

19 -21

2024

39  
21.09.2024 - 11:57

, 400m

2010

: FINA 2023

|     |       | /       |       |       |         | R.T   |       |                |       |       |         |       |
|-----|-------|---------|-------|-------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 1.  |       |         | 2008  |       | 4       |       | +0,67 | <b>4:19.15</b> | 711   |       |         |       |
|     | 25m:  | 13.56   | 13.56 | 125m: | 1:17.85 | 16.19 | 225m: | 2:24.77        | 16.62 | 325m: | 3:30.79 | 16.39 |
|     | 50m:  | 29.11   | 15.55 | 150m: | 1:34.39 | 16.54 | 250m: | 2:41.19        | 16.42 | 350m: | 3:47.23 | 16.44 |
|     | 75m:  | 45.05   | 15.94 | 175m: | 1:51.20 | 16.81 | 275m: | 2:57.81        | 16.62 | 375m: | 4:03.60 | 16.37 |
|     | 100m: | 1:01.66 | 16.61 | 200m: | 2:08.15 | 16.95 | 300m: | 3:14.40        | 16.59 | 400m: | 4:19.15 | 15.55 |
| 2.  |       |         | 2007  |       | 4       |       | +0,71 | <b>4:21.53</b> | 691   |       |         |       |
|     | 25m:  | 14.39   | 14.39 | 125m: | 1:19.06 | 16.39 | 225m: | 2:25.69        | 16.69 | 325m: | 3:32.31 | 16.56 |
|     | 50m:  | 30.15   | 15.76 | 150m: | 1:35.62 | 16.56 | 250m: | 2:42.35        | 16.66 | 350m: | 3:48.75 | 16.44 |
|     | 75m:  | 46.40   | 16.25 | 175m: | 1:52.16 | 16.54 | 275m: | 2:59.09        | 16.74 | 375m: | 4:05.45 | 16.70 |
|     | 100m: | 1:02.67 | 16.27 | 200m: | 2:09.00 | 16.84 | 300m: | 3:15.75        | 16.66 | 400m: | 4:21.53 | 16.08 |
| 3.  |       |         | 2003  |       | 1       |       | +0,74 | <b>4:23.07</b> | 679   |       |         |       |
|     | 25m:  | 13.97   | 13.97 | 125m: | 1:18.39 | 16.38 | 225m: | 2:25.41        | 16.86 | 325m: | 3:32.83 | 16.99 |
|     | 50m:  | 29.51   | 15.54 | 150m: | 1:34.94 | 16.55 | 250m: | 2:42.12        | 16.71 | 350m: | 3:49.87 | 17.04 |
|     | 75m:  | 45.73   | 16.22 | 175m: | 1:51.69 | 16.75 | 275m: | 2:58.99        | 16.87 | 375m: | 4:06.90 | 17.03 |
|     | 100m: | 1:02.01 | 16.28 | 200m: | 2:08.55 | 16.86 | 300m: | 3:15.84        | 16.85 | 400m: | 4:23.07 | 16.17 |
| 4.  |       |         | 2009  |       |         |       | +0,68 | <b>4:29.13</b> | 634   |       |         |       |
|     | 25m:  | 13.80   | 13.80 | 125m: | 1:18.73 | 16.53 | 225m: | 2:27.27        | 17.14 | 325m: | 3:37.31 | 17.47 |
|     | 50m:  | 29.34   | 15.54 | 150m: | 1:35.90 | 17.17 | 250m: | 2:44.80        | 17.53 | 350m: | 3:55.01 | 17.70 |
|     | 75m:  | 45.75   | 16.41 | 175m: | 1:52.95 | 17.05 | 275m: | 3:02.26        | 17.46 | 375m: | 4:12.65 | 17.64 |
|     | 100m: | 1:02.20 | 16.45 | 200m: | 2:10.13 | 17.18 | 300m: | 3:19.84        | 17.58 | 400m: | 4:29.13 | 16.48 |
| 5.  |       |         | 2007  |       | 3       |       | +0,77 | <b>4:30.52</b> | 1     | 625   |         |       |
|     | 25m:  | 14.28   | 14.28 | 125m: | 1:20.34 | 16.94 | 225m: | 2:29.77        | 17.48 | 325m: | 3:39.67 | 17.29 |
|     | 50m:  | 30.22   | 15.94 | 150m: | 1:37.47 | 17.13 | 250m: | 2:47.35        | 17.58 | 350m: | 3:57.01 | 17.34 |
|     | 75m:  | 46.79   | 16.57 | 175m: | 1:54.73 | 17.26 | 275m: | 3:04.72        | 17.37 | 375m: | 4:14.25 | 17.24 |
