| | 33 | | | | , 400m | | | | | | 13 - 14 |

04.03.2023 - 12:27

: FINA 2023

			/						R.T.		

1.		,		2010		1					**4:35.91**	628
	50m:	31.48	31.48	150m:	1:40.77	35.22	250m:	2:51.45	35.69	350m:	4:02.27	35.51
	100m:	1:05.55	34.07	200m:	2:15.76	34.99	300m:	3:26.76	35.31	400m:	4:35.91	33.64

2.		,		2009	1				+0,70	**4:44.26**	575 1
	50m:	31.10	31.10	150m:	1:43.22	36.73	250m:	2:56.45	36.83	350m:	4:09.94	36.73
	100m:	1:06.49	35.39	200m:	2:19.62	36.40	300m:	3:33.21	36.76	400m:	4:44.26	34.32

3.		,		2009	2				+0,76	**4:44.83**	571 1
	50m:	32.14	32.14	150m:	1:44.11	36.40	250m:	2:57.64	36.87	350m:	4:10.38	36.23
	100m:	1:07.71	35.57	200m:	2:20.77	36.66	300m:	3:34.15	36.51	400m:	4:44.83	34.45

4.		,		2010	I	1				**4:46.03**	564 1
	50m:	31.92	31.92	150m:	1:43.63	36.16	250m:	2:56.89	36.66	350m:	4:10.54	36.42
	100m:	1:07.47	35.55	200m:	2:20.23	36.60	300m:	3:34.12	37.23	400m:	4:46.03	35.49

5.		,		2009	1				+0,50	**4:46.61**	561 1
	50m:	31.61	31.61	150m:	1:42.85	36.22	250m:	2:55.98	36.59	350m:	4:10.56	37.65
	100m:	1:06.63	35.02	200m:	2:19.39	36.54	300m:	3:32.91	36.93	400m:	4:46.61	36.05

6.		,		2009	1				+0,72	**4:49.03**	547 1
	50m:	31.97	31.97	150m:	1:44.11	36.58	250m:	2:58.17	36.96	350m:	4:13.02	37.15
	100m:	1:07.53	35.56	200m:	2:21.21	37.10	300m:	3:35.87	37.70	400m:	4:49.03	36.01

7.		,		2010	I	2				**4:52.46**	528 1
	50m:	32.18	32.18	150m:	1:45.91	37.59	250m:	3:01.63	37.91	350m:	4:16.62	37.42
	100m:	1:08.32	36.14	200m:	2:23.72	37.81	300m:	3:39.20	37.57	400m:	4:52.46	35.84

8.		,		2009	1					**4:53.57**	522 1
	50m:	32.01	32.01	150m:	1:46.43	37.52	250m:	3:01.90	37.97	350m:	4:17.15	37.48
	100m:	1:08.91	36.90	200m:	2:23.93	37.50	300m:	3:39.67	37.77	400m:	4:53.57	36.42

9.		,		2010	1				+0,63	**5:00.54**	486 1
	50m:	32.49	32.49	150m:	1:47.26	37.94	250m:	3:05.62	39.28	350m:	4:23.24	38.76
	100m:	1:09.32	36.83	200m:	2:26.34	39.08	300m:	3:44.48	38.86	400m:	5:00.54	37.30

10.		,		2010	II	.	1			**5:00.70**	485 1
	50m:	34.63	34.63	150m:	1:51.06	38.14	250m:	3:07.38	38.00	350m:	4:23.43	38.44
	100m:	1:12.92	38.29	200m:	2:29.38	38.32	300m:	3:44.99	37.61	400m:	5:00.70	37.27

11.		,		2009	I	1				**5:02.00**	479 1
	50m:	34.12	34.12	150m:	1:49.70	38.23	250m:	3:07.25	38.75	350m:	4:24.58	38.38
	100m:	1:11.47	37.35	200m:	2:28.50	38.80	300m:	3:46.20	38.95	400m:	5:02.00	37.42

12.		,		2010	I	3			+0,85	**5:06.68**	458 2
	50m:	33.79	33.79	150m:	1:50.55	38.74	250m:	3:09.31	39.32	350m:	4:28.69	39.78
	100m:	1:11.81	38.02	200m:	2:29.99	39.44	300m:	3:48.91	39.60	400m:	5:06.68	37.99

