

38  
10.06.2024 - 10:47

, 400m

14

: FINA 2023

								R.T				
1.			1999			1	+0,63	<b>4:16.94</b>	628	1		
	50m:	28.18	28.18	150m:	1:32.04	32.49	250m:	2:38.21	33.08	350m:	3:45.78	33.89
	100m:	59.55	31.37	200m:	2:05.13	33.09	300m:	3:11.89	33.68	400m:	4:16.94	31.16
2.			2009			3	+0,74	<b>4:17.95</b>	620	1		
	50m:	28.38	28.38	150m:	1:33.10	33.18	250m:	2:40.06	33.57	350m:	3:46.58	33.09
	100m:	59.92	31.54	200m:	2:06.49	33.39	300m:	3:13.49	33.43	400m:	4:17.95	31.37
3.			2007			3	+0,77	<b>4:18.13</b>	619	1		
	50m:	29.69	29.69	150m:	1:35.70	33.43	250m:	2:41.98	32.25	350m:	3:47.90	32.66
	100m:	1:02.27	32.58	200m:	2:09.73	34.03	300m:	3:15.24	33.26	400m:	4:18.13	30.23
4.			2009 I			3	+0,74	<b>4:19.83</b>	607	1		
	50m:	28.60	28.60	150m:	1:31.89	32.22	250m:	2:37.27	32.74	350m:	3:45.02	33.89
	100m:	59.67	31.07	200m:	2:04.53	32.64	300m:	3:11.13	33.86	400m:	4:19.83	34.81
5.			2010			1	+0,74	<b>4:22.41</b>	589	1		
	50m:	29.03	29.03	150m:	1:34.05	33.25	250m:	2:41.74	33.94	350m:	3:49.64	33.37
	100m:	1:00.80	31.77	200m:	2:07.80	33.75	300m:	3:16.27	34.53	400m:	4:22.41	32.77
6.			2009 I				+0,75	<b>4:38.34</b>	494	2		
	50m:	31.94	31.94	150m:	1:42.15	35.41	250m:	2:53.62	35.46	350m:	4:04.00	34.66
	100m:	1:06.74	34.80	200m:	2:18.16	36.01	300m:	3:29.34	35.72	400m:	4:38.34	34.34
7.			2009			1	+0,71	<b>4:41.42</b>	478	2		
	50m:	30.53	30.53	150m:	1:40.70	35.68	250m:	2:53.45	36.43	350m:	4:06.34	35.88
	100m:	1:05.02	34.49	200m:	2:17.02	36.32	300m:	3:30.46	37.01	400m:	4:41.42	35.08
8.			2007 I			1	+0,63	<b>4:45.75</b>	456	2		
	50m:	30.35	30.35	150m:	1:40.29	36.16	250m:	2:55.36	38.18	350m:	4:10.04	37.68
	100m:	1:04.13	33.78	200m:	2:17.18	36.89	300m:	3:32.36	37.00	400m:	4:45.75	35.71
9.			2007 I				+0,72	<b>4:47.08</b>	450	2		
	50m:	31.46	31.46	150m:	1:42.72	35.93	250m:	2:57.02	37.47	350m:	4:12.05	37.59
	100m:	1:06.79	35.33	200m:	2:19.55	36.83	300m:	3:34.46	37.44	400m:	4:47.08	35.03
10.			2007 I				+0,65	<b>4:51.47</b>	430	2		
	50m:	32.16	32.16	150m:	1:45.54	37.47	250m:	3:01.75	38.24	350m:	4:17.32	37.32
	100m:	1:08.07	35.91	200m:	2:23.51	37.97	300m:	3:40.00	38.25	400m:	4:51.47	34.15