

38
20.05.2023 - 11:33

, 400m

15

: FINA 2023

								R.T				
1.				2007		4		+0.78	4:10.49	678		
	50m:	29.26	29.26	150m:	1:32.31	31.71	250m:	2:36.30	31.51	350m:	3:40.19	32.09
	100m:	1:00.60	31.34	200m:	2:04.79	32.48	300m:	3:08.10	31.80	400m:	4:10.49	30.30
2.				2003				+0.72	4:14.27	648		
	50m:	29.35	29.35	150m:	1:33.31	32.31	250m:	2:38.33	32.56	350m:	3:43.55	32.44
	100m:	1:01.00	31.65	200m:	2:05.77	32.46	300m:	3:11.11	32.78	400m:	4:14.27	30.72
3.				2006		2			4:17.49	624		
	50m:	28.60	28.60	150m:	1:31.96	31.82	250m:	2:37.47	33.02	350m:	3:45.04	33.64
	100m:	1:00.14	31.54	200m:	2:04.45	32.49	300m:	3:11.40	33.93	400m:	4:17.49	32.45
4.				2007		2		+0.70	4:25.84	567	1	
	50m:	29.17	29.17	150m:	1:35.06	33.41	250m:	2:43.37	34.19	350m:	3:52.55	34.51
	100m:	1:01.65	32.48	200m:	2:09.18	34.12	300m:	3:18.04	34.67	400m:	4:25.84	33.29
5.				2008	1	1		+0.70	4:26.16	565	1	
	50m:	30.15	30.15	150m:	1:36.87	33.45	250m:	2:44.83	33.98	350m:	3:53.92	34.09
	100m:	1:03.42	33.27	200m:	2:10.85	33.98	300m:	3:19.83	35.00	400m:	4:26.16	32.24
6.				2008	1	1		+0.85	4:26.87	560	1	
	50m:	29.69	29.69	150m:	1:36.78	34.40	250m:	2:44.71	34.18	350m:	3:53.90	34.93
	100m:	1:02.38	32.69	200m:	2:10.53	33.75	300m:	3:18.97	34.26	400m:	4:26.87	32.97
7.				2008	1	1			4:30.45	538	1	
	50m:	30.51	30.51	150m:	1:38.41	34.05	250m:	2:46.92	34.17	350m:	3:56.26	34.70
	100m:	1:04.36	33.85	200m:	2:12.75	34.34	300m:	3:21.56	34.64	400m:	4:30.45	34.19
8.				2008	1			+0.66	4:31.92	530	1	
	50m:	29.78	29.78	150m:	1:37.50	34.21	250m:	2:47.46	35.18	350m:	3:58.20	34.96
	100m:	1:03.29	33.51	200m:	2:12.28	34.78	300m:	3:23.24	35.78	400m:	4:31.92	33.72
9.				2008	1			+0.71	4:32.40	527	1	
	50m:	29.71	29.71	150m:	1:37.11	34.77	250m:	2:47.85	35.70	350m:	3:58.40	35.49
	100m:	1:02.34	32.63	200m:	2:12.15	35.04	300m:	3:22.91	35.06	400m:	4:32.40	34.00
10.				2006	1			+0.75	4:43.67	466	2	
	50m:	31.43	31.43	150m:	1:43.36	36.57	250m:	2:56.03	36.66	350m:	4:09.74	36.97
	100m:	1:06.79	35.36	200m:	2:19.37	36.01	300m:	3:32.77	36.74	400m:	4:43.67	33.93
11.				2007	1			+0.74	4:44.14	464	2	
	50m:	31.85	31.85	150m:	1:44.08	36.66	250m:	2:57.55	36.86	350m:	4:11.32	36.87
	100m:	1:07.42	35.57	200m:	2:20.69	36.61	300m:	3:34.45	36.90	400m:	4:44.14	32.82
DNS				2002								