|     | 100m: | 1:03.40 | 16.61 | 200m: | 2:12.29 | 17.56 | 300m: | 3:22.38        | 17.66 | 400m: | 4:30.52 | 16.27 |
| 6.  |       |         | 2008  |       | 4       |       | +0,72 | <b>4:31.08</b> | 1     | 621   |         |       |
|     | 25m:  | 14.80   | 14.80 | 125m: | 1:21.95 | 17.05 | 225m: | 2:30.51        | 17.27 | 325m: | 3:40.26 | 17.26 |
|     | 50m:  | 31.22   | 16.42 | 150m: | 1:38.87 | 16.92 | 250m: | 2:47.98        | 17.47 | 350m: | 3:57.67 | 17.41 |
|     | 75m:  | 47.86   | 16.64 | 175m: | 1:55.99 | 17.12 | 275m: | 3:05.56        | 17.58 | 375m: | 4:14.99 | 17.32 |
|     | 100m: | 1:04.90 | 17.04 | 200m: | 2:13.24 | 17.25 | 300m: | 3:23.00        | 17.44 | 400m: | 4:31.08 | 16.09 |
| 7.  |       |         | 2009  |       | 2       |       | +0,70 | <b>4:31.11</b> | 1     | 620   |         |       |
|     | 25m:  | 14.79   | 14.79 | 125m: | 1:22.39 | 17.16 | 225m: | 2:31.24        | 17.10 | 325m: | 3:40.54 | 17.31 |
|     | 50m:  | 31.24   | 16.45 | 150m: | 1:39.62 | 17.23 | 250m: | 2:48.54        | 17.30 | 350m: | 3:57.82 | 17.28 |
|     | 75m:  | 48.11   | 16.87 | 175m: | 1:56.82 | 17.20 | 275m: | 3:05.95        | 17.41 | 375m: | 4:15.07 | 17.25 |
|     | 100m: | 1:05.23 | 17.12 | 200m: | 2:14.14 | 17.32 | 300m: | 3:23.23        | 17.28 | 400m: | 4:31.11 | 16.04 |
| 8.  |       |         | 2007  |       | 4       |       | +0,74 | <b>4:31.36</b> | 1     | 619   |         |       |
|     | 25m:  | 14.86   | 14.86 | 125m: | 1:20.38 | 16.61 | 225m: | 2:28.94        | 17.21 | 325m: | 3:38.84 | 17.73 |
|     | 50m:  | 30.84   | 15.98 | 150m: | 1:37.25 | 16.87 | 250m: | 2:46.30        | 17.36 | 350m: | 3:56.62 | 17.78 |
|     | 75m:  | 47.20   | 16.36 | 175m: | 1:54.31 | 17.06 | 275m: | 3:03.74        | 17.44 | 375m: | 4:14.44 | 17.82 |
|     | 100m: | 1:03.77 | 16.57 | 200m: | 2:11.73 | 17.42 | 300m: | 3:21.11        | 17.37 | 400m: | 4:31.36 | 16.92 |
| 9.  |       |         | 2008  |       | 4       |       | +0,80 | <b>4:33.31</b> | 1     | 606   |         |       |
|     | 25m:  | 14.64   | 14.64 | 125m: | 1:21.07 | 17.16 | 225m: | 2:30.85        | 17.55 | 325m: | 3:41.32 | 17.71 |
|     | 50m:  | 30.67   | 16.03 | 150m: | 1:38.35 | 17.28 | 250m: | 2:48.43        | 17.58 | 350m: | 3:59.06 | 17.74 |
|     | 75m:  | 47.09   | 16.42 | 175m: | 1:55.78 | 17.43 | 275m: | 3:05.93        | 17.50 | 375m: | 4:16.66 | 17.60 |
|     | 100m: | 1:03.91 | 16.82 | 200m: | 2:13.30 | 17.52 | 300m: | 3:23.61        | 17.68 | 400m: | 4:33.31 | 16.65 |
| 10. |       |         | 2010  |       |         |       | +0,69 | <b>4:34.42</b> | 1     | 598   |         |       |
|     | 25m:  | 14.91   | 14.91 | 125m: | 1:22.94 | 17.10 | 225m: | 2:32.40        | 17.41 | 325m: | 3:42.86 | 17.62 |
|     | 50m:  | 31.71   | 16.80 | 150m: | 1:40.24 | 17.30 | 250m: | 2:49.90        | 17.50 | 350m: | 4:00.33 | 17.47 |
|     | 75m:  | 48.53   | 16.82 | 175m: | 1:57.65 | 17.41 | 275m: | 3:07.60        | 17.70 | 375m: | 4:17.73 | 17.40 |
|     | 100m: | 1:05.84 | 17.31 | 200m: | 2:14.99 | 17.34 | 300m: | 3:25.24        | 17.64 | 400m: | 4:34.42 | 16.69 |

