

22
08.10.2024 - 14:08

, 400m

11 - 13

: FINA 2023

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11 - 13

1.			2011	I	1-1	+0,82	4:54.77	1	505			
	25m:	13.77	13.77	125m:	1:24.49	19.67	225m:	2:43.43	22.49	325m:	4:05.18	17.16
	50m:	30.02	16.25	150m:	1:43.22	18.73	250m:	3:03.71	20.28	350m:	4:22.18	17.00
	75m:	46.96	16.94	175m:	2:02.21	18.99	275m:	3:25.88	22.17	375m:	4:39.05	16.87
	100m:	1:04.82	17.86	200m:	2:20.94	18.73	300m:	3:48.02	22.14	400m:	4:54.77	15.72
2.			2011		4	+0,77	5:08.43	2	441			
	25m:	14.84	14.84	125m:	1:31.14	20.91	225m:	2:52.70	21.64	325m:	4:19.72	17.75
	50m:	32.49	17.65	150m:	1:51.25	20.11	250m:	3:15.72	23.02	350m:	4:36.49	16.77
	75m:	51.11	18.62	175m:	2:11.31	20.06	275m:	3:38.80	23.08	375m:	4:53.05	16.56
	100m:	1:10.23	19.12	200m:	2:31.06	19.75	300m:	4:01.97	23.17	400m:	5:08.43	15.38
3.			2011		3-1	+0,83	5:13.89	2	418			
	25m:	14.81	14.81	125m:	1:35.70	20.88	225m:	2:58.62	22.03	325m:	4:23.46	17.19
	50m:	33.54	18.73	150m:	1:55.94	20.24	250m:	3:20.88	22.26	350m:	4:40.39	16.93
	75m:	53.52	19.98	175m:	2:16.26	20.32	275m:	3:44.00	23.12	375m:	4:58.01	17.62
	100m:	1:14.82	21.30	200m:	2:36.59	20.33	300m:	4:06.27	22.27	400m:	5:13.89	15.88
4.			2012			+0,81	5:37.03	2	338			
	25m:	16.12	16.12	125m:	1:41.49	22.13	225m:	3:07.79	21.70	325m:	4:37.24	20.79
	50m:	35.53	19.41	150m:	2:02.86	21.37	250m:	3:30.33	22.54	350m:	4:57.38	20.14
	75m:	56.54	21.01	175m:	2:24.89	22.03	275m:	3:52.94	22.61	375m:	5:18.11	20.73
	100m:	1:19.36	22.82	200m:	2:46.09	21.20	300m:	4:16.45	23.51	400m:	5:37.03	18.92
5.			2013		4	+0,61	5:53.20	3	293			
	25m:	15.85	15.85	125m:	2:24.93	1:05.05	250m:	3:40.97	27.48	350m:	5:15.95	20.50
	50m:	34.88	19.03	150m:	2:03.33		275m:	4:08.20	27.23	375m:	5:36.07	20.12
	75m:	57.13	22.25	200m:	2:46.41	43.08	300m:	4:35.05	26.85	400m:	5:53.20	17.13
	100m:	1:19.88	22.75	225m:	3:13.49	27.08	325m:	4:55.45	20.40			
6.			2012		2	+0,80	5:53.67	3	292			
	25m:	16.50	16.50	125m:	1:46.90	22.71	225m:	3:20.15	25.19	325m:	4:55.88	45.19
	75m:	58.47	41.97	175m:	2:32.39	45.49	250m:	3:45.79	25.64	375m:	5:34.60	38.72
	100m:	1:24.19	25.72	200m:	2:54.96	22.57	275m:	4:10.69	24.90	400m:	5:53.67	19.07
7.			2012		2	+0,83	5:54.48	3	290			
	25m:	17.35	17.35	125m:	1:50.42	23.03	225m:	3:22.92	26.10	325m:	4:59.64	19.41
	50m:	39.14	21.79	150m:	2:12.78	22.36	250m:	3:48.44	25.52	350m:	5:18.61	18.97
	75m:	1:02.54	23.40	175m:	2:35.45	22.67	275m:	4:14.68	26.24	375m:	5:36.74	18.13
	100m:	1:27.39	24.85	200m:	2:56.82	21.37	300m:	4:40.23	25.55	400m:	5:54.48	17.74
8.			2011		2	+0,80	6:01.45	3	274			
	25m:	17.50	17.50	125m:	1:52.36	25.24	225m:	3:27.50	26.45	325m:	5:05.57	18.13
	50m:	40.79	23.29	150m:	2:15.44	23.08	250m:	3:54.69	27.19	350m:	5:24.72	19.15
	75m:	1:03.03	22.24	175m:	2:38.21	22.77	275m:	4:20.41	25.72	375m:	5:43.41	18.69
	100m:	1:27.12	24.09	200m:	3:01.05	22.84	300m:	4:47.44	27.03	400m:	6:01.45	18.04

