:	1:02.77	23.46	125m:	1:49.90	24.87	175m:	2:37.56	21.95
	50m:	39.31	21.38	100m:	1:25.03	22.26	150m:	2:15.61	25.71	200m:	2:58.13	20.57
17.				2011	III			+0,88	<b>2:58.31</b>	II	319	
	25m:	18.29	18.29	75m:	1:04.04	23.60	125m:	1:52.97	26.83	175m:	2:40.19	20.32
	50m:	40.44	22.15	100m:	1:26.14	22.10	150m:	2:19.87	26.90	200m:	2:58.31	18.12
18.				2011	III			+0,75	<b>2:58.87</b>	II	316	
	25m:	17.78	17.78	75m:	1:01.50	22.53	125m:	1:50.76	25.71	175m:	2:38.97	19.81
	50m:	38.97	21.19	100m:	1:25.05	23.55	150m:	2:19.16	28.40	200m:	2:58.87	19.90
19.				2012	III	"	"	+0,70	<b>2:59.36</b>	II	313	
	25m:	18.88	18.88	75m:	1:05.66	23.76	125m:	1:54.52	25.67	175m:	2:40.39	20.83
	50m:	41.90	23.02	100m:	1:28.85	23.19	150m:	2:19.56	25.04	200m:	2:59.36	18.97
20.				2012	II	"	"	+0,64	<b>2:59.84</b>	II	311	
	25m:	18.02	18.02	75m:	1:03.93	23.69	125m:	1:53.42	26.33	175m:	2:41.17	21.00
	50m:	40.24	22.22	100m:	1:27.09	23.16	150m:	2:20.17	26.75	200m:	2:59.84	18.67
21.				2011	2		8	+0,80	<b>3:00.10</b>	III	309	
	25m:	17.57	17.57	75m:	1:01.07	22.84	125m:	1:50.04	25.16	175m:	2:39.09	22.10
	50m:	38.23	20.66	100m:	1:24.88	23.81	150m:	2:16.99	26.95	200m:	3:00.10	21.01
22.				2011	III	"	"	+0,77	<b>3:00.21</b>	III	309	
	25m:	17.70	17.70	75m:	1:05.84	24.80	125m:	1:54.77	25.88	175m:	2:41.09	20.92
	50m:	41.04	23.34	100m:	1:28.89	23.05	150m:	2:20.17	25.40	200m:	3:00.21	19.12
23.				2011		"	"	+0,59	<b>3:00.53</b>	III	307	
	25m:	17.45	17.45	75m:	1:03.26	23.40	150m:	2:21.78	27.80	200m:	3:00.53	18.13
	50m:	39.86	22.41	125m:	1:53.98	50.72	175m:	2:42.40	20.62			
24.				2012	II			+0,83	<b>3:03.91</b>	III	290	
	25m:	19.10	19.10	75m:	1:06.93	24.98	125m:	1:56.51	25.78	175m:	2:44.04	21.44
	50m:	41.95	22.85	100m:	1:30.73	23.80	150m:	2:22.60	26.09	200m:	3:03.91	19.87
25.				2012	II	"	"-5,		<b>3:12.20</b>	III	254	
	25m:	19.94	19.94	75m:	1:09.45	23.47	125m:	2:01.04	27.83	175m:	2:51.30	21.72
	50m:	45.98	26.04	100m:	1:33.21	23.76	150m:	2:29.58	28.54	200m:	3:12.20	20.90
26.				2012	II	"	"-5,	+0,75	<b>3:13.78</b>	III	248	
	25m:	19.88	19.88	75m:	1:11.63	27.72	125m:	2:04.70	28.21	175m:	2:53.96	20.72
	50m:	43.91	24.03	100m:	1:36.49	24.86	150m:	2:33.24	28.54	200m:	3:13.78	19.82
DNS				2012	III							
DNS				2011	II							