

22
19.05.2023 - 11:19

, 400m

15

: FINA 2023

								R.T				
1.				1999				+0,70	4:33.11	711		
	50m:	28.37	28.37	150m:	1:37.02	36.24	250m:	2:50.35	38.21	350m:	4:01.65	32.65
	100m:	1:00.78	32.41	200m:	2:12.14	35.12	300m:	3:29.00	38.65	400m:	4:33.11	31.46
2.				2007			4	+0,79	4:39.73	662		
	50m:	29.30	29.30	150m:	1:40.04	37.31	250m:	2:57.61	40.32	350m:	4:09.37	31.42
	100m:	1:02.73	33.43	200m:	2:17.29	37.25	300m:	3:37.95	40.34	400m:	4:39.73	30.36
3.				2002			4	+0,78	4:40.31	658		
	50m:	29.35	29.35	150m:	1:41.32	37.25	250m:	2:57.80	40.37	350m:	4:10.07	32.26
	100m:	1:04.07	34.72	200m:	2:17.43	36.11	300m:	3:37.81	40.01	400m:	4:40.31	30.24
4.				2008			2	+0,68	4:52.40	579	1	
	50m:	29.83	29.83	150m:	1:42.28	37.25	250m:	3:00.36	40.44	350m:	4:18.48	35.55
	100m:	1:05.03	35.20	200m:	2:19.92	37.64	300m:	3:42.93	42.57	400m:	4:52.40	33.92
5.				2006			4	+0,85	5:07.23	499	1	
	50m:	29.22	29.22	150m:	1:45.40	41.16	250m:	3:11.81	45.13	350m:	4:32.51	35.14
	100m:	1:04.24	35.02	200m:	2:26.68	41.28	300m:	3:57.37	45.56	400m:	5:07.23	34.72
6.				2007			1	+0,69	5:11.72	478	2	
	50m:	30.80	30.80	150m:	1:50.23	42.05	250m:	3:15.74	44.35	350m:	4:37.60	37.06
	100m:	1:08.18	37.38	200m:	2:31.39	41.16	300m:	4:00.54	44.80	400m:	5:11.72	34.12
7.				2006			1	+0,71	5:20.52	440	2	
	50m:	31.58	31.58	150m:	1:51.67	41.29	250m:	3:18.14	46.64	350m:	4:43.19	38.80
	100m:	1:10.38	38.80	200m:	2:31.50	39.83	300m:	4:04.39	46.25	400m:	5:20.52	37.33
8.				2008			1	+0,71	5:24.14	425	2	
	50m:	31.47	31.47	150m:	1:55.29	42.83	250m:	3:22.67	45.06	350m:	4:48.53	39.71
	100m:	1:12.46	40.99	200m:	2:37.61	42.32	300m:	4:08.82	46.15	400m:	5:24.14	35.61