11

1.			2013		4	+0,61	5:53.20	3	293			
	25m:	15.85	15.85	125m:	2:24.93	1:05.05	250m:	3:40.97	27.48	350m:	5:15.95	20.50
	50m:	34.88	19.03	150m:	2:03.33		275m:	4:08.20	27.23	375m:	5:36.07	20.12
	75m:	57.13	22.25	200m:	2:46.41	43.08	300m:	4:35.05	26.85	400m:	5:53.20	17.13
	100m:	1:19.88	22.75	225m:	3:13.49	27.08	325m:	4:55.45	20.40			

22, , 400m

12

1.			2012					+0,81	5:37.03	2	338	
	25m:	16.12	16.12	125m:	1:41.49	22.13	225m:	3:07.79	21.70	325m:	4:37.24	20.79
	50m:	35.53	19.41	150m:	2:02.86	21.37	250m:	3:30.33	22.54	350m:	4:57.38	20.14
	75m:	56.54	21.01	175m:	2:24.89	22.03	275m:	3:52.94	22.61	375m:	5:18.11	20.73
	100m:	1:19.36	22.82	200m:	2:46.09	21.20	300m:	4:16.45	23.51	400m:	5:37.03	18.92
2.			2012				2	+0,80	5:53.67	3	292	
	25m:	16.50	16.50	125m:	1:46.90	22.71	225m:	3:20.15	25.19	325m:	4:55.88	45.19
	75m:	58.47	41.97	175m:	2:32.39	45.49	250m:	3:45.79	25.64	375m:	5:34.60	38.72
	100m:	1:24.19	25.72	200m:	2:54.96	22.57	275m:	4:10.69	24.90	400m:	5:53.67	19.07
3.			2012				2	+0,83	5:54.48	3	290	
	25m:	17.35	17.35	125m:	1:50.42	23.03	225m:	3:22.92	26.10	325m:	4:59.64	19.41
	50m:	39.14	21.79	150m:	2:12.78	22.36	250m:	3:48.44	25.52	350m:	5:18.61	18.97
	75m:	1:02.54	23.40	175m:	2:35.45	22.67	275m:	4:14.68	26.24	375m:	5:36.74	18.13
	100m:	1:27.39	24.85	200m:	2:56.82	21.37	300m:	4:40.23	25.55	400m:	5:54.48	17.74

13

1.			2011	I			1-1	+0,82	4:54.77	1	505	
	25m:	13.77	13.77	125m:	1:24.49	19.67	225m:	2:43.43	22.49	325m:	4:05.18	17.16
	50m:	30.02	16.25	150m:	1:43.22	18.73	250m:	3:03.71	20.28	350m:	4:22.18	17.00
	75m:	46.96	16.94	175m:	2:02.21	18.99	275m:	3:25.88	22.17	375m:	4:39.05	16.87
	100m:	1:04.82	17.86	200m:	2:20.94	18.73	300m:	3:48.02	22.14	400m:	4:54.77	15.72
2.			2011				4	+0,77	5:08.43	2	441	
	25m:	14.84	14.84	125m:	1:31.14	20.91	225m:	2:52.70	21.64	325m:	4:19.72	17.75
	50m:	32.49	17.65	150m:	1:51.25	20.11	250m:	3:15.72	23.02	350m:	4:36.49	16.77
	75m:	51.11	18.62	175m:	2:11.31	20.06	275m:	3:38.80	23.08	375m:	4:53.05	16.56
	100m:	1:10.23	19.12	200m:	2:31.06	19.75	300m:	4:01.97	23.17	400m:	5:08.43	15.38
3.			2011				3-1	+0,83	5:13.89	2	418	
	25m:	14.81	14.81	125m:	1:35.70	20.88	225m:	2:58.62	22.03	325m:	4:23.46	17.19
	50m:	33.54	18.73	150m:	1:55.94	20.24	250m:	3:20.88	22.26	350m:	4:40.39	16.93
	75m:	53.52	19.98	175m:	2:16.26	20.32	275m:	3:44.00	23.12	375m:	4:58.01	17.62
	100m:	1:14.82	21.30	200m:	2:36.59	20.33	300m:	4:06.27	22.27	400m:	5:13.89	15.88
4.			2011				2	+0,80	6:01.45	3	274	
	25m:	17.50	17.50	125m:	1:52.36	25.24	225m:	3:27.50	26.45	325m:	5:05.57	18.13
	50m:	40.79	23.29	150m:	2:15.44	23.08	250m:	3:54.69	27.19	350m:	5:24.72	19.15
	75m:	1:03.03	22.24	175m:	2:38.21	22.77	275m:	4:20.41	25.72	375m:	5:43.41	18.69
	100m:	1:27.12	24.09	200m:	3:01.05	22.84	300m:	4:47.44	27.03	400m:	6:01.45	18.04