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OMEGA ARES 21



19 -21 2024

39, , 400m , 2010

|     |       | /       |       |       |         | R.T             |       |         |       |       |         |       |
|-----|-------|---------|-------|-------|---------|-----------------|-------|---------|-------|-------|---------|-------|
| 21. |       | 2010 I  |       |       |         | +0,76 5:08.40 2 |       |         |       | 421   |         |       |
|     | 25m:  | 15.97   | 15.97 | 125m: | 1:29.59 | 18.96           | 225m: | 2:48.48 | 19.58 | 325m: | 4:09.67 | 20.41 |
|     | 50m:  | 33.48   | 17.51 | 150m: | 1:49.15 | 19.56           | 250m: | 3:09.23 | 20.75 | 350m: | 4:29.90 | 20.23 |
|     | 75m:  | 51.73   | 18.25 | 175m: | 2:08.52 | 19.37           | 275m: | 3:29.40 | 20.17 | 375m: | 4:49.48 | 19.58 |
|     | 100m: | 1:10.63 | 18.90 | 200m: | 2:28.90 | 20.38           | 300m: | 3:49.26 | 19.86 | 400m: | 5:08.40 | 18.92 |
| 22. |       | 2009    |       |       |         | +0,81 5:39.68 3 |       |         |       | 315   |         |       |
|     | 25m:  | 17.28   | 17.28 | 125m: | 1:40.15 | 21.80           | 225m: | 3:07.54 | 22.01 | 325m: | 4:35.93 | 22.11 |
|     | 50m:  | 36.81   | 19.53 | 150m: | 2:01.71 | 21.56           | 250m: | 3:29.56 | 22.02 | 350m: | 4:57.65 | 21.72 |
|     | 75m:  | 57.03   | 20.22 | 175m: | 2:23.63 | 21.92           | 275m: | 3:51.69 | 22.13 | 375m: | 5:18.91 | 21.26 |
|     | 100m: | 1:18.35 | 21.32 | 200m: | 2:45.53 | 21.90           | 300m: | 4:13.82 | 22.13 | 400m: | 5:39.68 | 20.77 |