13.		,		2010	II	.	1		+0,93	**5:07.58**	454 2
	50m:	35.29	35.29	150m:	1:54.36	39.91	250m:	3:12.87	39.32	350m:	4:30.56	38.52
	100m:	1:14.45	39.16	200m:	2:33.55	39.19	300m:	3:52.04	39.17	400m:	5:07.58	37.02

14.		,		2009	I	.	2			**5:09.42**	445 2
	50m:	33.78	33.78	150m:	1:53.79	41.30	250m:	3:16.08	41.47	350m:	4:33.44	37.93
	100m:	1:12.49	38.71	200m:	2:34.61	40.82	300m:	3:55.51	39.43	400m:	5:09.42	35.98

15.		,		2010	1					**5:09.84**	444 2
	50m:	33.99	33.99	150m:	1:50.82	39.14	250m:	3:10.92	40.29	350m:	4:31.45	40.45
	100m:	1:11.68	37.69	200m:	2:30.63	39.81	300m:	3:51.00	40.08	400m:	5:09.84	38.39

16.		,		2010	I	3			+0,88	**5:12.34**	433 2
	50m:	35.00	35.00	150m:	1:52.65	39.24	250m:	3:12.83	40.33	350m:	4:34.14	40.55
	100m:	1:13.41	38.41	200m:	2:32.50	39.85	300m:	3:53.59	40.76	400m:	5:12.34	38.20

. , . " .13   50

" "

OMEGA ARES 21

33,   , 400m   , 13 - 14

											R.T.			

17.		,		2009		.	1					**5:13.24**	429 2
	50m:	35.94	35.94	150m:	1:55.67	40.64	250m:	3:16.24	40.15	350m:	4:35.82	40.08
	100m:	1:15.03	39.09	200m:	2:36.09	40.42	300m:	3:55.74	39.50	400m:	5:13.24	37.42

18.		,		2009	2					+0,78	**5:15.95**	418 2
	50m:	35.38	35.38	150m:	1:54.14	40.05	250m:	3:14.64	40.62	350m:	4:36.37	41.13
	100m:	1:14.09	38.71	200m:	2:34.02	39.88	300m:	3:55.24	40.60	400m:	5:15.95	39.58

19.		,		2010	II	.	1			+0,77	**5:17.34**	413 2
	50m:	36.08	36.08	150m:	1:56.53	40.69	250m:	3:17.89	40.75	350m:	4:39.09	40.94
	100m:	1:15.84	39.76	200m:	2:37.14	40.61	300m:	3:58.15	40.26	400m:	5:17.34	38.25

20.		,		2010							**5:25.16**	384 2
	50m:	1:56.92	1:56.92	200m:	2:38.19	1:22.54	400m:	5:25.16	1:22.55			
	100m:	1:15.65		300m:	4:02.61	1:24.42						

21.		,		2009	2						**5:29.75**	368 2
	50m:	37.03	37.03	150m:	1:59.22	41.81	250m:	3:23.61	41.94	350m:	4:48.29	42.18
	100m:	1:17.41	40.38	200m:	2:41.67	42.45	300m:	4:06.11	42.50	400m:	5:29.75	41.46

22.		,		2010	II		4				**5:29.84**	368 2
	100m:	1:16.37	1:16.37	250m:	1:58.89		350m:	3:24.85				
	200m:	2:41.82	1:25.45	300m:	4:07.28	2:08.39	400m:	5:29.84	2:04.99			

23.		,		2010	II		4				**5:36.27**	347 2
	50m:	38.22	38.22	150m:	2:02.81	42.89	250m:	3:29.36	43.17	350m:	4:55.56	42.47
	100m:	1:19.92	41.70	200m:	2:46.19	43.38	300m:	4:13.09	43.73	400m:	5:36.27	40.71

24.		,		2009	III						**6:10.26**	260 3
	50m:	38.09	38.09	150m:	2:08.90	46.96	250m:	3:45.45	48.78	350m:	5:22.64	48.99
	100m:	1:21.94	43.85	200m:	2:56.67	47.77	300m:	4:33.65	48.20	400m:	6:10.26	47.62

| DNS | | , | | 2010 | | | | | | | | |
| DNS | | , | | 2009 | | | 3 | | | | | |

.   "   , .   "   .13   50

OMEGA ARES 21